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EXPORTERS URGE GOYAL TO RESTORE IES BENEFITS

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HI NAMES CORE PROBABLE GROUP FOR WOMEN COACHING CAMP

Published From
DELHI LUCKNOW BHOPAL
BHUBANESWAR RANCHI
RAIPUR CHANDIGARH
DEHRADUN HYDERABAD
VIJAYWADA

RAIPUR, SUNDAY JUNE 30, 2024; PAGES 12 ₹3



Established 1864
sunday pioneer

www.dailypioneer.com



INDIA LIFTS DREAM WORLD CUP



Team India erupts in celebration after South Africa's Reeza Hendricks, right, leaves the field after losing his wicket to India's Jasprit Bumrah, centre, with his arms raised, during the ICC Men's T20 World Cup final cricket match between India and South Africa at Kensington Oval in Bridgetown, Barbados, on Saturday

PTI ■ BRIDGETOWN (BARBADOS)

On an emotion-filled day, India ended their years' wait for a global trophy, overcoming South Africa, who choked at the business end of the match by seven runs to emerge champions in the T20 World Cup here. It was India's second T20 World Cup victory after they had won it in 2007 under the legendary MS Dhoni in South Africa, and first since winning the Champions Trophy in 2013. Star batter Virat Kohli, who was an upcoming cricketer 17

years ago, made his first fifty of this tournament in the final — a classy 76 off 59 balls with six fours and two sixes that carried India to a competitive 176 for seven. Then the Indian bowlers, led by Arshdeep Singh (2/20) and Jasprit Bumrah (2/18), worked their magic as they did throughout this tournament, limiting South Africa to 169 for eight to propel India to their second T20 World Cup. There were pockets of fight from the Proteas, who were playing in their maiden World Cup final. Heinrich Klaasen threatened

India with a 52 off 27 balls (2x4, 5x6) but Hardik Pandya (3/20) snatched the crucial wicket to bring the game decisively in favour of India. But a large chunk of the credit should go to Kohli for anchoring the innings and pushing India to a fighting total. He completed his fifty in 48 balls, but the knock was what precisely India needed the early dismissals of skipper Rohit Sharma (9), Rishabh Pant (0) and Suryakumar Yadav (3), which had reduced India to a worrying 34 for three.

However, Kohli had an able partner in Axar Patel (47, 31 balls, 1x4, 6x4) during the fourth wicket alliance that produced precious 72 runs to ease the early nerves. After the run-out of Axar, who took on SA bowlers bravely, another left-hander Shivam Dube (27 off 16 balls, 3x4 1x6) gave some late steam to Indian innings. **Brief scores:** India: 176/7 in 20 overs (Virat Kohli 76, Axar Patel 47; Keshav Maharaj 2/23) beat South Africa: 169/8 in 20 overs (Henrich Klaasen 52, Jasprit Bumrah 2/18, Arshdeep Singh 2/20) by 7 runs.

JD(U) invokes Bihar Package Bond

PIONEER NEWS SERVICE ■ NEW DELHI

The Janata Dal (U), a major partner in the NDA Government at the Centre, on Saturday urged the Central Government to consider either special category status or a special package for Bihar underlining the party's important role in the formation of the Prime Minister Narendra Modi-led Government. The party's national executive meeting held in the national Capital flagged price rise and unemployment as "burning issues", as its political resolution expressed the confidence that the National Democratic Alliance (NDA) Government would take more effective steps to handle them. In the meeting chaired by JD (U) president and Bihar Chief Minister Nitish Kumar, the party appointed Rajya Sabha MP Sanjay Kumar Jha as its working president since he enjoys good rapport with the BJP leadership and is considered to be very good at crisis management. Meanwhile, Congress took the opportunity to ask JD (U) to pass a Cabinet resolution for the special status in Bihar where it's in alliance with the BJP and simultaneously hoped that another major partner of NDA, TDP, too would gather courage to press demand for a special package.



Bihar Chief Minister and JD(U) leader Nitish Kumar during the party's National Executive Meeting in New Delhi on Saturday

JD (U) was part of Congress-led INDIA Bloc before the Lok Sabha polls while TDP was looking for a Third Front until it joined hands with BJP. The JD (U) resolution called for extensive probe into paper leak cases to ensure stringent action against the guilty and maintain the credibility of central competitive exams. "There is also a need for Parliament to enact a strong law against leaks of examination papers," it added. The JD (U)'s decision to include a special package as an alternative to its historical push for special category status for Bihar marked a pragmatic climbdown as the Modi Government had cited the 14th Finance Commission's report to rule out special category status for any more states.

Kumar's decision to appoint his confidant Jha as the party's working president, a position not held by anyone, gives ample hint of his inclination to maintain better coordination with the BJP and drive a helpful bargain as Jha has good ties with the party's national leadership. A former Minister in Bihar, Jha was originally in the BJP and served as its link with Kumar before crossing over to the JD (U). Seen as competent, likeable and low-profiled, the Mithilanchal leader has long been a trusted aide of his ageing mentor who has burnt his fingers in the past due to shifting loyalties of his ostensibly reliable colleagues, including former JD(U) president RCP Singh, now in the BJP.

Continued on Page 2



Fresh dates for UGC NET

PIONEER NEWS SERVICE ■ NEW DELHI

Amid a raging row over alleged irregularities in the conduct of competitive exams, the National Testing Agency (NTA) has released fresh dates for cancelled and postponed examinations, announcing the UGC-NET will now be held from August 21-September 4. The University Grants Commission-National Eligibility Test (UGC-NET) was cancelled a day after being conducted on June 18 as the Education Ministry received inputs that the integrity of the exam was compromised. Union Education Minister Dharmendra Pradhan said the question paper was leaked on the darknet and circulated on the Telegram app. The matter is being probed by the CBI. The UGC-NET is a test to determine the eligibility for the award of Junior Research Fellowship, for appointment of assistant professors and admission to PhD courses.

Continued on Page 2

Tragedy hits Army in Ladakh

MOHIT KANDHARI ■ JAMMU

A Junior Commissioned Officer (JCO) and four other soldiers returning from a military training exercise were reportedly swept away by a flash flood while crossing the Shyok river near the Line of Actual Control (LAC) in the Nyoma-Chushul area of Ladakh early Saturday morning. The soldiers, belonging to the field artillery unit, were crossing the river bed in a T-72 Tank at the time of the incident. Due to the sudden rise in water levels, the soldiers could not move out of the tank which was stuck in the river bed and were swept away by strong currents. Rescue teams were rushed to the location but they failed to save them. The soldiers who sacrificed their lives in the line of duty have been identified as Ris MR K Reddy, Dfr Bhupender Negi, LD Ekeidaung Teibam, Hav Subhan Khan (6255 Fd workshop) and Cfn S Nagraju. In a post on X, Fire and Fury Corps said, "GOC Fire and Fury Corps and All Ranks salute the Bravehearts who made supreme sacrifice, in the line of duty in Ladakh on 29 Jun 24 and offer deep condolences to the bereaved families in this hour of grief." "Rescue teams rushed to the location but due to high water level and strong currents the rescue mission didn't succeed and the tank crew lost their



lives. The Indian Army regrets the loss of five brave personnel while being operationally deployed in eastern Ladakh. Rescue operations are still underway," the post explained. Earlier, on August 19, 2023, a JCO, along with eight other soldiers, lost their lives when an Army truck they were travelling in veered off the road and plunged into a deep gorge near Kiari in Leh district. Since the May 2020 stand-off between the Indian and Chinese troops several soldiers of the Indian Army have sacrificed their lives during operational duties in the region. Even as the two sides completed disengagement from several areas following extensive diplomatic and

military parleys, the stand-off continues in the cold desert region. Meanwhile, Defence Minister Rajnath Singh expressed grief over the unfortunate accident. In a post on X, the Defence Minister said, "Deeply saddened at the loss of lives of five of our brave soldiers in an unfortunate accident while getting the tank across a river in Ladakh. We will never forget the exemplary services of our gallant soldiers to the nation. My heartfelt condolences to the bereaved families. The nation stands firm with them during this hour of grief." Congress president Mallikarjun Kharge said he was deeply distressed by the news of the accident and the loss of lives.

Exchange of fire reported along LoC

PTI ■ MENDHAR/JAMMU

A brief exchange of fire was reported along the Line of Control (LoC) in Jammu and Kashmir's Poonch district, official sources said on Saturday. The firing from across the border was reported on a forward Indian post in Krishna Ghati sector late Friday night, prompting retaliation by the Army troops guarding the LoC, the sources said. They said there was no casualty in the firing, which lasted for a brief period. The vigil was intensified to ensure that there is no infiltration by terrorists.

Delhi siblings rescued Bollywood style

STAFF REPORTER ■ NEW DELHI

Two siblings, aged three and eleven, kidnapped from Laxmi Nagar on Saturday by a man posing as a parking attendant, were rescued after a dramatic three-hour car pursuit by the Delhi Police, straight out of a Bollywood thriller. The daring rescue unfolded as officers chased the suspect across the city, ultimately saving the children. The suspect, who demanded a staggering ₹50 lakh ransom from the parents, had abducted the children on



Friday night when they had briefly left them in a vehicle while they stepped into a nearby confectionery shop. Little did they know, their

errand would end up in the abduction of their children. According to police, the chase involving around 20 police vehicles culminated in the

kidnapper abandoning the car with the children inside before escaping. The vehicle was eventually found abandoned in the Samaypur Badli area after a relentless pursuit spanning approximately 100 to 150 kilometres. Deputy Commissioner of Police (East) Apurva Gupta reported receiving information about the kidnapping at 11:30 pm on Friday. The children's father informed the police that they were sitting in the car in front of Hira Sweets shop on Vikas Marg in the Shakarpur area.

Continued on Page 2

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CS stresses on expediting devtpt works under Central schemes

STAFF REPORTER ■ RAIPUR

Chhattisgarh Chief Secretary Amitabh Jain told officials on Saturday to promptly resolve problems hampering development works in Central schemes and to expedite them.

Jain virtually reviewed various projects, including central projects from Mahanadi Bhawan in Nava Raipur. He stressed on expediting Central government projects.

He told Collectors to step up efforts to resolve forest land disputes for projects under the Road Transport and Highways Authority and



the National Highways Authority of India.

Directions were given to install mobile towers in Kanker, Bijapur, Sukma, Dantewada and Narayanpur districts where needed.

He reviewed road projects including Bilaspur-Urga, Bilaspur to Patrapali, Simga to Saragaon Bilaspur, six-lane Raipur to Visakhapatnam and Dhamtari-Kanker-Bedma-Dahikonga.

He also took stock of projects under the East-West Railway and the South East Coalfields Ltd and gave instructions to resolve problems emerging vis-a-vis roads and land.

Ten boys run away from juvenile home



STAFF REPORTER ■ RAIPUR

on Saturday.

The incident took place between 4 and 5 am, Station House Officer Bhavesh Gautam said.

Ten inmates of a juvenile home for teenage boys on the outskirts of Raipur escaped

All of them hailed from Raipur district. They were accused of various crimes including murder, theft and rape.

iron grill of their room and fled.

All of them hailed from Raipur district. They were accused of various crimes including murder, theft and rape.

BJP mocks Cong for claiming satisfactory show in LS election



STAFF REPORTER ■ RAIPUR

The BJP in Chhattisgarh on Saturday mocked the Congress for claiming that the grand old party performed well in the recently held parliamentary elections.

Former Assembly Speaker Dharamlal Kaushik said the comment of the AICC in charge for the state, Sachin Pilot, that the

AICC in charge Sachin Pilot talking to media on Friday had said that the grand old party had maintained its base in vote bank and vote share to the party had not decreased.

Congress performed well was ridiculous. "What could have been better than to lose 10 out of the 11 seats in Chhattisgarh and actually the Congress was a big loser," Kaushik said.

Pilot talking to media on Friday had said that the grand old party had maintained its base in vote bank and vote share to the party had not decreased.

Woman, lover arrested after abduction drama

STAFF REPORTER ■ SAKTI

A woman who faked her kidnapping has been arrested in Chhattisgarh along with her boyfriend who she wanted to pose as a saviour who had her freed by paying a ransom of Rs 15 lakhs.

Anupama Jaltare (26) and her lover Mahendra Jangade have been taken into custody, Sakti Superintendent of Police Ankit Sharma said.

Jaltare was posted at the Saraipali Sub Health Centre in the district. Jangade is contractual engineer with the NTPC, Korba.

Jaltare's family lodged an abduction case with the police on Thursday after she disappeared.

But after a ransom call was received from her mobile phone, the police tracked her location and took both the



woman and her boyfriend into custody from Bilaspur city.

After arrest, they told the police that they were in a relationship for a long time and wanted to get married. The girl thought her parents would consent to the wedding if it was shown that the man paid her ransom.

Unfortunately for the lovers, the plan got foiled, thanks to the police. A court sent them to prison.

12 Maoists including two couples surrender in Bijapur

STAFF REPORTER ■ BIJAPUR

Twelve Maoists, three of them carrying a cumulative bounty of Rs 7 lakhs on their heads, on Saturday surrendered in Bijapur district in Chhattisgarh.

The surrendered rebels included two couples.

Munna Modiyam, his wife Janani, Nandu Madvi, his wife Jogi Muchaki alias Jogi Madvi, Raju Punem alias Anil and seven others turned themselves in, Bijapur Superintendent of Police Jitendra Kumar Yadav said.

Modiyam, who carried a reward of Rs 5 lakhs, was from the National Park Area Committee of the outlawed Maoist outfit. Janani was its Chetna Natya Mandali (CNM)



head. She carried a bounty of Rs 1 lakh on her head.

Madvi was a member of the National Park Area Committee while his wife was its CNM member.

Punem was the president of Pusnar Panchayat Dandakaranya Adivasi Kisan Mazdoor Sangathan (DAKMS).

He also carried a reward of Rs 1 lakh on his head.



As many as 6,000 saplings were planted in a drive under the 'Beti Bachao Beti Padhao' campaign in Chhattisgarh's Dantewada on Saturday. A target has been set to plant one lakh saplings during the monsoon.

NIT-R inks MoU with CSIR-NGRI for advancing research

STAFF REPORTER ■ RAIPUR

The National Institute of Technology in Raipur (NIT-R) and the CSIR-National Geophysical Research Institute (CSIR-NGRI), Hyderabad, have signed a MoU to advance research in geophysics, geology and energy extraction from natural resources.

The MoU was signed between Prof. N.V. Ramana Rao, Director, NIT Raipur, and Dr. Prakash Kumar, Director, CSIR-NGRI, Hyderabad.

A communiqué from NIT-R said the agreement outlines several key areas of cooperation.

NIT-R and CSIR-NGRI will work together to promote and undertake joint research programmes.

This collaboration is expected to foster innovation,



enhance academic exchange and contribute to addressing critical challenges in geophysics and geology through combined efforts in research and application.

Government to provide free coaching to labours' children

STAFF REPORTER ■ RAIPUR

The Chhattisgarh government will launch a free coaching facilities for the children of registered construction workers from July as part of the Free Coaching Assistance Scheme, an official communiqué said on Saturday.

The children of workers will get coaching facilities for PSC, Vyapam, banking, railway and other competitive examinations.

Initially, the scheme will be launched in 10 districts: Raipur, Bilaspur, Durg, Dhamtari, Rajnandgaon, Korba, Raigarh, Janjgir



Champa and Mahasamund districts. This coaching will be available both online and offline. Interested and eligible beneficiaries can apply online through choice centres and labour offices.

NCBC chairman seeks reservations to OBCs in private jobs, admissions

STAFF REPORTER ■ RAIPUR

The Chairman of the National Commission for Backward Classes, Hansraj Gangaram Ahir, on Saturday backed reservations in admission and jobs for backward classes in the private sector too.

Praising the Chhattisgarh government-run Prayas Residential School and UPSC coaching programme, he sought a complete list of OBCs in the state so that they could be included in the national level list.



At the meeting, the NCBC chairman gathered detailed information on the implementation of state government schemes for backward classes in

Chhattisgarh. He stressed the need for proper implementation of both state and central government schemes and programmes for backward classes.

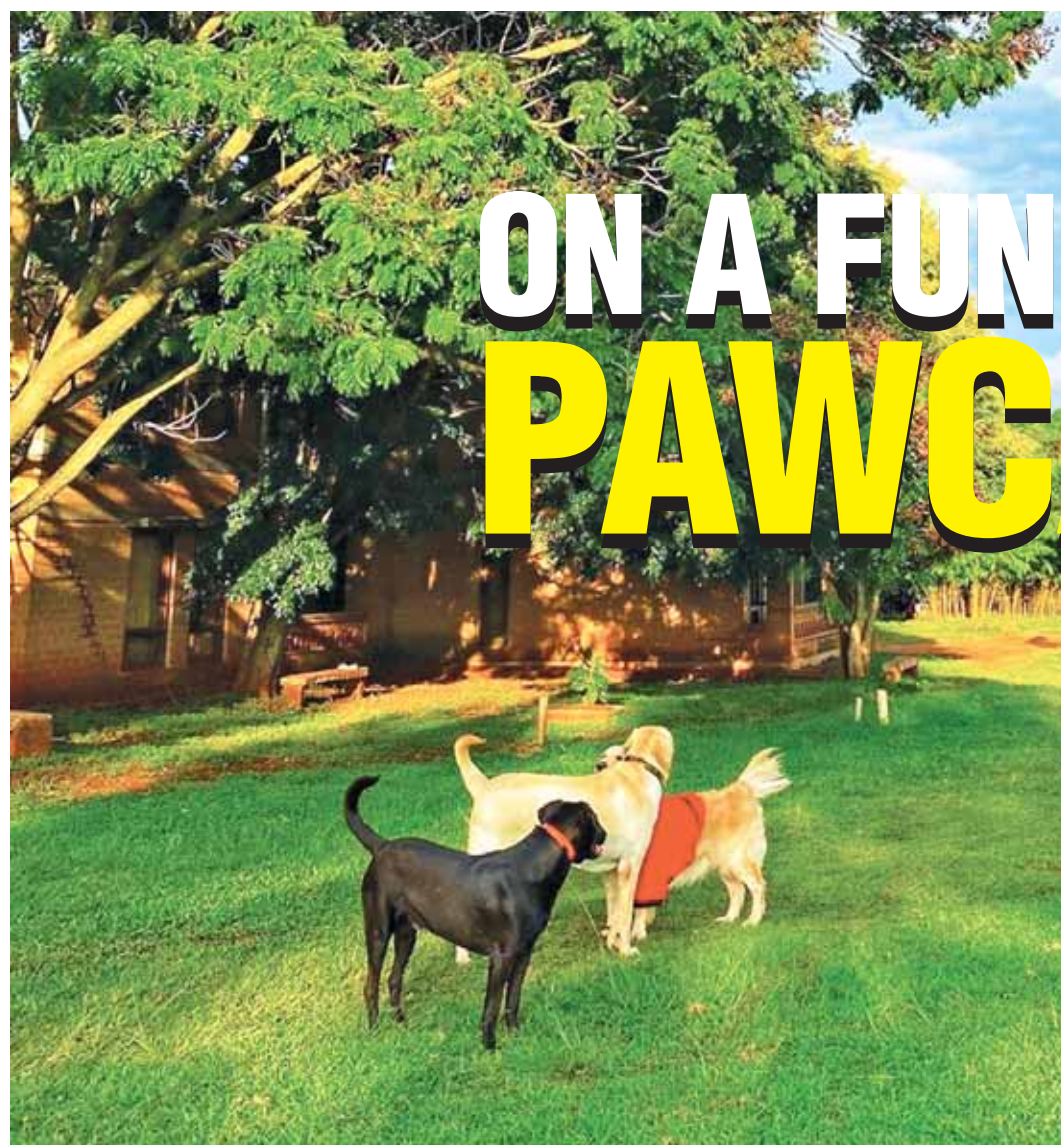
While reviewing the number of backward classes listed in Chhattisgarh, he pointed out that among the total of 95 backward castes listed in the state, only 67 were included in the central list.

He sought a proposal to the National Commission for Backward Classes so that the deprived castes of the state are included in the central list.

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the pioneer agenda

"Disease is an experience of a so-called mortal mind. It is fear made manifest on the body"
— Mary Baker Eddy



ON A FUN FILLED PAWCATION!

Indulge in exciting activities with your pets and make a holiday with them truly special, writes SHARMILA CHAND

Whether indulging in gourmet cuisine for your pets, celebrating their birthdays, pampering them with grooming sessions or participating in fun activities, there's something to enrich every experience during a vacation with furry members. There are a range of pet-friendly hotels and resorts that are more than happy to welcome you and your loyal companion. From luxury resorts to cozy retreats, these properties ensure complete comfort and are a haven both for you and your four-legged buddy.

COMFORT MEETS LUXURY AT PRESIDENT, MUMBAI - IHCL SELEQIONS

Looking to celebrate your pet's birthday? Go for a Pawcation at President, Mumbai - IHCL SeleQions.

"We have curated a well thought out pet-friendly vacation concept known as Pawcations," says Afzal Khan, General Manager. "We understand that pets are cherished members of the family, and we strive to create a comfortable and enriching environment for them during their stay. Hence we provide pet-friendly amenities like plush pet beds and bedding, engaging toys, and a gourmet pet menu crafted by our culinary experts." Embracing a pet-friendly policy, the hotel team makes sure the guests' comfort is enhanced by offering the services of on-call pet caretakers, as per specific requirements. Moreover, if there is any health related issue, there is a specialist veterinarian on call. Not to forget pet grooming services with prior appointments, exclusive pet toiletries, and designated pet-friendly zones. "We not only organize elaborate party with delightful high tea and fun outdoor activities for furry birthday boys and girls but also make sure the service is professional with warmth and care. Our team undergoes regular comprehensive training programs to understand animal behavior, hygiene protocols, and proper handling procedures. We also invite external pet trainers and behaviorists to train our staff regularly, ensuring they are well-equipped to interact with pets and provide top-notch service. Hence, we take great pride in being a pet-friendly destination," concludes Khan with a smile.



PAMPERING PETS AT 'OUR NATIVE VILLAGE ECO RESORT', BENGALURU

At 'Our Native Village Eco Resort', nestled in the serene village of Hesaraghatta, guests can indulge in a memorable vacay with the joy of bonding with their beloved pets amidst nature's embrace. "Whether exploring our sprawling grounds or immersing yourself in our cultural experiences, every moment promises a harmonious blend of luxury, responsible tourism and eco-conscious living, adhering to our pet-friendly policy," tells Antharaj A, The Operations Manager. He adds, "We get repeat guests who have enjoyed their staycation in seamless harmony with their furry companions. As a proud pet-friendly establishment, the retreat provides essential amenities, including a variety of dog foods, water bowls, leashes, floor mats, and cozy blankets. The sprawling grounds offer ample space for pets to roam freely amidst lush lawns and village paths, perfect for leisurely strolls and bonding moments." Designed with meticulous care, the dedicated pet bathing area combines comfort with rustic charm, ensuring a refreshing bath experience for furry companions. Specially prepared food ensures pets receive nutritious meals, supporting the commitment to sustainability by minimizing environmental impact. "Complete with all necessary amenities, the resort's natural charm

reflects our dedication to pampering pets just as we do for our human guests. While the guests rediscover childhood joys playing village games like gilli danda and kite flying, their pets act as best cheerleaders!" Antharaj says with a smile.

DISCOVER PET-FRIENDLY RETREAT AT MYSA ZINC JOURNEY BY THE FERN

Pet parents looking to take a break and hit the road with their fur babies, look no further than MYSA Zinc Journey by The Fern, a premier resort located in Nani Devati, Gujarat. Renowned for its serene ambiance and top-notch amenities, this resort stands out as a haven for pet lovers, offering an exceptional blend of comfort, luxury, and pet-friendly hospitality. Naveen Vaishnav, Squad Champion at the Resort says, "Committed to pampering four legged guests, at MYSA Zinc Journey by The Fern, pets are warmly welcomed and cherished. Furthermore, the property offers a range of facilities, making this resort the ideal choice for travellers with pets. The resort offers 24 elegantly designed rooms and villas, each providing ample space for you and your pets to relax." Spread across 9 acres within the scenic Glade One Golf Resort, the resort features beautifully landscaped gardens and open spaces perfect for the four legged to explore and enjoy. For a leisurely stroll or a brisk walk, the serene pathways and green expanses offer a perfect retreat for their owners.

"At the resort we offer dedicated services and facilities that include comfortable bedding and special dietary options for your furry friends. Our chefs cook as per pets' liking and specifications, we don't have printed menus as we believe in curating for them. While your pets enjoy the outdoors, you can indulge in a variety of resort activities. From the challenging 9-hole Gary Player-designed golf course to rejuvenating spa treatments and a sparkling swimming pool, here is the unique blend of luxury and pet-friendly hospitality. Located just a short drive from Ahmedabad, this resort provides a tranquil retreat where you and your pets can relax and rejuvenate," adds Vaishnav.

BONDING IN A NURTURING ENVIRONMENT

Nestled amidst the serene landscapes of Taj Fort Aguada Resort & Spa, Taj Holiday Village Resort & Spa and The Yellow House, lies a haven not just for humans but also for their beloved furry companions. Embracing the bond between pets and their owners, we proudly declare ourselves a pet-friendly resort, where wagging tails and happy barks are as much a part of the atmosphere as the rustling of leaves and gentle lapping of waves. "As the pet's comfort is paramount, we provide cozy & comfortable beddings to ensure their good night's sleep. Offering a range of soothing amenities such as gentle shampoo, conditioner, and nourishing paw and nose butter - these products are carefully chosen to keep your pet looking and feeling their best throughout their stay. Beyond physical comfort, we cultivate a nurturing environment where every aspect of your pet's experience is thoughtfully considered. Our dedicated staff is trained to provide attentive care and ensure that all pets receive personalized attention and affection, says Sanchita Banerjee Rodrigues, MarCom for North Goa Resorts. Fitness is of utmost importance. Whether it's a leisurely morning walk or an evening romp under the setting sun, the scenic surroundings provide the perfect backdrop for the pets to stay active and happy. "Understanding that pets thrive when they can engage in physical activities, we offer a variety of opportunities for them to stay active and happy amidst our scenic

surroundings. Whether it's a leisurely morning walk along our lush trails or an energetic romp during the enchanting sunset hours, every moment outdoors is tailored to keep pets healthy and stimulated. Providing designated areas where they can engage in interactive play and socialize with other furry companions under the watchful eye of our attentive staff. These supervised activities not only keep pets physically fit but also mentally stimulated, ensuring a well-rounded experience during their stay." When it comes to pets' dining, Chef Nishant Diwakar Executive Sous Chef of Taj Fort Aguada being a pet parent himself takes keen interest in designing and planning of the pet menus of Taj North Goa Resorts. He firmly believes as important a balanced diet is to us humans, our furry friends require the same amount of attention. We provide specially curated menu for them to get the perfect amount of nutrient & a tasty treat. From dishes made with bacon & chicken bones to drool over to waffles made of yoghurt, banana & pumpkin. The team goes beyond basic sustenance to provide culinary experiences that enhance their stay and contribute to their overall enjoyment.

A PERFECT GETAWAY WITH PETS!

At Bengaluru Marriott Hotel Whitefield, there are special pet fiestas and brunches that create memorable moments for pets and owners alike. For long-staying guests, there is a unique touch of companionship—a small fish in a pot to keep them company. "At our hotel, we pride ourselves on providing an immersive experience with cozy beds, engaging toys, and meticulously sanitized play areas, creating a haven for our four-legged guests," tells Anjali Naik, Director of Sales and Marketing. She adds, "Pets have access to our dining outlets and lush lawns, where they can relax and play freely. Our exclusive pet menu offers health-centric, salt-free options for their dining pleasure. Our commitment to creating a pet-friendly environment goes beyond mere accommodation, offering a truly immersive and delightful experience for both you and your beloved companion." —Sharmila Chand is an author and independent journalist who writes on Travel, Food and Lifestyle



FROM THE PEN OF A GROUNDLED POET

It is important to note that Neerada is as much a Nature poet as she is a people's poet, says SWATI PAL

How many of us have had to be admonished for things not being aligned? The books in our book case in the days when books were bought and read? The clothes in our cupboard? The shoes in the closet? How many of us were ticked off at school perhaps for the tie being askew or the pair of socks not climbing up at the same place on each leg? Or the writing in our notebooks being asymmetrical? For the better part of my childhood and those of my friends, there was a constant, relentless push and shove towards alignment and well, we certainly rebelled at it as young people! A part of me still does and thus when I chance upon a poppy flower for example, in a neat bed of chrysanthemums in the college gardens, I cannot deny that my heart lights up with joy at this break in the order of things!

So when I was invited to read and speak on this utterly delightful collection of poems called 'Alignment' by Neerada Suresh, I cannot deny that my interest was instantly piqued by the title and I immediately read the title poem. Rohan Kaul's home and his partner, Promilla simply came alive by the word picture painted by Neerada Suresh in her rib tickling comparisons between the state of the house in the absence and presence of Rohan. There is a certain glee in the air when Rohan is away as things lie unaligned and unfettered; the same things, to quote, *But when Rohan Kaul is in, Newspapers stand stacked, Compressed, breathing in. Shoes align themselves Awed, open mouthed. Paintings, curtains, Cushions, sofas All tell a tamed tale.*

The fact is that while alignment is not only, politically speaking an important credo that nations strive for and while it may have its merits, alignment can often come at great cost. It may be the cost of freedom, it may be about being 'tamed' as Neerada put it; it may leave us in gaping fear and thus 'open mouthed'. The hope perhaps lies in Promilla who, as the poem ends with *defies A certain kind of alignment.* Don't let the light and bubbling language deceive you, this poem has far greater implications if we read it closely and it is this deceptive mirth that the

poem has which makes the poem, like many others by her, such a joy to read. Neerada is a grounded soul. Her poems reflect that and she makes poetry out of the ordinary quirky eccentricities and foibles that fill all of our lives. A poem that really clicked with me is *Of Lists*. It has that elegant humour that seems to be a characteristic trait of Neerada's, the wonderful ability to laugh at one's self. It begins with the declaration *I am one For lists.* And then, with great good humour she narrates how fishing out her list from her bag full of things makes the list redundant as she involuntarily lists from memory and then she swears, *Under my breath Now to list down A set of instructions How not to forget Getting across The list you make.* I cannot recall the uncountable times that I have had to strip my entire bag to find a list and then found it much later. It is such a relatable experience and that is what endears the reader to Neerada's poetry, the sheer relatability of the experiences.

Life and the times as we live them are the focus of Neerada's poetry. We talk for example about how communication between people now is held ransom by the cell phone. Neerada converts our trite conversations into a poem which she entitles, *The New Normal. New normal is Sitting side by side On a sofa With no eye contact Chatting of this and that These are the first few lines and the poem ends with the sad fact that the new normal is: And at all times Not facing each other But thumb twitching On the mobile through Inane vicarious clips Of far and near ones And total strangers Never once glancing Directly or even sideways Smiling at each other.* Modes of communication or rather the language of communication comes up again in another poem called *Version 3.0* where the poet talks about her journey from the deep south up north 'travelling light with nothing/more than



a bilingual tongue'. Subtly yet strongly commenting upon the Rashtrabhasha issue, she says, *At the workplace, monolingual, mute Biding time mastering a language National though notional, Opening floodgates of ecstasy mouthing My own tongue, my mother tongue, At regional gatherings.* This is such striking comment upon the way in which so much in our relationships with people, so much of our identity, so many of our needs, are determined by the fluency with which we speak different languages. But are we accepted because we speak the required language or do we remain strangers divided by our regional differences, not explicitly stated but always there? Do we, in turn, become one with the region of our profession or adoption or do we still dream of lands we associate most with the tongue that comes easiest and naturally to us, our mother tongue? These are questions to think about. Neerada makes you think.

She makes you laugh and cry as well, sometimes together. One such poem is *When my brother fell sick* in which the poet describes her brother who was bedridden after a botched up eye surgery. She writes about his courage, *He still smiles as always. Not once did he Lament this plight, foul mouth The surgeon or contemplate Suing. Resigned at once To a possible, partial vision In his bad eye, pacified His wife, my raging sisier in law. His expressive eyes Now inscrutable Behind the dark glasses. But his smile had the same texture and tinge Of the smile he sported When Mother died And he lingered by her one last time.* The poem is such a beautiful reminder that warriors are not found only on the battlefield; there are many who soldier on heroically confronted by the vicissitudes of life. The brother you read about will surely capture your heart and become your hero.

One of the characteristics of Neerada's poems in 'Alignment' is that there is a lot said through implication which is sometimes sensuous and can get your heart beating a bit faster. For example, in the poem *Delete*, the poet writes about *Your unsolicited Picture on FB And she goes on to say, The familiar contours Of your face Traced out a trillion times Through summer and winter Stood out embossed On my finger tips. The best option now For the photo shopped version, Press delete To wipe out that sting Of dormant memories Off my fingertips.* This is a brilliant use of synesthetic imagery and one can literally feel the tingling in the tips of one's fingers. A poem that ends with a delightful twist is *Chrysanthemums* where the unnamed 'he' always came when the chrysanthemums bloomed and he always asked if they were dahlias or marigolds, and the poet says *Too polite to correct She'd smile- a wide smile*

Her lashes lowered and The chrysanthemums paled Into insignificance. The evening Stretched to its elastic limits Catapulted into night. What she didn't know was That he had always known They were chrysanthemums. There is the sweetness of romance in these lines that is unmistakable and so appealing; one can almost imagine the whole scene played out in one's head. Tea I carries the same fragrance of romance very delicately framed, implied through such lines as *While I made tea On a rusty stove He stood watching Leaning by the door When Mother died, I like the cut of your dress As though it were a cue To turn the stove on to sim And let the simmering within Come to a boil.* Coming back to the pictorial quality of the poems, a reason why many of the poems in fact can be almost dramatically played out in the imagination is the kind of detailing that Neerada works into her poems. Take the poem *Of Haystacks*. This entire poem is literally painted with an eye for the minutest of details and it reads *The cotton tree stood In its slender trunk With its bursting pods Of parachuting blobs As the turbaned, earth hued Cart man, cushioned On bales and bales Of golden yellow straw Came swaying, swinging Whistling to the orchestra of The hoof clicking clap dance Of the ambling bullocks.* Colour, sound, movement all seemed fused almost like a motion picture being played out on the printed page. And of course the symbolism, the personification is discernible, as is the use of alliteration in the swaying swinging, cart cushioned, clicking clap. This lends a wonderful rhythmic motion to the scene and has been really cleverly used.

Again, in *The Breadfruit Tree*, the poet describes the tree, *We didn't make much Of the breadfruit tree That stood sentry like*

By the boundary wall Spilling its bickering spread Over the neighbour's roof Dropping yellow leaves Plopping crow eaten messy fruits Like I said, the tree, pretty much like the haystacks in the previous poem, comes to life in the mind's eye. If brevity is the soul of wit, Neerada really aces it in her short poems, two of which are *Absence* and *Sorrows*. *Absence, Distance Were surefire Terminators Of whatever was Between us I thought, But they Like rings in trees Add girth, depth Linking the past With the present, Casting shadows Of decay Into the future* Direct and simple, the simile is so apt and new- the rings on the trees and the passage of time. It's important to note that Neerada is as much a Nature poet as she is a people's poet. In *Sorrows* she says, *Sorrows Like a newborn Arranged itself In my arms Purring in content As if to say Never let me go For the reward Of great truths To be reaped And revealed In the future.* Those who carry their sorrows with them will feel that the poem is made for them. But that's the magic of Neerada's pen, she will make her readers feel that the people, places, thoughts and experiences are theirs that she writes about. Read her, you will feel at home.

— Swati Pal, Professor and Principal, Janki Devi Memorial College, University of Delhi, has been a Charles Wallace; John McGrath Theatre Studies and Fulbright Nehru fellowship, scholar. She has published on theatre, creative and academic writing, education and translates from Hindi to English. In *Absentia* is a collection of her poems

Journey to an expanded self awareness

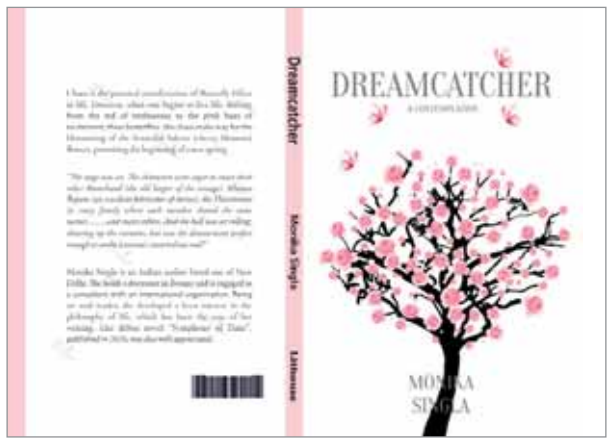
The book opens in the present-day scenario, where a rather unsure Loveena of mid-thirties is boarding a train to Pathankot.

Her already raw senses are over burdened by the onslaught of experience of a train station environment.

Yet her insecurities are deep seated in her psyche and are result of the generational trauma she endured during her growing up years by the hands of her equally tormented mother Neena, reviews DEEPAK KUMAR JHA

The ("Dreamcatcher") is the story of Loveena, the protagonist of the book who is a sensitive soul. It beautifully narrates the journey through her trials and tribulations, her realisations, her pains and her metamorphosis and an ultimate 'coming of age' which leaves her in a state of expanded awareness of self as well as her surroundings and people there in. Author Monika has orchestrated her sound knowledge of literature, language and the subject & object to bring on paper the story of a child Loveena, till she finds solace passing through life's labyrinth, unfortunately all nurtured in close walls of her family. The just published book revolves around Loveena's mother Neena who attained motherhood through Loveena after a long wait of ten years. Neena's intensity

thus shifted to being extra protective about her daughter from the negativities of the world. Having brought up in a rather affluent and rich family, she desires nothing less for her daughter. And even though Loveena had both her parents-Neena and her father Dev, it was her mother and mother's stories which were to carve her life and make her the person that she would become. And the story's trajectory thus turns to Loveena's mother Neena's life. Neena's husband Dev was a victim of his own sense of helplessness for his lack of understanding the business of Neena's father and inability to take it up for posterity, even though he was the sole son-in-law the family had. His job as an assistant professor of history in the university projected him as most suitable boy for Neena, when a friend of Neena's



father told him about Dev and his docile nature. Quite obviously Neena's father believed it to be the significant trait suitable for her pampered daughter. As Neena entered Dev's life and his house after her wedding, it was bustling with Dev's family. Neena was immediately overwhelmed by the sheer number



of people and was unable to adjust to this new environment which was totally unlike her solitary and exclusive upbringing in an affluent household. Sensing Neena's hesitation and reservations, Dev's family too accepted her into their family but without completely absorbing her into their lives. So, even though

Neena was married into Dev's family she could never truly become a part of it. Dev's detachment or lack of desire to correct this situation further acerbated the relationships. Troubled relations with in-laws, Dev's indifference clubbed with an anguishing wait of ten years to attain motherhood further fed Neena's sense of mistrust and suspicions and her belief that the world was a dangerously bad place. Loveena who was born as a happy child with a calm, pleasing, innocent disposition was always eager to embrace everybody, never earned approval for her behaviour from her mother. Neena always dismissed these traits as incompatible with the ways of world. Thus, growing up, Loveena's world protected by her mother, remained confined within the four walls of the palatial house with the house help Babli as a constant companion who

too gets married leaving behind a void in Loveena's life. Finally, Loveena finds her suitor in Sanand and her engagement to him was greeted as the most welcome news by everyone later on which did not worked due to triggers of Neena's fears. For Loveena this incident proved to be the one which augmented her belief in Neena's words that world is a bad place. Her father Dev too gone followed by passing of Neena. Loveena finally married, not to start a family but only to drown the haunting hollowness of her soul into joys and laughter. Vikram was a colleague of Loveena and the only thing she knew about him was that he was a divorcee with two grown up kids. Soon this too developed a marital conflict. Unable to handle this situation any longer Loveena decides that she needs to get

respite from her choppy life that and decides to leave the house and Vikram. She goes looking for solitude in a place away from the chaos of the city, away from the prodding eyes of the society. Her life's journey takes a new turn as she arrives at Pathankot where she embarks upon a spiritualistic journey. Armed with the strength of her soul and her renewed faith in life and self and the world in general, Loveena finally finds herself ready to go back to place from where she herself had once run away from all her life challenges a long time back. Her tumultuous relationship with Vikram's place was when she had shunned everything to cross over into next phase of her life. She was now ready to go meet Vikram as a new person. But this time she isn't running away. This time she is running towards meeting life head-on.

DREAMCATCHER
Author:
Monika Singla
Publisher: ISPCK
Price: ₹295

TANGRA TALES

Kolkata, Bengalis the world over, and Tangra, share a very special culinary heritage and culture, going far back in history. **SHOBORI GANGULI** got to relive the bond at the Westin Gurgaon recently



Most people familiar with the trademark Chinese cuisine of Kolkata would know about Tangra. An erstwhile tannery on the eastern outskirts of then British Calcutta, soon to become famous as the city's Chinatown, this tiny colony was populated by Hakka origin Chinese folk who came to India to work in the tanneries, their craft and art soon to become synonymous with the finest leather accessories in the subcontinent. The womenfolk worked home kitchens to supplement meager household incomes. Today, the tanneries are all gone but Tangra has left its signature on a cuisine now globally known as Hakka Chinese. Recently, I had the fortune to relive some childhood memories of anniversaries and birthdays most often spent at some restaurant or the other in Tangra, wolfing down Golden Fried Prawns, Chicken dimsums, Hakka noodles, prawns sauted in garlic and red chillies, the list goes on. The Westin Gurgaon, New Delhi, hosted a



CHEF HO CHI MING

nine day culinary pop up aptly called Tales of Tangra which promised an "explosion of flavours" from Kolkata's Chinatown. The event featured a specially curated menu by Guest Chef Ho Chi Ming from The Westin Pune Koregaon Park. By sheer geography, one can easily identify the unique Kolkata-Chinese culinary bond, the two regions in such close physical proximity, underlining the very special nature of the food not be found anywhere else in the world despite Tangra's journey as an Oriental cuisine beyond the frontiers of Bengal. The menu at Westin was indeed meticulously planned by the Chef to capture the essence of this legendary fusion cuisine, tracing its roots back to an era long ago when Chinese immigrants in then Calcutta, blending their traditions with Indian culture to script and create Chinatown's culinary

proress. Unfortunately, none of that history now remains, except in the hands of home and professional chefs, who still keep the history of Chinatown resonating with contemporary approaches, and of course, special twists given to recipes long lost. While Chef Ho did put up a great show with his Scallion Crepes, Homestyle Taro Cakes, Kari Fish Dumplings, Sweet and Sour Prawns, Four Season Green Beans, Crispy Chilli Garlic Potatoes, Tangra style authentic Hakka noodles, the menu had a huge vegetarian accent. With the world turning to vegetarianism each passing day, this is only understandable. But one fervently hopes that Hakka Chinese seafood will always have its patrons surviving in some corner or the other in the world. Chef Ho's passion for Asian cuisine was apparent in the innovations he brought to each dish. His approach, affability and commitment to authenticity were truly welcome. Chef Amit Dash, Multi Property Executive Chef for The Westin Gurgaon, New Delhi said, "We are



excited to host Chef Ho Chi Ming and present Tales of Tangra to our patrons. This pop-up is a tribute to the rich cultural tapestry and culinary excellence of Tangra and a testament to our commitment to continue offering our guests diverse and exceptional dining experiences." The soups ranged from Manchow, Assorted Vegetables, Ginger, Cilantro Broth, Hot and Sour soup, non vegetarian bits like prawns and chickens were only add-ons. Personally, I feel a soup or broth must stew in its original juices and not be relegated to add-ons for a vegetable broth. It makes a critical culinary difference in terms of taste, texture and aromas. All in all, it felt good to taste a bit of Tangra far away from its original shores of Kolkata right in the heart of Delhi. Long live Tangra's signature Hakka cuisine.

Disappointing Service Mars Fine Dining Experiences



PAWAN SONI ventures to The China Kitchen at Hyatt Regency, New Delhi, famed for its peking Duck. While the star dish impressed, but the experience is marred by inattentive services

I recently visited The China Kitchen at Hyatt Regency New Delhi, renowned for its exquisite Peking Duck, which I consider among the best in the National Capital Region. Some might argue that Hakkasan in Mumbai outshines it, but my personal experiences at Hakkasan in Abu Dhabi and a pop-up at Shangri-La Delhi didn't include the duck, so I can't compare. Nonetheless, my recent dining experience at The China Kitchen, despite the superb duck, left me dissatisfied, primarily due to subpar service. The evening began on a sour note with a lackluster welcome. We received no warm greetings or guidance to our table, and no one offered us menus or water, despite the sweltering Delhi summer. The absence of hospitality was in stark contrast to the standards one expects at a 5-star property. When we ordered our first dish, a gomaï salad, I specifically requested extra sesame dressing on the side, a preference I had made clear to the server. However, the salad arrived without the extra dressing and was neither cold nor flavorful, lacking the acidity and vibrant tastes I anticipated. The China Kitchen could learn a thing or two from China Garden, which excels at this dish in the city. Fortunately, the other dishes like chicken shao mai dumplings, edamame dim sum, and honey chilli lotus roots were much better. Yet, the service remained mechanical and impersonal. There were no smiles, no proactive plate changes, and no clearing of the



table. Even the chef who came to carve the duck remained silent, possibly due to a language barrier, but a smile would have gone a long way. The hostess who prepared the pancake rolls also wore a stony expression while she stood near our table for some time preparing the pancakes. Despite enjoying most of our meal, we quickly finished and left, paying over Rs18,000 (including a 10% service charge) without any drinks. I contemplated asking for the service charge to be waived but refrained, considering how dependent the staff might be on these tips. I was particularly disappointed when my request for duck salt and pepper was denied because we had ordered only half a duck, a decision that seemed unnecessarily rigid. A little more flexibility and hospitality could have made all the difference, especially when very few order it. Attentive and friendly



service could have transformed our dining experience. Even though the food was largely enjoyable, the lack of warmth and attention overshadowed it. Similar was our experience just a day prior at Pullman hotel where a friend hosted his daughter's



birthday party at their all-day dining restaurant Pluck. Orders were mixed up, a sparkling wine cork flew in the air missing the patrons without any apology from the server, prawns vanished from the buffet spread, and orders either took a lot of time or were

completely missed. Something has happened to that smiley and polite star hotel service, especially after COVID. Fresh batches are seeing fewer takers, most experienced staff have either left the industry or are moving abroad for better wages and work



conditions. What remains is the new service levels. Either we will get used to it or start paying them the wages they truly deserve to retain deserving candidates. — Author is a food critic and founder of the Big F Awards. He can be reached at Pawan.Soni@indianfoodfreak.com



YOUR WEEK AHEAD

MADHU KOTIYA



ARIES March 21-April 19

This week, you'll find yourself in a cheerful state of mind, enjoying a sense of fulfillment and contentment. Expect a swift victory of some kind, such as a successful outcome in a competition or interview, where your dedication and strategic planning will be rewarded. You'll experience a surge of prosperity coupled with spiritual growth. Any previous limitations or obstacles you faced will start to fade away, enhancing your sense of liberation and tranquility. There's a hint of upcoming travel, possibly international, that could enrich your experiences. Midweek brings a period of relaxation; you may choose to step back from certain activities during this reflective phase. In the coming weeks or months, you'll find opportunities to resolve disputes or engage in significant discussions.

Lucky number 4 | **Lucky colour** Maroon
Lucky day Friday



LEO July 23-Aug 22

Last week was a whirlwind of activity for you, balancing both home and work with remarkable determination. Your methodical approach ensured that everything was handled without compromising the quality, allowing you now to step back and enjoy a well-deserved break. It's a time to savor the results of your diligence. As you've managed to uphold both your professional and personal commitments successfully, you find your environment more supportive and harmonious. Your capabilities in handling relationships and business matters have not only strengthened your stature but have also set you as an inspiration for others. This period marks a significant opportunity for growth in your ventures, and any work-related travel could bring back rewarding outcomes, boosting both your professional standing and familial pride.

Lucky number 16 | **Lucky colour** Mint
Lucky day Thursday



SAGITTARIUS Nov 22-Dec 21

This week, you may find yourself on a quest for fairness in various areas of your life. However, the journey won't be straightforward, as it is marked by conflicts and confrontations. You might experience feelings of restriction, both mentally and physically, leading to a sense of demoralization and irritation. Amidst this chaos, with opposing forces at play, it becomes crucial to focus on maintaining balanced health habits and making discerning choices that favor personal well-being. Assume accountability for your actions and interactions, thoughtfully considering the advantages and disadvantages. Despite these obstacles, a sense of triumph is within reach. You'll navigate through this tough phase, emerging better equipped to handle future challenges. As the week concludes, opportunities for new beginnings or travel may arise, promising resolution to issues related to relationships or personal assets.

Lucky number 12 | **Lucky colour** Ivory
Lucky day Friday



TAURUS April 20-May 20

This week brings a focus on emotional expression and deep connections. You naturally wear your heart on your sleeve, showcasing your emotions openly, which will enhance the bonds in your relationship. Expect a surge of closeness and mutual understanding with your partner, reinforcing your emotional ties. Additionally, this period is marked by potential gains in wisdom and the possibility of influential learning opportunities or mentorships that can guide you through significant life decisions. Your ability to articulate your thoughts impressively will serve you well, making you feel effective and acknowledged in your endeavors. High-ranking professionals can anticipate recognition and accolades. It's a pivotal time where your choices will significantly shape your journey, emphasizing the importance of focused decision-making.

Lucky number 14 | **Lucky colour** Magenta
Lucky day Monday



VIRGO Aug 23-Sep 22

At this moment, you stand at a pivotal juncture, faced with the need to make an important decision quickly. This period proves favorable for professionals like doctors and judges, who are likely to achieve recognition in their fields. A disciplined approach is essential to master the challenges ahead. You might face some health concerns and feelings of frustration; however, remember to appreciate the positives in your life. As the week progresses, expect a subtle shift that brings equilibrium. You'll experience renewed energy and a brighter outlook. Peace and joy will follow, enhancing your personal achievements. Support from others will play a key role in your accomplishments, leading to tangible rewards. Expect to receive what is rightfully yours, reinforcing a sense of justice and fulfillment.

Lucky number 5 | **Lucky colour** Coral
Lucky day Tuesday



CAPRICORN Dec 22-Jan 19

You are entering a phase that calls for relaxation and recuperation. Embrace the serenity and strength this period offers. If you've recently experienced physical or emotional challenges, this is a time for healing. Soon, you may encounter a scenario requiring critical thinking, where clarity and understanding will emerge. Stay observant, as resolving such matters can be complex, possibly leading to confusion or a standstill. However, the latter part of the week promises a shift towards positivity. You may find yourself contemplating a new endeavor that demands quick action and courage. This is your moment to shine—step forward confidently and tap into your innate ability to navigate exciting challenges. There may also be joyful personal developments, possibly related to family expansion. Harness this burst of creativity and enthusiasm to maximize your opportunities.

Lucky number 1 | **Lucky colour** Mustard
Lucky day Monday



GEMINI May 21-June 20

This week, your emotions may feel overwhelming, potentially overshadowing your usual judgment. Minor household issues could escalate, causing significant stress and leading you to seek solace away from worldly concerns. You might find yourself pondering drastic changes in your personal life, which could divert your focus from day-to-day duties. However, this period of turmoil is only temporary. As the week progresses, your previous endeavors will start to bear fruit. Recent investments are likely to yield substantial rewards. It's crucial to shake off any lingering confusion and gain a clearer perspective on your life's direction. This might involve stepping back from your typical patterns of thought and behavior to explore new ideas and perspectives. Such shifts will not only enhance your performance but also guide you toward a more balanced and impartial outlook.

Lucky number 3 | **Lucky colour** Lavender
Lucky day Wednesday



LIBRA Sep 23-Oct 22

You often seek harmony, elegance, and the finer things in life, yet sometimes these seem just out of reach. Recently, you may find yourself overwhelmed by fears and worries, grappling with sleep disturbances, feelings of guilt, and emotional distress. Despite these challenges, it's important to remember that not all is lost. There's a gleam of hope, a fresh perspective or opportunity on the horizon that can help you emerge from this phase. Around the middle of the week, expect a surge of positive news—perhaps a heartfelt gesture or a new opening that could enhance your relationships and bring you emotional and physical strength. Stay patient; with time, the clouds will clear, and stability will return.

Lucky number 8 | **Lucky colour** Indigo
Lucky day Wednesday



AQUARIUS Jan 20-Feb 18

This week presents a mix of challenges and opportunities, weaving through periods of emotional intensity and conflicting desires. You might start the week feeling a dip in financial stability, as incoming resources could be inconsistent. It's essential to navigate this time with patience, recognizing that this phase is only temporary. Engaging in meditation, yoga, or creative pursuits could prove beneficial in restoring your balance and helping you navigate through these turbulent times. Adopting a measured approach in your interactions, especially with those in senior positions, will be crucial. Avoid letting impulsive reactions disrupt the harmony and progress you've achieved thus far. Stay grounded and cautious, steering clear of misguided beliefs, and consider refreshing your perspective to better face the challenges ahead.

Lucky number 15 | **Lucky colour** Forest Green
Lucky day Friday



CANCER June 21-July 22

This week, you may notice a significant shift in your demeanor, transitioning from a reflective and intense state to a more affectionate and nurturing one. Those in leadership roles, particularly at the helm of large organizations, might find their natural empathy tested as they encourage independence in others. Your loyalty remains unwavering to those you hold dear, yet it's wise to remain cautious with boundaries. By mid-week, your creativity and imagination could soar, allowing you to delight in a blend of fantasy and reality. This inner transformation will likely bring you a sense of fulfillment, enriching both your material and spiritual life, leaving you feeling content and joyful. Embrace these changes as they come, viewing them as opportunities for personal growth and deeper connections.

Lucky number 11 | **Lucky colour** Peach
Lucky day Sunday



SCORPIO Oct 23-Nov 21

A shift in location or a new beginning is on the horizon, bringing with it a rise in your current standing or role. You're prepared to embrace challenges to achieve your goals, driven by a restless desire for progress and excitement. A new, intense romantic or artistic connection might soon make its way into your life. As the week progresses, expect an influx of joy, achievements, and possibly some thoughtful gifts, enhancing friendships and personal contentment. A sense of nostalgia may wash over you, prompting reunions with old friends and family members. A positive energy surrounds you, rejuvenating your spirit. Signs point towards harmonious domestic life, with potential celebrations like home renovations or family gatherings, allowing for meaningful moments with those you cherish.

Lucky number 10 | **Lucky colour** Rust
Lucky day Sunday



PISCES Feb 19-March 20

This week marks a transition as you move away from a challenging phase, feeling a sense of relief and lightness. Family matters will take precedence, demanding more attention amidst less than ideal circumstances. You might find yourself at a crossroads, having held on to a situation that no longer serves your well-being, and it's time to embrace change. This moment holds considerable weight in determining your future; the decisions you make now are crucial. Challenges may arise from unresolved issues or lingering negative feelings towards someone. The coming days offer a chance to address and settle these conflicts, paving the way for healing and growth. Embrace your natural instincts and creativity to navigate through this. By week's end, a significant breakthrough promises to reignite your enthusiasm and determination, bolstering your spirit to pursue your aspirations boldly.

Lucky number 3 | **Lucky colour** Cherry Red
Lucky day Thursday

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GURUSPEAK
SRI SRI RAVI SHANKAR

Do you pray?



where you are. Unless you are lit in devotion to the Divine, your life will remain restless. In devotion, longing will arise in you. And when there is longing, true prayer happens by itself. Be sincere in your prayers. Do not try to outsmart the Divine. The mind has the tendency to forget the Divine. What type of time do you give the Divine? Usually, you give the leftover time; when you have nothing else to do, no guests to attend to, no parties to attend to, you go to the Divine. This is not quality time. Give prime time to the Divine. You will be rewarded. If your prayers are not answered, it is because you have never given quality time. Four types of people go to God. One, is those who seek the truth (knowledge and freedom). Two, the wise ones (gyanis). Three, the ones who seek material comforts (wealth). Four, the ones who are in misery. The wise one does not pray for something. His life itself is a prayer. If at all you have to pray for something, pray for the happiness of all the people in the world. 'Loka Samastha Sukhinou Bhavantu' (May Everybody Be Happy). — He is a Spiritual Guru

Prayer is a vital tool to improve your life. Wherever you can put your effort, put it. Where you cannot, pray for it! Whatever you do, know that a Higher Power has the final say and you can tap that power through your prayers. You don't need any special qualifications or abilities to pray. Whether a fool or a wise person, whether rich or poor, anybody can pray. Prayer doesn't mean just sitting and chanting some words. It's about being in that serene, calm, and meditative state. That is why, in the Vedic tradition, dhyana (meditation) is done before prayer as well as afterward. When the mind is focused, the prayer becomes far more powerful. Prayer is the cry of a soul. To whom you pray is not important. Whereas religion puts words to the prayer, and adds symbols and rituals to it, the prayer itself transcends them. It happens on the subtle level of feelings; and feelings transcend words and religion. The act of praying itself has the power to bring transformation. When you pray there should be total

involvement. If the mind is preoccupied elsewhere then that is no prayer at all. When there is pain, there is more involvement. That's why people turn to prayer when they are in pain. Prayer happens when you feel grateful or when you feel utterly helpless. In either case, your prayers will be answered. When you feel helpless, prayer happens by itself. That's why in Hindi we say 'Nirbal toh Balram'. If you are weak, God is your strength. Prayer is that moment when you come in touch with your limitations and your boundaries. In today's fast-paced world, people often pray out of fear and greed. Usually, when you love something, you want to possess it and you pray for it. True prayer, however, is just the opposite of wanting to possess. It's about honouring and offering everything to the Divine. Honouring brings devotion and leads to surrender. Devotion brings a healing touch to life. Devotion and faith are at the core of a sincere prayer. A true prayer can't happen without devotion and faith. Having faith is to realize that God's protection is there for you. Devotion is inner flowering. Devotion starts from