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श्री शिवमः शिवाय

राजकीय श्रावणी मेला

के शुभ अवसर पर महादेव की भूमि
देवघर में सभी श्रद्धालुओं का

हार्दिक स्वागत एवं जोहार

भगवान शंकर सभी भक्तों की मनोकामना पूर्ण करें

सूचना एवं जनसम्पर्क विभाग, झारखण्ड सरकार



हेमन्त सोरेन
माननीय मुख्यमंत्री, झारखण्ड

Jamshedpur Trade Fair 2024

Afghanistan, Thailand, Bangladesh, and Nepal to participate in fair

PNS : JAMSHEDPUR

The brochure for the much-anticipated Jamshedpur Carnival International Trade Fair 2024 was launched today at a city hotel. The event, jointly organized by Jaipal Singh Munda Vikas Samiti and AN Rankings, saw an impressive lineup of dignitaries. Former Kolhan DIG Rajiv Ranjan Singh and Manoj Singh, Khadi Village Industry member, were present alongside Babua Singh, Vice President of BJP Jamshedpur Mahanagar, Raja Singh, Director of National Electronics, Sundar Singh, Chairman of Aastha Promoters and Developers, Miraj Ji, Director of Baba

Furniture, social worker and industrialist Shraavan Das, and Sunil Singh, BJP District Working Committee member. The brochure launch marks the beginning of preparations for the trade fair, which will take place from September 20 to September 30, 2024, at Gopal Maidan, Bistupur, Jamshedpur. This event promises to offer a unique shopping experience with a diverse array of products available under one roof. The Jamshedpur Carnival International Trade Fair 2024 will feature four main categories of stalls: property expo, automobile expo, electronic expo, and furniture expo. Over 1000 entrepreneurs and exhibitors will participate,



showcasing more than 350 international and national brands. The fair will encompass a wide range of products, including automobiles, furniture, home appliances, home decor, banking and finance services, interiors, builders and developers, handicrafts and handloom, education consultancy, IT and electronics, beauty and fashion products, salon and spa services, and health and fitness products. Stalls from Afghanistan, Thailand, Bangladesh, and Nepal will also be featured, adding an international flair to the event. Hari Ram Tudu, Director of Jaipal Singh Munda Vikas Samiti, and the Director of

AN Rankings jointly stated that the primary objective of the trade fair is to facilitate business networking, promote businesses, and showcase products made by experienced and skilled artisans associated with the cottage industry. The fair aims to provide a comprehensive platform for consumers to access household goods and internationally renowned products at competitive prices. Special materials and schemes will be launched during the fair to cater to the festive season. A wide array of furniture and home décor options will be available, ensuring that shoppers have a comfortable and enjoyable experience in the air-condi-

tioned hall. The fair will also feature various types of food stalls and amusement rides for children. Daily cultural programs, including game shows, fashion shows, painting competitions, dance and singing competitions, an International Fire Act show, and a daily lucky draw with numerous prizes, will provide entertainment for visitors. Online ticketing arrangements will be made for easy entry to the fair. The brochure launch event was attended by Sunil Singh, Mohammad Shaheed, Raj Kumar Singh, Raj Pal Singh, Praveen, Shashank, Fida Hussain, Naeem, and other prominent figures.

Yogoda Satsanga Ashram, Ranchi Celebrates Guru Purnima



PNS : RANCHI

Guru Purnima was celebrated with great joy on Sunday, 21st of July at Yogoda Ashram, Ranchi. Celebration started with a special online group meditation and a talk by Swami Shradhdhananda Giri in Morning where devotees from all over India participated. Speaking on gurudisple relationship Swami Shradhdhananda quoted Sri Paramahansa

Yogananda's words, "Those who want God and come to me with receptive hearts shall never be the same again" adding to this Swamiji explained that, the devotee shall be changed with the divine help that flows through Yoganandaji's soul. He also read some excerpts from the letter written by the President and Spiritual Head of Yogoda Satsanga Society of India/Self-Realization Fellowship Sri Sri Swami



Chidananda Giri to devotees of YSS/SRF where he encourages them to "take refuge in Gurudeva's eternal care, then there is no challenge that they cannot face and overcome." Thereafter from 9:30 a.m to 11:30 a.m devotees attending the program joined joyous chanting of bhajans led by Brahamacharis Shambhavananda and Prahaladananda while Guru Puja was being performed.

After the bhajans, hundreds of devotees as well as locals and other visitors were served Bhandara Prasad. Ceremony ended with special 3 hour long meditation in the evening, where Swami Shankarananda Giri read extracts from an inspiring letter written by Paramahansa Yoganandaji to a devotee, emphasizing the eternal help and love of a true guru for his sincere disciples.

BJP spoiling social atmosphere in state : Irfan Ansari

PNS : DHANBAD

"The BJP is an expert in spoiling the atmosphere social be it any time", feels Minister for Rural Development Irfan Ansari. He said this on Saturday late evening in reply to queries made by media in Dhanbad.

Incidentally, the fellows waving Palestinian flag during Moharram procession happen to be innocent as they are not aware of Palestinian flag, added minister replying to a question of media persons. "The flags were waved due to lack of information", said Ansari adding that it appears that media persons here happen to be supporters of BJP. However, in an attempt to cover up this statement Ansari said, "Tazias are cloth of different colored cloths, so in innocence they committed mistake."

He also held BJP responsible for infeltration from Bangladesh in Jharkhand. BJP is raising these issues just as the elections are coming closer. He added very soon BJP will say that Pakistanis have started infiltrating into Jharkhand. He added if its true Home Minister Amit Shah should tell what is happening. He said that wherever riots have happened in the state during Muharram, BJP is directly responsible for it. BJP has caused the riots many a times.

Ansari termed the incident of lathicharge on assistant policemen and para teachers during the protest at CM residence in Ranchi as unfortunate and again held BJP responsible for these incidents too. He aeged that BJP has provoked them due to which they unnecessarily gheraoed the Chief Minister's residence. He requested from the assistant policemen and para teachers, he said that they should not fall prey to the BJP's influence as Hemant led government will definitely fulfill their demands. Deputy Commissioner

Kids International School Blood Donation Camp

PNS : JAMSHEDPUR

Kids International Play School organised a blood donation camp on Sunday. The event received an overwhelming response from the community, resulting in the collection of 35 units of blood, which will aid local hospitals and patients in need. The blood donation camp was organized in collaboration with Red Cross Bhawan and Brahmaand Netralaya Nagar Palika Hospital, addressing the growing demand for blood for medical emergencies, surgeries, and patients with chronic diseases. The initiative witnessed active participation from community members who generously contributed to this life-saving cause. School Director Syed Rashid Zafar expressed his gratitude, stating, "I am extremely grateful to every-



one who participated in the blood donation camp. Your generosity will save countless lives and make a significant impact on those who are in urgent need of blood." Play School Manager Warisha Ahmed felicitated the donors by awarding them certificates, while all the teachers and sub-staff participated with great enthusiasm and positivity.

Principal Rukhsar Ayesha commended the noble cause, emphasizing her deep understanding of its importance as her family, including her father, mother, sister, and brother, are doctors running a hospital in Patna. Her support for the event underscored the vital role of such initiatives in supporting the healthcare system and saving lives.

Eight feet long python enters house



PNS : LOHARDAGA

The family screamed after seeing an eight feet long python at midnight in the house of Babar Ansari, a resident of Bhandara Kumbatoli in Lohardaga district. According to the information, at night, Babar Ansari was collecting milk at the milk dairy located at his home, when he saw an 8 feet long python at some distance from his feet and screamed in fear. It was fortunate that the python did not attack anyone. On the spot, Babar Ansari called his friend Shakeel Ahmed and informed him about the matter and immediately Shakeel Ansari showed courage and caught the python, put it in a sack and left it in Seetha mountain. The frightened family heaved a sigh of relief after the snake was caught and released safely.

Dr. Avanendra honoured at 13th Intl conference



PNS : RANCHI

Research Scholar & Socio-Spiritual Activist Dr. Avanendra Pratap aka Adishesha Acharya has been honoured with "Kalinga Chakra Award" for his research and development in Vedic & Modern learning

innovation. He's appreciated for his modern approach and keeping the essence of ancient scriptures. The Conference was held at Bhubaneswar, Kalinga Khetra, in the presence of hon'ble dignitaries: Justice Pramath Patnaik (Hon'ble Chair person, Appellate Tribunal), Sri Ananta Narayan Jena (MLA, Central Bhubaneswar, Odisha Govt.), Smt. Sulochana Das (Hon'ble Mayor, Odisha Govt.), Dr. Nand Kishore Purohit (Ex - Minister Uttarakhnad Govt.), Dr. Prasanna Kumar Patasani (Ex-M.P. Lok Sabha, Ex-Minister, Govt. of Odisha), Dr. Haldar, Dr. Bal along with Dr. P.P Das, Chairman, Research Centre. Notably, Adishesha was also honoured previously at the 9th International Conference in 2022 for his contributions.

Young innovators shine at Pentecostal School's Science Day

PNS : BOKARO

The Pentecostal Assembly School, Bokaro Steel City - On 19th August 2024, The Pentecostal Assembly School held its much-anticipated Science and Innovation Day, a vibrant showcase of student ingenuity and problem-solving prowess. The event brought together students from classes 9 to 12 in a celebration of creativity, scientific exploration, and collaborative learning.



Innovation Challenge 2024 Simultaneously, the senior students from classes 11 and 12 participated in the prestigious Innovation Challenge 2024 showcasing the talents and innovative ideas of students in the fields of Physics, Chemistry, Biology, and Computer Science. It provided a valuable learning experience and encouraged students to further pursue their interests in science and technology. The event highlighted the importance of hands-on learning and the application of theoretical knowledge to solve real-world problems.

The judges, Mr. Amarjee Sinha (Ex-Principal, BISS Sec. 3), Mr. S. N. Mishra (Ex-Principal, BISS 9E), Mrs Srijia Kumar (Physics expert), Kirti Kumar (IIT Bhubaneswar, PAS Alumnus), Aarushi Jaiswal, and Arman Kashyap (PAS students), praised the high standard of entries and provided valuable feedback to the participants. Their involvement underscored the event's commitment to excellence and inspired the students to continue pushing the boundaries of scientific

exploration. The Science and Innovation Day at Pentecostal Assembly School was a resounding success, highlighting the school's commitment to nurturing future scientists and innovators. The event not only provided a platform for students to showcase their talents but also encouraged them to pursue their interests in science and technology with renewed vigor. Honourable Principal Dr. Karuna Prasad and Administrative Head, Mr. Daniel Michael Prasad commended the students for their exceptional efforts, emphasizing the importance of creativity and innovation in education. Their recognition served as a motivational boost, inspiring students to continue striving for excellence in their future endeavors. The Pentecostal Assembly School's Science and Innovation Day was a testament to the power of young minds when given the opportunity to explore, innovate, and collaborate. nvjhvghv

Drug smuggler Taufiq Ansari arrested in Lohardaga

PNS : LOHARDAGA

Recently, as per the instructions of Lohardaga Police Superintendent Haris Bin Zaman, a large quantity of ganja and three luxury vehicles were recovered from the house of drug dealer Taufiq Ansari, resident of Kalhepat, under Senha police station area of the district. Meanwhile, smuggler Taufiq Ansari, who promoted the drug trade, had escaped from the scene of the crime by dodging the police. After that, Lohardaga SP Haris Bin Zaman formed a team to arrest smuggler Taufiq Ansari and raids were being conducted at possible places. Meanwhile, on the basis of secret information received by SP Haris Bin Zaman, ganja smuggler Taufiq Ansari was arrested under the leadership of Headquarters DSP Sameer

Kumar Tirkey from near village Kandra Road Diversion under Senha police station area. Taufiq Ansari, the accused son of Haji Mujahim Ansari, who was arrested from village Kalhepat police station Senha. Afsar Ansari, son of Rafiq Ansari, resident of Lohardaga and resident of Ugra, and Shamsheer Ansari, father Rahim Ansari, who is a resident of village Champi of Puso police station area under Gumla district. These three accused were arrested and sent to judicial custody. While giving information by holding a press conference here, DSP Headquarters Sameer Kumar Tirkey said that 07 mobile phones, a white colored Hyundai Creta vehicle with registration number JH 09A H-2881 and 10 grams of brown sugar were recovered from these three accused.



DSP Headquarters Sameer Kumar Tirkey said that on the basis of secret information received from the Superintendent of Police, action was taken against the ganja smugglers in which this success was achieved. It is noteworthy that the action taken by Lohardaga police

against ganja smugglers has ruined the plans of other businessmen. The raiding team included Headquarters DSP Sameer Kumar Tirkey, Police Inspector Lohardaga Zone, Senha police station in-charge Ajit Kumar, SI Manoj Kumar, SI Manish Kumar Mahato and armed forces personnel.



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INDIA TRIUMPH
OVER UAE BY
78 RUNS
12 SPORTS

Monsoon showers await Parliament

PIONEER NEWS SERVICE ■
NEW DELHI

The Monsoon Session which will also see presentation of the annual Budget of the first year of Narendra Modi's third tenure as the Prime Minister, is all set to begin at the backdrop of several contentious and controversial issues including Kanwar yatra order, an alleged compromised UPSC, NEET, train accidents concerning both the ruling as well as the Opposition which is now in a commanding strength in the Lok Sabha.

At the all-party meeting convened by the Centre on Sunday, the Opposition parties while insisting for the post of Deputy Speaker in the Lok Sabha also drew battle lines for the three weeks session to allow discussion on a range of issues.

Representatives from the JD (U), a BJP ally, the BJD and the YSR Congress Party demanded the most favoured States status for Bihar, Odisha and Andhra Pradesh, respectively, at the meeting of 44 parties, including some having only one MP. During the meeting, which was chaired by Defence Minister Rajnath Singh, Opposition RJD and BJP ally LJP (Ram Vilas) echoed the demand for Bihar.

The Monsoon Budget session will have 19 sittings till August 12 when the



Defence Minister Rajnath Singh, Union Minister for Parliamentary Affairs Kiren Rijiju and Union Minister Jagat Prakash Nadda during the all-party meeting ahead of the Budget session of Parliament, in New Delhi on Sunday. Ranjan Dimri/Pioneer

Government is expected to present six Bills, including the one to replace the 90-year-old Aircraft Act, and also get Parliament's nod for the Budget of Jammu and Kashmir, which is under Central rule.

Finance Minister Nirmala Sitharaman will table the Economic Survey in Parliament on Monday and present the Budget the next day.

The Government, which breaking from the recent practice invited a number of smaller parties for the meeting to signal its political outreach, conveyed its willingness to discuss all issues but Parliamentary

Bill to bar judges from joining politics post retirement listed

PIONEER NEWS SERVICE ■
NEW DELHI

Private Members' Bills listed in Rajya Sabha for the upcoming Monsoon Session include one that seeks prohibition on holders of Constitutional posts like judges joining a political party post retirement, a few Bills on artificial intelligence and deepfake, as well as one on amending the citizenship law. In all, 23 Private Members' Bills have been

listed for introduction in the upcoming session in the Upper House. The Constitution (amendment) Bill, 2024 (amendment of articles 124, 148, 319 and 324 and insertion of new articles 220A and 309A), listed by RJD MP AD Singh, seeks to bar those retiring from Constitutional posts, like judges and former election commissioners from joining political parties post retirement, a source said.

Affairs Minister Kiren Rijiju stressed that it should be in accordance with the rules. He called for cooperation from all parties for running Parliament smoothly, saying it is a collective responsibility. Congress flagged the issue related to alleged irregularities in the exams conducted by the Union Public Service Commission, whose chairperson resigned recently for reportedly personal reasons and host of other issues, including the spate in terror attacks in Jammu and Kashmir, the Manipur situation, train accidents, unemployment and price rise.

The stand of several Opposition parties, including the Congress, the DMK and the AAP, made it all but certain that the political heat sparked by the Uttar Pradesh government's order asking eateries and carts selling eatables to display their owners' names on the route of Kanwaris will reach Parliament when the session begins from Monday.

Samajwadi Party's Ram Gopal Yadav alleged that the move is clearly targeted at Muslims and accused the ruling BJP in the state of pursuing communally divisive politics. The government on its part asked opposition parties to not disrupt Lok Sabha and Rajya Sabha proceedings, seeking their cooperation in running Parliament smoothly.

Kanwar Yatris embark on tough political journey

PNS ■ MUZZAFFARNAGAR /
NEW DELHI

After major allies like JD (U) and LJP, BJP's another significant ally in the NDA --the Rashtriya Lok Dal -- on Sunday demanded the Uttar Pradesh Government roll back its order that eateries along the Kanwar route must display the names of their owners, saying the pilgrimage does not belong to any one religion or caste. Union Minister Jayant Chaudhary said Kanwaris ask no-one their religion when they seek any service from them, neither should the matter (the pilgrimage) be linked to any religion.

Chaudhary also wondered if one should wear a name tag on one's clothes to identify one's religion. "Where all one would be made to place these identifiers! Should we now wear name tags too? So that one knows who to shake hands with?" he said.

"It seems that the order was taken without much thought and the Government is adamant on it because the decision has been taken," Rajya Sabha member Chaudhary told reporters here.



West Bengal Chief Minister and TMC chief Mamata Banerjee with Samajwadi Party (SP) National President Akhilesh Yadav during TMC 'Martyr's Day' rally in Kolkata, on Sunday. PTI

Opposition curses NDA Sarkar

PIONEER NEWS SERVICE ■
KOLKATA

In a massive rally to observe TMC's Martyrs' Day on Sunday, West Bengal Chief Minister and TMC chief Mamata Banerjee and Samajwadi Party chief Akhilesh Yadav attacked the BJP-led NDA Government at Centre saying that it is not stable and can collapse any time.

Addressing the crowd, the SP chief said that the people of Uttar Pradesh fought with the BJP and left them behind. "The people of West Bengal have fought with the BJP and left them behind, the same happened in Uttar Pradesh. The people sitting in the government in Delhi are in power only for a few days. 'Woh sarkaar chalne wali nahi hai, woh sarkaar girne wali hai'..." Yadav said.

Both the SP and TMC are important constituents of the INDIA bloc led by the Congress. Banerjee also attacked the CPM and Congress. "I want to thank Akhilesh ji, you have accepted my invitation. I want the relationship of Bengal to be better with the entire country. I want to say the 'Khe!' that you showed in UP, they (BJP) should have resigned from their post but they are shameless. They have tried every agency and every means possible but they have still lost. In North Bengal, our results have not been good but I hope in the coming days we will be winning there," Mamata said at the rally where she found the opportunity to attack the Congress as well as the Left.



Debris lies on a road following a landslide on the Kedarnath trekking route, in Rudraprayag district, on Sunday. At least 3 pilgrims were killed and several others suffered injuries, according to officials. PTI

Nipah Virus claims a life in Kerala, Centre on alert

PIONEER NEWS SERVICE ■
THIRUVANANTHAPURAM /NEW DELHI

Following the death of a 14-year-old boy from Mallapuram district of Kerala, who tested positive for Nipah virus on Sunday, the Centre has rushed a "One Health" outbreak multi-member response team to investigate the case. The boy had fever and showed symptoms of acute encephalitis syndrome - inflammation and swelling of the brain usually due to an infection. He has been on a ventilator since Friday.

The team from the Union Health Ministry will identify epidemiological linkages and provide technical assistance to the State.

The Centre has urged the State to carry out active search for Nipah virus cases in the family of the boy, neighbouring areas, and areas with similar topography.

In a statement on Sunday, the Ministry said the from the district exhibited the acute encephalitis syndrome and was admitted to a healthcare facility in Perinthalmanna before being transferred to a higher health centre in Kozhikode. He succumbed to the disease and samples were sent to the Pune-based National Institute of Virology, which confirmed Nipah virus infection, it said. State Health Minister Veena George said



the boy from Pandikkad suffered a massive cardiac arrest at 10.50 am on Sunday and efforts to revive him failed.

"He was on ventilator support. The urine output had reduced this morning. After a massive cardiac arrest, the revival efforts failed and he passed away at 11.30 am," George said.

The Minister said the funeral will be held following international protocols. "Further matters on the funeral will be decided only after the district Collector holds discussion with the boy's parents and the family," George said.

Kerala has had a number of Nipah outbreaks since 2018 when 17 of 18 infected persons had died while one death was reported in 2021, and two in 2023.

With the death of the 14-year-old on Sunday, the total number of deaths due to Nipah in Kerala since 2018 has gone up to 21.

INTERNET BANNED IN NUH AHEAD OF JALABHISHEK YATRA

PNS ■ NEW DELHI

Haryana Government on Sunday ordered suspension of mobile internet and the bulk SMS services in Nuh district for 24 hours ahead of the Braj Mandal Jalabhishek Yatra that was marred by violence last year.

The internet service in the district will remain suspended from 6 pm Sunday to 6 pm Monday, according to an order by Haryana Additional Chief Secretary (Home) Anurag Rastogi.

PM Modi embraces India's heritage



Prime Minister Narendra Modi watches exhibition during the inauguration of the 46th Session of World Heritage Committee, at Bharat Mandapam, in New Delhi, Sunday. PTI

Pricy onions, tomatoes, potatoes vanish from kitchen

SAUMYA SHUKLA ■
NEW DELHI

Onions, tomatoes and potatoes — inextricable part of almost all our meals — now slowly disappearing from the kitchen counters of many including homemakers, restaurant owners and middle class people due to the recent surge in their prices.

The surge reminds 24-year-old media professional Utkarsh Gathani, who lives away from his family in Rajasthan and manages his household alone in Delhi, of a famous dialogue in the movie '3 Idiots'. "Remember that scene from 3 Idiots 'paneer to kuch dino me itni itni thailiyu me sonar ki dukan me milega', I think that can be used for



onions and tomatoes as well," he said.

Utkarsh enjoys cooking despite having a busy schedule. However, with the increase in prices, he has replaced tomatoes with the packaged tomato puree while using ginger garlic paste

PRICES IN DELHI MARKET	
Name of Vegetable	MRP
Potatoes	40 to 60 Rupees/kg
Onion	50 to 80 Rupees/kg
Tomatoes	50 to 80 Rupees/kg
Okra	100 Rupees/kg
Green vegetables	60 to 100 Rupees/kg

instead of buying them, stating that although it doesn't give the exact same taste, one has to manage with their earnings.

"Truth be told, the rising prices of essential vegetables have made it difficult to manage my household budget. Even when I order from delivery apps like Big Basket and Swiggy Instamart, the cost is significantly higher than before. It's a daily struggle to afford basic groceries. Hence, I have started substituting the items with cheaper options," he said.

Landslide in Kedarnath kills three

PNS ■ NEW DELHI

Three devotees died and eight others injured in a landslide on the Kedarnath Dham trekking route in Uttarakhand's Rudraprayag district on Sunday, officials said.

Rudraprayag District Disaster Management Officer Nandan Singh Rajwar said the accident happened at around 7:30 am near Chirbasa area on the Gaurikund-Kedarnath trekking route when the devotees were hit heavy stones and debris falling down from the hill. The State Disaster Response Force (SDRF) and disaster management teams reached the spot and started a search and rescue operation, he said.

Those killed have been identified as Kishore Arun Parate (31), from Maharashtra's Nagpur, Sunil Mahadev Kale (24), a resident of Maharashtra's Jalna district and Anurag Bisht from Rudraprayag, Rajwar said.

According to SDRF sources, so far the bodies of three devotees have been recovered from the debris, while eight others were rescued in an injured condition and immediately rushed to the hospital. The rescue operation was still underway, they said.

Not so sweet tale of social media journey

ABHI SINGHAL ■
NEW DELHI

As social media has lately shifted from serving a platform for sharing knowledge and connecting with loved ones to become a navigating world of fame and viral content, it would not be sinful to say that it is not a sweet journey for all dreamers.

The latest victim of this is 11-year-old boy who died after he tied a noose around his neck while shooting a prank reel for social media was reported in Madhya Pradesh's Morena district on

Sunday.

Karan Parmar, a Class 7 student, was playing with other children on the vacant plot near his house at the time. In the purported video shot by a boy at the scene, Karan has a noose tied from a tree around his neck, and he acts like he is in pain while others around him continue to play. According to the police, the other children thought the boy was acting, but he soon lost consciousness.

Social media from being a platform that was meant to be a rainbow and bring in all the constructive changes has



today turned out to be a nightmare for many. After the ban of TikTok, Instagram reels in 2020 (short video format), made their grand entry into the world of social media, and by no means did

anybody know that they would break the records of users and dreamers in the aspiration to stand out and be recognised.

Social media has become oversocial through the years

and has aided many users in attaining the title of "social media influencers". The changing algorithms of the social media platforms majorly Instagram, YouTube and Facebook have changed the landscape of fame, forcing such influencers to make content out of the way, even to the extent of risking lives to shine in the masses at a place where everyone wants to shine.

Expecting a glittering journey, many influencers face criticism and failure, while some go to extreme lengths, even risking their lives, to create distinctive

content. These crossing of boundaries to get fame has led to an increase in mishaps with the influencers while filming content. The social media platforms have promised likes, views, and shares at the expense of safety. Recent cases like the case of Anvi Kamdar, a travel influencer, 26 years old with over 2, 80,000 followers on Instagram and 833 subscribers on Youtube, fell from 300 feet at the Kumbhe waterfall in Maharashtra while filming an Instagram reel.

Another influencer Agastya Chauhan, YouTube fame,

Ministers Mithilesh and Deepika inaugurates Shravani Mela 2024

PNS : RANCHI

Shravani Mela 2024 to be held in Deoghar, Jharkhand started today on Sunday. Drinking Water and Sanitation Minister Mithilesh Thakur and Agriculture Minister Deepika Pandey jointly inaugurated the Shravani Mela in a traditional manner.

Earlier, 11 Vedic priests worshipped Baba Baidyanath. After this, Dumma Kanwaria Path Shravani Mela was formally inaugurated.

At the beginning of the program, Deoghar DC Vishal Sagar welcomed and thanked all the ministers, guests and devotees with a welcome speech.

Sagar told what facilities have been provided by the administration for the devotees. He said that as per the instructions of the state government, VIP, VVIP and out of term darshan will be com-



pletely closed during the state Shravani Mela.

Addressing the inauguration program, Thakur said that the holy Shravani Mela has started from today. "Complete care will be taken of the convenience and safety of the Kanwaris. As per the instructions of the Chief

form our sacred duty," he added.

The Minister said that Deoghar is ready to welcome all the Kanwaris coming to Babadham with its grand form. He said that the number of devotees is likely to double this year as compared to last year. In such a situation, everyone should organize the fair together, so that the devotees coming here get a good experience and leave for their destination, he added.

On the occasion Deepika said that Shravani Mela has a special identity not only in the State but also in the Country. "Our aim is that every facility should be available to the devotees coming to Devghar and they should be allowed to offer water easily. Special care should be taken so that the Kanwaris do not face any kind of problem," she added. The Minister instructed the officers and soldiers

deployed in the fair to take special care of the Kanwaris.

On the occasion, MLA Narayan Das welcomed everyone and said that it is the wish of all of us that the devotees coming to Babadham in the State Shravani Mela should get better facilities.

On the occasion, Tourism Secretary Manoj Kumar, 20-point vice-president Munnam Sanjay, Superintendent of Police Ajit Peter Dugdug, Sub-divisional Officer Deoghar Sagar Baral, Sub-divisional Officer Madhupur Ashish Aggarwal, District Nazarat Sub-Collector Shailesh Kumar, District Public Relations Officer Rahul Kumar Vidyarthi, Assistant Public Relations Officer Rohit Kumar Vidyarthi, officers of the concerned department, public representatives and workers etc. were present.

Marandi dharna against loot of tribal land

PNS : RANCHI

BJP State President and former Chief Minister Babul Marandi on Sunday sta on day long dharna along with various tribal organizations in Morhabadi ground against the loot of tribal land by land mafias. Marandi also addressed the gathering stating that in the last five years, hundreds of acres of Raiyati land of poor tribals have been acquired by land mafias by openly violating the CNT SPT Act under the protection of the JMM Congress government.

He said that after independence, factories were opened, mines and dams were built under the Congress government, which led to large-scale displacement of tribals. Villages were destroyed but the Congress party did not worry about the rehabilitation of the displaced people. Due to displacement, the population of tribals kept decreasing.

He said that those who



are guilty of this are calling themselves well-wishers of the tribals. But they are not taking any initiative to solve this problem. He said that today the tribal society is in danger through land jihad, love jihad along with land mafia and the people sitting in power in the state are protecting them.

In such a situation, every kind of conspiracy is being hatched to reduce the population of tribals. He said that in such a situation, after delimitation, the number of tribals seats of tribals will decrease.

He assured various tribal organizations that he is with them in their fight. He said that those who are cheating the tribal society in the name of tribals are criminals, they deserve punishment, the public will definitely punish them.

He said that the state government should explain how the mutation of the land taken by land mafias from tribals is done? Why action is not taken against the guilty officials? He again reiterated that it is clear from this that the state government is protecting the land mafias.

2 smugglers carrying ganja worth Rs 19.40 lakh arrested

PNS : RANCHI

RPF has arrested two smugglers from Hatia railway station who were going to Bihar from Odisha with ganja worth Rs 19.40 lakh. The RPF team took this action on Saturday night. The arrested smugglers include Vinod Ram and Dashrath Gupta.

Both are residents of West Champaran district of Bihar. 19.4 kg of ganja has been recovered from them, whose estimated value is Rs 19.40 lakh.

During interrogation, both the smugglers told the RPF team that they had reached Hatia with ganja from Sambalpur, Odisha. The ganja was to be sold in Bihar at a high price. They were planning to change trains from Ranchi station. But they were caught. Both admitted that they have supplied ganja in Bihar many times in the past. Both have also given information about the members of their gang. RPF gave this information on Sunday.

Meanwhile, three criminals involved in HDFC bank employee murder case were arrested on Saturday.

An HDFC bank employee was shot dead near Harmu fruit market in Argora police station area. This incident happened late on Friday night. After the incident, on the instructions of SSP Chandan Sinha, the police team took action and arrested three criminals within two hours of the incident.

Among the arrested criminals, apart from a criminal named Danish, two other

criminals are included. The police have also recovered the pistol used in the incident from these criminals. Confirming the case, the SSP said that three criminals have been arrested.

All three criminals are residents of Hindpidi area. All three consume drugs on the banks of Harmu river and often carry out robbery there. These criminals looted Abhishek and his other friend who had come to buy ganja. Abhishek's mobile was expensive. He did not want to give his mobile to them. When he protested against giving the mobile, a criminal started chasing him with a pistol. Then he was shot and his mobile was taken away.

The deceased Abhishek Singh lives in Argora Housing Colony. He was working in the loan department of HDFC Bank's Main Road branch. Abhishek and his friend Prince stayed there on Friday night. During this, three youths stopped both the friends. The three asked Abhishek Singh and Prince - what are you doing here? Come, take out whatever stuff you have. After this, the criminals pointed a pistol at them. The criminals first looted Prince's mobile phone and money at gunpoint. After this, they tried to loot Abhishek's mobile phone too. Due to the mobile phone being expensive, Abhishek was not ready to give it to the criminals. He started running, during this time the criminals chased him and shot him and fled from there on foot after looting the mobile phone.



Empowering Panchayats: A Path to Accountable Rural Healthcare

PNS : RANCHI



PROF. ANANT KUMAR

The National Health Policy (NHP, 2017) emphasizes universal health care with a comprehensive primary health care approach to ensure 'health for all'. The policy envisages attaining the highest possible level of health and well-being for all through preventive and promotive health care and universal access to good quality health care services.

Over the years, progress has been made in providing better healthcare services. The National Health Mission program has brought tangible changes in the health sector, particularly for those living in rural areas. However, despite the promises made in the NHP and numerous government initiatives, the desired health outcomes remain elusive.

Rural healthcare faces multiple challenges that could be addressed by making it accountable to people through Panchayats, the local self-government institutions. By empowering these grassroots bodies, a more transparent, responsive, and effective rural healthcare system is foreseeable.

The Jharkhand government's 2015 decision to bring rural health services under the purview of Panchayati Raj Institutions (PRI) and Zila Parishads was a welcome move towards making the health system more accountable to the people, community, and local bodies. The idea was to empower gram panchayats to strengthen the health system and ensure the presence of doctors and health workers at the health posts and sub-centers. It also provisioned that the reports related to the attendance of doctors would be

sent to the civil surgeon by the Mukhiya after verification by the gram panchayat.

Under this system, assistant nurses and midwives (ANM) were required to apply to the Mukhiya for leave, and they would receive their salary only after the gram panchayat's approval. Even at the district level, it was provisioned that the civil surgeons would get approval from the chairman and district council to avail a casual leave. It was opposed by the doctors in the state and their association, the Jharkhand State Health Services Association (JSHSA), with a threat of mass resignation, forcing the government not to implement it.

The presence of doctors in their respective health posts is a serious issue and must be ensured for effective and timely health care for people. Although no recent data is available, a multi-state study by IMS Health in 2013 showed that doctor absenteeism in Jharkhand was 57 percent.

Such cases of doctor absenteeism can be addressed by making them accountable to Panchayats. Many such issues can be addressed by making it mandatory for doctors and health personnel to be present at their assigned health posts and serve the people. The Jharkhand government did not implement their decision due to threats from the doctors' association. The Jharkhand government should have stuck to their decision as people's health must not be compromised.

Panchayats must focus on health and oversee healthcare services in their jurisdictions. Clear guidelines and frameworks need to be established with detailed roles and responsibilities.

Panchayats often lack the technical expertise needed to manage healthcare services effectively. Therefore, capacity-building initiatives are crucial. Panchayats must be provided financial autonomy to exercise their healthcare responsibilities effectively. This will enable Panchayats to undertake health-related projects, maintain healthcare infrastructure, and ensure the availability of essential medicines and supplies. One of the strengths of Panchayats is their ability to mobilize community participation. Engaging the local community in health programs can lead to better health outcomes.

Making Panchayats accountable to rural healthcare is not a solution for all the issues plaguing the system. Nevertheless, it is a significant step towards empowering their administrative authority, financial resources, and technical expertise to make the rural healthcare system more responsive and accountable.

THE AUTHOR IS A PROFESSOR AT XAVIER INSTITUTE OF SOCIAL SERVICE, RANCHI. THE VIEWS EXPRESSED ARE PERSONAL. EMAIL: PANDEYANANT@HOTMAIL.COM

Soren for setting up KIIT campus in State

PNS : RANCHI

Chief Minister Shri Hemant Soren today met Dr. Achyuta Samant, renowned educationist of the country and founder of KIIT Group of Institutions, at the Chief Minister's residential office located at Kanke Road Ranchi. On this occasion, the Chief Minister and him had a detailed discussion on qualitative improvement in the level of education in the state, current political developments and other developmental issues.

On the occasion, Chief Minister Hemant Soren discussed with Dr. Achyuta Samant about the establishment of a branch of Kalinga Institute of Social Sciences (KISS) in the state. The Chief Minister told Dr. Achyuta Samant that during his visit to Odisha recently, he had the opportunity to attend the function organized by Kalinga Institute of Social Sciences, at the same time, there was a positive discussion on opening a branch of KISS in Jharkhand as well. The Chief Minister told him that his government will give concrete shape to the establishment of this educational institution by mak-



Dr Achyut Samant founder of KIIT Group of Institutions meets Chief Minister Hemant Soren at his official residence in Ranchi on Sunday.

ing a better action plan for the establishment of a unit of Kalinga Institute of Social Sciences in the state in the year 2025. On the occasion, the Chief Minister praised the work being done by KIIT Group of Institutions in the field of education.

NTPC distributes desktop computers at Blind School



PNS : RANCHI

As part of promoting computer skill training among young and specially challenged, NTPC Coal Mining Headquarters, Ranchi under its CSR initiative in association with Swayamsiddha Ladies Club distributed two nos. of desktop computers to St Michael Blind school, residential school for specially challenged children with visual impairment.

On this occasion, Smt Rekha Jain, President, NTPC Swayamsiddha Ladies handed over the desktop comput-

ers to Principal, Smt. Sarita Talal, Principal in the presence of committee members of the ladies club.

Later the desktop computers were installed at the computer lab of the school. School Children after receiving the new set of computers equipped with the latest version of software and voice command facilities to facilitate working in computers for the visually impaired was appreciated and students shared that it would help in learning the computer skills in a fast and effective way which is essential in the

present times. Smt Jain during visit to the school computer lab and interacting with the students shared that the computers would help the students to empower them with computer skills and make them independent to grow professionally and not make them dependent on others due to their physical limitations. She wished them all the best for the future.

Members of Swayamsiddha Ladies Club interacted & spent some quality time with the Visually Challenged Children of the school, the initiative of the Ladies club was appreciated by school management. On this occasion, Vice President, Smt Shikha Rastogi, Senior Member Smt Poonam Jain, General Secretary Smt Deepak Kesari, Joint Secretary General Secretary Smt Parameshwari, Treasurer Smt Snigdha Majhi, Cultural secretary, Smt Anita Prasad, Welfare Secretary, Smt Mansa Verma & Smt Vaishali were also present.

State may witness heavy rain from July 22

PNS : RANCHI

The effect of the low circulation forming in the Bay of Bengal will also be seen in Jharkhand. Its effect is likely to be seen in different parts of the State from July 22. Ranchi Meteorological Center informed that there is chances of heavy rain at many places in Kolhan and the central part of the State on July 22 and July 23.

The Meteorological Center has issued a yellow alert regarding this. It is also expected that the weakened monsoon in Jharkhand will gain momentum.

The Meteorological Center informed that on July 22 there may be heavy rain at some places in Chaibasa, Jamshepur, Saraikela-Kharsawan, Khunti and Ranchi as well as some parts of Ramgarh. At the same time, on July 23, there is a warning of heavy rain at many places in these districts as well as Latehar, Gumla and Lohardaga. In such a situa-



tion, there may be good rain for three days, in such a situation, there is a strong possibility of the monsoon, which has been sluggish for the last few days, to intensify once again. There was sporadic rain at many places in the capital Ranchi on Sunday morning and Saturday. The highest rainfall of 24 mm was recorded in Baghmara of Dhanbad. At the same time, Govindpur received 17 mm and Bokaro received around 13 mm of rain. The maximum temperature of the capital

remained below 30 degrees Celsius. The maximum temperature of other districts is also between 30 to 35 degrees Celsius. In the last 24 hours, it rained in many districts including Ranchi in Jharkhand. There will be continuous heavy rain in the State from July 23. An alert has been issued regarding this. This information was given by the Ranchi Meteorological Center located at the Ranchi airport on July 21, 2024. The Meteorological Center informed that no



major change is expected in the maximum temperature in the State during the next 5 days. The center informed that there is a strong possibility of light to moderate rain at many places in the State on July 25.

There is a possibility of heavy rain at some places in the southern and adjacent central parts of the State on July 23. Its effect will be seen in Khunti, Gumla, West Singhbhum, East Singhbhum, Saraikela-Kharsawan, Jamtara, Deoghar, Dumka, Pakur, Godda, Sahibganj districts.

possibility of heavy rain at some places in the central and adjacent northern parts on July 24. Its effect will be seen in Ranchi, Ramgarh, Bokaro, Hazaribagh, Dhanbad, Giridih, Koderma districts. There is a possibility of heavy rain at some places in the north-eastern and adjacent south-eastern parts of the state on July 25. Its effect will be seen in West Singhbhum, East Singhbhum, Saraikela-Kharsawan, Jamtara, Deoghar, Dumka, Pakur, Godda, Sahibganj districts.

Dr Ajoy Kumar accuses BJP of spreading communal poison

PNS : JAMSHEDPUR

Former MP and senior Congress leader Dr. Ajoy Kumar issued a press statement on Sunday, targeting the BJP over the recent Uttar Pradesh name plate issue. Dr. Kumar accused the BJP of engaging in "state-sponsored fanaticism" following the 'state-sponsored terrorism' in Manipur and Tripura. He criticized the order for dhabas and restaurant operators in Uttar Pradesh to install name plates, labelling it as a divisive move by those with "Manuvadi" thinking aiming to fracture the country along religious and caste lines.

Dr. Kumar argued that the BJP is attempting to resurrect 'untouchability' in a new form, undermining the unity of the nation. He condemned the BJP's 'divide and rule' policy, asserting that it would not succeed in Jharkhand. According to him, the BJP, referred to as the Bharatiya



Jahili Party, is trying to incite communal tension among the tribal and minority communities in the state. He described a recent statement by the Home Minister as a shameful attempt to sow discord.

The senior Congress leader accused the BJP of lacking a development roadmap for Jharkhand, instead having a detailed plan to destabilize the state through division and hatred. He asserted that the BJP's dream of forming a government in Jharkhand on the

basis of such policies would be thwarted by the people.

Dr. Kumar dismissed the BJP's attempts to certify its intentions towards Jharkhand, referencing the Vyapam scam and Saradha Chit Fund scam. He questioned the integrity of BJP leaders, suggesting they address corruption charges against a former Chief Minister of the BJP government. He claimed that the BJP is trying to mislead the tribal community, but emphasized that the tribals know who their true well-wishers are.

Dr. Kumar challenged the Modi government to explain why the Sarna Dharma Code, a symbol of religious and cultural freedom for tribals, has not been implemented. He expressed confidence that an All India Alliance government would be formed in Jharkhand, asserting that the people are determined to expel the Bharatiya Jhoothi Party from the state.

Nearly 120 students from Assam return from Bangladesh: Official

PTI ■ GUWAHATI

Nearly 120 students hailing from Assam have returned from Bangladesh, which has been rocked by violent protests, over the last few days, a senior official said on Sunday.

Additional Chief Secretary (Home) Ajay Tewari told PTI that the Assam students have so far entered India through Integrated Check Posts at Sutarkandi in Karimganj district and Dawki in Meghalaya.

"In the Northeast, students and other people are entering through the ICPs in Assam, Meghalaya and Tripura. Till Saturday night, 76 students who hail from Assam entered from Dawki while another 41 students from Sutarkandi," he said. He also said that students from Barak Valley are mostly coming through Sutarkandi, while those belonging to the Brahmaputra Valley have entered through Dawki.

More students are expected to come in the next few days and



the Assam government has deputed a magistrate and senior police official at Sutarkandi to facilitate their entry into India, Tewari said. "Students from Nepal, Bihar and other states are also coming in. Most of the students belonging to Tripura

"They have not given us the estimated number of Assamese students stuck in Bangladesh or I don't know if they have that breakup. We are monitoring anyone coming through the Sutarkandi post and facilitating their safe return to their respective homes," he said.

Karimganj District Commissioner Mridul Yadav on Saturday said that he and the SP had visited the ICP at Sutarkandi and interacted with the students.

The state government is also in touch with the Ministry of External Affairs (MEA) to ensure the safety of people from the state residing or visiting Bangladesh, he said. Stating that more students are likely to cross over, Yadav said, "The district administration is geared up to help them. A magistrate and deputy SP have been stationed 24 hours at the border till the situation eases." He also stated that no tension is anticipated at the border.

We lost seats not people's support, says Maha BJP chief

PTI ■ MUMBAI

Maharashtra BJP president M Chandra Shekhar Bawankule on Sunday said his party maintained its support among people despite losing seats in the recent Lok Sabha polls.

He was addressing the party's state convention in Pune, which is being attended by Union Home Minister Amit Shah, the party's state in charge and Union minister Bhupender Yadav, co-incharge Ashwini Vaishnav, among others.

"The BJP lost some seats in the Lok Sabha elections, but our voter base remains strong. There is no need to worry about it. In the 2014 Lok Sabha election, the BJP secured 1,33,08,961 votes. The number increased in the subsequent assembly elections, with the BJP receiving 1,47,09,276 votes," Bawankule pointed out.

"In the 2019 general elections, the BJP obtained 1,49,12,139 votes. In the 2024 general elections, we got 1,49,13,914



votes. This clearly indicates the support for the BJP among the people remains unwavering. Nonetheless, we only secured nine seats in this Lok Sabha election," he added.

The BJP's tally at the national level came down from 303 seats to 240, while it went down from 23 to nine in Maharashtra in the 2024 Lok Sabha polls, results of which were announced on June 4. Bawankule said the party had put in all efforts but a fake narrative led to losses, an apparent reference to the opposition's charge that the BJP wanted 400 seats to change the Constitution and end reservations.

Meanwhile, in a post on X, Union Minister Nitin Gadkari said he could not attend the convention due to illness.

Clear Tamil Nadu-specific projects in Union Budget, Stalin urges Centre

PTI ■ CHENNAI

Chief Minister M K Stalin on Sunday expressed hope that the Centre would fulfill the expectations of the people of the state by clearing Tamil Nadu-specific projects in the Union budget 2024-25.

For the past three years, the Centre has "not released funds" for the Chennai Metro Rail (Phase 2) project, Stalin said and listed other proposals including the pending sanction for the Tambaram-Chengalpattu elevated expressway corridor.

In a post on social media platform X, the chief minister highlighted the people's expectations from the Union Budget, saying that for about 10 years, middle-class families have been hoping that their income tax burden would be reduced and tax relief provided to them.

Among the state's expectations, he listed the approval for Metro Rail projects in Coimbatore and Madurai, allocation of adequate funds for already announced railway projects in Tamil Nadu and increasing the expenditure limit under the Centre's rural and urban housing schemes (PM Awas Urban/Gramin schemes). "I believe that the union government will fulfill the expectations of the Tamil Nadu people," Stalin said in his post.

Union Finance Minister Nirmala Sitharaman will present the Union Budget on July 23.



Maha sees 1,267 farmer suicides since Jan this year; Amravati division worst hit

PTI ■ MUMBAI

A total of 1,267 farmers have committed suicide in Maharashtra in the first six months of this year, with Amravati division in the state's Vidarbha region accounting for 557 deaths.

As per January to June data in a state government report, Chhatrapati Sambhajnagar division was second with 430 deaths, followed by 137 in Nashik division, 130 in Nagpur division and 13 in Pune division. No death was reported in the coastal Konkan division.

According to the National Crime Records Bureau, in 2022, Maharashtra led with 37.6 per cent of all farmer suicides in the country. The NCRB said 11,290 persons involved in the farming sector, comprising 5,207 farmers or cultivators and 6,083 agricultural labourers, ended their lives in

2022. This accounted for 6.6 per cent of all suicides in the country, which stood at 1,70,924.

In 2021, 10,881 persons involved in farming, comprising 5,318 farmers and 5,563 agricultural labourers, committed suicide, with Maharashtra accounting for 37.3 per cent of these deaths.

As per NCRB data, a total of 1,64,033 persons committed suicide in 2021 and those connected to farming comprised 6.6 per cent.

In 2020, a total of 10,677 individuals in the farming sector (5,579 farmers or cultivators and 5,098 agricultural labourers) died by suicide, which was 7 per cent of the 1,53,052 such deaths nationwide.

Maharashtra accounted for 37.5 per cent of the deaths in 2020.

Incidentally, Maharashtra is also the highest contributor in the country's GDP.

Assam flood situation improves, 1.30 lakh still affected in State

PTI ■ GUWAHATI

The flood situation in Assam improved on Sunday with the number of people reeling under the deluge decreasing to 1.30 lakh in 10 districts, officials said.

Two major rivers, including the Brahmaputra, continued to flow above the danger level. A central team, comprising top officials from various ministries, visited the state to assess the damage caused by two waves of floods this year.

Over 1.30 lakh people in 23 revenue circles and 423 villages across 10 districts remain affected in the state, the officials said.

The affected districts are Kamrup, Morigaon, Dibrugarh, Sivasagar, Golaghat, Nagaon, Dhemaj, Goalpara, Kamrup Metropolitan and Cachar.

Nagaon is the worst-hit district with more than 72,000 people still reeling under the deluge.

Till Friday, the number of



houses, roads and other infrastructure across various districts has also been reported.

The eight-member inter-ministerial central team to assess damage due to the flood wrapped up their three-day visit on Saturday.

The team, led by Ministry of Home Affairs Joint Secretary Mihir Kumar, visited several flood-affected areas and held discussions with senior state government officials.

Additional Chief Secretary Ajay Tiwari apprised the central team of the flood situation.

He said cyclone Remal triggered the first wave of flood and the state was hit by two waves of the deluge.

Assam State Disaster Management Authority CEO Gyandendra Dev Tripathi requested the central team to declare the two waves of flood as calamities of a severe nature and to recommend the release of Rs 500 crore on an interim basis.

IIT-Guwahati to study reasons for artificial flood in Dibrugarh: Sonowal

PTI ■ DIBRUGARH (ASSAM)

Union Minister Sarbananda Sonowal said on Saturday that services of IIT-Guwahati will be enlisted to study the cause of artificial flood in Assam's Dibrugarh city, and based on its findings, a master plan will be prepared to solve the problem.

He also stressed on the need for the civic bodies to address issues such as encroachment to help find a permanent solution for the water logging, an official statement said.

The city witnessed massive artificial floods this year, even as some parts of Dibrugarh continued to reel under waters. The minister visited Nalipool area of the city to inspect the drainage and sewerage system and called upon local authorities to hedge all efforts, resources and knowledge to chalk out a sustainable and pragmatic solution to the water logging problem. The minister for ports, shipping and waterways said IIT-Guwahati will study the causes of



artificial flood in the city, based on which a master plan will be prepared and corrective measures will be taken to fix the artificial flooding in the city.

Sonowal, who is the MP from Dibrugarh, also called up Chief Minister Himanta Biswa Sarma in this regard, the statement said.

Speaking on the occasion, Sonowal said, "The artificial flood in Dibrugarh is a cause of concern and we must find a solution that is economically prudent, ecologically viable and environmentally sustainable."

"The IIT Guwahati is going to study the causes, which have thrown the life of Dibrugarh

Bihar to conduct 'indoor air pollution' study

PTI ■ PATNA

The Bihar State Pollution Control Board (BSPCB) has decided to conduct an "indoor air pollution" study in Patna to identify types of pollutants inside people's homes and their effects, besides suggesting corrective measures.

The study will be first conducted in the capital city and later it will be held in Gaya, Muzaffarpur and a few other cities of the state.

Talking to PTI, Devendra Kumar Shukla, Chairman of the BSPCB, said, "We have initiated talks with the IIT-Tirupati for conducting indoor air pollution study in Patna to identify types of indoor air pollutants, their effects and also suggest corrective measures to reduce it. Our talks with IIT-Tirupati are expected to be finalised very soon." Bihar is probably the first state in India which has decided to conduct an



indoor air pollution study, he said "People must know about the pollution levels inside their homes. The study will be conducted by dividing the city into various zones. A few houses will be selected from each zone for the study using modern techniques," said the BSPCB head.

Air pollution is mostly considered an outdoor concern, but studies suggest that indoor air can be

of indoor air pollution are becoming a serious matter globally. The most affected groups are women and younger children, as they spend the maximum time at home. Indoor air pollutants can cause respiratory infections, chronic bronchitis and several other diseases, said Shukla.

Stating that the Indo-Gangetic plains are worst affected due to air pollution, mainly because of dust, he emphasized the need for long-term measures to curb air pollution.

"As for controlling vehicle emissions, there should be a proper traffic system in cities, including Patna, so that there are no bottlenecks that result in snarls which hike pollution," said the BSPCB Chairman.

The poor air quality, especially during winter, in various cities in Bihar has always remained a matter of concern for the authorities.

Revanth Reddy in Delhi to invite top Cong leaders for farm-loan waiver event

PTI ■ NEW DELHI

Telangana Chief Minister A Revanth Reddy arrived in New Delhi on Sunday for a two-day visit to invite top Congress leaders for a public meeting in Warangal focused on farm-debt waiver programmes. Sources said Reddy is slated to meet Congress president Mallikarjun Kharge and is also likely to seek time from former Congress chief Rahul Gandhi for the public meet.

The chief minister wants to inform the Congress leadership that since farm-loan waiver was announced in Warangal during the Assembly poll campaign, it would be fitting for the party to hold a public meeting there to highlight its implementation, the sources added. The Telangana government



initiated the first phase of the loan waiver scheme on July 18, with Rs 6,098 crore credited to farmers' bank accounts. This phase covers loans of up to Rs 1 lakh. The scheme will be rolled out in three phases, with the second phase targeting loans of up to Rs 1.5 lakh by July-end and the final phase covering loans of up to Rs 2 lakh in August. Reddy's Delhi visit comes on the heels of the launch of this flagship scheme, underscoring its importance on the Congress government's agenda. Farm loan waiver was a major promise that helped the party secure poll victory in the southern state.

Karnataka HC quashes POCSO case against a man after marriage to victim

PTI ■ BENGALURU

The Karnataka High Court has quashed criminal proceedings against a 23-year-old man from Mysuru, who had allegedly sexually assaulted a 18-year-old when she was a minor, following their marriage and production of their marriage certificate.

Justice M Nagarasanna emphasised that the Protection of Children from Sexual Offences (POCSO) case could be revived if the accused abandons the girl and their child after the case's closure. The court had earlier granted interim bail to the accused to facilitate the marriage with the victim (after she attained the age of 18), requiring him to return to jail with the marriage certificate. The accused complied with it.

The court has ruled that continuing the proceedings would negatively impact the mother and child, leading to societal stigma.

The incident occurred on February 2, 2023, when the accused took the school-going girl to an isolated location and allegedly sexually assaulted her. The girl subsequently gave birth to their child. Both parties' accused and the victim through their legal representatives submitted that they were in love, but faced parental opposition. They had sought closure of the proceedings, considering the accused's wish to marry the victim.



No shortage of coal for power sector: Minister Kishan Reddy

PTI ■ KOLKATA

Union Minister G Kishan Reddy said there is "no shortage" of coal for the power sector and the Centre will ensure adequate supply of the dry fuel to meet demand.

The long-term demand will be met by increased productivity of Coal India and commercial mines, he said.

"We are supplying coal to all thermal power plants. We have requested plants based on imported coal to switch their technology to utilise domestic fuel. There is no shortage of coal in the country," Reddy, the minister for coal and mines, told PTI.

Coal production usually faces hindrances during the

monsoon season. Some technical issues related to commercial mines were being addressed, he said without divulging the details.

Speaking on the power ministry's advisory related to four per cent imported coal blending for domestic thermal plants, the minister said, Coal India is successfully ramping up production but the blending is advised to "mitigate the risk of blackout due to sudden rise in electricity demand".

Earlier this month, the Nominated Authority of the Coal Ministry held a meeting to review the status of both operational and non-operational captive and commercial coal mines. During the meeting, the



authority stressed on the need for operationalising coal blocks that are in advanced stages of development. The department appreciated efforts of all allottees in increasing coal production and urged them to achieve the committed output targets for the 2024-25 financial year.

(FY25). The Ministry of Coal has allocated or auctioned 161 mines with a peak-rated capacity of 575 million tonnes. Of these, 58 have received mine opening permission, and 54 are operational. Last year, these mines

produced 147 million tonnes, constituting 15 per cent of the country's total coal production.

In a review meeting held in early June, Reddy stressed on exploration of more blocks for auctions.

The government had relaxed technical eligibility for coal block auctions to attract more participants. It has recently concluded the 10th round of coal block auctions.

The union minister had urged all stakeholders to work diligently to achieve at least 175 million tonnes of production from captive and commercial coal blocks this year, representing a 19 per cent growth. As of June 30, 54 captive and

commercial coal mines are under production, with 32 allocated to the power sector, 12 to the non-regulated sector and 10 for the sale of coal.

The current production from these mines stands at 39.53 million tonnes, registering a strong 35 per cent year-on-year growth.

An additional 11 mines are expected to commence production in FY25.

Furthermore, 65 non-operational coal blocks are in various stages of obtaining regulatory clearances, distributed across nine states - Arunachal Pradesh, Assam, Chhattisgarh, Gujarat, Jharkhand, Madhya Pradesh, Maharashtra, Odisha, and West Bengal, the ministry said.

Chhattisgarh Assembly session: Congress looks to target BJP Govt on law and order

PTI ■ RAIPUR

The monsoon session of the Chhattisgarh legislative assembly, scheduled to begin on Monday, is expected to be a stormy affair with the opposition Congress gearing up to corner the ruling BJP on the "deteriorating" law and order situation among other issues. The Congress said it will gherao the state assembly on July 24 to protest against the alleged deteriorating law and order situation, particularly the violence in Balodabazar city last month. Addressing a press conference here, state Congress chief Deepak Bajaj on Sunday said the last seven months of the Vishnu Deo Sai government saw four incidents of firing in the state capital, and inter-state gangsters have been spreading tentacles in Chhattisgarh. Bajaj claimed 300 cases of rape, 80 incidents of gangrapes and more than 200 murders were reported in the state in seven months. "There have been countless incidents of stabbing, looting, robbery and chain-snatching. The BJP has failed to protect the common man," he claimed. While the previous Congress government strengthened the law and order situation in the state, the Sai government has destroyed it in just seven months, he said, accusing the state home minister of making empty statements.



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PAPER WITH PASSION

Trouble in Bangladesh

Students rampage in Bangladesh protesting job quota for veterans' families; India calls it an 'internal matter'

Bangladesh is going through the worst phase in years as students have taken to the streets protesting the Government's 30 per cent quota for relatives of the veterans who fought its war of independence in 1971. A national curfew has been imposed and the army has been deployed after 105 people including two journalists died in the bloodiest protests for a decade. A 'shoot-on-sight' order is also in place giving security forces the authority to fire on mobs, showing the gravity of the situation. Slowly but surely the student protest is turning into an all-out protest against the government as student protesters stormed a prison and freed inmates. The students maintain that job reservation for families of veterans mostly benefits supporters of Hasina, whose Awami League party led the independence movement. Students are struggling in a country where around 32 million young people are neither employed nor in education. Although job opportunities have



increased in certain areas of the private sector, many individuals prefer government jobs due to their perceived stability and better pay. The Government's crackdown on the protesting students has had little effect in controlling the violence. The protests, which began earlier this month, have led to widespread unrest and disruption across the country, leaving many foreign students in precarious situations.

About 15,000 Indians live in Bangladesh, of whom around 8,500 are students. Around 4,000 students are still awaiting their turn to be evacuated. The MEA spokesperson Arindam Bagchi has

confirmed that 1000 Indian students have been safely brought back home. The families are anxiously waiting for the return of stranded students. The Indian High Commission in Dhaka has set up a dedicated helpline to assist students and provide real-time updates on the repatriation process. Students have been advised to stay in touch with the mission and follow its guidance closely. A communication blackout has been in place since Thursday, including the suspension of mobile data and text message services. Besides, the Government's high-handedness in dealing with the protests has only escalated the tension and put the Hasina Government in a bad light. Prime Minister Sheikh Hasina's government is facing one of the most severe challenges of her 15-year tenure. Indeed, it is one of the biggest challenges Sheikh Hasina has faced in years. The student protests are turning into general protests against the government. Sheikh Hasina has appealed to students to wait for the court verdict on the issue but to no avail. India meanwhile has termed the unrest in the neighbourhood as an 'internal matter of Bangladesh' but must be concerned as Sheikh Hasina's Government maintains good relations with India and any disruption may impact Indo-Bangladesh relations.

PICTALK



Devotees wait in queues to offer prayers at Vindhyavasini Temple on the occasion of Guru Purnima, in Mirzapur

The evolution of cricket and umpiring

Cricket has undergone significant transformations. The journey includes not only victories but also bloopers and game changing umpiring mistakes

The elusive cup reached home amidst thunderous applause and the rapturous welcome of the men in blue. As the euphoria settles and the cricketers (a lot richer) and fans (a lot happier) go home, it is time to look back and think about the evolution of the game and its future direction. As ardent followers of the game, it made us think how far we have come from the age of Maharaja Ranjitsinh ji to Kerry Packer to the glam world of the IPL. The history of cricket can only be complete with the history of bloopers, misjudgements and game-changing (quite literally) umpiring mistakes. The love-hate relationship between the Indian cricket team and umpire Steve Bucknor is well known, particularly in the famous monkey-gate test match. We still remember vividly the anger we felt when Sachin Tendulkar was given out LBW in a controversial decision by Bucknor when India toured down under in 2003. However, we have come a long way since then, thanks to the ever-increasing use of technology. The gentleman's game has a rich history of evolution in its rules and regulations, particularly in umpiring. Initially, cricket matches featured just one umpire, but as the game grew in complexity and intensity, it came the system of having two umpires. The second umpire, positioned at square leg, was introduced to assist with decisions that the main umpire at the bowler's end might miss, such as run-outs and stumping, thereby enhancing the accuracy and fairness of on-field decisions. In the 1990s, the third umpire system, enabled by technology, changed cricket umpiring. What the field umpires considered unjudgeable, they could now refer to the third umpire, who in turn can watch theoretically unlimited replays of what transpired before giving a verdict... The Decision Review System (DRS), introduced more recently, further revolutionised the game. It allows players to challenge on-field umpire decisions, with the third umpire reviewing the play using various



technological aids like ball-tracking and ultra-edge detection. This system has given more power to players and increased the accuracy of decisions. Statistics highlight that out of the 1,201 umpire decisions made during test matches between 2009 and 2014 that were challenged, 310 (25.81%) were overturned by a third umpire. Research that accounted for various match and team factors conducted logistic regressions to demonstrate the following: (1) Leg before wicket (LBW) and caught decisions that are initially deemed "out" by the on-field umpire are more prone to being overturned compared to decisions ruled "not out"; (2) When it comes to both LBW and caught decisions, there is an equal likelihood of the home and away teams winning a reversal by the 3rd umpire. Compared to cricket, sports like football demonstrate a compelling need for on-field officials due to the game's fast-paced nature. Football referees make instantaneous decisions on fouls,



THE ADVANCEMENT OF TECHNOLOGY IN CRICKET UMPIRING HAS UNDENIABLY ENHANCED THE ACCURACY OF DECISIONS AND THE INTEGRITY OF THE GAME. HOWEVER, TECHNOLOGY CANNOT REPLACE UMPIRES' HUMAN TOUCH

yellow and red cards, and off-side calls, which are critical for maintaining the flow and fairness of the game. While technology, such as the Video Assistant Referee (VAR), supports these decisions, the subjective nature of many calls—like tackles or hand-balls—requires the immediate and nuanced judgment of on-field referees. This dynamic is quite similar to cricket, where the on-field umpires' interpretation of situations, like appealing for a catch or judging a no-ball, often involves subjective judgment that technology alone cannot fully replicate. Despite the evident utility of on-field umpires, modern technology has permeated the game so much that the need for having on-field umpires is becoming questionable. The advancement of technology in cricket umpiring has undeniably enhanced the accuracy of decisions and the integrity of the game. However, technology cannot replace umpires' human touch throughout the game

by managing player interactions and upholding decorum. However, the current system of having two on-field umpires now brings an element of redundancy. One on-field umpire renamed as a referee, supported by comprehensive technological systems and a vigilant remote umpire, could suffice. While the remote umpire can pass decisions aided by technology, the referee could help smooth the conduct of the game and ensure that all the rules and spirit of the game are upheld. This would streamline the officiating process and speed up the game. This hybrid model that combines the strengths of human wisdom with technological aids could offer the best solution, ensuring the game's efficiency and integrity are upheld. After all, cricket is a gentlemen's game. It should remain a gentlemen's game. (Rahul Pachori is Director, GOI, and Divya Singh Rathore is Senior Policy Specialist, GOI. Views expressed are personal)



RAHUL PACHORI



DIVYA SINGH RATHORE

LETTERS TO THE EDITOR

NARCOTIC HELPLINE LAUNCHED

Madam — On 18th July, the Union Home Minister inaugurated the National Narcotics Helpline, 'MANAS' (Madak Padarth Nishedh Asuchna Kendra). The helpline, accessible through the toll-free number 1933, a web portal, and a mobile app, allows citizens to anonymously report drug trafficking activities. Although 'MANAS' collects personal information, it guarantees that the identity of the informant will be kept confidential.

This anonymous reporting system could be expanded to cover other types of crimes. 'Crime Stoppers', a collaborative effort between police and civil society, enables citizens to anonymously provide information about crimes or suspects via phone calls, online forms, or mobile apps. Many individuals, despite having critical information about crimes, are hesitant to speak directly with the police due to fears of testifying or concerns for their safety. Crime Stoppers ensures the anonymity of those reporting suspected criminal activities. Crime Stoppers helplines do not display caller numbers or trace calls.

Upon receiving a call or a completed anonymous online form, they compile a report that excludes any information that could identify the caller. This report is then forwarded to the relevant authority, such as the police, customs, or the NCB, for further investigation. Founded in the US in 1976 (1-800-222-TIPS), Crime Stoppers has since been adopted in the UK (0800 555 111), Australia (1800 333 000), and South Africa (08600 10111). Since its inception in the UK in 1995, Crime Stoppers has received over 2.2 million actionable calls, leading to the arrest and charging of more than 151,000 individuals and the seizure of illegal drugs worth over £367 million.

According to the recent National Crime Records Bureau (NCRB) Report 2022, released in December 2023, 5,824,946 cognizable crimes were registered in

Learning from the Microsoft server outage



The recent global disaster caused by Microsoft's server outage highlights the need for preparedness against such failures and cyber-attacks. A glitch in the system can play havoc across the world.

The outage disrupted air traffic, banking, TV broadcasting, government and non-government operations, and even emergency services in America. It's ironic that this happened alongside the implementation of new cybersecurity measures, which themselves can jeopardize security. While technology is integral to modern life, the dominance of a few large tech companies poses risks.

These firms often impose arbitrary conditions on users and create different rules for different countries. To counteract this, governments must collaborate to curb the monopolies of private digital businesses. Whether major nations can unite against these internet giants is uncertain, but India could take steps in this direction.

Abhijit Roy | Jamshedpur

2022. This includes over 1,200 crimes against women and 445 crimes against children per day. The establishment of an Indian Crime Stoppers initiative is urgently needed.

Srinivas Madhav | Hyderabad

KARNATAKA'S JOB RESERVATION BILL

Madam — This is regarding the news that Karnataka CM is slowing down on the private sector job quota bill (July 19). Chief Minister Siddaramaiah's decision to delay the Job Reservation Bill for Kannadigas, amidst political opposition, is a step in right direction. The industry's concerns that such a bill could hinder innovation and competitiveness are valid. The government's lack of consultation with the Federation of Karnataka Chambers of Commerce and Industry suggests ulterior motives. Instead, the focus should be on improving skill development programs and educational environments to address local unemployment effectively.

Yugal Kishore Sharma | Faridabad ADDRESSING WEAVER SUICIDE

Madam — The frequent suicides of weavers due to financial problems and lack of buyers for expensive woven cloth are distressing. A practical solution would be to employ weavers in textile industries, as traditional weaving is becoming more of a hobby for the rich in the age of mechanized, inexpensive cloth. The high price of handwoven clothes cannot compete with industrial cloth.

The frequent suicides of weavers due to financial struggles and lack of buyers for expensive handwoven cloth are alarming. Employing weavers in textile industries could be a practical solution, as traditional weaving is becoming a luxury hobby. Handwoven clothes can't compete with cheaper industrial cloth, and high electricity costs make mechanized weaving expensive.

PV Madhu Nivriti | Secunderabad

Bihar's business boom: A new era of development

As Bihar strengthens its infrastructure and undertakes reforms, it is poised to become a hub of economic activity and innovation



RAJESH KUMAR SINGH

A year ago, when the Adani Group decided to invest Rs. 8,700 crore in Bihar, it attracted the attention of investors from all over the country. The bureaucracy of Bihar, supporting the Nish government, has made development and investment its campaign. Why can't entrepreneurs come here? The credit goes to the officers who returned from central deputation in Delhi. Additionally, Nitish Kumar, the head of the current NDA government in Bihar, strengthened his political connections. In Delhi, many JDU MPs became influential in the power corridors, such as Lallan Singh and Sanjay Jha, whose responsibilities increased. Bihar has successfully convinced the Center, resulting in several policy changes in energy and industry. As a result, Bihar is becoming self-sufficient in energy, a development appreciated in other BJP-ruled states. Similarly, the process of identifying and allocating land for industry has begun, and naturally, investors have started project reconnaissance. This seems to be a turning point. In



tourism, officials started working tirelessly to provide important information, and selfie points began to be established at tourist locations. Consequently, groups like Mayfair Hotel opened Bihar's first five-star hotel in Purnia. This new initiative led to proposals worth about Rs.10,000 crores in the field of food processing at the Bihar Investors Meet. However, Bihar's misfortune has been that although proposals came in, investors did not follow through in proportion. But now, the situation is changing. A cursory glance shows that Bihar is an agriculture-based state. The state's agriculture roadmap discusses processing units for various crops like fruits, vegetables, grains, and makhana. Especially, products of litchi, mango, guava, banana, makhana, potato, and toma-

to have been the main focus. Many investors showed interest, but most left projects incomplete. Currently, according to the Chamber, 15 companies are interested in food processing and have expressed a desire to invest about Rs10,304 crores. Companies like Godrej, Anmol Foods, and Bangladesh's Pride Food are also showing interest. Prime Minister Modi has appointed Bihar's young minister Chirag Paswan and experienced minister Giriraj Singh in these ministries with great expectations. Bhagalpur silk has now entered the international market for the textile industry in Bihar. Additionally, many units related to handloom and khadi clothes are working on a very small scale in Bihar. Until now, investors were unaware of Bihar's cottage industry potential. The responsibility for expanding this sector lies with senior leader and MSME Minister Jitan Ram Manjhi. The climate here is also suitable for the textile industry. The government has 44 old proposals regarding textile, leather, and food processing that need

to be brought to Bihar. In the past, many reasons hindered industrial growth in Bihar. Law and order problems were discouraging, but now better electricity and roads are attracting everyone. Today, India is the third-largest domestic civil aviation market in the world after China and America. Some states like Bihar lagged in aviation due to political differences, but the Bihar government is now gearing up for aviation infrastructure. In the proposed aviation plan for Bihar, apart from the Greenfield Airport in Bhagalpur and Rajgir, a Flying Training Academy in Begusarai, small cities of Bihar are also included. Existing airstrips in Saharsa, Munger, Birpur, Valmiki Nagar, Chhapra, Madhubani, Kishanganj, and Dalmianagar will be renovated and upgraded. In the Kosi area, many highway constructions are underway. The day is not far when, Bihar transforms into a developed state but it depends on preferential treatment the state gets in Union Budget.

(The writer is senior journalist; views are personal)

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FIRST COLUMN

THE IMPORTANCE OF WORKPLACE ETIQUETTE

It enhances individual career opportunities and builds a professional image



SAKSHI SETHI

Manners are essential in the workplace for several reasons, as they contribute significantly towards the overall functioning and atmosphere of the work environment. The transition from being a student to a working professional comes with its own set of challenges, including the need to adapt to workplace etiquette.

Much talked about, the term 'Workplace etiquette' is simply the anticipated behaviour and actions of a person in a workplace and society which includes being respectful to others and always keeping a well-mannered behaviour thereby creating a comfortable environment for everyone. It is a guide for actions in different situations and how to deal with those situations while being courteous to the employer and co-workers. It varies from one workplace to the other and serves as a map to every organization.

It is often said that first impressions are everlasting and in a professional setting, they can significantly influence perceptions and opportunities. Being punctual, wearing appropriate dress and polite greetings help create a positive first impression. When the employees exhibit these behaviours, they demonstrate respect for their colleagues and the organization thereby setting a tone of professionalism from the outset. This event fosters a cooperative environment where employees feel valued and are more likely to work together productively. For a few, this can even open doors to new opportunities, promotions and career advancements. Employers value individuals who contribute positively to the work environment and represent the company well. There is no denying the fact that respect and trust are the foundations of any successful professional relationship.

Adhering to workplace etiquette such as active listening, avoiding interrupting others and acknowledging contributions, fosters an environment of mutual respect. This respectful behavior builds trust among colleagues, facilitating smoother collaboration, and harmonious and efficient teamwork. An organisation that promotes and



expects proper etiquette is seen as more professional and reputable. This can attract top talent, clients as well as business partners who want to be associated with a respectful and well-mannered organization. It is often said that trust, once established, enhances communication and encourages open sharing of ideas, thereby leading to innovative solutions and better decision-making. Utilizing etiquette in the workplace can ensure that everyone feels comfortable while being productive.

Maintaining workplace etiquette goes a long way in ensuring that one commands the respect of co-workers and superiors and that the individual's professional image remains unblemished. Remember, an employee will be a much more valuable staff member if they stay alert, tune into conversations around them and contribute to the general discourse. Undoubtedly, in any workplace, conflicts are inevitable, but proper etiquette can help resolve them.

Approaching conflicts with a calm and respectful demeanour, listening to all perspectives and seeking mutually beneficial solutions prevent escalation and help in maintaining a positive work environment. Escalation should be the last resort but one shouldn't shy away if needed.

(The writer is an educator; views are personal)

Harnessing ancient wisdom for economic prosperity



B K JHA

The time is ripe for Bharat to make use of its historical wisdom, embrace global opportunities, and drive towards a prosperous and inclusive future

As Bharat aspires to become the third largest economy in the world, it must not only focus on achieving this goal but also focus on sharing surplus to create a vibrant and inclusive society. The author of 'Arthashastra', Acharya Chanakya, says 'Dharmasya Moolam Arthah' (Economy is the Strength). Hence, the land of Chanakya needs a clear vision—Making Society Prosperous with a mission of creating and sharing surplus wealth. The ancient wisdom of the Vedas, "Sat Hasta Samahara, Sahastra Hasta Sankira," translates to "Create wealth with 100 hands and share it with 1,000 hands." Hindus contributed significantly to the world economy from the 1st to the 15th century CE, reflecting their understanding of wealth creation and distribution. Hindu civilization's prosperity is evident in the magnificent monuments of past and present such as Harappa and Mohenjo-Daro, Lothal, Nalanda and Takshila University, Ayutthaya in Thailand, Angkor Wat in Cambodia, Prambanan and Borobudur in Indonesia, and the temples of Rameshwaram, Brihadishwara, and Meenakshi in Bharat. However, this prosperity was lost during periods of Islamic invasion, colonial rule, and the Industrial Revolution.

The 21st-century economy is driven by knowledge and youth, and with a significant portion of the Hindu population being young, there is an inherent potential waiting to be unlocked. The current economic boom, coupled with the recession of major economies, has created turmoil worldwide. Traditional responses, such as cost-cutting and protectionism, are insufficient. What is needed is a new and creative approach to generating surplus wealth and rescuing the global economy from its current crisis. Today, while some economies face turbulence, emerging economies offer great opportunities. The challenge is how to leverage the global situation for collective growth. Hindus should cooperate and collaborate globally to facilitate market access across geographic zones and countries, from Auckland to Alaska and Oslo to Johannesburg. Similarly, there should be cooperation in capital availability and technological innovation, matching technically savvy Hindus with those who can turn innovation into business opportunities. The fundamental problems of hunger, poverty, and illiteracy cannot be solved merely through donations and charity.

A growing population has growing needs, which can be addressed only by creating surplus wealth and empowering the masses, especially those at the bottom of the pyramid. This approach aligns with the philosophy of creating "That, which sustains," and aims to eradicate hunger, poverty, and illiteracy. Historical evidence shows that the British plundered Bharat extensively. Economic historian, Utsa Patnaik's research suggests the British colonial regime looted almost USD 45 trillion from India from 1765 to 1938. This astronomical sum is fifteen times the annual GDP of the UK today. This wealth funded the Industrial Revolution in England, highlighting the significant economic contribution of Bharat. Nations and communities regain their

economic strength through cooperation and dedication. For instance, the Jews rebuilt themselves after the Holocaust through networking, community support, and self-organization. Similarly, Japan and Germany emerged as economic superpowers after World War II, and China has become the second-largest economy since 1950. The GDP of Bharat in 2015 was USD 2.07 Trillion. Now it is slightly over USD 3 trillion. In the next three years, the nation aims to achieve USD 5 trillion.



THE CONCEPT OF LINKING HINDUISM WITH ECONOMIC GROWTH FIRST EMERGED IN FEBRUARY 1973, WHEN BPR VITHAL, WRITING UNDER THE PSEUDONYM NAJIN YANUPI, REFERRED TO THE RATE OF GROWTH OF INDIA'S PER CAPITA INCOME, SUGGESTING A RANGE OF 1% TO 3%

No matter what they did, growth seemed, invariably, to revert back to 3.5%, almost as if this magic figure was written in the land's scriptures." Since then, many economists, including former Deputy Chairman of the Planning Commission Montek Singh Ahluwalia (1995) and former Chief Economic Advisors Shankar Acharya (2002) and Arvind Virmani (2006), have

explored the theme of the Hindu rate of growth. The smooth legitimization of this phrase, despite its contemptuous undertones towards Hinduism in a predominantly Hindu country, highlights the tolerance and acceptance of those who practice this faith. Equating slow GDP growth with Hinduism and attributing economic stagnation to religion is being seen as a challenge now. Credits go to an IIT alumnus Swami Vigyananand, the Founder, of the World Hindu Economic Forum (WHEF) who created a global forum with a mission to 'Making Society Prosperous.' The journey of economic resurgence for the Hindu community began in 2012 in Hong Kong and has since traversed global locations such as Bangkok, New Delhi, London, Los Angeles, Chicago, and Mumbai. Despite the challenges posed by the COVID-19 pandemic, the movement has continued to expand through digital business networks and local chapters.

Rooted in the philosophy of the Bhagwad Gita, the focus remains on forward-thinking and sustainability to generate surplus wealth and enhance societal well-being. This socio-economic non-governmental organization is set to host its highly anticipated event- WHEF 2024 in Mumbai. The mega business conference and exhibition will be organized from December 13th to 15th, 2024. With the theme "Think in Future, for the Future," this forum aims to cultivate forward-think-

ing and sustainable economic strategies. 'Viksit Bharat,' (Developed India), Industry 4.0, Skill Development, E-Commerce, Capital Market, and Regional Opportunities are expected to be in focus. Hindus now aim to gain at least 16% of the world's GDP in proportion to their population share.

By fostering cooperation and collaboration globally, facilitating market access, supporting financial ecosystems, and encouraging technological innovation, the community can drive economic empowerment and social development. By fostering and mentoring enterprise and entrepreneurship, the community can collectively drive economic growth and secure a prosperous future. Communities and nations regain their economic strength when they work with a spirit of cooperation and single-minded dedication. This collaborative approach can lead to significant contributions to the world GDP, visibility, acceptability, and respectability for the Hindu community. As Bharat marches towards becoming the third-largest economy, the focus needs to be on creating and sharing surplus wealth. By leveraging historical wisdom, fostering global cooperation, and embracing forward-thinking and future-ready strategies, the community can drive economic empowerment and social development, ultimately contributing to a prosperous and inclusive society.

(The author is a senior journalist and the views expressed are personal)

India's bold climate leadership amidst global heatwave concerns

India stands out as a beacon of hope, demonstrating unwavering commitment through innovative climate initiatives and sustainable practices

This year's record spell of an intense heatwave in Delhi, during which temperatures touched 50°C, highlighted concerns over the adverse effects of climate change globally. India remains a beacon of hope through its actions as part of the global efforts to stem climate change. Through myriad initiatives, the country has demonstrated its unwavering commitment to environmental sustainability. India's journey toward climate action began in 2009 when the country voluntarily pledged to reduce the emissions intensity of its GDP by 20-25% by 2020 compared to 2005 levels. Impressively, India achieved a 24% reduction within the stipulated timeframe. In alignment with the Paris Agreement, India submitted its



SOURYABRATA MOHAPATRA

Nationally Determined Contributions (NDCs) to the UNFCCC in 2015, setting forth eight ambitious targets for 2021-2030, further reinforcing its commitment to combating climate change. Tree plantation and forest conservation are at the heart of India's environmental efforts. Through programs like the National Mission for Green India and the Compensatory Afforestation Fund

Management and Planning Authority (CAMPA), India encourages the use of barren land for tree plantations. The country ranks third globally in net forest area gain, with 21.71% of its geographical area covered by forests. Initiatives like the Green Credit Program further incentivize tree plantation and forest restoration. India's commitment to wetland conservation is equally impressive, with 80 designated Ramsar sites. The Mangrove Initiative for Shoreline Habitats and Tangible Incomes (MISHTI) aims to promote and conserve mangroves, which are vital for carbon storage and marine biodiversity. The country has implemented the Plastic Waste Management Amendment Rules, 2021, ban-

ning the use of single-use plastics. Renewable energy is another area in which India excels. The National Green Hydrogen Mission, launched in January 2023, aims to position India as a leader in green hydrogen technology. The country ranks fourth globally in renewable energy capacity. India's environmental initiatives extend beyond its borders. The country plays a pivotal role in global platforms such as the Global Alliance for Circular Economy and Resource Efficiency. India has made notable strides in addressing climate change, earning a commendable 7th place in this year's Climate Change Performance Index (CCPI), up one spot from last year, making it one of the highest performers globally.



India's high ranking in the GHG Emissions and Energy Use categories underscores the country's efforts to manage its environmental impact despite its large population. Notably, India's per capita emissions remain relatively low, aligning with global benchmarks aimed at limiting temperature rise to well below 2°C above the pre-industrial average.

However, the path forward is complex, and critical areas still require focused attention and accelerated action. India continues to rely heavily on coal, oil, and gas to meet its growing energy demands. This dependence is a major contributor to GHG emissions and severe air pollution, especially in urban areas. While there is a slight positive trend in the adoption of renewable energy, the pace of this transition is too slow to meet urgent climate goals.

Despite high marks in emissions and energy use, India receives a medium rating in Climate Policy and Renewable Energy. The country has clear long-term policies focusing on renewable energy, including the domestic manufacturing of renewable energy com-

ponents. Yet, the implementation of these policies needs to be more effective. The COP26 announcement by Prime Minister Modi, setting a net-zero emissions target for 2070, has been criticized by experts for lacking ambition. The call for a faster phase-out of coal, reduced reliance on gas, and a significant expansion of renewable energy is strong.

India's heavy reliance on coal presents a significant challenge. Despite high taxes on petrol and diesel, consumption has not decreased. Some experts view these taxes as effective, while others highlight the government's dependence on the revenue they generate. The rephrasing from 'phase-out' to 'phase-down' for fossil fuels, championed by India

and China at the last COP, was a setback for global climate commitments. Large-scale renewable energy projects in India have also faced criticism for negatively affecting local communities through land grabs and unequal resource distribution. Policies have been largely mitigative rather than transformative, often overlooking adaptation and disaster risk management. There is a growing call for policies that incorporate ecosystem-based solutions and prioritize equity, ensuring that climate actions benefit all segments of society. India needs a more bottom-up approach to policy implementation, incorporating the needs and demands of tribal and rural communities.

(The writer is a NCAER faculty; views are personal)

B'desh top court scales back govt jobs quota

Deadly unrest leaves scores dead

AP ■ DHAKA
 Bangladesh's top court on Sunday scaled back a controversial quota system for government job applicants, in a partial victory for student protesters after days of nationwide unrest and deadly clashes between police and demonstrators that have killed scores of people. Students, frustrated by shortages of good jobs, have been demanding an end to a quota that reserved 30% of government jobs for relatives of veterans who fought in Bangladesh's war of independence in 1971. The government previously halted it in 2018 following mass student protests, but in June, Bangladesh's High Court reinstated the quotas and set off a new round of protests. Ruling on an appeal, the Supreme Court ordered that the veterans' quota be cut to 5%, with 93% of jobs to be allocated on merit. The remaining 2% will be set aside for members of ethnic minorities and transgender and disabled people. The protests have posed the most serious challenge to Bangladesh's government since Prime Minister Sheikh Hasina won a fourth consecutive term in January elections that were boycotted by the main opposition groups. Universities have been closed, the internet has been shut off and the government has ordered people to stay at home. The protests turned deadly on Tuesday, a day after students at Dhaka University began clashing with police. Violence continued to escalate as police fired tear gas and rubber bullets and hurled smoke grenades to scatter stone-throwing protesters. Bangladesh authorities haven't shared any official numbers of those killed and injured, but the Daily Prothom Alo newspaper reported



An injured student is carried on a stretcher as students clash with police over the quota system in public service brought to a hospital, in Dhaka, Bangladesh, on Saturday, July 20

Saturday that at least 103 people have died so far. Sporadic clashes in some parts of Dhaka, the capital, were reported on Saturday but it was not immediately clear whether there were any fatalities. Ahead of the Supreme Court hearing, soldiers patrolled cities across the South Asian country. Home Minister Asaduzzaman Khan said the stay at home order will be relaxed from 3 pm to 5 pm on Sunday for people to run essential errands. Meanwhile, the government has declared Sunday and Monday as public holidays, with only emergency services allowed to operate. Protesters argue the quota system is discriminatory and benefits supporters of Hasina, whose Awami League party led the independence movement, saying it should be replaced with a merit-based system. Hasina has defended the quota system, saying that veterans deserve the highest respect for their contributions in the war against Pakistan, regardless of their political affiliation. Representatives from both sides met late Friday in an attempt to

reach a resolution and Law Minister Anisul Huq said the government was open to discussing their demands. Their demands included the reform of the current quota system, the reopening of student dormitories shut by the police following the clashes and for some university officials to step down after failing to protect campuses from the violence. The main opposition Bangladesh Nationalist Party has backed the protests, vowing to organize its own demonstrations as many of its supporters have joined the student-led protests. However, BNP said in a statement its followers were not responsible for the violence and denied the ruling party's accusations of using the protests for political gains. The Awami League and the BNP have often accused each other of fueling political chaos and violence, most recently ahead of the country's national election, which was marred by a crackdown on several opposition figures. Hasina's government had accused the opposition party of attempting to disrupt the vote.

US asks citizens not to travel to Bangladesh

PTI ■ WASHINGTON
 The United States has recommended that its citizens do not travel to Bangladesh and allowed the voluntary departure of its non-emergency government employees and family members in view of the ongoing civil unrest in the South Asian country. The development comes just a day after the US issued a new travel advisory for Bangladesh, urging Americans to reconsider their travel to the strife-torn country. Authorities in Bangladesh has imposed a strict curfew across the country and military personnel patrolled parts of the capital to quell further violence after days of clashes over the allocation of government jobs left more than 40 people dead and hundreds injured. The US Department of State raised the Travel Advisory Level for Bangladesh to Level 4 — 'Do Not Travel'. "Do not travel to Bangladesh due to civil unrest, crime, and terrorism," the State Department said, adding, "The department allowed for the voluntary departure of non-emergency US government employees and family members." "The Government of Bangladesh has declared a curfew throughout Bangladesh, ordering everyone to stay indoors. The Bangladeshi Army has been deployed throughout the country to reinforce the police. Telecommunications have been interrupted in Dhaka and across the country. Due to the security situation, there may be a delay in provision of routine consular services," the advisory stated. The US State Department said crimes such as muggings, burglaries, assaults, and illegal drug trafficking constitute the majority of criminal activity in Bangladesh's major cities, but there are no indications foreigners are being targeted because of their nationality. These crimes tend to be situational, based on time and location, it said.



In this image made from video released by Xinhua News Agency, rescue workers set up a temporary crossing in the aftermath of floods in Xinhua Village of Hanyuan County, Ya'an City, southwest China's Sichuan Province, July 20

UAE orders investigation

Dubai (AP): Authorities in the United Arab Emirates ordered an investigation and an expedited trial of Bangladeshi nationals arrested after protesting against their home government across the Gulf country, state media reported. The protests came as nationwide demonstrations spread across the South Asian country weeks ago to protest a quota system that reserves up to 30 per cent of government jobs for relatives of veterans who fought in Bangladesh's war of independence in 1971. The UAE's attorney general's office indicted Saturday the Bangladeshi protesters on several charges, including "gathering in a public place and protesting against their home government with the intent to incite unrest," obstructing law enforcement, causing harm to others and damaging property, according to the state-owned Emirates News Agency, WAM. "Based on the preliminary investigation results, the Public Prosecution has ordered their pretrial detention pending further investigations," WAM reported. Political parties and labour unions are banned in the UAE, a federation of seven sheikhdoms. Broad laws severely restrict freedom of speech and almost all major local media are either state-owned or state-affiliated outlets.

Nepal PM Oli wins vote of confidence in Parliament

PTI ■ KATHMANDU
 Nepal's newly appointed Prime Minister KP Sharma Oli comfortably won a vote of confidence in Parliament on Sunday, nearly a week after he was sworn in to lead a coalition government in the Himalayan nation. Oli secured 188 votes in favour of the Vote of Confidence motion tabled by him while 74 votes were cast against the motion. Out of a total of 263 members of the House of Representatives, who are present, one member abstained. Oli, 72, required 138 votes out of a total of 275 votes to pass the floor test in the House of Representatives (HoR). Prime Minister Oli has won the vote of confidence in the Lower House, Speaker of the HoR Dev Raj Ghimire announced after the counting of votes. As the Parliament meeting started, Prime Minister Oli tabled the motion seeking a vote of confidence from the House. Speaker Ghimire gave around two hours for HoR members and representatives from ruling and Opposition parties to discuss the motion. He then allotted time for the Prime Minister to give his response to the issues raised by HoR members. The voting process started after the Prime Minister concluded his deliberations. Responding to issues raised by the HoR members Oli said, "I was not and will not get involved in corruption neither will tolerate if any one practices so." He said that the two larger parties "Nepali Congress and CPN-UML came together to maintain political stability, checking corruption and bring good governance." "This coalition government will create a reliable eco-system for stability, development and good governance," asserted Oli. House of Representatives members belonging to the ruling alliance Nepali Congress, CPN-UML, Lokatantrik Samajwadi Party and Janata Samajwadi Party Nepal were among those who voted in favour of Oli's Vote of Confidence motion. Opposition parties CPN-Maoist Centre, CPN-Unified Socialist, Rashtriya Swatantra Party and Rastriya Prajatantra Party among others voted against Oli during the floor test. The veteran Communist leader was sworn in on Monday as the Himalayan nation's prime minister for the fourth time. He was administered the oath of office and secrecy along with 21 other members of the Cabinet. According to Nepal's Constitution, Oli needed to secure a vote of confidence from Parliament within 30 days of appointment.

SL workers in Bangladesh not affected by violence

Colombo (PTI): The Sri Lankan workers in Bangladesh have not been affected by the civil commotion in the country, authorities here said on Sunday. It is estimated that around 3,000 Sri Lankans are serving in Bangladesh currently. Their situation is being closely monitored by the Foreign Employment Bureau. Bangladesh has been reeling over 90 people have been killed in the clashes that began weeks ago, according to reports from Dhaka, though the exact number of deaths is not yet clear. Law enforcement authorities in Bangladesh have imposed a nationwide curfew as the clashes between protesters demanding withdrawal of a job quota system and police continued across the country. Meanwhile, the MFA has said that it is paying special attention to the safety of Sri Lankan students in Bangladesh universities, Newsfirst reported.

S Korea boosts border propaganda broadcasts

North Korea flies more trash balloons

AP ■ SEOUL
 South Korea said on Sunday it was bolstering its anti-Pyongyang propaganda broadcasts across the tense border with rival North Korea, after the North launched more trash-carrying balloons toward South Korea. The Cold War-style psychological battle between the two Koreas is adding to already-high tensions on the Korean Peninsula, with the rivals threatening stronger steps against each other and warning of devastating consequences. South Korea's Joint Chiefs of Staff said the North Korean balloons were flying Sunday morning north of Seoul, the South Korean capital, after crossing the border. It said later Sunday that the South Korean military was responding by expanding loudspeaker broadcasts at all major sections of the Korea's 248-kilometre-long border. "The North Korean military's

tension-escalating acts can result in causing critical consequences for it," the South Korean Joint Chiefs of Staff said in a statement. "The responsibility for this situation is entirely on North Korea's government." Details of the expansion of South Korea's loudspeaker operations were not immediately available. On Thursday, it resumed blasting frontline propaganda broadcasts for the first time in about 40 days in response to the North's previous balloon activities. But observers say South Korea hadn't been conducting the broadcasts around the clock and it also hadn't yet mobilised all of its loudspeakers. The latest South Korean broadcasts included K-pop songs and news on BTS member Jim's torch-bearing ahead of the Paris Olympics and the recent defection of a senior North Korean diplomat. The broadcasts also called the mine-planting works by North Korean soldiers at the border

"hellish, slave-like lives," according to South Korean media. Experts say South Korean propaganda broadcasts can demoralise frontline North Korean troops and residents, posing a blow to the North's efforts to limit access to outside news for its 26 million people. South Korean officials have previously said broadcasts from their loudspeakers can travel about 10 kilometres during the day and 24 kilometres at night. North Korea hasn't made an official response to the ongoing South Korean broadcasts. But in 2015, North Korea fired artillery rounds across the border in response to South Korea's first loudspeaker broadcasts in 11 years, prompting the South to return fire, according to South Korean officials. No casualties were reported. The North's latest balloon-flying on Sunday is the ninth of its kind since late May. North Korea has floated more than

2,000 balloons to drop waste paper, scraps of cloth, cigarette butts, waste batteries and even manure on South Korea, though they have so far caused no major damage in South Korea. North Korea has said the initial balloons were launched in response to South Korean activists sending political leaflets to the North via their own balloons. Like South Korean frontline broadcasts, North Korea views the South's civilian leafletting activities as a major threat to its authoritarian government led by Kim Jong Un. In furious responses to past South Korean leafletting, North Korea destroyed an empty South Korean-built liaison office in its territory in 2020 and fired at incoming balloons in 2014. In a statement last week, Kim's powerful younger sister, Kim Yo Jong, threatened new countermeasures against South Korean civilian leafletting as she warned that South Korean "scum" must be ready to pay "a

gruesome and dear price" over their actions. She said more South Korean leaflets had been found in North Korea. That raised concerns North Korea could stage physical provocations, rather than balloon launches. South Korea's military said North Korea may fire at balloons or scatter mines downriver. In early June, South Korea suspended a 2018 tension-reduction deal with North Korea, a step required for it to restart propaganda broadcasts and conduct live-fire military drills at border areas in response to the North's balloon campaigns. Tensions on the Korean Peninsula have already been running high because of North Korea's provocative run of missile tests and the expansion of US-South Korean military drills that North Korea calls invasion rehearsals. Experts say North Korea's expanding ties with Russia could embolden Kim Jong Un to stage bigger provocations.

Pakistan condemns attack on consulate in German city Frankfurt

PTI ■ ISLAMABAD
 Pakistan on Sunday condemned the attack on its consulate in the German city of Frankfurt along with the failure of German authorities to protect the diplomatic facility. In the incident which occurred on Saturday, "the security of Pakistan's consulate in Frankfurt was breached, endangering the lives of its consular staff", the Foreign Office said without identifying the nationality of the attackers. "Pakistan strongly condemns yesterday's attack by a gang of extremists in its consulate in Frankfurt, Germany and the failure of the German authorities to protect the sanctity and security of the premises of its consular Mission," it said. Under the Vienna Convention on Consular Relations, 1963, it is the responsibility of the host government to protect the sanctity of the consular premises and ensure the security of diplomats, it said. "We are conveying our strong protest to the German government. We urge the German government to take immediate measures to fulfill its responsibilities under the Vienna Conventions and ensure the security of the diplomatic missions and staff of Pakistan in Germany," it said. Pakistan also asked the German authorities to take immediate measures to arrest and prosecute those involved in the incident and hold to account those responsible for the lapses in security. Media reports indicated that the attack occurred during a protest by Afghan citizens and videos circulating on social media show the protesters storming the consulate, throwing stones, and removing the Pakistani flag. The attackers also attempted to burn the flag. According to details, 8 to 10 Afghan nationals were involved in storming the Pakistani consulate and fled after taking down the Pakistani flag. So far, no arrest has been made.

Russia scrambled fighter jets to intercept US bomber planes over Barents Sea

AP ■ MOSCOW
 Russia said Sunday it scrambled fighter jets to intercept two US military long-range bomber aircraft that approached the Russian border over the Barents Sea in the Arctic. "The crews of the Russian fighters identified the aerial target as a pair of US Air Force B-52H strategic bombers," Moscow's defence ministry wrote on the social media platform Telegram, specifying that the planes scrambled were MiG-29 and MiG-31 fighters. "As the Russian fighters approached, the US strategic bombers turned away from the State Border of the Russian Federation," the ministry said. The US routinely carries out flights over international waters. Moscow has recently responded more aggressively to the exercises, accusing the US

Meditation can even worsen mental health problems

Coventry (England): Since mindfulness it's something you can practice at home for free, it often sounds like the perfect tonic for stress and mental health issues. Mindfulness is a type of Buddhist-based meditation in which you focus on being aware of what you're sensing, thinking and feeling in the present moment. The first recorded evidence for this, found in India, is over 1,500 years old. The Dharmastrata Meditation Scripture, written by a community of Buddhists, describes various practices and includes reports of symptoms of depression and anxiety that can occur after meditation. It also details cognitive anomalies associated with episodes of psychosis, dissociation and depersonalisation (when people feel the world is "unreal"). In the past eight years there has been a surge of scientific research in this area. These studies show that adverse effects are not rare. A 2022 study, using a sample of 953 people in the US who meditated regularly, showed that over 10% of participants experienced adverse effects which had a significant negative impact on their everyday life and lasted for at least one month. According to a review of over 40 years of research that was published in 2020, the most common adverse effects are anxiety and depression. These are followed by psychotic or delusional symptoms, dissociation or depersonalisation, and fear or terror. Research also found that adverse effects can happen to people without previous mental health problems, to those who have only had a moderate exposure to meditation and they can lead to long-lasting symptoms. The western world has also had evidence about these adverse affects for a long time. In 1976, Arnold Lazarus, a key figure in the cognitive-behavioural science movement, said that meditation, when used indiscriminately, could induce "serious psychiatric problems such as depression, agitation, and even schizophrenic decompensation". There is evidence that mindfulness can benefit people's well-being. The problem is that mindfulness coaches, videos, apps and books rarely warn people about the potential adverse effects. Professor of management and ordained Buddhist teacher Ronald Purser wrote in his 2023 book *McMindfulness* that mindfulness has become a kind of "capitalist spirituality". In the US alone, meditation is worth US\$2.2 billion (£1.7 billion). And the senior figures in the mindfulness industry should be aware of the problems with meditation. Jon Kabat-Zinn, a key figure behind the mindfulness movement, admitted in a 2017 interview with the Guardian that "90% of the research [into the positive impacts] is subpar". In his foreword to the 2015 UK Mindfulness All-Party Parliamentary Report, Jon Kabat-Zinn suggests that mindfulness meditation can eventually transform "who we are as human beings and individual citizens, as communities and societies, as nations, and as a species". This religious-like enthusiasm for the power of mindfulness to change not only individual people but the course of humanity is common among advocates. Even many atheists and agnostics who practice mindfulness believe that this practice has the power to increase peace and compassion in the world. Media discussion of mindfulness has also been somewhat imbalanced. In 2015, my book with clinical psychologist Catherine Wikholm, *Buddha Pill*, included a chapter summarising the research on meditation adverse effects. It was widely disseminated by the media, including a *New Scientist* article, and a BBC Radio 4 documentary. But there was little media coverage in 2022 of the most expensive study in the history of meditation science (over US\$8 million funded by research charity the Wellcome Trust). The study tested more than 8,000 children (aged 11-14) across 84 schools in the UK from 2016 to 2018. Its results showed that mindfulness failed to improve the mental wellbeing of children compared to a control group, and may even have had detrimental effects on those who were at risk of mental health problems. Is it ethical to sell mindfulness apps, teach people meditation classes, or even use mindfulness in clinical practice without mentioning its adverse effects? Given the evidence of how varied and common these effects are, the answer should be no. However, many meditation and mindfulness instructors believe that these practices can only do good and don't know about the potential for adverse effects. The most common account I hear from people who have suffered adverse meditation effects is that the teachers don't believe them. They're usually told to just keep meditating and it will go away. Research about how to safely practice meditation has only recently begun, which means there isn't yet clear advice to give people. There is a wider problem in that meditation deals with unusual states of consciousness and we don't have psychological theories of mind to help us understand these states. But there are resources people can use to learn about these adverse effects. These include websites produced by mediators who experienced serious adverse effects and academic handbooks with dedicated sections to this topic. In the US there is a clinical service dedicated to people who have experienced acute and long term problems, led by a mindfulness researcher. For now, if meditation is to be used as a wellbeing or therapeutic tool, the public needs to be informed about its potential for harm. (The Conversation)

Sitharaman set to make history with 7th consecutive Budget

PTI ■ NEW DELHI

Finance Minister Nirmala Sitharaman is set to create history when she presents her seventh straight Budget on Tuesday for the fiscal 2024-25, surpassing the record of former prime minister Morarji Desai. Sitharaman, who will turn 65 next month, was in 2019 appointed as India's first full-time woman finance minister when Prime Minister Narendra Modi won a decisive second term. Since then, she has presented six straight budgets, including an interim one in February this year. The full Budget for the 2024-25 fiscal (April 2024 to March 2025) will be her seventh straight. She will better Desai's record, who presented consecutive five full budgets and one interim budget between 1959 to 1964.

This year will witness two budgets - an interim one in February and a full one this month. This is because an incumbent government cannot present a full Budget just before general elections. The presentation on July 23 will be the first Budget by the BJP-led NDA government since it was re-elected last month. Here are some facts related to Budget presentation in Independent India: **FIRST BUDGET:** The first-ever Union Budget of independent India was presented on November 26, 1947, by the nation's first finance minister RK Shanmukham Chetty. **MOST NUMBER OF BUDGETS:** Former Prime Minister Morarji Desai holds the record for presenting the most budgets. He has presented a total of 10 budgets during his tenure as finance minister under Prime Minister Jawaharlal Nehru



and later under Prime Minister Lal Bahadur Shastri. He presented his first budget on February 28, 1959, and presented full budgets in the following two years before presenting an interim one in 1962. This was followed by two full budgets. After four years, he presented another interim budget in 1967, followed by three full budgets in 1967, 1968, and 1969, presenting a total of 10 budgets. **SECOND HIGHEST NUMBER OF BUDGET:** Former finance minister P

Chidambaram presented the budget on nine occasions. He first presented the Budget on March 19, 1996, during the United Front government led by Prime Minister HD Deve Gowda. He presented another budget under the same government next year and returned to the hot seat when the Congress-led UPA came to power in 2004. He presented five budgets between 2004 and 2008. After a stint as Union Home Minister, he was back in the finance ministry and presented budgets in 2013 and 2014. **THIRD HIGHEST NUMBER OF BUDGETS:** Pranab Mukherjee presented eight budgets during his tenure as finance minister. He presented budgets in 1982, 1983 and 1984 and five straight ones between February 2009 and March 2012 in the Congress-led UPA government.

MANMOHAN SINGH: Former Prime Minister Manmohan Singh presented five straight budgets between 1991 and 1995 when he was finance minister in the P V Narasimha Rao government. **LONGEST BUDGET SPEECH:** Sitharaman holds the record for the longest budget speech when her presentation on February 1, 2020, lasted two hours and 40 minutes. At the time, she cut short her speech with two pages still remaining. **SHORTEST BUDGET SPEECH:** Hirubhai Mulljibhai Patel's interim Budget speech in 1977 is so far the shortest at just 800 words. **TIMING:** The Budget was traditionally presented on the last day of February at 5 pm. The timing followed a colonial era practice when the announcements could be made in London and India at the same time. India is 4 hours and 30 minutes ahead

of the British Summer Time, and so presenting the budget at 5 pm in India ensured that it was happening in the daytime in the United Kingdom. The timing was changed in 1999 when the then finance minister Yashwant Singh in the Atal Bihari Vajpayee government presented the budget at 11 am. Since then budgets are presented at 11 am. **DATE:** The Budget presentation date was in 2017 changed to the 1st of February to allow the government to complete the Parliamentary approval process by March-end and allow implementation of the Budget from the start of the fiscal on April 1. Presenting the Budget on February 29 meant that the implementation could not start before May/June after accounting for 2-3 months of the parliamentary approval process.

Assocham: Affordable housing, infra growth, boost to manufacturing likely to be Budget focus

PTI ■ NEW DELHI

Greater focus on green mobility, affordable housing, holistic infrastructure development and a big push to manufacturing, along with boosting consumption demand, are expected to find prominence in the forthcoming Union Budget, said an Assocham-Primus paper. Finance Minister Nirmala Sitharaman will present the Union Budget on Tuesday in Parliament. Highlighting that the first Budget of the Narendra Modi 3.0 government will also include a long-term blueprint for making India a developed nation by 2047, the paper listed areas that would require the government's greater attention and priorities for realising the national goals. "While the Budget would attend to the immediate requirements of boosting consumption, investment and augmenting the supply side of the economy, it is also expected to lay a roadmap for the bigger goal of scaling up national income to a level of developed nations," said



Assocham President Sanjay Nayar. He further said the government has the fiscal space to spend on capex but recycling the funds from monetisable operating assets would be strategically a better strategy to manage it even better. The Assocham-Primus paper said the wheels of the Indian economy will increasingly run on green fuel. The directional shift is gathering pace across different levels. It expects the launch of PMAY 2.0, incorporating components like Affordable

and CEO, Primus Partners said to achieve the vision of Viksit Bharat, the government needs to prioritise and enable a shift from agriculture to manufacturing to provide a pathway for employment. "Support for core engineering-led manufacturing (that would provide jobs), supporting clusters for strengthening MSMEs and supporting/creating new clusters like EV, electronics and aircraft manufacturing is critical. This needs to be done while advancing towards net-zero energy," he said. The paper also stressed the need for a national agriculture infrastructure mission with a focus on improving logistics like cold storage, processing units, and packaging facilities to reduce post-harvest losses and ensure better price realisation for farmers. Promotion of sustainable and climate resilient agriculture will be a road map for de-carbonisation in agriculture for the next 10 years and help India meet its net-zero commitment by 2070, the paper said.

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Hero MotoCorp plans to roll out affordable EVs this fiscal

PTI ■ NEW DELHI

Eyeing leadership in the electric two-wheeler segment, Hero MotoCorp is looking to roll out affordable models in the current fiscal, according to CEO Niranjan Gupta. The country's largest two-wheeler maker is also hopeful of the debut of its electric range in the international markets. Addressing shareholders in the company's Annual Report for 2023-24, Gupta said the two-wheeler major has a roadmap to scale its electric vehicle business rapidly. "We want to build leadership in EV, and in order to do that, we will be creating a very powerful EV product portfolio, augmenting the VIDA V1 Pro that we have today," he noted. The company will be launching products in the mid-and affordable segments this fiscal, Gupta said. Hero MotoCorp's VIDA electric scooter range is priced between Rs 1-1.5 lakh, including state subsidies. Hero MotoCorp Executive Chairman Pawan Munjal said



together with Ather Energy, VIDA has established India's largest public-charging infrastructure for two-wheeler EVs. Additionally, the partnership with Zero Motorcycle will facilitate the development of new EV motorcycles targeted at a distinct customer segment, thereby expanding the overall market size, he added. "I am particularly pleased to witness VIDA V1's rise as one of the leading electric scooters in India, and I anticipate its future launch in global markets, where it is poised to become a significant player as well," Munjal noted. Hero MotoCorp has already expanded the presence of its EV scooter VIDA from three to over 100 cities.

"There is path-breaking innovation underway at our state-of-the-art R&D Centres at CIT Jaipur and Tech Centre Germany to create a winning portfolio in all segments," Gupta informed shareholders. The company also plans to drive more premium products and scale up the international, accessories and merchandise businesses, he stated. Gupta noted that while the company has a huge scale in the domestic market, it has also embarked on a similar journey to scale up its global business with a single-minded focus on the top ten PTmarkets. "Additionally, we are tapping into opportunities to scale up our accessories and

merchandise business," Gupta stated. On premium products, he noted that last year the company launched a series of premium products, boosting the portfolio. "We will continue to launch more premium products in the coming years," he said, outlining the company's focus on speed, scale, synergy, and simplification. "Our premium portfolio across ICE and EV will grow exponentially, with a line-up that is committed to innovation," Gupta said. He noted that the company enjoys a significant scale advantage. With a customer base of 116 million, over 7,500 distribution points, a supply chain capacity of 10 million units, a presence in around 50 global markets, and a workforce of more than 25,000 employees, the two-wheeler major's scale is unparalleled, he said. "Leveraging this scale is key to success in everything that we do. We are adopting this scale Mantra in every decision we make; our strategy is to put our might behind products and projects that can be scaled up faster," Gupta said.

Airbus shortlists 8 sites for H125 helicopter final Assembly line in India

PTI ■ MARIIGNANE (FRANCE)

European major Airbus has shortlisted eight sites in India for setting up its final assembly line for H125 helicopters and the ground-breaking ceremony for the facility is expected later this year. The facility, which will be the fourth Final Assembly Line (FAL) for the single engine H125, will initially produce up to 10 helicopters annually and the capacity will be ramped up depending on the market demand, Airbus officials said. "India is the market of the future for helicopters... At present, the market is extremely embryonic, it is very small compared to what the potential could be," Olivier Michalon, Executive Vice President Global Business of Airbus Helicopters, said. The ground breaking ceremony for the FAL is expected in October or November this year and the facility will be operational in



2026 and the delivery is anticipated to start towards the end of 2026. "We have identified eight sites which we are currently assessing. We are still in the final assessment stage. We should be in a position to announce it shortly. "We want to be attractive and in an ecosystem that is best suited for industrial activities, logistics, employees and of course, regulations," Michalon said at a briefing at Marignane earlier this week. Marignane is the headquarters of Airbus Helicopters. For Airbus, H125 is the most-

sold helicopter in India as well as the South Asia region. Airbus has projected the demand for H125 helicopters in India and neighbouring countries at 500 over the next 20 years. "We are targeting 10 helicopters per year and as the demand picks up we can ramp up," Head of Airbus Helicopters in India and South Asia Sunny Guglani said at the briefing. Michalon stressed that 10 might not sound like a lot and it could be 20, 30, or 50 in some years, depending on the market demand.

Robust policy needed for sustainable growth in oilseed cultivation: NITI Ayog member

PIONEER NEWS SERVICE ■ NEW DELHI

Emphasising the potential of fallow lands in Eastern India for oilseed cultivation, despite challenges such as the GM mustard case and fluctuating global prices, NITI Aayog member Prof. Ramesh Chand has favoured a robust policy framework to support sustainable sectoral growth. He was sharing his views at the IVPA Global Round Table Conference @3.0 on Theme "Veg Oils Vision 2030: Opportunity and Challenges". The event witnessed the participation of about 500 delegates from across the globe serves as an important forum for addressing the complex challenges and exploring the vast opportunities within the vegetable oil industry by providing a platform for an open exchange of ideas.



Among those who attended the conference were Minister of Plantation and Commodities, Malaysia, Dr. Ir. Kasan, MM, the Head of Trade Policy Agency of the Ministry of Trade Republic of Indonesia, Kevin Roepke, Regional Director South Asia, USSEC and Mariano Beheran, Agriculture Attache of Argentina. Minister of Plantation & Commodities, Malaysia, Datuk Seri Johari bin Abdul Ghani reiterated his country's commitment to sustainable palm oil production and its role in fostering economic ties with India beyond palm oil. This commitment aligns with environmental responsibility and meeting global demands, he said.

GCPL invests over ₹1,000 crore on advertising in FY24

PTI ■ NEW DELHI

FMCG major Godrej Consumer's advertising investment shot up by 47 per cent to Rs 1,011 crore in FY24 in the domestic market, even as it has reduced SKUs by around 30 per cent through a rationalisation process. Godrej Consumer Products Ltd (GCPL), which aims for double-digit volume growth, is spending more on brands, automation and SKU rationalisation with a "keen focus on simplification", according to the latest annual report of the company. "In line with our strategy of category development, we have made significant investments in advertising. We were the fifth largest advertiser in India in 2023, from being number 17 in 2021. We are adding to this with investments in distribution." GCPL Managing Director and CEO Sudhir Sitapati said. GCPL's spending on "Advertising and Publicity" was Rs 1,011 crore for the financial year ended March 2024. This was 47 per cent higher than Rs 687.34 crore a year before.



In India, we are now spending over Rs 1,000 crore in advertising, from Rs 350-400 crore a few years ago, a significant increase. We realised that our categories were being run differently across the world, advertising agencies were different, production was being done differently," he said. The company owns popular brands like Cinthol, Godrej No 1, HITS and Good Knight. "From multiple agencies, we moved to a single agency, which is our in-house agency, the LightBox," Sitapati said, adding that "from multiple

executions, we are moving to a single execution, shooting differently in the same location with different models for different countries". This is a "very efficient process" in the context of advertising increase and resulted in savings of 40 bps, he noted. On a consolidated basis, including foreign markets like Indonesia, Africa, the US, and some other markets, GCPL spent Rs 1,336.12 crore on advertising and publicity. Besides, Sitapati said, "We have reduced our SKUs overall by roughly 30 per cent". Raymond Consumer Care, which it acquired in April last year from the Singhania family with brands like Park Avenue and KamaSutra, has reduced 550 SKUs to just 100, he said. "On people, we also reduced the number of managers overall by creating larger, richer roles and introducing more modern tools. So, we have actually physically reduced in size despite our growth," he said. GCPL, as per the strategy, has prioritised resource optimisation and operational efficiency through a stock-keeping unit (SKU) rationalisation strategy across

AMD leverages AI to shape next-gen computing experience

PTI ■ LOS ANGELES

Chip maker AMD is looking to position itself as a key player in AI-enhanced personal computers (AIPCs) through strategic innovations on the hardware side to cater to powerful new-age applications, a top company official said. It is taking a holistic approach by integrating technology across CPUs, GPUs, and NPUs, creating a strong ecosystem that supports the development of powerful AI

applications. This broad approach allows AMD to serve various markets, from high-performance gaming systems to lightweight laptops, all enhanced with AI capabilities, said John Anguiano, Senior Director, Product Marketing at AMD. The California-based company has unveiled its latest lineup of Ryzen Series of mobile and desktop processors, strengthening its play in computing and Artificial Intelligence (AI) technology at its Tech Day

event here. AMD, which competes with heavyweights like Intel, Apple, and Qualcomm, is trying to establish itself as a key player in the growing field of AI-enhanced personal computers (AIPCs) for laptops and desktops. "The promise of AI generally, and across AMD, holistically, is bigger than just a technology story. It is about improving how we live and work, making us more productive and helping everyone focus on their

strengths," said Anguiano. By optimising these processors for AI, AMD is not only enhancing performance but also ensuring that its devices can handle future technological demands, he added. "AMD is integrating technology across CPUs, GPUs, and NPUs, creating a strong ecosystem that supports the development of powerful AI applications. This broad approach allows AMD to serve various markets, from high-performance gaming

systems to lightweight laptops, all enhanced with AI capabilities," Anguiano said. When asked about the impact of AI PC, he replied that it will help in productivity improvements by helping people and emerging economies, such as India, which are "trying to magnify strength". This focus is crucial for places like India, where fast adoption of new technologies can significantly boost economic growth and improve quality of life, Anguiano noted.

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THE TUNING FORK



CV Srikantha

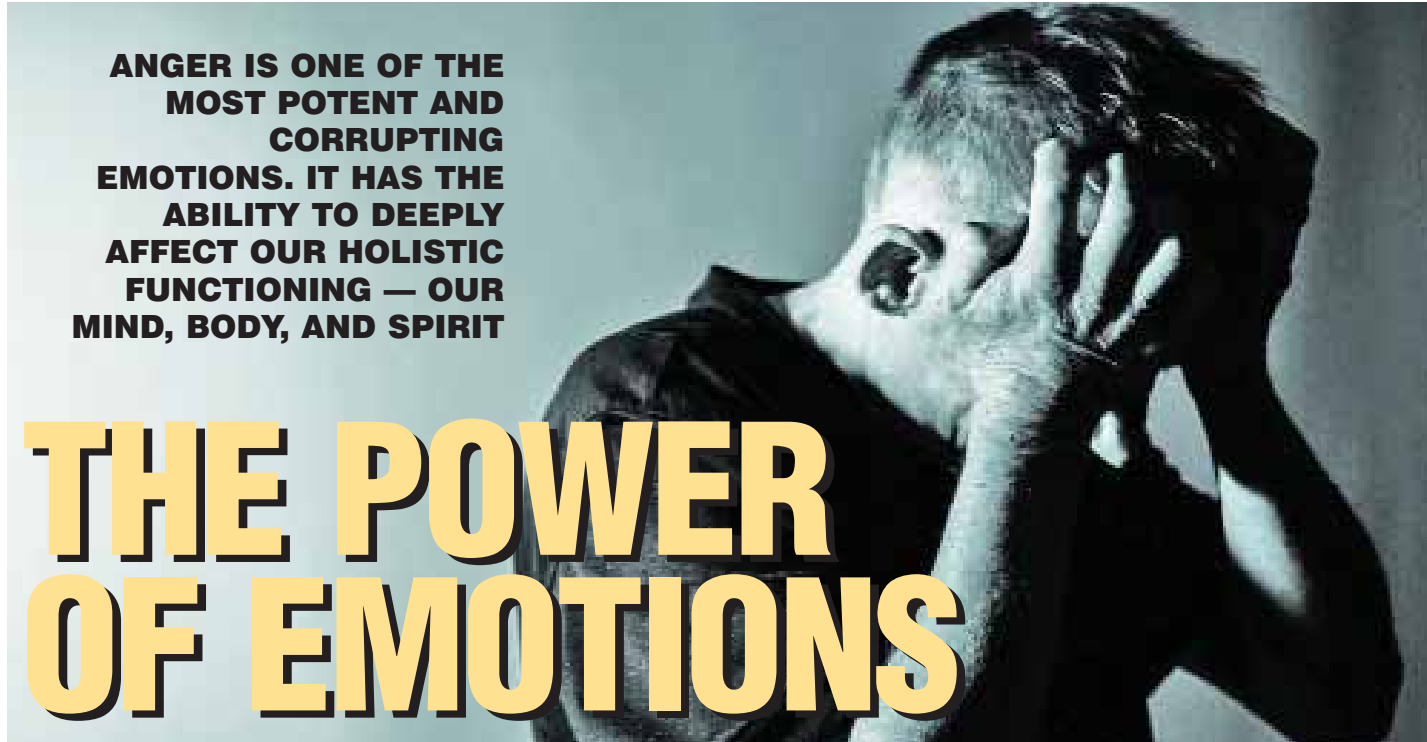
Anger, as a natural emotion, has both constructive and destructive potential. When managed effectively, it can be a source of creativity and energy. However, when it controls us, it becomes a force of destruction, undermining our inner peace and well-being

On a cool, calm morning, I was driving peacefully until the incessant honking of horns intruded upon my tranquility. Initially, I tried to ignore it, but as the noise persisted, it began to unsettle me. Before long, my serenity was disrupted, and I found myself braking sharply. In that moment, I compromised my senses and my peace.

In contrast, had I shifted my focus to the music playing in my car and allowed myself to let go of the irritation, my experience would have been different. By choosing to concentrate on something positive, I could have maintained control over my emotions and preserved my peace of mind. This shift in focus illustrates how our unconscious consent to allow our emotions to affect us can either corrupt or preserve our sense of well-being.

Anger is one of the most potent and corrupting emotions. It has the ability to deeply affect our holistic functioning — our mind, body, and spirit. This emotion often arises from various triggers and can develop over time if left unattended. Although the onset of anger might seem sudden, it is rarely a binary phenomenon; there are numerous nuances involved.

Broadly speaking, anger can arise from various primary causes. Personal loss or a feeling of being shortchanged often triggers it, as does a perceived lack of control. Sometimes, anger stems from a disconnect from reality or denial, while inflexibility and a lack of acceptance can also contribute. Expectations and issues of



THE POWER OF EMOTIONS

reciprocity, along with a sense of entitlement, play a role as well. Fear or insecurity, ingratitude, and a distorted view of needs further fuel anger. Additionally, ego and genetic predispositions can influence how and why we experience this powerful emotion. Interestingly, anger is frequently a byproduct of fear, uncertainty, and a desire for control—elements perceived by our mind as obstacles to fulfilling our desires. Most instances of anger arise from inappropriate attitudes and a lack of acceptance.

The neurological response to anger lasts only a few seconds. However, the real issue lies in holding on to this anger, which

disrupts the natural flow of the universe and corrupts our sensory and cognitive faculties. This prolonged anger can distort our self-perception and the way we view situations, ultimately making us vulnerable.

THE PROGRESSION OF ANGER CAN BE DESCRIBED IN FOUR STAGES:

UTTAMA: The initial feeling experienced in moments.
MADHAYAMA: When the feeling is held onto and becomes an emotion, lasting minutes.
ADHAMA: When this emotion develops into a condition, persisting for hours.
PAPI: The condition can evolve into what medical science terms

as "Intermittent Explosive Disorder," resulting in long-term psychological distortions requiring intervention.

Repeated episodes of anger alter the brain's cell structure, leading to irreversible changes. This transformation begins with thoughts, actions, and attitudes and eventually creates a new, distorted version of oneself. The real "you" is inherently compassionate, kind, and accepting, but anger veils this true nature.

The Bhagavad Gita succinctly captures this process: desire and attachment lead to anger, which clouds judgment, impairs discernment, and disrupts

thought processes. Similarly, the Mahabharata's "Yaksha Prashna" highlights anger as an invincible enemy and emphasizes the importance of renouncing greed, anger, and falsehood to attain peace.

Anger can have cascading effects across various aspects of life, akin to the "Chaos Theory" or "Butterfly Effect," where small disturbances can lead to significant, uncontrollable outcomes. This demonstrates the critical need to manage rather than control emotions.

Managing anger effectively involves embracing a flexible approach to life. This means letting go of rigid control and

recognizing the limits of what you can and cannot control. Trusting that things happen for a reason and responding with gratitude can help maintain a positive perspective. It's important to recognize that you are shaped by your actions, thoughts, and the company you keep, and to observe your anger without becoming entangled in it. Embracing the universe's inherent imperfections and understanding that everyone is unique helps avoid setting unrealistic standards for others. Cultivating respect and dignity for yourself first, then extending these qualities to others, is crucial. Being mindful, choosing your battles wisely, and focusing on what is pleasant and fulfilling can lead to better emotional management. Additionally, keeping expectations realistic and focusing on self-improvement rather than trying to correct the world are key to managing anger effectively.

Anger, as a natural emotion, has both constructive and destructive potential. When managed effectively, it can be a source of creativity and energy. However, when it controls us, it becomes a force of destruction, undermining our inner peace and well-being.

— The writer is a versatile professional, he excels in several roles including Mentor Life Coach, Corporate Coach, and Spiritual Intelligence Coach. He also specializes in CXO coaching, spiritual counseling, and motivational speaking. He holds certification from the International Coaching Federation (ICF) and is a graduate of Dale Carnegie's T3 program

HOW TO TWEAK LIQUOR OUTLETS' CLOSING TIME TO CURB BINGE DRINKING?

This article aims to explore a relationship between the closing time of liquor outlets and binge drinking behavior, hints at how the relationship functions as a socially sanctioned dark pattern, and suggests a design intervention to reduce the effect.



MOHAMMED SHAHID ABDULLA



MANOSHU BANERJEE

Binge drinking, a preventable public health problem by the US Centers for Disease Control and Prevention (CDC), refers to the consumption of an excessive amount of alcohol in a short time. The US National Institute on Alcohol Abuse and Alcoholism quantifies the pattern as four and five or more drinks - each standard drink is defined as containing 14 grams of pure alcohol - in about two hours for women and men, respectively. Though binge drinkers are not dependent on alcohol, the practice is harmful in its being associated with outcomes like vehicle crashes, intimate partner violence, sexual abuse, besides heart and liver disease, among others. The newest recommendations from Canada's healthcare regulator permit no more than two drinks per week - thus ruling out the office worker's weekly binge drink. In 2019, the economic burden of alcohol, on India, due to illness and productivity loss was estimated at 1.5% of GDP per year, right until 2050. As per India's National Family Health Survey 5 (NFHS-5) conducted between 2019 and 2021, alcohol consumption of men aged between 15-54 years declined by 6.1% compared to NFHS-4 in 2015-16, and that of women in the same age bracket stayed put. However, the sales of alcoholic beverages in India have grown sharply, leading many to believe that

problem and binge drinkers are consuming more than ever. Even in states like Bihar, where alcohol is prohibited by law, drinking is rampant. Gujarat, a state that has been dry since its establishment in 1960, recently granted liquor licenses in GIFT City to attract financial sector establishments. Several agencies, like the WHO and the US CDC, recommend regulating the days and hours of retail alcohol sales to reduce the harmful use of alcohol. The relationship between the closing time of liquor outlets and alcohol use, or its consequences, has been observed and documented across geographies. In Norway, an increase of an hour in bar closing was seen to increase violent crime by 16%. Alcohol bought from packaged liquor outlets during the COVID-19 lockdowns is now suspected to be the reason behind a fifth of the UK population staring at the risk of alcohol dependency. But, it is also the case that restrictions do not necessarily work. In Russia, truncated trading hours led to decreased consumption of factory-made vodka and its partial substitution by samagon (homemade vodka) by the people most exposed to the curbs. In India, the motives behind changing liquor sales hours can be quite unrelated to the risk of crime or alcohol dependence. Governments in Delhi or Uttar Pradesh, among others, have often extended sale timings for reasons ranging from helping retailers make up for



business lost during COVID-19 to entertaining foreign tourists. We take a look at liquor store closing times through a behavioral lens and see how they can be tweaked (as opposed to imposed) more successfully. To simplify the problem, we will confine the discussion to a) liquor outlets selling alcohol to binge drinkers and b) only for takeaway. Liquor outlets usually get a rush of buyers very near closing time. Perhaps the most notable example of this pattern of alcohol consumption, dubbed the 'Six o'clock Swill', is from the early 20th century when New Zealand and Australia shut their bars at 6 pm causing drinkers who finished work at 5 pm to rush and get drunk in the remaining hour. This influence has been linked intergenerationally to high per-capita alcohol consumption in these countries even to this day. The same phenomenon manifests on an extended time scale too, notice buyers in India rushing to liquor outlets before a spell of dry

days, or before the 1st of a month, to stockpile booze. We propose here that a drinking-hoarding-decisioning triad builds up to the closing time. A key motivation for bingeing is to reduce stress. Over multiple episodes of drinking, more quantities of alcohol are needed to produce the same amount of relief from stress. This is the reason why an otherwise light or moderate drinker might also graduate to binge drinking, as a recent study found. Binge and problem drinkers tend to underestimate their perceived level of inebriation too. Hence the propensity to hoard in order to drink to the point of sufficiency, as self-assessed under the effect of inebriation. Note here that sustained binge drinking is known to cause AUD and that alcohol affects right-brain functions, like emotions, highly. The legal blood alcohol content (BAC) limit varies with jurisdiction and type of activity. Persons with BAC in the range of 0.03-0.05% (in India) or 0.03-0.08% (in

most of the US) can drive to a liquor store, even though above the minimum-measurable 0.03% they are considered inebriated and would therefore 'buying under the influence'. For illustration, if a 70 kg man has two drinks over an hour, say 9.30 PM-10.30 PM, he is likely to have a BAC of 0.04%, which still permits him to drive and make liquor purchases while inebriated, to reach the binge-drinking limit eventually. Under this reduced cognitive capacity, not all information can be attended to, hence a drinker makes decisions using only the most salient cues in their environment - a condition called alcohol myopia. We contend that the closing time of a liquor outlet is a powerful salient cue. Salient cues may either be inhibiting (There's little chance I'll get alcohol since it is nearing 11 pm - but I'll reach the store if I drive fast) or impelling (It's only 10 pm now. I can comfortably reach the store by 11 pm). It would be desirable if impelling cues outweighed

inhibiting ones, persuading the drinker to drive to the store well in advance. On the contrary, recent research shows that riskier behavior is observed when choices are framed as losses (as in one possible outcome of the inhibiting cue above) as compared to gains in personal safety (as in the impelling cue above). This is called a framing effect and is enhanced by any time constraints that may be part of the cue (here it is 11 pm). Research also finds that binge drinkers prioritize alcohol-related cues or stimuli over others, demonstrating attention bias while making decisions due to a high level of craving. This brings up another facet through which the current, typical, 11 pm closing time should be viewed. In November 2023, the Indian government issued guidelines for preventing and regulating dark patterns, mostly in the e-commerce sector. Dark patterns are defined as practices "designed to mislead or trick users to do

something they originally did not intend or want to do, by subverting or impairing consumer autonomy, decision making or choice." There is an unsettling similarity between an e-commerce website nudging a user to buy a phone by "falsely creating a time-bound pressure" (quote from the guidelines) by calling the sale exclusive and the sale of alcohol to an inebriated consumer triggered by a closing time. The latter is thus tantamount to a dark pattern sanctioned by the regulator. Hence we consider the possibility of 'sludging' the consumer away from stockpiling liquor while he is inebriated. A sludge (as opposed to a nudge) is a way to introduce friction in a user's experience to make them opt out of a process or pattern i.e. buying a high amount of alcohol just prior to closing time. We propose sludging in two variations. Firstly, since the closing time acts as a cue, making it arbitrary - and thereby less salient and floating - may

reduce hoarding behavior among binge drinkers over an extended period. Assuming the current closing time is 11 pm, liquor outlets can be shut in a staggered manner i.e. 40% of outlets close at 10 pm, another 40% at 11 pm, and the last 20% at 12 midnight. The day's closing time for each outlet is decided by a daily lottery and revealed to dealers by Excise authorities only fifteen minutes before closing i.e. at 9:45 pm, 10:45 pm, and 11:45 pm, respectively. A randomization will ensure that no particular store would complain of lower revenue. The second sludging method would be to ration the alcohol that can be sold to last-minute consumers (who assemble even at these arbitrary closing times) to just a 'quarter' i.e. 180 ml, to discourage binge-drinking behavior.

As India formalizes its business and digitizes all its transactions, especially in urbanized pockets, it will also find ways to monitor all liquor sales in real time, including sales of packages beyond certain sizes. In any case, liquor sales contribute significantly to state governments' revenue and therefore the capacity to regulate them (via such sludge interventions) does exist. State Governments may also save in the long-term as their bills of healthcare burden from alcoholism, law enforcement, and the social costs of problem drinking get dialed down. As is true for most interventions, ours may also be circumvented. But, given the menace alcoholism poses to society, such an intervention may be worthwhile if only for experimentation's sake and to keep a fraction of the population from drinking itself to harm.

Mohammed Shahid Abdulla, faculty member, IIM Kozhikode and Manoshu Banerjee, independent behavioral researcher

INDIA TRIUMPH OVER UAE BY 78 RUNS

HARMANPREET, RICHA GHOSH GUIDE INDIA WIN IN WOMEN'S ASIA CUP T20

PTI ■ DAMBULLA

Contrasting fifties from skipper Harmanpreet Kaur and Richa Ghosh were complemented nicely by the bowlers as India notched up a massive 78-run win over UAE in their second match of the ongoing women's Asia Cup T20 tournament here on Sunday. Invited to bat, Kaur played the anchor's role to perfection with a 47-ball 66, while Ghosh produced late charge with an unbeaten 29-ball-64 to power defending champions India to 201 for five, their first-ever 200-plus score in T20Is. The bowlers, led by Deepti Sharma (2/23), then produced a clinical show to limit UAE to 123 for 7 as India put one foot in the semifinals. With two wins in as many games, India occupy the top spot in group A with four points and have a Net Run Rate of +3.298. India will play their third and final group game against Nepal on Tuesday. Chasing the daunting total, opener Esha Rohit Oza scored a 36-ball 38 (5x4, 1x6) but UAE never were in the chase as they kept losing wickets at regular intervals.



Pace duo of Renuka Singh (1/30) and Pooja Vastrakar (1/27) dismissed Theertha

Satish (4) and Rinitha Rajith (7) as UAE slipped to 24 for 2 in 5.2 overs.

Deepti then struck in her third ball, removing Samaira Dharnidharka (5) but Oza

and Kavisha Egodage (40 not out) played some entertaining shots to score

20 runs in next three overs. However, Tanuja Kanwar (1/14), who had replaced an

injured Shreyanka Patil in the playing XI, had Oza stumped, while Radha Yadav (1/29) got rid of Khushi Sharma (10) as UAE fell to 95 for five in the 16th over. Heena Hotchandani then became Deepti's second victim and Rithika was run out in the last ball as UAE finished far away from India's total. Earlier, while the 35-year-old Harmanpreet blasted seven fours and a six during her innings, Ghosh slammed as many as 12 boundaries and a maximum, including five consecutive hits to the fence in the final over of the innings bowled by Hotchandani. Kaur stitched two crucial partnerships, adding 54 off 39 balls with Jemimah Rodrigues and 75 off 45 balls with Ghosh to put India in a commanding position. Opener Smriti Mandhana (13) blasted a six and a four to give India a good start but an overambitious shot saw her being holed out at mid-off off spinner Egodage in the third over. Shafali Verma then produced some sensational shots, carting the bowlers for five fours and a six en route an 18-ball 37. But she committed the mistake of

edging a short and wide ball from seamer Dharnidharka as the keeper did the rest. Hotchandani then cleaned up Dayalan Hemalatha (2) in the first delivery of the next over as India slipped to 52 for 3 inside the powerplay. Harmanpreet and Rodrigues (14) then joined hands and kept the scoreboard ticking with the former doing the heavy lifting in the 39-ball 54-run stand, which put India across the 100-mark in the 11th over. Once Rodrigues was dismissed by Egodage in the 12th over, Ghosh displayed her boundary-hitting prowess, using her cover drive to perfection to rack up 18 runs off Oza's over with four boundaries. Harmanpreet reached her fifty in the 18th over and then clobbered two fours and a six off Samaira as India crossed the 180-run mark. While Harmanpreet was run out in the first ball of the 19th over, Ghosh slammed five fours in the remaining five balls to reach her fifty, her first in the shortest format. Ghosh reached her fifty in just 26 balls, and in the last over alone she milked 20 runs.



Neeraj Chopra's adductor is fine, he is doing intense training now: Coach Bartonietz Singh

PTI ■ NEW DELHI

The adductor niggle that has troubled Neeraj Chopra in the past couple of months "is fine" now and the reigning Olympic champion has entered the high intensity phase of his Paris preparations, his German coach Klaus Bartonietz told PTI, dismissing concerns surrounding the Indian star's fitness.



The 26-year-old Chopra, who scripted history by winning the javelin throw gold at the Tokyo Olympics, is once again the country's best bet for a top podium finish in the Paris Games beginning on July 26. But his season has been far from perfect in terms of fitness. Bartonietz, however, insisted that things are back on track. "Everything is according to plan. At the moment, no issue with that (adductor niggle), it's fine, it looks good, hoping to remain like that till the Olympics," the coach, who has been with Chopra for close to five years, told PTI in an exclusive interview from Antalya, Turkey where they are currently based for training. "It's just over two weeks left in the Olympics, so the intensity of training is high. He is having full throwing sessions." Chopra withdrew from Ostrava Golden Spike on May 28 as a precautionary measure after he felt "something" in his adductor (group of muscles located on inner thighs). He made a strong comeback by winning gold at the Paavo Nurmi Games in Finland on June 18 with a throw of 85.97m. He opted out of the Paris Diamond League on July 7, insisting that the event was never a part of his

competition calendar this year. Chopra's competition day is just two weeks away with the qualification round scheduled on August 6. Asked about the training routine of Chopra, Bartonietz said, "We have sessions of sprinting, jumping or throwing or weightlifting alternately for activation in the morning. Two sessions, one in morning and one in evening, two to two-and-a-half-hour long each. Bartonietz said the approach is nearly the same as the one adopted before the Tokyo Olympics. Chopra has maintained that he is focusing more on training than competitions this time. He is working on strengthening his blocking leg to mitigate pressure on his groin. "Yes. Generally, javelin throw is all about it (having fast runway and blocking well). It's very hard to throw far with a poor runway. More the energy you bring with that, the better it is," said the German biomechanics expert. "Three events before Olympics not disadvantage" Chopra competed in five events before Tokyo but in

only three ahead of the Paris Games. His coach does not see anything wrong in cutting down competitions. "You can compete in many events or not, it's tough to say what is enough (number of events). It depends on the situation. Jan Zelezny (Czech legend and world record holder) says he does not compete in too many events (just two before 1992 Olympics where he won gold). "Competitions sometimes disrupt preparation and you start all over again. Competing in high class events can become risky also. Travelling too much with logistics, with javelins around the world, is also not good. "So, it's fine, he has prepared and trained well." Asked about Chopra opting out of the Paris Diamond League on July 7, Bartonietz said, "There were some minor issues, not worth risking by going there. "The venue (of Paris Diamond League) was also not the Olympic stadium (where Chopra will compete on August 6 and 8) anyway, so we decided not to take chances."

throwers have performed exceptionally well this season and Bartonietz suggested that the competition could be wide open in the Olympics. As usual, he would not even predict Chopra's chances. "Olympics is a high-stakes and high-pressure situation and anything can happen. Guessing a medal on the basis of statistics is difficult. "All the top throwers are training their best, they want to give their best in Paris and win a medal. Just like them, we can also claim that Neeraj can win. These claims (of medal chances) can be biased and can bungle up also," he pointed out. German teenager Mex Dehning is the only one to have thrown more than 90m this year, and Bartonietz said it all boils down to momentum. "An 88m throw may not be enough in the Olympics for a medal but it can happen with an 85m also, you never know. It is like a game of poker and on some days you can throw far if you have momentum." Apart from Czech Republic's Jakub Vadlejch (silver medal winner in Tokyo Olympics), Julian Weber of Germany and two-time former world champion Anderson Peters of Grenada, Bartonietz also picked Oliver Helander of Finland as a medal contender. The Olympic Stadium in Paris will have purple-coloured Mondo tracks, which experts believe give faster timings in races. Asked if Neeraj will gain from the track on the runway, Bartonietz said, "It's basically for sprinters (to have better timings). It may be good for Neeraj also, of course, but it's for all javelin throwers, it can be fast. But it is a matter of full use of the speed."

Not safe to predict medal
None of the top javelin



India's Kush Maini wins his first-ever F2 Sprint race

PTI ■ BUDAPEST

India's Kush Maini won his maiden Formula 2 Sprint Race at the Hungarian Grand Prix after initial winner Richard Verschoor was disqualified due to a technical infringement. Following the top of podium finish, the 23-year-old Invicta racing driver added 10 points to his season tally. With the win at the at Hungaroring on Saturday, Maini surpassed Mercedes junior driver Kimi Antonelli in the Formula 2 Drivers Standings to P8 with 66 points under his belt. Placed ninth on the starting grid in round 9 of the F2 Championship, Maini had his work cut out after a tough start on the hard compound tyre, which saw him lose a position on the opening lap to the Prema racing driver Antonelli. Despite the setback in the opening lap, Maini kept his composure and steadily closed the gap on his rivals, finally bearing fruit on lap 17,

when he showcased his acumen and ability to perform under pressure, regaining P2. The final 11 laps saw him not only fiercely defending his position, but also constantly challenging Verschoor -- demonstrating his prowess in handling the demanding Hungaroring circuit. The sole Indian driver on the 2024 F2 grid is currently enjoying his career-best season with five podiums, including a race win under his belt. "The team and I, we keep coming back and we keep fighting. I have a great team around me and thank you so much to them for today," Maini said. Maini's strong performance came on the heels of his exhilarating experience at the Goodwood Festival of Speed last weekend, where he had the honour of driving the iconic E20 Lotus, adorned in the Alpine livery, a car once piloted by racing legend Kimi Raikkonen and Romain Grosjean.

Leander Paes, Vijay Amritraj inducted into Tennis Hall of Fame

PTI ■ NEWPORT (USA)

Legendary Indian tennis players, Leander Paes and Vijay Amritraj, the heroes of many a historic triumph transcending generations, on Sunday became the first two exponents of the sport from Asia to be inducted into the International Hall of Fame. Paes, 51, whose list of achievements include the 1996 Atlanta Olympic Games men's singles bronze, eight men's doubles and 10 mixed doubles grand slam crowns besides several famed Davis Cup victories, was given the rare honour in the 'Player Category'. Vijay Amritraj, 70, reached the men's singles quarterfinals at the Wimbledon and US Open twice each besides guiding India to the Davis Cup finals twice -- in 1974 and 1987. At his peak, he was ranked No.18 in the world in singles and No. 23 in doubles. He along with Richard Evans was inducted into the Hall of fame in the 'Contributor Category'. "Paes was inducted in the Player Category, while Amritraj and Evans were recognised as a part of the Contributor Category: honoring visionary leaders,

pioneers, or individuals who have made a consummate impact on the sport. The three inductees brings the total to 267 legends from 28 nations represented in the Hall of Fame," said the International Tennis Hall of Fame statement. Paes spent 37 weeks at No. 1 in the world rankings in doubles, and won 54 doubles titles on tour. He is one of only three men in tennis history to capture a career Grand Slam in both disciplines. Paes, who hails from Kolkata, competed in seven straight Olympic Games between Barcelona, 1992 to Rio, 2016, the most in tennis history. Reflecting on his journey, Paes said, "A few of us are very blessed to be born into legacy. Today, sitting here at the International Tennis Hall of Fame, I wouldn't have ever dreamt it, playing street cricket and street football barefoot back in Calcutta. "I am so excited to share this with all of you, representing every young boy and girl around the planet who has a dream in their mind, passion in their hearts and fire in their belly," said Paes, who partnered Mahesh Bhupathi in men's doubles and took Indian tennis to great heights before their acrimonious split.

Mandeep's obsession with hockey has grown over the years: Sister

PTI ■ NEW DELHI

Indian hockey forward Mandeep Singh might not have acquired a cult figure like his skipper Harmanpreet Singh or former captain Manpreet Singh but when he is on the prowl upfront, rival defenders dare not take him lightly. With the 29-year-old prolific goal-getter set to be a vital cog in India's campaign at the Paris Olympics, after being a part of the team that won bronze at the Tokyo Games, his sister Bhupinderjeet Kaur says Mandeep's obsession with hockey has only grown over the years, so

much so that if he stays away from the national camp for even a few days, he becomes restless. "He was so crazy about playing hockey that he would come home from school, skip meals, and head straight to practice. As Mandeep grew older, his commitment only deepened. "Even now, whenever I talk to him during a break, he says he has fun at home but starts missing the camp after 15 days," Kaur said in an episode of 'Hockey Te Charcha', highlighting her brother's passion for the sport. Mandeep's blinder against Belgium in the semifinal at the



Tokyo Olympics and his speed left the rivals confused but the Red Lions regrouped to beat India 5-2 to end their hopes of a gold medal. India, though, returned with a bronze, making every player a national hero. But Kaur says, Mandeep just doesn't want to be in the limelight. "He prefers to be seen as a simple boy rather than a star," said Kaur. Recalling the celebrations at home when India won the bronze medal in Tokyo beating Germany, Kaur said it filled everyone with pride. "We were all watching it on TV. Mandeep looked up with tears in

his eyes, having a silent moment to himself. At home, everyone was praying, fingers crossed, hoping for victory. When we finally won, it felt like we had achieved something monumental. The atmosphere at home was electric with joy and pride," she said. Mandeep's prolific goal-scoring has seen him being a part of several successful campaigns, including the Junior World Cup title triumph in Lucknow in 2016, Asia Cup gold in 2017, Asian Champions Trophy titles in 2018 and 2023, Commonwealth Games silver in 2022 Birmingham and the Hangzhou Asian Games gold

in 2023, which helped India qualify automatically for Paris. Kaur herself has forged a bond with the entire India team and she says all the players respect her and she wants them to return from Paris a successful bunch. "Once Harmanpreet asked where his rakkhi was, and from then on, I started sending it to all of them (players). They call me their sister, and I feel the same way." She is confident India will come back with a gold medal from Paris. "The team has become so perfect that they will win and bring (home) the gold," she said.