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Terrorists Encountered in Kashmir; one Jawan martyred



PIONEER NEWS SERVICE

A jawan of the Indian Army On Saturday was martyred during an encounter with a group of heavily armed terrorists in the South Kashmir district of Kulgam.

Till the time of filing the report, the security forces were engaged with the terrorists at two locations in the valley.

According to a spokesman of the Jammu and Kashmir police, the first gunfight took place in Modergam village of the south Kashmir district after security forces launched a cordon and search operation there following specific inputs about the presence of terrorists.

The terrorists opened fire at the security forces and an encounter broke out.

The officials said a soldier of the Indian Army sustained fatal injuries in the exchange of fire. In another gunfight,

contact with terrorists was established in the Frisal Chinnigam area of Kulgam. "Police and security forces are on the job. Further details shall follow," Kashmir Zone Police said in a post on X.

Meanwhile, the Director The DGP said the foreign General of Police RR Swain mercenaries do not belong to Saturday said the adversary across the border is using foreign mercenaries to create a fear psychosis among the people to sustain terrorism in Jammu and Kashmir.

Interacting with the media in Doda after promoting seven special police officers (SPOs) constables for their exemplary bravery during a recent anti-terrorist operation in the Gandoh area of the district, the police chief said people are fully cooperating with the security agencies and it is a matter of time when the terrorists start getting

Gandoh area of the Doda district on June 26. This was the first encounter in Gandoh in more than a decade. Without naming Pakistan,

Swain said, "Our adversary and enemy has posed a challenge, thinking that this is a border area and they can take advantage of it by pushing foreign terrorists to revive militancy by creating fear (among the people). "They (foreign terrorists) are

not in big numbers and we are fully determined to defeat them, like we have done in the past, with the help of other forces and cooperation of the public," he said.

anyone and they also do not fall in the ambit of law. They are involved in mass

killings, taking sheep without paying money and their aim is to create fear and force the public into submission and create disturbance. But it cannot be achieved because the people are with us and we will fight them out," the DGP said. "Police and its security partners are fully determined and committed to defeating the terrorists with the active support of village defence guards, SPOs and commoners. It is only a question of time eliminated. when they will start getting Three foreign terrorists were killed in a gunfight in the getting eliminated," he added.



Bhole Baba breaks silence

PNS LUCKNOW

Following the stampede at his "satsang" in Uttar Pradesh's Hathras a few days ago, which resulted in the death of 121 people earlier this week, Bhole Baba, the former constable-turned-self-styled godman self-styled godman, expressed his sorrow over the incident. He said he is "deeply saddened" by the loss of lives, conveying his condolences and sympathy to the grieving families.

"May God give us the strength to bear this pain. Please keep faith in the Government and the administration. I have faith that anyone who created the chaos would not be spared. Through my lawyer AP Singh, I have requested the members of the committee to stand with the bereaved families and the injured and help them throughout their lives," said Bhole Baba in a video statement. Meanwhile, Devprakash

Madhukar, the key accused in the July 2 Hathras stampede, was on Saturday sent to 14-day judicial custody by a magistrate

court, officials said. Besides, Sanju Yadav, another suspect who has been arrested in connection with the case, was also sent to jail for the same duration, they said. Earlier in the day, Hathras Superintendent of Police Nipun Agarwal told reporters that the police would apply in the court to get the Madhukar remand of and other suspects.

"Devprakash Madhukar and Sanju Yadav were produced before the judicial magistrate's court today and both were sent in judicial remand for 14 days," Assistant Prosecution Officer Uma Shankar Yadav told reporters. The APO said Ramprakash

Shakya, who too has been arrested in the stampede case, would be produced in the court on Sunday since he was arrested after Madhukar and Yadav and has some police formalities pending. Madhukar was arrested from Delhi's Najafgarh area late on Friday night by a Special Operations Group of the Hathras police.

PM Modi Budget Ready

DEEPAK KUMAR JHA **NEW DELHI**

Narendra Modi's third tenure as Prime Minister is all set to present its eleventh annual Budget consecutively and with this Finance Minister Nirmala Sitharaman, serving her second consecutive term as Finance Minister, will become first Finance Minister to present seven consecutive Union Budgets, surpassing Morarji Desai, who presented six consecutive annual Budget of the Government of India. Interestingly the Budget will also be the first one in the new Parliament which was inaugurated last September during which the historic Women Reservation Bill was passed.

President Droupadi Murmu on Saturday approved the proposal for summoning of both Houses of Parliament for the Budget Session, 2024 from July 22, to August 12 and the Union Budget 2024-25 will be presented in Lok Sabha on July 23. This will be the first Budget presented by the Government led by Prime Minister Narendra Modi's NDA third

An interim Budget was presented in February ahead of the Lok Sabha polls, which were held in April-June and a Special Session concluded early this week where the new MPs took oath and new Council of Ministers were introduced besides Presidential address to joint sitting was conducted. In her address to a joint sitting pivotal role in outlining the



of Parliament, she had said major social and economic decisions will be a highlight of the Budget.

Parliamentary Affairs Minister

Kiren Rijiju announced Budget Session will be held between July 22 and August 12 and Sitharaman will present the Budget on July 23. "President of India, on the recommendation

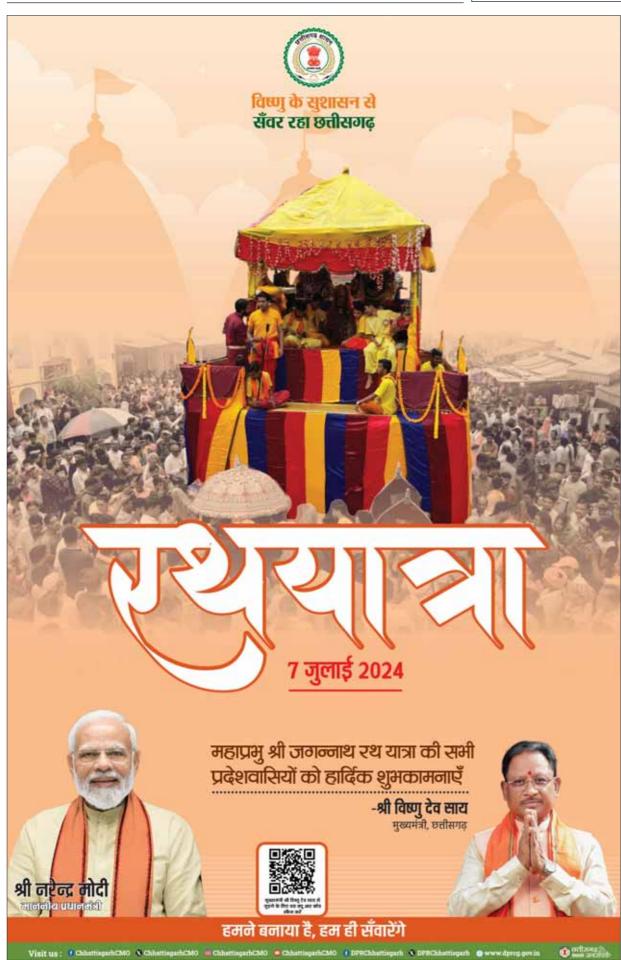
Government of India, has approved the proposal for summoning of both the Houses of Parliament for the Budget Session, 2024 from July 22, 2024 to August 12, 2024 (subject to exigencies of Parliamentary Business)."
Given the key NDA partners - TDP and JD(U) — have

shared their demands to the PM and separately to the Cabinet Ministers, including Sitharaman, the Budget is expected to give more weightage on the welfare aspects. Interestingly the crucial portfolios like, finance, home, defence, agriculture, roads and rails are with the The Union Budget plays a

priorities, fiscal strategies, and expenditure plans for the year ahead. It is keenly awaited by various stakeholders including businesses, investors economists, and the general public for its implications on economic growth, sectoral allocations, taxation policies, and welfare measures.

Sources said that a series of meetings with various social political, including economical industrial stakeholders are on the anvil in the next fortnight, a usual practise, before the budget is shaped and prepared. Sources said the Economic Survey will be tabled in both the House — Lok Sabha and Raiva Sabha — when the Parliament meets on July 22. Sitharaman has already met with economists, finance and capital market experts and industry bodies for pre-budget consultations. Sitharaman also chaired a meeting with Finance Ministers of different States and Union Territories towards the end of June to take suggestions for the upcoming

Union Budget.





HC nod to terminate pregnancy after woman's 30-week foetus found to have neuro-developmental disorder

31-year-old woman has Abeen permitted by the Delhi High Court to medically terminate her pregnancy of around 30 weeks after the foetus was found to have a neuro-developmental disorder. The Delhi High Court in its order said the law ensures that women are not compelled to carry such pregnancies to term where the child would be born with

severe abnormalities. In view of a report given by a board of doctors from AIIMS, the court observed that the diagnosis indicated that the child, if born, would likely face severe neurological impairments and extensive health challenges on account of 'Joubert Syndrome'.

The court further noted that the first child of the petitioner woman also suffered from neurological handicaps and if

pregnancy is not allowed in this case, "She and her family would be compelled to care for two children with significant neuro-developmental issues, requiring extensive, continuous, and advanced medical care potentially for their entire lives".

The burden of raising two children with severe disabilities in a household with limited financial resources is a daunting prospect that would likely lead to grave injury to the petitioner's mental health, it added.

"Considering the substantial risk of serious neurological difficulties and the adherence to the established medical guidelines, the court finds the recommendation of the AIIMS Medical Board to be well-founded in evidence and in the best interest of the Petitioner's health and the potential quality of life for the

to undergo medical termination of pregnancy at a medical facility of her choice," Justice Sanjeev Narula said in the

The provisions of the (Medical Termination of Pregnancy) Act, read in harmony with the principles of personal liberty enshrined in the Constitution, affirm the right of a pregnant woman to seek a termination of pregnancy under medically justified circumstances.

"This ensures that women are not compelled to carry pregnancies to term, in situations where doing so would compromise their health or result in the birth of a child with severe abnormalities," the court stated

It appreciated the AIIMS medical board for their assistance and said the doctors who contributed their opinions in this case shall have



immunity in the event of any litigation arising out of this petition.

The petitioner, represented by lawyer Amit Mishra, approached the high court ifter the doctors at Lok Nayak Hospital, where she was being treated, denied her request to undergo medical termination of pregnancy (MTP) on June 13.On June 24, the court first

constituted a medical board comprising two doctors from Lok Nayak Hospital but on July 1, it constituted another board of doctors from AIIMS after the former's report was found to be "inconclusive". Justice Narula, in the order, emphasised that the opinion of the medical board in cases of termination of pregnancy is of considerable importance

for assisting the courts in arriving at a just order and medical professionals must offer their expert opinions without fear of legal reper-

The medical board at Lok Nayak Hospital, however, did not meet the court's expectations in the present case, Justice Narula observed, adding that in spite of the serious nature of the matter, it failed to conduct necessary tests and did not approach the issue with the required level of seriousness.

"When the court directed them to form a board, the subsequent report remained inadequate and lacked thorough testing and evaluation. The medical professionals play a crucial role in the society and it is not the intention of this Court to demoralize them, yet, it is imperative to highlight the significance of their responsibility in such

Stating that the delay and inadequate counselling of the petitioner resulted in an advanced stage of pregnancy, the court advised the medical board of Lok Nayak Hospital "on the importance of their role and the critical impact their opinions have on the lives of the Petitioners and their families". The court said the negative

recommendation against termination of pregnancy by Lok Nayak Hospital was because of "inconclusive diagnosis" as they "relied upon old medical reports and scans without conducting further detailed tests"

"They have failed to provide a definitive diagnosis or fully assess the Petitioner's current condition. Conversely, the AIIMS Medical Board conducted comprehensive testing, including up-to-date ultra-

and arrived at a clear diagnosis of Joubert Syndrome," it

"The Medical Board at Lok Nayak Hospital has noted the fetal abnormality of Dandy-Walker Syndrome, a neuro-

logical malformation of the

cranium, however, in absence

of conclusive findings, they did not advocate MTP. 'On the other hand, the Medical Board at AIIMS has concluded that their findings were suggestive of Joubert Syndrome, a multisystem disorder with a poor neurodevelopmental outcome and opined in favour of MTP," the

It also noted that while Lok Nayak Hospital reported the pregnancy as being over 32 weeks, the AIIMS, through a more recent ultrasound scan, determined the gestational period to be 30 weeks and

court said.

Court permits Kejriwal's wife to access his medical records

STAFF REPORTER ■ NEW DELHI

court here on Saturday Aallowed jailed Delhi Chief Minister Arvind Kejriwal's wife Sunita access to his medical records and also permitted her to independently consult and seek advice from the medical board or doctors on his behalf.

The court, however, rejected Kejriwal's application seeking directions to prison authorities allowing Sunita Kejriwal to be his attendant during consultations with doctors.

Special Judge Kaveri Baweja said Kejriwal had not been admitted to a hospital and according to Delhi Prison Rules, permission was granted to a family member as an attendant with an undertrial prisoner by the jail superintendent in consultation with the medical officer in-charge, only when the prisoner is admitted in hospital.

"This court sees no reason to carve out an exception for the



applicant (Kejriwal) by going against the prison rules, more particularly in view of the submission of the jail authorities that several other inmates are also undergoing treatment for the same ailment as the applicant and who have not been permitted to have an attendant," the court said.

Regarding granting Kejriwal's wife access to his medical records, the court said the prison authorities did not have any objection and during the proceedings, the chief minister agreed that his medical records were being "duly shared" by the authorities concerned.

Also, Kejriwal's family members have been providing home-cooked food to him in accordance with the diet prescribed by the medical board of

permit his wife to independently consult and seek advice from the medical board or doctors, the court said it was pointed out by Kejriwal and his advocate that this was necessary to ensure that his prescribed diet was prepared prop-

"It is submitted that the wife of the applicant may also have certain queries regarding the method of preparing the diet as per the recommendation of the medical board, for which she may need to consult the doctors/medical board of AIIMS," the court said.

"The said submissions appear to be justified and in this regard, it is directed that in case of such a query, the wife of the applicant may independently approach the concerned medical board/doctors, who may have a meeting/consultation with her to discuss the method of preparation of medically prescribed diet of the applicant, if so permitted under the hospital rules," it added.

Sisodia allowed to release funds for constituency works

STAFF REPORTER ■ NEW DELHI

 $F_{\text{Minister of Delhi and MLA}}^{\text{ormer Deputy Chief}}$ from Patparganj Assembly constituency Manish Sisodia has received permission from the court to release funds for various development works in his Assembly segment. The permission has been granted by the court of Special Judge Kaveri Baweja.

Sisodia had sought permission from the court to release Rs 3 crore from the MLA fund for various development works in Khichripur village, East Vinod Nagar, Resettlement Colony Khichripur, Railway Colony and Mandawali.

After getting permission for release of funds from the court, other works, including open space in Khichripur, beautification of Swati Park in West Vinod Nagar, entrance gate at Mayur Vihar Phase 2 and Firni Mod will be completed soon.



Sisodia had filed a petition in the court for various development works in his assembly constituency. This petition was filed in the court of Special Judge Kaveri Baweja. All the cases related to the excise matter are being heard in this court. Sisodia had sought permission from the court to release money from the MLA fund to get various development works done in his area. At present, Rs 3 crore is to be spent on several development

Vinod Resettlement Khichripur, Railway Colony Khichripur, Railway Colony and Mandawali. Judge Kaveri Baweja's court accepted Sisodia's request and has granted permission to release Rs 3 crore from the MLA fund. After getting permission from the court, now the money will the court, now the money will be released soon and development works will be completed

A transfer shifting work will be done in West Vinod Nagar with this Rs 3 crore received from Manish Sisodia's MLA fund. Apart from this, beautification of open space in 7 blocks of Khichripur, development of park in Mayur Vihar Phase 2, entrance gate in Pocket A and Firni Mod Khichripur of Mayur Vihar Phase 2, boundary wall and grill in Pocket-4 of Mayur Vihar Phase 1, beautification of Swati Park in West Vinod Nagar will also be done.

Bharadwaj convenes meeting on dengue preparedness in city

STAFF REPORTER ■ NEW DELHI

Delhi Health Minister Saurabh Bharadwaj convened a meeting, on late from various departments to ensure preparedness against dengue during the monsoon season in the city, officials said on Saturday.

Giving details, they said in this meeting, it was reported that 40 lakh pamphlets have been printed for public distribution, ASHA workers have been sensitised about dengue awareness, the radio jingle file has been processed and will start soon, and genome sequencing of samples has been increased.

The participants in the meet-

ing included officials from

Home & Family Welfare (H&FW), GNCTD, Directorate General of Health Services (DGHS), MCD, NDMC, Delhi Urban Shelter Improvement Board (DUSIB), PWD, Directorate of Education, Delhi State Industrial and Infrastructure Development Corporation (DSIIDC), and Irrigation and Flood Control (I&FC). The Municipal Corporation



of Delhi (MCD) briefed the Delhi Health Minister that all schools under MCD are providing kids with dengue home work cards.

Breeding checking has been increased. MCD gave a presentation wherein they highlighted the common area under different departments where breeding is commonly

The Minister directed the Special Secretary (Health) to call the Police and cantonment board in the next meet-

The directorate of Education intimated Minister Saurabh Bharadwaj that an advisory has been issued in May and the 2nd advisory would be issued in the 2nd week of July. PTM to be arranged in the last week of July wherein par-

ents would also be sensitized for dengue and malaria related precautions. All schools have been directed to direct students to wear full sleeves

The Health Minister directed that proper monitoring be in place since private schools are not following the directions regarding full sleeves clothings and also a mechanism to be developed for checking dengue homework cards. While the NDMC, informed the Minister that advisory and dengue homework cards

have been issued. Minister directed DUSIB that proper checks be done in JJ clusters to stop mosquito breeding. Officials from DUSIB informed that they are regularly monitoring and also deployed pumps to drain the Water.

Bharadwai directed DSIIDC that industries and areas under them may also keep a regular check. Officials from DSIIDC informed that the contractor has been directed not to let water deposition in the working area and also inform the preventive measures to laborers working under them.

FIR against Pak High Commission cook for molesting woman help

STAFF REPORTER NEW DELHI

"Accordingly, insofar as the

prayer of the applicant regard-

ing providing the medical

records of his medical meet-

ings/consultations with the

doctors to his wife is con-

cerned, the same is allowed and

the jail authorities are directed

to provide the medical records

Regarding Kejriwal's request to

of the applicant," it said.

The Delhi Police has regis-I tered an FIR against a 54-year-old Pakistani nationallegedly attempting to molest an Indian woman at the official residence of Saad Ahmad Warraich, the Charge D'Affaires at the Pakistan High Commission in New Delhi.

The complaint from the woman, an Indian national, against cook Minhaj Hussain, 54, was received by the Tilak Marg police station on June 28, a senior police officer said. He said a case under section 354 (assault or criminal force to woman with intent to outrage her modesty) of the Indian Penal Code was registered and further probe was conducted.

The woman was employed as a domestic help a few months ago and she lived in a quarter on the premises of the diplomat's residence, the officer said. Hussain had come to India from Pakistan in February, he said and added that it has been informed that he has been sent back to Pakistan, which is being ver-



According to sources, when the victim complained to Warraich about Hussain's alleged attempt to molest her, the diplomat reportedly sent Hussain back to Pakistan on the pretext of Bakrid. However, Hussain later returned and resumed work at Warraich's residence.

Pakistan Commission allegedly asked the woman to leave her job and vacate Warraich's residence by June 30. Shocked by this treatment and Hussain's return, the victim was prompted to file a police complaint.

The victim, a widow employed as a domestic help at Warraich's residence, filed

a complaint at Tilak Marg Police Station on June 28. She alleged that Hussain, who worked as a cook at the diplomat's house, had been misbehaving with her since his arrival in India in February,

Delhi Police immediately registered an FIR under IPC Section 354 (assault or criminal force on a woman with intent to outrage her modesty) against Minhaj Ahmed Hussain based on the complaint.

constantly demanding sexual

favours and making obscene

advances.

Meanwhile, Hussain, who was living in India on an official passport and visa, was sent back to Pakistan on June 30, suspecting trouble.

Taxi driver strangles friend over money dispute in hotel; held

Ataxi driver from Punjab allegedly strangled his a hotel in southwest Delhi's Vasant Kunj area. Mandeep Singh (32), a resident of Punjab's Rup Nagar, was arrested in Karol Bagh here on Friday night and the victim's car, wallet and clothes were recovered from his possession,

the police said. The body of the victim, Rohit (28), was found in the bathroom of a room by the hotel staff on Thursday, Deputy Commissioner of Police (southwest) Rohit Meena said. During interrogation, the hotel staff told the police that Rohit and Mandeep had reached their hotel in a car around 1.30 am on July 4 and around 3:20 am, Mandeep left the hotel, DCP Meena said.

The next morning, when the hotel staff went to check the room, they found Rohit's body in the bathroom, he said. The DCP said that a team was formed to trace Mandeep, the prime suspect of this case. On the basis of technical evidences, the team also con-



Gandhi International Airport. They were tired so decided to rest at a hotel here overnight, he said. During the stay, they got into an argument over a previous dispute related to money that Rohit owned Mandeep, Meena said. Following the argument, Mandeep strangled Rohit while he was in the bathroom and fled away with his car, wallet

and clothes, he said. The DCP said that Mandeep also withdrew some money from Rohit's ATM card. The accused is being further interrogated, he

_G approves probe against Satyendra for receiving ₹7 crore 'bribe'

STAFF REPORTER **NEW DELHI**

 $D_{\tt Governor(LG)Vinai}^{\tt elhi} ~{\tt Lieutenant}$ Kumar Saxena has approved a probe against former Delhi Minister Satyendra Jain under Prevention of Corruption Act for allegedly receiving a bribe of Rs seven crore for waiving off penalty of Rs 16 crore imposed on Bharat Electronics Limited (BEL). It was executing a project for installation of CCTVs in 70 Assembly constituencies in

Delhi. Giving details here on Saturday, Saxena agreed with the proposal of Directorate of Vigilance (DoV) to refer the matter under Section 17 A of the Prevention of Corruption

(PoC) Act, 1998 to the Union Ministry of Home Affairs for approving investigation against the former Delhi Minister by ACB.

Jain, who was Minister PWD, **GNCTD** and Nodal Authority of the Project, is accused of receiving a bribe of Rs 7 crore for waiving off the penalty of Rs 16 crore imposed on Bharat Electronic Limited (BEL) for delay in installing 1.4 lakh CCTV Cameras in Delhi at the cost of Rs 571

The case of corruption against Jain emerged after a complaint by an employee of BEL in September 2019, who alleged that the BEL through vendors arranged for a bribe of Rs 7 crore for Jain. As per records, apart from the complaint, the Anti-Corruption Branch (ACB), GNCTD also obtained information from secret sources which corroborated the case of the complainant.

Further, according to the file, the fact that repeat orders were placed to the vendors to enhance value to arrange for the bribe money to the Minister (PWD) indicate commission of offence under PoC Act. The bribe money was allegedly paid to Jain through vendors of BEL.

Considering the information provided by the ACB and gravity of allegations/corruption involved in the matter, it was recommended that there were sufficient reasons and grounds to grant permission under Section 17 A of the PoC



investigation in the matter to unearth the truth.

According to ACB, a media report in 2019 had stated that Delhi Government had imposed a penalty of Rs. 16 Crore on BEL for delay in installing the CCTVs in Delhi and a bribe of Rs 7 crore was arranged to be paid to Jain for waiving off the penalty.

The ACB had recorded the statement of the complainant, who faced the Departmental Enquiry (DE) in connection with the case.

The complainant also provided the copy of minutes of proceeding of DE against him in which he had mentioned about the incident of demand and payment of bribe amount of Rs7 Crores to Jain.

The DoV submitted that a prima facie case under the PoC Act is made out against Jain on the basis of the statements of the complainant and other evidences collected in the matter and accordingly vide letter dated 06.02.2023, comments along with supporting documents were sought from the PWD, prior

to placing it before the com-

The DoV also perused the comments of the PWD which could not provide satisfactory reply against the allegations saying that it was the internal matter of the BEL.

petent authority.

The BEL in the RTI query had also refused to give information in the matter saying it is commercially confidence and interrogatory in nature. Reacting to the LG's move, the

AAP said the BJP is relentlessly engaging in sinister conspiracies against the Delhi government day and night to halt Delhi government's works.
"This is the 201st case against

us, like the previous 200 cases, the BJP and its central government are trying to paralyze the Delhi government

because the AAP is a staunchly honest party. This case is yet another step towards suppressing the AAP. They illegally constituted the 'Shunglu Committee' and kept 400 files of the AAP government under the pretext of an investigation; they've been investigating the so-called liquor policy for two years, opening various cases with new fabricated stories, yet not a single rupee of corruption has been recovered to date," the AAP said in a statement. The AAP further said that the

BJP didn't stop here; they fabricated this so-called Liquor Scam in which they have filed a 50,000 pages chargesheet, examined 464 witnesses, and yet haven't unearthed a single rupee of corruption.



CM calls for enriching C'garhi language, culture

Convocation ceremony of Pt Sunderlal Sharma University

Chhattisgarh Chief Minister Vishnu Deo Sai on Saturday appealed to students and the academic fraternity to enrich the language and culture of the region.

He said this at the

convocation ceremony of the Pt Sunderlal Sharma Open University in Bilaspur.

Sai lauded the efforts of the university and said the new course of MA Chhattisgarhi would help to promote the Chhattisgarhi dialect.

He expressed delight that the Open University was scaling new heights in the



arranging courses for those who cannot attend regular

Now permission has been granted to the university to collaborate with any of the foreign universities, he said.

During the programme, the Chief Minister also appealed to the students to plant at least one sapling in the name of their mother.

The education programme of the Open University facilitates the students residing in remote areas in taking education."Being a native of such an area, I can understand how distant learning can be

Empowering cooperative societies will bring prosperity: Minister



STAFF REPORTER

Cooperative Minister Kedar Kashyap on Saturday said that prosperity of villages, states and the country was closely linked to the empowerment of cooperative societies.

The basic objective of a cooperative society is the development of all with everyone's participation, he

He was addressing a

programme organized at the Indira Gandhi Agricultural University in Raipur on the occasion of the International Cooperative Day.

The Minister said: "Our work should be visible at the ground level. We will achieve economic prosperity only everyone's through participation and cooperation.

He underlined the multifaceted role of cooperative societies saying they not only serve as a center for purchasing and selling paddy and seeds

but also strive to develop into a multifaceted common service center.

He stated that the economic progress of farmers was the priority of his government. To meet their basic needs, interest-free loans are being provided through the

Kisan Credit Card. So far, loans worth Rs 5.5 thousand crore have been disbursed, with a target of distributing loans worth Rs 7,300 crore in this Kharif season, he said.

Five Maoists with Rs 3 lakhs bounty surrender in Sukma



STAFF REPORTER

 $F_{\text{carrying a cumulative}}^{\text{ive Maoists, two of them}} \\ \text{bounty of Rs 3 lakh, on}$ Saturday surrendered in

Chhattisgarh.

Kartam Sukka alias Hadma, Soyam Badra, Madkam Hadma and two others turned themselves in, Sukma Superintendent of

Police Kiran Chavan said. Kartam Sukka, who

carried a reward of Rs 2 lakhs on his head, was the Battalion Number 1 Company Number 2 Platoon Number 2 Section 'A' party member. Badra carried a bounty of Rs 1 lakh on his head. Madkam Hadma surrendered with a firearm.

IYC leader among two arrested for Balodabazar arson

STAFF REPORTER BALODABAZAR

Chhattisgarh Police on Saturday arrested two persons including a Indian Youth Congress (IYC) leader in connection with the arson in Balodabazar city last

Shailendra Banjare (33) and Praveen Mahilange (19) have been taken into custody, Balodabazar-Bhatapara Superintendent of Police Vijay Agrawal said. Banjare, who resides in

Balodabazar city, is a district president of youth wing of the Congress party. Mahilange hails from Balod district. Banjare, who was absconding after the arson,

was nabbed from a train while heading to Maharashtra. Mahilange was caught on



With this, 155 people, including members of an outfit named Bhim Regiment, have been arrested for the arson on June 10 during a demonstration.

On June 10, a mob set fire to a complex housing government offices and more than 150 vehicles in Balodabazar city during a demonstration

IDBI BANK LTD. Regional Office-Bhilai, Add:-19, Priyadarshni (T) IDBI BANK CIN:L65190MH2004GOI148838 Parisar, Nehru Nagar Square Bhilai-490020

PUBLIC NOTICE FOR SALE The undersigned being the Authorized Officer (AO) of the IDBI Bank Ltd. (IDBI) invites Bids/Offers for E-Auction for sale of the following property mentioned below of under the provisions of the Securitisation and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 read with proviso to Rule 8(6) of the Security Interest (Enforcement) Rules, 2002, Possession whereof has been taken by the AO, IDBI Bank Ltd. Notice is hereby given to the public in general and in particular to Borrowers(s), Mortgagor(s) & Guarantor(s) that the below described immovable property mortgaged/charged to the secured creditor will be sold as per below details

tor	for recovery of mentioned dues.					
S.	Name of Borrowers	Outstanding Amt. as	Demand Notice Date	Reserve Price		
No.	& Address:	per Demand Notice	Date of Possession	EMD		
1)	Borrower: M/s Suman Feeds, Prop:-Gavesh Kumar Sinha	Rs. 25,04,283.00/-	01.01.2018	Rs. 17,10,000/-		
333.53	Mortgagor cum Guarantor- Shri Roop Ram Sinha & Shri		13.03.2018	Rs. 1,71,000/-		

Tehsil:-Charama Dist:-Kanker, Chhatisgarh, 494 337. Branch-Kanker Description of Property: 1): Diverted Plot- All that piece and parcel of land and building comprised in and forming part of Khasra No.736/3, admeasuring 0.070 hectre (7535 Sq.ft.) at Village Dhedkohka, PH No.04, Tahsil Charama, Dist. Kanker, (C.G.) Owner-Shri Gavesh Kumar Sinha. Boundaries: East by: Other's Land, West by: Other's Land, South by: Other's Land, North

Description of Property 2): Diverted Plot & Shed- All that piece and parcel of land and building comprised in and forming part of Khasra No.735, admeasuring 0.214 hectre out of which diverted land 0.180 hectre (19368 Sq.ft.), Village Dhedkohka, PH No.04, Tahsil Charama, Dist.Kanker, (C.G.) Owner-Shri Roop Ram Sinha and Shri Ram Krishna Sinha. Boundaries: East by Other's Land, West by: Other's Land, South by: Other's Land, North by: Road, together with all and singular the structures an erections thereon, both present and future. Physical Possession

ast Date of Deposit of EMD- 26/07/2024 till 2:30 PM Bids incremental amount - Rs. 10,000/-

Date & Time of Inspection of Property - From 08/07/2024 to 26/07/2024, Time: 2pm to 5pm on working days. Interested Parties may contact IDBI BANK LTD: Mr. Vijay Kumar Singh, Mo: 9826171850. For Further any assistance contact Authorised Officer- Shri. Satyajit Banerjee, Mo- 8435005007, Shri Rajib Kumar Jain, Mo: 8087020189 & Shri Shubhranshu Sekhar Sahoo Mo: 9560523180

Shri Shubhranshu Sekhar Sahoo Mo: 9560523180

List of the terms & conditions appearing in Bid Document: 1. The sale of Secured Assets is on "as is where is basis", "as is what is basis", "whatever there is basis" and "no recourse basis" for and on behalf of the Secured Creditors viz.: IDBI Bank Ltd. 2. The aforesaid property shall not be sold below the reserve price mentioned above. 3. The Earnest Money Deposit - (EMD) has to be deposited in Favor of IDBI Bank Ltd. through DD/Transfer to A/c No- 04837000010771, IFSC Code - IBKL0000048, Branch - Nehru Nagar Bhilai. 4. The Earnest Money Deposit - (EMD) will not carry interest. AO may retain EMD of top three bidder's upto 3 months from the date of opening of the bids. 5. The AO may permit inter-se bidding among the top three bidder's upto 3 months from the date of opening of the bids. 5. The AO may permit inter-se bidding among the top three bidder's upto 3 months from the date of opening of the bids. 5. The AO may permit inter-se bidding among the top three bidder's upto 3 months from the date of opening of the bids. 5. The AO may permit inter-se bidding among the top three bidders of 3 may be agreed to by the AO. In case of failure to deposit the balance amount of EMD deposited) at the time of confirmation of sale. The balance amount of the sale or such extended period as may be agreed to by the AO. In case of failure to deposit the balance amount within the prescribed period, the deposited amount shall be forfeited, including earnest money. 7. AO reserves the right to sell the assets by any of the modes as prescribed in the SARFAESI Act. 8. The Secured Assets mentioned in the Bid Document are based by any of the modes as prescribed in the SARFAESI Act. 8. The Secured Assets are inspect the records relating to mortgaged assets available with AO on request. 9. Secured creditors on tot take responsibility for any errors/omissions/discrepancy/ shortfall etc in the secured Assets or for procuring any permissions etc or for the dues of any authority established by la SYSTEMS LIMITED, Contact wiss. Bit Journal of the Systems.com sushmitha.b@antaressystems.com statutory 15 days Sale Notice under Rule 9(1) of the SARFAESI Acts 2002: The borrower/ guarantor/ mortgager are hereby notified to pay the sum as mentioned above along with upto date interest and ancillary expenses before the date of auction, falling which the property will be auctioned/sold and balance dues, if any, will be recovered with interest & cost.

Sd/- Authorised Officer, IDBI Bank Limited Place: Bhilai, Date: 07.07.2024

Cong to wage war against inflation, unemployment



STAFF REPORTER RAIPUR

The Congress ... Chhattisgarh will launch

a mass movement against inflation and unemployment. PCC chief Deepak Baij said Prime Minister Narendra

Modi was not showing courage to even discuss price hike and Citing figures, he said the

declined from 8.2 to 5.7 due to imbalance in foreign trade the dependency on imports. The price of crude oil had

decreased 20 percent globally in comparison to 2014 but the prices of petrol and diesel had increased by Rs 30-40 in the country, he said. The wholesale and retail

rates were constantly rising, he



Central Railway General Manager Neenu Ittyerah at his official residence and discussed issues related to railway facilities in the state.

Revenue fortnight in villages for quick grievances redressal



STAFF REPORTER

hhattisgarh Revenue Minister Tank Ram Verma announced on Saturday that revenue camps will be held in villages across the state from July 6 to 20 for quick redressal of grievances. Speaking in Raipur, he said 5.90 lakh of the 7.41 lakh

cases have been settled. Work

is on to resolve the pending

Providing information about other initiatives, he said Rs 143.54 crore will be distributed across the state as relief for losses caused by natural disasters.

The survey of all the inhabited land in all the villages has been completed through drones. The rights records will be distributed to

Rs 143.54 crore will be distributed across the state as relief for losses caused by natural disasters.

the landowners by October." A digital crop survey is being conducted through the Girdawari mobile app to keep a record of the crops in cultivation as well as to keep track of imports and exports,

Woman SHO suspended, jailed in Raipur



STAFF REPORTER

Awoman police officer in Chhattisgarh was sent to jail on Saturday after being suspended for corruption.

Inspector Vedvanti Dariyo was arrested on Friday by the Anti-Corruption Bureau/Economic Offences Wing, Raipur Senior Superintendent of Police Santosh Singh said. Dariyo, who was a Station

House Officer of a women police station in Raipur, sought Rs 35,000 as bribe to lodge a dowry harassment case of Preeti Banjare against her husband. The ACB/EOW sleuths

caught Dariyo while accepting Rs 20,000 as a first installment of the bribe on Friday. A court sent her to prison on Saturday.

HINDUJA HOUSING FINANCE

Name of Borrower/

Guarantor/Co-Borrower

Mr. ASHWINI KUMAR TIWARI

HINDUJA HOUSING FINANCE LIMITED

Corporate Office: 167-169, 2nd floor, Near Little Mount Metro Station, Saipet, Chennai - 600015 Branch Office- 3rd Floor, Near Axis Bank, Pujari Chamber, Pachpedi Naka, Raipur, Chhattisgarh-492001

DEMAND **DEMAND NOTICE UNDER SECTION 13(2) OF SARFAESI ACT, 2002**

Description of Secured Asset

(Immovable Property)

All That Part And Parcel of The Property Bearing

Under Section 13(2) of the Securitisation and Reconstruction of Financial Assets And Enforcement of Security Interest Act, 2002 (the said act) read with rule 3(1) of the Security Interest (Enforcement)) Rules, 2002 (the said rules). In exercise of powers conferred under section 13 (12) of the said act read with rule 3 of the said Rules, the Authorised Officer of HHFL has issued demand notice under section 13(2) of the said act, calling upon the Borrower(s)/Guarantor(s), to repay the amount mentioned in respective demand notice issued to them. In connection with above, notice is hereby given, once again, to the Borrower & Guarantor to pay within 60 days from the publication of this notice, the amounts indicated here in below. The detail of the Borrower & Guarantor, amount due and security offered towards repayment of loan amount are as under:-

1. Demand Notice issued Date

1. Issuance Date - 28-06-2024

3. Amount Due as on Notice Date

Total Amount Due - Rs

2. Loan Account No.

ir ASHWINI TOMAR TIWARI Borrower) Irs. UMA TIWARI (Co Borrower)	2. CT/CTG/RAPR/A000000889 3. Total Amount Due - Rs. 19,54,372/- (Rupees Nineteen Lakhs Fifty Four Thousand Three Hundred Seventy Two Only)	Plot/House Mauja - Kobiya, R.N.M-Bemetara, P.H.No. 35, Ward No. 10, Rani Laxmi Bai Ward, Block, Tehsil & Distt Bemetara, Part of Khasra No. 1468/1, Chhattisgarh, India 491335. Total Area Parches Hectare Area of 0.008, Total 0.0560 Hecor86.524 Sq.Mtr. or 931 Sq.Ft Boundaries - East - House of Sobh, West - 20 Feet Road, North - Plot of Pandey, South - Plot of Sahu
Ir. SEWAK RAM SAHU (Borrower) Irs. LOKESHWARI SAHU (Co Borrower)	1. Issuance Date - 28-06-2024 2. CT/CTG/RAPR/A000000752 3. Total Amount Due - Rs. 12,32,841/- (Rupees Twelve Lakhs Thirty Two Thousand Eight Hundred Forty One Only)	All that Part and Parcel of The Property Bearing Plot/House Mauja Gram - Budheni P.H.No01, Part of Khasra No454, Bhukhand No. 33, R.N.MKarelibadi, Tehsil-Magarlodh, DisttDhamtri, Chhattisgarh, India-493885 Total Area - 185 Sq.Mtr. Boundaries - East - Road (Gali), West - Road (Gali), North - House of Teeju, South - House of Romlal
ir. SANJAY BAGHEL (Borrower) irs. MADHU BAGHEL (Co Borrower)	1. Issuance Date - 28-06-2024 2. CT/CTG/RAPR/A00000935 & CO/CPC/CPOF/A000003143	All That Part And Parcel of The Property Bearing Plot/House Mauja - Bhiloni, R.N.M Chapora, P.H.No. 00024, Tehsil-Tilda & Distt - Raipur, Khasra No. 268, Chhattisgarh, India-493441

House of Teeju, South - House of Romlal All That Part And Parcel of The Property Bearing Plot/House Mauja - Bhiloni, R.N.M. - Chapora, P.H.No. 00024, Tehsil-Tilda & Distt - Raipur, Khasra No. 268, Chhattisgarh, India-493441

Boundaries - East - Gali, West - House of Vishnu, North - Gali 12.56.989/- (Rupees Twelve Lakhs Fifty Six Thousand Nine Hundred South - Baisakhu Ki Badi As Per Title Deed

Total Area - 0.0490 Hec. Or 5274 Sq.Ft.

Eighty Nine Only) f the said Borrower/ Guarantor fail to make payment to HHFL as aforesaid, HHFL may proceed against the above secured assets u/s 13(4) of the said act and applicable Rules entirely at the risks, costs and consequence of the Borrower / Guarantor. For, further details, please contact to Authorised Officer Mobile No. - Vaibhav Shrivastava - 7987969803, Rajesh Chaokitya - 8435571111, Shivendra Mishra - 8839287191, Manoj Rathore - 8819945373 and Address Branch Office-3rd Floor, Near Axis Bank, Pujari Chamber, Pachpedi Naka, Raipur, Chhattisgarh - 492001

Place: Raipur, Date: 07.07.2024 Authorised Officer, Hinduja Housing Finance Limited

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PM Modi, Starmer recall **India-UK historic relations**

Prime Minister Narendra Modi on Saturday spoke to newly elected British Prime Minister Keir Starmer as the two leaders agreed to work towards an early conclusion of a mutually beneficial India-UK free trade agreement, a statement from Prime Minister's Office (PMO) said. Modi congratulated him on assuming charge and a remarkable victory of his Labour Party in the election. The statement said both the leaders recalled the historic relations between the India and the UK and reaffirmed their commitment to further deepen advance

Comprehensive Strategic Partnership between the countries. Appreciating the positive contributions of the Indian community in the social, economic and political development of the UK, they agreed to continue to promote the close people-to-people ties.

Modi also extended an invitation to Starmer for an early visit to India as the two leaders agreed to remain in touch, the statement said.

In a social media post, Modi said, "Pleased to speak with



him on being elected as the Prime Minister of the UK. We remain committed to deepening Comprehensive Strategic Partnership and robust India-UK economic ties for the progress and prosperity of our peoples and global good." Modi had congratulated

Starmer on his win via social media post on Friday. He also thanked outgoing prime min-ister Rishi Sunak for "your admirable leadership of the UK and your active contribution to deepening the ties between India and the UK during your term in office. Best wishes to

you and your family for the future." In a significant shift in the political scene, Labour secured 412 out of 650 seats in the House of Commons, marking their best performance since Tony Blair's 1997 victory. The Conservatives won only 121

and his party. As regards the proposed trade pact, Starmer's election manifesto included plans for Free Trade Agreement(FTA)with India, stressing shared values and strategic partnership.
The India-UK Free Trade

seats, marking their worst-ever

result and ending Rishi Sunak's

leadership of both the country

which began in January 2022 aim to enhance economic ties by providing access to India's large and growing market, bypassing high tariff barriers. The agreement covers 26 chapters, including goods, services, investments, and intellectual property rights.

Bilateral trade between India and the UK increased to USD 21.34 billion in 2023-24 from USD 20.36 billion in 2022-23. Starmer's stance on an FTA with India is articulated in Labour's 2024 election manifesto, which outlines plans for forging a 'new strategic partnership with India, including a free trade agreement, as well as deepening cooperation in security, education, technology, and climate

Addressing the India Global Forum (IGF) last year, Starmer said his vision for a revamped Labour Party is to pass FTÂ. "What my Labour government

will seek with India is a relationship based on our shared values of democracy and aspiration. That will seek a free trade agreement (FTA), we share that ambition, but also a new strategic partnership for global security, climate security, economic security," he said.

Demand for NEET-UG retest, SC-monitored paper leak probe echo

PIONEER NEWS SERVICE

The Congress on Sauran, demanded that the med-¬he Congress on Saturday ical entrance examination NEET-UG be conducted again and all "paper leak scams" thoroughly investigated under the Supreme Court's supervi-

Amid the growing clamour for the cancellation of the controversy-ridden NEET-UG 2024 over alleged malpractices, the Centre and the National Testing Agency (NTA) told the apex court on Friday that scrapping it without any proof of large-scale breach of confidentiality would be counterproductive as it could "seriously jeopardise" lakhs of honest candidates.

The NTA, which conducts the National Eligibility-cum-Entrance Test-Undergraduate (NEET-UG) for admissions to MBBS, BDS, AYUSH and other related courses, and the Union education ministry have been at the centre of media debates and protests by students and political parties over alleged large-scale malpractices ranging from question paper leaks to imperson-



ation in the test held on May 5. In a social media post in Hindi, Congress president Mallikarjun Kharge said the Modi government has told the Supreme Court that no paper has been leaked in NEET-UG. "This blatant lie is being told to lakhs of youths. Their future is being ruined," Kharge said.

The Congress leader pointed out that the education ministry has said that "there have been irregularities or cheating only at a few places" but this is "misleading". The BJP-RSS has promoted the "education mafia" by taking control of the entire education system, he claimed. "Be it NCERT books or leakage in exams, the Modi government is bent on destroying our education system," Kharge alleged.

Counselling for NEET-UG likely by end of this month

PIONEER NEWS SERVICE NEW DELHI

 \mathbf{I} nitially planned for the first week of July, the counselling for controversy-ridden National Eligibility cum Entrance Test-Undergraduate (NEET-UG), 2024 is now anticipated to commence by the end of this month, according to highly placed sources in the Union Health Ministry. However, the date is yet to be officially notified by the coun-

selling authorities, causing anxiety among students awaiting admission. The issuance of permission letters to certain medical colleges is ongoing, with expectations of additional seats being included in the process. On Friday the Centre and the

National Testing Agency (NTA) had told the Supreme Court that scrapping it without any proof of large-scale breach of confidentiality would be counterproductive as it could "seriously jeopardise" lakhs of honest candidates.

As the case is still in the court, there is not much clarity on the counseling issue. However, the sources said the process of issuing permission letters to some medical col-



additional seats were likely to be added.

The date of counselling will be announced once the exercise gets over to ensure seats of the new colleges can be taken up in the first round itself," the source said.

The apex court last month refused to defer the counselling process. It was hearing a petition seeking a direction to pause the process for two days. The NTA, which con-

NEET-UG for admissions to MBBS, BDS, AYUSH and other related courses, and the Union education ministry have been at the centre of media debates and protests by students and political parties over alleged large-scale malpractice — ranging from question paper leaks to imperson-ation — in the test held on

IMA seeks deletion of section from new law to prevent criminal prosecution of doctors

The Indian Medical Association (IMA) has written to Prime Minister Narendra Modi, stressing the need for proper implementation of protective provisions for doctors in cases of alleged medical negligence, as per the Bharatiya Nyaya Sanhita The IMA emphasised that doc-

tors typically do not have criminal intent when treating patients. Therefore, their actions should not attract criminal prosecution under Section 106.1 of the BNS, which cur-



rently allows for criminal charges against doctors in cases of alleged negligence.

The IMA also requested that investigating officers invoke Section 26 of the BNS, which

outside the purview of criminal law for actions taken during patient treatment unless there is evidence of recklessness. They argued that cases should be referred to expert committees for opinion in rare instances of recklessness.

Dr RV Asokan, IMA President, advocated for the deletion of Section 106.1 to prevent the unjust criminal prosecution of doctors. He asserts that without criminal intent, doctors should only be held accountable under civil law.

The letter also highlighted the increasing violence against doctors and hospitals, describing it as a "national shame" and an

phere of fear and mistrust in healthcare facilities. "The government should introduce a central law to protect doctors from such violence as existing state laws have been ineffective in securing convictions," said

Acknowledging the govern-ment's past efforts to protect doctors, including the amendment of the Epidemic Diseases Act during the COVID-19 pandemic, which shielded healthcare professionals from violence, the doctor's body has called for further legislative action to ensure comprehensive protection for medical practi-

NHRC asks Centre, States to frame policy to protect beggars

In a bustling urban area of Mumbai, 10-year-old Reshu was found begging on the streets during school hours. Upon investigation, it was discovered that Reshu was brought to Mumbai from a rural village in Bihar by a local trafficker promising her parents a better life for their daughter. Instead, she was forced to beg on the streets under threat of violence and withheld food if she didn't meet daily quotas set by her handler.

Fatima Begum, a widow and mother of three, from a rural village in Uttar Pradesh took up begging following her hus-band's sudden demise due to illness, with no formal education or vocational skills, she made the difficult decision to migrate to Benguluru in search of work. Faced with mounting debts and the pressure to prochildren, Fatima resorted to begging on the streets of the

Tragically, Reshu and Fatima Begum are among lakhs of beggers seeking alms on the street in the country. According to the 2011 census, there were more than 4,13,000 (4.13 lakh) beggars and vagrants in India. Now, for the first time coming to the rescue of such vagrants, the National Human Rights



of a national policy for their protection and rehabilitation, drafting welfare schemes with financial assistance and vocational training and creating a national database among oth-

The top rights body also took cognizance that despite a number of initiatives and welfare programmes implemented by the central and state governments, begging persisted across the country,

Children between the ages of six and 14 who are engaged in begging should be registered and enrolled in schools under the Right to Education Act. Shelter home residents are

skill development and vocational training programs facilitated by government-recognized vocational centers, empowering them to pursue sustainable livelihoods. Support from NGOs and

Civil Society: NGOs and civil society groups are encouraged dents in forming self-help groups. They can also facilitate access to loans for selfemployment, promoting economic independence and social integration.

These recommendations collectively aim to eradicate forced begging, protect the rights of vulnerable individuals, and provide pathways for their rehabilitation and dignified livelihoods.

Future of labourers in danger: Rahul

PIONEER NEWS SERVICE **NEW DELHI**

Terming the country's labourers as "builders of India", Congress leader Rahul Gandhi on Saturday claimed that under the Narendra Modi government their future was in danger, and asserted that he will ensure that the they get their full rights and respect. The Leader of Opposition in

the Lok Sabha made the remarks in a social media post in Hindi as he shared a video of his recent interaction with daily wage workers at Guru Tegh Bahadur Nagar in Delhi during which listened to their problems.

^aIn Narendra Modi's government, the 'builders of India' are facing terrible hardships," Gandhi said in his post. The daily wage workers are forced to run their households for four days with a single day's earnings, he said. They have no savings and are living off the burden of paying interest, he added.

"I got a chance to meet street vendors and daily wage workers in GTB Nagar and get to know their struggles," Gandhi

"The future of the families of those who are building the 'India of the future' is in danger. I will ensure that the hardworking labourers of India get their full rights, security and respect - this is my resolution," Rahul Gandhi asserted.

After meeting the daily wage labourers on Thursday, Rahul Gandhi had said providing full rights and respect to those involved in manual labour is the mission of his

In the video, Rahul Gandhi is seen working with the labourers in laying the stone on a staircase. He listened to the problems of the workers who said that their biggest issue was not finding work on a daily basis.

Foreign medical exam held smoothly

PIONEER NEWS SERVICE

■ Graduate Examination (FMGE) 2024 began smoothly on Saturday and no untoward incident was reported, Health Ministry officials said. The command centre to monitor the examination has been set up at the National Board of Examinations in Medical Sciences (NBEMS) headquarters in Delhi, they said. "The content was successfully

downloaded at all test centres.



The examination started at all examination centres smoothly. A team of officers from MHA has visited NBEMS HQ. No untoward incidence has been reported," an official said.

become eligible to practice tion centres.

The June 2024 examination for foreign medical graduates were being held at 71 centres in 50 cities of 21 states. The examination will be held on two shifts -- 9 am to 11.30 am and 2 pm

According to officials, 255 appraisers were appointed for 71 centres and 53 faculty members were in the flying squad. Apart from this, Directorate General of Health Services

The FMGE is a screening test (DGHS) has nominated 71 for medical graduates to members to visit the examina-

> deputed at the centres, with 35,819 candidates scheduled to take the exam on Saturday, officials said.

A command centre has been set up at the NBEMS headquarter, Dwarka where members of the governing body, officials of the NBEMS, technical team of 20 TCS officials, senior police officers are monitoring the progress of the

Apex court to hear on July 8 plea on free Modi pays tribute sanitary pads for Class 6-12 girl students to Syama Prasad Mookerjee



PIONEER NEWS SERVICE

Prime Minister Narendra Modi paid homage to BJP ideologue Syama Prasad Mookerjee on his 123rd birth anniversary on Saturday.

Modi said Mookerjee made India proud with his fierce nationalistic ideas, and that his sacrifice and dedication to the motherland will always inspire people.

Mookerjee was one of the founders of the Bharatiya Jana Sangh, the forerunner to the Bharatiya Janata Party. He was member of Jawaharlal



in protest over his differences with the prime minister and then formed the Jana Sangh with support from the RSS. Mookerjee died in 1953 following his arrest in Jammu and Kashmir during his agitation against the restriction imposed there on Indian citizens who

were not from the state. He was

opposed to the special status iven to the state. Modi had described his government's decision to revoke Article 370, which granted the state special rights, in 2019 as a fulfilment of Mookerjee's



Chandrachud and Justices J P Pardiwala and Manoj Misra is scheduled to hear the plea of Congress leader and social worker Jaya Thakur in which she has highlighted the difficulties faced by adolescent females from poor backgrounds

dential schools.

in the schools During the last hearing of the matter on February 5, Additional Solicitor General Aishwarya Bhati informed that the Centre is in the process of collating all necessary material to form a national policy on the distribution of menstrual hygiene products to schoolgoing girls in terms of the orders dated April 10, 2023, and

November 6, 2023. On June 13, the Union education ministry, in an advisory to schools, said girl students should be allowed to take necessary restroom breaks during board exams for classes 10 and 12 and free sanitary napkins



must be made available at all examination centres. The Supreme Court is set to

reopen on July 8 after summer vacation. On November 6, the top court

directed the Centre to lay down a national model for building toilets commensurate with the number of girl students in all government-aided and residential schools across the coun-

While emphasising uniform procedure, it also asked the Union government about the policy it has formulated for the distribution of sanitary napkins to female school students nationally. During the hearing, the Centre

free of cost to school-going girls has been formulated and sent to stakeholders to elicit their comments. The top court earlier warned

the states, which had not submitted their response to the Centre on formulating a uniform national policy on menstrual hygiene for girls studying in schools, that it would take recourse to the "coercive arm of the law" if they failed to do so. On April 10, the apex court appointed the secretary of the Ministry of Health and Family Welfare (MOHFW) as the nodal officer to coordinate with states and UTs and collect relevant data for formulating a

national policy. It noted that MoHFW, the informed the apex court that a draft national policy for the dis-Ministry of Education and the tribution of sanitary napkins Ministry of Jal Shakti have

schemes on menstrual hygiene management.

The court also ordered all states and UTs to submit their menstrual hygiene management strategies and plans that are being executed with the help of funds provided by the Centre or through their own resources to the Mission Steering Group of the National Health Mission within four weeks.

The apex court said the states and UTs shall also indicate to the Mission Steering Group of the National Health Mission the appropriate ratio of female toilets for residential and non-residential schools in their respective territories. It asked all states and UTs to

also indicate the steps which have been taken to provide lowcost sanitary pads and vending machines in schools and their appropriate disposal.

The plea filed by Congress leader Thakur has said adolescent females from poor backgrounds between the ages of 11 and 18 years face serious difficulties in receiving education, a constitutional right under Article 21A of the Constitution. "These are adolescent females who are not equipped with and are also not educated by their parents about menstruation and menstrual hygiene," the

Free anti-rabies vaccination drive held

PNS NEW DELHI

Indian Immunologicals Limited (IIL), a leading manufacturer of animal rabies vaccine (Raksharab) and human rabies vaccine (Abhayrab) in the country has conducted free anti-rabies vaccination to over a lakh canine across the country on the eve of the Zoonosis Day. It is one of the largest drives to create social awareness about "One Health", which means healthy co-existence of animals, human beings and ecosystem. Diseases that are transmitted

from animals to humans and vice-versa are known as Zoonotic diseases. The drive was conducted at

around 100 centres across 21 states in the country through veterinary dispensaries and 'Seventy percent of all emerg-

ing diseases such as Rabies, Swine Flu, Brucellosis, Leptospirosis, Porcine Cysticercosis, Nipah, Zika etc that affect humans are zoonotic in nature. In India, occurrence of Rabies is prevalent and accounts for more than 90% of all zoonotic cases reported in the country, said Dr K Anand Kumar, MD, IIL.

Reformist Pezeshkian wins Iran's presidential runoff poll

Reformist candidate Masoud Pezeshkian won Iran's runoff presidential election Saturday, besting hard-liner Saeed Jalili by promising to reach out to the West and ease enforcement on the country's mandatory headscarf law after years of sanctions and protests squeezing the Islamic Republic. Pezeshkian promised no radical changes to Iran's Shiite theocracy in his campaign and long has held Supreme Leader Ayatollah Ali Khamenei as the final arbiter of all matters of state in the country. But even Pezeshkian's modest aims will be challenged by an Iranian government still largely held by hard-liners, the ongoing Israel-Hamas war in the Gaza Strip, and Western fears over Tehran enriching uranium to nearweapons-grade levels.

A vote count offered by authorities put Pezeshkian as the winner with 16.3 million votes to Jalili's 13.5 million in Friday's election. Overall, Iran's Interior Ministry said 30 million people voted in an election held without internationally recog-

Supporters of Pezeshkian, a heart surgeon and longtime lawmaker, entered the streets of Tehran and other cities before dawn to celebrate as his lead grew over Jalili, a hard-line for-

mer nuclear negotiator. "Dear people of Iran, the elections are over and this is just the beginning of our cooperation," Pezeshkian wrote on the social platform X, still banned in Iran. "The difficult path ahead will not be smooth except with your companionship, empathy and trust. I extend my hand to you and I swear on my honor that I will not leave you alone on this path. Do not leave me alone." Pezeshkian's win still sees Iran at a delicate moment, with tensions high in the Mideast over the Israel-Hamas war, Iran's advancing nuclear program, and a looming election in the United States that could put any chance of a detente between Tehran and Washington at risk. Pezeshkian's victory also wasn't a rout of Jalili, meaning he'll have to carefully navigate Iran's internal politics as the doctor



Election officials count ballots for the presidential election at a polling station in Tehran on Saturday, Iran held a runoff presidential election on Friday that pitted a hard-line former nuclear negotiator against a reformist lawmaker.

has never held a sensitive,

high-level security post. The first round of voting June 28 saw the lowest turnout in the history of the Islamic Republic since the 1979 Islamic Revolution. Iranian officials have long pointed to turnout as a sign of support for the country's Shiite theocracy, which has been under strain after years of sanctions crushing Iran's economy, mass demonstrations and

intense crackdowns on all dis-

Government officials up to Supreme Leader Ayatollah Ali Khamenei predicted a higher participation rate as voting got underway, with state television airing images of modest lines at some polling centers across the country.

However, online videos purported to show some polls empty while a survey of several dozen sites in the capital, Tehran, saw light traffic amid a heavy security presence on the streets.

Authorities put the turnout in Friday's election at 49.6%, still historically low for an Iranian presidential election. They counted 607,575 voided votes in the contest — which often are a sign of protest by those who feel obligated to cast a ballot but reject both candidates.

"I don't expect anything from him — I am happy that the vote put the brake on hard-liners," said bank employee Fatemeh Babaei, who voted for Pezeshkian. "I hope Pezeshkian can return administration to a way in which all people can feel there is a tomorrow.

Taher Khalili, a Kurdish-origin Iranian who runs a small tailor shop in Tehran, offered another reason to be hopeful while handing out candy to passers-

'In the end, someone from my hometown and the west of Iran came to power," Khalili said. "I hope he will make economy better for small business-

Pezeshkian, who speaks Azeri, Farsi and Kurdish, campaigned on outreach to Iran's many ethnicities. He represents the first Iranian president from western Iran in decades something people hope will aid the county as those in the West are considered more tolerant because of the ethnic and religious diversity in their area. The election came amid heightened regional tensions. In April, Iran launched its first-

over the war in Gaza, while militia groups that Tehran arms in the region — such as the Lebanese Hezbollah and Yemen's Houthi rebels — are engaged in the fighting and have escalated their attacks. Iran is also enriching uranium at near weapons-grade levels and maintains a stockpile large enough to build several nuclear weapons, should it choose to do so. And while Khamenei remains the final decisionmaker on matters of state whichever man ends up winning the presidency could bend the country's foreign policy toward either confrontation or collaboration with the West. The campaign also repeatedly touched on what would happen if former President Donald Trump, who unilaterally withdrew America from the Iran nuclear deal in 2018, won the November election. Iran has held indirect talks with President Joe Biden's administration, though there's been no clear movement back toward constraining Tehran's

nuclear program for the lifting

Russian strikes leave thousands in north Ukraine sans power, water

AP KYIV

Russian strikes overnight left over 100,000 households without power in northern Ukraine and cut off the water supply to a regional capital, Ukrainian authorities reported Saturday, while civilian casualties rose sharply in the country's embattled east.

The northern Sumy region, which borders Russia, was plunged into dark after Russian strikes late Friday damaged energy infrastructure, the Ukrainian Energy Ministry said. Hours later, the Ukrainian public broadcaster reported that Russian drones hit the provincial capital, also called Sumy, cutting off water by hitting power lines that feed its system of

Russian state agency RIA cited a local pro-Kremlin "underground" leader as saying that Moscow's forces overnight hit a plant producing rocket ammunition in the city, which had a pre-war population of over 256,000. The report didn't specify what weapon was used, and the claim could not be indepen-dently verified. Explosions rocked the city during an air raid warning early Saturday, accord-ing to Ukrainian media reports ing to Ukrainian media reports. In the Donetsk region in the east, Russian shelling on Friday and overnight killed 11 civilians and wounded 43, local Gov. Vadym Filashkin reported on Saturday. Five people died in the town of Selydove southeast of Pokrovsk, the eastern city that has emerged as a front-line hotspot. The Ukrainian General Staff on Saturday morning said that Ukrainian and Russian forces clashed 45 times near Pokrovsk over the previous day. According to Filashkin, three more people died in Chasiv Yar, the strategically located town in Donetsk that has been reduced to rubble under a monthlong

Russian assault. A Ukrainian military spokesper son on Thursday told the AP that Ukrainian forces had retreated from a neighbourhood on the outskirts of Chasiv Yar. The town's elevated location gives it strategic importance, and military analysts say its fall would put nearby cities in jeopardy. It could also compromise critical Ukrainian supply routes and bring Russia closer to its stated aim of seizing the entire

Donetsk region. According to the Ukrainian General Staff, Russian forces on Friday and overnight launched six rocket strikes and 55 airstrikes across Ukraine, and used more than 70 "glide weapons that have wrought devastation in the country in recent

Hamas clears the way for a possible cease-fire after dropping key demand

AP ■ DEIR-AL-BALAH

Hamas has given initial approval for a US-backed proposal for a phased cease-fire deal in Gaza, dropping a key demand that Israel give an upfront commitment for a complete end to the war, a Hamas and an Egyptian official said Saturday.

The apparent compromise by the militant group — which controlled Gaza before triggering the war with an October 7 attack on Israel — could help deliver the first pause in fight ing since last November and set the stage for further talks on ending a devastating ninemonth war. But all sides cautioned that a deal is still not guaranteed

The two officials, who spoke on conditions of anonymity to discuss the ongoing negotiations, said Washington's phased deal will first include a "full and complete" six-week cease-fire that would see the release of a number of hostages, including women, the elderly and the wounded, in exchange for the release of hundreds of Palestinian prisoners. During these 42 days, Israeli forces densely populated areas of in northern Gaza, the pair Benjamin Netanyahu has

Over that period, Hamas, Israel and the mediators would also negotiate the terms of the second phase that could see the release of the remaining male hostages, both civilians and soldiers, the officials said. In return, Israel would free additional Palestinian prisoners and detainees. The third phase would see the return of any remaining hostages, including bodies of dead captives, and the start of a yearslong reconstruction project.

Hamas still wants "written guarantees" from mediators that Israel will continue to negotiate a permanent ceasefire deal once the first phase goes into effect, the two officials said. The Hamas representative told

The Associated Press the group's approval came after it received "verbal commitments and guarantees" from the mediators that the war won't be resumed and that negotiations will continue until a permanent attack, in which militants cease-fire is reached.

"Now we want these guarantees on paper," he said.

Months of on-again off-again over Hamas' demand that any

offered to pause the fighting, but not end it altogether until Israel reaches its goals of destroying Hamas' military and governing capabilities and returning all hostages held by the militant group.

Hamas has previously expressed concern Israel will restart the war after the hostages are released. Likewise, Israeli officials have said they are worried Hamas will draw out the talks and the initial cease-fire indefinitely, without releasing all the hostages. Netanyahu's office did not

respond to requests for comment, and there was no immediate comment from Washington.

On Friday, the Israeli prime minister confirmed that the Mossad spy agency's chief had paid a lightering to the first of the confirmed that the Mossad spy agency's chief had paid a lightering to the first of the confirmed that the confirmed paid a lightning visit to Qatar, one of the key mediators. But his office said "gaps between the parties" remained.

Israel launched the war in Gaza after Hamas' October stormed into southern Israel, killed some 1,200 people mostly civilians — and abducted about 250.

lince then, the Isra ground offensive has killed Gaza and allow the return of deal include a complete end to more than 38,000 people in displaced people to their homes the war. Prime Minister Gaza, according to the territo-

ry's Health Ministry, which does not distinguish between combatants and civilians in its count. The offensive has caused widespread devastation and unleashed a humanitarian crisis that has left hundreds of thousands of people on the

brink of famine, according to

international officials. Israel

says Hamas is still holding

about 120 hostages — about a third of which Israel believes to have died. In line with previous proposals the deal would see around 600 trucks of humanitarian aid entering Gaza daily — including 50 fuel trucks — with 300 bound for the hard-hit northern of the enclave, the officials said. Following Israel's assault

Saturday's news comes as fighting and Israel's ariel bombardment in Gaza continues unabated

on the southernmost city of

Rafah, aid supplies entering

Gaza have been reduced to a

In the central city of Deir al-Balah, funeral prayers were held for 12 Palestinians, including five children and two women, killed in three separate strikes in central Gaza on to hospital officials. The bodies of the dead were taken to al-Aqsa Martyrs Hospital.

Now we get to work, **Starmer to Cabinet**

Rwanda plan to be scrapped

Prime Minister Keir Starmer held his first Cabinet meeting Saturday as his new government takes on the massive challenge of fixing a heap of domestic woes and winning over a public weary from years of austerity, political chaos and a battered economy.

Starmer welcomed the new ministers around the table at 10 Downing St., saying it had been the honour of his life to be asked by King Charles III to form a government in a ceremony that officially elevated him to prime minister.

"We have a huge amount of work to do, so now we get on with our work," he said. Starmer's Labour Party delivered the biggest blow to the Conservatives in their twocentury history Friday in a

landslide victory on a platform of change Among a raft of problems they face are boosting a sluggish economy, fixing a broken health care system, and restoring trust in government.

big landslide doesn't mean all mate change. the problems that the Conservatives struggled to Conservative government has contain the flow of migrants

faced has gone away," said Tim Bale, professor of politics at Queen Mary University of London.

In his first remarks as prime

minister Friday after the meeting "kissing of hands" ceremony with Charles at Buckingham Palace, Starmer said he would get to work immediately, though he cautioned it would take some time to show results.,

"Changing a country is not like flicking a switch," he said as enthusiastic supporters cheered him outside his new official residence at 10 Downing. "This will take a while. But have no doubt that the work of change begins immediately.

Starmer singled out several of the big items, such as fixing the revered but hobbled National Health Service and securing its borders, a reference a larger global problem across Europe and the US of absorbing an influx of migrants fleeing war, poverty as well as drought, heat waves

arriving across the English Channel, failing to live up to ex-Prime Minister's Rishi Sunak's pledge to "stop the boats.

Starmer has said he will scrap the Conservatives controversial plan to deport asylumseekers to Rwanda. The plan had cost hundreds of millions of pounds (dollars) without a single flight taking off. Labour is going to need to

find a solution to the small

boats coming across the channel," Bale said. "It's going to ditch the Rwanda scheme, but it's going to have to come up with other solutions to deal with that particular problem." Braverman, Conservative hard liner on immigration who is a possible

contender to replace Sunak as party leader, criticised Starmer's plan to end the Rwanda pact. 'Years of hard work, acts of been spent on a scheme which

Parliament, millions of pounds had it been delivered properly would have worked," she problems on the horizon which will be I'm afraid caused by Keir Starmer.

Imran's party postpones Islamabad

Jailed former prime minister Imran Khan's Pakistan Tehreek-e-Insaf (PTI) on Saturday postponed its rally in the suburbs of Islamabad after revocation of its permission by the authorities, citing security concerns. The party was set to organise its power show at Tarnol at 6 pm for which it had secured a no-objection cer-tificate (NOC) from the Islamabad deputy commission-

However, the city administration on Friday cancelled the permission saying that the NOC issued by the deputy commissioner was reviewed afresh in the wake of security concerns. An official press release said the chief commissioner decided to cancel the

rally after cancellation of NOC

PTI ISLAMABAD certificate issued for the polity one salky lead to certificate issued for the political gathering in view of the current security situation, the advent of Muharram, security concerns and reports of law enforcement agencies. Initially, the PTI leadership had threat-ened to go ahead with the rally despite the cancellation of permission. PTI leader Omar Ayub Khan told reporters late last night that his party would go ahead with the planned meeting "come what may". However, there was a change of stance and today Omar accompanied by PTI chief Gohar Khan said at a press conference that the planned rally had been postponed until after the

"God willing [...] we will hold it after Ashura through a legal process," Omar said, adding sion that the PTI would not sit after rally.

one rally but it would hold several other rallies in Lahore, Karachi and other cities.

Gohar Khan claimed that sev eral PTI workers had been picked up in recent days, vow ing to take the matter before the court. "We strongly condemn this state brutality," he

Earlier in the day, the party filed a petition in the Islamabad High Court (IHC) seeking contempt proceedings against the Islamabad district administration and police for cancelling the NOC.

It stated that the party had approached the IHC for permission for the rally and during the hearing of its petition, the court was told by the administration that permission had been granted for the

Former Pak PM forms new party

PTI ISLAMABAD

 $P^{\text{akistan's former prime minister Shahid Khaqan Abbasi}}$ on Saturday formally launched a new political party with the mission to change the system and restore respect for the Constitution of the country. The main slogan of the Awaam Pakistan Party is: 'Badlien gaen nizam' (we will change the system) and its membership is open to anyone and everyone who can contribute for the development of the country. Abbasi, 65, served as a prime minister from August 2017 to May 2018 when the Pakistan Muslim League-Nawaz (PML-N) chief Nawaz Sharif was disqualified by the Supreme

Abbasi clarified that the party's ideology is helping the people of Pakistan and taking responsibility for them.



Ukrainian servicemen carry a portrait and coffin of British combat medic, volunteer, Peter Fouche, 49 who was killed on June 27 during his work in East Ukraine, at the funeral ceremony on the city's main square in Kyiv, Ukraine on Saturday. Peter was founder of a charity organization, which provides vehicles, drones and other needs to

Biden asserts only 'Lord Almighty' can drive him out of race

PTI WASHINGTON

US President Joe Biden has dismissed concerns about his health and doubts about his re-election bid in November, brushing off a poor performance in the presidential debate as a "bad episode" and insisting that only "the Lord almighty" could persuade him to exit the race.

Biden, 81, said this on Friday in a television interview, a week after his disastrous debate performance in Atlanta against his Republican rival Donald Trump, following which some of his own Democratic Party leaders started urging him to step down and his approval rat-

ing plummeted.
In the 22-minute high-stakes interview on ABC News aimed at quelling a burgeoning rebellion in the Democratic party, Biden, who is seeking a second term, said he had "a bad night" and he was "exhausted" and "sick" during his first presiden-

tial debate with Trump. He asserted that only the "Lord Almighty" could make him drop out of the race to win the November 5 election.

He claimed that he is "running the world" and no one is "more qualified" to be president. Asked whether he would be willing to have an independent preparing and — and a bad

cognitive evaluation and release

the results to the American people, Biden said: "Look, I have a cognitive test every single day. Every day I've had tests. Everything I do. You know, not only am I campaigning, I'm running the world The president said in the interview that he was "sick" before the debate. Asked whether it

> Biden dismissed those con-"It was a bad episode. No indication of any serious condition. I was exhausted. I didn't listen to my instincts in terms of

was a bad episode or a sign of

a more serious condition,

night," Biden said during his first interview after the debate, adding that his top party leadership are asking him to stay in the race. "Because I was sick. I was feel-

ing terrible. Matter of fact the docs (doctors are) with me. I asked if they did a COVID test because they were trying to figure out what was wrong. They did a test to see whether or not I had some infection, a virus. I didn't. I just had a really bad cold," he said and reiterated multiple times that he was running for the presidency. Blaming himself for the bad debate night in Atlanta, Biden

said, "Yeah, look. The whole

way I prepared, nobody's fault but mine. I prepared what I usually would do sitting down as I did come back with foreign leaders or the National Security Council for explicit detail," adding that Trump "lied 28 times" during the debate. Biden said none of the major

Democratic party leaders have asked him to drop out and asserted that he would withdraw only if the "Lord Almighty" asked him to.
"If the Lord Almighty came down and said 'Ice get out of

down and said 'Joe, get out of the race,' I'd get out of the race. The Lord Almighty's not coming down," he added The president tried to avoid He pointed to previous polls

Do you dispute that there have been more lapses, especially in the last seven months?" Biden was asked.

"Can I run the 100 in 10 flat? No. But I'm still in good shape," he responded.

questions on both his mental

fitness and cognitive tests.

"Are you more frail?" he was asked. "No. Come keep my schedule," he said. Biden alleged that Trump is a

White House and a willingness to answer "many legitimate questions" from the news pathological liar. Asked by the interviewer media and voters about the president's abilities. whether he was being honest with himself about his ability to beat Trump, Biden said, "Yes. Yes, yes, yes.

He has to earn that trust, and that requires more than one interview," Khanna was quoted as saying by the daily.

that showed he couldn't win in similar one-on-one interview to Trump, 78, but the former president declined. 2020 as proof and subsequent down-ballot elections, denying extensive polling that reflects a Earlier during a rally in the batrace where he is trailing. In a reaction to Biden's interview, Indian American

tleground state of Wisconsin, Biden asserted that he is in the race and will win the election We had a little debate last

ABC News said it offered a

Congressman Ro Khanna, according to The New York Times, said he expected "complete transparency" from the White House and a willing page. week. Can't say it was my best performance. But ever since then, there's been a lot of speculation. What's Joe going to do? Is he going to stay in the race? Is he going to drop out? What's he going to do? Well, here's my answer. I am running and going to win again," Biden told his cheering supporters.

Top line can grow to ₹2.5 lakh cr in 5-10 yrs if we execute well: Zepto CEO

PTI ■ NEW DELHI

Quick commerce unicorn Zepto revenue can grow multifold to Rs 2.5 lakh crore in 5-10 years if the company is able to execute the business well, a top company official said on Saturday.

7th JIIF Speaking at 7th JIIF Foundation day, Zepto Co-Founder and CEO Aadit Palicha said grocery and household essentials are the mother of all categories that are sold on leading ecommerce platforms Flipkart and Amazon in India.

He said the grocery and household essentials market was around USD 650 billion in India in FY23 and is growing at 9 per cent CAGR (compound annual growth rate) and is expected to get to about USD 850 billion by FY29. "If we execute well, we can realistically take this business from Rs 10,000-plus crores in top line today to potentially to... Rs 2.5 lakh crore of top line over the next 10 years or next five years," Palicha said.

"Your grocery is bigger than all the other categories that Amazon and Flipkart serve



combined. If you look at electronics, apparel, furniture, you combine everything, and you double it, it's still not as large as grocery and household essentials," Palicha said.

The company's revenue have grown over fivefold to over Rs 10,000 crore in FY24 from about Rs 2,000 crore in FY23. Last month, Zepto raised USD

665 million in an investment round that valued the firm at USD 3.6 billion, almost triple of what it was worth a year ago, and is preparing to list

The three-year-old startup raised USD 665 million (about Rs 5,550 crore) from new investors, including New York-based private equity firm Growth

venture firm Lightspeed, and Avra Capital, a new fund former started Combinator Continuity head Hariharan Andreessen Horowitz.

Existing investors, including Glade Brook, Nexus, and StepStone Group also StepStone Group also participated. Palicha said the biggest challenge for the company is to hire people in the company with right attitude. The startup plans to double warehouses used to deliver groceries within 10 minutes in a radius of two kilometres to more than 700 by March 2025 by reinvesting sales from mature stores to fund the expansion.

Zepto has about 29 per cent market share in 10-minute grocery delivery service quick e-(known commerce), up from 15 per cent in March 2022. Blinkit is the market leader with nearly 40 per cent and the rest is with Instamart.

"We have been able to turn 75 per cent of our stores fully profitable and so we want to continue that trajectory even as we are expanding into new cities," Palicha said.

FMCG sector to see 7-9 per cent revenue growth this fiscal: CRISIL

PTI KOLKATA

 $T_{
m goods}^{
m he\ fast-moving\ consumer}$ sector is expected to see revenue growth of 7-9 per cent this fiscal, according to a report released by CRISIL Ratings on Saturday. The expected revenue

increase this financial year (2024-25) will be supported by higher volume growth on the back of a revival in rural and steady urban demand. The estimated growth of the FMCG sector in 2023-24 was

The report said product realisation is expected to grow in single digits with a marginal rise in prices of key raw materials for the food and beverage (F&B) segment.

5-7 per cent.

However, the prices of key raw materials for the personal care and home care segments are likely to be stable.

Verma Rabindra "Revenue growth will vary



firms. The F&B segment is expected to grow 8-9 per cent them this fiscal, aided by improving rural demand. The personal Sustained improvement in the care segment is likely to grow rural er cent, and the l ome said, care by 8-9 per cent."

across product segments and continue to eye inorganic

significant hub for technical

"The semiconductor industry

is vital for the country and

India has the talent, deep

expertise and scalability to be

a global player. The Government is helping the

industry to create the ecosystem to build semiconductors" Krishnan

Krishnan said the iVP

Semiconductors Pvt Ltd plays

an important role in creating

demand to fill up the

manufacturing capacity in

"I would like to congratulate

iVP Semiconductor on the

creation of an Indian fabless

IVP Semiconductor Pvt Ltd

Co-founder Raja Manickam

said his company secured a

USD 5 million pre-series A

funding and has plans to set

up a production test facility in Chennai and another in

South India. The company

has targeted revenues of

USD70 million to USD 100

million in the next 3-4 years,

chip company," he said.

build

expertise.

wafer fab.

opportunities, which will help expand economy, denen and farm incomes, will be any order of the SEBI or any The FMCG players will essential for generating steady other such authority, the filing demand, it added.

Bandhan Bank appoints Ratan as interim MD & CEO

PTI ■ KOLKATA

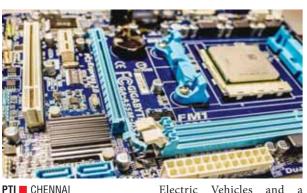
Ratan Kumar Kesh, executive director and chief operating officer of Bandhan Bank, has been appointed as interim MD & CEO of the private lender with effect from July 10.
The present MD&CEO and founder of the bank will retire

on July 9. In a regulatory filing with the

stock exchange on Saturday, the lender said Kesh will be the interim MD & CEO for a period of three months or till the new incumbent takes charge, whichever is earlier. The appointment of Kesh is pursuant to the approval of the Reserve Bank of India and on

basis recommendation of the nomination and remuneration committee and the board of directors of the bank at its meeting held during the day. Kesh is not debarred or disqualified from holding e of director by

India has deep expertise, scalability to become global player in semiconductor industry: IT Secy



PTI CHENNAI

India has the talent and deep expertise to become a in the player industry semiconductor which is a vital sector for the country, Ministry Electronics and Information Technology, Secretary, S Krishnan said.

The government was helping industries to create the ecosystem to build the semiconductors, he said.

Krishnan made comments at a conference organised by fabless semiconductor firm iVP Semiconductor Pvt Ltd here on Saturday.

Global

management consulting firm McKinsey has predicted that the semiconductor industry is expected to become a trillion dollar industry worldwide, while India Electronics and Semiconductor Association (IESA) estimates the sector to touch USD 100 billion by

India is rapidly becoming one of the biggest markets for automotive,



PTI ■ NEW DELHI

The Government has mainstreamed startups ushering a truly golden period for them, Paytm founder Vijay Shekhar founder Vijay Shekhar Sharma said, adding this is a dramatic shift from the days when startups would rank at the bottom of the "food chain" in job picks. dream' The 'American

folklore in business and technology parlance has given way to the 'Indian dream' and 'Indian startup', Sharma said, adding that this is "truly a golden period" for founders and entrepreneurs

Speaking at the 7th JIIF Foundation day, Sharma credited the government for mainstreaming startups and giving visibility to founders.

Urging entrepreneurs to make most of the opportunities in front of them by leveraging technology and innovation, Paytm top boss said, "this is truly a golden period" and "best ever that India has been".

Sharma said that India has come a long way from the time when job aspirants chose to go abroad or eyed jobs in foreign IT companies or large domestic tech firms.

'We (startups) were more or less the last player of the food chain, we had to make do with whatever was left... Now we are right in the front... That line now starts from startups... This is a dramatic difference... It is truly a golden period... Obviously no period is perfect...But this is

simply the best ever India has

ever been," he said. Sharma said college pass-outs and job aspirants now choose to stay back in India, instead of making a beeline for jobs abroad.

For companies that are looking to go public, Sharma advised them to opt for Indian bankers and not underestimate them.

He also advocated that companies eyeing an IPO need to gauge the sentiments and mood of domestic, retail investors well in advance through roadshows and

interactions. He further said companies need to breakdown jargons and complex terms, and speak out and clear terms on points that are relevant to investors.

"Everything you write in vour DRHP, or announce, should be such that future models can envisioned on it... If it is confusing, remove it... If it is clarifying, then keep it," he said. According to him, going forward, the distinction between fintech and financial services companies will blur and they will become similar and homogeneous.

India's economic Given growth targets and the underlying credit growth potential, India's financial services market has a bright future, he said.

It is a market obligated to grow, and its potential is restricted only by someone's mistakes or temptation. The foundation and base of all businesses is financial services, he said, adding the market will always grow and "future is bright".



BALANCE SHEET AS ON 31ST MARCH 2024

		Schedule	(Current Year)	(Previous Year)
-	Capital and Liabilities	- 82		52502.5025
	Capital	1	14,727.30	13,711.30
2	Reserve Fund and other reserves Principal/Subsidiary State Partnership Fund Account	2	29,696.07	32,126.15
1 2 3 4 5 6	Deposits & Other Accounts	3	354,900.95	279,512.61
5	Borrowings	4		
8 7	Bills for Collection Being Bills Receivable as per Contra Branch Adjustments	1.7		93.38
8	Overdue Interest Reserve on Loans & Advances		571.90	1.815.38
9	Interest Payable	5	48.75	45.25
10	Other liabilities	- 6	6.070.59	3.601.95
11	Profit & Loss		-155.98	-5,577.51
	Total		405,859.61	325,328.51
	Assets			
12	Cash	2	2,093.98	1,485.65
13	Balances with Other Banks	8	82,294.50	39,927.20
14	Money At Call & Short Notices	27	.e.econosid	merana wa na 🕏
15	Investments	9	235,008.90	220,131.09
16	Investment Out Of The Principal/ subsidiary			
	State partnership fund		*********	
17 18	Advances Interest Receivable	10	73,189.75	53,918.57
18	(i) On Investment		4.197.99	2.952.45
	(ii) On Loans & Advances PA		4,107.00	2,002.70
	(iii) On Leans & Advances (as per Contra)		571.90	1,815.38
19	Bills Receivable Being Bills for Collection as per Contra		37.130	93.38
20	Branch Adiustments			00000
21	Fixed Assets	11	82.06	129.78
22	Other Assets	12	8,420.52	4.895.01
23	Satisfaction Of Claims (Stating Mode Of Valuation)	1.5	3,344,42	3,000.0
	Total		405,859.61	325,328.51
24	Contingent liabilities	13	5,243.87	5,153.60

M.No. 099704

CA. VIVEK ARORA

Schedule Year ended on Year ended on

PROFIT AND LOSS ACCOUNT FOR THE YEAR ENDED ON 31ST MARCH 202

		Schedule	(Current Year)	31.3.2023 (Previous Year)
t. a h	Income Interest and Discount Other Receipts	14 15	22,720.70 2,561.97	19,426.24 1,420.03
	Total		25,282,67	20,846.27
n b c	Expenditure Interest expended Other Expenditure Provisions and contingencies	16 17 18	11,826.92 12,119.88 4,085.67	10,266.08 10,926.55 2,847.78
	Total		19,861.13	24,040.41
III a h	Profit/Loss Net profit/loss(-) for the year Profit/less(-) brought forward		5,421.55 -5,577.51	-3,194.14 -2,383.38
	Total		-155.96	-5,577.51
IV. II b	Appropriations Transfer to statutory reserves Transfer to other reserves Transfer to Government/proposed dividend		-155.96	-5,577.51
	Balance carried over to balance sheet		-155.96	-5,577.51
	Earning Per Share		39.01	-23,76

As per Our Report of Even Date For AVA & ASSOCIATES



AVA & ASSOCIATES



fraw attention to Note no. 19(18)(5) of the financial statements on an outstanding of Rs. 22 senting balance amount recoverable, out of Rs. 44.90 Lakhs of an unauthorized withdrawal tituent under CIRP during moratorium period. Our opinion is not modified in respect of this matte

When we read the Annual Regort, if we conclude that there is a material misstatement therein, we are required to con Responsibility of Management for the financial statements
The Bank's Board of Directors is responsible for preparation of these financial statements that give a true and fair view of the financial position and the financial print primanance of the Bank in accordance with the accounting principles generally accepted in India including the Accounting Standards issued by (EAL, provisions of Banking Regulation Act, 1949 and the Rules made thereunder provision of Delhi Cooperative Sociation Act, 2003 and the Rules made thereunder and circulars and guidelines issued by RBI front time to time. This responsibility also includes maintenance of adequate accounting records in accordance with the provisions of the

rowsions of Uelin Cooperative Societies Act, 2003 and the Ruise made thereunder and circulars and guidelines issued by Not I not into time. This responsibility also inclindes maintenance of adequate accounting records in accordance with the provisions of the forementioned Acts for safeguarding the assets of the Bank and for preventing and detecting frauds and other irregularities, selection and application of appropriate accounting policies; making judgments and estimates that are reasonable and prudent; and design, implementation and maintenance of adequate internal financial cortrols, that were operating effectively for ensuring the coursecy and completeness of the accounting records, relevant to the preparation and presentation of the financial statements that jive a true and 61 in view and are feer from material rins statement, whether due to fload or error.

Auditor's responsibility for the Audit of the Financial Statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from mi
misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is
level of assurance, but is not a guarantee that an audit conducted in accordance with SAs will always detect a material misstat
when it exists. Mustatements can arise from fraud or error and are considered material in, individually or in the aggregate, they

conclusions are based on the audit evidence obtained up to the date of our auditor's report. How itions may cause the Bank to cease to continue as a going concern.

Evaluate the overall presentation, structure and content of the financial statements, including the disclining financial statements represent the underlying transactions and events in a manner that achieves fair prese

The Balance Sheet and the Profit and Loss Account have been drawn up in accordance with the provisions of Ser Banking Regulation Act, 1949 and The Delhi State Co-operative Societies Act, 2003 and the rules made there unde Also annexed hereto, are:

uso annexade neeroo, are:

A. Multi Objection suggestions pointed out by the previous year's auditors and action take.

Specific responses to the directions issued by the Registrar of Cooperative Societies.

Dispections raised suggestions additioned for the year ending 31.03.2024 a Part – C.

ks required by rule 80(6) of Delhi Cooperative Societies Rules, 2007, we report that:

We have obtained all the information and explanations, which to the best of our know purpose of our and that where found to be satisfactory.

purpose of our audit and nave found to be satisfactory; in our epinion, proper books of account as required by law have been kept by the Bank so far as it appears from examination of those books and proper returns adequate for the purposes of our audit have been received from

di The casance chees are use to the control of the As per the information and explanations given to us and based on our examination of the books of ac report as under on certain matters specified in sub-rule (7) of rule 80 of the Delhi Co-operative Socie

report as under oncertainmaters a pection in sour way for the out in the unit of open arres operative. Acceptance are all the provisions of the Delhi Cooperative Societi Act, 2003, the rules or the byre-laws of the Bank.

Me have not come across any material or significant transactions which appear to be contrary to the guidelines issued by it. Reserve Bank of India.

the money belonging to the Bank which appears to be bad or doubtful or recovery are detailed belo Principal outstanding as on March 31, 2024 (Rs. In Lakhs 15.99 d. The Bank has given loan a loan against FD to Mr. Vaibhav Gupta, a director in the Board of Directors. Dut standing as 31.03.2024 is Rs. 45.59 lakhs and interest and charges charged Rs. 1.17 lakhs for the year.
e. We have not observed any violation of guidelines, conditions etc.; issued by the Reserve Bank of India.
f. The Registrar of Cooperative Societies in this regard has not specified any matters to the Bank.

le further report that:
the Balance Sheet and the Profit and Loss Account dealt with by this report, are in agreement with the books of account dealt with by this report, are in agreement with the books of account dealt with by this report, are in agreement with the books of account dealt with by this report, are in agreement with the books of account dealt with by this report, are in agreement with the books of account dealt with by this report, are in agreement with the books of account dealt with by this report, are in agreement with the books of account dealt with by this report, are in agreement with the books of account dealt with by this report, are in agreement with the books of account dealt with by this report, are in agreement with the books of account dealt with the books of returns. In our opinion, proper books of account as required by law have been kept by the Bank so fat as appears from our ex those books.

For AVA & Associates
Chartered Accountants
Firm Registration Number 004017N

M. No. 099704

Place: New Delhi Date: 28.06.2024

"Held for Trading" (as mentioned in Para 2.ii above) - Each security in this category is val

investments paid at the time of acquisition is charged to revenue.

(v) Profit in respect of investments sold from "AFS" category is included in profit on sale of line

The Bank has accounted for and made disclosure of gr Accounting Standard, AS-10 (Property, Plant & Equip

gratuity is funded through LIC Group Gratuity Scheme

Segment Reporting (AS 17): The bank has three business seg

requiring a disclosure other than Key Mana

Provisions, contingent liabilities and contingent assets:

A provision is recognized when the Bank has a present obligation as a result of past event where it is probable that an outflow of resources will be required to settle the obligation, in respect of which a reliable estimate can be made not provisions are not discounted to its present value and are determined based on best estimate required to settle the obligation at the balance sheet date and adjusted to reflect the current best estimates. When there is a possible or a present obligation in respect of which the kindshood of outflow of resourements, no provision or disclosure is made. Contingent assets are not recognized in the financial statements. He contingent assets are not recognized in the financial statements. He contingent assets are assessed continually and if it is virtually certain that an inflow of economic benefits will ari asset and related income are recognized in the period in which the change occurs.

There are no items or investments asymmetric to the prior person account regularing of Previous year's figures are regrouped or rearranged, wherever necessary, In the opinion of management, the amount outstanding in provision for bad investments as determined in accordance with the guidelines issued by RBI is conside Suspense Account includes Rs. 22.68,308 due from the suspended directors of a withdrawal of Rs. 44.90 Lukhs from its current account despite the constitute resolution process (IRP) and the account being under moratorium by vitrue of an or under Insolvency and Bankrunticy Code, 2016 (BC). The bank made by virtue of said-citations are supported to the control of the constitution of the constitution of the constitution of the constitution of the control of the constitution of t recovered Rs. 22,21,692 against the said payment with interest and has also lodged police complaint against the err persons including an ex-CEO of the bank for fraudulent withdrawal. The management is of the opinion that it shall also

S. No.	Name of Office Bearers	Designation	
1	Mr. Varun Gupta	Chairman	
2	Mr. Rajender Kumar	Vice Chairman	
3	Mrs. Aarti Bansal	Women Director	
4	Mrs. Swati Gupta	Women Director	
5	Mr. Kunal Bansal	Director	
6	Mr. Sachin Jain	Director	
7	Mr. Vaibhav Gupta	Director	
8	Mr. Sunil Kumar Vaish	CEO	

Related Porties transa Mr. Vaibhav Gupta Mr. Sunil Kumar Vaish 8. The Figures has AS-15 RETIREMENT BENEFITS Standard 15 (AS-15) (Revised) - in

Gratuity (funded) Gratuity (funded) 31.03.202 Salary escalation rate NIL 1,16,194 vii Actuarial gains/(loss) on obligations viii) Past service obligation viii) PV of obligation as on 31.03.2024 NIL 16,94,922 15,78,728 NII NII. 1,16,194 28,443 viii) Actuarial gains/(loss) on obligations viii) Fair value of plan assets as on 31.03.202 Amount recognised in balance sheet
i) PV of obligation as on 31.03.2024
ii) Fair value of plan assets as on 31.0
iii) Assets/ liability as at 31.03.2024 23,57,129 18,32,654 5,24,475 Expenses recognised in profit & loss account
i) Current service cost
ii) Interest cost
iii) Return on plan assets
iv) Net actuanial gain (loss)

Expenses recognised in profit & loss account Value of PV obligation at the end of the year taking for the Actuarial valuation as on 01.12.2023 on the basis of

operating leases in respect of new office premises. Bank has report the Statement of Profit & Loss (Previous year Rs. 25.44 Lakhs).

AS-20 EARNING PER SHARE (31,94,138) A. Amount used as numerator Profit after tax / (Loss)
 Nominal value of share (Rs. Per share)
 No. of shares used as a denominator 1,34,447 1,38,973

D. EPS DILUTED (RS.)

31.03.2024 31.03.2023

1,29,958 1,29,958 *Deferred Tax Assets (DTA) on Brought forwarded Losses as per income tax act has not been recognized, management is of it 31.03.2023 93,378 51,53,598

TDS Demand as per our report of even date attached For NATIONAL URBAN CO-OPERATIVE BANK LTD

For M/s AVA & ASSOCIATES |- Sd|- Sd|- Sd|-run Gupta Rajender Kumar Swati Gupta Sunil Kumar Vaist airman Vice Chairman Director (CEO)

Chartered Accountants Firm Regn No. 004017N M.No. 099704





RAJAWAT STUNS WORLD **NUMBER 4 ANTONSEN**

run, rising Indian run, rising Priyanshu ontinuing his dream Rajawat stunned top seed and world number four Anders Antonsen of Denmark to cruise into the semifinals of the Canada Open here. World number 39 Rajawat

defeated Antonsen 21-11, 17-21, 21-19 in a gruelling one hour 19 minutes quarterfinal on Friday night. However, the women's doubles pair of Treesa Jolly and Gayatri Gopichand made a quarterfinal exit.

handed a 18-21 21-19 16-21 defeat by Chinese Taipei's Pei Shan Hsieh and En-Tzu Hung. The win against Antonsen is the 22-year-old Rajawat's firstever victory over a top-10 player. He will take on Alex Lanier of France in what will be his second World Tour Super 500 semifinal.

Rajawat was off to a bright start, taking a 7-4 lead in the opening game bef Antonsen levelled it at 9-9. before The Indian then picked up five points on the trot to gain the upper hand and while the

comeback, Rajawat claimed seven successive points to take the first game.

Trailing 0-1, Antonsen made a strong comeback in the second game and although Rajawat matched him, even levelling the game at 17, he lost four straight points as the world No. 4 forced a decider.

In the final game, Rajawat initially led 5-1, but Antonsen responded with six consecutive points, bringing the score to 7-5 in favour of the Danish

Rajawat staged a comeback by

winning three points but the experienced Dane entered the mid-game break with a slender 11-10 lead.

With little differentiating the two players, it could have been anybody's game but at 19-19 Rajawat won back-to-back points to seal the match. Rajawat is the only Indian left

in the competition. He had pulled off victories higher-ranked opponents -- world number 24 Rasmus Gemke of Denmark

and Japan's Takuma Obayashi,

ranked 33rd, in the first and

second rounds respectively.

All Olympics-bound Indian athletes, including Neeraj Chopra, fit: IOA CMO Pardiwala

Renowned sports medicine expert Dr Dinshaw Pardiwala on Sunday said that all the Indian athletes participating in the Paris Olympics, including ace javelin thrower Neeraj Chopra, were "fit enough" to perform on the big stage when the quadrennial showpiece gets underway on July 26.

Pardiwala, the chief medical officer (CMO) of the nearly 120-strong Indian contingent for the Paris Games, added that his 13-member team will render the best possible medical assistance to the contingent in the areas of injury management, sports nutrition, mental conditioning, sports massage, recovery and

"All the athletes that are going for the Olympics are fit right now. Some athletes will have minor niggles here and there. I am not going to be discussing any specific injuries to any athlete that they had in the past, but all of them who are there are there because they are going to be capable and they're gonna be fit enough to perform," he said. Pardiwala has treated some of the top athletes, including India wicketkeeper-batter Rishabh Pant, who suffered serious injuries during a car crash, and Tokyo Games silver medallist weightlifter Mirabai Chanu.

Indian Olympic Association, Sports Ministry and the Sports Authority of India have brought together a team of top medical experts, headed by Pardiwala, to give the best rest and recovery facilities to the athletes as they bid to better the seven-medal haul at the Tokyo Olympics.

This is the first time the Indian athletes will have a recovery room and a preparational rehabilitation 'We've already started sleep room to make them game

ready," said Pardiwala. In the past, athletes had to visit a common polyclinic for approximately 10,000

competitors avail physiotherapy and recovery services, and getting slots was time consuming. But this time around, the 13-member medical team will take care of those aspects as well so that the athletes only focus on their events and "not waste time" thinking about rest and

"It will be open 24x7. We've also got a sleep therapist on board because, over the years, one of the concerns has been inadequate sleep for rest and recovery. Time zones are different, the pressures and anxiety is there. So, to ensure athletes don't land up with inadequate sleep, we've got a sleep therapist on board who will address all these concerns," he said.

therapy sessions and we are also going to have some sleep pods for helping our athletes on the sleep aspect," he said. Several athletes have personal physios, mental trainers and nutritionists, and Pardiwala said for those who cannot take their support staff to Paris, his

team had already coordinated

with them and will help them

in every possible way. "Ever since the sports science team was announced, the first thing we have done is start knowing our athletes in three different aspects -- sports medicine, sports nutrition and mental conditioning. We have visited national camps, competitions etc to know their

needs better.' With warm weather expected during the Games and the Paris Olympics not promoting air-conditioning

Athletes' Village, there is a genuine concern about rest and recovery of the athletes. Pardiwala said, "Yes, there is not going to be air-

conditioning per se supplied by the organisers in the Village. Their main issue is they want it to be a green Olympics, and if we want it to be green Olympics, then we don't want air-conditioning to be there because that environmentally friendly. "Several contingents have said

'our athletes are used to temperature-controlled environments'. They (Paris organisers) have a sort of geothermal system where there will be a temperature within the Village of at least 5-7 degrees less than the ambient temperature. And the expected temperature in Paris is supposed to be between 18 and 26 degrees C. If ambient temperature is 5-6 degrees less, I think it's going to be quite Ok," he reasoned.



Sable, Jena up against world class field in Paris League in tune-up to Olympics

PTI ■ PARIS

Top Indian steeplechaser Indian 3000m **▲** steeplechaser Avinash Sable and javelin thrower Kishore Jena will hope to fine tune their Olympics preparations in the Paris leg of the prestigious Diamond League one-day meeting series on Sunday.

Reigning Olympic and world champion javelin thrower Neeraj Chopra has opted out of the Paris DL apparently due to adductor niggle that has been troubling him for the past couple of months.

Both Sable and Jena have not been in the best of forms and have not competed in too many events ahead of the Paris Games but they would be looking to get acclimatised to the conditions of the city which will host the Olympics. Athletics competitions in the Olympics begin on August 1. The 29-year-old Sable has

competed in just two 3000m steeplechase events, one at the Portland Track Festival in the USA, where he has been training, and the other at the Inter-State National

Championships in Panchkula, Harvana last week He had clocked 8:21.85 at

Portland and 8:31.75 in Panchkula, while he has a personal best of 8:11.20. After winning gold at the

Inter-State National Championships, Sable had vowed to make amends for mistakes he committed in the last few years and deliver a memorable show at the Paris Olympics with a different

approach.
"I committed mistakes in the last two years. I had gone with good fitness in the two world championships (2022 and 2023) but could not do well at both. I want to make amends, hope that this Olympics will be my best," said the reigning Asian Games gold medallist. On Sunday, he will be up against Kenyan Abraham Kibiwot, the 2023 World Championships bronze medallist and gold winner at the 2022 Commonwealth Games where Sable had won a

Another Kenyan, Simon Kiprop Koech, the 2023 Diamond League champion, will also be a top-three contender on Sunday in the absence of reigning Olympic champion Soufiane El Bakkali of Morocco and Lamecha Girma of Ethiopia.

In five Diamond League appearances so far in his career, Sable's best show has been a fifth-place finish.

Jena has also had a forgettable season so far with efforts of 76.31m in Doha Diamond League and 75.49m in the Federation Cup before an 80.84m throw to win a bronze at the National Inter-State Championships.

He has a personal best of 87.54m which he did while winning a silver in the Hangzhou Asian Games in

Jena, who will be competing in his second Diamond League on Sunday after Doha, had revealed that he was coping with a minor left ankle pain, which he felt after the Federation Cup (May 15-19) in Bhubaneswar.

"The pain has reduced and it's almost all right now," he had said in Panchkula last week. He will be up against the likes of Tokyo Olympics silver medallist and 2023 Diamond champion Jakub

Vadlejch of Czech Republic, former world champion Anderson Peters of Grenada and reigning Commonwealth Games medallist and 2023 World Championships silver winner Arshad Nadeem of Pakistan.



AP ■ HAMBURG

France's heartache in penalty shootouts is over. So is Cristiano last-ever European Championship.

In a clash of the soccer superstars, it was Kylian Mbappé - and not Ronaldo, his idol - advancing to a semifinal match against Spain as France beat Portugal 5-3 in a shootout following a 0-0 draw on

Portugal substitute Joao Felix hit a post with the only miss in the shootout and Theo Hernández showed no sign of essure by converting the kick into the top corner.

It was a record sixth and final European Championship for the 39-year-old Ronaldo, who scored Portugal's first penalty in the shootout and ended up consoling fellow veteran Pepe afterward as the 41-year-old defender cried on his captain's shoulder.

"We need to go through this moment of our loss, which is very painful," Pepe

Ronaldo's 20-year career in the Euros included the title in 2016 - when Portugal beat France in the final - and it remains to be seen if the five-time world player of the year will continue



playing for his country through to the 2026 World Cup, when he will be aged

"Everything is too raw," said Portugal coach Roberto Martinez, when asked if that was Ronaldo's last game for his country. "We are suffering a defeat as a team - there are no individual decisions at this point.

victory ended the recent heartbreak of Mbappé and France in shootouts, having lost in them at their last two major tournaments - in the last 16 at the Euros in 2021 and in the 2022

World Cup final. Before that, the French were also defeated on spot kicks by Italy in the 2006 World Cup final so it had been 26

years - since beating the Italians in the quarterfinals of the World Cup in 1998 that Les Bleus had been victorious in a Mbappé didn't even take a penalty this

time, having been substituted during halftime of extra time following a couple of knocks to his broken nose that was covered by a protective mask. France coach Didier Deschamps said his captain was tired, too. Les Bleus didn't need their star player,

as Ousmane Dembele, Youssouf Fofana, Jules Kounde and Bradley Barcola all found the net in the shootout - held at the end housing Portugal's vocal fans — before Hernández's coup de grâce set off jubilant scenes for the French inside the stadium in Hamburg.

"It wasn't easy," France goalkeeper Mike Maignan said. "We didn't always play that great, it was a complicated game. "We got to the penalty shootout and didn't waver. We can be proud of ourselves.'

France will play Spain in the semifinals after its extra-time win over Germany in Stuttgart earlier Friday, with Les Bleus staying on course for a third European Championship title after 1984 and 2000.

Badminton body holds event for



The 11-day residential Coaches Development Programme, organised by Badminton Association of India (BAI) in collaboration with REC Limited and the Sports Authority of India (SAI) simultaneously at the National Centre of Excellence (NCE), Guwahati and Raipur, concluded today with a total of 53 participants from 22 States of India being trained grassroots methodologies.

Merino's last-gasp goal sends Spain to Euro 2024 semis after dramatic extra-time win over Germany

AP ■ STUTTGART (GERMANY)

Spain and its fans celebrated as if they'd won the European Championship. After eliminating tournament host Germany in a thrilling quarterfinal, Luis de la Fuente's team has a great chance to lift the trophy in Berlin next week. Spain snatched a 2-1 win in extra time on Friday thanks to substitute Mikel Merino's header in the 119th minute. Merino celebrated by running around the corner flag, mimicking his father Miguel Merino's celebration after he scored in the same stadium for Osasuna in the UEFA Cup against Stuttgart in 1991.

"I knew that there was very little time left and that it was one of the last attacks we would have," Merino said. "I didn't believe that it had gone in until a couple of seconds later. When you get 30 slaps on your back it sinks in real quick.

"I am very happy for me and the entire team. It all comes down to one moment (the goal), but there is so much work behind it, all the training, the hope, the faith, and the belief in ourselves.'

Extra time came only after Florian Wirtz's equalizer in the last minute of regulation.



Dani Olmo, who set up Merino's winner, netted the opener early in the second half. All three goals came from substitutes.

Spain defender Dani Carvajal was sent off late in extra time for a second yellow card and will be suspended from Tuesday's semifinal against France. Fellow defender Robin le Normand will also miss that match after picking up another booking. France knocked out Portugal

and Cristiano Ronaldo in a penalty shootout 5-3. Spain eliminated the host of a major tournament for the first time in 10 attempts.

Germany players were morose

and coach Julian Nagelsmann looked on with his hands on hips and his face etched with disappointment.

"We were so close, that's what makes it so bitter," Germany midfielder Toni Kroos said after the final match of his excellent career. The 2014 World Cup winner had said he was retiring when Germany's campaign ended.

"We all had a big goal that we wanted to achieve together," Kroos added. "And this dream

Ilkay Gündogan, Thomas

we all had has been simply shattered now.' Teammates who might also have played their last international included captain

Müller and Manuel Neuer. Despite the disappointment and the "hurt," Nagelsmann managed to crack a joke during his news conference: "It's hurting also that we have to wait two years to become world champion.'

The quarterfinal pitted the Euros' only three-time champions, the teams who have played the best soccer at Euro 2024, and it didn't disappoint.

There was a blistering pace from the start with crunching tackles and end-to-end action.

Kroos was lucky not to booked for a mistimed challenge that upended Spain midfielder Pedri. Another hefty challenge moments later forced Pedri to leave injured and in tears. He was replaced by Olmo in the eighth minute, the fastest replacement in

Euros history.

"Pedri is in pain. It deserved a red card," De la Fuente said. He added it was too early to know if the young Barcelona midfielder would recover by Tuesday.

From the resulting free kick, Lamine Yamal almost became the youngest ever goal-scorer at the tournament but the 16year-old's effort flashed past the right post. Alexander



Bhambri-Olivetti pair ousted from Wimbledon

PTI ■ LONDON

India's Yuki Bhambri and his French partner Albano Olivetti made a second-round exit from the Wimbledon Championships after losing to Germany's Kevin Krawietz and Tim Puetz in three sets here. Indo-French squandered a one-game lead to go down 6-4 4-6 3-6 to the eighth seed Germans in two hours, five minutes on Friday. Bhambri and Olivetti had downed the Kazakh duo of

Bublik

Alexander Shevchenko in the opening round. On Saturday, veteran Rohan Bopanna and his Australian

partner Mathew Ebden will be

in action. The second seeds, who are the reigning Australian Open champions, will face Germany's Hendrik Jebens and

Constantin Frantzen in the second round. Bopanna is the only Indian left in the tournament as Olympicbound Sumit Nagal and N

Sriram bowed out of the tournament earlier this week.

India Women look to bounce back in do-or-die 2nd T201 against South Africa

12-run defeat in the first agame putting them on the backfoot, India Women would to look to dish out an improved batting and fielding performance in the second T20 International and bourse back in International and bounce back in the the three-match series against South Africa here on Sunday.

Dropped catches and batters' lack of intent in the middle overs had cost India dear in the opening match on Friday, as they could only score 177 for 4 in 20 overs after South Africa had posted 189 for 4, thanks to Tazmin Brits (81) and Marizanne Kapp (57).

It was South Africa's first win in the ongoing tour. They had earlier suffered a 0-3 whitewash in the ODI series followed by a 10-wicket loss in the one-off Test in the tour spanning close to a month now.

Both the camps have concerns to deal with following Friday's match. India's Richa Ghosh and

South Africa's Brits had gone off the field with concussion and

cramps respectively.

As per the BCCI's statement,
Richa had "neck pain and
dizziness" following a failed catch
attempt, with the ball hitting her
face. Her face too seemingly hit the ground.

"She has been sent for further scans & the BCCI Medical Team is monitoring her progress," read

the BCCI's statement.
As for Brits, she had to be stretchered out of the field with a severe contusion on her right lower leg. However, she did come for the post-match press conference and affirmed that she would be good to go in the upcoming games.

For the hosts, while their bowling performance was decent, the poor fielding caught everyone offguard, with three dropped catches and a few mis-fields.

The fielding flop show will definitely be one aspect that will be playing at the back of the home



minds on Sunday, especially given that head coach Amol Muzumdar is extremely strict about it.

As for batting, the Indian top order needs to add a bit more flair, barring Smriti Mandhana, who has been in fine touch lately. However, the Indian middle order

has been efficient, thanks to captain Harmanpreet Kaur and Jemimah Rodrigues, who made 35 and 53 not out respectively on The South Africans clicked with the bat, especially the top order. The likes of Brits and Kapp, along with skipper Laura Wolvaardt and

Chloe Tryon, are expected to come in handy yet again on Also, it was an all-round bowling performance, with four different

wicket-takers. However, Eliz-Mari Marx might be under the scanner, having given away 36 runs in her three overs in the first match.

The Chepauk pitch on Friday was

more or less the same on Sunday. Although there was low bounce and mild dew on Friday, playing the sweep shots effectively will be a good choice, given how the Proteas executed them perfectly.

THE TEAMS (FROM):

India Women: Harmanpreet Kaur (c), Smriti Mandhana (vc), Uma Chetry (wk), Richa Ghosh (wk), Dayalan Hemalatha, Jemimah Rodrigues, Shafali Verma, Amanjot Kaur, Shreyanka Patil, Sajeevan Sajana, Deepti Sharma, Asha Sobhana, Sharma, Asha Sobhana, Arundhati Reddy, Renuka Singh, Shabnam Shakil, Pooja Vastrakar

and Radha Yadav.

South Africa Women: Laura
Wolvaardt (c), Tazmin Brits,
Mieke de Ridder (wk), Sinalo Jafta (wk), Anneke Bosch, Nadine de Klerk, Annerie Dercksen, Marizanne Kapp, Sune Luus, Chloe Tryon, Ayabonga Khaka, Masabata Klaas, Eliz-Mari Marx, Nonkululeko Mlaba and Tumi

As Rahul Dravid bids farewell to Team India, the legend said that during his tenure as head coach, he abhorred chopping and changing the side too much and always tried to be a foil for skipper Rohit Sharma so that he could devise his own

winning strategies. Dravid's coaching stint came to an end with India winning the T20 World Cup in Barbados last week, defeating South Africa and bringing home the trophy for the second time after 2007.

"I'm someone who actually likes continuity and don't like to chop and change too many things because I believe that creates a lot of instability and doesn't create very good environment," said Dravid in a video posted by BCCI on Saturday. "I feel that I am a part of the team whose responsibility is to create the

right professional, safe, secure environment that doesn't really have a fear of failure as such but is challenging enough to push people. That has always been my endeavour.' Dravid said that the period

when the players were coming out of the COVID-19 pandemic was a tough one for him as he had just taken over as coach and "never envisaged" that he would have to work

"One of the things that we had to manage, especially in the early part of my coaching tenure here with India. We were at the back-end of the Covid restrictions."We really had to manage their workloads through all the three different formats. There were a few injuries and it led to me working with something like 5-6 captains in the first 8-10 months of me being here.

"It was definitely something that I hadn't envisaged, or not something that I thought about, but it just sort of organically happened.'

Under Dravid's tutelage, India thrashed England in the fivematch Test series at home and the team also reached the 2023 ODI World Cup final.

While Covid put a lot of restrictions on players and they virtually lived out of a 'bubble case' at all times, the pandemic



also had its up side as a lot of youngsters got a chance to be a part of the India team environment.

thing that other happened, which was very nice to see is, because we played so much of cricket after Covid and we had to cram in a lot of series, it meant that we had to almost, at times, have two teams playing at the same time in different parts of the world.

"Over the last 2-1/2 years, especially in white-ball cricket and lately towards the backend (of my career) even in redball cricket, we were able to give a lot of youngsters a lot of opportunities, bring a lot of

people into the side."
"Some of them developed and stayed on in the side a little bit longer, but some of them, they were there because at that point of time maybe some of results. But it's always like, as a

Dravid's relationship with Indian stalwarts like Rohit Sharma and Virat Kohli dates back to the time when he was at the fag end of his cricketing career while the two were finding their feet in international cricket.

"I've really enjoyed working with Rohit, someone I knew as a young boy. Just to see him grow as a person and grow as a leader in Indian cricket, what someone like him has been able to contribute to the team over the last 10-12 years, both as a player and now as a leader, has been a real tribute to him and the effort that he's put in. "I've really enjoyed getting to him know as a person as well enjoyed seeing his commitment and his care for the team; to just try and get the everyone feels safe and secure creating and enjoys themselves. It's environment?

something that I'll miss.

"Even with someone like Virat. In the initial days, just a couple of series with him as a captain, just a couple of matches. Getting to know him as well and to see how he goes about business, that he professionalism

continues to display...His desired to improve, to get better. It's been fascinating for me to watch. Dravid said he always believed

in the process because of at times, he was which, misunderstood as not being result-oriented. "For me that's (results), of

course it's important. I keep saying and people think, 'Oh, I think result are not important'. Of course, results are important.

"I'm in the business to produce coach to think about what is it that I can control to help the results and at the end of the day our responsibility should be to try and help the captain deliver his vision and his philosophy of how he wants the team to

Of course, to win cricket games is a given. You try to win as much as you can. You start with that. But I always look back on what is it that leads to the winning? How do you win more games and what is the process required to win more games?

For me, the vision was to try and get that process right. Ticking all of those boxes. 'Are we challenging the players enough? Are we practicing well enough? are we prepared tactically, technically? Are we supporting the players as best environment right where as we possibly can, Are we

Didn't like chopping and changing, tried | Made some errors as a bowling to help captain deliver his vision: Dravid unit: Radha Yadav on

India spinner Radha Yadav admitted That the bowling unit made some errors during their 12-run loss to South Africa in the opening women's T20I here, adding that the pacers should have relied more on yorkers.

Indian bowlers were at the receiving end of some formidable batting by Tazmin Brits (81) and Marizanne Kapp (57), who helped South Africa set an imposing 190-run target for the hosts.

"It was important to know which length "It was important to know which length and pace to bowl at on this wicket. We did make some errors as a bowling unit; maybe gave away 10-15 extra runs," said Radha during the post-match

media interaction on Friday.
The South Africans used the sweep shot effectively with the pitch offering low bounce. "We needed to hit them (at yorker length) since the ball was skidding," she added.
Asked about the animated discussion that happened on the field when the

Proteas were batting, Radha said that it was about setting up an attacking field. "We were discussing about making them play where the fielders were stationed and also look to attack and take wickets. But, they did bat well. "We need to back our plans and quickly



judge how the wicket is playing out. It will make things a lot easier for us." India will play the second T20I here on Sunday and they will have to improve their catching skills to level the threematch series.

India dropped three catches, which cost them dear on Friday but Radha said it was just a bad day in office.

"I think it was just a bad day. All are brilliant fielders in our group, and everyone has been putting in hard work

and training. We'll look to bounce back," she said. WE NEED THESE WINS: TAZMIN BRITS

South African star batter Tazmin Brits was thrilled to have drawn first blood in the WT20Is after the massive Test loss and feels that winning the series will give them confidence for the upcoming T20 World Cup in Bangladesh.

"We need these wins and the confidence in our locker room. With

Shooter Jitu Rai retires from Army

this confidence, we cannot just reach the semis but actually win the World Cup. Winning this game was good, but winning the next two would be even better," she said.

She admitted that it was hard for her to play Pooja Vastrakar, India's most economical bowler in the match.

She also lauded the excellent communication with her skipper Laura Wolvaardt and Kapp while batting. "She (Pooja) is a great bowler. But the

other spinners made it easy. Also, good communication from the other end "It's difficult to see what you are doing

wrong due to your head position. So, it was nice to get that information and advice from the other end," she said. South Africa's batting has been in focus, having managed a 300-plus score during the second ODI and also scoring heavily in the second innings of the one-off Test, which they lost by 10

She credited batting coach Baakier Abrahams for the improvement.

You need to be fearless against all T201 teams. But, to use that in the actual game is always difficult. It's nice to have a batting coach who's helping in not just swinging but also to know your game better," she said.f

PTI ■ NEW DELHI

A sian Games gold-medallist marksman Jitu Rai, who debunked the myth that a humble background can humble background can hinder success at the highest level, has decided to retire young athletes to become

world-beaters Born in the Sankhuwa Sabha district of Nepal, the 36-yearold Khel Ratna and Padma Shri awardee, was the only Indian shooter to win a gold at the 2014 Incheon Asian Games, an achievement which helped him rise up the ranks to become Honorary Captain in

the Army. Rai, who served most of his 17-and-a-half-year tenure with 11 Gorkha Regiment in Lucknow, announced his retirement from the Army on social media.

"I am Hony Capt. Jitu Rai, SM,VSM, Olympian shooter, Padma Shree Awardee Dhayan Chan Khel Ratna Awardee and Arjun awardee. Would like to inform all that my journey of 17 years 6 months in Indian Army was completed on 1st



nation and Army and I will continue to do the same through my experience sharing and coaching to the upcoming shooters. I will always carry discipline, dedication and faithfulness towards my nation taught by the Army throughout my career." Rai added.



SHOOTING ACADEMY IN **PIPELINE:** Rai, who competed at the Rio Olympics 2016 and finished last in the 10m air pistol final, further

academy in near future national shooting federation

"I have taken retirement from the Army to make a foray into coaching. I will try to compete as much as I can but will also like to share my experiences with younger generation," Rai told PTI from Bagdogra in West Bengal.

"I plan to open a shooting academy though I have not decided the location. It would be wrong on my part if I don't share my shooting experiences. If I get the shooting opportunity to be a part of the national coaching staff that

(NRAI) has also advertised for the post of high-performance coach, so I will apply. If they (federation) gives me the opportunity then I will be really happy," he said. Besides the Asian Games gold in 50m pistol and bronze in

10m air pistol at Incheon, Rai also won gold medals at the Commonwealth Games in Glasgow (2014) and Gold Coast (2018).

The World Championships silver-medallist in 2014 Granada also has two World Cup gold medals in Maribor and New Delhi.

India women's 23-member squad for Myanmar friendlies announced

PTI ■ NEW DELHI

The All India Football Federation on Saturday announced a 23-member senior women's squad for the two friendly matches against Myanmar to be played in Yangon on July 9 and 12.

The goalkeeping department comprises Shreya Hooda, Elangbam Panthoi Chanu and Maibam Linthoingambi Devi while Loitongbam Ashalata Devi, Hemam Shilky Devi, Sanju, Wangkhem Linthoingambi Devi and Aruna Bag will handle the defence.

As for the midfield, the likes of Naorem Priyangka Devi, Sangita Basfore, Karthika Angamuthu, Neha, Nongmaithem Ratanbala Devi and Mousumi Murmu have been included in the department.

Meanwhile, the forward section consists of Kajol Hubert Dsouza, Anju Tamang, Soumva Guguloth, Sandhiya Ranganathan, Karishma Purushottam Shirvoikar, Lynda Kom Serto, Pyari Xaxa, Jyoti and Rimpa

"My team is a mix of senior and junior play-

ers. I am satisfied with the combination of the squad. After playing Uzbekistan last month, we started our National camp within the next 10 days," head coach Chaoba Devi said in an AIFF release.

"All the players are fit, which is a good sign. They didn't want to relax; they were undergoing intense training at their respective Chaoba added that the team had excellent

preparations during the training camp at the National Centre of Excellence in Kolkata and backed having youngsters in the starting XI. India's last assignment was in Uzbekistan on May 31 and June 4 where they lost 0-3 and 0-0 to the hosts.

We played with Uzbekistan last month, which was also a higher-ranked team. Playing against higher-ranked teams benefits our players as they can have intense matches and get ready to play in big tournaments," Chaoba said..

While the Indians are currently ranked 67th in the FIFA Rankings, Myanmar is ranked 54th However. Chaoba insisted that more than the ranking, the quality of these clashes matters, besides crediting the Indian Women's League (IWL) for helping in scouting new talents.

"Ranking does matter. The federation is also trying to arrange for more exposure tours. If we play more such games, the team will improve. We need to play quality games. "A well laid-out plan should be there. We need to inform the girls well in time to keep them prepared. There is a lot of activity going on around Indian women's football, and we need future players.

"We have scouted talents from IWL and IWL 2. We coaches can get the best of the talents and select the best ones," she assert-

would be great. "I have also heard that the said he plans to open an AU SMALL FINANCE BANK LIMITED (A Scheduled Commercial Bank)

Whereas, The undersigned being the Authorized Officer of the AU Small Finance Bank Limited (A Scheduled Commercial Bank) under the "Securitization and Reconstruction of Financial Assets and Enforcement of Security Interest [Act, 2002 (54 of 2002)] and in exercise of powers conferred under section 13 (12) read with rule 3 of the Security Interest (Enforcement) Rules, 2002 issued demand notice on the date as mentioned below calling upon the borrowers to repay the mount mentioned in the said notice within 60 days from the date of receipt of the said notice as per the details given in below table

Regd. Office: 19-A, Dhuleshwar Garden, Ajmer Road, Jaipur - 302001 (CIN:L36911RJ1996PLC011381)

Description of Mortgaged Property Date & Amount (Loan A/C No.) L9001070425365832. All That Part And Parcel Of Residential/Commercial Property 12-Apr-24 ₹ 12,04,032/-02-Jul-24 Rahul Awasthi (Borrower), Smt. Rs. Twelve Lac Four Thousand Land / Building / Structure And Fixtures Property Situated At Chanchal Awasthi (Co-Borrower) Bhukhand No 2/1, Kh No 1691/1, Mauja Jarondha, Th-Thirty-Two Only as on 12-Apr-24 Takhatpur, Dist- Bilaspur, Chhattisgarh Admeasuring 1800 Sqft East: Road, West: Plot No. 285, North: Plot No. 265, South: Plot No. 267 (Loan A/C No.) L9001060115098997, 12-Apr-24 ₹9,72,167/-All That Part And Parcel Of Residential/Commercial Property 02-Jul-24 Dinesh Jayaswal (Borrower), Rs. Nine Lac Seventy-Two Land / Building / Structure And Fixtures Property Situated At Smt.Santoshi Jaiswal (Co-Borrower). Thousand One Hundred Sixty Survey No- 1014/4, Ph No. 06/29, Rim, Ward No 06, Vill-Smt.Sharda Jayaswal (Co-Borrower) Mungeli, Th & Dist- Mungeli, Chattisgarh, Admeasuring 600 Seven Only as on 12-Apr-24 Sqft. East: Land Of Avatar Singh, West: Road, North: Land Namdev, South: Land Of Avatar Singh (Loan A/C No.) L9001060126344642, 13-Feb-24 ₹7,65,778/-All That Part And Parcel Of Residential/Commercial Property 03-Jul-24 Bismilla Solanki (Borrower), Rs. Seven Lac Sixty-Five Thousand Land / Building / Structure And Fixtures Property Sittuated At-Gyyasudin Solanki (Co-Borrower Seven Hundred Seventy-Eight Khasra No. 69/4, Ph. No. 18, Ward No. 07, Vill-Kopebhata, Only as on 12-Feb-24 R.N.M.- Gandai, Teh- Chhuikhadan, Distt- Rajnandgao Chattisgarh Admeasuring 0.005 Hect. East: Land Of Madan West: Gali, North: Land Of Dujajuddin, South: Road Pandaria To Gandai All That Part And Parcel Of Residential/Commercial Property (Loan A/C No.) L9001060135524722 6-Jan-24 ₹ 4,89,075/-Omprakash Nishad (Borrower). Rs. Four Lac Eighty-Nine Thousand Land / Building / Structure And Fixtures Property Situated At Shyamratan Nishad (Co-Borrower), Khasra No- 297/4, Vill- Nipania, Tehsil- Bhatapara, Dist-Seventy-Five Only as on 5-Jan-24 Balak Nishad (Co-Borrower) Balodabazar, CG. Admeasuring 84 Sqmtr. East: H/O Balak Ram, West: Empty Land, North: H/O Sita Ram, South: Gali

The borrower having failed to repay the amount, therefore notice is hereby given to the borrower and the public in general that the undersigned has taken possession of the property described herein above mentioned table in exercise of powers conferred on him/her under section 13(4) of the said [Act 2002] read with Rule 8 of the said rule on the date mentioned in the above table.

The borrower's attention is invited to provisions of sub section (8) of section 13 of the Act, in respect of time available, to redeem the secured assets. The borrower in particular and the public in general is hereby cautioned not to deal with the property and any dealings with the property will be subject to the charge of the AU Small Finance Bank Limited (A Scheduled Commercial Bank) for the amount and interest thereon mentioned in the above table.

Date : 06/07/2024 Place : Chhattisgarh

Authorised Officer AU Small Finance Bank Limited

the pioneer

"See how the Ganga flows by and what a nice building! I like this place. This is the ideal kind of place for a Math'



need for community

participation that takes care of the needs of all stakeholders. The concept of Rejuvenation defined as 'restoring a living entity to a previously agreed state of health and wellness' is most relevant in the context of the Ganga. Given the definition of

Ganga by the MWRRDGJ, it's high time that the rejuvenation approach for Ganga targets the entire riverscape in an integrated



BKP SINHA



DR ARVIND K JHA

he Ganga River, also known as the Ganges. is the longest river in India with the most populated basin, the home to 600 million people. Originating from the Gangotri glacier in Uttarakhand, it embarks on a journey of 2,525 kilometers, meandering through five states -

Uttarakhand, Uttar Pradesh, Bihar, Jharkhand, and West Bengal before it merges with the Bay of Bengal. It nourishes a variety of life forms, provides livelihoods to people, and contributes to country's economy, trade, and commerce. The Ganga basin, spanning an area of 10.16 lakh square kilometers, contributes around 40% of the country's GDP. As per Hindu mythology, the river is believed to have descended from heaven when King Bhagiratha performed intense austerities for the river to descend to Earth. Considering river's immense force, Lord Shiva received the celestial river in his matted locks releasing it in a controlled flow. The Ganga is revered as a goddess; its journey symbolizes purity, life, and redemption; and its water is believed to wash away sins and facilitate Moksha, the liberation from the cycle of life and death. The Ganga itself, however, is under severe threat today.

The rapid growth in human population and unchecked development have degraded its catchments. With obstruction and diversion of its flow coupled with inflow of massive amount of pollutants from industrial, human, and agricultural sources, its natural ability to cleanse itself is compromised. The polluted water in the changed flow regime poses serious threat to humans and river's own biodiversity alike. While the future of 140 fish species and 90 amphibian species is threatened, Gharial and endangered Ganges River dolphin respectively are classified by IUCN as critically endangered and endangered. Severity of the issue that impacts the life, health and livelihoods of people and even undermines the cultural and spiritual significance of the Ganga deserves to be realized in its entirety and tackled with promptitude.

the construction of wastewater

treatment facilities at selected

as the national river of India.

Government of India initiated

the Ganga River by addressing

Subsequently, in 2014, the

sustainable practices for

Mission, was billed as a

objectives of effective

conservation and

Ganga (NMCG), popularly

known as the Namami Gange

"scientific programme" by the

Indian government that aimed

abatement of pollution and

rejuvenation of the Ganga

of a number of polluting

Efforts have been made to clean and preserve the Ganga. During the late 1980s the Ganga Action Plan was implemented. This initiative led primarily to

NEEDS CLEANSING Rapid growth in human population and unchecked development have scarred the sacred river Ganga. Coupled with inflow of massive amount of pollutants, the river's natural ability to cleanse itself is compromised, say BKP SINHA and DR ARVIND K JHA

places in addition to the closure industrial plants along the river. **EFFORTS HAVE BEEN** In 2008, the Ganga was declared MADE TO CLEAN AND PRESERVE THE GANGA. **DURING THE LATE 1980S** the Namami Gange project that THE GANGA ACTION PLAN aimed to rejuvenate and protect WAS IMPLEMENTED. THIS pollution sources and promoting INITIATIVE LED PRIMARILY TO THE improving its biological richness. CONSTRUCTION OF The National Mission for Clean WASTEWATER TREATMENT FACILITIES AT SELECTED PLACES IN ADDITION TO THE to clean the river using advanced **CLOSURE OF A NUMBER** technologies at a project cost of OF POLLUTING INR 20,000 crores with the dual INDUSTRIAL PLANTS ALONG THE RIVER. IN 2008, THE GANGA WAS DECLARED AS THE NATIONAL RIVER OF INDIA

The Ministry of Water Resources, River Development, and Ganga Rejuvenation (MWRRDGJ) issued a notification on 7th October 2016, defining the River Ganga to include the entire length of six head-streams in the State of Uttarakhand, namely, Rivers Alakananda, Dhauli Ganga, Nandakini, Pinder, Mandakini and Bhagirathi, as well as the main stem of the river up to Ganga Sagar, including all its tributaries up to Ganga Sagar. The establishment of sewage treatment plants and sewerage networks with a primary focus on bioremediation figured predominantly in the Namami Gange project and accounted for about 80 percent of the overall project outlay. On the conservation and rejuvenation front, the Detailed Project Report (DPR) prepared in 2016 by Forest Research Institute, ÍCFRE, Dehra Dun had a projected outlay of Rs. 2,293.73 crores. Investments were planned to begin from 2016-17 itself. The five-year plan considers riparian corridors, nature of channel morphology, and the dynamics of the river. A unique geographical area of

delineated as 'Ganga riverscape' along the Ganga has been identified for planning, assessment, and implementation of measures that include activities like reforestation or afforestation, managing vegetation to prevent soil erosion, and creating buffer zones to protect the river from pollutants. Further, the Wildlife Institute of India prepared the 'Biodiversity Conservation and Ganga Rejuvenation' plan with focus on development of local level 'Ganga Prahari' volunteers for playing a crucial role in conserving the ecological integrity of the Ganga and reducing the direct dependency of locals on the river. The projects of the Central Inland Fisheries Research Institute (CIFRI) and the Uttar Pradesh State Forest Department targeted science-based aquatic species restoration. The website of Namami Gange contains information on the progress of implementation till 2020 only. The recent audit report of the project by the Comptroller and Auditor General of India, however, has noted deficiencies on various fronts viz. planning, financial management implementation and monitoring, and delays in achievement of milestones under the programme.

Photos: Pankaj Kumar/The Pioneer current scenario warrants improvement not only on the above aspects but also introduction of innovative and effective approach. In this context, one can draw inspiration from an ancient text by Sage Kashyapa on agriculture. He outlined five principles for water resources development. The first principle, Udhgamsthana, suggests that conservation should commence at the river's source. This includes construction of temples for protection, management of upper catchments, and redirecting streams and rivulets to enrich river's source. The second principle, Nyunatam Gati-avarodh, advocates for minimal disruption to the natural flows of water and air to maintain the hydrological cycle. The third principle, Golden Mean or Suvarna Madhya, emphasizes that water structures should prioritize "appropriateness" over "maximum" capacity indicating sustainable and responsible use of water resources. The fourth principle acknowledges the interdependence of natural resources like land, water, forest, and fauna suggesting integration of sacred groves, tanks, and bunds at key points to distribute water usage. The fifth and final principle, Sahabagh, Swabhava, and Sanskara, emphasizes the

manner while drawing and utilizing funds from all concerned departments. All the tributaries require treatment to ensure they remain clean and flowing and contribute to the flow of the Ganga. In order to foster larger community engagement in the rejuvenation mission, catchment areas of tributaries can be named after revered personalities or temples at their origin, followed by the suffix 'Namami Gange Van'. For instance, the catchment of Ramganga, originating from the Doodhatoli ranges of Pauri in Uttarakhand, could be named 'Veer Chandra Singh Gadwali: Namami Gange Van'. Similarly, as the Ghagra river converges with the Ganga after the confluence of Mahakali (Sharda) at Tanakpur housing the Purnagiri temple, the catchment could be named 'Purnagiri: Namami Gange Van'. Likewise, the catchments of Gomati in Pilibhit could be named Vashishtha, that of Sai river meeting Gomti in Parsai village (Hardoi) as Adi-Ganga, that of Saryu and lower Ghagra as Ram, and those of Gandak, Kosi, and Budhi Gandak as Valmiki, Kausika, and Champakaranya respectively. The origin of Ganga's tributary, the Sone River at Amarkantak could bear the name Sone, the catchment of Punpun river originating in Jharkhand as Punpun, and the Namami Gange Van of Damodar, Mayurakshi, Ajay, Bansloi, and Ghumani could respectively be prefixed with the names Sarhul, Trikut, Ajay, Venu, and Rajmahal. Restoration of suitable forest cover, construction of water conservation structures, keeping river beds encroachment-free. prevention of water diversion, and curbing exploitative livelihood systems near the banks shall have to be prioritized in these areas as in the main stream of the Ganga. The overarching strategy for rejuvenation must combine pollution prevention through stricter regulations and rigorous implementation in order to transform Ganga's biological profile making it 'NIRMAL' and the restoration of status of its stream to 'AVIRAL'. In 2017, the Uttarakhand High Court declared the rivers Ganga and Yamuna as 'legal persons' with all corresponding rights of a living person. Considering it together with the concepts of spiritual ecology and earth stewardship, one should come up with innovative strategies in the Indian context. Standing on its banks, one is left with a profound sense of awe and a lingering question—what will the next chapter in the Ganga's story be? The narratives connected with religious, mythical, political, historical, and the emergent ecological aspects sketch collectively a nuanced and multifaceted complex image of this emblematic river. Once considered the purest of all rivers, it has become one of the most polluted in the world. Today the Ganga flows with the stories of Gods but has the scars

of development. It's high time we

reciprocate to the Ganga what it

(The writers are Former Principal

Chief Conservator of Forests, UP

and Maharashtra; views expressed

has generously provided us for

centuries - survival and

sustenance.



sunday magazine the pioneer agazine





THE NEWEST AND BIGGEST OUTDOOR POOL AT ST MORITZ

BADRUTT'S PALACE

ST. MORITZ SUMMER'S RICH **ALPINE PALETTE**

Apart from being famous for its enchanting winter charm, St. Moritz also changes its appearance during the summer. It unveils a collection of lush green scenery which offers plenty of opportunities to enjoy nature, engage in thrilling sports, and fully embrace the peaceful Alpine way of life

BY **AKANKSHA DEAN**

etting off on an enchanting Swiss journey armed with an eight-day Swiss Travel Pass and a carefully crafted plan, my travels unfolded like a dream aboard a selection of prestigious panoramic trains - the Bernina Express, Glacier Express,

and GoldenPass. The quintessential Swiss adventure began with my first lengthy train ride from Zürich to Chur. Emerging from a dark tunnel, the train revealed a stunning mountain view against the vast sky, almost like a scene from a perfectly set movie. This

was the Switzerland I had always imagined - reminiscent of the landscapes found in Heidi's stories and the ads for Ricola. The sight of quaint chapels perched daringly on rocky cliffs amid lush meadows and glimmering peaks brought me immense joy. Changing trains at Chur, I arrived in the elegant town of St. Moritz. Despite its small yearround population of under 6,000 residents, this former host of the Olympics and luxurious mountain escape has captured the hearts of the wealthy and famous. During the summer, St. Moritz transforms into a place that feels more like the Mediterranean than northern Europe, with most days filled with abundant sunshine.

A SUMMER EXTRAVAGANZA With just a single word, Badrutt's Palace exudes allure. It's renowned among a select few for its post-ski parties in the King's Social House, chance meetings with well-heeled billionaires in Moncler gear, and hosting one of the most soughtafter New Year's Eve celebrations globally. Additionally, it conjures images of lavish bedrooms with views of the frozen lake, making it a top choice for winter getaways among the elite. Another facet of Badrutt's, lesser-known but equally captivating, comes alive in St. Moritz during the summer. This version offers a fresh experience



waiting to be explored. During our stay, our suite featured a balcony opening to a picturesque terrace. On our first night, we enjoyed a horse-drawn carriage ride, soaking in the stunning scenery of the lake, the majestic mountains, and the vast Engadin valley. In the summer, the mountains transform from a monochrome landscape of snow and rock to a vibrant tapestry of colours and textures. From lush green forests hugging the calm blue lake to vivid emerald meadows and the rugged peaks dusted with remnants of winter snow, the view

from our balcony was aweinspiring. Unlike many hotels that claim to be palaces, Badrutt's lives up to its regal status. The grand state rooms exude a palace-like atmosphere, inviting guests to wander in elegant attire. While casual wear is allowed, formal dress seems more appropriate. In Le Restaurant and Le Relais, the elegant dining options call for formal attire to match the graceful setting. The ambiance is truly exceptional and sets Badrutt's apart as a regal retreat where luxury meets sophistication effortlessly.

SUMPTUOUS FEASTS, MOUNTAIN MAJESTÝ

As I set foot on Paradiso Mountain Club & Restaurant for my initial summer escapade under the stewardship of Badrutt's Palace Hotel, I awaited eagerly the promise of sun-soaked days amidst stunning vistas. Paradiso, embodying a strait. embodying a steadfast commitment to local traditions and unwavering standards of excellence and openness, presents a menu that encapsulates the essence of St. Moritz's Mountain lifestyle-a tribute to delectable fare, pure mountain breezes, and abundant sunshine. The dining experience at Badrutt's transcended mere expectations. Our culinary voyage led us to the enchanting Chesa Veglia, a quaint heritage abode just

a skip across the street, metamorphosed into what can only be described as the epitome of high-class pizzerias. Here, within this tucked-away gem, Badrutt's Palace seemed to unfurl a more carefree, laid-back persona, akin to a majestic retreat momentarily letting loose, bedecked in an Ítalian leather bracelet, relishing in copious servings of Ornellaia. The pizzas served were sheer perfection a symphony of flavours that would satisfy even the most discerning pizza aficionado. The ambiance at Chesa Veglia exuded an air of joviality, with the staff mirroring the joy and enthusiasm of the guests, creating an atmosphere where every bite felt infused with a sense of shared merriment and contentment.

RECHARGE IN ENGADIN

Nestled in the heart of Palace Wellness, we had the pleasure of enjoying a refreshing swim in the newest and largest outdoor pool in St. Moritz at a luxurious hotel in Engadin. The pool overlooks breath-taking views of the mountains and the lake, creating a picturesque backdrop for a delightful lunch at La Diala. The restaurant's name, which means 'mountain fairy' in Romansh, reflects its deep connection to the surrounding environment and offers a light and wholesome

long stay, we found solace in the expansive indoor pool area, complete with its own artificial rock mountain perfect for kids to dive off. The deep-tissue massages at the spa were as rejuvenating as expected, adding to the overall relaxation experience in a mountain spa setting. St. Moritz's charm in the summer goes beyond extravagant lunches, indulgent spa treatments at Palace Coiffeur, savouring ice creams at Gelateria, and admiring the panoramic views of the lake. Engaging in activities like kitesurfing on Lake Silvaplana, sailing on Lake St. Moritz, and exploring the scenic nature trails by bike or on foot offers guests of Badrutt's Palace a diverse range of outdoor adventures at their fingertips. Moreover, the distinction of Badrutt's Palace as one of the World's 50 Best Hotels further solidifies its reputation as a top-tier destination for discerning travellers.

menu. Even on the one cloudy day

we experienced during our week-

Akanksha Dean is an independent food & travel writer, a chef and a catalyst and is the first Indian to have trained at Osteria Francescana, in Modena, Italy, rated as the world's best restaurant in the World's 50 Best Restaurants, in 2016 and 2018 and currently in the Best of The Best Category.

provides a peaceful haven

where guests can truly relax and unwind. The monsoon

amplifies this sense of

Rejoice in the Monsoon Magic This Season

Embark on a journey to charming monsoon retreats for a blissful vacation, writes SHARMILA CHAND

rith monsoons round the corner, it is time to plan a vacation to soak in the beauty of nature. Immerse in the rich tapestry of exotic destinations across the country. From the mistladen cliffs of the Western Ghats to the tranquil backwaters of Kerala, and lush green landscape of Goa, enjoy an alluring escape into of rain be musical notes and characteristic scent of the wet earth allure all your senses. Rain Soaked Offerings At Radisson Blu Resort and Spa-

After braving a hot summer, you deserve to cool off and enjoy the rainy season, and a luxury resort lets you do that while providing every comfort your heart could

desire. Whether you are traveling on holiday or business, the Radisson Blu Resort & Spa, Alibaug invites guests to experience unparalleled luxury and the tranquility of natural beauty.

Guests can enjoy a leisurely walk around the landscaped gardens, or simply sit beside the stillness of the Lotus pond. For adventure seekers, the resort offers activities such as guided cycling tours, nature trails, and bird watching. By being close to historical sites such as the Kolaba Fort and Alibaug Beach, there are also opportunities for exploration and adventure to ensure a rich and fulfilling stay for all. Radisson Blu Resort & Spa, Alibaug is designed around wellness and relaxation, with moments of mindfulness offered in the form of daily yoga and meditation sessions-the resort provides a sanctuary for rejuvenation of

RAINDROPS AT THE MACHAN - A TREEHOUSE RESORT, LONAVALA

the body and mind.

The Machan, a unique ecoresort located near Mumbai and Pune, offers a selection of tree-houses that ascend 30-45 feet above ground level, allowing visitors to stay in 'treetop' accommodations. Nestled in Jambulne, a 'biodiversity hotspot' as one of the 25 globally, The Machan is a great destination for nature lovers. On the property, visitors can participate in a number of



trekking, bird watching, and exploring historic sites. The resort also offers comfortably furnished chalets and "tree houses." Feeling a bit adventurous? Start your day with a rush of adrenaline by waking up in the 'Tree House' perched 30 to 45 feet above the forest floor in Jambulne. The experience of the monsoon season at the Machan will usher in a sense of tranquility as you enjoy your endless supply of hot beverages and snacks. Along with the unique and luxurious tree house accommodations, The Machan has much to offer to keep one busy during their stay. With guided nature walks, bird watching and historical forts and caves nearby, there's always something to do. A stay at the Machan during the monsoon season rewards you with abundant waterfalls, cool breezes and lush greenery for a truly ethereal experience as you enjoy your hot drinks and comforting snacks. Plus, the resort recycles 80% of its grey water and is almost entirely powered by renewable solar and wind energy. So when you book your monsoon getaway here, you aren't just rewarding your soul - you're doing your bit for sustainability.

ENCHANTING VIEWS OF NERUL RIVER AT HILTON GOA RESORT

Nestled in the picturesque hills of Saipem, Hilton Goa Resort is a synonym for luxury and tranquility. It provides enchanting views of lush greens and Nerul River. The resort will offer you an incredible opportunity to escape from the hustle and bustle. Relax by one of the excellent four outdoor pools or break a sweat in the welloutfitted fitness center. The restaurant with a patio on the resort offers a unique dining experience with mesmerizing coastal views of Goa, while the Doce cafe and Coco lounge bar provide the taste buds with an extensive range of patisserie and Mediterranean flavors.

When it comes to families, the kids club ensures your kids have a good time as you relax. The resort's location is convenient for exploring attractions such as Aguada Fort and Panjim, with Vagator Beach only being a 30-minute drive away for even more sea, sun and sand. If you are looking for a romantic getaway, family vacation, or corporaterelaxation, the resort's event facilities and group travel services offer all you will need.

In Hilton Goa you can sip

your morning coffee and

watch the raindrops fall on the

lush greenery outside as the

clouds wash away the heat of the summer. Take a dip in one of the four outdoor pools, hit the gym at the fitness centre, or simply walk about outside and enjoy the pitter-patter of the raindrops

WATCH RAINDROPS ON PADDY FIELDS AT EVOLVE

BACK, COORG One can only imagine what it feels like to be woken up by the smell of coffee and the cold mountain breeze. That's exactly what a monsoon trip to the 300-acre Evolve Back resort in Coorg will buy you. The private pool villas are traditionally furnished as they were in ancient times, making them perfect for outdoor experiences whether you are alone or with family members. For quiet moments, the Reading Lounge is an ideal spot. Here, you can enjoy a cup of freshly brewed coffee while watching the rain fall on the lush paddy fields, creating a perfect ambiance for relaxation and reflection. Visit to Evolve Back is incomplete without taking part in its rich coffee culture. Right inside this place is a Coffee Museum where people have opportunities to journey through history while learning about processes involved in growing coffee plants and beans. Just by stepping into the plantation field and walking across lush coffee farms one can find better appreciation for their favorite morning drink. The resort also offers a range of cultural and wildlife experiences that highlight the region's biodiversity and heritage. Guided nature walks, bird

watching tours, and

provide a comprehensive

ecosystem and traditions.

Whether you're seeking

understanding of Coorg's rich

adventure, relaxation or want to curl up with coffee in the Reading Lounge while watching the rain fall on the lush paddy fields Evolve Back, Coorg is your destination.

MISTY LANDSCAPES AT RIVERMIST RESORT **CHIKMAGALUR**

In the lap of the Western Ghats, Chikmagalur is known for its lush coffee plantations and misty landscapes. In the monsoons, it transforms into a vibrant tapestry of green, punctuated by cascading waterfalls and blooming flora, making it a sanctuary for rare bird species, elusive animals, and unique insects. Hidden amidst this mountainscape, is a boutique getaway called RiverMist Resorts. Perfectly situated with the Charmady Ghats in the backdrop, it provides guests with an authentic experience of this region. Traditional Malnad architecture, and local cuisine adds to its charm. Unique nature centric activities and luxury accommodations that offer mesmerising views of the mountains from wooden cottages on stilts to the Luxury Pavilion that features glamping tents with outdoor jacuzzis and showers, is an experience to behold. RiverMist Resorts is more than a place to stay; it's a story in itself. Upon arrival, guests cross a river in a 4x4 vehicle, setting the tone for the



adventures ahead. The resort boasts an infinity pool that overlooks the surrounding hills, providing a peaceful spot to relax while enjoying the

Nature walks led by an inhouse naturalists offers a fun and insightful journey through the diverse flora and fauna. They guide guests along winding trails through the property, revealing smaller natural wonders that you may have otherwise missed. The resort's private waterfall is in full gush during the monsoons, offering a peaceful escape to sit and enjoy the

soothing sounds of flowing water. Another highlight is the Nature Connect. Every evening, as it gets dark, guests are encouraged to gather by the pool area and soak in the sounds of nature. All the lights of the resort are switched off for ten minutes and amidst the darkness, your sense of hearing begins to heighten as the sounds of birds and animals slowly waking up become louder, your eyes adjust to the darkness and you see fireflies and more stars. You begin to feel one with nature in the true sense. As night falls, the bonfire is then lit and you are welcome to join the naturalist on a night trail. Further, RiverMist organises

monsoon treks to Ballalrayana Durga, Kudremukh and Nethravathi peaks for the trekking enthusiasts. If not, you can opt to go offroading around the estate or even drive up to explore the Rani Jhari viewpoint which is close

So if you are someone who enjoys the beautiful synergy of monsoons, mountains and meaningful experiences, RiverMist Resort is an ideal destination

MONSOON BLISS AT COURTYARD BY MARRIOTT

GOA COLVA Courtyard by Marriott Goa Colva offers a unique and enchanting monsoon getaway. Its comfortable accommodations and amenities, combined with the lush beauty of Goa's landscape, provide an idyllic setting for relaxation and rejuvenation. Whether savouring local cuisine, exploring the lush surroundings, or simply enjoying a serene stay, guests are guaranteed an unforgettable experience that captures the essence of Goa's monsoon magic. The hotel's recent opening in the midst of the rainy season perfectly showcases a different, greener side of Goa, making it a mustvisit destination for those seeking a blend of serenity and revelry Located in the serene village of

Colva in South Goa, the hotel offers an immersive experience of Goa's lush, rainkissed scenery, surrounded by verdant paddy fields and swaying coconut farms. The monsoon season breathes new life into the region, and the resort provides the perfect setting to witness this transformation. As the rain begins to fall, the surroundings of the hotel come alive with a symphony of nature's sounds and sights. The paddy fields turn a vibrant green, creating a stunning contrast against the moody grey skies. The coconut palms, tall and graceful, sway gently in the breeze, adding to the picturesque scenery. The hotel is designed to blend seamlessly with this lush environment, offering guests a comfortable and welcoming retreat amidst nature's bounty.

Nestled away from the

bustling tourist hubs, the hotel

tranquility, as the rains cool the air and the landscape transforms into a bright green paradise. Guests can take leisurely walks or cycle through the surrounding locale, breathing in the fresh, rain-scented air, or simply balconies, soaking in the serene views. Courtyard by Marriott Goa Colva is more than just a hotel; it is a tribute to the destination itself. It offers the serenity of South Goa married to the vibrancy of North Goa, presenting guests with a different side of the region. This blend creates a unique experience that combines relaxation with excitement, making it an ideal destination for all kinds of travelers. Dining at Courtyard by Marriott Goa Colva is an experience in itself, especially during the monsoons. Colva Kitchen, the hotel's all-day dining restaurant, offers a menu that celebrates the flavours of the region, with an emphasis on fresh, locally sourced ingredients. Guests can savor a variety of local delicacies, from traditional breakfast specials to flavourful Goan curries, ending with warm desserts. With its large glass windows, this dining area provides a perfect vantage point to watch the monsoon showers, with the sound of raindrops creating a soothing backdrop to the culinary delights.

The hotel also offers a range of activities designed to make the most of the monsoon season. Guests can indulge in spa treatments that utilize natural ingredients, providing a holistic and rejuvenating experience. The hotel's pool offers a unique opportunity to swim in the rain, adding a touch of magic to the monsoon experience. For those looking to explore, the hotel organizes guided tours of the surrounding village routes and paddy fields, providing an intimate glimpse into the local way of life. Families can enjoy quality time at the hotel's Kids Club, which offers engaging activities for children. Sharmila Chand is an author

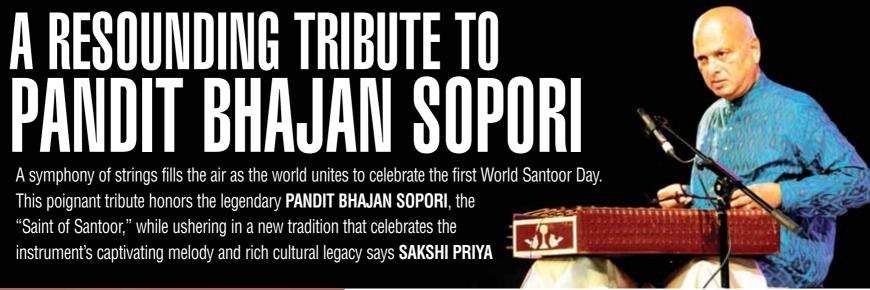
and independent journalist who writes on Travel, Food and

occasion's grandeur.

Sohrab Sopori expressed his

n an extraordinary celebration of music and heritage, the inaugural World Santoor Day brought the global music community together in a magnificent tribute to the legendary Santoor maestro, Pandit Bhajan Sopori. Hosted by the Sopori Academy of Music and Performing Arts (SaMaPa) last week, this event marked not only the birth anniversary of Pandit Bhajan Sopori but also established a new tradition in the world of classical music. The choice of 22 June for World Santoor Day is profoundly fitting, honouring the 76th birth anniversary of Pandit Bhajan Sopori, celebrated as the 'Saint of Santoor' and the 'King of Strings'. His unparalleled contributions to the Santoor and Indian classical music have left an indelible mark, and this day served as a perfect homage to his

The evening at Triveni Kala Sangam was nothing short of spectacular. The event featured an impressive lineup of performances by distinguished Santoor players like Pandit Abhay Rustum Sopori and Padmashri Pandit Satish Vyas. The programme included a rich tapestry of Indian classical music, Kashmiri Sufiana and international performances from Iranian, Chinese and Argentinian artists, showcasing the Santoor's universal appeal. The celebration began with heartfelt tributes to Pandit Bhajan Sopori, followed by a captivating performance of Kashmiri Sufiyana Mausiki by Ustad Shabir Saaznawaz. Maestro Siamak Aghaei from Iran mesmerised the audience with his classical Santur piece, while disciples of Pandit Bhajan Sopori, including Dr Mi Xuanye from China and Guido Estrada from Argentina, added an





international dimension with their renditions, all presented via online projector.

the pioneer

The live performances were a testament to the enduring legacy of Pandit Bhajan Sopori. Divyansh Srivastava, a disciple of Pandit Bhajan Sopori and Pandit Abhay Sopori, opened the live

segment with a mesmerising rendition of Raga Kaushik Dhwani, followed by a series of intricate compositions in the Sopori Baaj style. Pandit Abhay Rustum Sopori himself took the stage, presenting Raag Jog with a blend of Tantra and Gayaki, accompanied by Ustad Akram





Khan on Tabla. The evening culminated with Padmashri Satish Vyas, accompanied by Pandit Ram Kumar Mishra on Tabla, who performed Raag

Rageshwari with remarkable finesse, leaving the audience spellbound.

Pandit Abhay Rustum Sopori eloquently captured the spirit of the day, stating, "There couldn't be a better event than 'World Santoor Day' to pay tribute to a legend like Pandit Bhajan Sopori This day will promote greater appreciation and understanding of the Santoor and its cultural philosophy. Papa's contribution to the Santoor is immense, and this day will honour his legacy. This day shall not only honour the Indian Santoor but also similar instruments worldwide, such as the Santur in Iran,

Santouri in Greece, Yangqin in China, Hammered Dulcimer in America and Cimbalom or Hackbrett in Europe." Prof. Aparna Sopori, Chairperson of SaMaPa, emphasised the historical and cultural significance of the Santoor, noting, "World Santoor Day will spotlight the rich heritage, historical significance and legacy of the Santoor, or Shatatantri Veena, on a global stage, emphasising its deep roots in Kashmir Shaivism culture." The event also saw tributes and wishes from renowned personalities through video messages, including AR Rahman, Kailash Kher, Anup Jalota, Pt. Vishwa Mohan Bhatt, Vidushi Sumitra Guha, Ustad Akram Khan, Ustad Rafiuddin Sabri, Siddharth Kak, Dr Agni Shekhar, and Utpal Kaul. The presence of many eminent musicians, such as Pt. Rajinder Prasanna, Pt. Chetan Joshi, Pt. Bholanath Mishra, Ustad Asghar Hussain, Ustad Saeed Zafar

gratitude and vision for the future, saying, "This first edition is being celebrated in cities across India and around the world. We are fortunate to have so many voices come together to mark 22 June as World Santoor Day. From next year, it will be organised in a grander way with more cities and musicians joining hands." Reflecting on Pandit Bhajan Sopori's enduring legacy, Pt. Vijay Shankar Mishra remarked, "Pandit Bhajan Sopori's legacy is great. He was a visionary, keeping things simple yet broad enough to touch the souls of music lovers through his music. His contribution is immense, and Abhay Rustum Sopori is carrying it forward to the next generation. He will always be among us." Padmashri Pandit Satish Vyas echoed these sentiments, stating, "It is a grand occasion and I am delighted to present my recital here and pay my tributes to Pandit Bhajan Sopori. Attending the first World Santoor Day was an experience steeped in both reverence and celebration. The event not only honoured the profound legacy of Pandit Bhajan Sopori but also

showcased the Santoor's rich cultural heritage and its universal resonance. The evening's performances were a powerful reminder of music's ability to transcend boundaries and connect souls. As the Santoor's enchanting melodies filled the air, one couldn't help but feel a deep sense of gratitude for the maestros who continue to enrich our lives with their art. The first World Santoor Day was a resounding success, setting a high standard for future celebrations. It was a fitting tribute to a legend and a testament to the timeless beauty of the Santoor









A Celebration of Artistic Diversity and Creative Dialogue

Step into the dynamic realm of art at CONFLUENCE 24, where each masterpiece narrates an alluring tale. This lively gathering of established and emerging artists explored diverse creative practices, embracing art and community for an enriching week-long celebration. says SAKSHI PRIYA

In the world of art, where every individual in the exhibition appreciates and understands the worth of each artist, the immersive experience of CONFLUENCE 24 truly stood out. The Welham Old Boys Society (WOBS) proudly presented this spectacular event, a week-long art exhibition and community engagement initiative held at The Stainless Gallery, New Delhi. This second edition of CONFLUENCE 24 was an evolving platform that supported diverse creative practices and upheld constructive dialogue across multiple communities.

During this eight-day group art exhibition, featuring established and emerging artists, architects, designers and photographers from diverse backgrounds, the exhibition featured prominent Indian artists Anupam Sud and Ananda Moy Banerji, both renowned for their significant contributions to art education. Akshay Raj Singh Rathore's artwork, grounded in social realities and Viveek Sharma's powerful pieces offered immersive and thoughtprovoking experiences for visitors. Amongst the artists from the younger

generation, New York-based photographer Nanki Singh stood out with her focus on social documentaries. Her work, "Aaine Tak Ka Safar," was immersive and beautiful, featuring a series of photographs depicting survivors of acid attacks. Kunal Batra, a watercolourist photographer, enthralled viewers with his artwork that evoked the serene beauty of Himalayan landscapes, complete with charming huts that felt like scenes from a dreamy, fairytale-like

Artist Divyam Raghunath, presented his work on subconscious interpretation, titled "Architectural Demise." His journey began with photographing Indian urban architecture, which he used as

imagination. As he explained, "I let the brushstroke create curiosity within the painting," which added a unique beauty to his art. His architectural pieces formed abstract shapes, with one painting inspired by Bangalore's MG Road. Exhibition attendees perceived his work in diverse ways, some recalling the Durga Puja of Kolkata, while others were reminded of the streets of Japan, showcasing the varied perspectives his art elicited.

Delhi-based sculptor Pratima Narang's iconic sculptures, 'Divide' and 'Gaze,' added significant value to the exhibition with their beautiful craftsmanship. A journal depicting a 'Trip to the Andamans' was also displayed, resonating deeply with visitors by capturing every detail of the journey in a visually appealing form. Artist Saksham Singh's paintings, created with natural pigments like turmeric and pomegranate, highlighted the connection to nature using everyday materials. His other works, made with indigo, were inspired by his experiences in the forests and grasslands of Bangalore and the Western Ghats. Singh aimed to help people connect with nature, finding landscapes within themselves as well as outside.

Photographer Aliza Mirza's lino-cut depictions of the 'Nasreen Building' were truly immersive and glorious. Additionally, artist Guncha Sharma's beautiful depictions of European streets, adorned with pink bougainvilleas under the summer and her hand-painted sun, rhododendrons transported viewers back to childhood holidays in the hills. Her work combined the tactile texture of hand-painting with a vibrant mix of colours, creating an evocative and nostalgic experience for all who viewed it.

CONFLUENCE 24 unfolded as a architecture, which he used as references in his paintings. However, the mesmerising aspect of his work was his ability to paint without direct mesmerising window of artistic expression, showing a rich array of artworks by talents like Usha Chengappa, Archita Bharadwaj,

references, relying instead on his Harshi Agarwal and Tushar Sharma. The exhibition further illuminated the creative landscape with the contributions of educators like Nirupama Sekhri, photographers including Dr. Abhishek Gaurav and Harsh Bansal, wildlife conservationist Mohit Dang and the promising advertising student Ujjwal Gupta, captivating visitors with their unique perspectives and creative flair.

After the well-deserved success of the first edition, Rohit Jaiswal, President of Welham Old Boys Society, and his team were enthusiastic about staging this year's CONFLUENCE 24. The focus on art education, particularly in regions facing multiple challenges, underscored the exhibition's commitment to assist and promote creative talent. As one artist at the exhibition poignantly noted, "Nothing is more valuable for us than having people here see every artwork and create their own understanding and thoughts. It feels surreal."
CONFLUENCE 24, a week-long

collective gathering featuring photography, architecture, design, conversations, sessions and more. This evolving platform supported diverse creative practices and encouraged constructive dialogue within and across multiple communities. Visitors at The Stainless Gallery witnessed the beauty and depth of CONFLUENCE 24, where every piece of art told a story and every individual found a

unique connection. As the curtains close on CONFLUENCE 24, the echoes of creativity and the spirit of artistic expression linger on. The exhibition not only showcased the immense talent of artists but also served as a platform for meaningful conversations and reflections. It was a celebration of art, culture and creativity, reminding us of the profound impact of artistic expression on our lives. CONFLUENCE 24 was more than an expression exhibition; it was a tribute to the power of art to inspire, provoke thought and bring people together.

CAPTURING HOPE THROUGH THE LENS

Khan, Pt. Ajay P Jha, and Pt.

Ajay Prasanna, added to the

In the bustling world of photography, Nanki Singh stands out as a beacon of compassion and change. This young, New York-based photographer has made waves with her powerful exhibition "Aaine Tak Ka Safar" which shines a light on the lives of acid attack survivors in India. Singh's work goes beyond mere images; it's a call for empathy and action says SAKSHI PRIYA

have the power to deliver a message that needs to be seen everyone. Every photograph has the ability to share unspoken messages to express. This is where Nanki Singh excels, using her photography not just to capture moments, but to tell compelling stories that resonate deeply with audiences around the globe. Nanki Singh is an emerging York-based photographer who passionate about social photography. Her work reflects a deep involvement and an undeniable soul, making her lens a viaduct that connects the hearts and minds of viewers to diverse stories, emotions, and journeys. Focusing largely on the determined women of India, Singh offers a glimpse into their often challenging lives, creating powerful narratives that demand attention and

Photographers are the lens of everyone's life as they

inspire change. Nanki Singh's journey as a photographer began in an unexpected manner. As a shy and diffident schoolgirl, she struggled to express her thoughts until she started experimenting with her cousin's camera. It was during a holiday to Namibia at the age of 16, while shooting wildlife on a borrowed camera, that Singh discovered her voice. The diversity of the world around her became her muse, and photography, she found a means to articulate her innermost thoughts and feelings. "Fashion, weddings, and product photography are enjoyable, and I love being in a studio, but it is photo-documentation that truly captivates me," Singh reflects. This love for capturing real-life stories led her to focus on social issues, with a particular emphasis on the struggles and triumphs of women in India.

Singh's latest exhibition, "Aaine Tak Ka Safar," at the

Confluence 24 art exhibition

holds special significance for

her. The title, which translates

to "Journey to the Mirror," was

inspired by the stories of acid

attack survivors who found it

excruciatingly difficult to look









Photos: Pankaj Kumar

at themselves in the mirror post-attack. While society often considers their physical pain, medical journey and psychological trauma, the everyday anguish of facing a frequently mirror overlooked. Singh wanted to highlight this overlooked aspect and offer viewers a glimpse into the survivors' mirrors.

Her collaboration with the Chhany Foundation, an organisation supporting acid attack survivors, was pivotal. Singh's initial attempts to work with medical professionals were stifled by restrictions that threatened her artistic voice. However, Chhanv Foundation welcomed her interpretation, allowing her to portray the survivors not as victims, but as strong, resilient

individuals who had worked hard overcome unimaginable pain and Starting this project at the age of 18, Singh faced numerous challenges, the foremost being making the survivors feel comfortable and at ease. "I set very strict boundaries for myself," she explains. "I was always mindful of their trauma and decided to sensitively depict their story without sensationalising it. I gave them full agency over how they were portrayed, engaging them in discussions about their representation." Her creative process was slow and deliberate, nurtured over four years. She embraced a simple, documentary style, ensuring her subjects were depicted true to their personalities. "My work should aim to empower the subjects and give them a voice," Singh states. "It's crucial to represent women

authentically and respectfully,



avoiding stereotypes clichés?

The reaction of the survivors to being photographed and having their stories shared was overwhelmingly positive. Singh's empathetic approach and long-term commitment comfortable with her being their voice. They drew her into their lives with their positivity, resilience and Singh always strength. "Photography raises awareness and drives societal change by capturing and sharing the stark realities of issues like acid attacks in a way that is accessible and way that emotionally e engaging." visual storytelling, Singh humanises victims, educates the public, challenges societal norms, and inspires action.

The impact of Singh's work is profound. By presenting these images to the public, she provokes deeper reflection on cultural and societal norms. "How does our society perpetuate conditions that

enable such acts?" she asks. "What roles do power dynamics, gender roles and lack of legal protections play?" These are the questions Singh hopes her work will inspire viewers to consider. Singh's exhibitions have

garnered attention both in New York and New Delhi. While the Chelsea exhibition was a success, raising \$13,000 for the survivor's cafe, Singh found the Delhi exhibition particularly meaningful. "What made The Confluence '24 in Delhi exhibition better was the girl's presence," she says. "I have always felt it was their story and they were there that day to tell it." Nanki Singh's "Aaine Tak Ka Safar" is more than an

exhibition; it is a powerful narrative of strength, resilience and hope. Through her empathetic and authentic approach, Singh bridges the gap between viewers and the often overlooked stories of acid attack survivors. Her work not only raises awareness but also inspires change, challenging societal norms and advocating for justice.

In a world where brutalities like acid attacks reveal a disturbing undercurrent of violence and misogyny, Singh's photography serves as a beacon of hope and a call to action. Her lens captures not just images, but the very essence of human experience, making the invisible visible and the forgotten remembered. Through her work, Nanki Singh continues to prove that photography has the power to change the world. Nanki Singh is not just a photographer to watch she's a vital voice in the ongoing dialogue about gender, violence and human rights in India and beyond.







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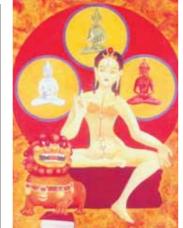




ARIES March 21-April 19

This week brings a wave of potential transformations across various aspects of your life, including relationships and career. It's a time when being open and receptive could lead to significant benefits. Sticking rigidly to the old ways might cause regret later, so it's essential to shift from introspection to active engagement with the world. Make use of different communication platforms—whether online or in-person—to connect with others. A significant, unexpected shift is on the horizon that could dynamically alter your current trajectory. Life constantly evolves, and embracing change fuels growth. Midweek, expect an unexpected positive turn, potentially enhancing your financial or personal life. For those in collaborative ventures, harmony and smooth operations are anticipated, leading to greater achievements and a more balanced professional environment

Lucky number 2 | Lucky colour White Lucky day Tuesday



LEO July 23-Aug 22

In life, challenges and obstacles are inevitable, but your inherent bravery steers you toward your objectives. Your current phase demands persistence; success is within reach through continued effort and clear leadership. As the week progresses, you may find yourself more emotionally vulnerable, facing feelings of neglect or emotional distance in personal connections. Patience will be your ally, as this is merely a passing storm. The weekend promises a shift towards stability and strengthening of bonds. Expect an overall improvement in well-being and financial matters, alongside an enriching social life. Communication flows more smoothly, and relationships bring satisfaction and joy. Everything aligns, bringing you to a state of fulfillment

Lucky number 5 | Lucky colour Sea Green Lucky day Saturday



SAGITTARIUS Nov 22-Dec 21

Navigating through life's complexities might sometimes seem daunting due to your fluctuating motivations. To counter this, clarify your objectives and harness your inner strengths. This week, you may find yourself swept up in a wave of nostalgia, prompting a potential trip to reconnect with friends, family, or colleagues. Such reunions can spark joy and lead to unexpected positive outcomes. Meanwhile, there might be surprising gains, potentially through financial boosts or inherited assets. This surge of positivity will invigorate you, enhancing your vitality. As the week closes, embrace your role as the architect of your fate. Feel the guiding presence that subtly steers you, helping you harmonize your emotions, desires, and holistic wellness, aligning you with your true course.

Lucky number 10 | Lucky colour Off-white Lucky day Thursday



TAURUS April 20-May 20

This week, you embody the essence of prosperity and success. With a firm grasp on reality, you push toward your ambitions with unwavering determination and focus, broadening your horizons and leaving a notable impact on those around you. Your disciplined approach to pleasure ensures that your actions remain measured and effective. underpinning your achievements. You are master of your desires, not a servant to them, and you show a genuine regard for the emotions and well-being of others. This week, however, requires you to adopt a more stringent discipline to prevent potential setbacks. Those in leadership or top positions should pay close attention to this advice. As the week concludes, your generosity and service to others will bring fruitful outcomes, enriching your life materially and

Lucky number 11 | Lucky colour Blue Lucky day Friday



VIRGO Aug 23-Sep 22

This week focuses on correcting past mistakes and learning from them, emphasizing that every action leads to a consequence. For those in search of employment. opportunities may arise unexpectedly. Those already working can anticipate a significant increase in activity, which promises to be beneficial. Relationships may undergo transformations; if you are in a committed partnership, it could face challenges. Exercise caution and avoid hastiness to maintain harmony. Taking time for guiet reflection can enrich your insights. Your investments are likely to yield favorable outcomes, so continue with your current strategies. You will experience heightened vitality across physical and emotional spheres. Over the weekend, consider reassessing aspects of your life that no longer contribute positively, such as unfulfilling relationships or careers, and think about embracing new beginnings.

Lucky number 6 | Lucky colour Orange Lucky day Wednesday



CAPRICORN Dec 22-Jan 19

You possess a unique blend of innovation and intuitive insight fueling your creative endeavors and imbuing your projects with a dynamic energy. Your exceptional organizational abilities and mild-mannered approach inspire collaboration among peers and partners. With a grand vision for your professional pursuits, you skillfully balance imaginative efforts with seasoned expertise, driving impressive outcomes that enhance your standing and influence in your field. By mentoring your juniors effectively, you enrich your enterprise, as they commit wholeheartedly to overcoming current challenges. Your focus remains firmly on professional growth, prioritizing work over personal matters. Your dedication is complete, promising substantial achievements. As the week closes, you seek solace in quiet moments spent with close ones, recharging from your diligent efforts.

Lucky number 9 | Lucky colour Brown **Lucky day** Saturday



GEMINI May 21-June 20

This week, it's essential for you to take a step back and focus on relaxation. The recent pressures have left you feeling drained, and now is the perfect time for self-care and recovery. Reflecting on your current circumstances will be beneficial, allowing you to gather strength and clarity. Find time for solitude to help restore your energy and uplift your spirit. Despite any challenges that may appear, your resilience and determination will see you through, keeping you focused on your objectives. You might receive some uplifting news that boosts your morale. You might also find yourself embarking on a new journey, which could be a literal trip or a metaphorical exploration of personal growth. Ensure you prioritize your well-being and protect your interests, especially towards the week's end when you may encounter a competitive individual.

Lucky number 8 | Lucky colour Yellow



LIBRA Sep 23-Oct 22

The week begins on a subdued note, with a noticeable dip in your energy and enthusiasm. Health concerns might surface, slightly disrupting your usual pace. Financially, it's a time for caution rather than worry, reminding you that sometimes, stepping back is as strategic as forging ahead. Remember, minor setbacks should not overshadow your larger goals. It's crucial to tune into your inner guidance during these moments, identifying any areas of your life that may require recalibration. As the week progresses. expect a shift towards abundance. These interactions are set to expand your social network significantly. Amidst this busyness, dedicating time to introspection will clarify your objectives. The latter part of the week is optimal for reflection, allowing you to strategize and make informed decisions that will influence your future success

Lucky number 3 | Lucky colour Teal Lucky day Sunday



AQUARIUS Jan 20-Feb 18

You are brimming with energy and excitement, yet you may find yourself at a crossroads, unsure of how to set your objectives. Venturing into new projects will require your focus and endurance. Significant financial commitments could become a source of stress, particularly in managing funds, loans, and income. It's crucial to allocate time to plan your finances carefully. During this period, stay vigilant as slight distractions could complicate your current situation. You might consider borrowing or accessing funds through other means, which could open doors to new opportunities. Embrace the possibility of forming new bonds that enrich your life. Expressing your deepest feelings with someone close or reconnecting with an old friend or family could bring great joy and fulfillment to your life. Enjoy this enriching time.

Lucky number 4 | Lucky colour Navy Blue Lucky day Wednesday



CANCER June 21-July 22

This week ushers in a fresh wave of vouthful vigor and an eagerness to embrace all facets of learning. You're on the brink of a significant event that promises to enhance your material well-being. Known for your diligence and financial prudence, this period rewards your efforts with abundan opportunities for enjoyment, financial gain, and relaxation, marking a well-earned period of success. A burst of inspiration strikes you, paving the way for a novel artistic direction. Your imagination is lively and reminiscent of a child's wonder, setting the stage for delightful surprises. This week may bring joyous announcements related to new beginnings in the family. Your inherent belief in your abilities propels you forward in a world filled with challenges, while your creative and spirited approach continues to open new avenues for joy and self-discovery.

Lucky number 7 | Lucky colour Pink Lucky day Thursday



SCORPIO Oct 23-Nov 21

Your resilience and focus are the pillars of your strength, enabling you to lead and shape situations positively according to your will. You naturally inspire and motivate those around you, with your disciplined approach, lightheartedness, and ability to connect with peers, earning their respect and support. An opportunity for travel appears on your horizon, potentially linked to work or a family vacation. This journey, possibly to a distant place, promises to be rewarding and fulfilling. As the week concludes, a festive atmosphere prevails, marked by celebrations, gatherings, and special events that recognize your accomplishments. Indulge in some personal pampering through shopping or a spa day, which will leave you feeling rejuvenated and admired by all

Lucky number 1 | Lucky colour Mustard Lucky day Monday



PISCES Feb 19-March 20

If you have lofty aspirations for your love life or are hoping for significant achievements in your professional endeavors, it's important to stay grounded rather than getting lost in daydreams. Embrace a practical mindset, as it could open doors to positive opportunities. You may find that your partner has high expectations that are difficult to meet, leading to potential misunderstandings and disappointments. Challenges in relationships could lead to emotional strains or even separations, so tread carefully. Family, particularly parents, can be pivotal in steering your life in a new direction. Address any health and emotional concerns with innovative strategies. As the week concludes, you might find yourself drawn to spiritual activities, perhaps organizing or participating in a spiritual gathering, which could also coincide with a promising new professional opportunity.

Lucky number 13 | Lucky colour Magenta

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WHO IS A FOOL?

One who feels too much or one who feels too little? The neglect of the mind, the seat of intellect, breeds a state of perpetual flux and discontent. However, transcending the fickleness of the mind lies the realm of intellect, the beacon of wisdom that guides us through life's tumultuous seas





Shankar Spiritual Guru

hich is more important: the objects we desire, or the senses through which we experience them? The senses are actually more important than the objects themselves. For instance, your eyes are more valuable than a television, your ears more precious than music, and your tongue more important than delicious food. Our skin, too, is more crucial than the things we But what do fools do? They

do not realize this truth and give more importance to sense objects than the senses. They know that looking at the TV for too long harms their eyesight yet they continue watching television for hours. They understand that overeating is bad for their health yet they prioritize food over their well-being. Knowing that our senses are more important than the objects of senses is the first

The mind is even more

important than the senses. Often, we do things without being fully present-our minds are elsewhere. In such a state, our actions lose their meaning, and we become depressed. When the mind is neglected and only the senses and their objects are cared for, depression sets in. Depression arises from prioritizing material desires over the needs of the mind. If you want certain type of food, and you don't get that, you feel low. The fool attends to the senses over the mind. What is the nature of the

mind? It fluctuates, much like the moon's phases. The mind is often compared to the moon, which waxes and wanes. Just as the moon is not constant, our minds too are in a constant state of flux.

Beyond the mind lies our intelligence, or intellect. If we merely follow our minds, we will experience constant ups and downs without any sense of purpose. People who are driven solely by their minds often end up feeling more miserable. Their minds may tell them to



seek solitude, but even in silence, they remain unhappy. That's why in many schools of thought it's said: kill the mind In the military they teach you to kill the mind. In schools and colleges the discipline is imposed on you, you are asked to kill the mind. The key to overcoming the mind is discipline, which can only be understood by the intellect. Discipline is what can truly control the mind's erratic tendencies

Discipline kills the tendencies of the mind. It is a quality of the intellect. Intellect, therefore, is more important than the mind. It is the intellect that guides us with wisdom, distinguishing between right and wrong. Fools follow the mind, going with their whims and fancies, like a rolling stone. Fools will start a business and close it, and start another, then close it...because of their cravings and aversions. What is the big deal about your feelings, your mind's likes and dislikes? One who does

not care for the feelings will reach

Who cares for your feelings? It comes for a moment and passes away. Experience it, don't run away from it.

Instead of your feelings, go by your dedication and commitment. Your life is dedicated to a cause on this planet. That brings out valour, vigour, peace, and stability from within you. Otherwise, you'll feel good one moment and bad the next. Haven't you experienced feeling miserable even in the best situations?

When we don't worry about our feelings much, then we get established in the wisdom. And being established in wisdom brings you to your Self which is Peace, Joy, and Love. Self is the Power. Your emotions make you very weak and they also make you very strong. When your emotions are positive it makes you sensitive to the truth, it makes you subtle, delicate, and it takes you into a deep meditation.

I was watching the news few

days back. A lady received an Oscar award and was struggling to speak, shivering with excitement. She looked absolutely miserable. She could not handle that excitement of the Oscar award. She looked absolutely miserable. It's just a piece of metal! Holding it, she exclaimed, "This is the greatest moment in my life, what I've craved for!" How foolish! A few judges praised her performance. How many such people have come to this planet, died, and more will come, yet she puts her whole life behind that piece of metal? Someone tells you, "You are good." Don't you already know that? You wanted some judge to give you this award. Such idiocy! Anyone with a little intelligence would see how foolish it is to seek validation from others. You don't need to break down over that little piece of metal. Do you see what I'm saying? Gracefully accept it. Suppose you are given the Oscar, what will you do? If you shiver there, you better not say you have done Art of Living course!

The mind, if left unchecked, can lead to misery and confusion. People often prioritize their feelings over their intellect, constantly seeking validation and approval from others. They become slaves to their emotions, constantly seeking external validation. We must be willing to

commit ourselves fully to a cause, regardless of the challenges we may face. This commitment is what separates the brave from the timid, the lions from the chickens. Life's challenges are meant to be embraced with courage and determination. Knowledge, enlightenment is only for brave people, not for people who chicken out and run away here and there.

So we must learn to prioritize our intellect over our emotions, our commitment over our desires. By doing so, we can lead a more meaningful and fulfilling life, free from the ups and downs of the mind. Life is a journey, and it is up to us to navigate it with wisdom and courage