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Monsoon showers await Parliament

PIONEER NEWS SERVICE ■
NEW DELHI

The Monsoon Session which will also see presentation of the annual Budget of the first year of Narendra Modi's third tenure as the Prime Minister, is all set to begin at the backdrop of several contentious and controversial issues including Kanwar yatra order, an alleged compromised UPSC, NEET, train accidents concerning both the ruling as well as the Opposition which is now in a commanding strength in the Lok Sabha.

At the all-party meeting convened by the Centre on Sunday, the Opposition parties while insisting for the post of Deputy Speaker in the Lok Sabha also drew battle lines for the three weeks session to allow discussion on a range of issues. Representatives from the JD (U), a BJP ally, the BJD and the YSR Congress Party demanded the most favoured States status for Bihar, Odisha and Andhra Pradesh, respectively, at the meeting of 44 parties, including some having only one MP. During the meeting, which was chaired by Defence Minister Rajnath Singh, Opposition RJD and BJP ally LJP (Ram Vilas) echoed the demand for Bihar.

The Monsoon Budget session will have 19 sittings till August 12 when the



Defence Minister Rajnath Singh, Union Minister for Parliamentary Affairs Kiren Rijiju and Union Minister Jagat Prakash Nadda during the all-party meeting ahead of the Budget session of Parliament, in New Delhi on Sunday Ranjan Dimri/Pioneer

Government is expected to present six Bills, including the one to replace the 90-year-old Aircraft Act, and also get Parliament's nod for the Budget of Jammu and Kashmir, which is under Central rule.

Finance Minister Nirmala Sitharaman will table the Economic Survey in Parliament on Monday and present the Budget the next day.

The Government, which breaking from the recent practice invited a number of smaller parties for the meeting to signal its political outreach, conveyed its willingness to discuss all issues but Parliamentary

Bill to bar judges from joining politics post retirement listed

PIONEER NEWS SERVICE ■
NEW DELHI

Private Members' Bills listed in Rajya Sabha for the upcoming Monsoon Session include one that seeks prohibition on holders of Constitutional posts like judges joining a political party post retirement, a few Bills on artificial intelligence and deepfake, as well as one on amending the citizenship law. In all, 23 Private Members' Bills have been

listed for introduction in the upcoming session in the Upper House. The Constitution (amendment) Bill, 2024 (amendment of articles 124, 148, 319 and 324 and insertion of new articles 220A and 309A), listed by RJD MP AD Singh, seeks to bar those retiring from Constitutional posts, like judges and former election commissioners from joining political parties post retirement, a source said.

Affairs Minister Kiren Rijiju stressed that it should be in accordance with the rules. He called for cooperation from all parties for running Parliament smoothly, saying it is a collective responsibility. Congress flagged the issue related to alleged irregularities in the exams conducted by the Union Public Service Commission, whose chairperson resigned recently for reportedly personal reasons and host of other issues, including the spate in terror attacks in Jammu and Kashmir, the Manipur situation, train accidents, unemployment and price rise.

The stand of several Opposition parties, including the Congress, the DMK and the AAP, made it all but certain that the political heat sparked by the Uttar Pradesh government's order asking eateries and carts selling eatables to display their owners' names on the route of Kanwaris will reach Parliament when the session begins from Monday. Samajwadi Party's Ram Gopal Yadav alleged that the move is clearly targeted at Muslims and accused the ruling BJP in the state of pursuing communally divisive politics. The government on its part asked opposition parties to not disrupt Lok Sabha and Rajya Sabha proceedings, seeking their cooperation in running Parliament smoothly.

Kanwar Yatris embark on tough political journey

PNS ■ MUZAFFARNAGAR /
NEW DELHI

After major allies like JD (U) and LJP, BJP's another significant ally in the NDA --the Rashtriya Lok Dal -- on Sunday demanded the Uttar Pradesh Government roll back its order that eateries along the Kanwar route must display the names of their owners, saying the pilgrimage does not belong to any one religion or caste. Union Minister Jayant Chaudhary said Kanwaris ask no-one their religion when they seek any service from them, neither should the matter (the pilgrimage) be linked to any religion. Chaudhary also wondered if one should wear a name tag on one's clothes to identify one's religion. "Where all one would be made to place these identifiers! Should we now wear name tags too? So that one knows who to shake hands with?" he said. "It seems that the order was taken without much thought and the Government is adamant on it because the decision has been taken," Rajya Sabha member Chaudhary told reporters here.



West Bengal Chief Minister and TMC chief Mamata Banerjee with Samajwadi Party (SP) National President Akhilesh Yadav during TMC 'Martyr's Day' rally in Kolkata, on Sunday PTI

Opposition curses NDA Sarkar

PIONEER NEWS SERVICE ■
KOLKATA

In a massive rally to observe as Martyr's Day on Sunday, West Bengal Chief Minister and TMC chief Mamata Banerjee and Samajwadi Party chief Akhilesh Yadav attacked the BJP-led NDA Government at Centre saying that it is not stable and can collapse any time. Addressing the crowd, the SP chief said that the people of Uttar Pradesh fought with the BJP and left them behind. "The people of West Bengal have fought with the BJP and left them behind, the same happened in Uttar Pradesh. The people sitting in the government in Delhi are in power only for a few days. 'Woh sarkaar chalne wali nahi hai, woh sarkaar

girne wali hai'..." Yadav said. Both the SP and TMC are important constituents of the INDIA bloc led by the Congress. Banerjee also attacked the CPM and Congress. "I want to thank Akhilesh ji, you have accepted my invitation. I want the relationship of Bengal to be better with the entire country. I want to say the 'Khel' that you showed in UP, they (BJP) should have resigned from their post but they are shameless. They have tried every agency and every means possible but they have still lost. In North Bengal, our results have not been good but I hope in the coming days we will be winning there," Mamata said at the rally where she found the opportunity to attack the Congress as well as the Left.

Nipah Virus claims a life in Kerala, Centre on alert

PIONEER NEWS SERVICE ■
THIRUVANANTHAPURAM /NEW DELHI

Following the death of a 14-year-old boy from Mallapuram district of Kerala, who tested positive for Nipah virus on Sunday, the Centre has rushed a "One Health" outbreak multi-member response team to investigate the case. The boy had fever and showed symptoms of acute encephalitis syndrome - inflammation and swelling of the brain usually due to an infection. He has been on a ventilator since Friday.

The team from the Union Health Ministry will identify epidemiological linkages and provide technical assistance to the State.

The Centre has urged the State to carry out active search for Nipah virus cases in the family of the boy, neighbouring areas, and areas with similar topography.

In a statement on Sunday, the Ministry said the from the district exhibited the acute encephalitis syndrome and was admitted to a healthcare facility in Perinthalmanna before being transferred to a higher health centre in Kozhikode. He succumbed to the disease and samples were sent to the Pune-based National Institute of Virology, which confirmed Nipah virus infection, it said. State Health Minister Veena George said



the boy from Pandikkad suffered a massive cardiac arrest at 10.50 am on Sunday and efforts to revive him failed.

"He was on ventilator support. The urine output had reduced this morning. After a massive cardiac arrest, the revival efforts failed and he passed away at 11.30 am," George said.

The Minister said the funeral will be held following international protocols.

"Further matters on the funeral will be decided only after the district Collector holds discussion with the boy's parents and the family," George said. Kerala has had a number of Nipah outbreaks since 2018 when 17 of 18 infected persons had died while one death was reported in 2021, and two in 2023.

With the death of the 14-year-old on Sunday, the total number of deaths due to Nipah in Kerala since 2018 has gone up to 21.

Following the death of the teenager, Kerala Government has also been asked to trace all contacts of the boy over the last 12 days. Strict quarantine of the contacts and isolation of those suspected to have the infection has been advised. Samples for the contacts and suspected cases have to be sent for laboratory testing.

The Indian Council of Medical Research (ICMR), on the state's request, sent monoclonal antibodies against the infection to the state. While the monoclonal antibodies had reached before the death, it could not be used because of the poor general condition of the boy, according to a statement by the union health ministry. Fruit bats are the usual reservoir of the virus, and humans can become infected by accidentally consuming bat-contaminated fruits.

INTERNET BANNED IN NUH AHEAD OF JALABHISHEK YATRA

PNS ■ NEW DELHI

Haryana Government on Sunday ordered suspension of mobile internet and the bulk SMS services in Nuh district for 24 hours ahead of the Braj Mandal Jalabhishek Yatra that was marred by violence last year.

The internet service in the district will remain suspended from 6 pm Sunday to 6 pm Monday, according to an order by Haryana Additional Chief Secretary (Home) Anurag Rastogi.

PM Modi embraces India's heritage



Prime Minister Narendra Modi watches exhibition during the inauguration of the 46th Session of World Heritage Committee, at Bharat Mandapam, in New Delhi, Sunday PTI

Pricy onions, tomatoes, potatoes vanish from kitchen

SAUMYA SHUKLA ■
NEW DELHI

Onions, tomatoes and potatoes —inextricable part of almost all our meals — now slowly disappearing from the kitchen counters of many including homemakers, restaurant owners and middle class people due to the recent surge in their prices. The surge reminds 24-year-old media professional Utkarsh Gathani, who lives away from his family in Rajasthan and manages his household alone in Delhi, of a famous dialogue in the movie '3 Idiots'. "Remember that scene from 3 Idiots 'paneer to kuch dino me itni itni thailiyu me sonar ki dukan me milega', I think that can be used for



onions and tomatoes as well," he said. Utkarsh enjoys cooking despite having a busy schedule. However, with the increase in prices, he has replaced tomatoes with the packaged tomato puree while using ginger garlic paste

instead of buying them, stating that although it doesn't give the exact same taste, one has to manage with their earnings.

"Truth be told, the rising prices of essential vegetables have made it difficult to manage my household

budget. Even when I order from delivery apps like Big Basket and Swiggy Instamart, the cost is significantly higher than before. It's a daily struggle to afford basic groceries. Hence, I have started substituting the items with cheaper options," he said.

PRICES IN DELHI MARKET	
Name of Vegetable	MRP
Potatoes	40 to 60 Rupees/kg
Onion	50 to 80 Rupees/kg
Tomatoes	50 to 80 Rupees/kg
Okra	100 Rupees/kg
Green vegetables	60 to 100 Rupees/kg

Not so sweet tale of social media journey

ABHI SINGHAL ■
NEW DELHI

As social media has lately shifted from serving a platform for sharing knowledge and connecting with loved ones to become a navigating world of fame and viral content, it would not be sinful to say that it is not a sweet journey for all dreamers.

The latest victim of this is 11-year-old boy who died after he tied a noose around his neck while shooting a prank reel for social media was reported in Madhya Pradesh's Morena district on

Sunday. Karan Parmar, a Class 7 student, was playing with other children on the vacant plot near his house at the time. In the purported video shot by a boy at the scene, Karan has a noose tied from a tree around his neck, and he acts like he is in pain while others around him continue to play. According to the police, the other children thought the boy was acting, but he soon lost consciousness.

Social media from being a platform that was meant to be a rainbow and bring in all the constructive changes has



today turned out to be a nightmare for many. After the ban of TikTok, Instagram reels in 2020 (short video format), made their grand entry into the world of social media, and by no means did

anybody know that they would break the records of users and dreamers in the aspiration to stand out and be recognised. Social media has become oversocial through the years

and has aided many users in attaining the title of "social media influencers". The changing algorithms of the social media platforms majorly Instagram, YouTube and Facebook have changed the landscape of fame, forcing such influencers to make content out of the way, even to the extent of risking lives to shine in the masses at a place where everyone wants to shine.

Expecting a glittering journey, many influencers face criticism and failure, while some go to extreme lengths, even risking their lives, to create distinctive

content. These crossing of boundaries to get fame has led to an increase in mishaps with the influencers while filming content. The social media platforms have promised likes, views, and shares at the expense of safety. Recent cases like the case of Anvi Kamdar, a travel influencer, 26 years old with over 2, 80,000 followers on Instagram and 833 subscribers on Youtube, fell from 300 feet at the Kumbhe waterfall in Maharashtra while filming an Instagram reel.

Another influencer Agastya Chauhan, YouTube fame,

went by Pro Rider 1000 with over 2 million subscribers. He died in a road accident on May 3, 2023, on the Yamuna Expressway in Aligarh, Uttar Pradesh. He was a motorcycle enthusiast and made videos on the same. He was riding a Kawasaki Ninja ZX 10R bike while attempting to exceed 300 km/h speed. These are just a few of the many incidents where influencers have met with fatal outcomes while chasing digital fame. Countless micro-influencers face similar dangers, often without making the headlines.

Gurus are held in high esteem in Indian culture: CM

STAFF REPORTER ■ BHOPAL

Chief Minister Mohan Yadav has said that Gurus are held in high esteem in India's cultural tradition. Gurus give knowledge and play a key role in leading their disciples from darkness to light. In order to honour the Gurus, the occasion of Guru Purnima will be celebrated in schools and colleges every year. The students will be informed about significance of Gurus. He asked the students to join the celebration enthusiastically. Chief Minister Dr. Yadav was addressing the Guru Purnima programme organised at the auditorium of Devi Ahilya University, Indore today. Chief Minister Dr. Yadav, referring to episodes of Mahabharata, explained the



importance of Guru-Shishya Parampara. He said that Gurus educate to stand for justice and righteousness. They teach the art of living. Guru's support brings a positive change in the life of his disciples and they achieve success. Chief Minister Dr. Yadav, mentioning Acharya Sandipani, said that Gurus

inculcate nationalist thinking in their disciples. Acharya Sandipani has instilled the spirit of nation-building through his wisdom. The importance of Gurus should be known to everyone. For this, we have decided to celebrate the grand festival of Guru Purnima in schools and colleges every year with devo-

tion. He said that India has got the status of Vishwa Guru. Former Kul Guru of Maharishi Panini Sanskrit and Vedic University, Mithila Prasad Tripathi said that Gurus have an everlasting importance in life. Guru also removes the darkness of the inner self. Guru imparts life values while providing knowledge. The decision of the state government to celebrate the great occasion of Guru Purnima every year is commendable. Additional Chief Secretary Higher Education K.C. Gupta expressed his views on the importance of Guru-Shishya tradition. Kul Guru of Devi Ahilya University Prof. Renu Jain gave a welcome speech. Former Kul Gurus and teachers of other universities includ-

ing Devi Ahilya University were also honoured. Along with this, students who performed brilliantly in the essay competition organised on the occasion of Guru Purnima were also felicitated. Chief Minister Dr. Yadav also released books written on Indian mathematics. In the programme, he also honoured Anshika Jain, a girl who converted Modi script to Devanagari script and developed software. Water Resources Minister Tulsiram Silawat, MP Shankar Lalwani, Mayor Pushyamitra Bhargava, MLAs Usha Thakur, Malini Gaur, Madhu Verma and Golu Shukla, Divisional Commissioner Deepak Singh, Police Commissioner Rakesh Gupta, Collector Ashish Singh, Gaurav Randive were also present in the programme.



Madhya Pradesh Chief Minister Mohan Yadav showers flower petals on faculty members during Guru Purnima celebration programme at Devi Ahilya University in Indore, Madhya Pradesh on Sunday. Pioneer photo

Incessant rains bring down temperature in Bhopal

STAFF REPORTER ■ BHOPAL

In Bhopal, it has been raining intermittently and sometimes heavily since Sunday morning. Heavy rain started at 3:30 pm, which continued for about an hour which drenched the entire city. Hundreds of people reached Boat Club and Lake View to enjoy the changed weather. The Meteorological Department has issued an alert of heavy rain for the next 4 days. The water level of Upper Lake has reached 1661.35 feet. Now it is only 5.45 feet below the full tank mark. On Sunday, the Kolans river is flowing 1 foot above its level. During the rain, lightning struck a building in Sanjeev Nagar's Atal Complex located on Jail Road. This caused cracks in the upper part of the building. Due to lightning in the L-1 part, a big hole was created in the upper part

Hundreds of people reached Boat Club and Lake View to enjoy the changed weather. The Meteorological Department has issued an alert of heavy rain for the next 4 days

of the building. Although there has been no loss of life, a major accident was averted. In the last 24 hours, Bhopal received 13.2 mm i.e., more than half an inch of rain. Including this, till now 422 mm i.e., 16.61 inches of rain has occurred. This is 40 percent of the total rainfall of the season. The water level of Upper Lake is continuously increasing. Actually, good water is falling in the catchment area of Bada Talab and Kolans river. Due to heavy rains in Sehore district, water reaches Kolans river. Then it comes to Bada Talab. In such a situation, the level of the pond is increasing.

Water has also increased in Kolar, Kaliyasot and Kerwa Dam. The average rainfall in Bhopal in the month of July is 367.7 mm i.e. 14.4 inches. More than 7 and a half inches of water has fallen in Bhopal from 1 to 20 July. Now about 7 inches more water is needed to complete the quota of July. Overall 16.6 inches of water has fallen this season. Meteorologists say that there is a trend of heavy rain in the second fortnight of July. This time also the weather is similar. It has been raining continuously since July 15. Now since there is a strong system, the period of heavy rain will continue.

Five books of AISECT publication Vanmali Srujan Peeth and SGSU released

STAFF REPORTER ■ BHOPAL

Under Vishwa Rang, AISECT Publication, Vanmali Srujan Peeth and Scope Global Skill University organized a book launch and 'Meet the Author' program in the Vanmali Auditorium located in the university campus. This time, in the series of book launch published by AISECT Publication, five books of three writers from Bhopal were launched. On this occasion, Meenu Pandey's poetry collection 'Dev Tumhare Liye', Shri Jagdish Malviya's poetry collection 'Kavya Tarangini' and three novels of Manorama Srivastava 'Dil Ne Phir Yaad Kiya', 'Aasman Apne Apne' and 'Chirag Dil Ka Jalao' were released. This program was organized under the chairmanship of Shri Santosh Chaubey, senior poet-storyteller, Director, Vishwa Rang and



Chancellor, Rabindranath Tagore University and in the chief guestship of Shri Mukesh Verma, senior storyteller and Chairman, Vanmali Srujan Peeth, Bhopal. First of all, the program was formally inaugurated by the guests by lighting the lamp and garlanding the statue of Maa Sharda. On the occasion of the book launch, the book launch was conducted by Maheep Nigam, Circulation Manager, AISECT Publications and the

welcome address and coordination was done by Jyoti Raghuvanshi. In the Meet the Author program, Meenu Pandey's poetry collection 'Dev Tumhare Liye' was launched first. Dr. Meenu Pandey recited some of her poems and also talked about the process of creating her book. She told that there are 160 poems in this poetry collection and all of them throw light on different aspects of love. In one of her poems, she says that 'your love seems like Boghan Veliya'. In this way, while discussing about her other poems, she told that this is her fourth poetry collection. While reviewing Dr. Meenu Pandey's poetry collection, Muzaffar Siddiqui said that a romantic attitude is needed to read Meenu Pandey's poems. The feeling of mundane and supernatural love is felt in her poems. During his review, he said that the word 'neh' appears in different ways in Meenu Pandey's poems. Siddiqui said that this collection of poems includes rhymed poems, free verse poems and ghazals which make this collection different. After this, Jagdish Malviya's poetry collection 'Kavya Tarangini' was launched. Jagdish Malviya recited some of his poems and also introduced his book. Talking about 'Kavya Tarangini', Malviya

said that this book is divided into five parts. Just as a person moves from childhood to old age in life, similarly the poems in his poetry collection represent these five stages. Malviya's poetry collection includes rhymed as well as free verse poems which convey the feeling of patriotism. Expressing the process of creation in detail in one of his poems, he says 'You will also have to bear the pain of creation'. In the series of book launches, three novels of Smt. Manorama Srivastava were launched, namely 'Dil Ne Phir Yaad Kiya', 'Aasman Apne Apne' and 'Chirag Dil Ka Jalao'. Talking about the process of writing her novels, Smt. Manorama Srivastava said that she is very influenced by film songs, therefore many songs of Hindi cinema are mentioned in her stories. She said that the sound of moral values and patriotism is heard in all her three novels.



Students of International Institute of Fashion Technology (IIFT) during a Bollywood Bash party, at Hotel Noor-Ul-Sabah Palace in Bhopal on Sunday. Pioneer photo

Wife and son of police officer accused of cruelty to pet puppy

STAFF REPORTER ■ BHOPAL

The son and wife of an ASI living in Vishal Nagar Colony of Neelbad, Bhopal have been accused of cruelty to a pet puppy. After a video of cruelty to a dog surfaced, the dog was rescued by animal lovers and kept in a dog shelter home in Ratibad. It was treated. The incident is 9 months old, the video of which is now going viral. It is being claimed that before the rescue, both the front legs of the dog were broken. The ASI has denied any kind of cruelty. He said that the video is old. Swati Gaurav, President of People for Animals, said ASI Mohan Lal's neighborhood people had complained. They said that his wife and son beat the pet dog. The dog is constantly kicked. Due to this, both the front legs of the dog were broken. After the intervention of senior officials, the custody of the dog was handed over to the ASI's family. The team of Jeev Jantu Vihar and People for Animals rescued the dog. At present, the

The incident is 9 months old, the video of which is now going viral

dog is safe in the shelter home. It was also treated. ASI Mohan Lal posted at Siroj police station of Vidisha district said the puppy was gifted by his nephew. It was a female puppy of German Shepherd breed. He kept it in his house located in Vishal Nagar Phase-2 of Neelbad. His wife and son used to train it. No cruelty was done to it. A family living in front has made their video viral. We did not get along with that family. So they have made the video viral with the intention of defaming us. When the NGO people reached the house, I was not present there. The family had handed over the puppy to the NGO employees without any protest. This entire incident is about 9 months old. Tried to take the puppy back twice, but the NGO people kept misleading us. Till now the puppy has not been returned to me.

AIIMS Bhopal shines in innovative research

Bhopal: Emphasizing a culture of knowledge-sharing and continuous learning, AIIMS Bhopal has garnered significant achievements across various academic platforms. Recently, several faculty members from AIIMS Bhopal were honored for their exceptional contributions to medical science at the prestigious 7th Annual Healthcare Summit (AHS 2024), held on July 20th at Green Park, Chennai. The event was attended by international audience, including faculty from Qatar, Malaysia, and renowned organizations and institutes from India. Dr. Varun Malhotra, AIIMS Bhopal addressed on Yoga's Healing Touch: Bridging Science and Tradition for Holistic Health whereas Dr. Rupinder Kaur Kanwar, AIIMS Bhopal spoke on Lactoferrin: A Biodrug With a Unique Potential in Translational Cancer Research. The achievements of Dr. Varun Malhotra and Dr. Rupinder Kaur Kanwar underscore the institute's commitment to advancing medical science through rigorous research and collaboration.

Forensic Histopathology lab inaugurated at AIIMS Bhopal

STAFF REPORTER ■ BHOPAL

AIIMS Bhopal takes a significant step forward in forensic medicine with the inauguration of its state-of-the-art Forensic Histopathology Lab on July 20, 2024. The lab, housed within the Mortuary Complex, was inaugurated by Executive Director & CEO AIIMS Bhopal, Prof. (Dr.) Ajai Singh. This will strengthen its capabilities in forensic medicine. In his address, Prof. (Dr.) Ajai Singh highlighted the critical role of histopathology in forensic investigations and expressed his commitment to further enhancing the lab's capabilities in the future. The newly inaugurated lab will facilitate advanced research and diagnosis in forensic histopathology, enabling precise examination and analysis of tissue samples crucial for medicolegal cases. This facility marks the beginning of a new era in forensic pathology at AIIMS Bhopal, promising accurate and timely histopathological evaluations that are essential in

determining causes of death and assisting law enforcement agencies in criminal investigations. Dr. Arneet Arora (Prof & HOD FMT) in her speech brought out that, by histopathological examination, cause of death can be determined in 40% cases where cause of death cannot be ascertained by gross autopsy findings. Forensic Histopathology helps to give cause of death to police in medicolegal cases and evaluate the cases for valid investigation. Besides it will also help in teaching and research purposes, which is mandate of AIIMS Bhopal. With inauguration of Forensic Histopathology lab in the FMT department will become self-sufficient in tissue processing and slide preparation in medicolegal cases. Prof. (Dr.) Ajai Singh lauded the efforts of all those involved in establishing the Forensic Histopathology Lab and emphasized its importance in maintaining high standards of forensic investigation and medical education at AIIMS Bhopal.

CM greets, wishes the citizens on Guru Purnima

STAFF REPORTER ■ BHOPAL

Chief Minister Mohan Yadav has greeted and wished the citizens on Guru Purnima. Chief Minister Dr. Yadav has said that India has always led the whole world through its Gurukul education system and lifestyle. Our country is known for its original human culture. Chief Minister Yadav congratulated spiritual saints, mahatmas, teachers, professors, kul gurus and students on the occasion of Guru Purnima. He said that after parents, the Guru makes a new debut in our life, which brings a change in life in a cultured way. In our country, since ancient times, youth from abroad used to come to receive education. There has been a tradition of Gurukul in our country

Chief Minister Yadav congratulated spiritual saints, mahatmas, teachers, professors, kul gurus and students on the occasion of Guru Purnima. He said that after parents, the Guru makes a new debut in our life

since ancient times. Nalanda, Dakshashila, Vikramjeet Shila, Sandipani Ashram of Ujjain are world famous, which created a new history in the world and gave India a distinct identity in the world. Chief Minister Yadav said that the state government has changed the name of the Vice Chancellors of the University to Kul Guru to make the Indian Kul Guru tradition everlasting. The culture of education has been revitalized in schools, colleges, and universities,

in accordance with ancient beliefs. The successful Prime Minister Narendra Modi has raised the banner of India's ancient culture on the global stage, and his efforts have led to changes across all areas of education. CM Dr. Yadav expressed hope that the Guru-Shishya tradition, which has been the centre of devotion since ancient times, will be re-established in the entire country with the efforts of teachers, students and parents.

CM congratulates team in Maths Olympiad

Bhopal: Chief Minister Mohan Yadav extended heartfelt congratulations to the Indian children for their stellar performance at the 65th International Mathematics Olympiad in the United Kingdom. He noted that the auspicious occasion of Guru Purnima has been made even more special by the exceptional accomplishments of our young mathematicians on the global stage. Yadav stated that these talented children will play a crucial role in realizing Prime Minister Narendra Modi's vision of a developed India, propelling the nation to new heights on the global stage. Notably, India secured fourth place in the International Mathematics Olympiad, achieving this remarkable feat for the first time since 1989, with an impressive haul of four gold medals and one silver medal.



Congress State President Jitu Patwari with Aam Aadmi Party district President from Tikamgarh district Jitendra Jain and his supporters after they joined Congress party at PCC headquarters in Bhopal on Sunday. Pioneer photo

25-year-old youth dies after he was hit by speeding car

STAFF REPORTER ■ BHOPAL

A 25-year-old youth died after he was hit by a car in Naveen Basti of Kanhasiya at 11 pm on Saturday night, Bilkharia police have started an investigation. Police said that Kamal was sitting outside his house talking over mobile phone when the accused took turn in his new car at an

uncontrolled speed and lost its balance and hit Kamal sitting on the platform. After the accident, the accused driver himself took the injured youth to the hospital. The accused fled as soon as the doctors declared the youth dead. Bilkharia police has registered a case in the matter. After the post-mortem on Sunday, the body was handed

over to the family. The police are talking about registering an FIR against the accused driver after the detailed statements of the family members. Kamal Anand lived in the Naveen Basti of Kanhasiya and used to do labour contracting in Bhopal. His brother Deepak told that Kamal was talking on the phone sitting on the platform outside the house on Saturday night.

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BJP slams Jairam for live-tweeting issues raised at all-party meet

PIONEER NEWS SERVICE ■ NEW DELHI

BJP on Sunday criticised Congress chief spokesman and Rajya Sabha MP Jairam Ramesh for apparently "live-tweeting" some of the issues raised by different parties at an all-party meeting, and said the Opposition party should consider sending a "more seasoned hand" next time. Ramesh, who attended the meeting, posted on social media while the deliberations were going on, "In today's all-party meeting of floor leaders chaired by Defence Minister Rajnath Singh, the JD(U) leader demanded special category status for Bihar. The YSRCP leader demanded special category status for Andhra Pradesh. Strangely, the TDP leader kept quiet on the matter." BJP's IT department head Amit Malviya said there is a certain propriety and protocol one associates with these all-party meetings. "There is free and frank exchange of ideas followed by media briefing. But a



look at Jairam Ramesh's timeline and it appears he was live tweeting the proceedings. Next time, the Congress should consider sending a more seasoned hand for these meetings," Malviya said. Ramesh's post had a political angle as he highlighted the demands of the two regional parties JD(U) is a BJP ally as well which is a tricky issue for the central government. Officials have argued that Finance Commission's recommendation accepted by the

Government preclude such a possibility. The Congress leader also took a dig at the TDP, another BJP ally. In another post in between the meeting, Ramesh said, "How the political climate has changed! In the all-party meeting of floor leaders the BJD leader reminded the Defence Minister and BJP President JP Nadda that the BJP's manifesto for the 2014 assembly elections in Odisha had promised special category status to the state."

Ramesh also posted that there was a universal demand that the Central Hall should once again be opened up for MPs to mingle with each other and improve communications across the parties. "The historic Central Hall has sadly fallen into disuse after the opening of the new building of Parliament," Ramesh said. On its part Congress asserted that issues such as the NEET 'scam', Uttar Pradesh Government's order to eateries and internal security situation in Jammu and Manipur, be taken up for discussion during the Budget session of Parliament. According to Ramesh, Congress MP Gaurav Gogoi asserted that challenges on the borders with China and environmental concerns arising out of floods and natural disasters, deforestation and pollution, be discussed during the session. Congress also raised the issues relating to Centre-state relations and the economy, which it stated must be debated upon.

SC to resume hearing on NEET-UG 2024 petitions

PTI ■ NEW DELHI

The Supreme Court is scheduled to hear on Monday a batch of petitions related to the controversy-ridden medical entrance exam, NEET-UG 2024, which was held on May 5. The National Testing Agency (NTA) had on Saturday released city- and centre-wise results of the medical entrance exam, which is riddled with accusations of paper leak and inordinate inflation of marks. According to the cause list of July 22 uploaded on the apex court's website, a bench comprising Chief Justice DY Chandrachud and justices JB Pardiwala and Manoj Misra would hear more than 40 pleas, including those filed by the NTA seeking transfer of cases pending against it in various high courts on the NEET-UG row to the Supreme Court to avoid multiplicity of litigations. An analysis of data released by NTA indicated that the candidates who allegedly benefitted from the paper leak and other irregularities did not do well. Some centres, however showed high concentration of well-performing students, it

revealed. The voluminous data of over 32 lakh candidates from 4,750 centres was not released in a cumulative format but in a drop-down menu for each centre. The data was released on the direction of the Supreme Court which is hearing several petitions over the alleged irregularities as lakhs of aspirants await a final verdict on the fate of the exam. The performance of the candidates from the centres under the scanner -- such as Oasis School, Hazaribagh, Jharkhand, Hardayal Public School, Jhajjar, Haryana, Jay Jalaram International School in Godhra, Gujarat -- were comparatively much below par. On July 11, the top court had adjourned till July 18 the hearing on the pleas, including those seeking cancellation of the exam, re-test and probe into alleged malpractices in the conduct of NEET-UG 2024, as the responses of the Centre and the NTA were yet to be received by some parties. The bench had observed that it had received a status report from the Central Bureau of Investigation on the progress made in the probe.

In an additional affidavit filed in the apex court last week, the Centre said data analysis of the results of NEET-UG 2024 was conducted by IIT-Madras, which found there was no indication of "mass malpractice" or any localised set of candidates scoring abnormally high marks. While hearing the pleas on July 8, the top court had observed that the sanctity of the NEET-UG 2024 has been "breached". Saying that a re-test may be ordered if the entire process was affected, the bench had sought details from the NTA and the CBI, including the timing and manner of the alleged paper leak, besides the number of wrongdoers to understand the extent of irregularities claimed by the petitioners. More than 23.33 lakh students had taken the test on May 5 at 4,750 centres in 571 cities, including in 14 cities overseas. The Centre and the NTA, in their earlier affidavits filed in the apex court, had said that scrapping the exam would be "counterproductive" and "seriously jeopardise" lakhs of honest candidates in the absence of any proof of large-scale breach of confidentiality.

SC to hear PIL on electoral bonds

PNS ■ NEW DELHI

The Supreme Court is scheduled to hear on Monday a public interest litigation seeking a court-monitored investigation into the electoral bonds scheme. A bench comprising Chief Justice DY Chandrachud and Justices JB Pardiwala and Manoj Misra is likely to hear the PILs filed by NGOs Common Cause and the Centre for Public Interest Litigation (CPIL). The PIL of the two NGOs alleges an "apparent quid pro quo" between political parties, corporations and investigative agencies. "Termining the electoral bonds scheme a "scam", the plea sought a direction to authorities to investigate the source of funding of "shell companies and loss-making companies which made donations to various political parties, as has been disclosed by the data released by the Election Commission (EC)". The petition has also sought a direction to the authorities to recover the money donated by companies as part of "quid pro quo arrangements where these are found to be proceeds of crime". A five-judge Constitution bench had on February 15 scrapped the electoral bonds scheme of anonymous political funding introduced by the BJP Government. Following the top court's judgement, the State Bank of India, the authorised financial institution under the scheme, had shared the data with the EC, which later made it public. The electoral bonds scheme, which was notified by the Government on January 2, 2018, was pitched as an alternative to cash donations made to political parties to bring in transparency in political funding. "The electoral bond scam has a money trail unlike the 2G scam or the coal scam, where allocations of spectrum and coal mining leases were arbitrarily made, but there was no evidence of a money trail. Yet this court ordered court-monitored investigations in both those cases, appointed special public prosecutors and formed special courts to deal with those cases," the plea said. It claimed that several firms which were under investigation by agencies have donated large sums of money to the ruling party, to potentially influence the outcome of probes.

Researchers flag tobacco industry's interactive vapes

ARCHANA JYOTI ■ NEW DELHI

Researchers have red flagged the tobacco industry's bid to integrate new electronic cigarette products also known as vapes with interactive features such as touch screens, animated displays, and built-in games to make them appealing to youngsters particularly those tech-savvy. Published in the journal "Tobacco Control", the study authored by scientists from the University of California, Riverside, warned that these features could potentially exacerbate nicotine addiction among youth by integrating vaping with gaming behaviors. The study in their study titled "Pac-Man on a vape: electronic cigarettes that target youth as handheld multimedia and gaming devices", identified several new electronic cigarette models, such as the Craftbox V-Play, which incorporate classic arcade games like Pac-Man and Tetris. These devices also feature animations that change with each puff, built-in Bluetooth for customisation, and celebrity endorsements with promotional trading cards. The study holds importance in the context of India too where despite being banned by the Government, vaping products are being found to be sneaked in the schools and colleges where students have been using them without any fear of law. In fact, in India, the menace has been all around which has prompted "Mothers Against Vaping", a united front of concerned mothers combating the promotion of New-Age Tobacco Devices such as e-cigarettes, vapes, electronic nicotine delivery systems, heat-not-burn products, e-hookahs and similar devices among Indian children and youth to join hands with celebrities like Nandita Das, Baichung Bhutia, Deepa Malik, Dutee Chand, Neha Dhupia to take up the cause. In November 2023, a large consignment of e-cigarettes worth Rs 50 lakh coming from China



was nabbed on the Khutar-Puranpur highway in Shahjahanpur, Uttar Pradesh. Similarly, a seizure at Chennai airport in November last year involved the confiscation of 11,700 e-cigarettes worth Rs 3.5 crore coming from China. In the present study, researchers, including Man Wong and Professor Prue Talbot, expressed concern that these advanced features make electronic cigarettes more appealing to youth who may not have been interested in nicotine products previously. They emphasised that coupling nicotine with activities like gaming and screen time could potentially widen the market for smart vapes among young users. Drawing the attention of the health regulatory bodies, Talbot and Wong called for stringent regulation of these devices by Government agencies like the Food and Drug Administration (FDA). The researchers also proposed measures to restrict features that enhance attractiveness to youth, and even suggest considering a ban on disposable vapes due to their evolving features and potential for increased waste generation. The study also noted that these new smart vapes are affordable, priced around \$15-20, and offer enhanced functionalities compared to earlier models. However, the disposable nature of these vapes contributes significantly to environmental waste, exacerbated by the inclusion of screens, Bluetooth, and digital storage. Talbot underscored the importance of increasing awareness about the rapid evolution of vape designs and enhancing surveillance to promptly remove products targeting youth from the market.

Centre OK's consideration of private member Bill on free internet access

PNS ■ NEW DELHI

The Centre has cleared the consideration of a Private member's bill that seeks to grant every citizen the right to free internet access while ensuring equal access to people from backward and remote regions of the country. "No citizen shall be liable to pay any kind of fee or charges or expenses which may prevent him or her from accessing internet facilities," the bill has proposed. While the bill was introduced in the Rajya Sabha by CPI (M) member V Sivadasan in December 2023, according to a bulletin issued by the Upper House of Parliament, Telecom Minister Jyotiraditya Scindia has communicated to the Rajya Sabha Secretary-General that the President has recommended the consideration of the bill to the House. Private members' bills involving expenditure from the exchequer require the President's permission through the ministry concerned on whether such bills can be con-



sidered by the House. The Bill states that every citizen shall have the right to free internet access and the appropriate Government shall, while ensuring universal access to the internet to all citizens, take special measures to ensure that the citizens who belong to the backward and remote regions of the country are provided equal access to the internet. The Bill seeks to expand the scope of the constitutional right to freedom of speech and expression granted to all citizens of the country by making internet accessible to all for free. The Bill also envisages that the digital divide in the society will be bridged. It says the Constitution makes

the right to freedom of speech and expression a fundamental right for all citizens, therefore they should be able to access the internet in order to exercise and enjoy their right to freedom of expression and opinion and other fundamental human rights. It says the central Government should either directly provide internet access to all citizens or completely subsidise the services provided by any service provider so that internet access is ensured for all citizens. It also proposes that the Centre shall provide funds to the states as grants-in-aid of revenues to enable them to implement the provisions of the Act.

ICG executes medical evacuation mission from Gabon Republic

PIONEER NEWS SERVICE ■ NEW DELHI

In a remarkable display of operational efficiency and courage, the Indian Coast Guard (ICG) executed a daring medical evacuation mission from the Motor Tanker Zeal of Gabon Republic, situated approximately 20 kilometers from the Mangrol coast in Gujarat. The incident unfolded when the ICG received distressing reports of a critically-ill Indian national aboard the Motor Tanker Zeal. The patient was reported to be experiencing a very low pulse and severe numbness in the lower body, necessitating immediate evacuation for urgent medical care. Despite facing adverse weather conditions characterised by high-intensity winds and heavy rainfall, the ICG Air Enclave based in Porbandar promptly launched an Advanced Light Helicopter. The helicopter navigated through the challenging weather to reach the Motor Tanker Zeal.



Upon arrival at the scene, the helicopter crew demonstrated precision and skill by positioning themselves directly over the tanker and deploying a rescue basket. The patient was carefully lifted aboard the helicopter and swiftly transported to Porbandar for further medical attention. A statement issued by the Union Defence Ministry highlighted the successful execution of the evacuation mission, emphasising the ICG's unwavering commitment to maritime safety and its preparedness to respond to emergencies under the most demanding circumstances. The evacuated individual is now under medical care in Porbandar, added the statement.

Thirteen Indians rescued from cyber-scamming centres in Laos

PNS ■ NEW DELHI

Thirteen Indians, who were lured into certain cyber-scamming centres in Laos, have been rescued and sent back home, the Indian embassy in the Southeast Asian country said on Sunday. "In our continued work to ensure safety & well-being of Indians as top priority, Embassy successfully rescues 13 Indians from cyber-scamming centres in Laos & ensures their safe return to India," the mission posted on social media platforms. "So far, Embassy has rescued 518 Indians. We thank Lao authorities for their cooperation," it said. On May 7, the embassy came



out with an advisory cautioning Indians against fake job offers. "Instances have come to our notice recently wherein Indian nationals are being lured for employment through Thailand," it had said. "These fake jobs are for posts such as of 'Digital Sales and Marketing Executives' or

'Customer Support Service' by dubious companies involved in call-centre scams and cryptocurrency fraud in Golden Triangle Special Economic Zone in Laos," the embassy said in the advisory. It said agents in places such as Dubai, Bangkok, Singapore and India associated with these

firms are recruiting Indians by taking simple interviews and tests. "Victims are illegally taken across the border into Laos from Thailand and held captive to work in Golden Triangle Special Economic Zone in Laos under harsh and restrictive conditions," it said. "At times, they are taken hostages by criminal syndicates indulging in illegal activities and forced to work in strenuous conditions under constant physical and mental torture," the advisory said. The embassy had said there were instances of Indian workers being brought to Laos to work in other regions of Laos in low-cost jobs such as mining and wood factory.

EPFO adds record 19.50 lakh members in May

PIONEER NEWS SERVICE ■ NEW DELHI

In a significant development, the Employees' Provident Fund Organisation (EPFO) has reported a record addition of 19.50 lakh net members in May 2024, marking the highest increase since the issuance of its first payroll data in April 2018. An official from the Ministry of Labour and Employment said that May 2024 saw a robust addition of 19.50 lakh net members, indicating a year-over-year growth of 19.62 per cent compared to May 2023. This surge is attributed to increased employment opportunities and enhanced awareness of employee benefits. The official also said that approximately 9.85 lakh new members joined EPFO in May 2024, marking a 10.96% increase from April 2024 and an 11.5 per cent increase from May 2023. Notably, the 18-25 age group constituted 58.37% of these new enrollments, reflecting a trend of youth entering the organised workforce. But at the same time, around 14.09 lakh members exited and re-joined EPFO-covered establishments in May 2024, demonstrating a year-over-year growth of 23.47 per cent compared to May 2023. This indicates a preference among members to transfer their EPF accumulations when switching jobs, ensuring continuity of social security benefits, the



official added. The payroll data also showed a significant increase in female membership, with around 2.48 lakh new female members joining in May 2024, marking a 12.15 per cent increase from May 2023. The net addition of female members stood at approximately 3.69 lakh, reflecting a 17.24 per cent year-over-year growth. State-wise breakdown showed that Maharashtra, Karnataka, Tamil Nadu, Gujarat, and Haryana emerged as the top states/UTs for net member additions, accounting for 58.24 per cent of the total additions. Maharashtra led with 18.87 per cent of net members added during the month. At the same time, industries such as expert services, building and construction, garments making, textiles, and engineering products witnessed significant growth in EPFO membership. Expert services alone contributed around 42.33 per cent to the total net membership addition.

Social sector urges Govt for more resources for holistic development

PIONEER NEWS SERVICE ■ NEW DELHI

Ahead of the upcoming Union Budget, stakeholders from diverse sectors including health, social welfare, child rights activists, and senior care advocates come out with a bucket list, urging the Government to allocate resources strategically for holistic national development. The new Government's full Union Budget 2024 is set to be announced on July 23. Child rights activists, including Puja Marwaha from CRY - Child Rights and You, emphasized the critical need to prioritize children in the national development agenda. Marwaha highlighted that children constitute a significant



portion of India's population and called for increased investments in health, nutrition, and education programs. Specifically, she advocated for higher allocations towards initiatives like Saksham Anganwadi and Poshan 2.0, particularly benefiting children from Particularly

Vulnerable Tribal Groups (PVTGs). Marwaha also stressed the importance of enhancing public expenditure on education in alignment with the National Education Policy (NEP) 2020. At the same time, Agewell Foundation Organisations like Agewell Foundation and

HelpAge India have outlined comprehensive proposals to Finance Minister Nirmala Sitharaman, highlighting the urgent requirement for enhanced financial support, healthcare and social security for the elderly. A significant demand is the revision of the central contribution to the old age pension under the National Social Assistance Program (NSAP). The NGOs advocate increasing the pension amount from the current Rs 200-500 to at least Rs 1,000 per month for those aged over 60 years and Rs 1,500 per month for those aged over 80 years, it said. Underscoring the demographic shift towards an aging population in India, Rajit Mehta, representing Antara Senior

Care too emphasized the urgent need for policies supporting senior care, including tax benefits, specialized health insurance, and infrastructure development incentives. Mehta highlighted the economic and social importance of addressing senior well-being as part of sustainable development efforts. Hanish Bansal, Chairman of MASSH Super Specialty Hospital in the national capital, expressed optimism about potential investments and policies aimed at strengthening healthcare infrastructure nationwide. Bansal also urged for increased focus on enhancing medical services, promoting advanced medical technologies, and expanding healthcare insurance coverage.

Bansal also emphasized the role of public-private partnerships in accelerating healthcare development and ensuring equitable access to quality healthcare across the country. At the same time, Rasmii Ranjan Ray from Suez India welcomed the Modi Government's interim Budget's commitment towards infrastructure development, particularly in sectors like housing, green energy, and urban development. He anticipated further boosts in capital expenditure in the upcoming full Budget announcement and emphasised the importance of addressing India's growing urban development needs, especially in water and waste management.

Nearly 120 students from Assam return from Bangladesh: Official

PTI ■ GUWAHATI

Nearly 120 students hailing from Assam have returned from Bangladesh, which has been rocked by violent protests, over the last few days, a senior official said on Sunday.

Additional Chief Secretary (Home) Ajay Tewari told PTI that the Assam students have so far entered India through Integrated Check Posts at Sutarkandi in Karimganj district and Dawki in Meghalaya.

"In the Northeast, students and other people are entering through the ICPs in Assam, Meghalaya and Tripura. Till Saturday night, 76 students who hail from Assam entered from Dawki while another 41 students from Sutarkandi," he said. He also said that students from Barak Valley are mostly coming through Sutarkandi, while those belonging to the Brahmaputra Valley have entered through Dawki.

More students are expected to come in the next few days and



the Assam government has deputed a magistrate and senior police official at Sutarkandi to facilitate their entry into India, Tewari said. "Students from Nepal, Bihar and other states are also coming in. Most of the students belonging to Tripura

"They have not given us the estimated number of Assamese students stuck in Bangladesh or I don't know if they have that breakup. We are monitoring anyone coming through the Sutarkandi post and facilitating their safe return to their respective homes," he said.

Karimganj District Commissioner Mridul Yadav on Saturday said that he and the SP had visited the ICP at Sutarkandi and interacted with the students.

The state government is also in touch with the Ministry of External Affairs (MEA) to ensure the safety of people from the state residing or visiting Bangladesh, he said. Stating that more students are likely to cross over, Yadav said, "The district administration is geared up to help them. A magistrate and deputy SP have been stationed 24 hours at the border till the situation eases." He also stated that no tension is anticipated at the border.

We lost seats not people's support, says Maha BJP chief

PTI ■ MUMBAI

Maharashtra BJP president Chandra Shekhar Bawankule on Sunday said his party maintained its support among people despite losing seats in the recent Lok Sabha polls.

He was addressing the party's state convention in Pune, which is being attended by Union Home Minister Amit Shah, the party's state in charge and Union minister Bhupender Yadav, co-incharge Ashwini Vaishnav, among others.

"The BJP lost some seats in the Lok Sabha elections, but our voter base remains strong. There is no need to worry about it. In the 2014 Lok Sabha election, the BJP secured 1,33,08,961 votes. The number increased in the subsequent assembly elections, with the BJP receiving 1,47,09,276 votes," Bawankule pointed out. "In the 2019 general elections, the BJP obtained 1,49,12,139 votes. In the 2024 general elections, we got 1,49,13,914



votes. This clearly indicates the support for the BJP among the people remains unwavering. Nonetheless, we only secured nine seats in this Lok Sabha election," he added.

The BJP's tally at the national level came down from 303 seats to 240, while it went down from 23 to nine in Maharashtra in the 2024 Lok Sabha polls, results of which were announced on June 4. Bawankule said the party had put in all efforts but a fake narrative led to losses, an apparent reference to the opposition's charge that the BJP wanted 400 seats to change the Constitution and end reservations. Meanwhile, in a post on X, Union Minister Nitin Gadkari said he could not attend the convention due to illness.

Clear Tamil Nadu-specific projects in Union Budget, Stalin urges Centre



PTI ■ CHENNAI

Chief Minister M K Stalin on Sunday expressed hope that the Centre would fulfill the expectations of the people of the state by clearing Tamil Nadu-specific projects in the Union Budget 2024-25. For the past three years, the Centre has "not released funds" for the Chennai Metro Rail (Phase 2) project, Stalin said and listed other proposals including the pending sanction for the Tambaram-Chengalpattu elevated expressway corridor. In a post on social media platform X, the chief minister highlighted the people's expectations from the Union Budget, saying that for about 10 years, middle-class families have been hoping that their income tax burden would be reduced and tax relief provided to them. Among the state's expectations, he listed the approval for Metro Rail projects in Coimbatore and Madurai, allocation of adequate funds for already announced railway projects in Tamil Nadu and increasing the expenditure limit under the Centre's rural and urban housing schemes (PM Awas Urban/Gramin schemes). "I believe that the union government will fulfill the expectations of the Tamil Nadu people," Stalin said in his post. Union Finance Minister Nirmala Sitharaman will present the Union Budget on July 23.

Maha sees 1,267 farmer suicides since Jan this year; Amravati division worst hit

PTI ■ MUMBAI

A total of 1,267 farmers have committed suicide in Maharashtra in the first six months of this year, with Amravati division in the state's Vidarbha region accounting for 557 deaths. As per January to June data in a state government report, Chhatrapati Sambhajnagar division was second with 430 deaths, followed by 137 in Nashik division, 130 in Nagpur division and 13 in Pune division. No death was reported in the coastal Konkan division.

According to the National Crime Records Bureau, in 2022, Maharashtra led with 37.6 per cent of all farmer suicides in the country. The NCRB said 11,290 persons involved in the farming sector, comprising 5,207 farmers or cultivators and 6,083 agricultural labourers, ended their lives in

2022. This accounted for 6.6 per cent of all suicides in the country, which stood at 1,70,924. In 2021, 10,881 persons involved in farming, comprising 5,318 farmers and 5,563 agricultural labourers, committed suicide, with Maharashtra accounting for 37.3 per cent of these deaths. As per NCRB data, a total of 1,64,033 persons committed suicide in 2021 and those connected to farming comprised 6.6 per cent. In 2020, a total of 10,677 individuals in the farming sector (5,579 farmers or cultivators and 5,098 agricultural labourers) died by suicide, which was 7 per cent of the 1,53,052 such deaths nationwide. Maharashtra accounted for 37.5 per cent of the deaths in 2020. Incidentally, Maharashtra is also the highest contributor in the country's GDP.

Assam flood situation improves, 1.30 lakh still affected in State

PTI ■ GUWAHATI

The flood situation in Assam improved on Sunday with the number of people reeling under the deluge decreasing to 1.30 lakh in 10 districts, officials said. Two major rivers, including the Brahmaputra, continued to flow above the danger level. A central team, comprising top officials from various ministries, visited the state to assess the damage caused by two waves of floods this year. Over 1.30 lakh people in 23 revenue circles and 423 villages across 10 districts remain affected in the state, the officials said. The affected districts are Kamrup, Morigaon, Dibrugarh, Sivasagar, Golaghat, Nagaon, Dhemaj, Goalpara, Kamrup Metropolitan and Cachar. Nagaon is the worst-hit district with more than 72,000 people still reeling under the deluge. Till Friday, the number of



houses, roads and other infrastructure across various districts has also been reported. The eight-member inter-ministerial central team to assess damage due to the flood wrapped up their three-day visit on Saturday. The team, led by Ministry of Home Affairs Joint Secretary Mihir Kumar, visited several flood-affected areas and held discussions with senior state government officials. Additional Chief Secretary Ajay Tiwari apprised the central team of the flood situation. He said cyclone Remal triggered the first wave of flood and the state was hit by two waves of the deluge. Assam State Disaster Management Authority CEO Gyandendra Dev Tripathi requested the central team to declare the two waves of flood as calamities of a severe nature and to recommend the release of Rs 500 crore on an interim basis.

IIT-Guwahati to study reasons for artificial flood in Dibrugarh: Sonowal

PTI ■ DIBRUGARH (ASSAM)

Union Minister Sarbananda Sonowal said on Saturday that services of IIT-Guwahati will be enlisted to study the cause of artificial flood in Assam's Dibrugarh city, and based on its findings, a master plan will be prepared to solve the problem.

He also stressed on the need for the civic bodies to address issues such as encroachment to help find a permanent solution for the water logging, an official statement said. The city witnessed massive artificial floods this year, even as some parts of Dibrugarh continued to reel under waters. The minister visited Naliapool area of the city to inspect the drainage and sewerage system and called upon local authorities to hedge all efforts, resources and knowledge to chalk out a sustainable and pragmatic solution to the water logging problem. The minister for ports, shipping and waterways said IIT-Guwahati will study the causes of



artificial flood in the city, based on which a master plan will be prepared and corrective measures will be taken to fix the artificial flooding in the city. Sonowal, who is the MP from Dibrugarh, also called up Chief Minister Himanta Biswa Sarma in this regard, the statement said. Speaking on the occasion, Sonowal said, "The artificial flood in Dibrugarh is a cause of concern and we must find a solution that is economically prudent, ecologically viable and environmentally sustainable. "The IIT Guwahati is going to study the causes, which have thrown the life of Dibrugarh

out of gear. Once identified, a team of experts will draw a master plan and present it to the government for execution. We will ensure that this is executed in letter and spirit," he said. He urged civic bodies to act against anyone found violating the laws. Following the inspection visit, the Union Minister instructed the officials to swiftly act to bring relief to the public. He stressed on the need of the civic bodies to "address issues like encroachment and expedite efforts towards finding a permanent solution, incorporating expert opinions and suggestions into its plans".

Bihar to conduct 'indoor air pollution' study

PTI ■ PATNA

The Bihar State Pollution Control Board (BSPCB) has decided to conduct an "indoor air pollution" study in Patna to identify types of pollutants inside people's homes and their effects, besides suggesting corrective measures. The study will be first conducted in the capital city and later it will be held in Gaya, Muzaffarpur and a few other cities of the state. Talking to PTI, Devendra Kumar Shukla, Chairman of the BSPCB, said, "We have initiated talks with the IIT-Tirupati for conducting indoor air pollution study in Patna to identify types of indoor air pollutants, their effects and also suggest corrective measures to reduce it. Our talks with IIT-Tirupati are expected to be finalised very soon. Bihar is probably the first state in India which has decided to conduct an



indoor air pollution study, he said. "People must know about the pollution levels inside their homes. The study will be conducted by dividing the city into various zones. A few houses will be selected from each zone for the study using modern techniques," said the BSPCB head. Air pollution is mostly considered an outdoor concern, but studies suggest that indoor air can be

polluted as well and might even be more so than the air outside, he said. People are now spending more time indoors than before with the advent of online learning, entertainment, and shopping, Shukla said. Since Patna has recently emerged as one of the most polluted cities in the country, the study will begin from there, he added. "The ill effects

of indoor air pollution are becoming a serious matter globally. The most affected groups are women and younger children, as they spend the maximum time at home. Indoor air pollutants can cause respiratory infections, chronic bronchitis and several other diseases, said Shukla. Stating that the Indo-Gangetic plains are worst affected due to air pollution, mainly because of dust, he emphasized the need for long-term measures to curb air pollution. "As for controlling vehicle emissions, there should be a proper traffic system in cities, including Patna, so that there are no bottlenecks that result in snarls which hike pollution," said the BSPCB Chairman. The poor air quality, especially during winter, in various cities in Bihar has always remained a matter of concern for the authorities.

Revanth Reddy in Delhi to invite top Cong leaders for farm-loan waiver event

PTI ■ NEW DELHI

Telangana Chief Minister A Revanth Reddy arrived in New Delhi on Sunday for a two-day visit to invite top Congress leaders for a public meeting in Warangal focused on farm-debt waiver programmes. Sources said Reddy is slated to meet Congress president Mallikarjun Kharge and is also likely to seek time from former Congress chief Rahul Gandhi for the public meet. The chief minister wants to inform the Congress leadership that since farm-loan waiver was announced in Warangal during the Assembly poll campaign, it would be fitting for the party to hold a public meeting there to highlight its implementation, the sources added. The Telangana government



initiated the first phase of the loan waiver scheme on July 18, with Rs 6,098 crore credited to farmers' bank accounts. This phase covers loans of up to Rs 1 lakh. The scheme will be rolled out in three phases, with the second phase targeting loans of up to Rs 1.5 lakh by July-end and the final phase covering loans of up to Rs 2 lakh in August. Reddy's Delhi visit comes on the heels of the launch of this flagship scheme, underscoring its importance on the Congress government's agenda. Farm loan waiver was a major promise that helped the party secure poll victory in the southern state.

Karnataka HC quashes POCSO case against a man after marriage to victim

PTI ■ BENGALURU

The Karnataka High Court has quashed criminal proceedings against a 23-year-old man from Mysuru, who had allegedly sexually assaulted a 18-year-old when she was a minor, following their marriage and production of their marriage certificate. Justice M Nagarasanna emphasised that the Protection of Children from Sexual Offences (POCSO) case could be revived if the accused abandons the girl and their child after the case's closure. The court had earlier granted interim bail to the accused to facilitate the marriage with the victim (after she attained the age of 18), requiring him to return to jail with the marriage certificate. The accused complied with it. The court has ruled that continuing the proceedings



would negatively impact the mother and child, leading to societal stigma. The incident occurred on February 2, 2023, when the accused took the school-going girl to an isolated location and allegedly sexually assaulted her. The girl subsequently gave birth to their child. Both parties' accused and the victim through their legal representatives submitted that they were in love, but faced parental opposition. They had sought closure of the proceedings, considering the accused's wish to marry the victim.

No shortage of coal for power sector: Minister Kishan Reddy

PTI ■ KOLKATA

Union Minister G Kishan Reddy said there is "no shortage" of coal for the power sector and the Centre will ensure adequate supply of the dry fuel to meet demand. The long-term demand will be met by increased productivity of Coal India and commercial mines, he said. "We are supplying coal to all thermal power plants. We have requested plants based on imported coal to switch their technology to utilise domestic fuel. There is no shortage of coal in the country," Reddy, the minister for coal and mines, told PTI. Coal production usually faces hindrances during the

monsoon season. Some technical issues related to commercial mines were being addressed, he said without divulging the details. Speaking on the power ministry's advisory related to four per cent imported coal blending for domestic thermal plants, the minister said, Coal India is successfully ramping up production but the blending is advised to "mitigate the risk of blackout due to sudden rise in electricity demand". Earlier this month, the Nominated Authority of the Coal Ministry held a meeting to review the status of both operational and non-operational captive and commercial coal mines. During the meeting, the



authority stressed on the need for operationalising coal blocks that are in advanced stages of development. The department appreciated efforts of all allottees in increasing coal production and urged them to achieve the committed output targets for the 2024-25 financial year (FY25). The Ministry of Coal has allocated or auctioned 161 mines with a peak-rated capacity of 575 million tonnes. Of these, 58 have received mine opening permission, and 54 are operational. Last year, these mines

produced 147 million tonnes, constituting 15 per cent of the country's total coal production. In a review meeting held in early June, Reddy stressed on exploration of more blocks for auctions. The government had relaxed technical eligibility for coal block auctions to attract more participants. It has recently concluded the 10th round of coal block auctions. The union minister had urged all stakeholders to work diligently to achieve at least 175 million tonnes of production from captive and commercial coal blocks this year, representing a 19 per cent growth. As of June 30, 54 captive and

commercial coal mines are under production, with 32 allocated to the power sector, 12 to the non-regulated sector and 10 for the sale of coal. The current production from these mines stands at 39.53 million tonnes, registering a strong 35 per cent year-on-year growth. An additional 11 mines are expected to commence production in FY25. Furthermore, 65 non-operational coal blocks are in various stages of obtaining regulatory clearances, distributed across nine states - Arunachal Pradesh, Assam, Chhattisgarh, Gujarat, Jharkhand, Madhya Pradesh, Maharashtra, Odisha, and West Bengal, the ministry said.

Chhattisgarh Assembly session: Congress looks to target BJP Govt on law and order

PTI ■ RAIPUR

The monsoon session of the Chhattisgarh legislative assembly, scheduled to begin on Monday, is expected to be a stormy affair with the opposition Congress gearing up to corner the ruling BJP on the "deteriorating" law and order situation among other issues. The Congress said it will gherao the state assembly on July 24 to protest against the alleged deteriorating law and order situation, particularly the violence in Balodabazar city last month. Addressing a press conference here, state Congress chief Deepak Bajaj on Sunday said the last seven months of the Vishnu Deo Sai government saw four

incidents of firing in the state capital, and inter-state gangsters have been spreading tentacles in Chhattisgarh. Bajaj claimed 300 cases of rape, 80 incidents of gangrapes and more than 200 murders were reported in the state in seven months. "There have been countless incidents of stabbing, looting, robbery and chain-snatching. The BJP has failed to protect the common man," he claimed. While the previous Congress government strengthened the law and order situation in the state, the Sai government has destroyed it in just seven months, he said, accusing the state home minister of making empty statements.



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PAPER WITH PASSION

Trouble in Bangladesh

Students rampage in Bangladesh protesting job quota for veterans' families; India calls it an 'internal matter'

Bangladesh is going through the worst phase in years as students have taken to the streets protesting the Government's 30 per cent quota for relatives of the veterans who fought its war of independence in 1971. A national curfew has been imposed and the army has been deployed after 105 people including two journalists died in the bloodiest protests for a decade. A 'shoot-on-sight' order is also in place giving security forces the authority to fire on mobs, showing the gravity of the situation. Slowly but surely the student protest is turning into an all-out protest against the government as student protesters stormed a prison and freed inmates. The students maintain that job reservation for families of veterans mostly benefits supporters of Hasina, whose Awami League party led the independence movement. Students are struggling in a country where around 32 million young people are neither employed nor in education. Although job opportunities have



increased in certain areas of the private sector, many individuals prefer government jobs due to their perceived stability and better pay. The Government's crackdown on the protesting students has had little effect in controlling the violence. The protests, which began earlier this month, have led to widespread unrest and disruption across the country, leaving many foreign students in precarious situations.

About 15,000 Indians live in Bangladesh, of whom around 8,500 are students. Around 4,000 students are still awaiting their turn to be evacuated. The MEA spokesperson Arindam Bagchi has

confirmed that 1000 Indian students have been safely brought back home. The families are anxiously waiting for the return of stranded students. The Indian High Commission in Dhaka has set up a dedicated helpline to assist students and provide real-time updates on the repatriation process. Students have been advised to stay in touch with the mission and follow its guidance closely. A communication blackout has been in place since Thursday, including the suspension of mobile data and text message services. Besides, the Government's high-handedness in dealing with the protests has only escalated the tension and put the Hasina Government in a bad light. Prime Minister Sheikh Hasina's government is facing one of the most severe challenges of her 15-year tenure. Indeed, it is one of the biggest challenges Sheikh Hasina has faced in years. The student protests are turning into general protests against the government. Sheikh Hasina has appealed to students to wait for the court verdict on the issue but to no avail. India meanwhile has termed the unrest in the neighbourhood as an 'internal matter of Bangladesh' but must be concerned as Sheikh Hasina's Government maintains good relations with India and any disruption may impact Indo-Bangladesh relations.

PICTALK



Devotees wait in queues to offer prayers at Vindhyavasini Temple on the occasion of Guru Purnima, in Mirzapur

The evolution of cricket and umpiring

Cricket has undergone significant transformations. The journey includes not only victories but also bloopers and game changing umpiring mistakes

The elusive cup reached home amidst thunderous applause and the rapturous welcome of the men in blue. As the euphoria settles and the cricketers (a lot richer) and fans (a lot happier) go home, it is time to look back and think about the evolution of the game and its future direction. As ardent followers of the game, it made us think how far we have come from the age of Maharaja Ranjitsinh ji to Kerry Packer to the glam world of the IPL. The history of cricket can only be complete with the history of bloopers, misjudgements and game-changing (quite literally) umpiring mistakes. The love-hate relationship between the Indian cricket team and umpire Steve Bucknor is well known, particularly in the famous monkey-gate test match. We still remember vividly the anger we felt when Sachin Tendulkar was given out LBW in a controversial decision by Bucknor when India toured down under in 2003. However, we have come a long way since then, thanks to the ever-increasing use of technology. The gentleman's game has a rich history of evolution in its rules and regulations, particularly in umpiring. Initially, cricket matches featured just one umpire, but as the game grew in complexity and intensity, it came the system of having two umpires. The second umpire, positioned at square leg, was introduced to assist with decisions that the main umpire at the bowler's end might miss, such as run-outs and stumping, thereby enhancing the accuracy and fairness of on-field decisions. In the 1990s, the third umpire system, enabled by technology, changed cricket umpiring. What the field umpires considered unjudgeable, they could now refer to the third umpire, who in turn can watch theoretically unlimited replays of what transpired before giving a verdict... The Decision Review System (DRS), introduced more recently, further revolutionised the game. It allows players to challenge on-field umpire decisions, with the third umpire reviewing the play using various



technological aids like ball-tracking and ultra-edge detection. This system has given more power to players and increased the accuracy of decisions. Statistics highlight that out of the 1,201 umpire decisions made during test matches between 2009 and 2014 that were challenged, 310 (25.81%) were overturned by a third umpire. Research that accounted for various match and team factors conducted logistic regressions to demonstrate the following: (1) Leg before wicket (LBW) and caught decisions that are initially deemed "out" by the on-field umpire are more prone to being overturned compared to decisions ruled "not out"; (2) When it comes to both LBW and caught decisions, there is an equal likelihood of the home and away teams winning a reversal by the 3rd umpire. Compared to cricket, sports like football demonstrate a compelling need for on-field officials due to the game's fast-paced nature. Football referees make instantaneous decisions on fouls,



THE ADVANCEMENT OF TECHNOLOGY IN CRICKET UMPIRING HAS UNDENIABLY ENHANCED THE ACCURACY OF DECISIONS AND THE INTEGRITY OF THE GAME. HOWEVER, TECHNOLOGY CANNOT REPLACE UMPIRES' HUMAN TOUCH

yellow and red cards, and off-side calls, which are critical for maintaining the flow and fairness of the game. While technology, such as the Video Assistant Referee (VAR), supports these decisions, the subjective nature of many calls—like tackles or hand-balls—requires the immediate and nuanced judgment of on-field referees. This dynamic is quite similar to cricket, where the on-field umpires' interpretation of situations, like appealing for a catch or judging a no-ball, often involves subjective judgment that technology alone cannot fully replicate. Despite the evident utility of on-field umpires, modern technology has permeated the game so much that the need for having on-field umpires is becoming questionable. The advancement of technology in cricket umpiring has undeniably enhanced the accuracy of decisions and the integrity of the game. However, technology cannot replace umpires' human touch throughout the game

by managing player interactions and upholding decorum. However, the current system of having two on-field umpires now brings an element of redundancy. One on-field umpire renamed as a referee, supported by comprehensive technological systems and a vigilant remote umpire, could suffice. While the remote umpire can pass decisions aided by technology, the referee could help smooth the conduct of the game and ensure that all the rules and spirit of the game are upheld. This would streamline the officiating process and speed up the game. This hybrid model that combines the strengths of human wisdom with technological aids could offer the best solution, ensuring the game's efficiency and integrity are upheld. After all, cricket is a gentlemen's game. It should remain a gentlemen's game. (Rahul Pachori is Director, GOI, and Divya Singh Rathore is Senior Policy Specialist, GOI. Views expressed are personal)



Bihar's business boom: A new era of development

As Bihar strengthens its infrastructure and undertakes reforms, it is poised to become a hub of economic activity and innovation

A year ago, when the Adani Group decided to invest Rs. 8,700 crore in Bihar, it attracted the attention of investors from all over the country. The bureaucracy of Bihar, supporting the Nishik government, has made development and investment its campaign. Why can't entrepreneurs come here? The credit goes to the officers who returned from central deputation in Delhi. Additionally, Nitish Kumar, the head of the current NDA government in Bihar, strengthened his political connections. In Delhi, many JDU MPs became influential in the power corridors, such as Lallan Singh and Sanjay Jha, whose responsibilities increased. Bihar has successfully convinced the Center, resulting in several policy changes in energy and industry. As a result, Bihar is becoming self-sufficient in energy, a development appreciated in other BJP-ruled states. Similarly, the process of identifying and allocating land for industry has begun, and naturally, investors have started project reconnaissance. This seems to be a turning point. In



tourism, officials started working tirelessly to provide important information, and selfie points began to be established at tourist locations. Consequently, groups like Mayfair Hotel opened Bihar's first five-star hotel in Purnia. This new initiative led to proposals worth about Rs.10,000 crores in the field of food processing at the Bihar Investors Meet. However, Bihar's misfortune has been that although proposals came in, investors did not follow through in proportion. But now, the situation is changing. A cursory glance shows that Bihar is an agriculture-based state. The state's agriculture roadmap discusses processing units for various crops like fruits, vegetables, grains, and makhana. Especially, products of litchi, mango, guava, banana, makhana, potato, and toma-

to have been the main focus. Many investors showed interest, but most left projects incomplete. Currently, according to the Chamber, 15 companies are interested in food processing and have expressed a desire to invest about Rs10,304 crores. Companies like Godrej, Anmol Foods, and Bangladesh's Pride Food are also showing interest. Prime Minister Modi has appointed Bihar's young minister Chirag Paswan and experienced minister Giriraj Singh in these ministries with great expectations. Bhagalpur silk has now entered the international market for the textile industry in Bihar. Additionally, many units related to handloom and khadi clothes are working on a very small scale in Bihar. Until now, investors were unaware of Bihar's cottage industry potential. The responsibility for expanding this sector lies with senior leader and MSME Minister Jitan Ram Manjhi. The climate here is also suitable for the textile industry. The government has 44 old proposals regarding textile, leather, and food processing that need



RAJESH KUMAR SINGH

to be brought to Bihar. In the past, many reasons hindered industrial growth in Bihar. Law and order problems were discouraging, but now better electricity and roads are attracting everyone. Today, India is the third-largest domestic civil aviation market in the world after China and America. Some states like Bihar lagged in aviation due to political differences, but the Bihar government is now gearing up for aviation infrastructure. In the proposed aviation plan for Bihar, apart from the Greenfield Airport in Bhagalpur and Rajgir, a Flying Training Academy in Begusarai, small cities of Bihar are also included. Existing airstrips in Saharsa, Munger, Birpur, Valmiki Nagar, Chhapra, Madhubani, Kishanganj, and Dalmianagar will be renovated and upgraded. In the Kosi area, many highway constructions are underway. The day is not far when, Bihar transforms into a developed state but it depends on preferential treatment the state gets in Union Budget. (The writer is senior journalist; views are personal)

LETTERS TO THE EDITOR

NARCOTIC HELPLINE LAUNCHED

Madam — On 18th July, the Union Home Minister inaugurated the National Narcotics Helpline, 'MANAS' (Madak Padarth Nishedh Asuchna Kendra). The helpline, accessible through the toll-free number 1933, a web portal, and a mobile app, allows citizens to anonymously report drug trafficking activities. Although 'MANAS' collects personal information, it guarantees that the identity of the informant will be kept confidential. This anonymous reporting system could be expanded to cover other types of crimes. 'Crime Stoppers', a collaborative effort between police and civil society, enables citizens to anonymously provide information about crimes or suspects via phone calls, online forms, or mobile apps. Many individuals, despite having critical information about crimes, are hesitant to speak directly with the police due to fears of testifying or concerns for their safety. Crime Stoppers ensures the anonymity of those reporting suspected criminal activities. Crime Stoppers helplines do not display caller numbers or trace calls. Upon receiving a call or a completed anonymous online form, they compile a report that excludes any information that could identify the caller. This report is then forwarded to the relevant authority, such as the police, customs, or the NCB, for further investigation. Founded in the US in 1976 (1-800-222-TIPS), Crime Stoppers has since been adopted in the UK (0800 555 111), Australia (1800 333 000), and South Africa (08600 10111). Since its inception in the UK in 1995, Crime Stoppers has received over 2.2 million actionable calls, leading to the arrest and charging of more than 151,000 individuals and the seizure of illegal drugs worth over £367 million. According to the recent National Crime Records Bureau (NCRB) Report 2022, released in December 2023, 5,824,946 cognizable crimes were registered in

Learning from the Microsoft server outage



The recent global disaster caused by Microsoft's server outage highlights the need for preparedness against such failures and cyber-attacks. A glitch in the system can play havoc across the world.

The outage disrupted air traffic, banking, TV broadcasting, government and non-government operations, and even emergency services in America. It's ironic that this happened alongside the implementation of new cybersecurity measures, which themselves can jeopardize security. While technology is integral to modern life, the dominance of a few large tech companies poses risks. These firms often impose arbitrary conditions on users and create different rules for different countries. To counteract this, governments must collaborate to curb the monopolies of private digital businesses. Whether major nations can unite against these internet giants is uncertain, but India could take steps in this direction.

Abhijit Roy | Jamshedpur

KARNATAKA'S JOB RESERVATION BILL

Madam — This is regarding the news that Karnataka CM is slowing down on the private sector job quota bill (July 19). Chief Minister Siddaramaiah's decision to delay the Job Reservation Bill for Kannadigas, amidst political opposition, is a step in right direction. The industry's concerns that such a bill could hinder innovation and competitiveness are valid. The government's lack of consultation with the Federation of Karnataka Chambers of Commerce and Industry suggests ulterior motives. Instead, the focus should be on improving skill development programs and educational environments to address local unemployment effectively. Yugal Kishore Sharma | Faridabad ADDRESSING WEAVER SUICIDE

Madam — The frequent suicides of weavers due to financial problems and lack of buyers for expensive woven cloth are distressing. A practical solution would be to employ weavers in textile industries, as traditional weaving is becoming more of a hobby for the rich in the age of mechanized, inexpensive cloth. The high price of handwoven clothes cannot compete with industrial cloth. The frequent suicides of weavers due to financial struggles and lack of buyers for expensive handwoven cloth are alarming. Employing weavers in textile industries could be a practical solution, as traditional weaving is becoming a luxury hobby. Handwoven clothes can't compete with cheaper industrial cloth, and high electricity costs make mechanized weaving expensive.

PV Madhu Nivriti | Secunderabad



FIRST COLUMN

THE IMPORTANCE OF WORKPLACE ETIQUETTE

It enhances individual career opportunities and builds a professional image



SAKSHI SETHI

Manners are essential in the workplace for several reasons, as they contribute significantly towards the overall functioning and atmosphere of the work environment. The transition from being a student to a working professional comes with its own set of challenges, including the need to adapt to workplace etiquette.

Much talked about, the term 'Workplace etiquette' is simply the anticipated behaviour and actions of a person in a workplace and society which includes being respectful to others and always keeping a well-mannered behaviour thereby creating a comfortable environment for everyone. It is a guide for actions in different situations and how to deal with those situations while being courteous to the employer and co-workers. It varies from one workplace to the other and serves as a map to every organization.

It is often said that first impressions are everlasting and in a professional setting, they can significantly influence perceptions and opportunities. Being punctual, wearing appropriate dress and polite greetings help create a positive first impression. When the employees exhibit these behaviours, they demonstrate respect for their colleagues and the organization thereby setting a tone of professionalism from the outset. This event fosters a cooperative environment where employees feel valued and are more likely to work together productively. For a few, this can even open doors to new opportunities, promotions and career advancements. Employers value individuals who contribute positively to the work environment and represent the company well. There is no denying the fact that respect and trust are the foundations of any successful professional relationship.

Adhering to workplace etiquette such as active listening, avoiding interrupting others and acknowledging contributions, fosters an environment of mutual respect. This respectful behavior builds trust among colleagues, facilitating smoother collaboration, and harmonious and efficient teamwork. An organisation that promotes and



expects proper etiquette is seen as more professional and reputable. This can attract top talent, clients as well as business partners who want to be associated with a respectful and well-mannered organization. It is often said that trust, once established, enhances communication and encourages open sharing of ideas, thereby leading to innovative solutions and better decision-making. Utilizing etiquette in the workplace can ensure that everyone feels comfortable while being productive.

Maintaining workplace etiquette goes a long way in ensuring that one commands the respect of co-workers and superiors and that the individual's professional image remains unblemished. Remember, an employee will be a much more valuable staff member if they stay alert, tune into conversations around them and contribute to the general discourse. Undoubtedly, in any workplace, conflicts are inevitable, but proper etiquette can help resolve them.

Approaching conflicts with a calm and respectful demeanour, listening to all perspectives and seeking mutually beneficial solutions prevent escalation and help in maintaining a positive work environment. Escalation should be the last resort but one shouldn't shy away if needed.

(The writer is an educator; views are personal)

Harnessing ancient wisdom for economic prosperity



B K JHA

The time is ripe for Bharat to make use of its historical wisdom, embrace global opportunities, and drive towards a prosperous and inclusive future

As Bharat aspires to become the third largest economy in the world, it must not only focus on achieving this goal but also focus on sharing surplus to create a vibrant and inclusive society. The author of 'Arthashastra', Acharya Chanakya, says 'Dharmasya Moolam Arthah' (Economy is the Strength). Hence, the land of Chanakya needs a clear vision—Making Society Prosperous with a mission of creating and sharing surplus wealth. The ancient wisdom of the Vedas, "Sat Hasta Samahara, Sahastra Hasta Sankira," translates to "Create wealth with 100 hands and share it with 1,000 hands." Hindus contributed significantly to the world economy from the 1st to the 15th century CE, reflecting their understanding of wealth creation and distribution. Hindu civilization's prosperity is evident in the magnificent monuments of past and present such as Harappa and Mohenjo-Daro, Lothal, Nalanda and Takshila University, Ayutthaya in Thailand, Angkor Wat in Cambodia, Prambanan and Borobudur in Indonesia, and the temples of Rameshwaram, Brihadeshwara, and Meenakshi in Bharat. However, this prosperity was lost during periods of Islamic invasion, colonial rule, and the Industrial Revolution.

The 21st-century economy is driven by knowledge and youth, and with a significant portion of the Hindu population being young, there is an inherent potential waiting to be unlocked. The current economic boom, coupled with the recession of major economies, has created turmoil worldwide. Traditional responses, such as cost-cutting and protectionism, are insufficient. What is needed is a new and creative approach to generating surplus wealth and rescuing the global economy from its current crisis. Today, while some economies face turbulence, emerging economies offer great opportunities. The challenge is how to leverage the global situation for collective growth. Hindus should cooperate and collaborate globally to facilitate market access across geographic zones and countries, from Auckland to Alaska and Oslo to Johannesburg. Similarly, there should be cooperation in capital availability and technological innovation, matching technically savvy Hindus with those who can turn innovation into business opportunities. The fundamental problems of hunger, poverty, and illiteracy cannot be solved merely through donations and charity.

A growing population has growing needs, which can be addressed only by creating surplus wealth and empowering the masses, especially those at the bottom of the pyramid. This approach aligns with the philosophy of creating "That, which sustains," and aims to eradicate hunger, poverty, and illiteracy. Historical evidence shows that the British plundered Bharat extensively. Economic historian, Utsa Patnaik's research suggests the British colonial regime looted almost USD 45 trillion from India from 1765 to 1938. This astronomical sum is fifteen times the annual GDP of the UK today. This wealth funded the Industrial Revolution in England, highlighting the significant economic contribution of Bharat. Nations and communities regain their

economic strength through cooperation and dedication. For instance, the Jews rebuilt themselves after the Holocaust through networking, community support, and self-organization. Similarly, Japan and Germany emerged as economic superpowers after World War II, and China has become the second-largest economy since 1950. The GDP of Bharat in 2015 was USD 2.07 Trillion. Now it is slightly over USD 3 trillion. In the next three years, the nation aims to achieve USD 5 trillion.



THE CONCEPT OF LINKING HINDUISM WITH ECONOMIC GROWTH FIRST EMERGED IN FEBRUARY 1973, WHEN BPR VITHAL, WRITING UNDER THE PSEUDONYM NAJIN YANUPI, REFERRED TO THE RATE OF GROWTH OF INDIA'S PER CAPITA INCOME, SUGGESTING A RANGE OF 1% TO 3%

No matter what they did, growth seemed, invariably, to revert back to 3.5%, almost as if this magic figure was written in the land's scriptures." Since then, many economists, including former Deputy Chairman of the Planning Commission Montek Singh Ahluwalia (1995) and former Chief Economic Advisors Shankar Acharya (2002) and Arvind Virmani (2006), have

explored the theme of the Hindu rate of growth. The smooth legitimization of this phrase, despite its contemptuous undertones towards Hinduism in a predominantly Hindu country, highlights the tolerance and acceptance of those who practice this faith. Equating slow GDP growth with Hinduism and attributing economic stagnation to religion is being seen as a challenge now.

Credits go to an IIT alumnus Swami Vigyananand, the Founder, of the World Hindu Economic Forum (WHEF) who created a global forum with a mission to 'Making Society Prosperous.' The journey of economic resurgence for the Hindu community began in 2012 in Hong Kong and has since traversed global locations such as Bangkok, New Delhi, London, Los Angeles, Chicago, and Mumbai. Despite the challenges posed by the COVID-19 pandemic, the movement has continued to expand through digital business networks and local chapters.

Rooted in the philosophy of the Bhagwad Gita, the focus remains on forward-thinking and sustainability to generate surplus wealth and enhance societal well-being. This socio-economic non-governmental organization is set to host its highly anticipated event- WHEF 2024 in Mumbai. The mega business conference and exhibition will be organized from December 13th to 15th, 2024. With the theme "Think in Future, for the Future," this forum aims to cultivate forward-think-

ing and sustainable economic strategies. 'Viksit Bharat,' (Developed India), Industry 4.0, Skill Development, E-Commerce, Capital Market, and Regional Opportunities are expected to be in focus. Hindus now aim to gain at least 16% of the world's GDP in proportion to their population share.

By fostering cooperation and collaboration globally, facilitating market access, supporting financial ecosystems, and encouraging technological innovation, the community can drive economic empowerment and social development. By fostering and mentoring enterprise and entrepreneurship, the community can collectively drive economic growth and secure a prosperous future. Communities and nations regain their economic strength when they work with a spirit of cooperation and single-minded dedication. This collaborative approach can lead to significant contributions to the world GDP, visibility, acceptability, and respectability for the Hindu community. As Bharat marches towards becoming the third-largest economy, the focus needs to be on creating and sharing surplus wealth. By leveraging historical wisdom, fostering global cooperation, and embracing forward-thinking and future-ready strategies, the community can drive economic empowerment and social development, ultimately contributing to a prosperous and inclusive society.

(The author is a senior journalist and the views expressed are personal)

India's bold climate leadership amidst global heatwave concerns

India stands out as a beacon of hope, demonstrating unwavering commitment through innovative climate initiatives and sustainable practices

This year's record spell of an intense heatwave in Delhi, during which temperatures touched 50°C, highlighted concerns over the adverse effects of climate change globally. India remains a beacon of hope through its actions as part of the global efforts to stem climate change. Through myriad initiatives, the country has demonstrated its unwavering commitment to environmental sustainability. India's journey toward climate action began in 2009 when the country voluntarily pledged to reduce the emissions intensity of its GDP by 20-25% by 2020 compared to 2005 levels. Impressively, India achieved a 24% reduction within the stipulated timeframe. In alignment with the Paris Agreement, India submitted its



SOURYABRATA MOHAPATRA

Nationally Determined Contributions (NDCs) to the UNFCCC in 2015, setting forth eight ambitious targets for 2021-2030, further reinforcing its commitment to combating climate change. Tree plantation and forest conservation are at the heart of India's environmental efforts. Through programs like the National Mission for Green India and the Compensatory Afforestation Fund

Management and Planning Authority (CAMPA), India encourages the use of barren land for tree plantations. The country ranks third globally in net forest area gain, with 21.71% of its geographical area covered by forests. Initiatives like the Green Credit Program further incentivize tree plantation and forest restoration. India's commitment to wetland conservation is equally impressive, with 80 designated Ramsar sites. The Mangrove Initiative for Shoreline Habitats and Tangible Incomes (MISHTI) aims to promote and conserve mangroves, which are vital for carbon storage and marine biodiversity. The country has implemented the Plastic Waste Management Amendment Rules, 2021, ban-

ning the use of single-use plastics. Renewable energy is another area in which India excels. The National Green Hydrogen Mission, launched in January 2023, aims to position India as a leader in green hydrogen technology. The country ranks fourth globally in renewable energy capacity. India's environmental initiatives extend beyond its borders. The country plays a pivotal role in global platforms such as the Global Alliance for Circular Economy and Resource Efficiency. India has made notable strides in addressing climate change, earning a commendable 7th place in this year's Climate Change Performance Index (CCPI), up one spot from last year, making it one of the highest performers globally.



India's high ranking in the GHG Emissions and Energy Use categories underscores the country's efforts to manage its environmental impact despite its large population. Notably, India's per capita emissions remain relatively low, aligning with global benchmarks aimed at limiting temperature rise to well below 2°C above the pre-industrial average.

However, the path forward is complex, and critical areas still require focused attention and accelerated action. India continues to rely heavily on coal, oil, and gas to meet its growing energy demands. This dependence is a major contributor to GHG emissions and severe air pollution, especially in urban areas. While there is a slight positive trend in the adoption of renewable energy, the pace of this transition is too slow to meet urgent climate goals.

Despite high marks in emissions and energy use, India receives a medium rating in Climate Policy and Renewable Energy. The country has clear long-term policies focusing on renewable energy, including the domestic manufacturing of renewable energy com-

ponents. Yet, the implementation of these policies needs to be more effective. The COP26 announcement by Prime Minister Modi, setting a net-zero emissions target for 2070, has been criticized by experts for lacking ambition. The call for a faster phase-out of coal, reduced reliance on gas, and a significant expansion of renewable energy is strong.

India's heavy reliance on coal presents a significant challenge. Despite high taxes on petrol and diesel, consumption has not decreased. Some experts view these taxes as effective, while others highlight the government's dependence on the revenue they generate. The rephrasing from 'phase-out' to 'phase-down' for fossil fuels, championed by India

and China at the last COP, was a setback for global climate commitments. Large-scale renewable energy projects in India have also faced criticism for negatively affecting local communities through land grabs and unequal resource distribution. Policies have been largely mitigative rather than transformative, often overlooking adaptation and disaster risk management. There is a growing call for policies that incorporate ecosystem-based solutions and prioritize equity, ensuring that climate actions benefit all segments of society. India needs a more bottom-up approach to policy implementation, incorporating the needs and demands of tribal and rural communities.

(The writer is a NCAER faculty; views are personal)

B'desh top court scales back govt jobs quota

Deadly unrest leaves scores dead

AP ■ DHAKA

Bangladesh's top court on Sunday scaled back a controversial quota system for government job applicants, in a partial victory for student protesters after days of nationwide unrest and deadly clashes between police and demonstrators that have killed scores of people.

Students, frustrated by shortages of good jobs, have been demanding an end to a quota that reserved 30% of government jobs for relatives of veterans who fought in Bangladesh's war of independence in 1971. The government previously halted it in 2018 following mass student protests, but in June, Bangladesh's High Court reinstated the quotas and set off a new round of protests.

Ruling on an appeal, the Supreme Court ordered that the veterans' quota be cut to 5%, with 93% of jobs to be allocated on merit. The remaining 2% will be set aside for members of ethnic minorities and transgender and disabled people. The protests have posed the most serious challenge to Bangladesh's government since Prime Minister Sheikh Hasina won a fourth consecutive term in January elections that were boycotted by the main opposition groups. Universities have been closed, the internet has been shut off and the government has ordered people to stay at home.

The protests turned deadly on Tuesday, a day after students at Dhaka University began clashing with police. Violence continued to escalate as police fired tear gas and rubber bullets and hurled smoke grenades to scatter stone-throwing protesters. Bangladesh authorities haven't shared any official numbers of those killed and injured, but the Daily Prothom Alo newspaper reported



An injured student is carried on a stretcher as students clash with police over the quota system in public service brought to a hospital, in Dhaka, Bangladesh, on Saturday, July 20

Saturday that at least 103 people have died so far. Sporadic clashes in some parts of Dhaka, the capital, were reported on Saturday but it was not immediately clear whether there were any fatalities.

Ahead of the Supreme Court hearing, soldiers patrolled cities across the South Asian country. Home Minister Asaduzzaman Khan said the stay at home order will be relaxed from 3 pm to 5 pm on Sunday for people to run essential errands.

Meanwhile, the government has declared Sunday and Monday as public holidays, with only emergency services allowed to operate.

Protesters argue the quota system is discriminatory and benefits supporters of Hasina, whose Awami League party led the independence movement, saying it should be replaced with a merit-based system. Hasina has defended the quota system, saying that veterans deserve the highest respect for their contributions in the war against Pakistan, regardless of their political affiliation.

Representatives from both sides met late Friday in an attempt to

reach a resolution and Law Minister Anisul Huq said the government was open to discussing their demands. Their demands included the reform of the current quota system, the reopening of student dormitories shut by the police following the clashes and for some university officials to step down after failing to protect campuses from the violence.

The main opposition Bangladesh Nationalist Party has backed the protests, vowing to organize its own demonstrations as many of its supporters have joined the student-led protests. However, BNP said in a statement its followers were not responsible for the violence and denied the ruling party's accusations of using the protests for political gains.

The Awami League and the BNP have often accused each other of fueling political chaos and violence, most recently ahead of the country's national election, which was marred by a crackdown on several opposition figures. Hasina's government had accused the opposition party of attempting to disrupt the vote.

US asks citizens not to travel to Bangladesh

PTI ■ WASHINGTON

The United States has recommended that its citizens do not travel to Bangladesh and allowed the voluntary departure of its non-emergency government employees and family members in view of the ongoing civil unrest in the South Asian country.

The development comes just a day after the US issued a new travel advisory for Bangladesh, urging Americans to reconsider their travel to the strife-torn country.

Authorities in Bangladesh has imposed a strict curfew across the country and military personnel patrolled parts of the capital to quell further violence after days of clashes over the allocation of government jobs left more than 40 people dead and hundreds injured.

The US Department of State raised the Travel Advisory Level for Bangladesh to Level 4 — 'Do Not Travel'.

"Do not travel to Bangladesh due to civil unrest, crime, and terrorism," the State

Department said, adding, "The department allowed for the voluntary departure of non-emergency US government employees and family members."

"The Government of Bangladesh has declared a curfew throughout Bangladesh, ordering everyone to stay indoors. The Bangladeshi Army has been deployed throughout the country to reinforce the police. Telecommunications have been interrupted in Dhaka and across the country. Due to the security situation, there may be a delay in provision of routine consular services," the advisory stated.

The US State Department said crimes such as muggings, burglaries, assaults, and illegal drug trafficking constitute the majority of criminal activity in Bangladesh's major cities, but there are no indications foreigners are being targeted because of their nationality.

These crimes tend to be situational, based on time and location, it said.



In this image made from video released by Xinhua News Agency, rescue workers set up a temporary crossing in the aftermath of floods in Xinhua Village of Hanyuan County, Ya'an City, southwest China's Sichuan Province, July 20

Nepal PM Oli wins vote of confidence in Parliament

PTI ■ KATHMANDU

Nepal's newly appointed Prime Minister KP Sharma Oli comfortably won a vote of confidence in Parliament on Sunday, nearly a week after he was sworn in to lead a coalition government in the Himalayan nation.

Oli secured 188 votes in favour of the Vote of Confidence motion tabled by him while 74 votes were cast against the motion. Out of a total of 263 members of the House of Representatives, who are present, one member abstained.

Oli, 72, required 138 votes out of a total of 275 votes to pass the floor test in the House of Representatives (HoR). Prime Minister Oli has won the vote of confidence in the Lower House, Speaker of the HoR Dev Raj Ghimire announced after the counting of votes. As the Parliament meeting started,

Prime Minister Oli tabled the motion seeking a vote of confidence from the House.

Speaker Ghimire gave around two hours for HoR members and representatives from ruling and Opposition parties to discuss the motion. He then allotted time for the Prime Minister to give his response to the issues raised by HoR members.

The voting process started after the Prime Minister concluded his deliberations.

Responding to issues raised by the HoR members Oli said, "I was not and will not get involved in corruption neither will tolerate if any one practices so." He said that the two larger parties "Nepali Congress and CPN-UML came together to maintain political stability, checking corruption and bring good governance."

"This coalition government will create a reliable eco-system for stability, development and

good governance," asserted Oli. House of Representatives members belonging to the ruling alliance Nepali Congress, CPN-UML, Lokatantrik Samajwadi Party and Janata Samajwadi Party Nepal were among those who voted in favour of Oli's Vote of Confidence motion.

Opposition parties CPN-Maoist Centre, CPN-Unified Socialist, Rashtriya Swatantra Party and Rastriya Prajatantra Party among others voted against Oli during the floor test. The veteran Communist leader was sworn in on Monday as the Himalayan nation's prime minister for the fourth time. He was administered the oath of office and secrecy along with 21 other members of the Cabinet. According to Nepal's Constitution, Oli needed to secure a vote of confidence from Parliament within 30 days of appointment.

SL workers in Bangladesh not affected by violence

Colombo (PTI): The Sri Lankan workers in Bangladesh have not been affected by the civil commotion in the country, authorities here said on Sunday. It is estimated that around 3,000 Sri Lankans are serving in Bangladesh currently. Their situation is being closely monitored by the Foreign Employment Bureau. Bangladesh has been reeling over 90 people have been killed in the clashes that began weeks ago, according to reports from Dhaka, though the exact number of deaths is not yet clear. Law enforcement authorities in Bangladesh have imposed a nationwide curfew as the clashes between protesters demanding withdrawal of a job quota system and police continued across the country. Meanwhile, the MFA has said that it is paying special attention to the safety of Sri Lankan students in Bangladesh universities, Newsfirst reported.

S Korea boosts border propaganda broadcasts

North Korea flies more trash balloons

AP ■ SEOUL

South Korea said on Sunday it was bolstering its anti-Pyongyang propaganda broadcasts across the tense border with rival North Korea, after the North launched more trash-carrying balloons toward South Korea.

The Cold War-style psychological battle between the two Koreas is adding to already-high tensions on the Korean Peninsula, with the rivals threatening stronger steps against each other and warning of devastating consequences.

South Korea's Joint Chiefs of Staff said the North Korean balloons were flying Sunday morning north of Seoul, the South Korean capital, after crossing the border. It said later Sunday that the South Korean military was responding by expanding loudspeaker broadcasts at all major sections of the Korea's 248-kilometre-long border.

"The North Korean military's

tension-escalating acts can result in causing critical consequences for it," the South Korean Joint Chiefs of Staff said in a statement. "The responsibility for this situation is entirely on North Korea's government."

Details of the expansion of South Korea's loudspeaker operations were not immediately available. On Thursday, it resumed blasting frontline propaganda broadcasts for the first time in about 40 days in response to the North's previous balloon activities. But observers say South Korea hadn't been conducting the broadcasts around the clock and it also hadn't yet mobilised all of its loudspeakers.

The latest South Korean broadcasts included K-pop songs and news on BTS member Jim's torch-bearing ahead of the Paris Olympics and the recent defection of a senior North Korean diplomat. The broadcasts also called the mine-planting works by North Korea soldiers at the border

"hellish, slave-like lives," according to South Korean media.

Experts say South Korean propaganda broadcasts can demoralise frontline North Korean troops and residents, posing a blow to the North's efforts to limit access to outside news for its 26 million people.

South Korean officials have previously said broadcasts from their loudspeakers can travel about 10 kilometres during the day and 24 kilometres at night.

North Korea hasn't made an official response to the ongoing South Korean broadcasts. But in 2015, North Korea fired artillery rounds across the border in response to South Korea's first loudspeaker broadcasts in 11 years, prompting the South to return fire, according to South Korean officials. No casualties were reported.

The North's latest balloon-flying on Sunday is the ninth of its kind since late May. North Korea has floated more than

2,000 balloons to drop waste paper, scraps of cloth, cigarette butts, waste batteries and even manure on South Korea, though they have so far caused no major damage in South Korea.

North Korea has said the initial balloons were launched in response to South Korean activists sending political leaflets to the North via their own balloons.

Like South Korean frontline broadcasts, North Korea views the South's civilian leafletting activities as a major threat to its authoritarian government led by Kim Jong Un. In furious responses to past South Korean leafletting, North Korea destroyed an empty South Korean-built liaison office in its territory in 2020 and fired at incoming balloons in 2014.

In a statement last week, Kim's powerful younger sister, Kim Yo Jong, threatened new countermeasures against South Korean civilian leafletting as she warned that South Korean "scum" must be ready to pay "a

gruesome and dear price" over their actions. She said more South Korean leaflets had been found in North Korea.

That raised concerns North Korea could stage physical provocations, rather than balloon launches. South Korea's military said North Korea may fire at balloons or scatter mines downriver.

In early June, South Korea suspended a 2018 tension-reduction deal with North Korea, a step required for it to restart propaganda broadcasts and conduct live-fire military drills at border areas in response to the North's balloon campaigns.

Tensions on the Korean Peninsula have already been running high because of North Korea's provocative run of missile tests and the expansion of US-South Korean military drills that North Korea calls invasion rehearsals. Experts say North Korea's expanding ties with Russia could embolden Kim Jong Un to stage bigger provocations.

Pakistan condemns attack on consulate in German city Frankfurt

PTI ■ ISLAMABAD

Pakistan on Sunday condemned the attack on its consulate in the German city of Frankfurt along with the failure of German authorities to protect the diplomatic facility.

In the incident which occurred on Saturday, "the security of Pakistan's consulate in Frankfurt was breached, endangering the lives of its consular staff", the Foreign Office said without identifying the nationality of the attackers. "Pakistan strongly condemns yesterday's attack by a gang of extremists in its consulate in Frankfurt, Germany and the failure of the German authorities to protect the sanctity and security of the premises of its consular Mission," it said.

Under the Vienna Convention on Consular Relations, 1963, it is the responsibility of the host government to protect the sanctity of the consular premises and ensure the security of diplomats, it said.

"We are conveying our strong protest to the German government. We urge the German government to take immediate measures to fulfill its responsibilities under the Vienna Conventions and ensure the security of the diplomatic missions and staff of Pakistan in Germany," it said.

Pakistan also asked the German authorities to take immediate measures to arrest and prosecute those involved in the incident and hold to account those responsible for the lapses in security. Media reports indicated that the attack occurred during a protest by Afghan citizens and videos circulating on social media show the protesters storming the consulate, throwing stones, and removing the Pakistani flag. The attackers also attempted to burn the flag. According to details, 8 to 10 Afghan nationals were involved in storming the Pakistani consulate and fled after taking down the Pakistani flag. So far, no arrest has been made.

Russia scrambled fighter jets to intercept US bomber planes over Barents Sea

AP ■ MOSCOW

Russia said Sunday it scrambled fighter jets to intercept two US military long-range bomber aircraft that approached the Russian border over the Barents Sea in the Arctic. "The crews of the Russian fighters identified the aerial target as a pair of US Air Force B-52H strategic bombers," Moscow's defence ministry wrote on the social media platform Telegram, specifying that the planes scrambled were MiG-29 and MiG-31 fighters.

"As the Russian fighters approached, the US strategic bombers turned away from the State Border of the Russian Federation," the ministry said. The US routinely carries out flights over international waters. Moscow has recently responded more aggressively to the exercises, accusing the US

in June of using its reconnaissance drone flights over neutral waters in the Black Sea to help Ukraine strike Russian-occupied Crimea.

Last month, Moscow warned of a "direct confrontation" between Russia and NATO, and Russia's defence minister ordered officials to prepare a "response" to US drone flights over the Black Sea, in an apparent warning it may take forceful action to ward off the American reconnaissance aircraft.

Washington and Moscow have clashed before over the issue. In March 2023, a Russian Su-27 fighter jet dragged a US MQ-9 Reaper drone, causing it to crash into the Black Sea. It was the first direct clash between Russian and US forces since the Cold War.

A repeat of such a confrontation could further fuel tensions over the war in Ukraine.

Meditation can even worsen mental health problems

Coventry (England): Since mindfulness it's something you can practice at home for free, it often sounds like the perfect tonic for stress and mental health issues. Mindfulness is a type of Buddhist-based meditation in which you focus on being aware of what you're sensing, thinking and feeling in the present moment.

The first recorded evidence for this, found in India, is over 1,500 years old. The Dharmatrata Meditation Scripture, written by a community of Buddhists, describes various practices and includes reports of symptoms of depression and anxiety that can occur after meditation. It also details cognitive anomalies associated with episodes of psychosis, dissociation and depersonalisation (when people feel the world is "unreal").

In the past eight years there has been a surge of scientific research in this area. These studies show that adverse effects are not rare. A 2022 study, using a sample of 953 people in the

US who meditated regularly, showed that over 10% of participants experienced adverse effects which had a significant negative impact on their everyday life and lasted for at least one month.

According to a review of over 40 years of research that was published in 2020, the most common adverse effects are anxiety and depression. These are followed by psychotic or delusional symptoms, dissociation or depersonalisation, and fear or terror.

Research also found that adverse effects can happen to people without previous mental health problems, to those who have only had a moderate exposure to meditation and they can lead to long-lasting symptoms.

The western world has also had evidence about these adverse affects for a long time. In 1976, Arnold Lazarus, a key figure in the cognitive-behavioural science movement, said that meditation, when used indiscriminately, could induce "serious

psychiatric problems such as depression, agitation, and even schizophrenic decompensation". There is evidence that mindfulness can benefit people's well-being. The problem is that mindfulness coaches, videos, apps and books rarely warn people about the potential adverse effects.

Professor of management and ordained Buddhist teacher Ronald Purser wrote in his 2023 book *McMindfulness* that mindfulness has become a kind of "capitalist spirituality". In the US alone, meditation is worth US\$2.2 billion (£1.7 billion). And the senior figures in the mindfulness industry should be aware of the problems with meditation.

Jon Kabat-Zinn, a key figure behind the mindfulness movement, admitted in a 2017 interview with the Guardian that "90% of the research [into the positive impacts] is subpar".

In his foreword to the 2015 UK Mindfulness All-Party Parliamentary Report, Jon Kabat-Zinn suggests that

mindfulness meditation can eventually transform "who we are as human beings and individual citizens, as communities and societies, as nations, and as a species".

This religious-like enthusiasm for the power of mindfulness to change not only individual people but the course of humanity is common among advocates. Even many atheists and agnostics who practice mindfulness believe that this practice has the power to increase peace and compassion in the world.

Media discussion of mindfulness has also been somewhat imbalanced. In 2015, my book with clinical psychologist Catherine Wikholm, *Buddha Pill*, included a chapter summarising the research on meditation adverse effects. It was widely disseminated by the media, including a New Scientist article, and a BBC Radio 4 documentary.

But there was little media coverage in 2022 of the most expensive study in the history

of meditation science (over US\$8 million funded by research charity the Wellcome Trust). The study tested more than 8,000 children (aged 11-14) across 84 schools in the UK from 2016 to 2018. Its results showed that mindfulness failed to improve the mental wellbeing of children compared to a control group, and may even have had detrimental effects on those who were at risk of mental health problems.

Is it ethical to sell mindfulness apps, teach people meditation classes, or even use mindfulness in clinical practice without mentioning its adverse effects? Given the evidence of how varied and common these effects are, the answer should be no.

However, many meditation and mindfulness instructors believe that these practices can only do good and don't know about the potential for adverse effects. The most common account I hear from people who have suffered adverse meditation effects is that the teachers don't believe

them. They're usually told to just keep meditating and it will go away.

Research about how to safely practice meditation has only recently begun, which means there isn't yet clear advice to give people. There is a wider problem in that meditation deals with unusual states of consciousness and we don't have psychological theories of mind to help us understand these states.

But there are resources people can use to learn about these adverse effects. These include websites produced by meditators who experienced serious adverse effects and academic handbooks with dedicated sections to this topic. In the US there is a clinical service dedicated to people who have experienced acute and long term problems, led by a mindfulness researcher. For now, if meditation is to be used as a wellbeing or therapeutic tool, the public needs to be informed about its potential for harm. (The Conversation)

Sitharaman set to make history with 7th consecutive Budget

PTI ■ NEW DELHI

Finance Minister Nirmala Sitharaman is set to create history when she presents her seventh straight Budget on Tuesday for the fiscal 2024-25, surpassing the record of former prime minister Morarji Desai. Sitharaman, who will turn 65 next month, was in 2019 appointed as India's first full-time woman finance minister when Prime Minister Narendra Modi won a decisive second term. Since then, she has presented six straight budgets, including an interim one in February this year. The full Budget for the 2024-25 fiscal (April 2024 to March 2025) will be her seventh straight. She will better Desai's record, who presented consecutive five full budgets and one interim budget between 1959 to 1964.

This year will witness two budgets - an interim one in February and a full one this month. This is because an incumbent government cannot present a full Budget just before general elections. The presentation on July 23 will be the first Budget by the BJP-led NDA government since it was re-elected last month. Here are some facts related to Budget presentation in Independent India: **FIRST BUDGET:** The first-ever Union Budget of independent India was presented on November 26, 1947, by the nation's first finance minister RK Shanmukham Chetty. **MOST NUMBER OF BUDGETS:** Former Prime Minister Morarji Desai holds the record for presenting the most budgets. He has presented a total of 10 budgets during his tenure as finance minister under Prime Minister Jawaharlal Nehru



and later under Prime Minister Lal Bahadur Shastri. He presented his first budget on February 28, 1959, and presented full budgets in the following two years before presenting an interim one in 1962. This was followed by two full budgets. After four years, he presented another interim budget in 1967, followed by three full budgets in 1967, 1968, and 1969, presenting a total of 10 budgets. **SECOND HIGHEST NUMBER OF BUDGET:** Former finance minister P

Chidambaram presented the budget on nine occasions. He first presented the Budget on March 19, 1996, during the United Front government led by Prime Minister HD Deve Gowda. He presented another budget under the same government next year and returned to the hot seat when the Congress-led UPA came to power in 2014. He presented five budgets between 2004 and 2008. After a stint as Union Home Minister, he was back in the finance ministry and presented budgets in 2013 and 2014. **THIRD HIGHEST NUMBER OF BUDGETS:** Pranab Mukherjee presented eight budgets during his tenure as finance minister. He presented budgets in 1982, 1983 and 1984 and five straight ones between February 2009 and March 2012 in the Congress-led UPA government.

MANMOHAN SINGH: Former Prime Minister Manmohan Singh presented five straight budgets between 1991 and 1995 when he was finance minister in the P V Narasimha Rao government. **LONGEST BUDGET SPEECH:** Sitharaman holds the record for the longest budget speech when her presentation on February 1, 2020, lasted two hours and 40 minutes. At the time, she cut short her speech with two pages still remaining. **SHORTEST BUDGET SPEECH:** Hirubhai Mulljibhai Patel's interim Budget speech in 1977 is so far the shortest at just 800 words. **TIMING:** The Budget was traditionally presented on the last day of February at 5 pm. The timing followed a colonial era practice when the announcements could be made in London and India at the same time. India is 4 hours and 30 minutes ahead

of the British Summer Time, and so presenting the budget at 5 pm in India ensured that it was happening in the daytime in the United Kingdom. The timing was changed in 1999 when the then finance minister Yashwant Singh in the Atal Bihari Vajpayee government presented the budget at 11 am. Since then budgets are presented at 11 am. **DATE:** The Budget presentation date was in 2017 changed to the 1st of February to allow the government to complete the Parliamentary approval process by March-end and allow implementation of the Budget from the start of the fiscal on April 1. Presenting the Budget on February 29 meant that the implementation could not start before May/June after accounting for 2-3 months of the parliamentary approval process.

Assocham: Affordable housing, infra growth, boost to manufacturing likely to be Budget focus

PTI ■ NEW DELHI

Greater focus on green mobility, affordable housing, holistic infrastructure development and a big push to manufacturing, along with boosting consumption demand, are expected to find prominence in the forthcoming Union Budget, said an Assocham-Primus paper. Finance Minister Nirmala Sitharaman will present the Union Budget on Tuesday in Parliament. Highlighting that the first Budget of the Narendra Modi 3.0 government will also include a long-term blueprint for making India a developed nation by 2047, the paper listed areas that would require the government's greater attention and priorities for realising the national goals. "While the Budget would attend to the immediate requirements of boosting consumption, investment and augmenting the supply side of the economy, it is also expected to lay a roadmap for the bigger goal of scaling up national income to a level of developed nations," said



Assocham President Sanjay Nayar. He further said the government has the fiscal space to spend on capex but recycling the funds from monetisable operating assets would be strategically a better strategy to manage it even better. The Assocham-Primus paper said the wheels of the Indian economy will increasingly run on green fuel. The directional shift is gathering pace across different levels. It expects the launch of PMAY 2.0, incorporating components like Affordable

and CEO, Primus Partners said to achieve the vision of Viksit Bharat, the government needs to prioritise and enable a shift from agriculture to manufacturing to provide a pathway for employment. "Support for core engineering-led manufacturing (that would provide jobs), supporting clusters for strengthening MSMEs and supporting/creating new clusters like EV, electronics and aircraft manufacturing is critical. This needs to be done while advancing towards net-zero energy," he said. The paper also stressed the need for a national agriculture infrastructure mission with a focus on improving logistics like cold storage, processing units, and packaging facilities to reduce post-harvest losses and ensure better price realisation for farmers. Promotion of sustainable and climate resilient agriculture will be a road map for de-carbonisation in agriculture for the next 10 years and help India meet its net-zero commitment by 2070, the paper said.

Housing in Partnership (AHP) and Beneficiary Led Construction (BLC) to tailor housing solutions to financial capabilities of large sections of the population. "India Inc is expecting a major thrust in the forthcoming Budget on consumer demand, especially among the middle-class people, while reforms-friendly policies will continue more vigorously with several investment-oriented and Ease of Doing Business measures," said Assocham Secretary General Deepak Sood. Nilaya Varma, co-founder

Hero MotoCorp plans to roll out affordable EVs this fiscal

PTI ■ NEW DELHI

Eyeing leadership in the electric two-wheeler segment, Hero MotoCorp is looking to roll out affordable models in the current fiscal, according to CEO Niranjan Gupta. The country's largest two-wheeler maker is also hopeful of the debut of its electric range in the international markets. Addressing shareholders in the company's Annual Report for 2023-24, Gupta said the two-wheeler major has a roadmap to scale its electric vehicle business rapidly. "We want to build leadership in EV, and in order to do that, we will be creating a very powerful EV product portfolio, augmenting the VIDA V1 Pro that we have today," he noted. The company will be launching products in the mid-and affordable segments this fiscal, Gupta said. Hero MotoCorp's VIDA electric scooter range is priced between Rs 1-1.5 lakh, including state subsidies. Hero MotoCorp Executive Chairman Pawan Munjal said



together with Ather Energy, VIDA has established India's largest public-charging infrastructure for two-wheeler EVs. Additionally, the partnership with Zero Motorcycle will facilitate the development of new EV motorcycles targeted at a distinct customer segment, thereby expanding the overall market size, he added. "I am particularly pleased to witness VIDA V1's rise as one of the leading electric scooters in India, and I anticipate its future launch in global markets, where it is poised to become a significant player as well," Munjal noted. Hero MotoCorp has already expanded the presence of its EV scooter VIDA from three to over 100 cities.

"There is path-breaking innovation underway at our state-of-the-art R&D Centres at CIT Jaipur and Tech Centre Germany to create a winning portfolio in all segments," Gupta informed shareholders. The company also plans to drive more premium products and scale up the international, accessories and merchandise businesses, he stated. Gupta noted that while the company has a huge scale in the domestic market, it has also embarked on a similar journey to scale up its global business with a single-minded focus on the top ten PTmarkets. "Additionally, we are tapping into opportunities to scale up our accessories and

merchandise business," Gupta stated. On premium products, he noted that last year the company launched a series of premium products, boosting the portfolio. "We will continue to launch more premium products in the coming years," he said, outlining the company's focus on speed, scale, synergy, and simplification. "Our premium portfolio across ICE and EV will grow exponentially, with a line-up that is committed to innovation," Gupta said. He noted that the company enjoys a significant scale advantage. With a customer base of 116 million, over 7,500 distribution points, a supply chain capacity of 10 million units, a presence in around 50 global markets, and a workforce of more than 25,000 employees, the two-wheeler major's scale is unparalleled, he said. "Leveraging this scale is key to success in everything that we do. We are adopting this scale Mantra in every decision we make; our strategy is to put our might behind products and projects that can be scaled up faster," Gupta said.

Airbus shortlists 8 sites for H125 helicopter final Assembly line in India

PTI ■ MARIIGNANE (FRANCE)

European major Airbus has shortlisted eight sites in India for setting up its final assembly line for H125 helicopters and the ground-breaking ceremony for the facility is expected later this year. The facility, which will be the fourth Final Assembly Line (FAL) for the single engine H125, will initially produce up to 10 helicopters annually and the capacity will be ramped up depending on the market demand, Airbus officials said. "India is the market of the future for helicopters... At present, the market is extremely embryonic, it is very small compared to what the potential could be," Olivier Michalon, Executive Vice President Global Business of Airbus Helicopters, said. The ground breaking ceremony for the FAL is expected in October or November this year and the facility will be operational in



2026 and the delivery is anticipated to start towards the end of 2026. "We have identified eight sites which we are currently assessing. We are still in the final assessment stage. We should be in a position to announce it shortly. "We want to be attractive and in an ecosystem that is best suited for industrial activities, logistics, employees and of course, regulations," Michalon said at a briefing at Marignane earlier this week. Marignane is the headquarters of Airbus Helicopters. For Airbus, H125 is the most-

sold helicopter in India as well as the South Asia region. Airbus has projected the demand for H125 helicopters in India and neighbouring countries at 500 over the next 20 years. "We are targeting 10 helicopters per year and as the demand picks up we can ramp up," Head of Airbus Helicopters in India and South Asia Sunny Guglani said at the briefing. Michalon stressed that 10 might not sound like a lot and it could be 20, 30, or 50 in some years, depending on the market demand.

Robust policy needed for sustainable growth in oilseed cultivation: NITI Ayog member

PIONEER NEWS SERVICE ■ NEW DELHI

Emphasising the potential of fallow lands in Eastern India for oilseed cultivation, despite challenges such as the GM mustard case and fluctuating global prices, NITI Aayog member Prof. Ramesh Chand has favoured a robust policy framework to support sustainable sectoral growth. He was sharing his views at the IVPA Global Round Table Conference @3.0 on Theme "Veg Oils Vision 2030: Opportunity and Challenges". The event witnessed the participation of about 500 delegates from across the globe serves as an important forum for addressing the complex challenges and exploring the vast opportunities within the vegetable oil industry by providing a platform for an open exchange of ideas.



Among those who attended the conference were Minister of Plantation and Commodities, Malaysia, Dr. Ir. Kasan, MM, the Head of Trade Policy Agency of the Ministry of Trade Republic of Indonesia, Kevin Roepke, Regional Director South Asia, USSEC and Mariano Beheran, Agriculture Attache of Argentina. Minister of Plantation & Commodities, Malaysia, Datuk Seri Johari bin Abdul Ghani reiterated his country's commitment to sustainable palm oil production and its role in fostering economic ties with India beyond palm oil. This commitment aligns with environmental responsibility and meeting global demands, he said.

GCPL invests over ₹1,000 crore on advertising in FY24

PTI ■ NEW DELHI

FMCG major Godrej Consumer's advertising investment shot up by 47 per cent to Rs 1,011 crore in FY24 in the domestic market, even as it has reduced SKUs by around 30 per cent through a rationalisation process. Godrej Consumer Products Ltd (GCPL), which aims for double-digit volume growth, is spending more on brands, automation and SKU rationalisation with a "keen focus on simplification", according to the latest annual report of the company. "In line with our strategy of category development, we have made significant investments in advertising. We were the fifth largest advertiser in India in 2023, from being number 17 in 2021. We are adding to this with investments in distribution." GCPL Managing Director and CEO Sudhir Sitapati said. GCPL's spending on "Advertising and Publicity" was Rs 1,011 crore for the financial year ended March 2024. This was 47 per cent higher than Rs 687.34 crore a year before.



In India, we are now spending over Rs 1,000 crore in advertising, from Rs 350-400 crore a few years ago, a significant increase. We realised that our categories were being run differently across the world, advertising agencies were different, production was being done differently," he said. The company owns popular brands like Cinthol, Godrej No 1, HITS and Good Knight. "From multiple agencies, we moved to a single agency, which is our in-house agency, the LightBox," Sitapati said, adding that "from multiple

executions, we are moving to a single execution, shooting differently in the same location with different models for different countries". This is a "very efficient process" in the context of advertising increase and resulted in savings of 40 bps, he noted. On a consolidated basis, including foreign markets like Indonesia, Africa, the US, and some other markets, GCPL spent Rs 1,336.12 crore on advertising and publicity. Besides, Sitapati said, "We have reduced our SKUs overall by roughly 30 per cent". Raymond Consumer Care, which it acquired in April last year from the Singhania family with brands like Park Avenue and KamaSutra, has reduced 550 SKUs to just 100, he said. "On people, we also reduced the number of managers overall by creating larger, richer roles and introducing more modern tools. So, we have actually physically reduced in size despite our growth," he said. GCPL, as per the strategy, has prioritised resource optimisation and operational efficiency through a stock-keeping unit (SKU) rationalisation strategy across

AMD leverages AI to shape next-gen computing experience

PTI ■ LOS ANGELES

Chip maker AMD is looking to position itself as a key player in AI-enhanced personal computers (AIPCs) through strategic innovations on the hardware side to cater to powerful new-age applications, a top company official said. It is taking a holistic approach by integrating technology across CPUs, GPUs, and NPUs, creating a strong ecosystem that supports the development of powerful AI

applications. This broad approach allows AMD to serve various markets, from high-performance gaming systems to lightweight laptops, all enhanced with AI capabilities, said John Anguiano, Senior Director, Product Marketing at AMD. The California-based company has unveiled its latest lineup of Ryzen Series of mobile and desktop processors, strengthening its play in computing and Artificial Intelligence (AI) technology at its Tech Day

event here. AMD, which competes with heavyweights like Intel, Apple, and Qualcomm, is trying to establish itself as a key player in the growing field of AI-enhanced personal computers (AIPCs) for laptops and desktops. "The promise of AI generally, and across AMD, holistically, is bigger than just a technology story. It is about improving how we live and work, making us more productive and helping everyone focus on their

strengths," said Anguiano. By optimising these processors for AI, AMD is not only enhancing performance but also ensuring that its devices can handle future technological demands, he added. "AMD is integrating technology across CPUs, GPUs, and NPUs, creating a strong ecosystem that supports the development of powerful AI applications. This broad approach allows AMD to serve various markets, from high-performance gaming

systems to lightweight laptops, all enhanced with AI capabilities," Anguiano said. When asked about the impact of AI PC, he replied that it will help in productivity improvements by helping people and emerging economies, such as India, which are "trying to magnify strength". This focus is crucial for places like India, where fast adoption of new technologies can significantly boost economic growth and improve quality of life, Anguiano noted.



THE TUNING FORK



CV Srikanth

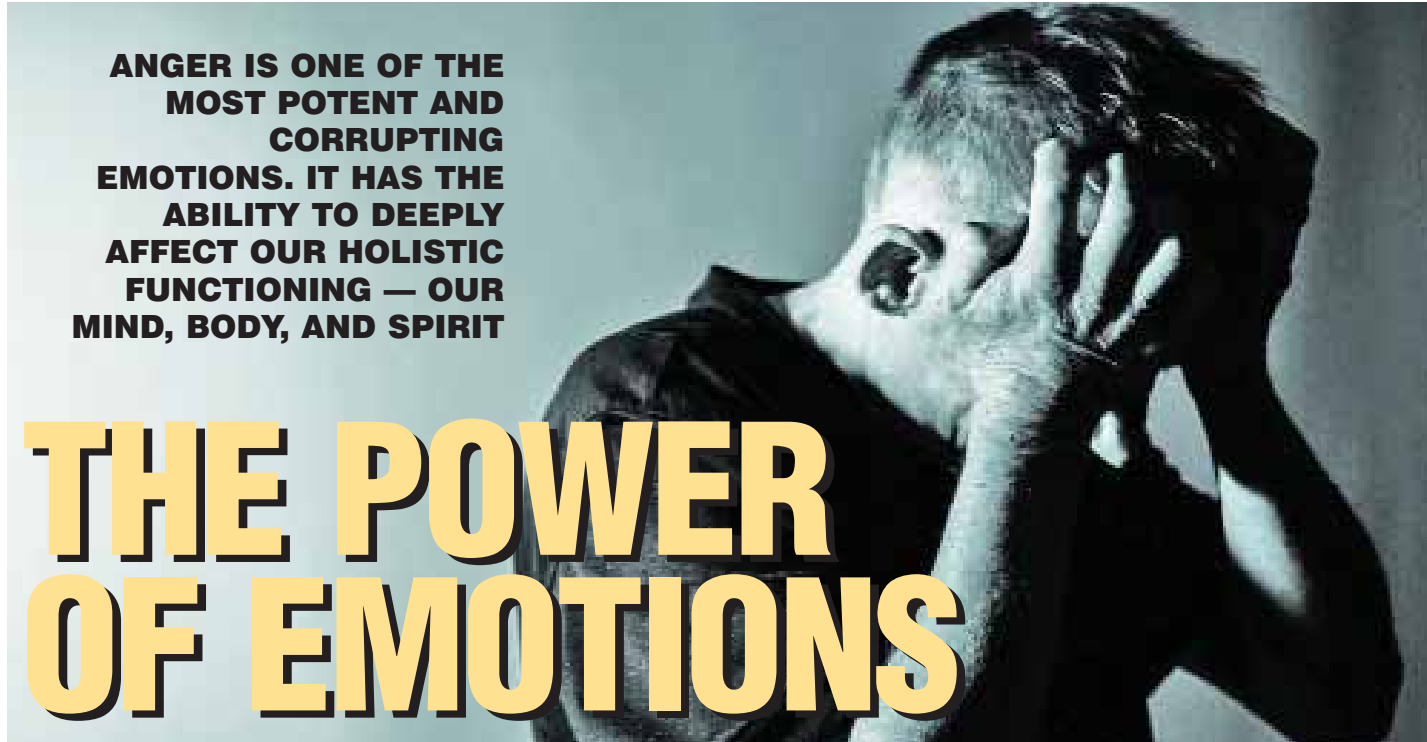
Anger, as a natural emotion, has both constructive and destructive potential. When managed effectively, it can be a source of creativity and energy. However, when it controls us, it becomes a force of destruction, undermining our inner peace and well-being

On a cool, calm morning, I was driving peacefully until the incessant honking of horns intruded upon my tranquility. Initially, I tried to ignore it, but as the noise persisted, it began to unsettle me. Before long, my serenity was disrupted, and I found myself braking sharply. In that moment, I compromised my senses and my peace.

In contrast, had I shifted my focus to the music playing in my car and allowed myself to let go of the irritation, my experience would have been different. By choosing to concentrate on something positive, I could have maintained control over my emotions and preserved my peace of mind. This shift in focus illustrates how our unconscious consent to allow our emotions to affect us can either corrupt or preserve our sense of well-being.

Anger is one of the most potent and corrupting emotions. It has the ability to deeply affect our holistic functioning — our mind, body, and spirit. This emotion often arises from various triggers and can develop over time if left unattended. Although the onset of anger might seem sudden, it is rarely a binary phenomenon; there are numerous nuances involved.

Broadly speaking, anger can arise from various primary causes. Personal loss or a feeling of being shortchanged often triggers it, as does a perceived lack of control. Sometimes, anger stems from a disconnect from reality or denial, while inflexibility and a lack of acceptance can also contribute. Expectations and issues of



reciprocity, along with a sense of entitlement, play a role as well. Fear or insecurity, ingratitude, and a distorted view of needs further fuel anger. Additionally, ego and genetic predispositions can influence how and why we experience this powerful emotion. Interestingly, anger is frequently a byproduct of fear, uncertainty, and a desire for control—elements perceived by our mind as obstacles to fulfilling our desires. Most instances of anger arise from inappropriate attitudes and a lack of acceptance.

The neurological response to anger lasts only a few seconds. However, the real issue lies in holding on to this anger, which

disrupts the natural flow of the universe and corrupts our sensory and cognitive faculties. This prolonged anger can distort our self-perception and the way we view situations, ultimately making us vulnerable.

THE PROGRESSION OF ANGER CAN BE DESCRIBED IN FOUR STAGES:

UTTAMA: The initial feeling experienced in moments.

MADHAYAMA: When the feeling is held onto and becomes an emotion, lasting minutes.

ADHAMA: When this emotion develops into a condition, persisting for hours.

PAPI: The condition can evolve into what medical science terms

as "Intermittent Explosive Disorder," resulting in long-term psychological distortions requiring intervention.

Repeated episodes of anger alter the brain's cell structure, leading to irreversible changes. This transformation begins with thoughts, actions, and attitudes and eventually creates a new, distorted version of oneself. The real "you" is inherently compassionate, kind, and accepting, but anger veils this true nature.

The Bhagavad Gita succinctly captures this process: desire and attachment lead to anger, which clouds judgment, impairs discernment, and disrupts

thought processes. Similarly, the Mahabharata's "Yaksha Prashna" highlights anger as an invincible enemy and emphasizes the importance of renouncing greed, anger, and falsehood to attain peace.

Anger can have cascading effects across various aspects of life, akin to the "Chaos Theory" or "Butterfly Effect," where small disturbances can lead to significant, uncontrollable outcomes. This demonstrates the critical need to manage rather than control emotions.

Managing anger effectively involves embracing a flexible approach to life. This means letting go of rigid control and

recognizing the limits of what you can and cannot control. Trusting that things happen for a reason and responding with gratitude can help maintain a positive perspective. It's important to recognize that you are shaped by your actions, thoughts, and the company you keep, and to observe your anger without becoming entangled in it. Embracing the universe's inherent imperfections and understanding that everyone is unique helps avoid setting unrealistic standards for others. Cultivating respect and dignity for yourself first, then extending these qualities to others, is crucial. Being mindful, choosing your battles wisely, and focusing on what is pleasant and fulfilling can lead to better emotional management. Additionally, keeping expectations realistic and focusing on self-improvement rather than trying to correct the world are key to managing anger effectively.

Anger, as a natural emotion, has both constructive and destructive potential. When managed effectively, it can be a source of creativity and energy. However, when it controls us, it becomes a force of destruction, undermining our inner peace and well-being.

— The writer is a versatile professional, he excels in several roles including Mentor Life Coach, Corporate Coach, and Spiritual Intelligence Coach. He also specializes in CXO coaching, spiritual counseling, and motivational speaking. He holds certification from the International Coaching Federation (ICF) and is a graduate of Dale Carnegie's T3 program

HOW TO TWEAK LIQUOR OUTLETS' CLOSING TIME TO CURB BINGE DRINKING?

This article aims to explore a relationship between the closing time of liquor outlets and binge drinking behavior, hints at how the relationship functions as a socially sanctioned dark pattern, and suggests a design intervention to reduce the effect.



MOHAMMED SHAHID ABDULLA



MANOSHU BANERJEE

Binge drinking, a preventable public health problem by the US Centers for Disease Control and Prevention (CDC), refers to the consumption of an excessive amount of alcohol in a short time. The US National Institute on Alcohol Abuse and Alcoholism quantifies the pattern as four and five or more drinks - each standard drink is defined as containing 14 grams of pure alcohol - in about two hours for women and men, respectively. Though binge drinkers are not dependent on alcohol, the practice is harmful in its being associated with outcomes like vehicle crashes, intimate partner violence, sexual abuse, besides heart and liver disease, among others. The newest recommendations from Canada's healthcare regulator permit no more than two drinks per week - thus ruling out the office worker's weekly binge drink. In 2019, the economic burden of alcohol, on India, due to illness and productivity loss was estimated at 1.5% of GDP per year, right until 2050. As per India's National Family Health Survey 5 (NFHS-5) conducted between 2019 and 2021, alcohol consumption of men aged between 15-54 years declined by 6.1% compared to NFHS-4 in 2015-16, and that of women in the same age bracket stayed put. However, the sales of alcoholic beverages in India have grown sharply, leading many to believe that

problem and binge drinkers are consuming more than ever. Even in states like Bihar, where alcohol is prohibited by law, drinking is rampant. Gujarat, a state that has been dry since its establishment in 1960, recently granted liquor licenses in GIFT City to attract financial sector establishments. Several agencies, like the WHO and the US CDC, recommend regulating the days and hours of retail alcohol sales to reduce the harmful use of alcohol. The relationship between the closing time of liquor outlets and alcohol use, or its consequences, has been observed and documented across geographies. In Norway, an increase of an hour in bar closing was seen to increase violent crime by 16%. Alcohol bought from packaged liquor outlets during the COVID-19 lockdowns is now suspected to be the reason behind a fifth of the UK population staring at the risk of alcohol dependency. But, it is also the case that restrictions do not necessarily work. In Russia, truncated trading hours led to decreased consumption of factory-made vodka and its partial substitution by samagon (homemade vodka) by the people most exposed to the curbs. In India, the motives behind changing liquor sales hours can be quite unrelated to the risk of crime or alcohol dependence. Governments in Delhi or Uttar Pradesh, among others, have often extended sale timings for reasons ranging from helping retailers make up for



business lost during COVID-19 to entertaining foreign tourists. We take a look at liquor store closing times through a behavioral lens and see how they can be tweaked (as opposed to imposed) more successfully. To simplify the problem, we will confine the discussion to a) liquor outlets selling alcohol to binge drinkers and b) only for takeaway. Liquor outlets usually get a rush of buyers very near closing time. Perhaps the most notable example of this pattern of alcohol consumption, dubbed the 'Six o'clock Swill', is from the early 20th century when New Zealand and Australia shut their bars at 6 pm causing drinkers who finished work at 5 pm to rush and get drunk in the remaining hour. This influence has been linked intergenerationally to high per-capita alcohol consumption in these countries even to this day. The same phenomenon manifests on an extended time scale too, notice buyers in India rushing to liquor outlets before a spell of dry

days, or before the 1st of a month, to stockpile booze. We propose here that a drinking-hoarding-decisioning triad builds up to the closing time. A key motivation for bingeing is to reduce stress. Over multiple episodes of drinking, more quantities of alcohol are needed to produce the same amount of relief from stress. This is the reason why an otherwise light or moderate drinker might also graduate to binge drinking, as a recent study found. Binge and problem drinkers tend to underestimate their perceived level of inebriation too. Hence the propensity to hoard in order to drink to the point of sufficiency, as self-assessed under the effect of inebriation. Note here that sustained binge drinking is known to cause AUD and that alcohol affects right-brain functions, like emotions, highly. The legal blood alcohol content (BAC) limit varies with jurisdiction and type of activity. Persons with BAC in the range of 0.03-0.05% (in India) or 0.03-0.08% (in

most of the US) can drive to a liquor store, even though above the minimum-measurable 0.03% they are considered inebriated and would therefore 'buying under the influence'. For illustration, if a 70 kg man has two drinks over an hour, say 9.30 PM-10.30 PM, he is likely to have a BAC of 0.04%, which still permits him to drive and make liquor purchases while inebriated, to reach the binge-drinking limit eventually. Under this reduced cognitive capacity, not all information can be attended to, hence a drinker makes decisions using only the most salient cues in their environment - a condition called alcohol myopia. We contend that the closing time of a liquor outlet is a powerful salient cue. Salient cues may either be inhibiting (There's little chance I'll get alcohol since it is nearing 11 pm - but I'll reach the store if I drive fast) or impelling (It's only 10 pm now. I can comfortably reach the store by 11 pm). It would be desirable if impelling cues outweighed

inhibiting ones, persuading the drinker to drive to the store well in advance. On the contrary, recent research shows that riskier behavior is observed when choices are framed as losses (as in one possible outcome of the inhibiting cue above) as compared to gains in personal safety (as in the impelling cue above). This is called a framing effect and is enhanced by any time constraints that may be part of the cue (here it is 11 pm). Research also finds that binge drinkers prioritize alcohol-related cues or stimuli over others, demonstrating attention bias while making decisions due to a high level of craving. This brings up another facet through which the current, typical, 11 pm closing time should be viewed. In November 2023, the Indian government issued guidelines for preventing and regulating dark patterns, mostly in the e-commerce sector. Dark patterns are defined as practices "designed to mislead or trick users to do

something they originally did not intend or want to do, by subverting or impairing consumer autonomy, decision making or choice." There is an unsettling similarity between an e-commerce website nudging a user to buy a phone by "falsely creating a time-bound pressure" (quote from the guidelines) by calling the sale exclusive and the sale of alcohol to an inebriated consumer triggered by a closing time. The latter is thus tantamount to a dark pattern sanctioned by the regulator. Hence we consider the possibility of 'sludging' the consumer away from stockpiling liquor while he is inebriated. A sludge (as opposed to a nudge) is a way to introduce friction in a user's experience to make them opt out of a process or pattern i.e. buying a high amount of alcohol just prior to closing time. We propose sludging in two variations. Firstly, since the closing time acts as a cue, making it arbitrary - and thereby less salient and floating - may

reduce hoarding behavior among binge drinkers over an extended period. Assuming the current closing time is 11 pm, liquor outlets can be shut in a staggered manner i.e. 40% of outlets close at 10 pm, another 40% at 11 pm, and the last 20% at 12 midnight. The day's closing time for each outlet is decided by a daily lottery and revealed to dealers by Excise authorities only fifteen minutes before closing i.e. at 9:45 pm, 10:45 pm, and 11:45 pm, respectively. A randomization will ensure that no particular store would complain of lower revenue. The second sludging method would be to ration the alcohol that can be sold to last-minute consumers (who assemble even at these arbitrary closing times) to just a 'quarter' i.e. 180 ml, to discourage binge-drinking behavior.

As India formalizes its business and digitizes all its transactions, especially in urbanized pockets, it will also find ways to monitor all liquor sales in real time, including sales of packages beyond certain sizes. In any case, liquor sales contribute significantly to state governments' revenue and therefore the capacity to regulate them (via such sludge interventions) does exist. State Governments may also save in the long-term as their bills of healthcare burden from alcoholism, law enforcement, and the social costs of problem drinking get dialed down. As is true for most interventions, ours may also be circumvented. But, given the menace alcoholism poses to society, such an intervention may be worthwhile if only for experimentation's sake and to keep a fraction of the population from drinking itself to harm.

Mohammed Shahid Abdulla, faculty member, IIM Kozhikode and Manoshu Banerjee, independent behavioral researcher

INDIA TRIUMPH OVER UAE BY 78 RUNS

HARMANPREET, RICHA GHOSH GUIDE INDIA WIN IN WOMEN'S ASIA CUP T20

PTI ■ DAMBULLA

Contrasting fifties from skipper Harmanpreet Kaur and Richa Ghosh were complemented nicely by the bowlers as India notched up a massive 78-run win over UAE in their second match of the ongoing women's Asia Cup T20 tournament here on Sunday. Invited to bat, Kaur played the anchor's role to perfection with a 47-ball 66, while Ghosh produced late charge with an unbeaten 29-ball-64 to power defending champions India to 201 for five, their first-ever 200-plus score in T20Is. The bowlers, led by Deepti Sharma (2/23), then produced a clinical show to limit UAE to 123 for 7 as India put one foot in the semifinals. With two wins in as many games, India occupy the top spot in group A with four points and have a Net Run Rate of +3.298. India will play their third and final group game against Nepal on Tuesday. Chasing the daunting total, opener Esha Rohit Oza scored a 36-ball 38 (5x4, 1x6) but UAE never were in the chase as they kept losing wickets at regular intervals.



Pace duo of Renuka Singh (1/30) and Pooja Vastrakar (1/27) dismissed Theertha

Satish (4) and Rinitha Rajith (7) as UAE slipped to 24 for 2 in 5.2 overs.

Deepti then struck in her third ball, removing Samaira Dharnidharka (5) but Oza

and Kavisha Egodage (40 not out) played some entertaining shots to score

20 runs in next three overs. However, Tanuja Kanwar (1/14), who had replaced an

injured Shreyanka Patil in the playing XI, had Oza stumped, while Radha Yadav (1/29) got rid of Khushi Sharma (10) as UAE fell to 95 for five in the 16th over. Heena Hotchandani then became Deepti's second victim and Rithika was run out in the last ball as UAE finished far away from India's total. Earlier, while the 35-year-old Harmanpreet blasted seven fours and a six during her innings, Ghosh slammed as many as 12 boundaries and a maximum, including five consecutive hits to the fence in the final over of the innings bowled by Hotchandani. Kaur stitched two crucial partnerships, adding 54 off 39 balls with Jemimah Rodrigues and 75 off 45 balls with Ghosh to put India in a commanding position. Opener Smriti Mandhana (13) blasted a six and a four to give India a good start but an overambitious shot saw her being holed out at mid-off off spinner Egodage in the third over. Shafali Verma then produced some sensational shots, carting the bowlers for five fours and a six en route an 18-ball 37. But she committed the mistake of

edging a short and wide ball from seamer Dharnidharka as the keeper did the rest. Hotchandani then cleaned up Dayalan Hemalatha (2) in the first delivery of the next over as India slipped to 52 for 3 inside the powerplay. Harmanpreet and Rodrigues (14) then joined hands and kept the scoreboard ticking with the former doing the heavy lifting in the 39-ball 54-run stand, which put India across the 100-mark in the 11th over. Once Rodrigues was dismissed by Egodage in the 12th over, Ghosh displayed her boundary-hitting prowess, using her cover drive to perfection to rack up 18 runs off Oza's over with four boundaries. Harmanpreet reached her fifty in the 18th over and then clobbered two fours and a six off Samaira as India crossed the 180-run mark. While Harmanpreet was run out in the first ball of the 19th over, Ghosh slammed five fours in the remaining five balls to reach her fifty, her first in the shortest format. Ghosh reached her fifty in just 26 balls, and in the last over alone she milked 20 runs.



Leander Paes, Vijay Amritraj inducted into Tennis Hall of Fame

PTI ■ NEWPORT (USA)

Legendary Indian tennis players, Leander Paes and Vijay Amritraj, the heroes of many a historic triumph transcending generations, on Sunday became the first two exponents of the sport from Asia to be inducted into the International Hall of Fame. Paes, 51, whose list of achievements include the 1996 Atlanta Olympic Games men's singles bronze, eight men's doubles and 10 mixed doubles grand slam crowns besides several famed Davis Cup victories, was given the rare honour in the 'Player Category'. Vijay Amritraj, 70, reached the men's singles quarterfinals at the Wimbledon and US Open twice each besides guiding India to the Davis Cup finals twice -- in 1974 and 1987. At his peak, he was ranked No.18 in the world in singles and No. 23 in doubles. He along with Richard Evans was inducted into the Hall of fame in the 'Contributor Category'. 'Paes was inducted in the Player Category, while Amritraj and Evans were recognised as a part of the Contributor Category: honoring visionary leaders,

Neeraj Chopra's adductor is fine, he is doing intense training now: Coach Bartonietz Singh

PTI ■ NEW DELHI

The adductor niggle that has troubled Neeraj Chopra in the past couple of months "is fine" now and the reigning Olympic champion has entered the high intensity phase of his Paris preparations, his German coach Klaus Bartonietz told PTI, dismissing concerns surrounding the Indian star's fitness. The 26-year-old Chopra, who scripted history by winning the javelin throw gold at the Tokyo Olympics, is once again the country's best bet for a top podium finish in the Paris Games beginning on July 26. But his season has been far from perfect in terms of fitness. Bartonietz, however, insisted that things are back on track. "Everything is according to plan. At the moment, no issue with that (adductor niggle), it's fine, it looks good, hoping to remain like that till the Olympics," the coach, who has been with Chopra for close to five years, told PTI in an exclusive interview from Antalya, Turkey where they are currently based for training. "It's just over two weeks left in the Olympics, so the intensity of training is high. He is having full throwing sessions." Chopra withdrew from Ostrava Golden Spike on May 28 as a precautionary measure after he felt "something" in his adductor (group of muscles located on inner thighs). He made a strong comeback by winning gold at the Paavo Nurmi Games in Finland on June 18 with a throw of 85.97m. He opted out of the Paris Diamond League on July 7, insisting that the event was never a part of his



competition calendar this year. Chopra's competition day is just two weeks away with the qualification round scheduled on August 6. Asked about the training routine of Chopra, Bartonietz said, "We have sessions of sprinting, jumping or throwing or weightlifting alternately for activation in the morning. Two sessions, one in morning and one in evening, two to two-and-a-half-hour long each. Bartonietz said the approach is nearly the same as the one adopted before the Tokyo Olympics. Chopra has maintained that he is focusing more on training than competitions this time. He is working on strengthening his blocking leg to mitigate pressure on his groin. "Yes. Generally, javelin throw is all about it (having fast runway and blocking well). It's very hard to throw far with a poor runway. More the energy you bring with that, the better it is," said the German biomechanics expert. "Three events before Olympics not disadvantage" Chopra competed in five events before Tokyo but in

throwers have performed exceptionally well this season and Bartonietz suggested that the competition could be wide open in the Olympics. As usual, he would not even predict Chopra's chances. "Olympics is a high-stakes and high-pressure situation and anything can happen. Guessing a medal on the basis of statistics is difficult. "All the top throwers are training their best, they want to give their best in Paris and win a medal. Just like them, we can also claim that Neeraj can win. These claims (of medal chances) can be biased and can bungle up also," he pointed out. German teenager Mex Dehning is the only one to have thrown more than 90m this year, and Bartonietz said it all boils down to momentum. "An 88m throw may not be enough in the Olympics for a medal but it can happen with an 85m also, you never know. It is like a game of poker and on some days you can throw far if you have momentum." Apart from Czech Republic's Jakub Vadlejch (silver medal winner in Tokyo Olympics), Julian Weber of Germany and two-time former world champion Anderson Peters of Grenada, Bartonietz also picked Oliver Helander of Finland as a medal contender. The Olympic Stadium in Paris will have purple-coloured Mondo tracks, which experts believe give faster timings in races. Asked if Neeraj will gain from the track on the runway, Bartonietz said, "It's basically for sprinters (to have better timings). It may be good for Neeraj also, of course, but it's for all javelin throwers, it can be fast. But it is a matter of full use of the speed."



India's Kush Maini wins his first-ever F2 Sprint race

PTI ■ BUDAPEST

India's Kush Maini won his maiden Formula 2 Sprint Race at the Hungarian Grand Prix after initial winner Richard Verschoor was disqualified due to a technical infringement. Following the top of podium finish, the 23-year-old Invicta racing driver added 10 points to his season tally. With the win at the at Hungaroring on Saturday, Maini surpassed Mercedes junior driver Kimi Antonelli in the Formula 2 Drivers Standings to P8 with 66 points under his belt. Placed ninth on the starting grid in round 9 of the F2 Championship, Maini had his work cut out after a tough start on the hard compound tyre, which saw him lose a position on the opening lap to the Prema racing driver Antonelli. Despite the setback in the opening lap, Maini kept his composure and steadily closed the gap on his rivals, finally bearing fruit on lap 17, when he showcased his acumen and ability to perform under pressure, regaining P2. The final 11 laps saw him not only fiercely defending his position, but also constantly challenging Verschoor -- demonstrating his prowess in handling the demanding Hungaroring circuit. The sole Indian driver on the 2024 F2 grid is currently enjoying his career-best season with five podiums, including a race win under his belt. "The team and I, we keep coming back and we keep fighting. I have a great team around me and thank you so much to them for today," Maini said. Maini's strong performance came on the heels of his exhilarating experience at the Goodwood Festival of Speed last weekend, where he had the honour of driving the iconic E20 Lotus, adorned in the Alpine livery, a car once piloted by racing legend Kimi Raikkonen and Romain Grosjean.

Mandeep's obsession with hockey has grown over the years: Sister

PTI ■ NEW DELHI

Indian hockey forward Mandeep Singh might not have acquired a cult figure like his skipper Harmanpreet Singh or former captain Manpreet Singh but when he is on the prowl upfront, rival defenders dare not take him lightly. With the 29-year-old prolific goal-getter set to be a vital cog in India's campaign at the Paris Olympics, after being a part of the team that won bronze at the Tokyo Games, his sister Bhupinderjeet Kaur says Mandeep's obsession with hockey has only grown over the years, so much so that if he stays away from the national camp for even a few days, he becomes restless. "He was so crazy about playing hockey that he would



come home from school, skip meals, and head straight to practice. As Mandeep grew older, his commitment only deepened. "Even now, whenever I talk to him during a break, he says he has fun at home but starts missing the camp after 15 days," Kaur said in an episode of 'Hockey Te Charcha', highlighting her brother's passion for the sport. Mandeep's blinder against Belgium in the semifinal at the Tokyo Olympics and his speed left the rivals confused but the Red Lions regrouped to beat India 5-2 to end their hopes of a gold medal. India, though, returned with a bronze, making every player a national hero. But Kaur says, Mandeep just doesn't want to be in the limelight. "He prefers to be seen as a simple boy rather than a star," said Kaur. Recalling the celebrations at home when India won the bronze medal in Tokyo beating Germany, Kaur said it filled everyone with pride. "We were all watching it on TV. Mandeep looked up with tears in his eyes, having a silent moment to himself. At home, everyone was praying, fingers crossed, hoping for victory. When we finally won, it felt like we had achieved something monumental. The atmosphere at home was electric with joy and pride," she said. Mandeep's prolific goal-scoring has seen him being a part of several successful campaigns, including the Junior World Cup title triumph in Lucknow in 2016, Asia Cup gold in 2017, Asian

Champions Trophy titles in 2018 and 2023, Commonwealth Games silver in 2022 Birmingham and the Hangzhou Asian Games gold in 2023, which helped India qualify automatically for Paris. Kaur herself has forged a bond with the entire India team and she says all the players respect her and she wants them to return from Paris a successful bunch. "Once Harmanpreet asked where his rakhis was, and from then on, I started sending it to all of them (players). They call me their sister, and I feel the same way." She is confident India will come back with a gold medal from Paris. "The team has become so perfect that they will win and bring (home) the gold," she said.