Chhattisgarh Assembly to hold series of functions to mark silver jubilee



STAFF REPORTER RAIPUR

Chhattisgarh Assembly Speaker Raman Singh on Saturday unveiled a logo for the silver jubilee year of the state assembly and announced that a series of programmes have been planned to celebrate the 25th year of the House.

Briefing media persons about the programmes, Singh Said the House completed 25 years on December 14 and a year-long programme has been chalked December 14,

events to be held including

orientation programme for members as well as a seminar for the renowned journalists from state and across the The President of India would be invited to address the

members of the House during the budget session, he said. The new building of the state assembly is near completion at Nava Raipur and efforts would be made to invite the Prime Minister to inaugurate it during the silver jubilee year, the Speaker said. A photo exhibition showcasing a 25-year journey by the House would also be organised.

It has also been decided to organise tour programmes of school and college students to Assembly premises every Wednesday and Friday throughout the year, he informed.

To mark the occasion, the members of the House would be welcomed by folk dance troupes on Monday, the inaugural day of the upcoming winter session, Raman Singh said.

Policeman killed in road accident



DHAMTARI

A policeman was killed on Saturday after an A unidentified vehicle hit him in Dhamtari

Chhattisgarh. The victim was identified as Keshav Murari post-ed as constable in Bhakhara police station in the district, Arjuni Station House Officer Rajesh Marai said.

C'garh Assembly Winter

session from tomorrow

The accident occurred near a fuel station at Arjuni Chowk when Murari was heading to his native village Sambalpur.

The vehicle coming from the opposite direction hit his motorcycle and

he died on the spot. The body was sent for post-mortem and efforts were on to nab the vehicle driver.

Soldierathon marathon to mark Vijay Diwas today



The event will pay tribute to the 53rd anniversary of India's victory in the 1971 war over Pakistan.

The marathon will have races in various categories for participants of all levels—21 km, 10 km, and 5 km races and a 3 km walk.

The event will also include an exhibition showcasing relics of war-military artefacts, photographs, and memorabilia—to connect people

with the history of the 1971 conflict.

On this occasion the Paraplegic Rehabilitation Centre will receive an assistance of Rs 19.63 lakh.

For the convenience of the participants and spectators, a free bus service will take people from Raipur to the event site.

The buses will operate from 5 a.m. from Bhatgaon Bus Stand, Pachpedi Naka, Kamal Vihar, Devpuri Chowk, Atal Express Marg, and

National Lok Adalat resolves over 22L cases



STAFF REPORTER BILASPUR

The fourth and final National Lok Adalat of 2024, held in courts across Chhattisgarh on Saturday resolved a record number of 22,59,517 cases, extending relief of over Rs 842 crore.

The aim was to resolve negotiable cases through mutual consent of the parties, to reduce the burden on conventional courts, and to promote access to justice for all. Pre-litigation and pendcases, such as accident claims, cheque bounce cases, matrimonial disputes, bank recovery cases, land rights cases, fare control, excise-related cases, and other disputes, were resolved.

The first Lok Adalat of 2024 in Chhattisgarh, held on March 9, resolved over 5.8 lakh cases, extending a relief of over Rs 191 crore.

The second, held on July 14, resolved over 8.31 lakh cases, extending relief of over Rs 231 crore.

The third, held on September 21, resolved over 8.84 lakh cases, extending a relief of over Rs 229 crore.

Bilaspur National Book Fair evokes positive response

STAFF REPORTER

RAIPUR

The winter session of Chhattisgarh Assembly will begin on Monday, December 16 and will conclude

Speaker, Chhattisgarh State Assembly Raman Singh while talking to media persons today said that the Winter session would undertake some financial issues apart from government works.

The short session of the Assembly would

have just 4 sittings, the Speaker informed. The session is expected to be a stormy one as the opposition Congress would try to make every possible effort to grill the ruling BJP government including on law & order situ-

BJP legislators on Friday held a meeting to devise strategy to tackle the opposition while Congress Legislative Party (CLP) will assemble at a private hotel on Sunday to formulate its strategy.

श्री विष्णु देव साय माननीय मुख्यमंत्री, छत्तीसगढ़

श्री अमित शाह माननीय गृह मंत्री, भारत सरकार STAFF REPORTER

A National Book Fair began on Saturday in Chhattisgarh's Bilaspur district received a positive response.

The fair offers a unique collection of books from renowned authors on diverse subjects. It also offers audiobooks for the visually impaired.

An official communique said that the Grade-3 Employees Union organised the fair to provide people with high-quality and rare books at reasonable prices.

Kejriwal writes to Shah, requests meeting concerning law and order in city

Former Delhi and AAP convenor Arvind Kejriwal has written to Union Home Minister Amit Shah, requesting a meeting to discuss concerns related to law and order in Delhi. Kejriwal expressed his concerns, highlighting that despite Delhi's law and order being under the control of the central government, the city is increasingly being referred to as the "crime capital" both within India and abroad.

In a letter to Shah, the former Delhi chief minister claimed that the city was being called the country's "crime capital" as he cited the recent bomb threats to numerous schools as well as the IGI airport. The letter

comes ahead of the Delhi Assembly polls scheduled to be held in February 2025.

"It's so shameful that under your watch, our grand capital due to failure of law and order is being called rape capital, gangster capital, drug capital, Kejriwal said. Crimes against women are rising, extortion gangs are active everywhere, drug mafia is spreading across the city and people are harassed by mobile phone and chain snatching incidents, he claimed.

In the past six months, more than 600 schools, more than 100 hospitals, malls and airport have received bomb threat messages, he said and questioned, "Why aren't the culprits being arrested?". Due to these bomb threats,

children and their parents in Delhi are living in constant



about the children and their parents when the schools are vacated and the students are sent back home, he asked

He said Delhi's law and order was under the Centre and emphasised that Shah needed to act and cooperate to immediately rectify the situation.

Among the 19 metro cities, Delhi is the number one in terms of crimes against women and murders. Drugrelated crimes registered a 350 per cent rise since 2019, an average of three women are raped every day and businesspersons regularly receive extortion calls, Kejriwal claimed. "These statistics are evidence of the dilapidated law and order situation," he said. Kejriwal said he was going

"deep concern" among them towards law and order. Now the biggest question of the people is if they don't deserve a better law and order condition in the national capital?" he said. The situation is very poor and law and order must be brought back on track by rising above politics, Kejriwal wrote to Shah seeking time for a meeting. In a scathing attack on Kejriwal, BJP MP Manoj Tiwari accused him of neglecting critical issues in the national capital. Tiwari criticised government and alleged that 21,000 deaths in Delhi over

among the people and found

to water pollution. He said Kejriwal had failed to address worsening pollution, halted pensions

the past decade were linked

the issuance of ration cards for the poor. He further accused Kejriwal of protecting "illegal protecting "illegal Bangladeshi infiltrators and Rohingyas" and blamed him for Delhi's deteriorating law and order. Earlier this week, Kejriwal

attacked Home Minister Amit Shah and said that the BIP is no longer able to handle the law and order situation in the national

"Amit Shah ji has ruined Delhi. He has turned Delhi into a jungle raj. People are living a life of terror everywhere. BJP is no longer able to handle the law and order situation in Delhi. The people of Delhi will have to unite and raise their voices," Arvind Kejriwal posted on

Delhi Govt submitted CAG reports to LG after 497 days delay, claims Raj Niwas

STAFF REPORTER M NEW DELHI

Raj Niwas on Saturday Claimed the Delhi government submitted the long-pending Comptroller and Auditor General (CAG) reports to Lt Governor Vinai Kumar Saxena after 497 days delay, to seek his permission fearing an adverse order by the Delhi High Court.

Giving details, officials said it took the fear of an adverse order by the Delhi High Court for the AAP Government to hurriedly submit the long-pending CAG Reports to the LG for making it possible for the reports to be made public, by placing Assembly. them in the

the Earlier. government on Thursday informed the Delhi High Court that Chief Minister Atishi, who holds the finance portfolio, has sent the CAG

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duty, pollution and finance to the Lieutenant Governor for placing before the state

According to Raj Niwas, out of these 14 pending CAG Reports, 11 pertain to the time when Arvind Kejriwal was the Chief Minister of Delhi. The reports include those on DTC, Public Health and Mohalla Clinics, State PSUs, where huge bungling and failings of the AAP Government are said to be detailed. Following a writ petition filed by the Leader of Opposition in the Delhi

Assembly in the High Court seeking directions of the Court to the Government to lay 14 long-pending CAG Reports on the Table of the House, the Government in a move to save face hurriedly 11.12.2024 at 03:30 PM just a day before the hearing and two reports on 12.12.2024 at

Secretariat, after the hearing had concluded.

It may be noted that it was only in pursuance of the fervent requests made by the LG office to the Finance Minister and other functionaries to place the CAG reports with the LG office and thereafter on account of the present Writ Petition, that the Finance Minister of Delhi, currently also functioning as the Chief Minister of Delhi has released the long pending CAG reports and forwarded them to the LG office only on 11.12.2024.

According to Leader of Opposition in Delhi Assembly, Vijendra Gupta the reports were withheld intentionally to suppress critical findings and avoid scrutiny. He claimed the reports were forwarded at the last minute to avoid an

AAP Govt discriminates against Assembly constituencies represented by BJP alleges Vijender

STAFF REPORTER . NEW DELHI

Leader of Opposition in the Delhi Assembly and convener of BJP's Chargesheet Committee Vijender Gupta on Friday alleged that the AAP government deliberately obstructs developmental works and discriminates against the assembly constituencies represented by BJP MLAs in Delhi.

"Over the past decade, the government has failed to allocate sufficient funds for these constituencies," Gupta claimed, adding that the BJP issued eight charge sheets against the AAP government regarding developmental issues in constituencies represented by their MLAs. He said, "With these eight, the Delhi BJP has now released charge sheets for a total of 33 constituencies. The constituencies covered



Nagar, Badarpur, Karawal Nagar, Rohtas Nagar, and Ghonda. The tagline for the charge sheets is "Delhi sarkar kangal, Sheesh Mahal me Kejriwal"."

Addressing the media, Gupta stated, "The AAP government discriminates constituencies represented by BJP MLAs, failing to allocate sufficient funds for developmental works." He said the charge

residents of these constituencies to expose how the AAP government conspires to stall development in these areas. He pointed out that in his Rohini constituency, the government forcibly renamed a school built for 2,500 children as a School of Excellence, "Currently, the school has only 200 students, and not a single child is from Rohini or its nearby areas," he alleged. He also accused the government of not allocating even a single rupee for local roads under the Chief Minister's Road Reconstruction Scheme, which has an annual provision of Rs1,000 crore. In 2021, 2,000 CCTV cameras were purchased for Rohini constituency, but their installation was halted

Six city schools receive bomb threats, third instance this week: Officials

STAFF REPORTER . NEW DELHI

At least six Delhi schools received a bomb threat on Saturday, officials said, marking the third instance of threat emails being sent to schools in the national week. capital this Meanwhile, the Delhi Police Special Cell has identified a private school student responsible for sending a bomb threat email to a school in Paschim Vihar. According to the Special Cell, this individual is not connected to the group bomb threat emails sent to many schools in Delhi on

We received a call about a bomb threat at Delhi Public School, RK Puram, at 6:09 am," a Delhi Fire Services official said. The fire department, local police, dog squads and bomb detection teams reached the school and launched search operation, the official said. Five more schools, including

International School in Vasant Kunj and Gyan Bharati School in Saket, received the same email from the same sender, he police official said

nothing suspicious was found after search and inspection in any of the schools. The mails were sent from "childrenofallah@outlook.C

om" email id at 1:47 am. According to a source, the email read, "Allah sees your efforts to resist his punishment. But they are futile. For no mortal being can escape the judgement of The Muhammad declares all who go against Allah enemies to the world. We see your attempt to stop us. It will not



Prophet Muhammad has allowed the children to burn in the sacred flame of Allah."

On Saturday where students may not be there in your buildings is when the buildings shall be brought down. Our bomb vests are blessed by the Prophet Muhammad. They shall not fail their goal. Our children are brave servants of Allah. They shall complete their the source said quoting the email. On about 30 schools received bomb threats over email, triggering a multi-agency search of their premises. Prior to that, at least 44 schools received similar emails on Monday. The police had declared those threats as hoaxes after nothing suspicious was found during searches. According to police, the

threat email to his own school in Paschim Vihar, and after tracing the IP address, the police team traced his home. Upon questioning, the child admitted to the act and was later counselled. The boy told police that he sent the mail after seeing media reports about several schools in Delhi getting bomb threats. He believed that he would not get caught as none of the accused in the earlier cases had been caught yet, the source said. He was let off with a warning to his parents to keep a watch on his behaviour.

The threatening emails raised concerns among parents and staff, though the assured investigations are ongoing and safety remains their priority. No explosives or hazardous materials have been found in any of the

Since the beginning of the year, around 300 bomb threats have been made to different schools, sending parents, children, cops and administrators into a tizzy. However, the Delhi police seem helpless in tracking down the perpetrators as communications were made using tools like virtual private networks (VPNs) or the Onion Router, aka Tor, which helps mail users remain anonymous. On Friday, the person who sent bomb threat to six schools on Friday used a New Zealand-based email service.

Police used advanced tech and pressed into service specialized cybercrime units Intelligence Unit) and IFSO (Intelligence Fusion & Strategic Ops), but the were from making breakthrough.

MCD introduces two reforms in factory licensing ecosystem

STAFF REPORTER # NEW DELHI

Municipal Corporation of Delhi Saturday on introduced two reforms in the factory licensing ecosystem, aimed simplifying regulations and providing much-needed relief to factory owners across the capital.

"These changes, approved by MCD Commissioner Ashwani Kumar, expected to benefit thousands of industrial operators, streamline the process, and unlock access to government schemes and financing opportunities," a statement by the police said. It added, "One of the key reforms involves rationalization previously complex and confusing floor-wise factory license policy. Factory owners who operate manufacturing processes on multiple floors of a building will now be able to apply for a single factory license rather than multiple licenses for each floor."

The new guideline includes single ownership wherein owners manufacturing operations across different floors in a



single building will only need one factory license, provided the activities are integral to the same factory. It also includes single GST number in which if the factory operates under a single GST number, the owner will be required to obtain only one industrial license, as long as the activities on different floors align with the declared factory activities in the GST. Further, if the factory operates under multiple GST numbers across different floors, separate licenses will be required for each floor that corresponds to a distinct GST-related. Also,

owners run factories on various floors each owner will be required to secure a factory license for their respective floor.

"This reform is designed to reduce bureaucratic hurdles and provide clarity for owners, while factory ensuring compliance with building and regulations, including fire standards, environmental norms, and the Unified Building Bye-Laws 2016," he said. In another landmark decision, the MCD will now

grant factory licenses to the

actual occupiers or tenants

addresses a long-standing demand from factory operators in these areas, who have previously faced obstacles in obtaining licenses due to restrictions on the transfer or subletting of plots. Previously, factory operators in these relocation industrial plots, operating under sub-lease or GPA agreements, were unable to obtain factory licenses because the perpetual lease

relocation schemes, such as

those in Narela, Bawana, and

decision

This

Delhi State Industrial & Infrastructure Development Corporation (DSHDC). Under the new policy, factory operators will be eligible for factory licenses if they meet environmental and safety requirements, including securing the necessary consent to operate from the Delhi Pollution Control Committee (DPCC) and a Fire Safety Certificate from the Delhi Fire Service. However, the license will be closed by the DSHDC, Lease

Executing Authority, or

agreements did not allow for

transfer or subletting

without consent from the

of industrial plots in DPCC. Additionally, factory operators will need to submit an affidavit stating that no industry is operating at the old location from where the relocation took place. These reforms are expected to have a significant impact on more than 25,000 factory owners, particularly in relocation of industrial areas. The ability to obtain factory licenses will provide these operators with greater access to finance from banks and other financial institutions. It will also enable them to take advantage of various government schemes and programmes aimed promoting industrial growth and business development. By simplifying the factory licensing process, the MCD aims to foster a more efficient, transparent, and business-friendly environment in Delhi, contributing to the broader goal of improving the ease of doing business in the capital. These changes mark an important step towards empowering factory operators, ensuring their compliance with safety standards, and enabling them to fully participate in economic growth initiatives. effectively

Delhi Police convenes Inter State Border Coordination Meeting

STAFF REPORTER MEW DELHI

Ahead of the upcoming Delhi Assembly Election slated to be held early next year, an Inter-State Border Coordination Meeting was convened on Saturday by the Delhi Police aiming to strengthen cross-border coordination bordering districts of Uttar Pradesh and Haryana to ensure seamless security and prevent any disruptions during the electoral process.

The meeting, which was held under the chairmanship of Joint Commissioner of Police (Jt. CP)/ Southern Range S.K. witnessed participation of senior police officers of Haryana and Uttar Pradesh. The DCPs of South, South East, and South West Districts of Delhi Police were also present.During the meeting, Jain emphasized the importance of vigilance and collaboration, stating, "Our collective efforts and steadfast coordination will be the cornerstone of a secure electoral process. maintaining high levels of preparedness and

prevent any

cooperation,



unlawful activities that threaten peace and integrity during the elections.

The meeting focused on several critical areas to ensure a smooth and fair election including process. strengthening border security. To ensure this, the police decided on joint manning of inter-state border check-posts, installation of CCTV cameras at critical locations and conducting intensive vehicle checks to curb the smuggling of liquor, contraband, and other illegal

items. The police will also focus on cracking down on illicit activities including special focus on preventing the smuggling of liquor and tackling bootlegging operations, which are often rampant during elections and suppression of illegal firearms circulation and apprehension of individuals involved in their distribution.

In the coming months, police said that they will monitor criminal elements. "We will identify and surveillance musclemen and other criminal elements to maintain peace during the elections. We will carry out swift execution of Non-Bailable Warrants (NBWs) and make efforts concerted apprehend wanted criminals and proclaimed offenders," an officer said, adding that they will also work on enhancing intelligence sharing.

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Q.R.स्कैन करें

Congress slams PM Modi's 11 resolutions as hollow, demands discussion on Adani issue

The Congress on Saturday termed as "hollow" Prime Minister Narendra Modi's 11 resolutions articulated in his speech in the Lok Sabha and said if the BJP has zero tolerance on corruption then why doesn't it discuss the Adani issue. The opposition party also questioned why Prime Minister Modi, Union Home Minister Amit Shah and Defence Minister Rajnath Singh were not present in the House when Leader of Opposition Rahul Gandhi spoke while participating in a two-day debate on the "Glorious Journey of 75 Years of the Constitution of India". Prime Minister Modi on Saturday said that the

Congress, having "tasted

blood", repeatedly wounded

the Constitution while his



government's policies and decisions since it took office in 2014 have been aimed at boosting India's strength and unity in line with the vision of the Constitution. Asked about the PM's remarks, Congress leader Priyanka Gandhi Vadra likened his over 110-minutes speech in

sunday pioneer

the Lok Sabha to a "double period of mathematics" from school and said it "bored us" She slammed Prime Minister Modi's 11 resolutions as "hollow" and said if there is tolerance towards corruption then why doesn't the BJP agree to a discussion on the Adani issue.

which is new, he has bored us. It took me decades back, I felt like I m sitting in that double period of Mathematics," she period of Mathematics, she said. "Nadda ji was also rubbing hands but as soon as Modi ji looked at him, he started acting as if he is listening attentively. Amit Shah also had his hand on head, (Piyush) Goyal ji was going off to sleep. It was a new experience for me. I had thought that the PM will say something new, something nice," she said. Congress general secretary in-charge organisation K C Venugopal said, "On a debate about India's Constitution, the PM once again decided to bring out his tired old speech about the Congress instead. While the people were expecting an answer from him on the believe in opposition politics, Venugopal said. injustice and inequality facing Indian society, he chose to

bring up stale narratives against the Congress, which have lost all resonance among the public." "Truth is, he has no answer to the allegations regarding the Adani mega scandal, nor does he have a response to the growing instances of caste and religious divisions created by his own regime," Venugopal said. "It was only blame game against the Congress. In yesterday and today we exposed government's deeds on Adani. They are using entire machinery to give everything to one person. Whenever we talk of the Constitution they did not respect Parliament. When spoke, the prime minister, home minister and defence minister was absent, either they are scared of Rahul Gandhi or they don't

Congress did not give Ambedkar his due: Union Minister Kiran Rijiju

PIONEER NEWS SERVICE ■ NEW

Union minister Kiren Rijiju on Saturday tore into the Congress for not giving BR Ambedkar his due, as he questioned the opposition's claims that minorities were being denied their rights.

Intervening in the debate in the Lok Sabha on 75 years of the adoption Constitution, parliamentary affairs minister cautioned that "our words and actions should not diminish the image of the country in the

Rijiju was the first speaker on the second day of the debate in the Lower House.

world fora"

While India has given equal voting rights to all, some claim that minorities have no rights in the country, Rijiju said in an apparent iibe at the opposition. In his over an speech, Rijiju hour-long suggested that the Congress "apologise"

Ambedkar to "lessen its sins". He alleged that "you" (apparently the Congress) made Ambedkar lose in the 1952 parliamentary polls. Rijiju also questioned the delay in bestowing Ambedkar

with the Bharat Ratna and asserted that the chief architect of the Constitution was conferred with India's highest civilian honour after a government supported by the BJP came to power at the Centre. Continuing his tirade, Rijiju cited Ambedkar as saying that while Jawaharlal Néhru delivered more than 2,000 speeches in 20 years, he never spoke about the welfare of Scheduled Castes "even

"Pandit Nehru is always for Muslims," the minister, said quoting Ambedkar.

once".

Citing a document, Rijiju said while Ambedkar wanted reservation indefinitely till equality was achieved, Nehru advocated for it to be in place for 10 years. A day after

that the rights of minorities were shrinking, the Union minister said India not only provided legal protection to minorities, it also had a provision for affirmative action to protect their interests. said Rijiju governments worked for the welfare of minorities. "The Congress has also done that, I am not undermining its role." The minister also cited a

several opposition leaders claimed in the Lower House

survey to claim that minorities, including Muslims, were facing discrimination and hate crimes in many nations. The situation in Pakistan, neighbouring Bangladesh and Afghanistan where minorities are facing persecution is well-known, he said. Groups seek refuge in India as they feel this country is safe for them, Rijiju added

and wondered why such

narratives on minorities' rights

were being floated.

Is Adani unparliamentary word: Priyanka Gandhi in her maiden speech



PIONEER NEWS SERVICE

ongress MP Priyanka Gandhi Vadra on Saturday questioned why 'Adani' was expunged from her speech and asked if it is an unparliamentary word.

In her maiden speech in the Lok Sabha on Friday, Priyanka Gandhi had said it Prime Minister Narendra Modi has not understood that it is "Bharat ka Samvidhan" and not "Sangh ka Vidhan".

Asked about BJP's criticism of Leader of Opposition in Lok

Sabha Rahul Gandhi's speech, she told reporters on Saturday, "This is the job of the BJP. They don't want to talk on real issues. The speech that I have given, only Adani has been expunged from it.' "Is Adani unparliamentary word? They can take anyone's name, we can't take Adani's name?" she said

The newly elected Wayanad MP claimed during a debate on the Constitution in the Lok Sabha that had it not been for the Lok Sabha poll results, the ruling party would have started changing the

Tripura to have 1.14 lakh 'lakhpati didis' by end of current fiscal: CM Manik Saha



PIONEER NEWS SERVICE

auding the Tripura Rural Livelihood Mission (TRLM) for spearheading women empowerment, Chief Minister Manik Saha on Saturday asserted that the northeastern state will have 1.14 lakh 'Lakhpati Didis' by the end of the current fiscal At present, the state has 83,000 'Lakhpati Didis' who earn Rs 1 lakh or more annually engaging by

themselves in activities of self-help groups (SHGs). addressing inaugural programme of SARAS Mela at Badharghat International Fair Ground in West Tripura district, the chief minister said the success of SHGs has changed the rural economy

over the last few years.
"The number of SHGs, which was only 4,000 before 2018, has now increased to 52,000. Altogether, 4.73 lakh rural women got engaged in various self-employment trades. The government has allocated Rs 69 crore as revolving fund so far (after the BJP came to power in Tripura) and Rs 626.97 crore community investment fund has been channelised to the SHGs,'

Saha said. Showering praise on the role of TRLM, which works

Development Department, Saha said "The number of 'Lakhpati Didis' in the state will increase from 83,000 at present to 1.14 lakh by the end of the current financial year. The initiative has strengthened the socioeconomic condition of the women living in rural

Saha also highlighted the success organising SARAS mela, an annual event to showcase and sell the products made by different SHGs.

The sale proceeds SARAS Mela, which was Rs 1.5 crore in the 2022-23 fiscal, has grown to Rs 4.5 crore in the 2023-24 fiscal. The increase mirrors the success of SHGs," he said. Is Adani unparliamentary word: Priyanka Gandhi on words expunged from her

maiden speech

New Delhi, Dec 14 (PTI) MP Priyanka Congress Gandhi Vadra on Saturday questioned why 'Adani' was expunged from her speech and asked if it is an unparliamentary word. In her maiden speech in the Lok Sabha on Friday,

Priyanka Gandhi had said it seems Prime Minister Narendra Modi has not understood that it is "Bharat ka Samvidhan" and not "Sangh ka Vidhan". Asked about BJP's criticism

of Leader of Opposition in Lok Sabha Rahul Gandhi's speech, she told reporters on Saturday, "This is the job of the BJP. They don't want to talk on real issues. The speech that I have given, Adani has been only expunged from it."

"Is Adani unparliamentary word? They can take anyone's name, we can't take Adani's name?" she said.

India, Indonesia to strengthen bilateral defence ties during Navy Chief's four day visit

PIONEER NEWS SERVICE **NEW DELHI**

Tndia and Indonesia will **⊥**review the entire spectrum of their bilateral defence ties and explore ways to further enhance them during Navy Chief Admiral Dinesh K Tripathi's visit there for four days beginning Sunday.

Giving details here Saturday, navy officials said this visit is part of ongoing efforts to further consolidate bilateral defence relations between India and Indonesia, in line with the deepening Comprehensive Partnership, with a focus on enhancing Cooperation.

During the visit, Admiral Tripathi is scheduled to engage in bilateral discussions with top level Indonesian Government and defence officials including Lt General Sjafrie Sjamsoeddin (retd) Defence

Indonesia, General Subiyanto, Commander of Indonesian Armed Forces and Admiral Muhammad Ali, Chief of Staff of Indonesian

The discussions are expected to cover a broad spectrum of defence cooperation areas, particularly security, training initiatives, exploring avenues strengthening the operational collaboration between the two navies.

The visit underscores the strong maritime relations between the two countries conforming to the shared vision of India-Indonesia Maritime Cooperation in the Indo Pacific.

The existing cooperation between the two Navies encompasses a range of activities, including joint exercises, port visits, and training initiatives aimed at building capacity.

BJP demands apology from CM Sukhvinder Singh Sukhu for eating 'jungli murga'

apology from Chief Minister on the menu. allegedly encouraging his associates to eat "Jungli Murga" (Grey Junglefowl), which is an endangered species, during a dinner in a remote area in

Meanwhile, responded by saying that he does not eat oily and nonvegetarian food due to health reasons. He further said eating non-vegetarian food is a way of life in villages and accused the opposition leaders of making an issue

The BJP's statement came after a video went viral on the internet, in which Sukhu is seen saying, "Inko do Jungli Murga, hume thodi khana hai (Give them Jungli Murga, I don't want to eat).' Sukhu then asks his companions if they wish to eat the dish.

The video was shot at the remote Tikkar area of Shimla district, where the Chief Minister was having dinner

with Health Minister Dhani called on the forest Ram Shandi and other The Himachal BJP on officials on Friday night and Saturday demanded an the particular dish was listed

> Junglefowl) is an endangered species listed in Schedule I of the Wildlife (Protection) Act, 1972, and the Wildlife (Protection) Amendment Act 2022. Hunting and eating this species is illegal," said BJP spokesperson and state social media in-charge Chetan Bragata in a statement issued on Saturday. Meanwhile, Leader

Opposition Jai Ram Thakur pointed out that there are provisions for imprisonment and fines for hunting and eating "Jungli Murga."

He accused the CM of not

only having the dish featured on the dinner menu but also encouraging his associates to

Dharamshala, Sudhir Sharma, said that while the CID is still probing who leaked the samosa enquiry report, another controversy has emerged regarding the serving of "Jungli Murga." He

department to take action in this matter.

The incident of three boxes of samosas and cakes being mistakenly served CM's security staff during an event on October 21, instead of him, has taken on disproportionate significance following a CID probe that termed the mix-up an "antigovernment" act.

In a video byte, Sukhu responded by saying, "The villagers served the chicken for dinner, but I refused as I do not eat it and now Jai Ram Thakur is making an issue out of it.

"I do not eat oily and nonvegetarian food due to health reasons," he later added in a statement, insisting that opposition leaders have no real issue and are merely trying to tarnish the image of the villagers.

Despite being an endangered species, hunting and eating the Grey Junglefowl, which is considered delicious, is common reportedly practice in rural areas of the state, particularly during the

Congress apologised for Emergency but BJP silent on its own actions: NC MP Mian Altaf Ahmad

PIONEER NEWS SERVICE

Opposition MPs on Bharatiya Janata Party (BJP) of attacking the Constitution, with National Conference (NC) MP Mian Altaf Ahmad saying while the Congress apologised for imposing Emergency, the ruling party has been silent on its own actions.

Participating in a debate on 75 years of the adoption of the Constitution, Ahmad slammed the BJP for bifurcating the state of Jammu and Kashmir into two union territories.

"Congress has apologised for the Emergency but you are silent on various things you have done... Congress toppled governments, but divided our state into two Union Territories, which was unnecessary," he said. Communist Party of India (Marxist Leninist) Liberation MP Raja Ram Singh named activists like Stan Swamy, who was jailed



in the Bhima Koregaon case and died in the prison, Umar Khalid, Gulfisha and Meeran Haider, who have been arrested on the allegations of links with the 2020 Delhi riots.

"What Constitution are we talking about?" he said. Singh said the idea of economic equality is also enshrined the in Constitution and there should be a proportional difference in the salary of the president and a peon. "You want a peon for Rs

5,000 but the CEO gets paid 2.5 - 3Government is encouraging growing disparity," he said. economic

The MP also slammed the BJP for wanting to keep "Gandhi in one pocket, and Savarkar in the other pocket". double standard This

would not work. BJP is with playing Constitution, they want to bring communal fascism in this country," he said.
"The first chapter of the

Constitution has the figure of Buddha on it, don't try to replace it with the Gita," he

Party (RSP) MP N K
Premchandran also pointed
out at the growing divide
between rich and the poor
and said the directive principles speak about minimising inequalities.
He accused the BJP

government of trying to concentrate wealth and means of production in a few hands. 'The fruit of so-called

economic development is not reaching the poor and the marginalised," he said, adding that B R Ambedkar had warned that economic and social inequalities will destroy the foundation of democracy.

He also said the secular fabric of the country was under threat.

He said people of the country did not give absolute majority to the BJP because they wanted to protect the secular character of the nation.

Sikkim CM Tamana launches NPHCE

PTI ■ GANGTOK

Sikkim Chief Minister Prem Singh Tamang on Saturday launched the National Elderly (NPHCE) aimed at catering to the needs of senior citizens in the state.

The key initiatives under the programme include the establishment of a 20-bed geriatric ward at STNM Hospital and 10-bed wards in all the district hospitals, specialised OPDs, and the distribution of mobility aids like spectacles, hearing aids, and wheelchairs, an official said. "This programme said. "This programme ensures a holistic approach to address the needs of Sikkim's elderly and retired population and help them lead healthier, happier and more fulfilling lives," the chief minister said after launching the health initiative at a function at his official residence Mintokgang. State Health Minister GT Dhungel was present on the

occasion. The programme aims

at providing affordable, high-

quality healthcare services for

senior citizens and retired

individuals, the official said.

WHO report sounds alarm: drowning claims 300,000 lives annually, may claim 7.2 Million by 2050

PIONEER NEWS SERVICE **NEW DELHI**

The Global Status Report on Drowning Prevention, released by the World Health Organisation (WHO) on Friday has painted a grim picture of the global toll of drowning, which claimed over 300,000 lives in 2021-equivalent to 30 deaths per hour. Alarmingly, it said, if current

trends persist, over 7.2 million lives, predominantly children, could be lost to drowning by 2050. More so, climate change increasing the frequency and flooding, of drowning prevention becomes an urgent priority, as 75 per cent of flooding deaths result from drowning.



Drowning remains a huge burden given that it is the third leading cause of death for children aged 5-14 years and the fourth leading cause for those aged 1-4 years. As per the report, 92% of drowning deaths occur in low- and middle-income countries, with the South-East Asia Region (including India) accounting for 28% of drowning

global deaths in 2021.

While global drowning deaths have decreased by 38% since 2000, progress varies significantly. For example, the European region saw a 68% drop, while South-East Asia achieved a 48% decline. Data limitations exclude

deaths caused by natural disasters (e.g., floods) or water transport, likely underestimating the true scale. Only 33% of countries offer national programmes to train bystanders in safe rescue and resuscitation. Just 22% of countries include swimming and water safety education in school Without curricula. significant investment in prevention,

economic losses could reach \$4 trillion globally by 2050, as per the report which emphasises the need for multi-sectoral involvement address drowning, including education, infrastructure Providing day care for preschool children and teaching students school swimming skills could help protect millions of lives in

government, health, and countries with high rates of drowning, the report states. Investing in drowning prevention efforts would not only save lives, it could help prevent economic losses of about \$4 trillion that could occur by 2050 if efforts are not taken to stem the crisis, the report points out.

floods and droughts: IIT climate risk report PIONEER NEWS SERVICE NEW

In a wake-up call to the escalating challenges of climate change, a new report by researchers from the Indian Institutes of Technology (IIT) Guwahati and Mandi has identified at least 11 districts in India, including Patna (Bihar), Alappuzha (Kerala), and Kendrapara (Odisha), as being at 'very high' risk of experienc-ing both floods and droughts, necessitating immediate intervention.

The climate risk assessment report compiled jointly by the two IITs in collaboration with the Centre for Study of Science, and Policy Technology (CSTEP), Bengaluru, critical. categorised 51 districts in This report, a collaboration (CSTEP),

India under the "very high" flood risk category, with 118 more as "high" risk.

States like Bihar, Assam, Jharkhand, Odisha, and Maharashtra are most affected, said the study that assessed risks across 600 plus districts. India's heavy dependence on the monsoon underscores the critical nature of these risks. Variability in rainfall-leading to either droughts or excessive floods-directly impacts agriculture, livelihoods, and rural economies, said the report. "India's agrarian society is deeply dependent on the monsoon, making the challenges posed by climate change, such as droughts and excessive rainfall, increasingly

time,

11 Indian districts at very high risk of both

between DST, SDC, provides a comprehensive risk assessment for over 600 districts, offering invaluable insights for effective mitigation strategies," noted Devendra Jalihal, the IIT-Guwahati director.

The study integrated climatic hazards, exposure and vulnerability to offer a comprehensive view district-level risks to aid in disaster risk reduction and highlight the direct impact on people and livelihoods, paving the way for data-driven adaptation planning.

"Climate change is one of the most formidable challenges of impacting agriculture, livelihoods, and every aspect of life. No single entity can address this alone - it requires collective efforts and

Through this report, we take a significant step towards identifying vulnerabilities, assessing sensitivity and addressing challenges faced by local communities at risk," said Anita Gupta, head of scientific divisions in the Department of Science and Technology "Translating these findings into on-ground actions is essential,

innovative frameworks.

and the insights must reach every stakeholder at both national and state levels. This is just the beginning, as India moves forward with a balanced adaptation and mitigation strategy to achieve a cleaner, greener and climate-resilient future. Together, we will fasttrack our goals for a Viksit Bharat and a Net Zero Bharat by 2047," Gupta added.

SOUTH KOREA'S PARLIAMENT IMPEACHES PRESIDENT YOON

outh Korea's parliament on Saturday impeached President Yoon Suk Yeol over his stunning and short-lived martial law decree, a move that ended days of political paralysis but set up an intense debate over Yoon's fate, as jubilant crowds roared to celebrate another defiant moment in the country's resilient democracy.

The National Assembly passed the motion 204-85. Yoon's presidential powers and duties were subsequently suspended and Prime Minister Han Duck-soo, the country's No. 2 official, took over presidential powers later Saturday.

The Constitutional Court has up to 180 days to determine whether to dismiss Yoon as president or restore his powers. If he's thrown out of office, a national election to choose his successor must be held within 60 days.

It was the second National Assembly vote on Yoon's impeachment after ruling party lawmakers boycotted it last Saturday. Some People Power Party lawmakers had since said they would vote for Yoon's impeachment as public protests intensified and his approval rating plummeted.

National Assembly Speaker Woo Won Shik said Yoon's impeachment was an outcome driven by "the people's ardent

sunday pioneer

Hundreds of thousands of people gathered near the parliament roared in jubilation, waved banners and brandished colourful K-pop glow sticks, as a lead activist shouted on stage, "We have preserved the constitutional

In a central Seoul plaza, another huge crowd gathered supporting Yoon, but they grew subdued after hearing he had been impeached. Both rallies have

largely been peaceful.

The new leader bolsters the country's security posture: Yoon issued a statement saying he would "never give up" and calling for officials to maintain stability in government functions during what he described as a "temporary" pause of his presidency.

'I will carry with me all the criticisms, encouragement and support directed toward me, and I will continue to do my utmost for the country until the very last moment," Yoon said

Yoon's December 3 imposition of martial law, the first of its kind in more than four decades in South Korea, lasted only six hours, but has caused massive political tumult, halted diplomatic activities and rattled financial markets. Yoon was forced to lift his decree after parliament unanimously voted to overturn it.

Han, who became the acting leader, ordered the military to bolster its secudesire for democracy, courage and rity posture to prevent North Korea

from launching provocations by mis-calculation. Han asked the foreign minister to inform other countries that South Korea's major external policies remain unchanged, and the finance minister to work to minimize potential negative impacts on the economy by the political turmoil, according to Han's office.

South Korea's executive power is concentrated with the president, but the prime minister leads the country if the president becomes incapacitated. Han is a seasoned official and has previously held a string of top government posts such as trade and finance and was the ambassador to the US. He also served as a prime minister from 2007-2008. After declaring martial law, Yoon sent hundreds of troops and police officers to the parliament to try to impede its vote on the decree, before they withdrew after the parliament rejected Yoon's decree. No major violence occurred.

Opposition parties and many experts accuse Yoon of rebellion, citing a law that categorises as rebellion the staging of a riot against established state authorities to undermine the constitution. They also say that a president in South Korea is allowed to declare martial law only during wartime or similar emergencies and has no right to suspend parliament's operations even under martial law.

The impeachment motion alleged



Yeol's impeachment outside the National Assembly in Seoul, South Korea. (inset) President

that Yoon "committed rebellion that hurts peace in the Republic of Korea by staging a series of riots." It said Yoon's mobilization of military and police forces threatened the National Assembly and the public and that his martial law decree was aimed at dis-

turbing the constitution. Yoon remains defiant: In a fiery

speech on Thursday, Yoon had rejected the rebellion charges, calling his order an act of governance. The conservative Yoon said he aimed to issue a warning to the main liberal opposi-

Party, calling it "a monster" and "anti-state forces" that he argued has flexed its legislative muscle to impeach top officials and undermine the government's budget bill for next year. He claimed the

deployment of troops was meant to maintain order, rather than disrupt it. Democratic Party leader Lee Jaemyung called Yoon's speech a "mad declaration of war" against his own

Observers say Yoon's speech suggested a focus on legal preparations to defend his martial law decree at the Constitutional Court, even as opinion surveys showed more than 70 per cent of South Koreans supported his impeachment. A survey released Friday put Yoon's approval rating at 11 per cent, the lowest since he took office in 2022. Some of Yoon's claims don't align with testimony by some military commanders whose troops were deployed to the Assembly.

Most notably, Kwak Jong-keun, commander of the Army Special Warfare Command, said that after martial law was announced, Yoon called him and asked for his troops to "quickly makers who are inside." Kwak said he didn't carry out Yoon's orders. Yoon is the third South Korean pres

ident impeached while in office. In 2016, parliament impeached Park Geun-hye, the country's first female president, over a corruption scandal. The Constitutional Court upheld her impeachment and dismissed her from

In 2004, President Roh Moo-hvun was impeached at parliament over an alleged election law violation but the court later overturned his impeachment and restored his presidential powers. Roh jumped to his death in 2009, after he had left office, amid a corruption scandal involving his fam-

Yoon has been banned from leaving South Korea: He has the presidential privilege of immunity from criminal prosecution but that doesn't extend to allegations of rebellion or treason. Subsequently, Yoon could be investigated, detained, arrested or indicted over his martial law decree, but many observers doubt that authorities will forcefully detain him because of the potential for clashes with his presidential security service.

Yoon's defence minister, police chief and the head of Seoul's metropolitan police agency have been arrested. Other senior military and government officials also face investigations.

Shoot them down: Trump on mystery drone sightings

PTI WASHINGTON

US President-elect Donald Trump has called for the "shooting down" of the mystery drones that have been appearing in various parts of the country.

These drones were first

spotted in New Jersey a few days ago and are now being seen in other areas as well.

The federal government and the White House have so far maintained that these do not pose any national security threat and nor there is any evidence of a foreign hand in it. The appearance of the mystery drones, however, continues to be the subject of investigation.

"Mystery Drone sightings all over the Country. Can this really be happening without our government's knowledge? I don't think so," Trump said on Friday in a post on Truth Social, a social media platform owned by him.

"Let the public know, and now. Otherwise, shoot them down!!! DJT," he said with his personal signature at the end of

The White House on Thursday said there was no evidence yet that the reported drone sightings pose a national security or a public safety threat or that they have a foreign nexus.

The Department of Homeland Security and the FBI are investigating these sightings, working closely with state and local law enforcement to provide resources, using numerous detection methods to better understand their origin, White House National Security Communications Advisor John Kirby told reporters.

He added that "... upon review of available imagery, it appears that many of the reported sightings are actually manned aircraft that are being

Guard is providing support to the State of New Jersey and has confirmed that there is no evidence of any foreign-based involvement from coastal vessels. And, importantly, there are no reported or confirmed communities in the New York

In a joint statement, the Department of Homeland Security and FBI also said that there was no evidence yet that the reported drone sightings pose a national security or a public safety threat or have a foreign nexus. We are supporting local

law enforcement in New Jersey with numerous detection methods but have not corroborated any of the reported visual sightings with electronic detection. To the contrary, upon review of available imagery, it appears that many of the reported sightings are actually manned aircraft, operating lawfully. There are no reported or confirmed drone sightings in any restricted air space," the statement read.

operated lawfully." In a letter to the DHS, FBI
"The United States Coast and the Federal Aviation In a letter to the DHS, FBI Administration, Senator Kirsten Gillibrand, Senate Majority Leader Chuck Schumer and Senators Cory Booker and Andy Kim said that "since late November, drone sightings in any restrict- City area and northern New

Jersey have reported several incidents of unattributable drone sightings at night, alarming both residents and local law enforcement".

They highlighted that "the potential safety and security risks posed by these drones in civilian areas is especially pertinent considering recent drone incursions at sensitive military sites in and outside of the continental United States over the past year". Congressman Josh Gottheimer from New Jersey on Friday urged federal law enforcement agencies, led by the FBI and DHS, to allow state and local law enforcement to deploy assets that can safely take down drones that "should not be in our skies".

He wrote a letter to the FBI, DHS and the FAA, asking them to immediately brief the

"They also need to work closely with state and local law enforcement to give them the equipment they need to monitor drone activity. There is clearly too much of it here in Jersey and other parts of the country," Gottheimer said.

Court denies TikTok's request to halt enforcement of potential US ban until Supreme Court review

AP WASHINGTON

federal appeals court has A federal appeals court had left in place a mid-January deadline in a federal law requiring TikTok to be sold or face a ban in the United States, rejecting a request made by the company to halt enforcement until the Supreme Court reviews its challenge of the statute.

Attorneys for TikTok and its China-based parent company, ByteDance, are expected to appeal to the Supreme Court. It is unclear if the nation's highest court will take up the case, though some legal experts have said they expect the justices to weigh in due to the types of novel questions it raises about social media, national security and the First Amendment.

TikTok is also looking for a potential lifeline from President-elect Donald Trump, who promised to "save" the short-form video platform during the presidential campaign.

Attorneys for TikTok and ByteDance had requested the

injunction after a panel of three judges on the US Court of Appeals for the District of Columbia Circuit sided with the US government and rejected their challenge to the law. The statute, which was signed by President Joe Biden earlier this year, requires ByteDance to sell TikTok to an approved buyer due to national security concerns or face a ban in the

The US has said it sees TikTok as a national security risk because ByteDance could be coerced by Chinese authorities to hand over US user data or manipulate content on the platform for Beijing's interests. TikTok has denied those claims and has argued that the government's case rests on hypothetical future risks instead of proven facts.

In the request filed last week, attorneys for TikTok and ByteDance had asked for a "modest delay" in enforcement of the law so that the Supreme Court could review the case and the incoming Trump administration could "determine its position" on the Ahead of the January 19 dead-

If the law is not overturned,

the two companies have said that the popular app will shut down by January 19, just a day before Trump takes office again. More than 170 million American users would be affected, the companies have The Justice Department had opposed TikTok's request for

a pause, saying in a court filing last week that the parties had already proposed a schedule that was "designed for the precise purpose" of allowing Supreme Court review of the law before it took effect. The appeals court issued its

December 6 ruling on the matter in line with that schedule, the Justice Department filing said.

Meanwhile, two influential US lawmakers, including Indian-American Krishnamoorthi, have asked Google and Apple to remove TikTok from their app stores ahead of a potential ban on the video-sharing platform next month.

line, House Select Committee on the Chinese Communist Party (CCP) Chair John Moolenaar and Ranking Member Krishnamoorthi on Friday wrote to Apple CEO Tim Cook, Google CEO Sundar Pichai and TikTok CEO Shou Chew.

The lawmakers asked Cook and Pichai to prepare to remove TikTok from their play stores by January 19. In their letter to the TikTok CEO, they urged Chew to "immediately execute a qualified divestiture".

All three letters come after the DC Circuit Court's 3-0 opinion that upheld the Protecting Americans from Foreign Adversary Controlled Applications Act.

In the letters to Cook and Pichai, the lawmakers said, "Today, we sent a letter to TikTok highlighting that Congress has provided ample time—233 days and counting—for the company to take the necessary steps to comply with the law and pursue a divestment that protects US national security.

It is to inform to the public at large that Mr. Karam Singh had acquired First Floor without roof rights measuring 32 sq. yrds., on Property No. WZ-A-17, Khasra No. 2055. Village Tihar colony Ram Pura Mohalla BE-Block, Hari Nagar, New Delhi-64 vide GPA dt 23.07.2020 along with ATS & Amp; Will executed by Mr. Harish Kurmar and Now Mr. Karam Singh is the undisputed owner of the said property.

Many person / firm / institution / company having any claim or right in respect of the said Property by way of inheritance, share, sale, agreement, lease, license, gift, possession, legal heirs, partners or encumbrance howsoever or otherwise is hereby required to intimate in writing to the undersigned within 07 days from the date of publication of this notice of his/her/their share or claim; if any, with all supporting documents at below mentioned address. After expiration of notice period, the claims, if any, of such person shall be treated null and void and also treated as waived and not binding on our client.

Alav Kumar Giri (Advocate) H.No. 26/161, Basement,

binding on our client. Ajay Kumar Giri (Advocate) H.No. 26/161, Basemen Vikram Vihar, Lajpat Nagar 4, New Delhi-110024

Bid Identification No. CCE, S.C (R&B)-BAM-13/2024-25

B-762

It is to inform to the public at large that Mrs. Shabana has acquired Plot No 9, measuring 250 sq. yds., out of Khasra No 1661 Min, at Main oad Kanchan Park Ward No 54 Village Lon Distt Ghaziabad vide Reg. GPA dated 16.03.2020 executed by Haji Iqbal Ahmed and Mr. Rashid Ali and Mrs. Shabana is the undisputed owner of said property. **OR** Any nerson / firm / institution / company havi

Any person / firm/ institution / company havin any claim or right in respect of the said Propert by way of inheritance, share, sale, agreemen lease, license, gift, possession, legal heir partners or encumbrance howsoever cotherwise is hereby required to intimate in writing to the undersigned within 07 days for the date of publication of this notice chis/her/their share or claim, if any, with a supporting decompants at helow mentioned. supporting documents at below mentioned address. After expiration of notice period, the claims, if any of such person shall be treated null and void and also treated as waived and no Ajay Kumar Giri (Advocate) H.No. 26/161, Basemen Vikram Vihar, Lajpat Nagar 4, New Delhi-110024

No. 4172 // Dated: 11.12.2024

GOVERNEMENT OF ODISHA

OFFICE OF THE CHIEF CONSTRUCTION ENGINEER, SOUTHERN (R&B) CIRCLE, BERHAMPUR

Phone: 0680-2281582, e-mail: ccescbam@gmail.com

The Chief Construction Engineer, Southern (R&B) Circle, Berhampur on behalf of Governor of

Odisha invites percentage rate bid in double cover system in ONLINE MODE from eligible

: Road Works

: Rs.10,000/- (online)

: "A" Class and "Special" Class

: 04.01.2025 at 11.30 A.M.

: From 20.12.2024 10.00 AM to 03.01.2025 5.30 PM

Sd/- (Ashis Kumar Nayak)

Chief Construction Engineer (I/C), Southern (R&B) Circle, Berhampur

: 04 Nos

The Bidders have to participate in ONLINE bidding only. Further details can be seen from the

9) Any addendum / corrigendum / cancellation of tender can also be seen in the said website only

contractors for construction of Road works as detailed in the table below

, Jaba Sen Menon D/o Deva Prasad Sen Mazumdar, 3/O Flat No. A 302 Saransh Apartments, Piot No. 34, P Extension, Patparganj, Delhi–110092, solemnly and sincerely swear and state that I am the duly and sincerely swear and state that I am the duly constituted attorney of Shir Krishan Kumar Gupta, S/O Jai Gopal Gupta, R/O 29/22 Shakti Nagar, Delhi-Indoor in respect of Flat No. A 302 Saranah Apartments, Plot No. 34, I P Extension, Patparganj, Delhi-I10092 against membership No. 213, the original share certificate vide Book No.3, Share certificate no. 182 serial No. 4144 to 4145 dated 12.06.1987, issued by Sara Cooperative Group Housing Society Limited in the name of Shir Kirshan Kumar Gupta, vide membership No. 213, against the above said flat, which has been misplaced.

Jaba Sen Menon Jaba Sen Menon

PUBLIC NOTICE

t is hereby informed that Flat No. 374-B, First Floor, Block-B. Sector-19, Noida whose GPA holder is Shri J.C Tewari S/o Shri Shi Dutt resident of 331-A, Sector -19-B, Noida Dist. Gautam Budh Nagar to the said GPA is in AD Book No. of Deputy Registrar-IV, Noida. Volume No. 2568 has bee egistered on 03.04.1996. and the sale ontract has not been registered. Now the ransfer application of the said building is eing submitted through GPA in favor of Mi Dharm Pal Garg S/o Bachna Ram Garg Residence B-353, Sector 19, Noida. If any ncerned person has any objection, he/he an file his objection along with evidence in the Group Housing Department of Noida Authority within 15 days from the date of ublication of this notice.

सार्वजनिक सूचना

कार्यालय पत्रांक-401 उपजिलाधिकारी सदर

/रीडर-एस०डी०एम०/२०२४ गौतमबुद्धनगर दिनांक 25/10/2024

श्री बओगंग यंग पुत्र श्री जिनफेंग यंग (उम्र 34 वर्ष) निवासी FLAT NO. 02, TOWER-1, SUNCOURT JAYPEE GREENS, G-BLOCK, SURAJPUR KASNA ROAD GREATER NOIDA GAUTAM BUDH NAGAR एवं तोलिवी किंबामी पुत्री श्री विहेतो किंबा (उम्र 24 वर्ष) निवासी, PLOT NO-19, NAWADA VILLAGE, NEW DELHI-110059 के मध्य विशेष विवाह अधिनियम, 1954 के अर्न्तगत विवाह के सम्बन्ध में आवेदन प्रस्तत किया गया है। उक्त के सम्बन्ध में आपको यदि कोई आपत्ति हो तो आप अधोहस्ताक्षरी के कार्यालय (कक्ष सं0–119) में किसी भी कार्य दिवस मे अपनी लिखित आपत्ति 15, दिनों के भीतर प्रस्तृत कर

> उपजिलाधिकारी सदर विशेष विवाह अधिकारी गौतमबुद्धनगर।

THE PIONEER C

CHANGE OF NAME

I. Sudesh D/o Dhara Singh W/o Lt. Sh. Ranvir Singh R/o 18, Goodwill Apartment, Sector-13, Rohini, Delhi-110085, I have changed my name Sudesh Kumari to Sudesh. And also in my Driving License wrongly return name of my husband as Ranbir Singh but my husband correct name is Ranvir Singh.

PD(1080)C I, Balwant Singh Danu, R/o-SMQ 22/84, CASB Air Force Station Naraina, Delhi, have changed my Minor daughter's Name from Kiran to Kiran Danu, vide Affidavit dated 14/12/2024 before

Notary Public Delhi.

PD(1081)C I, Mahadevi Mahalingappa Mellikan, W/o- No.6494093P Hav Mahantesh Kadakol, R/o- Vill-Aladakatti, Post-Tallur, Teh- Savadatti, Dist-Belgaum, Karnataka-591117, have changed my name from Mahadevi Mahalingappa Mellikan to Mahadevi Mahantesh Kadakol, vide affidavit dated 14/12/2024

PD(1082)C

I, Shweta W/o Atul Kumar R/o K-1702, 17th Floor, Arihant Arden, Sector-1, Greater Noida West, Gautam Buddha Nagar, Uttar Pradesh-201318 have changed my name to Sweta Singh for all future purposes. PD(1083)A

before Notary Public Delhi.

I, Sajid Alam S/o Md Nuruddin R/o WZ-273, Shakur Pur Village, Saraswati Vihar, North West Delhi, Delhi - 110034 have changed my name to Md. Sajid for all future purposes.

PD(1084)A

IS to inform to the public at large that Mr. Rakes (umar who is purchasing the Freehold Plot Nc.-63, Ground Floor, Area Measuring 50 sq. yds ifuated at Gali No. 2. East Vinod Nagar, Delh om Smt. Rani Sharma Wo Lt. Sh. Rajinde iharma owner vide GPA dated 06.07. 1990, ATS VILL dated 06.07.1990 executed by Sh. Shi rarkash Dikshit Sio Sh. Rewti Raman Dikshit Sh. Rewti rarkash Dikshit S/o Sh. Rewti Raman Dikshit S/o Sh. Rewti Raman Dikshid same to be finance & mortgage by Mutho fomefin (India) Ltd. (MHIL). So, to comply to guirements of BANK/NBFC, we give this pub dice that if any Person having anytype laim/right/tiler/intersub/creating mortgage overt aid property, may inform in writing, at the addretentioned below, about his objections, within ays from today, failing which it shall be presum at the said property is free from all type noumbrances, lien etc. Lucem Legal Li cumbrances, lien etc. Lucem Legal LL B-93B, Second Floor, Opp. SBI Bar ctor 2,Noida,UP-201301Contact#0120-426937

PUBLIC NOTICE

PUBLIC NOTICE

My client Jitender Singhal s/o Late Shri Dayanand R/o
H.no. 223. Devii Village, New Delhi-110082

BEVOKED/CAMCELLED by cancelation deed or
13/12/2024, any and all General Power of Attorney along
with agreement to sell. Special power of attorney
Possession letter, Will. Receipt, etc. All Dated 6.12/2023

MOTARY REGISTER SL No. 721, 722 8. 723 in respect of
properties 1e. Property no. 223, Khasra no. 139

N D and Property no. 495/R, Khasra no. 495, measuring 300 sq. Yards, Eventham Mohalla, Devli Village,
N D and Property no. 495/R, Khasra no. 495, measuring 100 sq. Yards, Eventive No. 495/R

Khasra no. 495, measuring 100 sq. Yards, Devli Village,
IN D and all authority to act as my agent as the documents
alongwith GFA were executed and got signed from my
client by Narender Kurnar Sharma s/o Mahesh Kumar
Sharma r/o Mandrela, Jhunjhunun, Hagasthan-333025

comply with this revocation. If any person deals with
Narender Kumar Sharma s/o Mahesh Kurnar Sharma of
Mandrela, Jhunjhunun, Rajasthan in respect of the above
said properties, my client will not be responsible for any
kind of act done by Narender Kurnar Sharma in respect of the above Vishal Chaudhary (Advocat

PUBLIC NOTICE

his is to inform to the public at large that Ra lumar Vaishya and Mrs. Kanchan Vaishya ave purchased Rasidential Plot no 51, area neasuring 300 sq. meters., Block-A, Sector-P-, Greater Noida, Distt. GautumBuch Nagar, Jerform Mr. Sunil Verma. It is hereby declared nat the owners are availing a loan facility gainst the mortgage of the aforementioned roperty with State Bank of India, RACPC rayagraj, U.P. by mortgaging All Origina ocuments. In the entire chain of documents ne Original Stamp papers of Lease Dee earing SI. No. 645 in Book No. 1 Vol. No. 745 at ages 677 to 696 on 17/02/2004 issued by ages 677 to 696 on 17/02/2004 issued t NIDA In favour of Mr. Sunil Verma is missir nence not traceable. In that regard LR Numb s 2398271/2024 have been lodged with Del is 2398271/2024 have been lodged with Delhi Police. Therefore, any person having any type of claim right/title/interest over the said property or Flat may inform in writing or contact at the address mentioned below or SBI RACPC, Prayagraj about his/her objections within 15 days from today, falling which it shall be presumed that the said property is free from all type of Encumbrances, len etc. or any claim. Navneet Tripathi, Advocate SC-53, Jaipuriya Suncrise Plaza, Indirapuram, Chaziabad, Mob No. 9689066717

Indian-origin OpenAl whistleblower dies by suicide in San Francisco

26-year-old Indian-origin Aformer employee of the artificial intelligence giant OpenAI has died by suicide in San Francisco, authorities said. Suchir Balaji was found dead inside his Buchanan Street apartment in San Francisco on November 26 on Thanksgiving Day.

The medical examiner's office determined the manner of death to be suicide and police officials said there is "currently, no evidence of foul play." The Office of the Chief Medical Examiner (OCME) has identified the decedent as Suchir Balaji, 26, of San Francisco," the office's Executive Director David Serrano Sewell said.

'The manner of death has been determined to be suicide. The OCME has notified the next-of-kin and has no further comment or reports for publication at this time." The San Francisco Police

Department (SFPD) said in a statement that officers responded to a residence on the 100 block of Buchanan St. at about 1:15 pm for a well-being check. "Officers and medics arrived on scene and located a deceased adult male from what appeared to be a suicide. No evidence of foul play was found during the initial investigation," SFPD officer Robert Rueca wrote in a statement.

Balaji spoke to the Times in October, saying he was one of the researchers who worked gathering data to train OpenAI's programmes like GPT4, which users interact with through the chatbot ChatGPT.

OpenAI was "devastated" that Balaji had passed away, the San Francisco Chronicle reported. 'We are devastated to learn of this incredibly sad news today and our hearts go out to Suchir's loved ones during this difficult time" OpenAI said in

Time has come for US Congress to act on Bangladesh: Thanedar

PTI WASHINGTON

 $R_{\mathrm{over}}^{\mathrm{aising}}$ the issue of attacks Bangladesh, Indian-American Congressman Shri Thanedar has said that the time has come for the US Congress to The crowds of the majority

have destroyed Hindu temples, Hindu deities and Hindus who are practising their religion in peace," Thanedar said on the floor of the US House of Representatives on Wednesday. 'The time has now come for

the United States Congress to act and the US government to act ... every possible tool in our hands needs to be used to ensure that such atrocities in Bangladesh against Hindus stop right away," he said. Thanedar has consistently

raised the issue of alleged violence against Hindus in

Bangladesh since the fall of the law enforcement and security Sheikh Hasina government. "Since 1971, when Bangladesh got its freedom from Pakistan. there have been numerous

Hindus have been attacked. More recently, we have seen a Hindu priest being arrested and his lawyer was murdered," he alleged. On Thursday, the White House said President Joe Biden was closely monitoring the situation

occasions where minority

in Bangladesh and the United States will hold the Bangladeshi interim government accountable for ensuring the protection of religious and ethnic minorities in the country. 'The security situation in

Bangladesh has been difficult following the ouster of the former prime minister. And we have been working closely with the interim government to enhance the capability of their

lenge," White House National Security Communications Advisor John Kirby said at a news conference. Indian-American Congressman Raja Krishnamoorthi has urged members of the Senate Foreign Relations Committee to address the issue of violence against minorities, primarily Hindus, in Bangladesh during the confirmation hearing of Senator Marco Rubio for the position of secretary of state. President-elect Donald Trump has nominated Senator Rubio for the top diplomatic position. The date of his confirmation hearing has not been announced yet. A large number of Indian-Americans recently held a march from the White House to the US Capitol over alleged attacks on Hindus in Bangladesh.

services to deal with the chal-

7) Date of Opening of Bid

OIPR-34103/11/0016/2425

website https://tendersodisha.gov.in

GOVERNMENT OF ODISHA, "e"-PROCUREMENT NOTICE
OFFICE OF THE CHIEF CONSTRUCTION ENGINEER, KHORDHA (R&B) CIRCLE, KHORDHA WORKS DEPARTMENT
Short Tender call Notice
E-mail: rbcirclekhurda@gmail.com WORKS DEPARTMENT

Bid Identification No. CCE-Khordha (R&B) Circle-21/2024-25 Memo No - 2472 The Chief Construction Engineer, Khordha (R&B) Circle, Khordha on behalf of Governor of Odisha inviting percentage rate bid in double cover system in ONLINE MODE from eligible contractors for Building works as detailed in the table below:

Nature of Work **Buildings Work** Rs.10000.00 (On-Line) B & A Class From 10.00 AM of Dt.16.12.2024 up to 05.00 PM of

Available of Bid document in : From 10.00 AM of Dt.16.12.2024 up to 05.00 PM of the Website : Dt.23.12.2024 up to 5.00 PM of Date of opening of Bid : Dt.24.12.0224 at 11.30 AM The Bidders have to participate in ONLINE bidding only. Further details can be seen from the Website: https://tenderodisha.gov.in . Any Addendum / Corrigendum / Cancellation of tender can also be seen in the said website.

OIPR-34127/11/0023/2425

Class of Contractor Available of Bid document in

Chief Construction Engineer,

I feel bad that I missed the opportunity, but I can re-create it: Patidar hopes for India return

PTI ■ BENGALURU

 $R^{\text{ajat}}_{\text{international career did}}^{\text{Patidar's}}$ not take off as he would have liked, but the Madhya Pradesh batter is confident h batter is "re-creating" the through opportunity domestic matches and don

Patidar's six innings against England earlier this year produced just 63 runs, but the right-hander has shown impressive touch in the first half of the Ranji Trophy and the ongoing Syed Mushtaq

the India jersey again.

"I enjoyed going to the Test team. But sometimes I feel bad that I missed the opportunity. But it's alright sometimes things don't go your way," Patidar said during an interaction here on Saturday.

Patidar has accepted his "failure" and has moved from disappointing space.

"I think acceptance is the key. You have to accept that there will be failure in the cricketing journey. So, it's important for me to face it and learn from it.

"I have just accepted it and I am moving forward. It's a part and parcel of the game. I can re-create opportunity," he added.

In that context, the 31-yearold has taken a bold first step, scoring a good amount of runs in domestic tournaments.

From five Ranji Trophy matches, the Pradesh captain has made



427 runs at an average of 53.37 with a hundred and a Patidar is also the third highest run-getter in the ongoing SMAT behind Ajinkya Rahane (432) and Bihar's Sakibul Gani (353) with 347 runs from nine matches at a strike-rate of 182.63 with four fifties.

The powerful right-hander said trusting his skills was the reason behind his good

"I am just trying to back my strength in the areas where I am going to hit, like I was doing in the last couple of years. I am just trying to find out the same pattern that I was playing in the IPL.

"My mantra is to play one ball at a time. I try to put my impact on the opposition for my team. I don't try to get big scores. I have never paid attention to that," he said.

Patidar also received a confidence-booster when Challengers Royal Bengaluru retained him ahead of the IPL auction.

"Yes, definitely. RCB is a big franchise and I love playing for RCB. So it (retention) gave me a lot of confidence that they retained me."

Patidar's name is doing rounds within RCB circles as their prospective captain for IPL 2025 after the franchise released Faf du Plessis.

He was open to that challenge.

"Of course, if I get an opportunity to lead RCB, that is what I am there for, and I will be happy. But it all depends on the franchise,'

immediate goal to accomplish, guiding Madhya Pradesh to their maiden SMAT title against Mumbai on Sunday at a venue where they won the Ranji Trophy

two seasons ago. Incidentally, they had beaten Mumbai that time and Patidar had made 122 in

MP's six-wicket victory. The captaincy sits light on his shoulders.

'I have learnt a lot out of it.

I have enjoyed learning the tactics. I love seeing players and anticipating what they can do.

"I have learnt a lot about captaincy from my coach Pandit). (Chandrakant Everybody knows that he is the best coach in India," he

Assam govt not taking initiative to identify sporting talents, says Bhogeswar

PTI ■ SIVASAGAR (ASSAM)

Assam's first Arjuna Awardee sprinter Awardee sprinter Bhogeswar Baruah has criticised the government's sports policy, saying it is not taking enough initiatives to identify and nurture talent in rural

"It is sad to say that there is no production of sports persons anywhere in Assam. Earlier, we used to organise camps to attract new talents, but it is not happening anymore," Baruah, a gold medallist in 800m at the 1966 Asian Games, told PTI. The 84-year-old said the government has engaged so many coaches who could be sent to districts to organise such camps and impart training, but such initiatives are not happening.

"If there is no coaching, how will we produce sports persons? If any sports event takes place, the kids are just taken there to participate. If there is no training or camp, how will our children progress?

If there is any tournament, children are called and taken to participate -- this is Assam's sports Baruah said.



silver at the Asian Games in 1966 and 1970 respectively, accused the government of encouraging only those who have achieved success on their own.

"Has the government made anyone a sports person? taken interest. I would have Government not identifying and picking up talents from the ground. When someone shines, only then the government comes intention, no into the picture. That is what do?" he said.

Baruah, who won gold and is happening nowadays," he said.

> Baruah said it has been almost 6 to 7 years that any sports camp has been organised in the state.

'If they (government) were interested, I would have also definitely gone to the ground and given tips to the When government has no idea, no intention, no aim, what can I

such camps used to be organised annually but questioned why they have

"You go and ask the Director of Sports. They have not organised a camp for so many years! Why is it not happening nowadays?" he remarked.

Baruah claimed he had requested the concerned officials several times to hold sports camps, but there has been no response.

had even sought equipment saying that we would hold a camp. Give at least one set of hurdles for doing training. You need 10 hurdles in one line, but we sought five for training purposes. There is no jumper, pole vaulter -nothing is available," he claimed

Asked if he spoke to the state Sports Minister regarding this, Baruah said due to his age he could not meet him to discuss the matter.

Reflecting on the future of sports in Assam, Baruah said: "I can't say anything. I will say what is right. There has been no camp at all during the tenure of the present government.' The Assam government is currently organising the second edition of 'Khel Maharan', aiming at identifying and nurturing talent through competitions.

"All sports persons are in the villages. We have to search and nurture them. Rural sports is the only way to find real talents, otherwise we won't get it," Baruah said when asked about 'Khel Maharan'.

the 2021, government had decided to observe Baruah's birthday September 3 as 'Sports Day'. Baruah heaped praise on Asian Games gold medalist runner Hima Das and Olympic medalist boxer Lovlina Borgohain, saying their success is largely due to the efforts of their parents. "There is nothing that the government should take

credit for," he added. Baruah recalled advising Das on improving her running technique.

"Earlier, she used to run straight. Later, I told her to bend slightly forward and she is doing accordingly. I asked her to bend her upper body. Now, she is doing well. Her body is very strong," he commented on the sprinter.

1st T20I: Under-fire Harmanpreet's India face gritty West Indies

Her poor leadership under constant scanner, a beleaguered Indian captain Harmanpreet Kaur will need to quickly pick up pieces from the Australia series debacle as hosts take on West Indies in the opening game of the three-match WT20I series starting here on Sunday.

India have won each of their last eight T20Is against the West Indies in the shortest format since November 2019. But to maintain this dominating run, India will have to dig deep from rapidly depleting reservoirs of both resources and confidence to keep the ship afloat.

It has not been a smooth ride for the Indian skipper whose questionable selection calls during the Australia ODI everyone wondering as to how long the national selectors will persist with her despite Smriti Mandhana well and truly ready to take over the mantle. This is India's first T20 series after the inglorious T20 World Cup exit where the only consolation was a hardearned win against Pakistan. India after that won an ODI



home and were blanked by Australia subsequent 50 over series Down Under.

While Harmanpreet's own batting form has been better than many, it is her unimaginative leadership that is causing a lot of problems as the team is still playing archaic brand of cricket across both white ball formats.

The profligate Shafali Verma has been ignored by the selectors once again even though her chances of doing well in T20Is in Indian conditions is way better where she can employ her cross batted game. First-up, India will need a

without their

departments.

T20Is with a gap of one day each — will further test the fitness and morale of the team that is low on confidence and preferred players in Pooja Vastrakar, Shreyanka Patil, Yastika Bhatia, Priva Punia and most importantly, Verma.

thoroughly outplayed in all

Having lost the final ODI in

Perth last Wednesday, Kaur

and her side will not got

enough time to rest and

recover as they have made it

to the DY Patil Stadium here

The packed schedule — three

for the series opener.

Gillespie resigned as Pakistan's Test coach over selection dispute

step down from his role as Pakistan's red-ball coach after not being consulted on the selection of the national squad for the upcoming two-Test series in South Africa.

A well-informed source, familiar with the

familiar with the developments, revealed that some officials in the Pakistan Cricket Board (PCB) had created a difficult environment for Gillespie, who just a month ago had even been offered the job of head coach of the white-ball squad "Circumstances were created to make the former Australian player feel alienated in major decisions about the team," the source

"First despite his request the board didn't renew the contract of high performance coach Tim Nielsen and then the Test squad for the SA series



announced without consulting him," he added. The source said that while

Gillespie was aware that the board had stripped him of say in the selection matters, he expected as head coach, he would be consulted by the selectors in the selection of any

"Gillespie was also not happy that while refusing to renew contract of Nielsen whom he had recommended the board preferred to bring in Shahid Aslam from the national

cricket academy as a coach into support staff recommendation of interim white ball head coach and senior selector Aaqib Javed," the source added.

He said that in recent weeks, Gillespie's calls were not being regularly answered by some officials, which irked him. This was particularly frustrating as he had agreed to serve as interim coach for the whiteball series in Australia, where Pakistan won the ODI series for the first time since 2002.

Amir announces retirement from international cricket

ontroversial Pakistan to international cricket on Saturday, months after coming out of retirement to play in the T20 World Cup. Amir, who was banned from cricket for five years between 2010 and 2015 on spot-fixing charges and was briefly jailed for his crime, had retired from all forms of international cricket in

However, he changed his mind and returned to play in T20 World Cup earlier this

"After consideration, I have taken the difficult decision to retire from international cricket. These decisions are never easy but are inevitable. I feel this is the right time for the next generation to take the baton and elevate Pakistan Cricket to new



heights!" he wrote on his social media handles.

"Representing my country has been and always will be the greatest honour of my life. I would sincerely like to thank the PCB, my family cricket world in 2010.

and friends and, above all, my fans for their continuous love & support," he added. Amir had been involved in the infamous spot-fixing scandal that rocked the

had deliberately over-stepped along with fellow quick Mohammed Asif at international cricket. Salman Butt and they were all caught. All three were briefly jailed in the UK, where fixing is a crime but were later released.
The ICC banned them for

five years between 2010 to 2015. Only Amir made a successful return to international cricket and was the hero of Pakistan's Champions Trophy triumph over India in 2017 in the

A key member of Pakistan's team over the years, he featured in 36 Tests, 61 ODIs and 62 T20Is since making his international debut in June 2009

He took 271 international wickets and scored 1,179 runs across the three formats and was a part of the the 2009 ICC T20 World Cup-winning side.

The announcement comes a day after all-rounder Imad Wasim decided

out of retirement earlier this year after being assured of selection for the tours of Ireland and England, as well as the World T20 Cup, by the board and its selectors, who believed the two could help Pakistan perform well in these assignments.

Unfortunately, that didn't materialise, and neither has he been picked by the national selectors for any of the matches since the World Cup. Amir's final outing in Pakistan colours came in June this year during the T20 World Cup against Ireland in Lauderhill, USA. In 2020, Amir announced a

dramatic end to his international cricket career, alleging that he has been "mentally tortured" by his national board's management.

New Zealand wastes good start, finishes at 315-9 on Day 1 of 3rd test against England

AP ■ HAMILTON (NEW ZEALAND)

New Zealand steadily squandered a good start, slumping from 172-2 to 231-7 before rallying to 315-9 at stumps Saturday on the first day of the third test against England.

Mitchell Santner hit the last ball of the day for six to reach his fourth test half century and was 50 not out while Will O'Rourke had yet to score. The New Zealand tail added 76 runs in the last eight overs of the day to bring some balance back into the game after the failure of the middle order.

After a 105-run opening partnership between Tom Latham and Will Young, New Zealand enjoyed the rare experience of holding the upper hand over England in a series which so far has been one-sided in favor of the tourists. England

unassailable 2-0 lead, winning the first test in four days by eight wickets and the second in three days by 323 runs. In those seven days, Zealand occasionally had a dominant session.

But England won the toss and chose to bowl and by lunch New Zealand was 93-0 At that point it appeared England captain Ben Stokes might have misread or overestimated the conditions when he decided to send the ball would swing.

brown surface under a thin cover of grass and the day warmed quickly, burning off the overcast so that the ball neither seamed or swung to any great extent.

sound platform for the New Young was selected in place had made only 21 runs in 0 at home in October and

New Zealand in. The pitch at Seddon Park had a slight green hue and warm conditions and puffy clouds seemed to offer the promise Instead, there was a firm

Latham and Young set a



Zealand innings when they put on 105 for the first wicket, the Kiwis' best opening partnership in 28

of Devon Conway whose wife has just given birth to their first child.

There already was a clamor for his selection as Conway

tests of this series and Young was Player of the Series and averaged almost 50 when New Zealand swept India 3-

Young played with boldness from the start Saturday and was 42 not out at lunch including 40 runs from boundaries. At 42 he surpassed 1,000 runs in test cricket and became the first New Zealander the first New Zealander since Stephen Fleming to achieve that milestone without making a test

early November.

century. Rachin Ravindra made 18 with four well-hit boundaries and seemed set when he played loosely at a wide ball from Brydon Carse and was caught by Ben Duckett in the gully. There was an anxious pause when the television umpire checked for a no ball but there was no reprieve for Ravindra and this time no bad news for Carse who bowled Williamson with a no-ball in the second test. Kane Williamson reached 44 with every sign of authority on his home pitch on which

he averages 94. Then he clamped down on a ball from Matthew Potts which bounced back onto his stumps and he tried vainly

to kick it away.

Potts marked his return in place of the rested Chris Woakes with figures of 3-75 and the prized wicket of Williamson.

"I didn't have a great view of it. I was a bit confused but then I saw a bail drop down by his feet and it was pure elation after that," Potts said. "It was a massive wicket at that point in the innings. It's less about

milestones achievements of getting good players out but, at that key point in time, Kane could have taken the game away from us."

In quick succession New Zealand lost Daryl Mitchell (14), Glenn Phillips (5) and second test century-maker Tom Blundell (21), all to unwise shots.

Santner and Matt Henry put on 41 for the eighth wicket before Henry (8) was brilliantly caught by Harry Brook off Stokes. Brook first caught the ball standing on the boundary rope at fine leg, threw it up in the air and stepped over

in the air and stepped over the boundary, then caught it again as he stepped back into the field of play.

That brought out Tim Southee in his 107th and last test for New Zealand Southee will retire at the end of the series aged 36 and as New Zealand's secondhighest test wicket-taker with 389 Southee, who received a

guard of honor from the England fielders when he walked out, hit the second ball he faced for the 96th six of his career and the fourth ball for the 97th. England took the second new ball and Southee hit the first ball bowled with it for his 98th

sunday pioneer







"Elegance is not being noticed, it's about being remembered."

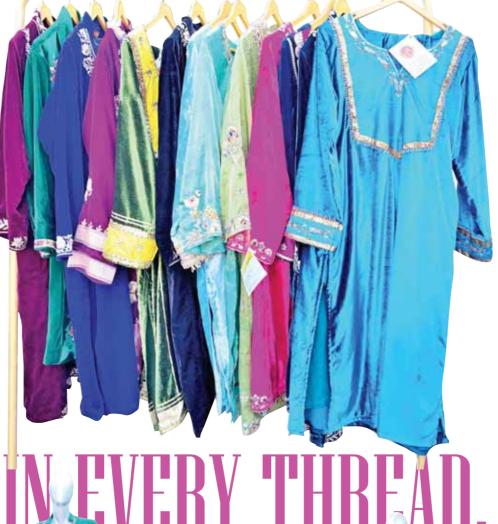
"Shubhrajyotsna," you are instantly transported to a world of delicate artistry and enduring tradition. The event, hosted by *Princess Manjari Mishra* of Ayodhya, was a heartfelt tribute to her late mother, Rani Jyotsna Mishra. Every detail of the event reflected the deep connection between heritage and craftsmanship, creating an environment that felt both majestic and intimate. The inauguration saw the presence of iconic figures like *Padma Shri Hema Malini*, *Padma Bhushan Sudha Murthy* and *Padma Vibhushan* Sonal Mansingh. Their words of admiration for Rani Jyotsna Mishra and her daughter's efforts added depth to the event. The venue was an aesthetic masterpiece, with every corner adorned with designs that captured the essence of Ayodhya's cultural legacy. The stunning collection of textiles and accessories from Shilpmanjari, Princess Manjari's artisanal atelier, was the highlight. From soft velvets to the intricate zardozi and gota-patti embroidery, each piece displayed a level of craftsmanship that was nothing short of breathtaking.

The showcased clothing celebrated the rich tradition of Indian fashion. The embellished sarees, paired with elegant cummerbunds and shawls, exuded a sophistication that stood out in a world often focused on fast fashion. These garments were steeped in tradition but had a contemporary appeal, making them versatile for any occasion. *Princess Manjari's* personal style, marked by subtlety and grace, was evident in each piece, which was not only a reflection of her cultural roots but also a vision of elegance.

In addition to the sarees, the accessories collection stole the show. Beaded potlis, embroidered belts and delicate hairbands were inspired by the flora, fauna and folklore of India. These accessories were carefully designed to complement the clothing, with each piece telling its own unique story. The work was rich in detail, from the vibrant designs to the tiny beads and pearls that added a touch of opulence.

Princess Manjari also created the "Shubhrajyotsna," perfume, which holds a special place in her heart as a tribute to her mother. The perfume's floral and woody notes perfectly reflect Rani Jyotsna's essence. Princess Manjari shared that her mother always loved the ingredients included in the fragrance and through this perfume, she feels her mother's presence will always be with them. The scent acts as a beautiful reminder of Rani Jyotsna, carrying her spirit with

The collections from *Shilpmanjari* also featured the *Panchatantra Collection*, where the spirit of folklore was brought to life through clothing



Through "Shubhrajyotsna," Princess

Manjari Mishra breathes new life

into Ayodhya's fashion heritage,

honouring her mother's elegance

and vision, says SAKSHI PRIYA



adorned with vibrant animal and bird motifs. This collection honored the mythical tales that are part of India's collective memory, blending tradition with creativity. Similarly, the *Darbar* Collection offered rich velvets and satin robes, reminiscent of the royal courts of yore. These regal garments, embellished with semi-precious stones, evoked the grandeur of royal darbars,

where opulence was essential.

The garments from *Shilpmanjari* are not just pieces of clothing; they are embodiments of history, heritage and art. Each design is thoughtfully crafted to celebrate the elegance of royalty while making it accessible for modern-day

wearers. The quality of the fabrics, the precision of the embroidery and the cultural inspiration that runs through every piece make them truly

Shubhrajyotsna beautifully blends the past with the present, offering a rare glimpse into a world where tradition meets modern style. The event not only celebrated exquisite craftsmanship but also highlighted the importance of preserving our cultural heritage. True beauty lies in the details, where tradition and creativity come together and every piece tells its own meaningful story.

THE NEW LIFESTYLE LANDMARK

By **TEAM VIVA**

n the fast-paced life of Noida, where long commutes and traffic have become a daily struggle, *Rcube Monad Mall* has emerged as a refreshing new destination, offering everything from shopping and dining to entertainment, all in one place. Located in Sector 43, this modern mall is quickly becoming the heart of the community, redefining urban living with convenience, luxury and family-friendly experiences. "We are incredibly proud to introduce Rcube

Monad Mall to Noida, a place that is more than just a shopping destination; it represents our commitment to creating sustainable and innovative urban spaces that enhance the quality of life for the communities we serve," said Mr. Anuj Malhan, Founder at Rcube Projects Pvt

Rcube Monad Mall isn't just another commercial centre; it's a thoughtfully designed neighbourhood hub. As Richa

Malhan, shares, "We wanted to create a destination close to home, offering everything you need within minutes." The mall is a one-stop shop for all things lifestyle, from retail stores featuring popular brands like Lifestyle and Fab India to essential services like salons and beauty parlours, all just moments away from nearby residential communities.

For families, this mall is a game-changer. It offers a variety of experiences for all ages, from Funky Island, an interactive play zone for kids, to family-friendly dining options like McDonald's and Popeyes. For parents looking for a place to unwind, the Birch bar provides the perfect space to relax, while MovieMax Edition, Noida's first luxury cinema with allrecliner seating, promises a premium movie experience. But the vision doesn't stop at shopping and entertainment. The Mall is committed to sustainability and plans to make the mall pet-friendly in the future, ensuring that even furry friends can enjoy the experience. This commitment to creating a space that caters to families, friends and

pets alike reflects the mall's dedication to improving the quality of life for

In a world that often feels rushed, Rcube Monad Mall stands as an example of a slower, more connected way of living. It's a space that blends convenience, luxury and community, offering a new, more human-centric approach to the modern lifestyle. Whether you're sipping coffee in the morning, enjoying lunch with family or watching a movie in the evening, Rcube Monad Mall has everything you need to make the most of your day and it's right in the heart of

PHOTOS: PANKAJ KUMAR

Richa Malhan, Founder at Rcube Projects Pvt Ltd.

Bringing Luxury Home Décor to Delhi

Maison Sia's store in Delhi is a walking luxury taking the shopping of home décor to a whole new level, says **ABHI SINGHAL**

aison Sia has launched its flagship store in Delhi, luxury home decor in India. The boutique is a refined space that mixes global craftsmanship with Indian sensibilities.

The store presents a curated collection of design pieces by internationally renowned names like Jean-François Lemaire and Glasremis, each reflecting a unique story that transcends borders. These works which are handpicked for their artistry and innovation, are a reflection of the brand's philosophy of offering sophisticated design solutions.

Vratika Gupta, the founder of Maison Sia, notes, "India's emerging luxury design market, with its hunger for authentic and extraordinary experiences, perfectly mirrors Maison Sia's creative philosophy."

The store is not just a retail space but a statement of how the brand fuses the best of global and local design. Featuring a collaboration with the esteemed furniture brand EDRA, the Delhi store also marks the debut of

A inspiring story of transportation Army Varadarajan, a brave Indian Army

unfortunately succumbs to the familiar tropes

commitment to duty are particularly

noteworthy. Sai Pallavi, as always, is a force of

nature, delivering an emotionally resonant

performance that captures the strength and

resilience of a grieving wife. Her portrayal of

Indhu's internal struggles, her unwavering love for Mukund, and her ultimate acceptance

of his sacrifice are truly moving. Rahul Bose

provides a solid supporting role as the

commanding officer, adding gravitas to the

The film's plot, while emotionally charged, follows a predictable trajectory. The narrative,

unfortunately, lacks originality, relying heavily

on familiar tropes seen in countless other army-related films. The fast-paced nature of

the film often leaves little room for viewers to

fully process the emotional impact of certain

of the genre.



Maison Sia's first furniture line, Maison Sia x Edra. The synergy between local architects, such as Seza Architects, and international design houses has shaped a unique and immersive shopping experience. With luxury home décor products



like funky showpieces namely Leblon Delienne, Sas Atelier, different-sized candles, and heavy coffee table books, the boutique also features exquisite lighting solutions, with each piece crafted from responsibly sourced materials, adding character





curated furniture further elevate the store's ambiance, offering a glimpse into a world of design where quality and creativity meet. Maison Sia's Delhi flagship store signals the brand's commitment to bringing global design luxury narratives to Īndia's most refined design enthusiasts.



Amaran keeps the audience bound with the action but succumbs to the familiar tropes of the genre, writes ABHI SINGHAL



scenes. The film could have benefited from a slower pace, allowing for greater emotional depth and character development.

The soundtrack features some catchy tunes. While some songs may appeal to a specific audience, they do little to enhance the narrative or elevate the emotional impact of the film. The background score, however, effectively builds tension and adds to the overall atmosphere of the film.

The film undoubtedly aims to create strong emotions, and in some instances, it succeeds. The scenes depicting the love story between Mukund and Indhu, as well as the poignant moments of grief and loss, are genuinely moving. However, the film's reliance on melodrama and predictable plot points sometimes undermines its emotional impact. The film could have benefited from a more nuanced portrayal of the complexities of war and its impact on the soldiers and their families.

Amaran is a well-intentioned film that pays tribute to the sacrifices made by our soldiers. While the performances are commendable, and the film boasts some emotionally resonant moments, its predictable plot and reliance on familiar tropes prevent it from reaching its full potential.

Rating: 3.5/5

December 15, 2024

the <u>pioneer</u>

The future belongs to those who believe in the beauty o











The Ashtalakshmi Mahotsav 2024 bought the traditions, art, and flavours of the eight northeastern states to the national stage, celebrating their unparalleled cultural richness at the Bharat Mandapam in New Delhi, says ABHI SINGHAL

he Ministry of Development of North Eastern Region (DoNER) took a remarkable step in celebrating and showcasing the diverse culture and vibrant traditions of Northeast India. In an effort to bring the essence of this unique region closer to the heart of the nation, the Government of India concluded the first edition of the Ashtalakshmi Mahotsav, a festival that honoured the unparalleled cultural heritage of the eight northeastern states. Held in the national capital Delhi, the event resonated with the lively spirit, colours, and flavours of the region, leaving an indelible impression on

The festival's name, "Ashtalakshmi," has been derived from the eight northeastern states namely Assam, Arunachal Pradesh, Meghalaya, Manipur, Nagaland, Mizoram, Tripura, and Sikkim, which were often referred to as the 'Ashtalakshmi' or the eight forms of prosperity. These states played an important role in enriching India's cultural, social, and economic fabric, making them indispensable contributors to the nation's diversity. True to its name, the festival served as a lively celebration of the region's unparalleled beauty, artistic heritage, and deep-rooted traditions.

The Ashtalakshmi Mahotsav 2024 was a threeday event held from December 6th to 8th at the Bharat Mandapam in New Delhi. The event provided a grand platform to showcase the region's thriving textile industry, elegant artisanal crafts, and distinct Geographical Indication (GI) products. It was a unique opportunity for the audience to engage with the intricate artistry and cultural richness of the

northeastern states. The festival's inauguration was graced by Prime Minister Narendra Modi, whose presence underscored the government's commitment to promoting and uplifting the northeastern states. The opening day featured an impressive array of performances and exhibitions, offering a glimpse into the vibrant artistic traditions of the region. A key highlight of the day was a spellbinding performance by the renowned Shillong Chamber Choir, whose unique fusion of traditional and contemporary music set a magical tone for the festival. The choir's soulful melodies were accompanied by traditional dance performances and folk music, providing an alluring and enriching cultural experience for

the attendees. One of the major attractions of the Ashtalakshmi Mahotsav was the food journey through the region's diverse cuisines, each dish telling a story of its own. Visitors had the opportunity to

savour an array of flavours that beautifully captured the essence of the Northeast. Assam's simple yet delectable offerings included rice, fish curry, and traditional pitha. Arunachal Pradesh presented its flavourful rice-based dishes like Thukpa and Zan, often prepared with locally sourced ingredients like bamboo shoots. Manipur delighted the crowd with healthy delicacies such as Eromba and Singju, which highlighted the region's love for fresh vegetables and aromatic spices.

Nagaland's bold flavours took centre stage with dishes like smoked pork and Akhuni, while Mizoram's milder but equally delicious offerings included Bai and smoked pork. Tripura brought forth an exquisite blend of Bengali and indigenous influences with dishes like Wahan Mosdeng and Mui Borok. Meghalaya's hearty preparations, such as Jadoh and Dohneiiong, resonated with the region's rich culinary heritage, and Sikkim's popular Phagshapa and Momos emphasised fresh ingredients and simple yet delightful flavors. Together, these dishes created a vibrant gastronomic experience, allowing visitors to relish the authentic taste of Northeast India.

The second day of the Mahotsav continued to captivate audiences with a mesmerising blend of music and artistry. Pangpari, a talented singersongwriter from Aizawl, Mizoram, enchanted the audience with her emotive blend of pop, indie, and jazz. Her heartfelt performance seamlessly merged modern music with traditional influences, offering a soulful









THE ASHTALAKSHMI MAHOTSAV NOT ONLY **CELEBRATED THE** TRADITIONS AND **CULTURAL HERITAGE OF** NORTHEAST INDIA BUT ALSO PROVIDED A SIGNIFICANT PLATFORM FOR THESE STATES TO GAIN BROADER NATIONAL RECOGNITION.





experience. Following Pangpari was Sofiyum, a Lepcha folk fusion band from Gangtok, Sikkim, that enthralled the crowd with its unique blend of traditional Lepcha folk songs and contemporary musical styles. Their performance beautifully illustrated the importance of preserving cultural heritage while adapting it to modern sensibilities.

The day also featured the Eastern Elements Unplugged session, an innovative musical experience that fused the Blues with Raga jazz, delivering a fresh perspective on regional music. The performances underscored the Northeast's incredible ability to adapt its traditional art forms to contemporary frameworks, creating something entirely unique and memorable. A major highlight of the festival was the Ashtalakshmi Fashion Show, which celebrated the rich textile heritage of Northeast India. Curated under the creative direction of renowned fashion stylist and show director Prasad Bidapa, the fashion show presented a stunning amalgamation of traditional handlooms and contemporary designs. The event emphasised sustainable fashion, highlighting eco-friendly and ethically produced garments as a part of the growing global discourse on sustainability.

Prominent designers from the region showcased their creations, each bringing their unique vision and dedication to preserving the Northeast's sartorial traditions. Jenjum Gadi from Arunachal Pradesh mesmerised with nature-inspired, gender-neutral designs. Bambi Kevichusa from Nagaland showcased her exquisite bridal wear while promoting sustainable craftsmanship. Richana Khumanthem from Manipur collaborated with local weavers to present garments that told stories of the region's weaving

Other notable designers included Patricia Zadeng from Mizoram, who focused on

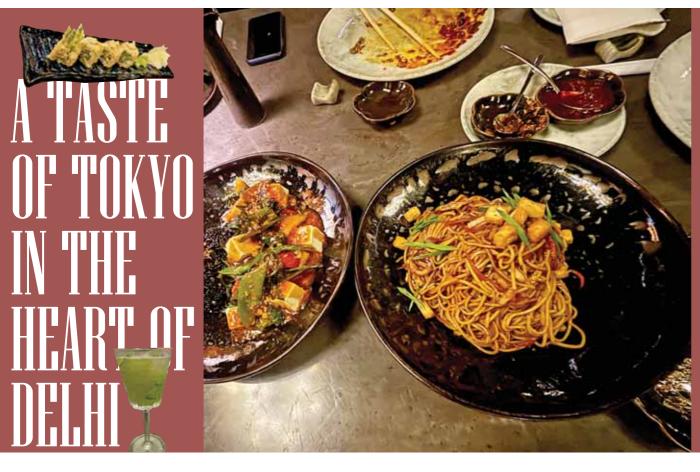
traditions.

indigenous fabric Ryndia. Karma Sonam Bhutia from Sikkim revived the traditional art of nettleweaving, while Priyanka D Patwari from Assam and Jyotsana Dev Verman from Tripura brought their distinct styles to the event. Together, these designers painted a vivid picture of the Northeast's creative and cultural potential. The final day of the Ashtalakshmi Mahotsav was a fitting conclusion to the three-day celebration, featuring a series of breathtaking performances. Basavdutta Chongtham (BASAV) from Manipur attracted the audience with her emotive vocals and poetic storytelling, while FeatherHeads Haokui, a Tangkhul Naga folk band, delivered lively renditions that celebrated the oral traditions of the Tangkhul tribe. Adding a traditional touch was the graceful

uplifting female artisans, and Daniel Syiem from Meghalaya, whose work highlighted the

Peacock Dance (Kaa Kingnara Kingnari) from Arunachal Pradesh, which showcased the beauty and elegance of Tai Khamti culture. The festival's final act, Imnainla Jamir, an exceptional electric guitarist from Nagaland, brought a modern twist to the celebration. Her performance blended Western music with Indian influences, embodying the fusion of tradition and innovation that defines the artistic spirit of Northeast India.

The Ashtalakshmi Mahotsav not only celebrated the traditions and cultural heritage of Northeast India but also provided a significant platform for these states to gain broader national recognition. Through its rich array of performances, exhibitions, and culinary delights, the festival strengthened the cultural bonds between India's diverse regions and highlighted the immense potential of the northeastern states. It was a tribute to the spirit and resilience of the people of the Northeast India, whose contributions continue to enrich the nation's cultural and social fabric.



Boya Restaurant at Chanakyapuri, Delhi, is a gastronomic gem with finely curated dishes from celebrity chef Augusto and equally tastefully done interiors, writes **TEAM AGENDA**



hanakyapuri, Delhi's diplomatic enclave, has welcomed a new culinary star, *Boya* Restaurant. This contemporary dining destination promises a delightful experience that blends innovative gastronomy with an inviting ambience. Helmed by the celebrated *Chef Augusto*, who is both the Executive Chef and Chief Operating Officer (COO), Boya has quickly become a beacon for food connoisseurs and culinary adventurers alike.

A CULINARY VISION REALISED

"Boya represents my vision of creating a dining experience that celebrates authenticity while embracing creativity," shares Chef Augusto. "Every dish on the menu has been crafted with passion, ensuring that it tells a story, evokes an emotion, and leaves a memorable impression." True to his words, the menu at Boya is a masterpiece that showcases an eclectic mix of global flavours with a

The restaurant's menu is a symphony of carefully curated dishes that highlight seasonal ingredients and culinary finesse. Signature offerings include the succulent Charcoal-Grilled Lamb Cutlets infused with exotic spices and the delicately balanced Miso-Glazed Black Cod, a dish that perfectly marries sweet and savoury notes. Vegetarians will rejoice at the Truffle-Scented Wild Mushroom Risotto, which Augusto describes as "a warm embrace in a

"For me, food is more than just sustenance; it's an art form," Chef Augusto explains. "Every

ingredient is chosen with care, and every preparation is a homage to its origin." This ethos is evident in every bite, where the harmony of textures and flavours takes centre

An Ambience That Speaks Volumes The allure of Boya extends beyond its food. The restaurant's design is a visual treat that complements the culinary journey it offers. With its understated elegance, Boya combines modern architecture with subtle cultural motifs. The interiors are adorned with warm, earthy tones, ambient lighting, and bespoke art pieces that create an atmosphere of refined

"We wanted Boya to be more than just a place to eat," says Chef Augusto. "It's a space where people can connect, celebrate, and create

memories." This philosophy resonates throughout the establishment, from the welcoming staff to the thoughtful table settings.

The open kitchen design adds another layer of intrigue, allowing diners to witness the chefs in action. The theatrical display of culinary craftsmanship not only enhances the dining experience but also reinforces the transparency and authenticity that *Boya*

A TOAST TO CRAFTSMANSHIP
Boya's beverage programme is equally impressive, featuring a curated selection of wines, artisanal cocktails, and nonalcoholic options. The Sommelier's Selection highlights rare vintages and regional specialities, while the signature cocktails, like the Citrus Bloom Martini and Smoked Maple Old Fashioned, are crafted to perfection.

'Our drinks menu is an extension of our culinary philosophy," Augusto notes. "It's about balance, creativity, and ensuring every sip complements the flavours on the plate." The mocktails, such as the refreshing Basil Lemonade and the exotic Lychee Rose Fizz, are equally delightful, catering to diverse palates.

ACCOLADES AND ANTICIPATION

Despite its recent launch, Bova has already garnered acclaim from critics and patrons. Food enthusiasts have praised the restaurant for its innovative menu and impeccable service. Many have also commended Chef Augusto's ability to create an experience that feels both luxurious and personal.

"The response has been overwhelming," says Augusto. "It's heartening to see diners appreciate the effort and thought we've put into Boya. For us, this is just the beginning."

A MUST-VISIT DESTINATION

Whether you're a seasoned foodie or simply looking for a memorable meal, Boya Restaurant is a destination that should be on your radar. With its exceptional menu, stunning ambience, and the genius of Chef Augusto at the helm, Boya is set to redefine the dining landscape in Delhi. 'Boya is not just a restaurant; it's a celebration of life, flavours, and

togetherness," Augusto concludes. "We're here to create moments that

linger long after the last In a city teeming with culinary options, Boya shines bright as a testament to what passion, creativity, and excellence can achieve. Make your reservations soon, this is one dining experience you won't want to







By **TEAM AGENDA**

tep into *Basko*, the newly launched culinary bar in Noida, Where ambiance, impeccable service and gastronomic artistry converge to create an unparalleled dining experience. Perched on a stunning rooftop, *Basko* exudes contemporary elegance with its warm, inviting interiors that seamlessly transition from a relaxed

daytime haven to an energetic evening hotspot.

hotspot.

Basko's menu is a curated journey across global cuisines, featuring standout dishes like the Lebanese Breaking Balloon, a feast for both the eyes and palate, and the Balochistan Raan, a richly spiced lamb delicacy slow-cooked to perfection. Adventurous foodies will love the Basko Surf & Turf Wingsand love the Basko Surf & Turf Wingsand the umami-packed Sesame Crusted Tofu with Teriyaki Glaze.

The handcrafted cocktail program elevates the experience further, with offerings like the Basko Ball, blending buttery popcorn flavors with refreshing twists, and the Picante Twist, a fiery delight for spice lovers. Each sip is as

inventive as it is indulgent.
With its exceptional service, vibrant social atmosphere, and thoughtfully curated events, including live performances and exclusive launches, *Basko* is redefining Noida's dining and entertainment scene. It's more than a restaurant; it's a destination where every visit feels like a celebration.

> Hours of Operation: 11 AM to 1 AM, Monday to Sunday For Reservations, Please Contact: 95991 99499 Address: Basko, 6th Floor, Starling Mall, Sector 104, Noida, Uttar Pradesh, 201303

Julio Castillo. Guests indulged in an authentic menu featuring iconic dishes such as ceviche, lomo

lovers enjoyed classics like suspiro a la

Le Méridien's

this sentiment, stating, "The Peru Festival exemplifies our commitment to

celebrating global cultures and connecting

our guests to enriching experiences. This partnership allows us to bring the vibrancy of

Peru's heritage to our guests in a unique and

The Peru Festival was an instant hit, drawing

crowds eager to savour the sights, sounds, and tastes of Peru. The event offered Delhiites an

opportunity to immerse themselves in the essence of Peruvian culture without leaving the

city-a chance that visitors embraced

memorable way."

sour and chicha morada.

limeña and picarones, paired with

traditional beverages such as pisco

Chef Castillo highlighted Peru's rich and diverse culinary heritage, shaped by Indigenous, Spanish,

African, and Asian influences.

"Food is the soul of our culture,

Manager Gitanshu Jetly echoed

and we're thrilled to share this with the world," he said.

Marketing



Experience two different worlds at Blag and Wyte, with both daytime relaxation and rocking nightlife on the rooftop, writes TEAM AGENDA

nder the open sky and also for people loving indoors, Blaq and Wyte in the Defence Colony, opens its doors to a chilling concept for the food and party lovers. With a unique concept of both daytime and evening preferences with flair and sophistication one side of the place is *Blaq* and the other is referred to as *Wyte.* With doors above the urban hustle, Blaq and Wyte promises a meal and a mood with slices of the heavens on both

Blaq's menu specialises in Pan Asian cuisine, featuring signature dishes like crunchy iceberg vegetable dumplings, Chengdu Lamb, and Tuna Tataki. By day, Blaq is a refined dining destination, but after 9 PM, it transforms into a lively party space with led displays and Asianinspired cocktails, creating a nightlife experience.

On the other hand, the Wyte offers a contrasting and complementary atmosphere as a day-themed chill cafe and restro-bar. Wyte features Mediterranean cuisine, serving dishes like Lamb Adana Kebab, Mezze Platter, and Stuffed Cannelloni. Wyte provides a relaxed, airy ambiance that's perfect for casual

gatherings or unwinding over a leisurely meal. Its bright and leisurely meal. Its bright and inviting decor makes Wyte an ideal daytime spot for savouring a curated selection of Italian and Mediterranean dishes in a laid-back setting.

prominence of other colours. Our vision was that without black, other colours wouldn't stand out as much. Blaq evolved into a proper party destination after 9-10 p.m, catering to Delhi's party crowd. However, we noticed a demand from guests seeking a more relaxed and conversational ambiance. That inspired Wyte, chill space with subdued music where guests can unwind, enjoy their food and drinks, and connect." said Nikhil Sharma, Founder of Blaq and Wyte.

Together, the place offers a great

chill time from day to night bringing its own unique flair and appeal to Delhi's upscale dining scene. Whether it's a relaxed afternoon at Wyte or an elegant, vibrant evening at *Blaq*, guests are invited to explore both spaces and embrace the full range of experiences offered in this exceptional dual dining destination.

"The *Blaq's* interiors feature black and gold, highlighting how enhances

> you've ever found yourself dreaming of a regal feast fit for



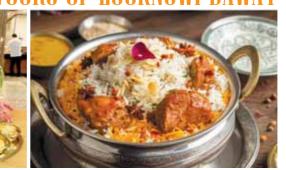
By **TEAM AGENDA**

By **TEAM AGENDA**

royalty, look no further than the heart of Lucknow, brought to life at Tamra, Shangri-La Eros New Delhi. Here, home chef Mansi, a culinary prodigy from the UP Khatri community, delighted food lovers with an exquisite journey through Lucknowi Dawat, a celebration of Awadhi cuisine, reimagined with a deeply rooted respect for tradition. Chef Mansi, whose expertise in authentic Awadhi flavours is steeped in generations of family recipes, hosted a unique pop-up event at the renowned international cuisine restaurant. Her cooking, inspired by the women of her family, honoured the vegetarian traditions of her community while introducing a delightful array of North Indian delicacies. Focusing on slow cooking and seasonal ingredients, she brought life to every dish, from the rich Zaffrani Biryani to the soul-soothing Dal. The evening began with Shammi Kababs, delicate, spiced patties of

minced meat, their tender texture and bold flavours setting the stage





for what was to come. Then, guests were treated to Khasta and Aloo the crisp, golden kachoris paired with tangy potatoes in a tomato gravy, a comforting prelude to the main course.

For the grand finale, the Zaffrani Biryani emerged as the hero tender meat and fragrant rice slowcooked under a blanket of saffroninfused steam, capturing the essence of *Awadhi* luxury. The Nihari, a slow-cooked stew of tender meat, braised overnight with aromatic spices, was a hearty winter delight, while the vegetarian dishes like *Lauki Musallam* – a stuffed gourd in a rich gravy - and the fresh, zingy Nimona, stole the

spotlight.
The evening ended with the indulgent *Phirni*, a saffron-flavoured rice pudding crowned with dry fruits and silver warq, served in charming earthenware bowls.

Chef Mansi's Lucknowi Dawat was not just a meal, but a celebration of culture, heritage, and culinary craftsmanship, a truly magical experience at *Tamra*, where tradition and innovation met with warmth and hospitality.

BLAQ Address: D-21, Third Floor Defence Colony, Delhi - 110024 Contact Number: 9582222702, 9582222703

Timings: 5 PM - 1 AM

WYTE Address: D-21, Third Floor, Defence Colony, Delhi-110024 **Contact Number:** 9582221704, 9582221705

Timings: 12 PM - 1 AM









In the heart of Westminster, London, St. James' Court offers a unique blend of Indian warmth and British charm, loved by Bollywood stars, says RUPALI DEAN

t. James' Court, a luxurious retreat nestled in the heart of Westminster, exudes an irresistible charm that makes it a favourite among the glitterati. This opulent hotel seamlessly blends grandeur with the warmth of Indian hospitality, creating a setting that feels as if it's been plucked straight from a glomorous film set. from a glamorous film set.

Celebrities such as the Bachchans, Ajay Devgan, Sunil Shetty and Manisha Koirala have often sought solace here, drawn by its enchanting ambience and impeccable service. From the moment you enter its grand lobby, the elegance of marble floors and the soft glow of chandeliers whisk you into a world of sophistication. The melodious strains of a grand piano fill the air, offering a romantic atmosphere perfect for both lively conversations and intimate moments. Cosy nooks adorned with vibrant artworks provide ideal spots for quiet reflection or a relaxing chat over chai, making the hotel a discreet haven for stars escaping the public eye.

A Serene Oasis of Elegance

The hotel's fairy-tale-like courtyard, shared with the adjacent *Taj 51 Buckingham Gate*, offers a tranquil oasis featuring a picturesque fountain encircled by lush greenery. It's an ideal setting for celebrity sightings or impromptu photoshoots. This serene environment allows guests to unwind, far removed from the city's hustle and bustle, making it a sanctuary for those seeking both luxury and tranquillity.

The accommodation at St. James' Court is a

"Besides therapies we also

curate specific meals that

align with guests' individual

health goals. For a more

interactive experience, we let

guests join the chefs in

preparing nutritious dishes,

offering a hands-on journey

into wellness cooking. This

immersive approach allows

you to savor the satisfaction of

dining on meals you've crafted

yourself. Such experiences go

beyond just dining-they offer a

chance to connect with nature,

embrace wellness, and enjoy

mindful eating in the tranquil

atmosphere of Jetwing

DR. GAYATHRI

NISSANKA

Senior Ayurvedic Physician,

Jetwing Lagoon

Lagoon.

evoke the splendour of royal living, ensuring guests a sumptuous retreat after a day of exploring. A standout feature is the renowned Jiva Spa, where rejuvenating treatments transport visitors into a state of bliss, proving that relaxation here is an art form perfected.

Conveniently located just a ten-minute stroll from Victoria Station, the hotel is a prime base for discovering London's iconic attractions. Landmarks such as Westminster Abbey and Big Ben are just a leisurely walk away, while St. James's Park offers stunning views and peaceful pathways. This enchanting locale has not only captured the hearts of tourists but also filmmakers seeking photographers and

Where Bollywood Glamour Meets Exquisite Cuisine

ining at St. James' Court is a culinary adventure designed to impress even the most discerning Bollywood stars. With an array of dining options, each venue celebrates global cuisines with a touch of flair.

TH@51 Restaurant & Bar delivers an international menu catering to diverse palates, making it a hotspot for both locals and globetrotting celebrities. For a quintessentially British experience, Kona reimagines afternoon tea with innovative themes that are as Instagram-worthy as they are delicious.

For authentic Chinese cuisine, The House of Ming offers a menu inspired by Sichuan and Cantonese traditions, guaranteed to captivate any A-lister. Meanwhile, the Michelin-starred Quilon presents a vibrant tribute to the culinary treasures of Indian elegance. Rich textiles and intricate details that could easily inspire a Bollywood screenplay.





A luxurious sanctuary of tranquility and wellness, Jetwing Lagoon is a perfect retreat for holistic

wellness, says SHARMILA CHAND

For those drawn to adventurous Indian flavours, a short cab ride to the Bombay Brasserie unveils a modern twist on traditional recipes, reminiscent of a Bollywood blockbuster reinterpreting a classic tale.

As evening falls, the Hamptons Bar beckons with masterfully crafted cocktails, set against the soothing melodies of a resident pianist. In the summer, the TH@51 Courtyard transforms into a magical alfresco dining venue, complete with fairy lights, offering an experience straight out of a romantic Bollywood scene.

Blending Indian Hospitality with British Elegance

t. James' Court not only boasts exceptional cuisine but also offers beautifully appointed rooms and suites that balance luxury with comfort. Thoughtfully designed, these spaces are perfect for families and friends, echoing the ensembles often seen in Bollywood films.

With its unique combination of Indian hospitality and British sophistication, St. James' Court has earned its place as a favourite among Bollywood's elite. It is more than just a luxury hotel; it is an elegant canvas capturing the essence of a magical

For stars who seek not only opulence but also a serene escape from the crowds, St. James' Court stands as a testament to comfort, charm, and an

unforgettable London experience.

Where? 54 Buckingham Gate, London SW1E 6AF, United Kingdom

 Rupali Dean, awarded 'Best Food Writer in the Country' by the Indian Culinary Forum, food and travel

Where Luxury Meets Holistic Wellness In Perfect Harmony



REVIVE. REJUVENATE REFLECTNestled between the quiet Negombo

lagoon and the gorgeous Indian Ocean, this luxury wellness resort embraces the serenity of the inland waters for a perfect island retreat.

As I step in, a feeling of calm and peace embraces me. I walk from the reception towards the suites, crossing the centrepiece 100 metre swimming pool which boasts of being one of the largest in the region. To my utmost pleasure, I have the company of one pretty egret following me in the garden. She stops when I go towards the staircase as my suite is located on the first floor. We look at each other conveying the message of 'see you'

Suites here are epitome of luxury and mine is lagoon facing while featuring all modern amenities. With the sunrise, I look forward to my bespoke wellness plan which begins with yoga and meditation session. And yes, meeting my friend once again in the garden.

There is something about the air at the resort that comforts, heals, and brings in peace. An in-house Senior Ayurvedic Physician, Dr. Gayathri Nissanka awaits, ready to curate a wellness plan following a personalised consultation.

WELLNESS ETHOS

Dr Gayathri explains, "At Jetwing Lagoon, the Wellness Experience is thoughtfully crafted around five key pillars: Mindfulness, Nutrition, Movement, Rest, and Community.



The wellness packages integrate these pillars, ensuring that every guest embarks on a transformative journey that inspires lasting lifestyle changes. From slow flow yoga and meditation sessions, luxurious spa treatments, age-old ayurvedic treatments, and nourishing wellness cuisine, we provide a comprehensive approach to rebalancing and restoring your body, mind, and spirit."

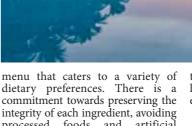
MINDFUL DINING

Dining at the Resort is a journey through a wholesome culinary experience. Designed to nourish the body, mind, and spirit in harmony with serene surroundings, wellness cuisine is at the heart of the culinary philosophy at *Jetwing Lagoon*. The culinary philosophy focuses on the use of fresh, natural, and nutrientingredients, thoughtfully prepared to enhance health, vitality, and balance. Every dish is crafted with care, prioritising plant-based whole foods while also offering lean meats and seafood, ensuring a diverse



"The culinary experience at Jetwing Lagoon goes beyond taste-it is about embracing a mindful approach to eating that supports your overall wellbeing. From vibrant salads and nourishing soups to revitalising juices and herbal teas, our menu is designed to rejuvenate your senses and restore your energy, creating a holistic dining journey that aligns

with the tranquil ethos of our resort. **ROHAN FERNANDO** Executive Chef, Jetwing Lagoon



dietary preferences. There is a commitment towards preserving the integrity of each ingredient, avoiding processed foods and artificial Set within the tranquil surroundings

of the resort, 'Blue Lagoon' restaurant lives up to its name with a spacious, serene setting that overlooks the stunning Negombo Lagoon. Inspired by the impressive length of the swimming pool, '100 Meters' is the Poolside Bar with a menu as extensive as its name. Have your pick from tropical cocktails and mocktails, or from a range of international beverages and spirits. Here at the Pool Bar, you will also find refreshing station, featuring fresh juices, smoothies, detox beverages, and selected mocktails.

'Pier Dining' turned out to be my favourite. On a cloudy evening, I chose to dine at the table set up right at the edge of gentle waters of the Negombo Lagoon. An open-air setup

on a private pier that extends out into

the open expanse of the lush landscapes is truly a memorable experience.

THE LOCAL NARRATIVE

Step out of the resort and explore fascinating tales of Negombo and its surrounding regions.

For the birding enthusiasts, a journey through the historic Dutch canals that lead to the famed mangroves of Muthurajawela in the south, or the lush open sanctuary Anawilundawa to the north are great natural aviaries abound with a number of endemic and migratory species that can be spotted on special excursions. For the adventure seekers, there are water sports to indulge in adrenalin-filled experiences on a sunny Negombo

afternoon. Take a city tour and discover history and culture at every turn. How the ruined Dutch Fort reflects Negombo's colonial legacy, while the bustling Lellama Fish Market pays tribute to its roots as a traditional fishing



"With luxurious villa-styled rooms sprawling expansively in a harmonious blend of tropical modernism, spaces bathed in natural light and lush gardens that transcends the calm of the gentle waters, Jetwing Lagoon is a sanctuary of peace and tranquility for a wellness getaway that rebalances, restores and revives.

ROMELLO PERERA General Manager, Jetwing Lagoon

village. I was not surprised why Negombo is also fondly known as 'Little Rome' as it is home to outstanding collection of churches. Also, do not miss the 300-year old Angurukaramulla Temple, which abounds in a number of ancient murals while a large Buddha statue stands as an icon prominently.

TO CONCLUDE

In this serene environment, worries melt away as you prepare to embark on a transformative journey. So go ahead and discover an iconic sanctuary meticulously designed to welcome guests seeking rejuvenation amidst luxe pampering.



























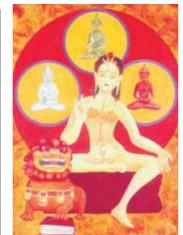




ARIES March 21-April 19

This week is pivotal for addressing any outstanding debts or loans. You may find yourself approached by friends or relatives seeking financial assistance for significant life events, like a wedding. Fortunately, you are well-placed to offer the necessary support, whether emotional or financial. Engaging in charitable activities could also be fulfilling during this period. While financial stability enhances your ability to enjoy life luxuriously, mid-week might bring a wave of daydreaming and fantastical thinking. You may find yourself indulging in various pleasures, from dining and fashion to leisure activities. However, be wary of your shifting desires, as they could lead to confusion and dissatisfaction. Staying grounded and setting clear, realistic goals is essential.

Lucky number 11 | Lucky colour Peach Lucky day Monday



LEO July 23-Aug 22

You possess a commanding presence and a strong inclination for things to unfold according to your expectations. Your meticulous nature shines even brighter than usual, filling your surroundings with dynamism and vigor. However, an excess of any trait can lead to distancing, conflicts, and an overall unpleasant atmosphere. This might cause some peers to either shy away from or challenge you, potentially leading to disagreements or differing views. It's essential for you to channel your abundant energy into more productive activities. Fortuitously, you are endowed with robust health, a respectable position, and significant influence. Although you lead in your pursuits, maintaining a harmonious environment could enhance your achievements even further. Despite this, such balance may seem elusive. Your dominant traits could risk the reputation you've painstakingly built.

Lucky number 13 | Lucky colour Pink Lucky day Wednesday



SAGITTARIUS Nov 22-Dec 21

This week may bring some health challenges that require you to step back and focus on recovery. You might need to undergo medical care, which will necessitate a brief pause from your usual activities. Fortunately, you will not be alone during this time, as your partner will provide unwavering support and comfort. This period is also an opportune time to deepen your spiritual connections. Engaging in spiritual practices and exploring your inner faith can significantly bolster your resilience and help you regain your balance. Embrace a path that emphasizes compassion, kindness, and love towards everyone. Family relationships will strengthen, allowing for open communication and shared insights. You may find yourself drawn to spiritual study and devotion, particularly in seeking peace and recovery.

Lucky number 2 | Lucky colour Ivory Lucky day Sunday



TAURUS April 20-May 20

This week, you may find yourself embracing a leadership role through your ability to influence and manage others effectively. Your capacity to understand and address the needs of those around you could strengthen your position. However, be aware of a contingent who may not appreciate your approach. These individuals might attempt to undermine your efforts, potentially impacting outcomes that include negotiated agreements or opportunities for which you've been competing. As the week progresses, you may feel a sense of fatigue from shouldering heavy responsibilities on your own. It would be wise to consider sharing tasks and authority more broadly. Delegating effectively can not only ease your workload but also enhance overall productivity and job

Lucky number 4 | Lucky colour Teal Lucky day Saturday



VIRGO Aug 23-Sep 22

This week presents an opportunity for growth and financial security, offering a sense of victory in achieving your goals. You'll find yourself enjoying various forms of entertainment and a satisfying home life, which could lead to fulfilling personal desires. As the week progresses, you may find yourself focusing on emotional achievements, potentially receiving positive news related to relationships or deepening bonds with significant others. However, be prepared for a phase where you might experience some confusion and a feeling of detachment. By the week's end, you'll find it beneficial to adapt and integrate new perspectives into your life. Embracing change and discarding outdated practices will help you maintain your balance and face future challenges with renewed

Lucky number 15 | Lucky colour Green Lucky day Friday



CAPRICORN Dec 22-Jan 19

This week, you might find yourself overwhelmed by emotions and sentimentality. Challenges may arise, steering things away from your desired outcomes and causing considerable emotional turmoil. Health concerns could also add to your stress, prompting you to focus more on well-being. It's a time to manage your finances wisely; prudent budgeting is essential. Mid-week calls for a systematic approach to navigate through these challenges effectively. Prioritize a balanced diet and disciplined lifestyle to maintain your overall health. As the week progresses, expect improvements in your professional life, which in turn could boost your financial situation. Satisfaction and joy will grow towards the weekend, and a significant personal goal, such as acquiring a property, may be within reach, enhancing your sense of achievement and well-being.

Lucky number 16 | Lucky colour Amber Lucky day Thursday



GEMINI May 21-June 20

Last week brought some rewarding outcomes, but caution is advised moving forward. Upcoming challenges at work may include conflicts and arguments with a domineering colleague. This period may be marred by criticism, underhanded competition, and harsh words. Midweek could see you coming under the influence of a negative individual, devoid of ethical considerations, potentially pushing you toward decisions that clash with societal norms. Despite these hurdles, your resolve remains firm. With confidence and determination, you'll navigate through these obstacles successfully. By the week's end, your integrity and truthfulness will shine through, earning you recognition and respect. This reaffirmation of your status will be a significant morale booster, allowing you to hold your head high amidst

Lucky number 6 | Lucky colour Lavender



LIBRA Sep 23-Oct 22

The upcoming week heralds a phase of enjoyment, recognition, and well-being. Positioned favorably, you are poised to reap the benefits of your dedication and perseverance, coupled with divine favor. This period accentuates your equitable and magnanimous traits. enhancing your leadership capabilities. Your integrity and altruistic nature resonate well with the flow of events, garnering admiration and influence among peers and admirers who value your counsel. At home or in professional settings, your role as a guiding figure is set to receive accolades from those close to you. However, as the week draws to a close, remain vigilant. Being proactive in managing these risks is advisable to maintain your current trajectory. Always remember, taking precautions is more prudent than seeking remedies after the fact.

Lucky number 21 | Lucky colour Saffron Lucky day Tuesday



AQUARIUS Jan 20-Feb 18

This week starts with a need for you to make significant decisions. It's important to approach these choices with a clear, objective mindset, as they could have profound impacts on your life or someone close to you. Expect some competition or conflicts at work: it's wise to avoid confrontations and adopt a more yielding approach during this time. Midweek might bring challenges, possibly criticism from a higher-up, which could leave you feeling downhearted. To combat this, engaging in meditation or following a spiritual practice could help restore your confidence and mental balance. Stay focused on your goals or aspirations, as this focus is crucial now. By the week's end, the atmosphere lightens, bringing a sense of positivity. Issues begin to resolve, and there might be developments in personal relationships. notentially involving commitments or heartfelt connections

Lucky number 22 | Lucky colour Copper Lucky day Saturday



CANCER June 21-July 22

This week begins with a surge of activity for you, pushing emotional considerations to the background. You'll find yourself faced with a professional opportunity requiring immediate attention and sharp skills. Embrace this chance to act decisively, as your clear communication and refined approach will pave the way for future benefits. As the week progresses, expect significant financial transactions. This period will also highlight you philanthropic side, as you feel compelled to assist those in need. Revisiting your financial commitments will be key during this time, ensuring that debts are settled responsibly. The latter part of the week brings developments in personal relationships. You may find yourself forming a new partnership or deepening existing ties, bringing a sense of fulfillment in love.

Lucky number 9 | Lucky colour Ocean Blue **Lucky day** Friday



SCORPIO Oct 23-Nov 21

This period is proving increasingly demanding for those with intense and focused energy. The pressure to excel is pervasive, affecting not only professionals but also students immersed in their academic pursuits. Both groups would benefit greatly from balance, ensuring you're equipped to tackle future challenges without succumbing to fatigue. Such stress can cause irritability and may even impact emotional stability. Health-wise, it's wise to prioritize well-being through regular check-ups and ensuring adequate rest, particularly for women who might experience physical discomfort mid-week. Additionally, tension in professional relationships could escalate into conflicts. It's essential to manage your responses and invest time in rejuvenation. Balancing your busy schedule with moments of eisure can prevent potential discord at work or home

_ucky number 8 | **Lucky colour** Gray Lucky day Saturday



PISCES Feb 19-March 20

This week is brimming with energetic potential for those who channel their creativity constructively. However, without a clear goal, efforts may falter. Focus is crucial in harnessing your dynamic energy for productive outcomes. Family matters demand your attention and compassion. Neglecting any health concerns could lead to significant financial consequences, so preventative measures are advisable. Midweek might present challenges, including personal separations and financial setbacks, potentially straining relationships. Yet, resilience and mental fortitude can provide necessary support during these times. As the week concludes, numerous opportunities may emerge, but be mindful not to overlook them due to preoccupation with personal pursuits. Engaging in discussions and journeys could enhance your emotional well-being. For those in relationships, this period fosters greater understanding and connection.

ucky number 19 | Lucky colour Red

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C V Srikanth

Thoughts shape reality; regulate them to transform your destiny.

ood is just a part of a balanced diet' ... For us it is about what goes into it and how we consume

it - a spiritual act. Across cultures and beliefs, the spiritual significance of food mirrorsthe deep connection between us, nature, nourishment, and the divine. It is the 'Sutradhar' the common thread running through belief systems, occasions, connect of self with nature, community sharing, mindfulness, and holistic wellbeing.

In Christianity, the Eucharist involves the symbolic consumption of bread and wine, representing the body and blood of Christ.

In Sanatan Dharma, Annaprashnasignifies the initiation of feeding the first grain to a babyaccording to family customs.

The spiritual purport of variety and ingredients - cooked rice as the beginning of life, variety of fruits forNaivedyam or Bhog to God as a gratitude to Him being the provider, clarified butter (ghee) in rituals symbolizes the cosmic connect. Cinnamon and cloves signify energy givers and absorbers, sweets for auspicious beginnings, Ganesh Chaturthi brings in ModhakandTeej / Raksha Bandhanannounces Ghewar. Pongal (the festival)beckons Pongal - The dish,DhokarDalnarings in Puja festivities

in Bengal.

The Spiritual significance of food



Simple water is so inspiringly sacrosanct - 'Mindfulness and Gratitude' Sprinkling water with recitation of mantras (invoking the divine within), is a way of seeking blessings, purifying oneself &the food making us more receptive eating - to be aware and present during meals bringing sanctity. Festivals ring in the community sharing embodying principles of generosity and hospitality.

A recommended spiritual practise isUpavasa(Staying near Oneness) or abstinence from food signifying direct connect to the Self- an act of self-

discipline and sacrifice abstaining from all the four forms chewing, licking, swallowing, and drinking. Going within to Purge and Purify for heightened

As per Vedic traditions, food is intertwined with spiritual evolution and the attainment of higher consciousness. In the Taittiriya Upanishad, the concept of "Annam Brahma" (Food is Para Brahman - The One and Only Supreme)encapsulates that foodis not just material sustenance but embodying the divine consciousness (Para Brahman). Taking our connect with

Annam to another level of spiritual

Everyday offering to God is Bhog or Naivedvam. Central to Vedic rituals is Yaina(rituals with sacred fire and mantras)- where offerings, including food, are made into the sacred fire as a deference to the Deities. Krishna explains in the Bhagavat Gita ...:

अन्नादभवन्तिभृतानिपर्जन्यादन्नसम्भवः। यज्ञाद्भवतिपर्जेन्योयज्ञःकर्मसमृद्भवः॥ 'All beings are born from and subsist on food. Food is produced by rains. Rains arise from the performance of sacrifice (Yajna), and sacrifice is produced by the performance of prescribed duties.'

A brilliant explanation of the interrelationbetween food, sustenance (rain), and the performance of sacrificial duties (Yaina).

We are what we consume. The idea of Ahara (food) and Vihara (lifestyle) -Sattvic(simple) Aharaand Spiritual Evolution in Ayurveda is exceptional. Everything is composed of 5 basic elements (Pancha Mahabhootas),-Earth (Prithvi), Water (Appu), Fire (Teja), Air (Vayu) Ether (Akasha). So, the Panchabhuta components of ingested food nourishes their respective elements in the body. Correct Ahara is the best medicine - essentially sayingthat Ahara and Vihara are agreeableto metabolism and constitution of an individual.

The gunas qualities of sattvic foodis considered to promote clarity of mind and spiritual growth. The Bhagavad Gita describes this as

आयुरूसत्त्वबलारोग्यसुखप्रीतिविवर्धनाः| रस्याः स्निग्धाः स्थिरा हृद्या आहाराः सात्त्विकप्रियाः || 'Foods that promotes life span, purity, increase virtue, strength, health, happiness, and satisfaction, which are juicy, succulent, wholesome, naturally tasteful, nourishing and pleasing to the heart, are dear to those in the mode of purity, goodness and righteousness (Sattva).'

Consuming Sattvic food supports physical health, nurtures a harmonious state of mind for spiritual practice. Food is Prasadawhen consumed with piety-with Blessings and Gratitude यत्करोशि यदश्नासि यज्जुहोशि ददासि यत् यत्तपस्यसि कौन्तेय तत्कुरुश्व मदर्पणम् ||27|| "All that you do, you eat, you offer as oblation & gift, and all austerities that you perform, do them as an offering to Me'

Surrendering of one's actions, including that of consuming food, as a pious offering fosters spiritual growth. It is not food and eating. It is spiritually evolving with masterful compositions of gratitude, mindfulness, self-discipline, interweaving us with nature and divine awareness. It is about 'Prana' - The Life Force.

