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magazine



War of words follow Manmohan Singh



The mortal remains of former PM Manmohan Singh being taken to Congress headquarters for party leaders and workers to pay their last respects. PTI

DEEPAK KUMAR JHA ■ NEW DELHI

A political row has erupted between the Bharatiya Janata Party-led Centre and Congress-led Opposition parties over a memorial for the former Prime Minister Manmohan Singh who was cremated with full State honours on Saturday in the presence of top dignitaries from India and abroad.

While the Home Ministry claimed to assure the late PM's family in a communication for a memorial in due course, the Congress, Samajwadi Party (SP) and Bahujan Samaj Party (BSP) demanded that the last rites should have been performed at a designated place where the Manmohan Singh's memorial could have been developed. Singh, 92, died on the night of December 26.

Simultaneously former President late Pranab Mukherjee's daughter Sharmistha too cried foul on the part of the grand old party which failed to honour the rights of Mukherjee who spent his entire life serving the Congress.

Rajghat. The BJP should refrain from presenting an inappropriate example of its narrow-minded thinking. History will never forgive them for this negative approach," he said. BSP president Mayawati said the wishes of Singh's family should be respected. "The Central government should ensure that the funeral and memorial of Dr Manmohan Singh, the country's first Sikh prime minister, are conducted at a location preferred by his family. No politics should be done on this matter and the government must honour the sentiments of Singh's family and the Sikh community."

Delhi LG orders high-level inquiry into AAP's ₹2,100 dole for women

RAJESH KUMAR ■ NEW DELHI

In a move that may once again rattle Aam Aadmi Party (AAP) convener Arvind Kejriwal, and his party ahead of the upcoming assembly polls, Delhi Lieutenant Governor Vinai Kumar Saxena ordered a high-level inquiry into the AAP led Delhi government's proposed Mukhyamantri Mahila Samman Yojana in which AAP's poll promise of Rs 2,100 to women if elected. The Lieutenant Governor also ordered that the Chief Secretary of the Delhi Government may bring the matter to the knowledge of the Election Commission of India (ECI) through the chief electoral office given that such canvassing is happening ahead of the election.



"This has reference to representation dated 25.12.2024 received from Sh. Sandeep Dikshit... he has alleged that the Chief Minister of Delhi and Sh Arvind Kejriwal have been announcing that Delhi Government is going to give every female in Delhi (above the age of 18 years) an amount of Rs 1000 per month... If AAP is elected back in the 2025 Vidhan Sabha elections, they will raise the amount to Rs 2100..." the communication from the LG's Principal Secretary to Chief Secretary Dharmendra and Delhi Police Commissioner Sanjay Arora stated.



Google maps misguides again: two injured in car accident

BISWAJEET BANERJEE ■ HATHRAS

In yet another incident of Google Maps leading travelers astray, a car accident occurred on an under-construction highway in Hathras district, leaving two people injured. The mishap took place in the Hathras Junction police station area near Vahanpur. According to the police, Bareilly residents Vimlesh Srivastava and Kushal Kumar were traveling to Mathura using Google Maps for navigation. Late at night, after passing through Sikandra Rao, they followed directions onto the under-construction Mathura-Bareilly Highway. Due to the absence of reflective boards warning about roadblocks, their car collided with a heap of stones and soil, causing significant damage.



The injured duo promptly informed the police, who arrived at the scene, cleared the car from the highway, and rushed the victims to a hospital for treatment. This is not the first time Google Maps has caused inconvenience or accidents. Recently, a family from Meerut endured hours of distress while trying to reach Saharanpur from Haridwar at night.

Highest single-day December rainfall in 101 years

RAJESH KUMAR ■ NEW DELHI

Delhiites experienced an overcast and chilly day after the city recorded the highest single-day December rainfall in 101 years. The city received 41.2 mm of rain between 8.30 am on Friday and 8.30 am on Saturday, marking the highest single-day December rainfall in 101 years. According to the India Meteorological Department (IMD), the Capital had last recorded the highest-ever rainfall on a single day in the month on December 3, 1923, at 75.7 mm. While rain in December is not unusual, it is usually light. As per IMD data, Delhi usually sees 8 mm of rain during the month over half a day. The rain in the city over the past 24 hours is over five times that.



The rains also made December 2024 the fifth-highest in terms of monthly rainfall since records began in 1901. In December 2024, Delhi logged 42.8 mm, the highest in the last 27 years when 71.8 mm of rain was seen in the month. "The cumulative 24-hour rainfall ending at 8.30am today is the second-highest since 1901 at Safdarjung. December's monthly rainfall is now the fifth-highest. The 24-hour cumulative rainfall refers to the precipitation recorded over the past 24 hours ending at 8.30am IST on the given date," the IMD official explained. The rainfall largely attributed to an active western disturbance interacting with easterly winds, transformed the usual dry chill of December into an anomaly.

WEATHER	
AQI	139
MAX	15.8°C
MIN	12.7°C

IMD scientist said. "Another western disturbance is expected around January 1, but that may not bring rain," IMD further explained. The IMD has issued a yellow alert for Delhi, predicting more showers for Sunday in the capital, Noida, Gurugram and other places in the national capital region. The weather department has forecast very dense fog for Sunday, with the maximum and minimum temperatures expected to settle at 17 and 9 degrees Celsius, respectively.

Shift Dallewal to hospital: SC gives Punjab Govt till December 31

PIONEER NEWS SERVICE ■ NEW DELHI

The Supreme Court on Saturday witnessed an unprecedented hearing on the issue of providing medical aid to Punjab farmer leader Jagjit Singh Dallewal, who is on fast-unto-death for over a month at Khanauri border seeking legal guarantee of Minimum Support Price (MSP) of crops among other demands. The hearing was conducted by a vacation bench of justices Surya Kant and Sudhanshu Dhulia, which gave time till December 31 to the Punjab Government to shift Dallewal to a nearby makeshift hospital, in an attempt to save his life.

CM directs officials for crop damage report by Dec 30

'All farmers, insured or not, will receive financial aid'

NALINI SAHU ■ BHUBANESWAR

Chief Minister Mohan Charan Majhi on Saturday convened a high-level meeting at the State Secretariat to review the devastation caused by unseasonal rains across the State between December 20 and 28. The meeting was attended by ministers and senior officials from the agriculture, revenue, and cooperation departments.

the crop damage caused by unseasonal rains. I have instructed officials from all relevant departments to compile a detailed crop damage report by December 30. Based on these reports, affected farmers will receive financial assistance through the Direct Benefit Transfer (DBT) system," Majhi told reporters after the meeting.



accounts of farmers dying by suicide or succumbing to heart attacks after witnessing their ruined farmlands have further spurred the administration into action.

such as paddy and horticultural produce. We assure all farmers that they will receive due compensation as per the guidelines and provisions of the Union and State Governments," the CM said.

Reports from across the State indicate that paddy farmers were the hardest-hit with crops that were ready for harvest and sale at government procurement centres submerged due to heavy rains caused by a low-pressure system over the Bay of Bengal. Vegetable and betel leaf farmers also faced severe losses as their crops could not withstand the relentless downpour.

In Jajpur Farmer dies of cardiac arrest over crop loss

AKSHAY ROUT ■ JAJPUR

A farmer in Chikana gram panchayat under Binjharpur block in Jajpur district died of a cardiac arrest on Saturday allegedly over loss of his crop.

immense mental pressure, according to family members. Manibhadra was rushed to the Binjharpur Community Health Centre (CHC), but the doctor declared him dead after some time. His family, while mourning his death, has demanded compensation from the government.

Putin apologises to Azerbaijani leader for 'tragic incident' involving crashed plane

AP ■ MOSCOW Russian President Vladimir Putin on Saturday apologised to his Azerbaijani counterpart for what he called a "tragic incident" following the crash of an Azerbaijani airliner in Kazakhstan that killed 38 people.

aratate statements blaming the crash on an external weapon. Friday's assessments by Rashan Nabiyev and White House national security spokesman John Kirby echoed those made by outside aviation experts who blamed the crash on Russian air defence systems responding to a Ukrainian attack.

civil aviation authority Rosaviatsia, said Friday that as the plane was preparing to land in Grozny in deep fog, Ukrainian drones were targeting the city, prompting authorities to close the area to air traffic.

Israeli airstrikes hit Yemen airport

Jet with hundreds onboard was landing at that time, says UN official

AP ■ UNITED NATIONS Israeli airstrikes hit Yemen's main airport as a civilian Airbus 320 with hundreds of passengers on board was landing and a UN delegation was waiting to leave.

yards) south of the VIP lounge and another about 300 metres to the north around 4:45 pm, while about five members of the UN team were outside the building.

Sanaa and underwent four hours of surgery while the rest of the delegation spent the night in a UN compound, Harneis said.

Sanaa airport on Thursday. Israel said it bombed the airport because it is used by the Houthis and Iran.

Yemenis — about half the country's population — need humanitarian assistance this year, and the UN expects the number to increase to 19 million next year because of the worsening economy.

Israel detains director of Gaza hospital

AP ■ DEIR AL-BALAH Israel's army detained the director of one of northern Gaza's last functioning hospitals as overnight strikes in the territory killed nine people, including children, Palestinian medical officials said Saturday.

director. On Friday, it denied it had entered or set fire to the hospital complex but acknowledged it had ordered people outside, and said it was conducting operations against Hamas infrastructure and militants in the area.

MedGlobal, the humanitarian organisation for which Abu Safiya worked, said Friday it was gravely concerned about him. It said the incident follows the October detention of five other staff, calling it an "alarming and egregious pattern of targeting medical personnel and spaces."

Trump asks Supreme Court to delay TikTok ban

PTI ■ WASHINGTON US President-elect Donald Trump asked the Supreme Court on Friday to pause the potential TikTok ban from going into effect until his administration can pursue a "political resolution" to the issue.

January 19, 2025, while it considers the merits of this case," said Trump's amicus brief, which supported neither party in the case and was written by D John Sauer, Trump's choice for solicitor general.

including a meeting last week with TikTok CEO Shou Chew. Trump has reversed his position on the popular app, having tried to ban it during his first term in office over national security concerns.

The law was signed by President Joe Biden in April after it passed Congress with broad bipartisan support.

exercise control" over TikTok's US platform by pressuring its foreign affiliates. The Biden administration has argued in court that TikTok poses a national security risk due to its connections to China.

P. WAY AND FORMATION WORKS IN KATIHAR DIVISION

Tender Notice No.: KIR/Engg./55 of 2024. Dated: 23-12-2024. E-Tender are invited by the undersigned for the following work: Tender No. 1: Brief Description of Work: New Jalpaiguri-Siliguri Jn. & Siliguri Jn.-Aluabari - Provision of track machine siding-1 and 2 stations respectively under the jurisdiction of Sr. DEN/III/Katihar (P. Way works and Formation work). Tender Value: ₹2,03,64,263.73/-; Bid Security: ₹2,51,800/-; Tender No. 2: Brief Description of Work: Katihar - Renovation of ORH Suite No. A, B, E & F and Room No. 1 & 2 including out side painting etc. Tender Value: ₹48,81,109.89; Bid Security: ₹97,600/-; Date & time of closing of above tenders at 15:00 hrs. and opening at 15:30 hrs. on 22-01-2025.

BEFORE DEBTS RECOVERY TRIBUNAL-II, DELHI

4th FLOOR, JEEVAN TARA BUILDING, PARLIAMENT STREET, NEW DELHI-110001 Notice under section 19(4) of the Recovery of Debts Due to Bank and Financial Institutions Act 1993 read with rule 12 & 13 of the Debts Recovery Tribunal (Procedure Rule) 1993 in the matter of TA No.196/2022 Date: 21.10.2024 CENTRAL BANK OF INDIA Applicant Versus MR. VIJAY KISHORE & ORS. Respondent

Whereas the above named applicant(s) has/have instituted a case for recovery of Rs.48,23,705/- (Rupees Forty Eight Lakh Twenty Three Thousand Seven Hundred Five Only) against you and whereas it has been shown to the satisfaction of the Tribunal that it is not possible to serve you in the ordinary way therefore, this notice is given by advertisement directing you to make appearance in the Tribunal on 14.02.2025 at 11:00 A.M. Take notice that in default of your appearance on the day before the mentioned, the case will be heard and determined in your absence.

SPECIAL TRAINS

In order to clear extra rush of passengers, Railways have decided to run the following Special Trains as per details given below:- 03255/03256 Patna Jn. - Anand Vihar (T) - Patna Jn. 08 Trips Express Special Train (Bi-Weekly)

07075/07076 Hyderabad Jn. - Gorakhpur Jn. - Hyderabad Jn. Express Special Train 02 Trips Train No.: 07075 Train No.: 07076 ARR. DEP. STATIONS ARR. DEP.

For detailed information regarding stoppages and timings of above trains, please call RailMadad Helpline No. 139 or visit enquiry website: www.enquiry.indianrail.gov.in

Italy's parliament approves budget

AP ■ ROME Italy's parliament on Saturday approved the government's 2025 budget, worth about 30 billion euros (USD 31 billion) in tax cuts and social security contributions for low-income citizens.

THE PIONEER CLASSIFIEDS

CHANGE OF NAME

I, Soni Mishra, W/o. No. 8377938K WO Ashutosh Mishra, R/o- H.NO.- 04, Azad Road, Chandausi, Dist-Sambhal, U.P. 244412, have changed my name from Soni Mishra to Soni Tiwari for all purposes, vide affidavit dated 28/12/2024 before Notary Public Delhi.

I, ANJALI W/O SANJAY KUMAR, HOUSE NO-00 SHAHPUR GOVARDHANPUR, SEC-128 Noida Gautam Budh Nagar UP-201304. Declare that in my passport documents. My mentioned name is Anjali Chauhan that is my correct name is Anjali and Anjali Chauhan is one and both are same person.

BNP criticises Yunus' suggestion to lower voting age to 17

PTI ■ DHAKA The Bangladesh Nationalist Party (BNP) on Saturday said that Chief Adviser Muhammad Yunus' suggestion to set the minimum voting age at 17 would put pressure on the Election Commission and could delay the election process.

Yunus, 84, who was sworn-in to lead the interim government after the ouster of former prime minister Sheikh Hasina in August, on Friday suggested that

the minimum voter age should be lowered to 17 years, The Dhaka Tribune newspaper reported.

He said that the current minimum age of 18 for becoming a voter is acceptable to all. "If you want to reduce it by one year, then let the new Election Commission propose it and engage in discussions with the political parties," the BNP leader said.

AMC FOR 70 MTR CRICKET GROUND MAINTENANCE

Tender Notice No.: 41 of 2024, Date: 26-12-2024. E-Tender are invited by the undersigned for the following work: Tender No.: DCESTMLG-34-2024; Name of Work: At NFRSA - AMC for 70 mtr cricket ground maintenance as per BCCI standard for 22.5 months (re-tender). Tender Value: ₹1,43,53,200/-; Earnest Money: ₹2,21,800/-; Date & time of closing of above tender at 13:00 hrs. on 17-01-2025 and opening on 17-01-2025 after closing. For complete information with the tender document of above e-tender will be available up to in the website http://www.ireps.gov.in

PUBLIC NOTICE

Applicant Rakshapal Singh son of Shri Sonalika resident-300, Haldwani, Uttarakhand is a resident of district Gautam Buddha Nagar. The behavior of the applicant's son Vinay Shukla and daughter-in-law Karishma alias Rani has been cruel towards the applicant and his family.

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9th telecom firm hit by massive Chinese espionage campaign, White House says

AP ■ WASHINGTON A ninth US telecom firm has been confirmed to have been hacked as part of a sprawling Chinese espionage campaign that gave officials in Beijing access to private texts and phone conversations of an unknown number of Americans, a top White House official has said.

massive hacking operation that has alarmed national security officials, exposed cybersecurity vulnerabilities in the private sector and laid bare China's hacking sophistication. The hackers compromised the networks of telecommunications companies to obtain customer call records and gain access to the private communications of what officials have said is a limited number of individuals.

He said that the current minimum age of 18 for becoming a voter is acceptable to all. "If you want to reduce it by one year, then let the new Election Commission propose it and engage in discussions with the political parties," the BNP leader said.

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THE YEAR THAT WAS: FASHION

A year of creativity, celebration and heartfelt goodbyes, 2024 showcased Indian fashion's evolving soul and the stories it tells, writes **SAKSHI PRIYA**

PHOTOS : PANKAJ KUMAR

INDIAN COUTURE WEEK

In July, Fashion in 2024, showcased at *Indian Couture Week*, celebrated Indian craftsmanship with bold innovation. Designers like *Abu Jani Sandeep Khosla* infused traditional embroidery with modern silhouettes, while *Amit Aggarwal's ANTE VORTA* featured futuristic metallics. ASAL's MARD redefined menswear with gender-fluid designs and *Falguni Shane Peacock's Rang Mahal* exudes opulence. *Jayanti Reddy* highlighted understated elegance, *Gaurav Gupta* stunned with sculptural draping and *Rahul Mishra* merged nature-inspired motifs with intricate embroidery. *JJ Valaya* added royal grandeur, while *Dolly J* showcased ethereal designs, alongside many others who enriched the event. The year embraced sustainability, inclusivity and modern aesthetics, marking a milestone in Indian couture.

MISHRU BY SWAPNA ANUMOLU

October in Delhi brought a wave of creativity and couture to the city, with *Resonance 2024/25* by *Mishru* taking centre stage at the Embassy of Belgium. The artistry of *Swapna Anumolu*, whose latest collection beautifully fused nature with urban aesthetics. Each piece told a story, blending intricate craftsmanship and vibrant textures. The highlight of the evening was Bollywood's *Shraddha Kapoor*, who graced the runway as the showstopper, effortlessly bringing the collection to life. *Mishru's* stunning fusion of traditional techniques with modern designs marks a new chapter for Indian fashion, embracing both heritage and future innovation.

THE MAN IN THE MIRROR BY ABHINAV MISHRA

The 2024 couture season brought a stunning celebration of tradition and innovation with *Abhinav Mishra's* "The Man in the Mirror." The collection showcased mirror-work, with pieces like 'Kalbeliya' drawing inspiration from Rajasthan's folk dance, featuring bold colours and intricate patterns. From traditional lehengas to contemporary kaftans, Mishra's creations blended heritage with modern flair.

Fashion is the art of self-expression, a canvas where creativity meets elegance, a place where every stitch tells a story and every design carries a vision. As we bid farewell to 2024, this year has truly proven to be a defining moment in the world of fashion. From the grand showcases at *Indian Couture Week* to the dazzling displays at *Lakmé Fashion Week*, Delhi has been the stage for timeless elegance and bold creativity. Designers like *Rahul Mishra*, *Gaurav Gupta* and *Ravi Bajaj* have brought their unique touch to Indian fashion, seamlessly blending tradition with modern innovation. The year culminated in *Rohit Bal's* emotional final show, marking the end of a legendary era. As we look forward to the exciting promises of 2025, we wish our readers a year ahead filled with inspiration, style, and unforgettable moments in the ever-evolving world of fashion.

QUETZALLI BY SUNEET VERMA

Suneet Verma's Quetzalli collection fuses Mexican craftsmanship with Indian Couture, celebrating heritage and artistry. *Varma's* Quetzalli collection, in collaboration with *PATRÓN Tequila*, brought together the best of Mexican craftsmanship and Indian couture. The show was a visual feast, with gowns adorned in intricate lacework, metallic motifs and dramatic feather details. The collection, which blended traditional techniques with modern sensibilities, captivated the audience from start to finish. A fitting grand finale left a lasting impression, showcasing *Varma's* genius in weaving cultural stories through couture.

AURUM BY RAVI BAJAJ

Ravi Bajaj's new label, 'Aurum,' made its debut with a stunning fashion show that beautifully combined traditional Indian elements with a modern twist. The collection, focused on wedding wear, featured intricate designs in lace, organza

LAKME FASHION WEEK

In October 2024, the fashion world was treated to an unforgettable display of Indian craftsmanship and innovation. *Péro* by *Aneeth Arora* opened the season with its enchanting "HELLO péro" collection, which creatively blended nostalgia and modernity. *Kalki's* "Mushk" collection wowed with its intricate handwoven embroidery, while *Monisha Jaising's* luxurious designs made a bold statement. *Payal Pratap's* work elegantly fused traditional techniques with contemporary silhouettes. *Samant Chauhan's* showcase stood out with his unique handloom weaves and rich textures. The grand finale, presented by *Rohit Bal*, unveiled his breathtaking "Kaaynaat: A Bloom in the Universe," where intricate embroidery and flowing fabrics celebrated nature's beauty, leaving a lasting impact with Lakmé muse *Ananya Panday* as the showstopper.

and pearls, with men's kurtas and womenswear lehengas showcasing timeless elegance. The collection's gold and white colour scheme symbolised prosperity, offering a fresh take on bridal attire. As 2024 ends and the wedding season approaches, 'Aurum' stands out, redefining modern wedding wear with grace and sophistication.

A FAREWELL TO A FASHION ICON

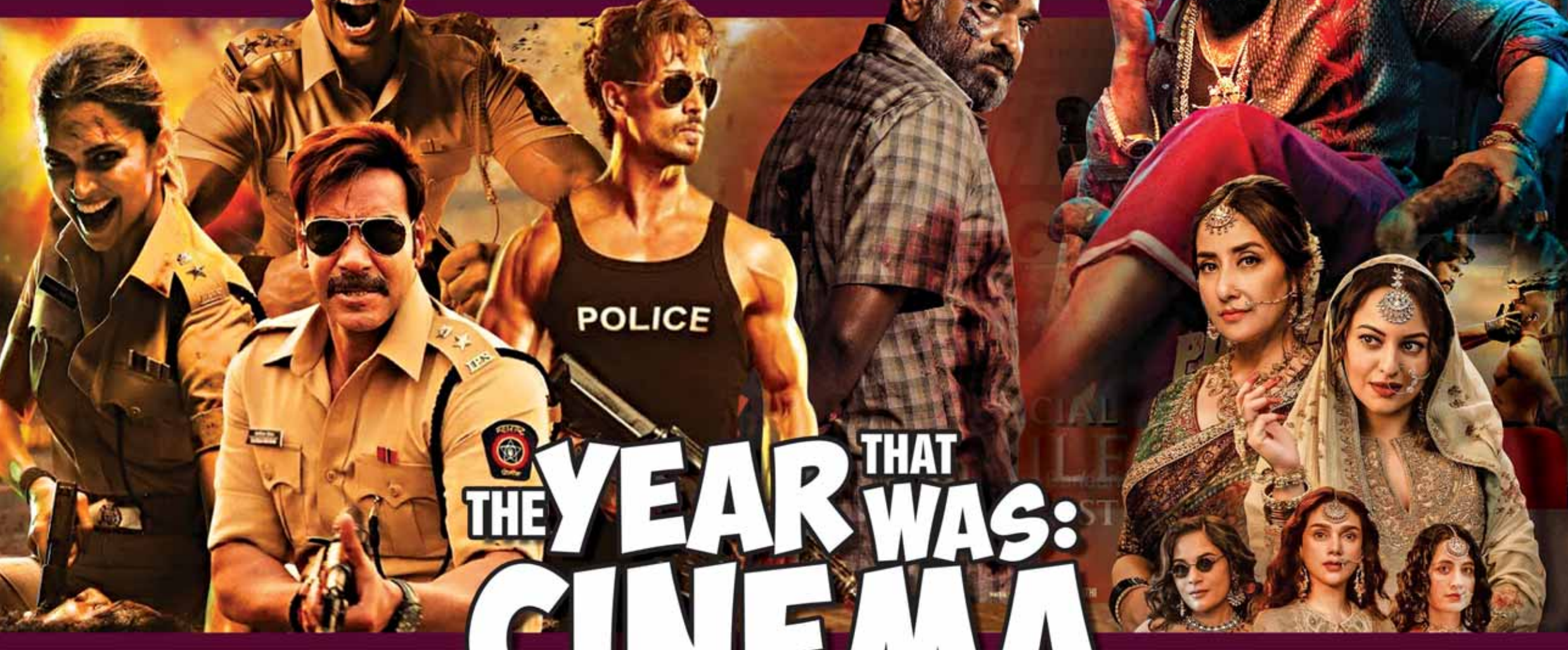
As 2024 unfolds, it has been a year of both celebration and sorrow in the fashion world. We witnessed monumental achievements in design and innovation, but also faced the heart-wrenching loss of *Rohit Bal*, affectionately known as "Gudda." His final show at *Lakmé Fashion Week*, titled "Kaaynaat: A Bloom in the Universe," was a moving tribute to his creative spirit, celebrating the beauty of nature and cosmic wonder. Actress *Ananya Panday*, the showstopper, embodied Bal's timeless, graceful vision, while each piece showcased his devotion to beauty, detail and imagination. His legacy will endure.

BAARAAT BY TASVA BY TARUN TAHILIANI

Men's fashion has evolved dramatically, with 2024 marking a defining year in wedding wear. The spotlight shifted to the modern groom, embracing his individuality and heritage. 'BAARAAT by Tasva,' a showcase designed by the renowned *Tarun Tahiliani*. The collection featured exquisite sherwanis and bandhgallas, each a perfect blend of tradition and contemporary flair. The collection, with intricate detailing and luxurious fabrics, allowed grooms to shine, making a powerful statement about embracing personal style while honoring their roots.

the pioneer agenda

"Cinema's characteristic forte is its ability to capture and communicate the intimacies of the human mind"
— Satyajit Ray



THE YEAR THAT WAS: CINEMA

2024 has yet again been an amazing year for films, from iconic performances to thrilling narratives and unexpected misses, writes **ABHI SINGHAL**

TOP 10 FILMS

Amar Singh Chamkila: The film takes you through the lives of pop star duo Amar Singh Chamkila and Amarjot Kaur, shedding light on their rise to fame in the 1980s through chart-topping songs.
RATING: 4/5

Do Patti: Do Patti is a story of twin sisters, whose troubled relationship is tested by love, betrayal, and redemption. The film explores the themes of domestic violence with standout performances by Kriti Sanon.
RATING: 4/5

Maharaja: After his home is broken into, a barber seeks revenge by cryptically telling police that his "lakshmi" has been abducted. The story of his journey to retrieve "lakshmi" begins.
RATING: 4/5

Bhaiyya Ji: A retired crime boss is pulled back into a world of bloodshed and violence as he seeks vengeance against those who killed his younger brother, featuring Manoj Bajpayee as Bhaiyya Ji.
RATING: 4/5

Lucky Bhaskar: Lucky Bhaskar a Telugu-language period crime drama about a lower-middle-class man who turns to financial scams to overcome debt and humiliation, featuring Dulquer Salmaan in a compelling titular role.
RATING: 4/5

CTRL: CTRL is a thriller directed by Vikramaditya Motwane, plotting the dark side of the digital age and the dangers of oversharing online.
RATING: 3.5/5

Article 370: The story follows Yami Gautam as a special agent, assigned a high-stakes mission to quell violence in Kashmir and render Article 370 ineffective.
RATING: 3.5/5

Berlin: In 1993, the Bureau accused and arrested a deaf-mute young man of spying in New Delhi. An interpreter with expertise in sign language is brought in.
RATING: 3/5



Laapataa Ladies: Laapataa Ladies is a humorous and heartwarming tale of identity, empowerment, and self-discovery, marking Kiran Rao's triumphant return to direction.
RATING: 4.5/5



Sector 36: Sector 36 is a chilling crime thriller showcasing Vikrant Massey as a psychotic serial killer. The 124-minute drama is a must-watch for crime genre enthusiasts, delivering an unsettling narrative.
RATING: 3.5/5

WRONG CHOICES (FLOPS)

Bade Miyan Chote Miyan: Bade Miyan Chote Miyan is a Hindi sci-fi action film directed by Ali Abbas Zafar, starring Akshay Kumar, Tiger Shroff, and Prithviraj Sukumaran. The story follows two ex-soldiers racing to thwart a vengeful scientist's plan to attack India.

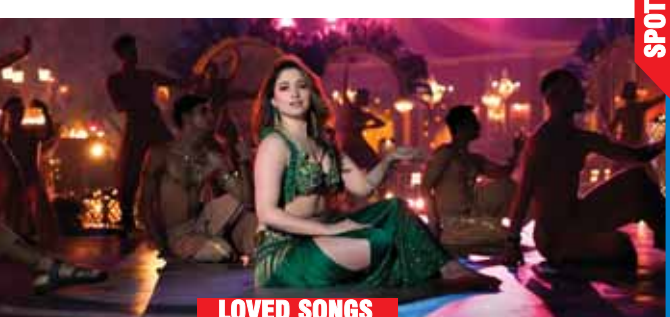
Sarfira: Sarfira is a Hindi drama directed by Sudha Kongara, starring Akshay Kumar, Paresh Rawal, and Radhika Madan. A remake of Soorai Pottru, it follows a man's fight to create affordable airlines for low-income people, battling numerous obstacles along the way.

Maidaan: Maidaan is a biographical sports drama directed by Amit Ravindernath Sharma, starring Ajay Devgn as Syed Abdul Rahim, a pioneering football coach in India.

The Buckingham Murders: The Buckingham Murders is an Indian crime thriller directed by Hansal Mehta, starring Kareena Kapoor Khan as a grieving British-Indian detective investigating a child's murder in Buckinghamshire.



Yodha: Yodha an action thriller following Arun Katyal (Sidharth Mahotra), a former soldier suspended after a failed mission, who is found on a hijacked plane years later. Blamed for the hijacking, Arun seeks revenge against the system.



Aaj Ki Raat: Madhubanti Bagchi, Divya Kumar, Sachin -Jigar
Sahiba: Jasleen Royal
Suniyan Suniyan: Juss and MixSingh
Ve Haaniyaan: Danny Ft Avvy Sra
Kaavaala: by Shilpa Rao, Anirudh Ravichander

Cinema has long been a reflection of society, a medium of mass communication, and an instrument for change. From its inception, films have served as more than just a source of entertainment. They have been a mirror to society, amplifying voices, shedding light on pressing issues, and sparking conversations that transcend borders. Over the decades, the cinematic landscape has evolved, offering a fascinating mix of artistry, storytelling, and technical brilliance. This year was no exception.

Looking back at the journey of Indian cinema, it is astonishing to witness its evolution—from the poignant realism of Satyajit Ray's "Pather Panchali" and the thought-provoking narratives of Shyam Benegal to the visual spectacles crafted by modern filmmakers like S.S. Rajamouli and Sanjay Leela Bhansali. Over 69 years, the industry has grown into a cultural phenomenon, shaping not just entertainment but also the values and ideals of its audience.

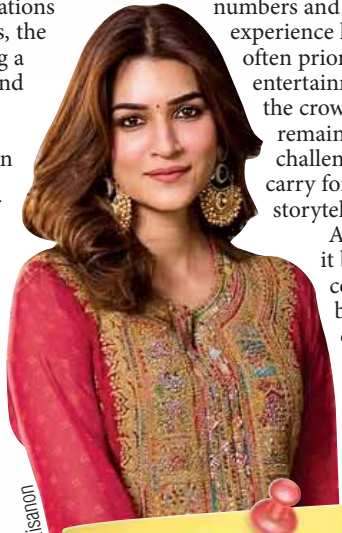
The early years of Indian cinema were driven by socially conscious storytelling, as seen in classics like Shatranj Ke Khilari, Sadgati, and Aparajito. These films addressed societal issues with sensitivity and depth, using the medium to educate and inspire change. Directors like Ray and Benegal paved the way for a golden era where art met purpose, creating a legacy of films that resonated deeply with audiences.

In recent years, however, talking about

films like Pushpa 2, Teri Baaton Mein Aisa Uljha Jiya, Kalki 2898 AD, Kill, and more there has been a discernible shift in the motives behind filmmaking. While the essence of cinema as an art form endures, the industry has leaned heavily towards commercialisation. With a focus on box office numbers and global appeal, the cinematic experience has transformed into a spectacle, often prioritising grandeur and entertainment over substance. Yet, amidst the crowd of mass-market releases, there remain exceptions about the films that challenge norms, provoke thought, and carry forward the tradition of meaningful storytelling.

As we look back at the year that was, it becomes evident that cinema continues to straddle the line between its artistic roots and its commercial aspirations.

The past year has been a testament to the diversity of the medium, offering a mix of groundbreaking narratives, record-breaking successes, and a glimpse into the future of filmmaking will also some flops which didn't do well. This retrospective explores how the industry has evolved over time and examines the key highlights of the cinematic journey this year, from the unforgettable performances to the innovative storytelling that defined 2024.



Actor of the year
Kriti Sanon stole 2024 in her name by her stellar, glamorous performances and delivering back to back hit films even with female protagonists loved by the audience.

SPOTLIGHT

SPOTLIGHT



TOP 5 WEB SERIES

1 Jannapaar: Jannapaar is a series on Amazon Mini TV about Shanky Bansal, a young man from East Delhi grappling with identity and aspirations. Struggling with feelings of inferiority, Shanky disowns his roots but eventually learns to embrace and take pride in them.

2 Gyaarah Gyaarah: Gyaarah Gyaarah, streaming on Zee5, is an Indian adaptation of the South Korean series Signal. It blends time travel, suspense, and crime drama across three timelines.

3 Heeramandi: Airing on Netflix, Heeramandi: The Diamond Bazaar is a 2024 Hindi period drama by Sanjay Leela Bhansali, exploring the lives of tawaifs in Lahore's Heera Mandi during India's independence struggle. The star-studded cast includes Manisha Koirala, Sonakshi Sinha, and Aditi Rao Hydari.

4 Mirzapur Season 3: The third season of Mirzapur gets into an intense power struggle between Guddu, Sharad Shukla, and Kaleen Bhaiya, as alliances shift and rivalries deepen in the lawless city.

5 Ranneeti: The web series Ranneeti: Balakot and Beyond is a 2024 action series streaming on Zee5, following an R&AW agent and his team as they combat hybrid warfare post-Pulwama attacks. They race to rescue a captured pilot, expose Pakistan's propaganda.

The year that was: food

With 2024 about to end, we reflect on the food trends and unforgettable flavours that defined the year, says **SAKSHI PRIYA**

A YEAR TO SAVOUR: FOOD MOMENTS OF 2024

As 2024 draws to a close, it's time to reflect on the tastes and trends that defined our culinary year. From viral dishes that united food lovers to beloved celebrity recipes that took over our kitchens, the year reminded us how food connects us. Whether it was the streets of Delhi buzzing with chatter over piping-hot kachoris or Instagram feeds flooding with quirky food combos, 2024 proved that our love for good food knows no bounds. So, let's dive into the highlights that made this year a feast for both our plates and our hearts.

VIRAL CELEBRITY RECIPES

Jackie Shroff's Anda Curry Patta and Baingan Bharta

Jackie Shroff's *Anda Curry Patta* became a go-to comfort dish for many, while his smoky *Baingan Bharta* gave eggplant a superstar moment. Everyone seemed to try their hand at his recipes, inspired by the way he explained each step in his cooking videos, peppered with his trademark "bhidu" charm. Fans couldn't get enough, rating his dishes a solid 10 out of 10 for their earthy, soulful, and undeniably delicious flavours. Jackie truly became the culinary hero of 2024!

Aditi Rao Hydari's Khagina

Aditi Rao Hydari's *Khagina* became a sensation as everyone tried recreating her rich, buttery take on the classic egg dish. Her charming explanation, "cut the onions into moon-shaped slices, cook until pinkish, crack the eggs and top with masala", made it a viral hit. Fans across the internet hailed it as the perfect brunch staple, calling it a true "taste of warmth".

Farah Khan's Yakhni Pulao

Farah Khan's *Yakhni Pulao* was the culinary sensation of the year. A soulful mix of tender meat and fragrant rice, the dish captivated fans who couldn't stop praising its simplicity and rich flavour. On her YouTube channel, she showed every step, making it easy to recreate. Viewers loved her detailed tips and rated it a perfect 10, proudly sharing their own versions online and creating videos titled "Trying Farah Khan's Favourite Yakhni Pulao".



INSTAGRAM VIRALS

Vada Pav in Delhi: A tiny stall in the heart of Delhi sent Mumbaikars into a frenzy! Foodies queued up for hours to get a taste of this Mumbai classic, proving that Delhi truly embraces all flavours.

Popcorn Momos in GK: Momo mania reached new heights with this crunchy, buttery twist. Found at a GK corner, this snack became the ultimate winter indulgence, drawing food bloggers and crowds alike.

Viral Cucumber Jar Salad: Healthy eating met Instagram aesthetics with this layered cucumber salad in a jar. With its vibrant colours and zesty dressing, it became a favourite for fitness enthusiasts and food photographers.



THESE DISHES NOT ONLY DEFINED THE CULINARY LANDSCAPE OF 2024 BUT ALSO REMINDED US OF THE DEEP CONNECTIONS BETWEEN FOOD, CULTURE AND COMMUNITY. HERE'S TO MORE DELECTABLE ADVENTURES IN THE YEAR AHEAD!



CELEB VIRAL FOOD COMBOS



Deepika Padukone's Ema Datshi
Deepika's love for the Bhutanese cheesy chilli dish *Ema Datshi* had people flocking to Tibetan restaurants to experience its fiery, creamy magic.



Janhvi Kapoor's Idli and Chicken Curry
This unlikely combo went viral after Janhvi shared her love for it. Foodies everywhere couldn't resist trying it, and it quickly became a trending dish, with fans recreating it at home and experimenting with the combo in their own kitchens.

Shradha Kapoor's Varan Bhaat
This Maharashtrian classic became a viral sensation as Shradha shared her family recipe. Fans across India tried recreating this simple yet comforting dish.

FLAVOURS THAT TRAVELLED

As we say goodbye to 2024, we revisited the places that captured our hearts and taste buds (Travel page III), where every bite told a story. Here's to the flavours that made this year's travels truly special.

Banaras #malaiyo #tamarchaat

Banaras delivered on all fronts this year, especially with its food. The winter-special *Malaiyo*, a frothy dessert that melts in your mouth, became a seasonal must-try. Meanwhile, the tangy and spicy *Tamatar Chaat* delighted foodies with its zesty flavours, making it the city's street-food superstar.

Kashmir #kahwa #roganjosh

The "Paradise on Earth" showcased its culinary treasures alongside its natural beauty in 2024. *Kahwa*, the traditional spiced tea and the aromatic *Rogan Josh* were must-haves for travellers seeking warmth and flavour amidst the snow-draped landscapes.

Ladakh #thukpa #buttertea

Ladakh's dishes weren't just delicious, they were soul-soothing. The hearty *Thukpa*, a noodle soup packed with vegetables and meat, became a favourite, while the creamy, salty *Butter Tea* was a comforting companion in the chilly weather.

Goa #porkvindaloo #crabxecxec

Goa's cuisine stole the spotlight in 2024 with its bold and flavourful offerings. The spicy and tangy *Pork Vindaloo*, *Crab Xec Xec* and fiery *Prawns Balchao* cemented their place as iconic dishes, bringing joy to every table.

Lakshadweep #muskaavab

The smoky and succulent *Mus Kaavab* paired perfectly with the aromatic, coconut-infused *Tuna Curry*, making every bite a celebration of coastal flavours. Each meal offered a taste of island life, blending the sea's bounty with vibrant flavours.



ALL-TIME FAVOURITE FOOD STREETS OF DELHI

Let's remember Delhi's iconic street food, a delight for food lovers. Delhi's street food scene never fails to impress.
Chandni Chowk: This winter, Chandni Chowk dazzled with iconic *dahi bhallas*, *daulat ki chaat* and hot *jalebis* paired with *creamy rabri*.
Kamla Nagar: A shopper's paradise, the area also shone for its unbeatable *chole*

bhature and *Sharma Ji's kachoris*.
Lodhi Colony: *Anna Durga South Indian* offered perfect *dosas* and *idlis*, earning its spot as a social media favourite.
Connaught Place & Janpath: From *Jain Chawal Wale's* iconic *rajma rice* to *mini samosas* and *Wenger's* timeless baked treats, CP and Janpath were unmissable.




WANDERLUST OF INDIAN DESTINATIONS

KASHMIR



#winterwonderland #switzerlandofindia
Kashmir, often called "Paradise on Earth," boasts breathtaking natural beauty with vibrant autumn foliage, crystal-clear lakes reflecting the snow-capped peaks, and verdant valleys nestled amidst majestic mountains. This pretty landscape, with its serene charm, makes Kashmir a truly unforgettable travel destination.

BANARAS



#gangaarti #kashivishwanath
Banaras or Varanasi or Kashi, a sacred city in Uttar Pradesh and it holds immense significance in Hinduism. It is a renowned pilgrimage site, deeply intertwined with traditions of death and mourning. The city was known for the most visited and trending places in India in 2024.


2024 has been all about travel, realising the importance of travel, be it solo or in groups. Travel in every way is a gateway to self-discovery and deeper connections with the world around us, writes **ABHI SINGHAL**

LADAKH



#pangonglake #kargil
Ladakh also known as Little Tibet, is a breathtaking region in India soared with snow-capped mountains, frozen lakes, ancient Buddhist monasteries perched on dramatic cliffs, and vibrant festivals filled with music and dance. Ladakh is one of the most loved places in 2024.

LAKSHADWEEP



#tropicalparadise #islandescape
Lakshadweep, a pure archipelago in the Arabian Sea, is a true beauty on Earth. Pristine white sand beaches lapped by clear turquoise waters, coral reefs teeming with marine life, and lush coconut palms swaying gently in the breeze. Lakshadweep offers a unique blend of natural beauty, and cultural richness.

GOA



#goadiaries #beachlover
Goa, a coastal paradise in India, is a vibrant blend of Portuguese heritage and Indian culture. There are pristine beaches lined with swaying palm trees, azure waters perfect for swimming and watersports, delicious seafood, and a lively nightlife scene.



THE YEAR THAT WAS: TRAVEL

Travel isn't just a physical journey, it's a soulful expedition, and some people always loved it while others have started loving it through social media. It opens doors to diverse cultures, helping us understand people and their unique stories. Exploring new destinations promotes a sense of spirituality, connecting us with something bigger than ourselves. Whether it's the tranquillity of a mountain sunrise or the vastness of an ocean, nature teaches us to embrace its beauty and simplicity. Meeting new people on these adventures broadens perspectives, bridging gaps and giving a sense of empathy. Travel is a reminder of how small yet interconnected the world and fills your heart with gratitude for the experiences that shape your journey through life.

#NEWYEARGETAWAYS

FOR TROPICAL CLIMATE LOVERS

GUWAHATI



From Guwahati you can expect a cool and pleasant weather in the north east on the New Year and can plan a getaway around visiting Kamakhya Temple.


KERALA



Kerala, "God's Own Country," can work as a perfect New Year's getaway helping in rejuvenating yourself amidst serene backwater cruises, and lush greenery.


FOR WINTER LOVERS

MANALI




Manali has started receiving the snowfall and has become a white paradise. It is the perfect getaway, offering snow-covered peaks and cosy cafes.

AULI



Auli as a destination is beautiful and scenic and has snowfall predictions on 27th December and after, making it a perfect destination for your new year.

MUKTESHWAR



Mukteshwar is an untouched beauty to help you find yourself and peace this new year. The charming trails and dense forests make it ideal.



YOUR WEEK AHEAD

MADHU KOTIYA



ARIES March 21-April 19

This week holds significant potential for financial and business success. You are poised to make impactful decisions that could lead to considerable gains, especially from real estate investments. Those involved in trading, finance, or property management may find their efforts yielding substantial rewards due to their dedication and hard work. Expect unexpected opportunities to arise, presenting offers that may surprise you with their favorable terms. Your ability to maintain connections primarily through digital means will be crucial, as your schedule may not allow for face-to-face interactions. Toward the week's end, you might find yourself drawn more towards spiritual activities. Engaging in worship, charitable acts, and assisting those in need could provide a profound sense of fulfillment. Exercise caution with financial transactions during this time to ensure everything proceeds smoothly.

Lucky number 11 | Lucky colour Amber
Lucky day Sunday



LEO July 23-Aug 22

This week starts on a high note for you, as recent efforts begin to show promising progress. You're deeply engaged and pushing forward with vigor, bolstered by the support and encouragement from your close ones. Partnerships, in particular, are flourishing, bringing satisfying outcomes your way. As the week progresses, stay vigilant; some opposition may arise, prompting a need to rethink plans made with family. Unexpected commitments will emerge, demanding prioritization, which may shift your scheduled activities. Pay particular attention to your health and financial management. It's wise to consult a healthcare professional to stay on top of any potential issues and to handle financial matters with care to avoid overspending, safeguarding against future economic challenges.

Lucky number 3 | Lucky colour White
Lucky day Friday



SAGITTARIUS Nov 22-Dec 21

You are known for your generosity and your willingness to invest in spiritual growth, as well as your interest in supporting charitable causes. Managing finances may become important soon, particularly regarding the educational needs of your children. Family matters may also demand more of your attention. This period calls for an understanding of how crucial balance is in managing life's various demands. Establishing a structured, disciplined approach will be essential to meet your obligations effectively. Any ongoing legal matters are likely to resolve favorably for you. Expect some joyful moments towards the end of the week, including long-awaited positive news. There might be opportunities for relocation or changes in your work environment that align with your preferences. Your reputation as a diligent individual will be reinforced in your community.

Lucky number 6 | Lucky colour Yellow
Lucky day Saturday



TAURUS April 20-May 20

This week, you may find that your efforts at work are progressing more slowly than expected. Despite initiating projects and investing time, the outcomes may not be immediately apparent. Patience will be crucial during this period. Approach your tasks with the diligence of a farmer tending to crops, from planting to harvest. As the week progresses, anticipate some unexpected shifts that could positively impact your financial situation, with additional income sources emerging. For some, work-related travel or a favorable relocation might be on the horizon. Any funds previously extended to others are likely to be repaid. By week's end, you may find yourself indulging in fantastical thoughts and seeking material comforts, which might distract from your actual objectives. However, input from family will help steer you back towards practical paths.

Lucky number 7 | Lucky colour Black
Lucky day Friday



VIRGO Aug 23-Sep 22

This week is pivotal for those who excel in critical thinking and analysis. You are approaching a decisive moment in an essential aspect of your life, which could significantly influence your future direction. This could pertain to either personal or professional realms. For some, an enticing professional opportunity with a promising offer might arise. Midweek, you may find yourself needing some form of healing or medical assistance. Recovery will bring you a sense of renewal and improved quality of life. However, towards the week's end, you may experience a dip in your energy levels. Emotional sensitivity could lead to conflicts, especially if family tensions are present. Your inclination to dissect situations logically could exacerbate these issues. This period calls for stepping back from conflicts and focusing on rest and personal rejuvenation.

Lucky number 10 | Lucky colour Jade
Lucky day Sunday



CAPRICORN Dec 22-Jan 19

The week begins on a high note, marked by joyful gatherings and significant life events that bring friends and family together in celebration. As the week progresses, you'll find yourself driven by a surge of determination and resilience, pushing you to dedicate yourself diligently to your pursuits. Despite encountering hurdles along the way, your inherent wisdom enables you to navigate through them effectively. A spiritual journey later in the week offers a profound sense of solace, clarifying any lingering doubts and fostering inner peace. Towards the weekend, financial mindfulness becomes crucial; recent oversights in spending may lead to a tight financial situation. This period calls for a reassessment of your budgeting strategies, possibly considering borrowing options or seeking assistance from close ones to stabilize your financial footing.

Lucky number 17 | Lucky colour Parrot Green
Lucky day Thursday



GEMINI May 21-June 20

This week is set to be a dynamic one, marked by a series of shifts and transitions. It begins on a joyful note, with family and personal well-being bringing you considerable joy. Expect a surge in creativity and a flurry of new opportunities that could enhance your professional and financial landscape. Promising developments from distant places might bring uplifting news, and you might find yourself hosting or celebrating a significant event at home. As the week progresses, you'll find yourself contemplating necessary changes in your routine, diet, or overall lifestyle. This period of transformation is crucial for paving the way to a more fulfilling future. Towards the week's end, focus on financial and health matters becomes essential. Review any outstanding debts or financial obligations, and consider a health check-up to ensure everything is in order.

Lucky number 2 | Lucky colour Lilac
Lucky day Monday



LIBRA Sep 23-Oct 22

Be mindful of negative influences that may be surrounding you. Emphasize honesty and fairness in your dealings to mitigate potential disruptions. There could be challenges arising from hidden agendas or unethical temptations that may put you in a difficult situation. It's essential to clear away these adverse energies to maintain your well-being. As the week progresses, expect a significant shift in your perspectives and convictions. This change will usher in surprising developments, helping you become more structured and responsible. You will find yourself being more attentive and caring towards others, particularly close relatives and friends. Toward the week's end, a profound personal experience might inspire you, boosting your resolve and strength to overcome any obstacles. This period could be pivotal in fostering a deeper connection with your spiritual self.

Lucky number 8 | Lucky colour Opal
Lucky day Tuesday



AQUARIUS Jan 20-Feb 18

As the week begins, you may encounter challenges that disrupt your progress on an important project or assignment. These obstacles could lead to moments of doubt and frustration, tempting you to abandon your efforts. However, a resilient spirit within you will rise, empowering you to confront these challenges with renewed vigor. This determination will guide you to triumph and a sense of fulfillment. Midweek brings a wave of positivity that touches various aspects of your life, from financial gains and familial joy to impressive achievements by your children, perhaps even securing rewarding career opportunities. Your creativity will surge, filling you with enthusiasm and inspiring you to undertake new ventures. The week concludes on a reflective note, drawing you towards community and spiritual engagement.

Lucky number 22 | Lucky colour Fuchsia
Lucky day Tuesday



CANCER June 21-July 22

This week starts with a sense of fulfillment and gratitude. Early on, you'll experience deep connections and a harmonious relationship with your partner, enhancing both your emotional bonds. Spiritual growth is also a highlight, allowing you to dedicate time to achieving your spiritual aspirations. As the week progresses, you might find yourself wrestling with intrusive thoughts or unexpected impulses that could challenge your peace of mind. However, guiding insights will help maintain your equilibrium. Towards the week's end, your creative energies will surge, paving the way for significant achievements. Expect an acceleration in professional endeavors and an increase in financial rewards. This period also brings personal joy, possibly from family or close relationships, with the potential for welcoming a new family member or celebrating a significant personal milestone.

Lucky number 13 | Lucky colour Beige
Lucky day Tuesday



SCORPIO Oct 23-Nov 21

This week, some individuals may find themselves deeply focused on personal goals, seemingly blind to new prospects that may arise. Often, they prefer solitude, finding comfort in their own company. Despite this, they maintain connections through digital means such as online chats and calls, bridging the gap between isolation and social interaction. As the week progresses, a burst of creativity leads to a meaningful encounter with someone influential, poised to offer significant financial guidance. This period also hints at potential prosperity, prompting desires to embrace a fuller experience of life. Toward the week's close, transactions involving real estate are favorable. Strengthening relationships with family, particularly extended relatives, is advised. Children's needs come into focus, and for those residing afar, a brief return to one's roots may occur, coupled with constructive family discussions that promise beneficial outcomes.

Lucky number 15 | Lucky colour Green
Lucky day Friday



PISCES Feb 19-March 20

Navigating through the early days of the week may feel challenging as concerns about investments could cause unease and disturb your peace of mind. This is a time to address your fears and manage stress carefully. However, as the week progresses, expect a shift in fortune. You'll find yourself in a position to reap the rewards of your earlier efforts, possibly through significant financial gains. This period also highlights generosity and charity, enhancing your sense of fulfillment. The week is particularly favorable for working individuals who balance multiple responsibilities with grace. Their resilience and nurturing qualities come to the forefront, possibly influenced by a positive female presence in their lives. Acknowledging and cherishing relationships with key figures like a mother, spouse, or elder sister could be crucial for personal growth.

Lucky number 5 | Lucky colour Gray
Lucky day Wednesday

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The Significance of Khar Maas



Khar Maas, a revered period in the Vedic calendar, begins on December 15, 2024, when the Sun enters Sagittarius and concludes on January 14, 2025, with its transition into Capricorn, marking the celebration of Makar Sankranti. This month holds a unique spiritual essence, encouraging individuals to focus on inner growth, devotion, and alignment with divine energies. The origin of Khar Maas is rooted in an ancient story. It is said that the Sun God, Suryadev, drives his chariot, pulled by seven celestial horses, to maintain the cosmic cycle of day and night. One day, the horses, thirsty and weary, sought a break to drink water. To allow this, Suryadev temporarily replaced them with donkeys. The slower pace of the donkeys extended the journey to thirty days, giving rise to what we now call Khar Maas, as "Khar" means donkey in Sanskrit. This period is observed as a sacred time for reflection and devotion. However, traditions discourage undertaking new ventures or life events with long-term implications during this month. Weddings, engagements, housewarming ceremonies, groundbreaking rituals, and the establishment of new businesses are avoided. Instead, individuals are encouraged to turn their focus inward, prioritising spiritual practices over material pursuits.

Khar Maas is an ideal time for self-purification and strengthening one's connection to higher energies. Devotees often engage in tapasya (austerities), perform fire rituals (hawans), embark on pilgrimages, and undertake charitable acts. These activities are believed to cleanse the soul, resolve karmic imbalances, and invite divine blessings.

During Khar Maas, fasting is another common spiritual practice observed by many. Fasting is believed to purify the body and mind, allowing individuals to detach from material desires and focus on spiritual upliftment. Consuming sattvic food-pure, vegetarian meals devoid of onion and garlic-is encouraged during this time to maintain a calm and

balanced state of mind. Additionally, devotees are advised to recite sacred mantras like the Gayatri Mantra and meditate daily to enhance their connection with the divine. Acts of kindness, such as feeding the poor or supporting those in need, are also emphasised, as they not only cleanse negative karma but also reinforce the

spirit of compassion and service. To maximise the benefits of this spiritually charged month, several practices are traditionally followed. Offering water to the Sun every morning is a powerful ritual that signifies gratitude and invokes clarity and strength. Chanting the Aditya Hridaya Stotram, a hymn dedicated to Suryadev, is another common practice that fosters vitality and mental focus. In the evenings, lighting a ghee diya near Goddess Tulsi is believed to attract positivity, prosperity, and divine protection. Khar Maas serves as a reminder of the cyclical nature of life, urging us to embrace moments of pause and reflection. While the material world may temporarily slow down, the soul is given an opportunity to grow. This sacred period helps prepare individuals for new beginnings and auspicious endeavours that can commence after Makar Sankranti. As the Sun resumes its celestial journey with renewed vigor, the energy for material and spiritual success flows harmoniously once again. This month is a gift to recalibrate, focus on devotion, and nurture inner peace. By honouring the practices and teachings of Khar Maas, one can achieve a sense of spiritual fulfilment and create a strong foundation for future endeavours.

— She is a Life Coach and Founder of Soulful Wellness

THE LIFE GUIDANCE

Seerat Kaur Marwaha

Chanting the Aditya Hridaya Stotram, a hymn dedicated to Suryadev, is another common practice that fosters vitality and mental focus