





# India's third largest tiger reserve to come up in C'garh

## Chhattisgarh decides to integrate Guru Ghasidas National Park and Tamor Pingla Sanctuary

STAFF REPORTER ■ RAIPUR

India's third largest tiger reserve will come up in Chhattisgarh as the state has decided to integrate the Guru Ghasidas National Park and the Tamor Pingla Sanctuary. The decision to notify the "Guru Ghasidas-Tamor Pingla Tiger Reserve", integrating an area of 2,829.387 sq km, was taken at a meeting of the cabinet chaired by Chief Minister Vishnu Deo Sai.

These areas are located in the districts of Manendragarh, Chirmiri-Bharatpur, Koriya, Surajpur and Balrampur.

The new integrated reserve would be the fourth tiger reserve in Chhattisgarh.

The Guru Ghasidas National Park was made a tiger reserve in 2021 but it could not be notified due to opposition. Due to many mines in this area, the notification to declare the park as a tiger reserve was stuck.

The previous BJP government had sent a draft to the National Tiger Conservation Authority (NTCA) to make a tiger reserve by combining the Guru Ghasidas National Park and Tamor Pingla Sanctuary.

The NTCA approved the idea. But the Congress government did not let it proceed due to the coal block located in the region as well as the area having oil block and methane gas block. With the BJP government returning to power in the state,



the way for the formation of a tiger reserve has been cleared. The step was necessary to take up the number of tigers. The new tiger reserve will preserve the natural habitat of tigers and promote their safety.

Locals will get economic benefits from guides, tourist vehicle operation and operation of resorts as well as other tourism related services.

Additional budget will be received from the National Project Tiger Authority, which will be useful for the development of the area and livelihood improvement.

Guru Ghasidas - Tamor Pingla Tiger Reserve would be the country's third largest tiger reserve spread over an area of 2,829.387 sq km.

The Nagarjunasagar Srisailem Tiger Reserve of Andhra Pradesh is the country's largest tiger reserve with 3,296.31 sq km. Assam's Manas Tiger Reserve is the second largest tiger reserve with an area of 2,837.1 sq km.

# CGPSC Scam: CBI raids multiple locations

STAFF REPORTER ■ RAIPUR

The Central Bureau of Investigation (CBI) on Wednesday carried out raids at 16 locations including Raipur, Bilai, Durg, Bilaspur and Kurud in connection with the Chhattisgarh Public Service Commission (CGPSC) recruitment scam.

The raids were carried out at the residences and offices of several high-ranking officials, including police officers and politicians.

A CBI FIR filed last month named 16 people who were appointed as deputy collectors, deputy superintendents of police and other lucrative positions, alleging that CGPSC officials favoured them for the appointments.

The agency alleged that there were manipulations in the examination held in 2022, the results of which were declared on



May 11, 2023.

The CBI in its FIR had named former Chhattisgarh governor Biswabhusan Harichandan's secretary Amrit Kumar Xalxo's son Nikhil and daughter Neha, who became deputy collectors;

Chhattisgarh police Deputy Inspector General KL Dhruv's daughter Sakshi (deputy collector); Congress leader Sudhir Katiyar's daughter Bhumika and son-in-law Sashank Goyal (deputy collectors); and Congress leader Rajendra

**The raids were carried out at the residences and offices of several high-ranking officials, including police officers and politicians.**

Shukla's daughter Swarnim (deputy collector). The FIR also named five more candidates linked to Congress leaders without naming the politicians. The Chhattisgarh government handed over the matter to CBI in the month of February after coming back to power.

# Divya Kala-Shakti fair from August 16



STAFF REPORTER ■ RAIPUR

The National Divyang Finance and Development Corp will hold the Divya Kala Shakti Cultural Programme in Raipur from August 16 to 22, an official communiqué said on Wednesday.

People with disabilities will present their talents in arts, music, dance, acrobatics and more.

The goal is to provide platforms for persons with disabilities to contribute towards the socio-cultural and economic development of the country.

Union Minister of Social Justice and Empowerment Dr.

**People with disabilities will present their talents in arts, music, dance, acrobatics and more.**

Virendra Kumar Khantik will inaugurate the programme. The Rajnandgaon Integrated Regional Centre will coordinate with government special schools, NGOs and disabled persons for the distribution of various assistive devices and other activities of the CRC.

# Collective efforts needed to fight climate change, pollution: Governor

STAFF REPORTER ■ RAIPUR

Chhattisgarh Governor Ramen Deka on Wednesday stressed the importance of collective efforts to combat climate change and environmental pollution.

"Everyone will have to make efforts to save energy. Avoid wasting electricity and its unnecessary use. Minimize the use of plastic water bottles to prevent plastic pollution, and ensure that you keep your surroundings clean," he said.

The Governor said this while chairing an orientation meeting with officials and employees at Raj Bhavan.

At the meeting, he encouraged participation in the "Ek Ped Maa Ke Naam" mega tree-plantation campaign, launched by Prime Minister Narendra Modi.

Deka also called for increased activities by the Red Cross, particularly in tribal areas, to improve the health care services for women. He inquired about the progress of the 'Pradhan Mantri TB Mukh Bharat Abhiyan' in Chhattisgarh.

"More efforts will have to be made to promote organic farming in the state. The work going on in the aspiring districts of the state should be monitored regularly", he added.

The Governor also directed universities in the state to expedite recruitment for vacant positions to ensure quality education for students.

He also highlighted the need for digitization, including the creation of a digital library within the office. He urged everyone to remain vigilant against cyber crimes and to raise awareness about them.

After learning about a courageous girl who saved her father's life from Naxalites in Narayanpur district, as reported in newspapers, the Governor instructed that she be invited to Raj Bhavan and honoured for her bravery.

Governor's Secretary Yashwant Kumar, Deputy Secretary Hina Animesh Netam, Legal Advisor Bhisma Prasad Pandey and other officers and employees of Raj Bhavan were present at the meeting.



A special Bharat Gaurav Train on Wednesday departed for Ayodhya and Varanasi from Bilaspur to take pilgrims to the holy places under the Ramlalla Darshan scheme sponsored by the Chhattisgarh government.

# C'garh earns Rs 13K Cr from minerals

## A growth 30 times since state's formation

STAFF REPORTER ■ RAIPUR

Chhattisgarh Mineral Resources Department Secretary P. Dayanand said on Wednesday that the state has generated Rs 13,000 crore revenue from minerals in 2023-24.

He was addressing the 24th meeting of the Chhattisgarh Geological Programme Board in Raipur.

"This is a growth of 30 times since Chhattisgarh's formation, he said.

Minerals play a key role in the development of any country or state. They must be explored to establish new industries, he said.



He emphasised using modern equipment to explore mineral resources. The meeting finalised the plans to explore mineral reserves for 2024-25.

Director of Geology Sunil Kumar Jain said that this year, a total of 1,050 million metric tonnes of limestone and 179 million metric tonnes of iron ore were extracted.

Officials from both the Central and state governments delivered presentations on the progress of exploration work in Chhattisgarh. The Directorate of Geology and Mining in Chhattisgarh has approved 12 projects for survey-prospecting in 2024-25. Also, approval was granted for survey-prospecting on 44 projects to various institutions.

**H** कार्यालय सिविल सर्जन सह मुख्य अस्पताल अधीक, जिलाचिकित्सालय, दन्तेवाड़ा जिला -दक्षिण बस्तर, दन्तेवाड़ा (छत्तीसगढ़) दूरभाष / फैक्स कांक 07856-252830 ई मेल -cs.dantewada@gmail.com

कमांक/सिस/अ.प्र./2024/868 दन्तेवाड़ा दिनांक 05/08/2024

--- संशोधित निविदा आमंत्रण सूचना ---

कार्यालयीन निविदा आमंत्रण सूचना पत्र क्रमांक / सिस/अ.प्र./2024/539 दन्तेवाड़ा दिनांक 01.07.2024 सफाई कार्य हेतु निविदा डाली गई थी एवं कार्यालयीन निविदा आमंत्रण सूचना पत्र क्रमांक/सिस/अ.प्र./2024/542 दन्तेवाड़ा दिनांक 01.07.2024 में सुरक्षा सेवार्थ कार्य हेतु निविदा जारी किया गया था तथा कार्यालयीन निविदा आमंत्रण सूचना पत्र क्रमांक/सिस/अ.प्र./2024/799 दन्तेवाड़ा दिनांक 30.07.2024 में सफाई कार्य एवं सुरक्षा सेवार्थ कार्य हेतु निविदा जारी किया गया था जिसमें आंशिक संशोधन करते हुए सिविल सर्जन सह मुख्य अस्पताल अधीक, जिला चिकित्सालय दन्तेवाड़ा (छ.ग.) की ओर से वर्ष 2024-25 के निविदा खुलने की तिथि से एक वर्ष के लिये सुरक्षा सेवार्थ एवं सफाई कार्य हेतु इच्छुक सुरक्षा एजेंसी से मुहरबंद लिफाफा में निविदा आमंत्रित की जाती है। पृथक-पृथक का निविदा प्रपत्र अद्योहस्ताक्षरकर्ता के कार्यालय से आवेदन सहित रु. 500.00 (पाँच सौ रुपये) डी.डी. जीवन दीप समिति जिला चिकित्सालय दन्तेवाड़ा के नाम से जमा कर प्राप्त की जा सकेगी। निविदा सूचना Online "dantewada.nic.in" में भी देखी जा सकती है। कार्यालयीन अवधि में दिनांक 08.08.2024 से दिनांक 20.08.2024 तक निविदा फार्म प्राप्त किया जा सकता है।

01. निविदा फार्म करने की अंतिम तिथि 20.08.2024 दोपहर 2.00 बजे तक ।

02. निविदा फार्म जमा करने की अंतिम तिथि 20.08.2024 संध्या 5.00 बजे तक ।

03. निविदा फार्म खोलने की तिथि 21.08.2024 दोपहर 12 बजे जिला कार्यालय दन्तेवाड़ा के सभागृह में ।

सिविल सर्जन सह मुख्य अस्पताल अधीक जिला चिकित्सालय दन्तेवाड़ा (छ.ग.)

**G-242501669/4**

**CAVEAT NOTICE**

That, the Collector, District Dhamtari being the Chairman of District Toursim Committee, has accorded its approval on the proposal of the Forest Management Committee Gangrel / Maradeo with respect to developing the area of Gangrel District Dhamtari vide order no. 5271 dated 09/07/2024 as Eco- Tourism Zone. For the development of the said area, it is necessary to organize the small shops/ stalls / Gumtees in a proper manner and further there is necessity to make adequate arrangement for organized parking. There is every apprehension that writ petitions accompanied with the application for grant of interim relief may be filed challenging the action taken by the District Administration pursuant to the resolution to develop Gangrel as Eco-Tourism Hub. In the event of filing of such a petition, it would be imminent in the interest of justice to afford an opportunity of being heard to the Caveator/State Government before passing any order whatsoever, in the ends of justice.

The address for notice to the caveator is being given hereinbelow.

"The Advocate General,  
Office of the Advocate General,  
Chhattisgarh High Court Campus,  
Bodri, Bilaspur (CG.)"

(SHASHANK THAKUR)  
DY. ADVOCATE GENERAL  
COUNSEL FOR THE  
CAVEATOR/STATE

BILASPUR DATED: 05/08/2024  
G-242501688/3

# Homemade recipes for liver detoxification unscientific: IMA

AGENCIES ■

Homemade recipes claimed on social media to be liver detoxifiers have no scientific validity, said Dr Rajeev Jayadevan, Chairman of the Kerala State IMA Research Cell on Wednesday.

In his address at the 32nd Annual Scientific Meeting of the Indian National Association for the Study of the Liver (INASL-2024), being held in Kochi, Dr Jayadevan said there is no need for such artificial means or shortcuts to protect the liver as it emphasised the organ's capability to rid the body of its own waste products as well as ingested substances.

"Many people use the term detox in modern times because it is associated with the ancient belief of cleansing the mind of toxic thoughts, but it is not

possible to cleanse the liver through such shortcuts," the gastroenterologist said.

"The liver is perfectly capable of cleansing itself. It is more important to avoid intake of substances that damage the liver, such as alcohol," he emphasised.

The health expert also warned against relying on self-proclaimed health experts on social media, who often lack proper knowledge or have commercial interests.

As the largest organ in the body, the liver functions like a chemistry lab, efficiently sorting beneficial and harmful substances that enter the stomach. However, early-stage liver disease often shows no symptoms.

Among the rise of lifestyle-related diseases, fatty liver diseases, including

Non-Alcoholic Fatty Liver Disease (NAFLD) and Non-Alcoholic Steatohepatitis (NASH), are becoming alarmingly prevalent in India.

Last month, Union Minister Dr Jitendra Singh who is himself a nationally renowned diabetologist, said that every third Indian has fatty liver, which predates Type 2 diabetes and other metabolic disorders.

Meanwhile, health experts at the convention highlighted the increasing prevalence of fatty liver disease due to alcohol consumption and unhealthy lifestyles, and advised to take early preventive lifestyle measures rather than rely on scams and shortcuts. Key recommendations included giving up alcohol, maintaining a healthy weight, controlling sugar intake, exercising regularly, and adopting a balanced diet.

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# Finance Minister yields

Facing a backlash over changes to the property transaction taxation, the FM has given some concessions to homeowners

**B**owing to the popular pressure and critiques from MPs within the NDA coalition, the Central Government has relented to grant some relief for property transactions. Finance Minister Nirmala Sitharaman announced in the budget that the tax on long-term capital gains was reduced from 20% with indexation benefits to 12.5% but without indexation benefits. However, following significant opposition, an amendment is being made to The Finance Bill, 2024. For the transfer of a long-term capital asset such as land or a building acquired before July 23, 2024, the taxpayer can now choose to calculate their tax either at 12.5% without indexation under the new scheme or at 20% with indexation under the old scheme and pay whichever amount is lower. Indexation adjusts purchase price for inflation, reducing tax liability on gains from investments like debt funds. The government eliminated indexation benefits on long-term capital gains, increasing taxable gains. It prevents inflation from eroding returns on long-term investments.



This adjustment marks a significant reversal from the government's firm stance on the issue after the Budget.

The ministry officials had argued that the new tax rate structure, with a lower tax rate minus the indexation benefits, would benefit people in almost all cases. However, the industry experts had different opinions. Industry bodies had sought to rethink the proposal, observing that the removal of indexation benefits amounted to a retrospective tax change for those who had bought properties earlier. They pointed out that this would particularly hurt those who

had invested in assets that had delivered lesser appreciation in value over the years. It was widely feared that the removal of indexation benefits on long-term capital gains would slow down property transactions in the Mumbai real estate market, and the real estate engine of the country and could have cascading effects throughout the country. Besides, several MPs also urged the Government to reconsider the proposal. During the debate on the Finance Bill in the Lok Sabha, TDP MP Lavu Sri Krishna Devarayalu echoed the concerns of other MPs, emphasising that this issue involves taxpayers' hard-earned money and impacts middle-class people the most. He noted that the middle class views real estate as a safe investment and and so should be protected. Indeed he had a point, as the middle-class is facing the pinch of price rise and rising unemployment. If their small investments and savings are wiped off they would have nothing to fall back upon. Providing taxpayers with the option to choose between the two tax regimes would address some of their concerns. Thankfully the finance minister yielded to allow for the second option. This would indeed give some relief to small and middle-class homeowners, providing a more balanced approach to long-term capital gains taxation in the real estate sector.

## PICTALK



Fishermen cast their nets in the Arabian sea, at the Kochi coast

# The evolution of Rahul Gandhi

It may be premature to assess Rahul Gandhi's effectiveness as the new Leader of the Opposition, but his initial performance is promising



KALYANI SHANKAR

**I**t might be too soon to judge how well Rahul Gandhi is doing as the new Leader of the Opposition. The current budget session ends in just a few days, so we'll need more time to understand his leadership fully. But he has begun well.

After winning in the Lok Sabha polls, Rahul has been confident and strong both inside and outside the house, which is appropriate for an opposition leader. Nobel laureate Amartya Sen recently discussed Rahul's evolution since their days at Cambridge University. Sen underlined that Rahul has significantly matured over the years and underscored that his true test lies in how he steers the Opposition in Parliament. Rahul stepped into the shoes of the Leader of the Opposition, a quarter of a century after his political debut in 2004. The Lok Sabha had been without a Leader of the Opposition for a decade, as no opposition party had the requisite number of members to stake the claim in the last two Lok Sabhas. During the recent budget session, the first after Rahul became the LOP, he took a vital leadership role in his party and the Opposition. Since becoming the Leader of the Opposition, Rahul Gandhi has taken on more responsibilities.

He now leads and represents the Opposition's viewpoint on various subjects. This is a new role for him. He organised protests, delivered powerful speeches against the Modi government, and worked closely with allies to coordinate their efforts on the floor. He also focused on critical issues for the people and made himself more accessible. In the recent budget session, Rahul Gandhi, as the Leader of the Opposition, took on an important leadership role within his party and the Opposition. He has organised protests, delivered powerful speeches against the Modi government, and worked closely with allies. Additionally, he has focused on critical issues for the people and made himself more accessible. Rahul Gandhi's backroom office has a



team of about twelve key members.

This team, led by General Secretary K.C. Venugopal and including Sam Pitroda, Sunil Kanugolu, K. Biju, B. Srivatsa, Manickam Tagore, Alankar Sawai, and Kaushal Vidyarthi, plays a vital role in managing Gandhi's political activities and election strategies, including logistics and social media. Rahul's growth and evolution in the political arena have transformed him into a more confident leader, marking a significant departure from his previous image as a reluctant politician.

This change has been compelling to witness in his political journey. Rahul finds it easier to take on a more assertive role now, with a substantial number of opposition members in the 18th Lok Sabha. Furthermore, the success of united allies in the 2024 polls has made them realise the power of unity. When Rahul spoke as the Leader of the Opposition for the first time, he said, "While the government has political power, the Opposition also represents the voice of the Indian people. This time, the Opposition represents significantly more of the Indian people's voice than it



DESPITE BEING AN MP FOR THE PAST TWO DECADES, RAHUL WAS NOT CONSIDERED A GOOD PARLIAMENTARIAN. HE ASKED ONLY 99 QUESTIONS, PARTICIPATED IN 26 DEBATES, AND WASN'T ALWAYS PRESENT AT CRITICAL TIMES

did last time." Rahul Gandhi's criticisms of Prime Minister Narendra Modi have caused strong reactions from the ruling party. During Rahul's maiden speech as LOP, PM Modi spoke up for the first time in 10 years.

Modi accused Rahul of saying that the entire Hindu society is 'violent'. The Prime Minister stated, "Democracy and the Constitution have taught me to take the Leader of the Opposition seriously." Modi's responses to Gandhi's criticisms show an acknowledgement of the changed situation and the resulting tension in the Parliament. Rahul Gandhi has been speaking out against the Modi government's decision to arrest AAP chief Arvind Kejriwal and JMM chief Hemant Soren. He opposes the BJP's attempts to silence opposing viewpoints.

This has caused increased tensions in Parliament for the ruling party. During his Lok Sabha campaign, Rahul Gandhi strategically showed a small red pocket edition of the Constitution at public meetings. This move effectively highlighted what he called the perceived threat to the Constitution from the BJP.

His use of the Constitution helped him gain support from reservation beneficiaries.

Despite being an M.P. for the past two decades, Rahul was not considered a good Parliamentarian. He asked only 99 questions, participated in 26 debates, and wasn't always present at critical times. Since 2014, he has been noticeably absent during budget sessions, only appearing occasionally. He also frequently went abroad, leaving the party in a crisis. Rahul is doing well as the Leader of the Opposition (LOP).

His success will depend on his political planning. He missed some opportunities in the past, like becoming a minister in Manmohan Singh's cabinet or strengthening the party as the Congress President.

However, his current role shows his potential. He must use this opportunity to face future political challenges confidently. Rahul's belief in the power of the LOP to raise its voice in Parliament gives hope and optimism to the party.

(The writer is a popular columnist; views expressed are personal)

## LETTERS TO THE EDITOR

### Justice delayed is justice denied



This is with reference to your editorial "Justice Delayed". The Chief Justice of India's deep concern over the excessive delay in disposing of cases, as noted in the

editorial is a concern shared by all. The staggering fact that 44 million cases are pending and could take 300 years to resolve at the current pace should prompt the ruling government to seek a tangible solution. Currently, filing a case itself feels like a punishment for both parties involved. Even after winning a case, the appeals process undertaken by the losing party makes the entire affair extremely frustrating. There is a pressing need to increase the capacity of courts at all levels to handle and dispose of cases in a timely manner. However, it is unfortunate that even the existing courts are forced to operate with severe manpower shortages. Simply changing the Acts and their names is not the change people desire; what is urgently needed is systemic and infrastructural improvement.

A G Rajmohan | Anantapur

this can mainly be blamed on poor quality of driving schools and doling out licences without proper application of mind.

Ganpat Bhat | Akola

### TURMOIL IN BANGLADESH

Madam — Sheikh Hasina's resignation as Prime Minister of Bangladesh is a result of socio-political upheaval of her own making. Every nation is an enterprise owned and run by its people who elect a government to run it as also simultaneously place an Opposition as the auditor. So long as the auditor is facilitated by the government to put up dissenting notes and is willing to correction, the shareholders let the checks and balances play out. When the government fails to give credence to the opposition, a plethora of public fora and institutions come in to press an alternative narrative. Should the government resort to suppressing them too, the people step in as suo- moto auditor. The likes of social media then expound dissent and if this too goes unheeded, people act as regulators leveraging electoral

platforms to tone down aberrations in governance by impinging on electoral standing of the ruling dispensation. Should a government seek to neutralise the process of such franchise itself, as has been in many nations across the globe, people take to roads to convey the message. An extremely recalcitrant government could then compel people to set up tribunals and don the robes of judge and jury. Bangladesh has apparently slipped into this unhappy final phase. It's military may yet be sagacious enough to restore law and order and enable the nation to reclaim governance and eschew going the Myanmar way. There is a lesson for every progressive democratic nation. Stifling the elected opposition and relentless and heavy handed suppression of dissent perse in hubris of power, is bound to heavily set back economic progress while the socio political fabric stands frayed beyond repair.

R Narayanan | Mumbai

Send your feedback to: letterstopioneer@gmail.com

# Renewable energy: Paving the way for a sustainable future



GAURAV PRABHURASHI

By 2030, India plans to achieve 500 GW of installed capacity from non-fossil fuels, marking a significant shift towards sustainability and energy security

**I**ndia's growth story over the past two decades has been marked by vibrant economic progress, largely driven by service exports and rising domestic consumption. As of 2024, the economy appears robust, poised to replicate its service sector success by transforming into a global manufacturing hub to leverage its demographic dividend.

A robust manufacturing sector necessitates significant resources, with power being a crucial component. Despite this, India's per capita electricity consumption remains low compared to global averages. As the country embarks on its manufacturing-focused era, electricity demand is expected to rise significantly. To meet this demand while adhering to climate commitments, India plans to add new electricity generating capacity primarily from non-fossil fuel sources. The goal is to achieve 500 GW of installed non-fossil fuel capacity by 2030.

By May 31, 2024, India's non-fossil fuel-based power generation capacity stood at 201.7 GW, with renewable energy, including small hydro pro-



jects, contributing 146.6 GW. To meet growing demands, a significant increase in renewable energy capacity is anticipated, supported by the renewable energy procurement roadmap from the Ministry of New and Renewable Energy (MNRE), which targets 50 GW of bids annually from FY 2023-24 to FY 2027-28.

Regulatory policies for the renewable energy sector are governed by both central and state governments, as electricity is part of the concurrent list. Key aspects of central government policy include promoting domestic manufacturing of solar modules and electrolyzers, safeguarding domestic manufacturing, and domestic content requirements, and implementing policies to encourage specific types of electricity genera-

tion like rooftop solar and off-shore wind.

India's renewable energy policy framework adopts a holistic approach, addressing multiple factors. For example, the Ladakh region, with excellent irradiation levels, lacks sufficient infrastructure to integrate its power into the grid. To tackle this, the government announced the green energy corridor. Furthermore, the government identified states with offshore wind potential and introduced a viability gap funding scheme with an outlay of Rs 7,453 crores for installing 1 GW of offshore wind projects. Regulatory policies also aim to enhance self-sufficiency in the energy. The Production Linked Incentive (PLI) scheme, with an outlay of Rs. 24,000 crores, targets achieving gigawatt-scale manufacturing capacity of high-efficiency solar PV modules. Additionally, the Strategic Interventions for Green Hydrogen Transition (SIGHT) Program, with an outlay of Rs. 17,490 crores under the National Green Hydrogen Mission, supports domestic manufacturing of electrolyzers and green hydro-

gen production. These investments are expected to generate numerous direct and indirect jobs while ensuring energy security.

The government has also introduced schemes to promote distributed solar generation at the household level in both rural and urban areas. The PM-KUSUM scheme aims to reduce the agricultural sector's reliance on diesel and boost farmers' incomes by providing central government subsidies of up to 50% for installing standalone solar pumps and solarizing existing grid-connected agricultural pumps. Farmers can also install grid-connected solar plants on barren land and sell electricity to local distribution companies (DISCOMs). In the interim budget for FY 2024-25, the government announced the PM Surya Ghar Muft Bijli Yojna, which offers subsidies covering up to 40% of solar panel installation costs. This scheme aims to equip 10 million homes with solar panels, saving INR 75,000 crores in electricity costs.

(The writer is a manager-investments at AMPIN Energy Transition, views are personal)



FIRST COLUMN

SPIRITUAL PRACTICES CAN CHANGE YOUR LIFE

Praying, Chanting, meditation and other such practices can transform your life



AJIT KUMAR BISHNOI

We are forever doing material acts like eating, sleeping, 'vihar' (entertainment) and, yes, work. Some of us may be doing some spiritual practices as well. Why is there such a mismatch? Because most people do not realize how beneficial spiritual practices are for a human being. Read on and you will agree. I have chosen ten common spiritual practices for this article. They are simple to do and almost everyone can benefit by doing them. Beginning with praying, what is so difficult to do it? Someone is not well in a family, and a family member prays for his or her quick recovery. Even small children pray for their mother when she is unwell. What happens then? God hears them, as He has eyes and ears everywhere. (The Bhagavad-Geeta 13.13) What is God's response? He has to consider several factors like what does the person prayed for deserves, what effect it will have on other family members, who is praying, etc. There will be a response, which will be appropriate taking into consideration everything. Let us remember that God knows 'The Big Picture', which includes the past, present and future also. Whatever God may decide, the act of praying sincerely curbs ego, which helps one to become humble - a necessary quality to be able to deal properly with others. Praying is also a good start for taking shelter from God - the topmost spiritual activity. Chanting of God's names and mantras is quite common across all religions. Many studies have been done to see the effects of chanting on the brain. They have found that chanting stimulates positive changes in the brain. Mantras with the sound 'Ohm'



are especially useful. God's names bring similar benefits. When we take God's name, He must respond. Didn't Lord Krishna respond to calls of Draupadi - "Krishna, Krishna, Krishna"? How the Lord respond to us depends again upon what we deserve and what will be good for us. 'Darshan' - seeing God's 'murti' in Deity form or a photo of one of God's incarnations like Krishna, Rama, etc. is very useful. This is my favourite spiritual act. I have hung a large photo of Lord Krishna on the right side of my bed. All I do is to sit or lie comfortably and look at the Lord's attractive face. Lord Krishna has allowed gaining spiritual knowledge to be pleasing in doing. (9.2) What better company than of God there can be? My Lord has become my own. And He rewards me in many ways. 'Atmabala' (inner strength) flows into me. This strength - the mother of all strengths has made me stronger mentally. I am also able to tolerate the inevitable miseries of this world better. Meditation is getting quite popular worldwide.

People are beginning to see the enormous benefits of this spiritual practice. Lord Krishna has recommended it strongly. In verse # 6.35, the Lord says, "Mind can be brought under control by practice." In verse # 12.8, He tells us where our mind should be fixed, i.e. in Him only. (12.8) In verse # 18.65, the Lord asks us to develop His consciousness. Then, what will happen? We will be in God, i.e. become part of Him. (9.29) Could anything be better than that? Hearing about God is another great activity. Lord Krishna goes to the extent of indicating that those devoted to hearing from others will also benefit greatly. (13.25) There are many, who are conversant with spiritual truths. Satsang is a meeting of persons, who are conversant with spiritual truths. "And preachers of supreme knowledge (spiritual benefits) amongst My devotees please Me the most." (18.69) This is the highest devotion towards God. Remembering God and thanking Him whenever some good happens to us are immensely beneficial; they make us deserving of more such rewards. Why don't we do such activities? Because we are almost entirely focused on material acts. We can all do spiritual acts - the givers of great benefits both spiritual and material. (The writer is a spiritual guide; views are personal)

Negligence and tragedy: The price of complacency



RAJDEEP PATHAK

The death of three IAS aspirant highlights severe systemic negligence by coaching center management, property owners, and municipal authorities



In reflecting on the powerful speech delivered by Mark Antony following the assassination of Julius Caesar, one cannot help but recall his stirring words: "Friends, Romans, countrymen, I come to bury Caesar, not to praise him." Antony's oration skillfully ignited the Roman populace, who were initially ambivalent towards Caesar's murder. Through his use of rhetorical questions and ironic praise for Brutus and the other conspirators, Antony incited the crowd to question the motives behind the assassination. < By revealing Caesar's will, which generously bequeathed wealth and public parks to the citizens, Antony further endeared Caesar to the people and painted the conspirators as traitors. The crowd, now convinced of Caesar's benevolence and the conspirators' treachery, erupted into chaos, leading to a violent riot. This turmoil precipitated a civil war, ultimately overthrowing the existing order and paving the way for the rise of the 'Second Triumvirate' (all sought revenge for the murder of Julius Caesar) and the end of the Roman Republic. A tragic incident in the Capital City of India echoes this (Shakespearean) historical upheaval, where the death of three students (IAS aspirants) has incited public (students') outrage. On Saturday, July 27, 2024 evening, a supposed drainage burst led to flooding in the basement of Rau's IAS Study Circle in Old Rajinder Nagar used as a library where approximately 35 students were present when rainwater began to inundate the basement, creating a panic-stricken atmosphere. Despite attempts to evacuate, three students were trapped and subsequently died. This disaster has cut short the dreams of the parents of three students. Unlike Bhola Baba - who philosophically dramatized death as an inevitable part of life following the Hattras stampede tragedy - the negligence displayed by the coaching centre owners in this instance cannot be so easily dismissed. The failure to ensure proper evacuation facilities has underscored the mismanagement of the institution. Although the Municipal Corporation of Delhi (MCD) has stormed into action, they



REGULATORY LAPSES, SUCH AS ISSUING NO-OBJECTION CERTIFICATES WITHOUT THOROUGH VERIFICATION AND COMPLIANCE CHECKS, FURTHER POINT TOWARDS SIGNIFICANT ENFORCEMENT SHORTCOMINGS

cannot fully absolve themselves of responsibility. More than anything else, the basement, intended for parking and storage, was illegally repurposed as a library. As the news became the talk of the town, sentiments of anger and frustration poured amidst huge grief and loss. The incident in Old Rajinder Nagar underscores a pervasive pattern of systemic negligence among various stakeholders, including coaching centre management, property owners, and municipal authorities. The illegal conversion of the basement into a library, without proper safety measures reveals a severe disregard for student safety. Compounded by chronic infrastructure deficiencies such as inadequate drainage systems, this negligence is exacerbated by municipal authorities' failures. Regulatory lapses, such as issuing No-Objection Certificates (NOCs) without thorough verification and compliance checks, further point towards significant enforcement shortcomings. The Municipal Corporation of Delhi's (MCD) delayed actions in sealing other illegally repurposed basements reflect a reactive rather than proactive enforcement strategy. Additionally, the coaching centre's lack of an effective emergency plan, including proper drills and protocols, significantly contributed to the chaos and heightened the tragedy, demonstrating a critical need for better emergency preparedness, stricter regulations and oversight to prevent such tragedies in the future. Accounts from traumatized students reveal harrowing experiences. Whether it is Aishwarya Rai, a 30-year-old UPSC aspirant from Kanpur, Nakul Tiwari, or Shreya, the very fact that they have been rescued from the terrifying moment of being drowned to death will linger

in their psyche for years to come. The question arises: why does it take such disasters for the administration to take action? The arrest, bulldozing of illegal constructions and other preventive and punitive measures often come only after tragedy strikes. Videos now emerging tell tales of utter mismanagement and illegal use of properties, breaking all norms. Why are the students only now flagging these issues? Another question is why their seniors, who have perhaps lived and studied in these conditions and are either IAS aspirants or have cleared their examinations, did not raise such issues of negligence in the past. Moreover, if a few of them have become Civil Servants from these coaching centres, why didn't they, over the years, bring this to the notice of the local administration? Another crucial issue is that the commercialization of education, driven by the high demand for competitive exam preparation, should not compromise safety standards, which in this case has resulted in unsafe and overcrowded conditions. The commercialization of education, characterized by the increasing influence of profit-driven motives, brings both benefits and drawbacks to student welfare. On the positive side, it often leads to improved infrastructure, better resources, and innovative teaching methods that enhance the learning experience. Private institutions do attempt to provide advanced facilities and extracurricular activities, fostering a more dynamic and engaging educational environment. This recent incident must become an eye-opener. It critically highlights the need for enhanced regulatory oversight and stricter enforcement of building codes and safety regulations, emphasizing regular inspections and audits to ensure compli-

ance. Investment in infrastructure, particularly drainage systems, is crucial to mitigate flooding risks, especially in flood-prone areas like Old Rajinder Nagar. Additionally, educational institutions, particularly coaching centres, should be mandated to develop and regularly practice emergency evacuation plans, as safety drills can significantly improve preparedness and reduce panic during emergencies. Increased public awareness about safety regulations and accountability mechanisms is necessary, encouraging students and residents to report violations and demand action from authorities. Moreover, the process for obtaining necessary permits and NOCs should be transparent and stringent, with severe penalties for deviations from approved plans. Public awareness and advocacy are crucial. Educating students and residents about safety standards and rights is another key factor. Further, creating platforms for community engagement and empowering residents with safety mechanisms is crucial. More than anything else, authorities should respond promptly to such reports and take corrective action. While this is a sad moment for all of us to have lost young budding talents of our country in this manner, it is time we foster a culture of accountability, in our endeavour to safeguard the dreams and lives of countless students who come to Delhi in pursuit of their aspirations. The path forward requires a collective effort from authorities, institutions, and the public to prioritize human safety over commercial interests and ensure that such a tragedy never recurs. (The writer is programme executive, Gandhi Smriti and Darshan Samiti; views are personal)

Indian cardiologist sparks global debate on mind-based medical protocols

In a groundbreaking challenge to conventional medical practices, Prof B M Hegde has called for a paradigm shift in the treatment of serious ailments

The world of medicine is all set to see an intense debate on the medical protocol to be employed in curing serious ailments thanks to an Indian doctor. An internationally reputed cardiologist Prof B M Hegde who is based in Mangalore in Karnataka has challenged the existing diagnostic system in the field of physical ailments practiced across the world and has called for a shift to mind-based cure protocol. Dr Hegde says that if one wants to live a life free of ailments like cancer and other serious medical issues, all one needs to do is to love all and hate none. "The more you hate people and abuse/criticize them, the



KUMAR CHELLAPPAN

medical constitution in your body gets deteriorated," he told The Pioneer. "Although there has been a lot of thinking going on in medical circles about the role of the mind in psychological disorders, much needs to be done in the field of physical ailments. Recent data on the important role played by the human mind in the causation of major physical ill-

nesses like heart attacks and cancer have rekindled our interest in the intricacies of the working of the human mind vis a vis the human body. In the 17th century itself, William Harvey had clearly indicated that in all bodily afflictions there is a mental basis. As there is no big money involved in this kind of research unlike the gold rush in the field of epidemiology and interventions, the field did not until very recently attract good researchers," writes Prof Hegde, who is also the chief editor of the "Journal of Science of Healing Outcomes", a super-peer-reviewed scientific publication. Interestingly, Prof Hegde, a former visiting

professor of cardiology at the University of London, always had strong reservations about the treatment protocol for cardio vascular diseases and cancer. In the editorial of the July 2024 issue of the JSHO, he quoted from the Journal of American Medical Association which has published a large study on the connection between life stresses and their role in the causation of coronary artery diseases. He said the JAMA study focused on the immediate and long-term effects of various emotional stressors that are a part of life in the modern rat race of the monetary economy. Prof Hegde with more than five decades of medical research and prac-



tice to his credit has found that hostility, anger, frustration and bereavement come up on top among the negative emotions. "Love, compassion, social support and job satisfaction have control over one's situation, negative emotions acutely raised the blood

pressure as also the heart rate and the breathing rate," said the octogenarian professor who has been honoured with Padma Bhushan and Padma Vibhushan by the President of India for the scintillating works he has done over the decades. According to Prof Hegde's experience, chronic stress does take its toll leading to killer diseases. "Emotions play a major role in one getting afflicted with such ailments. Scientists, business barons, professionals and politicians should bear this in mind. When the competition becomes too intense, chances of one losing control shoot up and there can be no coming back to normalcy," he said.

Dr Hegde pointed out the debates in Parliament and election campaigns to drive home the point that one should be elegant and cool-headed during the battle for power. "Even military officers behave in a disciplined manner while they are engaged in fighting the enemies. This is what we should learn to stay cool and free of ailments," he said. For the uninitiated, Prof Hegde is the author of many books and has written the preface for medical books published by medical scientists. His seminal work "What Doctors Don't Get to Study in Medical School" is widely read in the world of medicine and many doctors rate it as the Holy Bible of

Modern Medicine. If we stay away from unhealthy competition for wealth and power, we can keep serious ailments like heart disease and cancer miles away from us. The only losers would be pharma companies that charge a fortune for a course of medicine. The JSHO has the whose-who of the world of medicine and science working as its editorial staff and board. This includes Prof Joanna Floros, and Evan Pugh Professor of Paediatrics and Obstetrics, Penn State University Hershey, USA, who is the co-editor in chief. (The writer is a special correspondent with the Pioneer, views expressed are personal)









I THINK IT MIGHT BE SABOTAGE: BOXING ICON VIJENDER ON VINESH'S DISQUALIFICATION

PTI ■ NEW DELHI

Indian boxing stalwart Vijender Singh has alleged that wrestler Vinesh Phogat's disqualification from the Olympics final might be a case of sabotage as elite athletes like her are well-versed with the techniques of cutting weight before major competitions.



Vijender, who is India's first and only male boxer to have won an Olympic medal, knows a thing or two about maintaining weight before major bouts and he said it is shocking that Vinesh was 100gm over in the weigh-in before an Olympic final.



making it here. The highlight of her remarkable performance at the Olympics was the opening win over defending champion Yui Susaki of Japan who came into the competition undefeated in her international career.

It's an extraordinary exercise that takes a physical and mental toll on athletes and in 2018, six-time world champion woman boxer M C Mary Kom, in an interview to PTI, had revealed how she lost 2kg in a matter of four hours.



Tough challenge awaits Chopra in bid for another piece of history

PTI ■ PARIS

His stunning monster throw of 89.34m in the qualification round made quite a statement but a tough challenge awaits defending champion Neeraj Chopra as he seeks another piece of history in the Paris Olympics men's javelin throw final round here on Thursday.

(Finland; 1920 and 1924), Jan Zelezny (Czech Republic; 1992, 1996 and 2000) and Andreas Thorkildsen (Norway; 2004 and 2008) are the only ones to have defended the men's javelin gold medals in the Olympics.

Kellie of Ireland wins second boxing gold and retires

AP ■ PARIS



Kellie Harrington is an unusual boxing champion. She is passionate only about the amateur version of her pro-dominated sport, and she has long claimed to have no ambitions of being paid to fight.

three years ago in Tokyo, she clinched her second gold with a remarkable charge through the Paris field, capped by her 4-1 victory over China's Yang Wenlu at Roland Garros.

fantastic opponents," Harrington said. "Everyone who is here is the best of the best. Everyone deserves respect."

Demoralised India need to regroup quickly to win in bronze medal play-off

PTI ■ PARIS



A heart-wrenching defeat in the semifinals, notwithstanding, a demoralised Indian men's hockey team will have to regroup quickly and aim for a second consecutive podium finish at the Olympics when it takes on Spain in the bronze medal play-off here on Thursday.

penalty corners as he is second best option from set pieces after Harmanpreet.

and focus on the bronze medal match," he said.

AP ■ PARIS

All the favored teams in the first three men's basketball quarterfinals at the Paris Olympics had problems.

US rolls into semifinals of basketball tournament, eases past Brazil 122-87



night for the gold medal; Thursday's losers will play Saturday morning for the bronze medal.

and passed Lisa Leslie as the U.S. Olympic career scoring leader, men's or women's.

Echikunwoke changes countries and wins a hammer silver for US

AP ■ SAINT-DENIS



This time at the Olympics, hammer thrower Annette Echikunwoke got to compete. Not only she won a medal - for the United States.

Ohio and originally decided to represent Nigeria because that's where her parents are from. But after the issues in 2021, she switched her Olympic country to the U.S., and on Tuesday night became the first American woman to earn Summer Games medal in the hammer, getting a silver.

the opening ceremony. "Not the best feeling, as you could imagine," said Echikunwoke, who went to the University of Cincinnati.

HISTORY-MAKING BHAKER ARRIVES HOME TO ENTHUSIASTIC RECEPTION



PTI ■ NEW DELHI
Star pistol shooter Manu Bhaker landed back in the country on Wednesday after her historic feat of winning two medals in a single edition of the Olympic Games

Olympic history for the country. Before her, only British-Indian athlete Norman Pritchard had achieved the rare landmark for the country with his two silver medals in 200m sprint and 200m hurdles at the 1900 Olympics but this happened in the pre-Independence era.

22 years old," said former Uttarakhnad Sports Minister and Rana's father, Narayan Singh Rana. "She is coming along with her coach Jaspal Rana. He is my son. He brought glory playing for India in shooting. Jaspal

Rana and Abhinav Bindra started it all," he added. People gathered at the airport long before her arrival and they celebrated her feat with song and dance, holding banners with photos of Bhaker and Rana.

Bhaker will be meeting sports minister Mansukh Mandavaya in the afternoon. She will head back to Paris on Saturday to participate in the closing ceremony on Sunday where she will be one of India's flag-bearers.

Top surfers converge in Kovalam for final National Surfing Championship

PTI ■ CHENNAI
The Covelong Classic, the final National Surfing Championship of the year, is set to kick off at Kovalam near here on Thursday, with over 75 surfers from across the country competing for top honours.



Open categories. Recently, Ajeesh, Harish and Srikanth were named in the Indian squad for the Asian Surfing Championship happening next week in Maldivas.

Kamali and Sugar have also been selected for the Indian squad competing in the Asian Surfing Championship, representing the Women's Open and Junior U-18 categories, respectively.

Covelong Classic, the best surfers are set to compete in the Asian Surfing Championship. I would like to extend my best wishes to all the surfers participating in this prestigious national championship."

Refugee athlete's dream of taekwondo medal cut short



AP ■ PARIS
Having overcome so many hurdles, the disappointment was immense for refugee athlete Hadi Tiranvalipour as his dream of winning an Olympic medal was cut short when he lost in a taekwondo qualification bout on Wednesday at the Paris Games.

Iranian national team, winning the gold medal at the 2015 Asian Junior championship back in 2015.

But Tiranvalipour, who also worked as a TV presenter and studied sports science, was forced to leave his country after speaking out in favour of women's rights, losing his job. In October 2022, he travelled to Turkey, then to Italy where he lived in a forest for 10 days and then slept three months on a sofa in a shared accommodation that Iranian students had helped him find.

to call attention to the plight of refugees worldwide. After training alone in a park, Tiranvalipour finally approached the Italian federation, which helped him apply for asylum and settle for good in the country.

In the build-up to the Games, he trained at the Olympic Sports Center in Roma with the likes of Vito Dellaquila, the defending Olympic champion. After missing out on Olympic qualification during the European qualifiers in March, he was selected by the refugee Olympic team and had big expectations in Paris.

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