

OPINION 6
GENDER RIGHTS AND
REALITY: BRIDGING THE GAP

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SISODIA WALKS TO FREEDOM

RAJESH KUMAR ■ NEW DELHI

Former Delhi Deputy Chief Minister Manish Sisodia on Friday night was released from jail after 530 days as the Supreme Court granted him bail earlier in the day in the excise policy scam case saying he is entitled to a "speedy trial" and that returning him to a trial court would be like making him "play snakes and ladders". A bench of Justice BR Gavai and Justice KV Viswanathan also said keeping the AAP leader in jail for an "unlimited time", without a trial, is in violation of his fundamental rights. Listing the conditions for his bail, the top court directed Sisodia to furnish a bail bond of ₹10 lakh with two sureties, surrender his passport and not make any attempt to either influence witnesses or tamper with evidence. Besides, he will have to report to the investigating officer every Monday and Thursday between 10 and 11 am. "We find that, on account of a long period of incarceration running to around 17 months and the trial having not commenced, the appellant (Sisodia) has been deprived of his right to speedy trial," the bench said. The apex court had reserved its order in the case on August 6. Minutes after the bail order, celebrations broke out at the AAP office as well as



AAP leader Manish Sisodia waves to supporters after being released from Tihar jail following his bail granted by the Supreme Court in the corruption and money laundering cases linked to the alleged Delhi excise policy scam, in New Delhi, on Friday. PTI

residence of Sisodia. Hours later, Special Judge Kaveri Baweja accepted the bail bonds and surety bonds submitted by the advocates representing Sisodia. The AAP hailed the SC

Centre but rued that the relief came after a year's delay. Sisodia, who was wearing a maroon shirt, greeted the party workers and leaders, who showered rose petals on him as he walked out of the jail around 6.50 pm. Addressing the supporters and media after his release, Sisodia expressed his deep gratitude towards Dr BR Ambedkar, saying, "Ever since this order came in the morning, every inch of my skin has been feeling indebted to Babasaheb. I don't understand how I will pay off this debt to Babasaheb." "We have brought this legal battle to its logical end through the Constitution. I thank you all for being with me," Sisodia said and added that he had many of admirers but their numbers have increased in the last 17 months. "Not only me but every Delhi resident, and children of the country were with me emotionally in jail. I thank the SC from the bottom of my heart for using the power of Constitution to give a hard slap to the dictatorship in the country," he said. The AAP leader said it was an emotional moment for everyone and hoped that the power of Constitution and democracy will pave the way for release of Kejriwal. He raised the slogan, "Bhrasthachaar ka ek hi kaal, Kejriwal, Kejriwal".

Holding aloft flags and cheering loudly, crowds of AAP supporters waited to welcome Sisodia as stepped out of jail. Senior AAP leaders Sanjay Singh, Atishi, and Saurabh Bharadwaj were present outside Tihar to receive Sisodia. Sisodia is a founding member of the AAP and a close confidant of party chief Kejriwal. The bail to Sisodia is a shot in the arm for the beleaguered party, which is gearing up to contest the Haryana Assembly polls and the Delhi elections in the next few months. His release comes as a big win for the AAP. This is because of the three big AAP leaders who were arrested in the liquor policy case, just Chief Minister Arvind Kejriwal remains behind bars. Sisodia's release also comes as the AAP struggles to govern Delhi and counter Lieutenant Governor Vinai Kumar Saxena. According to experts, Sisodia will have to wait to join the Delhi Cabinet as there are several issues that need to be dealt with since the Chief Minister himself is in jail. "For Sisodia to be inducted in his Council of Ministers, Kejriwal needs to send his recommendation to the Lieutenant Governor from Tihar Jail, which seems difficult currently," experts said.

Government alert on India Bangladesh front

PIONEER NEWS SERVICE ■ NEW DELHI

The Narendra Modi Government on Friday constituted a high-level committee, headed by a top Border Security Force (BSF) official, to monitor the situation along the Indo-Bangladesh border in view of the ongoing state of affairs in the neighbouring country, Union Home Minister Amit Shah said. He said the committee would be in touch with counterpart authorities in Bangladesh to ensure the safety and security of Indian nationals, Hindus and other minority communities living there. "In the wake of the ongoing situation in Bangladesh, the Modi Government has constituted a committee to monitor the current situation on the Indo-Bangladesh Border (IBB). The committee will maintain communication channels with their counterpart authorities in Bangladesh to ensure the safety and security of Indian nationals, Hindus, and other minority communities living there. The committee will be headed by the ADG (Additional Director General), Border Security Force, Eastern Command," Shah said in a social media post. Apart from the BSF ADG, the four other members of the



Hundreds clamour to cross the border

SAUGAR SENGUPTA ■ GEDE/NADIA

Abdul Hakiq Rumel, Farshatulla Khan, Apurba Sarkar, Mrinal Deb Roy, Achintya Biswas may be from different religions but they share the same ill-fate and nationality. These Bangladeshi nationals are stranded in the no-man's land at various entry points of the Indo-Bangla border of Sitalkuchi in Cooch Behar district, Fulbari in

Jalpaiguri district, Hili in Dinajpur and Gede in Nadia district. "We are returning to the mango orchards or paddy fields in the night and returning to this place during the day time as we fear for our lives... many of our friends and relatives are missing... some have been killed and their houses looted, women raped by the members of BNP and Jamaat," said one of them at Gede border. committee are the BSF's Inspector General of Police (IGP) for the South Bengal frontier, the IGP for the Tripura frontier, member (planning and development) of the Land Ports Authority of India (LPAI), and secretary of the LPAI. The BSF has increased vigil along the borders adjoining Bangladesh.

Monsoon chokes and inundates Delhi

SAUMYA SHUKLA ■ NEW DELHI

Commuters had a tough time reaching their respective destinations due to traffic congestions choking arterial junctions of the national Capital caused by flooding of roads and water-logging following heavy rain on Friday evening. The adjoining regions of Noida and Ghaziabad were also lashed by the downpour and experienced similar situation. Delhiites fumed and fretted as the rain brought the city to a screeching halt with traffic snarls extending to miles thanks to the heavy water-logging and blocking of roads by fallen trees uprooted by the rain.

Centre expands CAA for more inclusivity



PNS ■ NEW DELHI

The Centre has expanded the ambit of the rules issued under the citizenship law Citizenship (Amendment) Act (CAA) through which Indian nationality will be given to persecuted minorities coming from Afghanistan,

Bangladesh or Pakistan. The Union Home Ministry announced that "any document" issued by the Central or State Governments or quasi-judicial body in India proving that either of the parents, grandparents or great-grandparents is or had been a citizen of one of the three countries will be acceptable. The clarification of the Home Ministry came after many applicants seeking Indian nationality under the Citizenship (Amendment) Act, 2019 were reported to be facing difficulties due to a particular clause of the Citizenship (Amendment) Rules, 2024.



ISIS terrorist caught by Delhi Police

SAUMYA SHUKLA ■ NEW DELHI

The Delhi Police Special Cell has averted a possible terrorist attack in the national Capital ahead of the Independence Day on August 15 by arresting a most wanted terrorist — a member of the Pune module of the ISIS, carrying a reward of ₹3 lakh. The accused has been identified as Rizwan Abdul Haji Ali who was on the National Investigation Agency's (NIA) most wanted list and the probe agency had announced a reward for information leading to his arrest following his escape from the custody of the Pune Police since July 2023. According to a senior police officer, Rizwan was planning an attack ahead of I-Day as he and his associates were doing recce of many VIP areas of Delhi.

A TALE OF TWO FAMILIES

SP MP Jaya Bachchan with Congress MP Sonia Gandhi and others after walking out of the Rajya Sabha during the Monsoon Session of Parliament, in New Delhi, on Friday. PTI



A mother beats all Olympic records

PTI ■ NEW DELHI

Elated for her son's silver medal, Neeraj Chopra's mother Saroj Devi also expressed happiness for Pakistan's Arshad Nadeem, who broke the Olympic record to beat the Indian defending champion in Paris, saying the latter is also like her "child". Chopra clinched the silver medal at the Paris Games with a season's best throw of 89.45m after Nadeem pulled off an Olympic record-breaking effort of 92.97m on Thursday night. With the silver win, Chopra became only the third Indian and the first in track-and-



field to win back-to-back individual Olympic medals. "We are very happy with the silver, the one who got gold is also our child and the one who got silver is also our child... All are athletes, all work hard," Saroj told PTI Videos in Khandra, Panipat, where the family is based. "Nadeem is also good, he

plays well, there is no difference between Neeraj and Nadeem. We got gold and silver there is no difference for us," she added in the interview given on Thursday night. Both Chopra and Nadeem are good friends off the field despite being rivals on it. Chopra's fondness for "desi khana" is well-documented and his family is planning to welcome the two-time Olympic medallist with his favourite dish "Churma" "He did really well. We will welcome him with churma which is his favourite. I am delighted, people are lighting firecrackers, we are making laddoos," Saroj added.

Chopra's performance is creditable also because of the highly-competitive field in which as many as seven athletes went beyond the 86m mark. "We are very happy. He produced his season's best. All were near 88-89m so competition was very tough. It's not about winning a gold or silver, but about winning a medal, and he did his best," Chopra's aunt Kamlesh said. Chopra is one of India's most decorated athletes, having won the gold at every tournament including the Olympics, World Championships, Diamond League, Asian Games and the Commonwealth Games.

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PAPER WITH PASSION

Reaching out

PM Modi congratulates Muhammad Yunus, expresses concerns over the plight of minorities in Bangladesh

Gender rights and reality: Bridging the gap



GURDEEP KAUR

Gender equality in India remains a distant dream, as deep-rooted gender norms continue to impede the nation's progress towards women emancipation

Gender equality is not just a fundamental human right but a crucial component of a peaceful, cohesive, and sustainable world. It demands equal opportunities, treatment, and access to resources for all individuals, regardless of gender. Historically, women have faced discrimination on multiple fronts, from limited educational opportunities to restricted participation in decision-making processes. However, after years of struggle, women today have made significant strides, becoming prominent members of the workforce and key decision-makers in various fields. This progress aligns with the goals set by 193 countries that signed the Beijing Platform for Action, the most comprehensive global plan to eliminate systemic barriers and achieve women's human rights across social, economic, political, and environmental domains.

Since the adoption of the Beijing Platform, much has been achieved. Women now serve as heads of state, entrepreneurs, educators, scientists, judges, and administrators, excelling in many unconventional careers. This paints a promising picture of the progress toward gender equality. However, a closer examination of statistics from government reports, non-governmental organizations, and local surveys reveals a grim reality: significant challenges remain. This is particularly true in India, a country where women have historically been revered as goddesses and have played crucial roles as scholars, rulers, and warriors. Despite this rich history, modern India continues to struggle with deeply entrenched gender inequalities. India, in the 21st century, is a country with progressive laws and robust institutions rooted in its Constitution. The Indian Constitution, one of the world's finest legal documents, guarantees equal rights for men and women. Rights such as personal liberty, freedom of speech and expression, free movement and association, and the freedom to choose one's residence and occupation all imply that Indian women, like



men, have the right to make decisions about their personal and professional lives. However, these constitutional rights do not always translate into practice, especially in rural areas, where customary and religious laws often override legal protections. In rural India, where a significant percentage of the population resides, gender equality remains elusive. Here, rigid customary practices contribute to a skewed sex ratio, early marriages, and limited educational opportunities for women. Women are often married off at a young age, without receiving proper education or being informed about their rights. Even when they are aware of their rights, they frequently lack access to opportunities for personal and professional growth. Legislation like the Pre-Natal Diagnostic Techniques (PNDT) Act has helped improve the sex ratio in India, but the harsh reality remains that many women face discrimination in basic survival needs. In many families, women and girls eat last and least, while boys and men are given nutritionally rich diets. Women who cook for their families often do not cook for themselves, and from a young age, they are conditioned to prioritize the needs and preferences of men. The average age at which an Indian woman



ONE OF THE MOST FUNDAMENTAL ASPECTS OF PERSONAL FREEDOM IS THE ABILITY TO EXERCISE CONTROL OVER ONE'S BODY AND SEXUALITY. SADLY, THE RIGHT TO MAKE CHOICES ABOUT INTIMATE RELATIONSHIPS, WHETHER OR WHEN TO HAVE A CHILD, AND THE USE OF CONTRACEPTION IS STILL DENIED TO MANY WOMEN IN INDIA

has her first child is 22 years, but in rural areas, this age is often much lower, with many girls married off before they turn 18. These young women are not physically or mentally prepared to handle the responsibilities of marriage and family life, making them vulnerable to physical, sexual, and verbal abuse for perceived failures in their duties. In urban households, gender stereotypes are beginning to shift, with men taking on more household chores. However, they are not held to the same standards of diligence and regularity as women. Most women, regardless of age, class, caste, or community, remain vulnerable to domestic violence for reasons as trivial as poorly prepared meals or wearing a dress of their choice—issues that men rarely face. One of the most fundamental aspects of personal freedom is the ability to exercise control over one's body and sexuality. Sadly, the right to make choices about intimate relationships, whether or when to have a child, and the use of contraception is still denied to many women in India. According to a survey, a significant percentage of women aged 18-49 have experienced forced sex or sexual abuse at least once in their lives. This gendered expression of power has severe consequences for the mental

and emotional well-being of women, who are often reluctant to share their ordeals. Despite advancements in healthcare, many Indian women do not enjoy the right to health. In conservative settings, cultural norms discourage men from addressing the health needs of their female family members, and women themselves often do not recognize or report health issues. The presence of male doctors in rural areas further restricts women from undergoing necessary examinations and checkups. The literacy gap between men and women in India remains significant, particularly in rural areas where deeply entrenched gender norms discourage girls from pursuing education. Girls are often pushed into work at a much earlier age than boys, with little or no control over their earnings. Even in urban settings, working women are often not financially independent, either bearing the burden of family expenses or having no say in how their money is spent. Achieving gender equality in India requires a fundamental shift in attitudes among both men and women. Only through such changes can the goal of true gender equality be realized. (The writer is assistant professor at Sri Guru Gobind Singh College of Commerce, DU; views are personal)



which makes up about 8-10% of the population are worst hit. Recent reports have indicated a surge in attacks on Hindu temples, businesses, and homes, triggering fear and insecurity within the community. Prime Minister Modi's outreach to Yunus can be seen as a calculated move to engage with a respected figure in Bangladesh who has international credibility and influence. By engaging with Yunus, Modi may be signalling India's support for democratic values and human rights in Bangladesh, while also voicing concerns about the security and well-being of the Hindu community. India is at the moment in a quandary. It has all along supported Sheikh Hasina and continues to do so but

things have changed drastically. Sheikh Hasina is now unpopular while her opponents are all powerful. She may be called to join the investigation against her which may put India in dilemma. The silver lining is that Yunus is now in command, and he is widely regarded as an honorable man with an impeccable track record, even though he is an outsider in the corridors of power. He is India's best bet as China and Pakistan who have allegedly supported the movement to oust Hasina would like to subvert Indo Bangladesh relationship. He could be persuaded to be neutral. The political instability and potential for communal violence could lead to a refugee crisis, with many Hindus and other minorities seeking asylum in India. This could complicate India's domestic political landscape, especially in the bordering states of West Bengal and Assam. Meanwhile, the trade with Bangladesh has already nose-dived and the refugee crisis is growing. Bangladesh is a key partner in maintaining security in the Bay of Bengal region. This is a time for serious diplomacy. Prime Minister Modi would do well to engage with Muhammad Yunus at the earliest opportunity. While Twitter diplomacy is a good starting point, it needs to be followed up with direct engagement. A lot is at stake for India in Bangladesh's future direction.

PICTALK



Military aircrafts during the multinational air exercise 'Tarang Shakti 2024', in Sullur

PTI

The role of technology in driving financial literacy



YUVRAJ A THAKKAR

With the power to democratise financial literacy, it can bring people from every stratum of society onto a level playing field

Financial literacy is no longer just a useful skill. It is now essential knowledge required to traverse the modern economic landscape. Studies have shown financially literate individuals can use their money wisely to plan for a secure future. Today, technology is an important enabler of access to resources required to cultivate financial literacy, democratise the sector, and empower people to improve their lives. However, despite the increasing penetration of the Internet and technology, a 2021 survey found only 27% of Indians are financially literate. Furthermore, only 16.7% of students have a general understanding of finances. With India projected to become one of, if not the leading, global economies by 2030, our society must be educated on the best practices for handling funds and making smart financial decisions. Online platforms such as YouTube, Skillshare, Udemy, and others are invaluable tools in the pursuit of



knowledge. YouTube has tutorials and explanations for practically every subject under the sun. Not only does it boast a vast catalogue, but everything on the site is free to access. This is a critical requirement in India where the common man is looking to save as much money as possible. Channels such as Khan Academy are great starting points for everyone's financial literacy journey. It's not just about breaking down complex information. While the concepts should be easy to understand, the modules must also be presented engagingly to retain the person's interest. No one enjoys being lectured with a barrage of informa-

tion in a boring manner. Social media and digital channels have also made it easier for educators and financial experts to share information. Instagram, TikTok, and X are now filled with financial gurus offering their opinions on the latest economic trends, up-and-coming investment opportunities, and the state of the global economy. Keep in mind that advice from such channels shouldn't be taken at face value. But they do offer a macro perspective of the economy and break down complex information into easily digestible pieces. Advancing technology also allows financial institutions such as banks and NBFCs to offer financial literacy directly to their customers. Bank apps can utilise push notifications, pop-ups, bank representatives, and even AI avatars to offer pertinent and timely advice. NBFCs can leverage subscription services to reach out to their customers via messengers to advise them on how to manage funds effectively. Artificial intelligence is going to significant-

ly improve access to and delivery of financial literacy. With just a smartphone, one can access tools such as ChatGPT to help answer common questions regarding finances. While it should not be used to gain investment advice, the current models of AI tools can offer practical knowledge regarding financial literacy and point the curious reader towards additional sources to gain more knowledge. It's no wonder that AI in BFSI is expected to hit a whopping \$100 billion by 2032. Technology is a powerful tool in the hands of those with an understanding of how to use it. With the power to democratise financial literacy, it can bring people from every stratum of society onto a level playing field. However, as technology evolves, so must we to enjoy the benefits of its advancement. This is a crucial step not just for society but also for our personal and financial well-being. (The writer is a MD at StoxBox; views are personal)

LETTERS TO THE EDITOR

A COURT IS A COURT

Madam — The special feature of Indian judiciary is the relative non-interference in its functioning from either the executive or the legislature. Also, the hierarchical system of judiciary has ensured that no litigant goes unsatisfied with a particular court's verdict. The Supreme Court has time and again reiterated that no court in the country is above another. Besides, the SC has made it clear that although its judgments are binding on every court in India under Article 141 of the Constitution, the High Courts are in no way inferior to it because the former's administrative control is independent of the top court. SC has consistently refused to direct High Courts to clear cases in a time bound manner for the same reason. Justice Abhay Oka of the SC, during the course of a hearing, had succinctly remarked that "a court is a court". Chief Justice DY Chandrachud, in 2022, had decried the tendency to refer to the district courts as subordinate judiciary because there was no definition of the word "subordinate" although the world is frequently used in the Constitution.

Ganpathi Bhat | Akola

VINESH PHOGAT HAS BEEN WRONGED

Madam — In an unfortunate turn of events, Vinesh was disqualified from a crucial Olympic match due to a minor weight discrepancy, sparking outrage and disappointment across the nation. This incident, which resulted in the loss of a potential medal for India, raises serious questions about the handling and management of the situation by the coaches and officials. Vinesh Phogat, who had successfully won three bouts in a single day, found herself disqualified just 24 hours after her semi-final victory. The controversy stems from the fact that it is highly improbable for an experienced athlete like Vinesh to gain 100 grams of weight in such a short period, leading many to suspect foul play. This suspicion casts a shadow over the transparency and fairness of the Olympic Games, prompting Prime Minister Narendra Modi

Economics should not be politicised



This refers to the editorial "Finance Minister yields" (Aug 8). Facing a backlash from the people, Members within NDA and the Opposition over changes to the property transaction taxation, the Finance Minister has given some concession to home owners, by way of two options. The tax payers can now choose to calculate their tax on long term capital gains either at 12.5% without indexation under the new scheme or at 20% with indexation under the old scheme. This is akin to income tax options. She

also stated in her speech on reduction in the income tax on annual income of Rs. 15 lakh. But the budget is not only taxes, it deals with development of the people as well as the country. People are burdened with high GST rates and fuel prices, no relief in them as they have cascading effect on overall inflation, which affects the poor most. On one hand government provides free ration & electricity to poor, on the other hand they are burdened with high taxes which nullify the former. FM did not mention about decreasing the fiscal deficit, decreasing the borrowings, increasing foreign investment in the country, boosting employment generation, rationalizing the freebies & subsidies that are affecting economy etc. which are equally important components of a budget. Development of the country should be the high priority in the budget and it should not be compromised by keeping people happy.

Dr O Prasad Rao | Hyderabad

to urge the Indian Olympic Association (IOA) President, P.T. Usha, to explore every possible avenue to ensure that justice is served for Vinesh. There is also a need to investigate whether Vinesh was unknowingly given a weight-gain substance during the 24 hours between the semi-final and the final weigh-in, as a similar incident reportedly happened to another wrestler from a different country. These concerns raise serious questions about the integrity and transparency of the Olympic Games' management. While human error is possible in such a vast sporting event, the circumstances surrounding Vinesh Phogat's disqualification do not appear to fall into the category of innocent mistakes. If it is determined that Vinesh was wronged, India should strongly consider appealing the decision.

Yash Pal Ralhan | Jalandhar

BANGLADESH: A WARNING FOR INDIA

Madam — Bangladesh, which had seemed politically stable for the past 15 years under Sheikh Hasina's leadership, is now showing signs of distress. Hasina's extended

tenure, while initially successful, has led to growing concerns about her increasingly autocratic behavior. This shift has resulted in the imprisonment of political opponents and numerous legal battles against figures like Nobel laureate Muhammad Yunus, who gained significant popularity for his work with Grameen Bank. Could similar public discontent emerge in India? The government's actions, particularly over the past two terms, have shown tendencies toward authoritarianism. This has been evident in the public backlash against the Citizenship Amendment Act (CAA), prolonged farmer protests against agricultural reforms, and discontent among youth over the Agniveer recruitment scheme. Rising inflation, unemployment, and corruption, coupled with selective legal actions against opposition members, contribute to a growing sense of frustration.

Jang Bahadur Singh | Jamshedpur

Send your feedback to: letterstopioneer@gmail.com



FIRST COLUMN

DO NOT LET SKY BE YOUR LIMIT

Stay resilient in the face of adversity, and you'll find that there's no limit to what you can achieve



RACHNA LAKHPATRI

In the realm of corporate success, there is a fundamental truth: the sky is not your limit, but merely the starting point. With a powerful drive and unwavering determination, ambition propels you to surpass all perceived boundaries. Just like a high-performance engine, achieving your dreams requires proper focus and direction. Today, we all have unique goals and dreams, both in our personal lives and careers. Nevertheless, the journey from having a vision to making it a reality can be challenging and draining. It calls for unwavering dedication, relentless effort, and occasionally, the need to ignore those who doubt you. In our business environment, having a strong drive and steadfast determination is not just a cliché, but a crucial factor in setting ambitious goals and relentlessly striving for excellence. We must connect these grand aspirations to careful planning, unwavering commitment, and consistent hard work. Only then will the aspiration reveal its magic. Many times, the biggest obstacles we face are a result of the actions of others.

There will always be those who view our dreams as unattainable or doubt our abilities. It's crucial to remember that our potentials are not defined by external voices. Throughout history, countless individuals have faced ridicule and scepticism, only to prove their doubters wrong ultimately. The proper environment can truly make a difference in our pursuit of success. It is an environment that fosters growth by providing opportunities to use our skills and allow-



ing for energetic and unwelcome ambition, which drives change and advancement. Surround yourself with mentors and peers who share your vision and are there to support you on your journey. Embrace growth opportunities and always value the feedback of others to refine your approach. Equally crucial is the art of expressing our goals. Make sure to communicate your goals and progress with both supervisors and colleagues. It's important to keep everyone in the loop and stay motivated.

When you openly express your aspirations and the steps you're taking to achieve them, not only do you attract valuable encouragement, but you also establish a sense of personal responsibility. However, the true basis of ambition stems from the constant trust within oneself. It is important to have a strong belief in your abilities and to acknowledge the unique qualities that you bring to the table. Recognising and celebrating the small victories along your journey to greater success is crucial. Embrace challenges as chances to grow and learn.

Stay resilient in the face of setbacks. Ambition is a potent force. When properly harnessed, it has the potential to unlock remarkable outcomes. Despite facing obstacles and encountering negativity, you will always choose to embrace a positive mindset. And getting encouragement from prominent individuals will help you hugely achieve your goals.

After all, everyone deserves a chance to shine. So set the bar high, work, and let the ambition catapult you to new heights. The sky is not the limit in the corporate world; it is just the beginning of your journey toward success.

(The author is a freelance writer and a motivator; views are personal)

Bangladesh: Uncertainty and chaos grip the nation



HIRANMAY KARLEKAR

As the nation grapples with a rising wave of Islamist extremism and escalating violence, the future of its democracy and regional stability hangs in the balance



The turmoil in Bangladesh, which led to Sheikh Hasina's resignation as prime minister and departure to India, raises two questions.

Why could she not prevent it? What lies ahead for Bangladesh and India? She should have reached out to the students-trying to win over the bulk of them who are moderates, and isolating the Islamist fundamentalist extremists--before their Anti-Discrimination Students' Movement (ADSM), had snowballed. She could have argued that her government did away with 30 per cent reservation for the descendants of the freedom fighters of the 1971 liberation war in 2018, which was their demand to start with. Bangladesh's High Court restored it following a petition by several descendants. Indeed, her government had appealed to the Supreme Court against the High Court's order.

In fact, the appellate division of the Supreme Court had, on July 21, 2024, ordered the allocation of 93% of government jobs on the basis of merit, reserving five per cent for freedom fighters and their descendants, and one per cent each for tribes, the differentially abled and sexual minorities. There could have been two reasons for the agitation continuing even after that. First, the rancour created by the government's harsh response to the agitation, which had led to a large number of deaths of students and others, was too great for the students to call a halt. They now wanted Sheikh Hasina's resignation. Second, Islamist terrorist organisations like Ansar al-Islam, linked to Al-Qaeda in the Indian Sub-continent (AQIS) and Jamaat-ul-Mujahideen Bangladesh (JMB), as well as the Bangladesh Jamaat-e-Islami (BJE) and its students' wing, Bangladesh Islami Chhatra Shibir (BICS), closely tied to them, had joined the movement and tried to steer it to serve their own agenda--ousting Hasina and the Awami League Government, and installing a fundamentalist Islamist and pathologically anti-India dispensation in its place.

Sheikh Hasina knew all this, and should also have known the convulsive impact students' movement has in Bangladesh on at least four occasions. The first was the language



STUDENTS ALSO PLAYED A PROMINENT ROLE IN THE LIBERATION STRUGGLE AGAINST PAKISTAN'S COLONIAL RULE, WHICH EXPLAINS THE PAKISTAN ARMY'S SAVAGE ATTACKS ON THE CAMPUS AND HOSTELS OF DHAKA AND OTHER UNIVERSITIES ON THE NIGHT OF ITS NOTORIOUS CRACKDOWN

movement which demanded that Bengali along with Urdu, and not the latter alone, should become Pakistan's official language, and not Urdu alone, which Pakistan's ruling establishment, based in West Pakistan, wanted. Defying police repression, the movement peaked on February, 21, 1952, when there was a country-wide general strike. Police firing led to the deaths of four students, whose names--Rafiq, Barkat, Jabbar and Salam--shine prominently in Bangladesh's martyrs' pantheon. The movement continued to swell and compelled Pakistan's acceptance of both Bengali and Urdu as the country's official language. Again, students were at the forefront of the movement against General Ayub Khan's coup in 1958 and establishment of a military dictatorship, whose character could not be disguised by the fraudulent representative government introduced on March 23, 1962.

Students also played a prominent role in the liberation struggle against Pakistan's colonial rule, which explains the Pakistan Army's savage attacks on the campus and hostels of Dhaka and other universities on the night of its notorious crackdown, codenamed Operation Searchlight, killing hundreds of students, on the night of March 25, 1971. Finally, there was the massive Shahbag Square movement in Dhaka (February-May 2013) demanding death penalty to the war criminals of 1971. The government agreed to move the International Crimes Tribunal, set up by an amendment in 2009 to the International Crimes (Tribunals) Act, 1973, to investigate and prosecute personnel of the Pakistan Army and Razakars, Al-Badr and Al-Shams, accused of committing genocide during the 1971 liberation war. Given all this, Hasina should have

tried to diffuse the latest movement at the beginning. Be that as it may, what now in Bangladesh? What should India do now? Things do not look good. Hindu temples, including the emblematic Dhakeshwari temple, from which Dhaka derives its name, have been attacked and vandalised. Hindus shops, business establishments and homes, have been attacked, a Hindu municipal councillor aligned with the Awami League, has been killed. Many have been injured. Women have been assaulted. Sheikh Mujibur Rahman's statues have been pulled down and/or vandalised. Awami League ministers, leaders and activists are under attack, as are many of their homes and establishments. In Khulna, three persons, including an Awami League functionary, Mohsin Reza, have been lynched. Film producer Selim Khan, who made a movie on Sheikh Mujibur Rahman's life, has been murdered along with his son, Shanto Khan. A hotel owned by an Awami League politician was set ablaze, causing 24 deaths, in Jashore. The house of Mashrafe Mortaza, Awami League MP and former Bangladesh test cricketer, has been destroyed.

These are just a few instances indicating the kind of open season that has been declared on the minorities, supporters of the Awami League and civil society elements opposed to Islamist fundamentalists. The question is whether things will improve or become worse. Much would depend on whether the interim government, headed by Nobel laureate, Muhammad Yunus, is able to establish order, or whether supporters of the BJE, BICS and Ansar al-Islam, who are behind the current violence along with sections of Begum Khaleda Zia-led Bangladesh Nationalist Party (BNP), are contained or allowed to escalate their campaign of vio-

lence and terror.

Yunus is neither a fundamentalist nor known for his pathological hatred for India. The backgrounds of some of his colleagues, however, raise questions. The Army's role is of critical importance. The report that it is being purged of those perceived to be pro-Sheikh Hasina, should worry those who want a peaceful, democratic and tolerant Bangladesh. Looking beyond the interim government, of critical importance is how free and fair are the parliamentary elections, that would have to be held now that Bangladesh's national parliament has been dissolved.

New Delhi is rightly watchful. The BNP-Jamaat-led coalition government ruling Bangladesh from 2001 to 2006, was pathologically hostile to India and actively sheltered and armed the secessionist groups active in the north-eastern parts of this country. A hostile Bangladesh, engaged in a repeat performance, is not what New Delhi wants.

Meanwhile, External Affairs' Minister, S. Jaishankar, has said that he does not rule out the machinations of a foreign hand behind the Bangladesh developments. Given his official position, he has to be circumspect with his words. But it is prima facie clear that Pakistan's ISI, and perhaps even China, have been involved.

Pakistan, which is having serious problems with the Taliban which it had once wet-nursed, and China, which has its troubles with Islamists, should remember William S. Baring-Gould's limerick, "There was a young lady of Rigal/ Who went for a ride on a tiger/ They returned from the ride/ With the lady inside/ And a smile on the face of the tiger."

(The author is Consulting Editor, The Pioneer. The views expressed are personal)

Integrative health approaches for mental wellbeing

The road to mental well being doesn't have to be paved with pills alone; sometimes, it is as simple as finding our breath and practicing Yoga

There is enough scientific evidence to validate that the mind, body, and soul are interconnected on a subtle level. This connection influences our thoughts and emotions, hence, our physical reality and our physical state impact our mental health and processes.



ISHAN SHIVANAND

True health is signified by a harmonious balance between mind and body. Even a minor imbalance can lead to a range of issues, from physical illnesses and mental health challenges to a sense of unfulfillment with oneself and life. As per the WHO, nearly 80% of mental health cases arise in low- and middle-income countries. Conditions like depression and anxiety affect approximately 9% of the world's pop-

ulation and account for over 10% of years lived with disabilities.

The Drawbacks of Traditional Approaches

Pharmaceutical treatments have long been a cornerstone of mental healthcare, aiding in the management of severe cases and stabilisation. These targeted therapies address specific disease mechanisms based on biomarkers, leading to more personalised treat-

ment. Medical technology advancements enhance the efficacy of these treatments and improve patient outcomes. However, the reliance on medication alone often overlooks the holistic nature of mental well-being.

Embracing Integrative Health Approaches

Integrative health approaches, particularly those rooted in Indian Knowledge Systems such as yogic modalities, offer a promising complement to traditional pharmaceutical treatments.

A combination of breathwork and meditative protocols helps individuals penetrate a heightened state of non-judgemental awareness. They enable a physiological state of rest and digestion or relaxation, which is opposite to the flight-or-flight

stress response. This interruption in the stress response helps foster a sense of balance and union between the mind and body.

Yogic practices are also underpinned by a few principles: The human body is a holistic entity comprising various interrelated dimensions inseparable from one another. The health or illness of any one dimension affects the others. Secondly, every individual's needs are unique and must be approached with tailored practices that acknowledge this individuality.

Yogic modalities empower individuals: to be their healers, actively engaging in their journey toward health, and fostering autonomy. Also, the quality and state of an individual's mind are crucial to heal-



ing. A positive mind-state accelerates healing, while a negative mind-state can prolong it.

The Science Behind the Practice:

A consistent yogic practice has been shown to alleviate depression, leading to significant increases in serotonin levels and decreases in monoamine oxidase, an enzyme that breaks down neurotransmitters and cortisol. Yoga-based interventions also

help manage depressive disorders, stress, and anxiety by inhibiting the sympathetic area of the hypothalamus. This inhibition optimizes the body's responses to stressful stimuli and restores autonomic regulatory reflex mechanisms associated with stress. Moreover, yogic practices inhibit areas responsible for fear, aggressiveness, and rage, while stimulating the pleasure centres in the brain, resulting in a state of bliss and reduced anxiety. Regular practitioners of yoga and meditation experience lower heart rates, respiratory rates, blood pressure, and cardiac output.

Broader Health Benefits: Beyond mental well-being, yogic protocols improve cardiorespiratory performance, psychological profiles, and

plasma melatonin levels. It significantly reduces systolic and diastolic blood pressure, mean arterial pressure, and orthostatic tolerance. Yoga also enhances cardiovascular efficiency and homeostatic control, leading to better autonomic balance, respiratory performance, and overall well-being. Studies have shown that yoga-based lifestyle modifications can even aid in the regression of coronary lesions and improve myocardial perfusion in patients with coronary artery disease (CAD).

Integrating Yoga into Modern Healthcare:

An integrated approach to mental health care leverages insights from traditional Indian knowledge systems, combining pharmaceutical treatments with non-pharmaceutical medita-

tive practices. This synergy not only addresses the immediate symptoms but also promotes long-term recovery and well-being. As we navigate the complexities of modern life, it's crucial to embrace the wisdom of ancient practices. By integrating yoga and other non-invasive approaches into our mental health toolkit, we can achieve a balanced state where the mind and body work in harmony. The road to mental well-being doesn't have to be paved with pills alone; sometimes, it's as simple as finding our breath and grounding ourselves in practices that connect us to our core.

(The writer is mental health researcher and the founder of Yoga of Immortals (YOI) meditative program; views are personal)

Russia declares emergency in region under attack from Ukraine

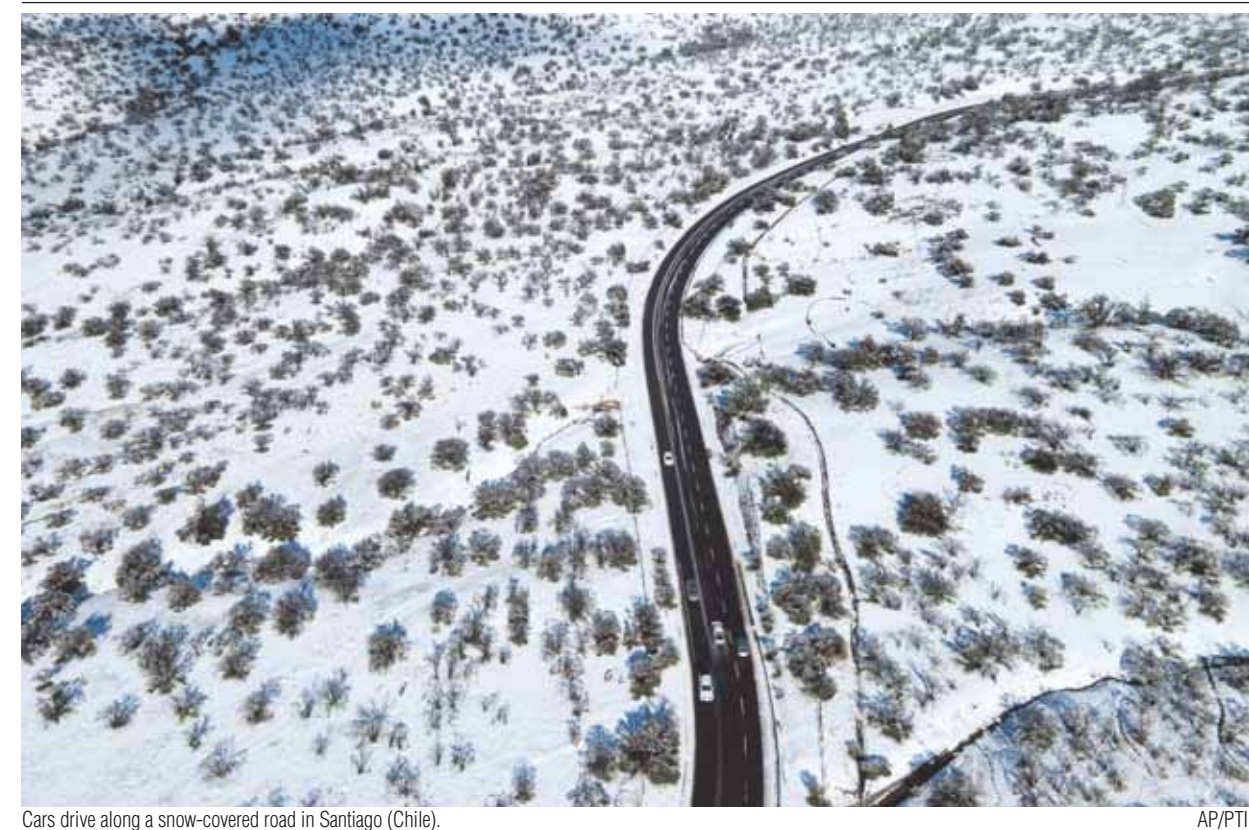
AP ■ KYIV

Russia's Ministry for Emergency Situations on Friday declared the situation in the Kursk region a "federal level" emergency, four days after hundreds of Ukrainian troops poured over the border in what appeared to be Kyiv's biggest attack on Russian soil since the war began.

Social services and civic associations are providing assistance to people forced to flee their homes by the fighting, he said. The last Russian figure for evacuations in Kursk was 3,000. Little reliable information about the surprise Ukrainian operation has emerged, and its strategic aims are unclear. Ukrainian officials have refused to comment specifically about the incursion, which is taking place about 500 km (320 miles) southwest of Moscow.

made clear he wants to capture the parts of Donetsk that the Kremlin's forces don't already occupy. Russia declares federal level emergency when there are more than 500 victims or damage exceeds 500 million rubles (about \$6 million). The Institute for the Study of War, a Washington-based think tank, says Ukrainian forces have pressed on with their "rapid advances" deeper into the Kursk region, reportedly going up to 35 km (20 miles) beyond the border.

Ukraine has also kept up its strategy of hitting rear areas with long-range drones, targeting military sites, oil refineries and other infrastructure. Ukrainian drones attacked Russia's Lipetsk region, which is about 300 km (180 miles) from the Ukraine border, during Thursday night, authorities said.



Cars drive along a snow-covered road in Santiago (Chile).

AP/PTI

Upset over curbs, Paraguay orders US ambassador to leave

AP ■ ASUNCION (PARAGUAY)

The government of Paraguay on Thursday effectively ordered the US ambassador to leave the South American nation, escalating tensions between the allies in the wake of the Biden administration's sanctions on a tobacco company linked to the country's powerful former president.

wealthiest people who served as president from 2013-18, owns dozens of lucrative businesses and retains considerable influence over the country's ruling Colorado party. The US government first sanctioned the cigarette tycoon last year, accusing him of "significant corruption."

meeting Thursday, saying only that they "had a good discussion and talked about the sanction announcement as well as other topics." Summoning a foreign ambassador for explanations is typically intended to express protest on the part of a host country.

Paraguay compromises our independence and sovereignty," he said. His remarks seemingly referred to a news conference called by Ambassador Ostfield earlier this week in which he stressed his commitment to anti-corruption reforms in Paraguay, saying that the Biden administration was prepared to "use the range of relevant tools to combat corruption, including visa restrictions, designations, financial sanctions, and extradition."

Maduro suspends X network in Venezuela for 10 days

AP ■ CARACAS

President Nicolas Maduro said he has ordered a 10-day block on access to X in Venezuela, accusing the owner Elon Musk of using the social network to promote hatred after the country's disputed presidential election.



Telecommunications Commission, which has decided to remove the social network X, formerly known as Twitter, from circulation in Venezuela for 10 days so that they can present their documents." Maduro did not provide more details about the process taken against X.

comes after Maduro and Musk exchanged accusations over Venezuela's disputed July 28 presidential election. Electoral authorities declared Maduro the winner but have yet to produce voting tallies. Meanwhile, the opposition claims to have collected records from more than 80 per cent of the 30,000 electronic voting machines nationwide showing the winner was his candidate, Edmundo Gonzalez.

Houthi rebels attacks ship off Yemen

AP ■ DUBAI

Three suspected attacks by Yemen's Houthi rebels targeted a ship in the strategic Bab el-Mandeb Strait linking the Gulf of Aden to the Red Sea, including one that saw private security guards shoot and destroy a bomb-loaded drone boat, authorities said Friday.

Indian Consulate in NY cautions community against using unscrupulous agents for services

PTI ■ NEW YORK

Among instances of unscrupulous elements overcharging members of the Indian community for consular services and other fraudulent activities, India's mission here has cautioned against using such agents and highlighted measures undertaken by it to streamline visa, passport and other services for the diaspora.

rules and puts the applicants on the wrong side of the law in the US. The agents "claim that they have a relationship with the Consulate," Pradhan said, adding that "they put our community members in trouble by providing false documents, fake certificates."

ments on behalf of applicants. It has also publicised the fees and charges for all the services provided to ensure applicants don't end up paying higher amounts. The New York Consulate serves the northeastern states of Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, New York, Ohio, Pennsylvania, Rhode Island and Vermont.

ment and meet the Consular Officers for any query they may have regarding the consular services. Amid a string of tragic and concerning incidents involving Indian students in the US in the recent past, Pradhan emphasised that there has been a "special focus" on students. The Consulate's approach has been to connect the student community to the larger Indian community so they get a "helping hand" in their initial months.

Trump praised Minnesota Gov. Walz in 2020 over Floyd's murder

AP ■ MINNEAPOLIS

While former President Donald Trump and running mate JD Vance have been hammering Minnesota Gov. Tim Walz over his response to the violence that erupted after George Floyd's murder, Trump told the governor at the time that he fully agreed with how Walz handled it.

running mate against Trump and Vance. Other administration officials on the call included Defense Secretary Mark Esper; Army Gen. Mark Milley, chairman of the Joint Chiefs of Staff; and Attorney General William Barr.

police brutality and racism. Some of the protests turned violent. Walz mobilized the Minnesota National Guard three days later to help restore order to Minneapolis after rioting that included the burning of a police station and numerous businesses.

It was actually Walz who gave the mobilization order in response to requests from the mayors of Minneapolis and St. Paul. Although Walz came under criticism at the time for not moving faster. There was finger-pointing between Minneapolis Mayor Jacob Frey and Walz on who bore responsibility for the delays.

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कार्यालय बरिष्ठ प्रबंधक, विद्युत संचयन-दिल्लीय UPSIDA उद्योग राज्य औद्योगिक विकास प्राधिकरण (कीएस सिटी, गाजियाबाद) E-Mail- ed2@upsida.co.in

LEGENDARY ATHLETE ON FIELD, A SUPERSTAR SANS PRETENSIONS

PTI ■ PARIS

Neeraj Chopra is all about greatness without pretensions. A fierce competitor, a superstar of Indian sports, a humble human being who would make no bones about his limitations or desires, the double Olympic medalist from India, is all rolled into one.



NEERAJ CHOPRA

It was not a great deal for him to say he fouled five of his six attempts. The long Q and A session was largely in Hindi with Indian and Pakistani journalists asking questions, but when the volunteer requested an answer in English for the benefit of few foreign scribes, Chopra laid bare his simplicity. "Now I need to motivate myself to speak in English, the way I motivate myself for competition," he said with a smile, as the gathered group burst out in laughter.

"It was a really great competition. Maybe one of the greatest competitions in history. Arshad threw really well. I was also in good shape. But I don't know. My runway was not that good today," he responded quickly, without having to think much. It was inevitable that he would be asked about the missed competitions in the 2024 season, leading up to the Paris Games. It led to speculations whether he was carrying injury into the Paris Games. He had skipped the Paris Diamond League in July, just before the Games, though he later clarified that the event was not part of his competition calendar. He revealed how difficult it

concerns. With a wide grin, he said, "Of course I need to play more but then I send those carefully drafted messages that I have suffered a strain and I won't compete. "In few competitions I have played just for the sake of organisers so that they don't feel bad. I keep thinking that I have entered the competition and if I don't go, they will say I am making excuses. Personally I love to compete as much as possible. "I make plans but then you tell your team, 'let's draft a good

message, saying sorry for pulling out," he said, laughing, but the pain of missing the event was writ large. "No happiness is greater than playing. You work hard to compete only. Whatever strength God has given me I do." Then came a tricky one. He was asked about the pressure of sponsors in the Olympic cycle. How he finds that balance between brand endorsements, obligations and training? Again, he came up with an honest answer.

SREEJESH TO JOIN BHAKER AS INDIA'S FLAG-BEARER IN CLOSING CEREMONY

PTI ■ PARIS

Celebrated hockey goalkeeper PR Sreejesh will join star shooter Manu Bhaker as the flag-bearer of the Indian contingent in the closing ceremony of the Olympic Games here on Sunday, a fitting honour and recognition for his contributions to the team. Before homing in on Sreejesh, Indian Olympic Association (IOA) chief PT Usha spoke with Neeraj Chopra, and she said even the superstar javelin thrower wanted to see the retiring legend as flag-bearer. Chopra claimed a silver here to become the first Indian track and field athlete to win two Olympic medals. He won a historic gold in the Tokyo edition three years ago. "I spoke with Neeraj Chopra and appreciate the spontaneity and grace with which he agreed that Sreejesh should be the flag-bearer at the Closing Ceremony," Usha said in a statement. "He told me 'Ma'am, even if you had not asked me, I would have suggested Sree bhai's

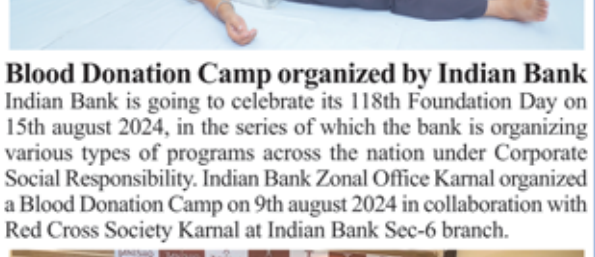


name'. It is reflective of the immense respect Neeraj has for Sreejesh and his contribution to Indian sport," she revealed. Usha said Sreejesh was "both an emotional and popular choice" within the IOA leadership, including Chef-de-Mission Gagan Narang, and the entire Indian contingent. The legendary Sreejesh retired from the game after India's bronze medal-winning feat at the ongoing Games, bringing to an end a glorious career spanning 18 years. "The Indian Olympic Association is delighted to

announce the nomination of hockey goalkeeper PR Sreejesh as the joint flag-bearer with pistol shooter Manu Bhaker at the Closing Ceremony of the Paris 2024 Olympic Games," the IOA said in a statement. The 2-1 triumph over Spain, in the bronze medal playoff match here on Thursday, was a fitting farewell for the 36-year-old custodian who has served the team with distinction for so long. "Sreejesh has served Indian hockey in particular and Indian sport in general admirably through more than two decades," Usha said.



Bank of India Executive Director Shri Rajiv Mishra visits for Business Augmentation & Customer Connect Programme at Field General Manager Office Chandigarh. Executive Director of Bank of India, Shri Rajiv Mishra visited Field General Manager Office Chandigarh on 09.08.2024. To mark the arrival of the esteemed Executive Director, Field General Manager Office (FGMO) Chandigarh organized a business augmentation and customer connect programme.



Blood Donation Camp organized by Indian Bank. Indian Bank is going to celebrate its 118th Foundation Day on 15th August 2024, in the series of which the bank is organizing various types of programs across the nation under Corporate Social Responsibility. Indian Bank Zonal Office Karnal organized a Blood Donation Camp on 9th August 2024 in collaboration with Red Cross Society Karnal at Indian Bank Sec-6 branch.

TANISHQ Unveils Its New Store In Chandigarh

Chandigarh: Tanishq, from the house of Tata, launched its new store in Sector-17C on Friday. The store was inaugurated by CK Venkataraman, Managing Director, Titan Company. Speaking at the inauguration, Ashish Tewari, Regional Business Manager, North said, "We are delighted to announce the grand opening of our newest store in Chandigarh, marking our fourth store in the tri-city.



Indian Bank conducted road show under deposit mobilization campaign. Chandigarh: Indian Bank is going to celebrate its 118th Foundation Day on 15th August 2024. Under which a road show was organized in Sector 7 Chandigarh under 118 deposit mobilization campaign by Zonal Office Chandigarh in which officers and employees of the branches of Chandigarh Zone as well as Zonal office, MAPC, RAPC participated. Zonal Manager Shri Sankar Raju V explained about various deposit schemes of the bank as well as digital transactions.



Bank of India is organizing SAMJHAUTA DAY - "AZADI RIN SE" on 16th & 17th August-2024

On the occasion of Independence Day, Bank of India is organizing SAMJHAUTA DAY - "AZADI RIN SE" on 16th & 17th August-2024 to settle the NPA loan accounts of borrowers under One Time Settlement (OTS) at all its branches/ Zones and FGMOs across the country. The SAMJHAUTA DAY is specially designed for the NPA Borrowers who could not repay their loan in time due to distress in business/medical condition of the borrower or any other genuine reason.

Two-Day Higher Education Conclave on Aug 10-11

Chandigarh: Silver Fern Education Consultants has announced the 4th edition of the Higher Education Conclave (HEC), scheduled for August 10-11, 2024 in Chandigarh. This year's event is poised to be the largest, bringing together over 60 top universities from around the globe, offering opportunities for students, parents, and educators to engage with leading institutions in the field of higher education, a statement said.

Indian Bank organizes Morning Road Show to Promote Deposit Products

On the occasion of 118th Foundation Day of Indian Bank, a road show was organized by Zonal Office Ludhiana. On 09 August, 2024 under the Deposit Mobilization Campaign at Phase 1, Urban Estate Dugri, Ludhiana. This road show was organized by Mr. O.P. Kalra, Zonal Manager of Indian Bank, Deputy Zonal Manager Mr. Satish Singh Pangty, Assistant General Manager Mr. Anil Kumar Sharma, all the staff members including the Chief Manager and branch managers of RAPC, RAPC, MAPC and other branches and staff members participated in the show. In this road show, they promote the deposit products being provided by the bank at competitive rates, Ind Supreme 300 days (interest rate up to 7.80%), Ind Super 400 days (interest rate up to 8%) and other deposit products IB Professional, IB Harit, Ind Gurudev, Ind Sampooran salary package and aware customers about the in-built accident insurance up to Rs. 1 crore in the mentioned products.

AXIS BANK LTD. PUBLIC NOTICE FOR E-AUCTION OF PLEDGED ASSETS BEING GOLD ORNAMENTS

THE BORROWERS, IN SPECIFIC AND THE PUBLIC IN GENERAL ARE HEREBY NOTIFIED THAT PUBLIC AUCTION OF THE GOLD ORNAMENTS PLEDGE IN THE BELOW ACCOUNTS IS PROPOSED TO BE CONDUCTED BY THE AXIS BANK AT THE BELOW MENTIONED BRANCH. THE MENTIONED BORROWERS HAS AVAILED THE CREDIT FACILITY FROM THE AXIS BANK LIMITED AGAINST THE PLEDGE OF GOLD ORNAMENTS ("GOLD LOAN FACILITY") IN FAVOUR OF THE BANK TOWARDS THE SECURITY. THE DEMAND NOTICES WERE ISSUED TO THE BORROWERS/GUARANTORS CALLING UP THE BORROWERS/ GUARANTORS TO PAY THEIR OUTSTANDING AMOUNT TOWARDS THE GOLD LOAN FACILITY. AS THE BORROWERS/ GUARANTORS HAVE FAILED TO REPLY THE OUTSTANDING LOAN AMOUNT, THE BANK IS CONSTRAINED TO INVOLVE THE PLEDGE AND PROPOSED TO CONDUCT AN E-AUCTION SALE OF PLEDGED GOLD ORNAMENTS MORE PARTICULARLY DESCRIBED IN SCHEDULE OF PROPERTY HEREUNDER ON 20-AUG-2024 AT 12.30 PM TO 03.30 PM ON "AS IN WHERE IS", "AS IS WHAT IS", "WHATSOEVER THERE IS" AND "NO RECOURSE BASIS".

Table with columns: Sr. No., CUSTOMER NAME, LOAN A/C NO., AMOUNT OUTSTANDING (IN Rs.), DATE OF RECALL NOTICE, GROSS WEIGHT, NET WEIGHT. Includes entries for ADAMPUR [PB], AJNALA [PB], BAGRIAN KAP PB, BALACHAUR BLC PB, BATALA [PB], BIKHIWIND [PB], BUDHLADA [PB], CHANDIGARH [CH], DINANAGAR [PB], FATEHGARH SAHIB [PB], FAZILKA FERAZEPUR [PB], FERAZEPUR [PB], GARDHWALA [PB], GURDASPUR [PB], HARGOBIND NAGAR PHG PB, JALALABAD JLB PB, KALANAUAR PB, KOTKAPURA ROAD PB, LAMBI LMB PB, LUDHIANA [PB], MILLER GANJ, LUDHIANA [PB], MOGGA [PB], MOHALI PHASE 5 [PB], NABHA [PB], NAWANSHAHR [PB], PATHANKOT [PB], PHAGWARA [PB], SAMANA [PB], SAMRALA SAM PB, SANGRUR [PB], SECTOR 26, CHANDIGARH [CH], SIDHWAN BET JAG PB, SUNAM SRR PB, TALWARA HOSHI PB, TARN TARAN [PB], URBAN ESTATE, PA PIA PB, HAMIRPUR HAM PB, PARWANOO HP, RAMPUR HP.

AAVAS FINANCIERS LIMITED. Demand Notice Under Section 13(2) of Securitisation Act of 2002. As the Loan Account Became NPA therefore The Authorised Officer (AO) Under section 13 (2) Of Securitisation And Reconstruction of Financial Assets And Enforcement of Security Interest Act 2002 had issued 60 day demand notice to the borrower as given in the table.

Department of Telecommunications Ministry of Communications Government of India. Pandit Deendayal Upadhyaya Telecom Excellence Award 2024 Inviting Applications. The Department of Telecommunications (Ministry of Communications, Govt of India) invites online nominations for Pandit Deendayal Upadhyaya Telecom Excellence Award 2024 from the citizens of India and organisations/institutions registered in India or created by the Central/ State governments/ Union Territories for their notable and exceptional contributions during the last 3 years in the areas of Telecom Innovations, Skilling, Services, Manufacturing, Applications in deploying telecom dependent sectoral solutions for different fields such as agriculture, commerce, health, education etc.

AXIS BANK LTD. HAS THE AUTHORITY TO REMOVE ACCOUNT/CHANGE THE AUCTION DATE WITHOUT ANY PRIOR NOTICE. AUCTION WILL BE HELD ONLINE HTTPS://GOLD.SAMILIN BETWEEN 12.30 PM TO 03.30 PM. FOR DETAILED TERMS AND CONDITIONS, PLEASE LOG INTO GIVEN WEBSITE HTTPS://GOLD.SAMILIN. PLACE: PUNJAB, HIMACHAL PRADESH. DATE: 10.08.2024. SD/-, AUTHORIZED OFFICER, AXIS BANK LTD.