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Unprecedented Unified Pension Scheme by Modi Government



Prime Minister Narendra Modi meets a delegation from Joint Consultative machinery for Central Government employees, at his residence in New Delhi on Saturday PTI

RAJESH KUMAR NEW DELHI

Narendra Modi government Saturday approved an assured 50 per cent of salary employees under Unified Pension Scheme provide family assured

The new scheme will be implemented from April 1, 2025 and employees will have

minimum pension. The new

scheme will benefit 23 lakh

the option to choose between the National Pension Scheme (NPS) and UPS. Existing central government NPS subscribers will also be given the option to switch to UPS. This UPS, in addition to gratuity will incorporate a lump sum payment after superannuation. Notably, UPS will also be applied retroactively to government employees who retired from 2004 onwards

While announcing the details of the scheme after the cabinet meeting, Union Information

announced the UPS that government employees will now be eligible to get 50 per cent of the average basic pay drawn over the last 12 months before the superannuation as The Centre has constituted a

committee that held 100 meetings with several top organizations, including the RBI and the World Bank, to make decisions on this

"Government employees have demanded some changes in the New Pension Schemes. For this, Prime Minister Narendra Modi constituted a committee under the chairmanship of Cabinet Secretary TV Somanathan. This committee held more

than 100 meetings with

different organisations and nearly all the states." There's a difference between how PM Modi works and the oppositions works," Vaishnaw "Unlike the opposition, PM

Modi believes in holding consultations. extensive Following consultations with everyone, including Reserve Bank of India and World Bank, the

committee has recommended a Unified Pension Scheme. Today, the Union Cabinet has this Unified Pension Scheme, and it will be implemented in the future," Under the assured pension

scheme, the beneficiary will get 50 percent of the average basic pay drawn over the last 12 months prior to superannuation for minimum qualifying service of 25 years. The pension drawn will be proportionate for lesser service period up to a minimum of 10 years of service. As a part of the assured minimum pension, the beneficiary will draw Rs 10,000 per month on superannuation minimum 10 years of service. Under the assured pension, beneficiary will get 60 percent of pension of the immediately before his/her demise. The assured pension, assured family pension and assured minimum pension will receive benefits of inflation indexation. Dearness relief will be based on All India Consumer Price Index for Industrial Workers (AICPI-IW) as in case of serving

PDP Manifesto: Mehbooba Mufti throws down the Kashmir gauntlet

MOHIT KANDHARI

oining the chorus with the National Conference over the resolution of the Kashmir issue, Peoples Democratic Party (PDP) Chief Mehbooba Mufti Saturday observed that the unconstitutional and illegal revocation of Articles 370 and 35A in 2019 has further complicated the Kashmir issue, deepening the sense of alienation among the people of the region.

Releasing her party's election manifesto ahead of the Assembly polls in Srinagar, the former Chief Minister declared that if the National Conference (NC) and Congress were willing to accept the PDP's manifesto and align with its stand on resolving the problems of Kashmir, she would support their alliance without contesting any seats. She said, "Alliance and seat sharing are faraway things. If the National Conference and Congress are ready to adopt our agenda, we will say they should contest on all seats, we will follow them because, for me, solving the problem of Kashmir is more important than anything else..." she said. Mehbooba Mufti clarified that the upcoming elections are not just about Statehood or seat sharing, but about larger goals. "For me, this election is not about Statehood or seat sharing... We have a bigger



Peoples Democratic Party (PDP) president Mehbooba Mufti with other party leaders and candidates during the release of the party's election manifesto ahead of the State Assembly elections, in Srinagar, on Saturday

goal... We are fighting for would take all necessary steps dignity, for the resolution of the Kashmir issue".

"When we allied earlier, we had an agenda, when we allied with the BJP, we had an agenda which they agreed to but the alliance between the National Conference and Congress is not happening on the agenda, it is happening on seat sharing," she added.

"The PDP is resolute in its

pursuit of restoration of the constitutional guarantees that were unjustly scrapped and is committed to restoring Jammu & Kashmir to its original status, ensuring that the voices of its people are heard and their rights are safeguarded". She also committed to facilitating the return of Kashmiri Pandits to the Valley,

emphasizing that her party

The manifesto titled 'People's Aspirations' also talks about creation of a regional freetrade area and shared economic market, striving for revocation of the Public Safety Act (PSA), Unlawful Activities (Prevention) Act (UAPA) and Enemy Act, as well as its commitment to revocation of Armed Forces Special Powers

to ensure their safe return.

Mehbooba Mufti said her

party is committed to the

revocation of AFSPA. She also

batted for the resumption of

the cross-LoC trade between

India and Pakistan and urged

the Union Home Minister to

relaunch the services soon by

extending banking services to

the traders on both sides of the



MVA hits the streets over macabre Badlapur rape

The Opposition Maha Vikas Aghadi held a protest in Latur on Saturday as part of its Statewide stir against the sexual assault on two girls in a school in Badlapur in Thane district and the Maharashtra Government's alleged mishandling of

Workers of the Congress, Shiv Sena

(UBT) and NCP (SP) wore black arm bands and masks to cover their mouths as part of the protest, which was held at Rajarshi Chhatrapati Shahu Maharaj Chowk in the morning. They shouted slogans against the State and Union Governments and said concrete steps must be taken to tackle crimes against women. The MVA had called for a 'Maharashtra bandh' on Saturday but it had to be withdrawn after the Bombay High Court on Friday restrained all parties and individuals from proceeding with it. Meanwhile, BJP workers on Saturday

demonstrated in Thane against the

Maha Vikas Aghadi, accusing the Opposition parties of trying to politicise the alleged sexual abuse of two minor girls at a school in

Protesters, led by BJP's Thane district president Sanjay Waghule and MLA Sanjay Kelkar, assembled in front of Ahilyadevi memorial amid rains and demanded swift justice for the victim

This is a severe incident which has devastated the family members of the victims. However, leaders of MVA are busy politicising this tragedy. They are trying to defame Maharashtra," Waghule alleged.

Kelkar alleged that MVA leaders are eyeing power and lack sensitivity. Local BJP leaders, former corporators, women wing members, and other

office-bearers joined the protest. The MVA staged protests across Maharashtra, accusing the Mahayuti Government of inefficient handling of the Badlapur incident, which triggered a massive rail roko demonstration on Tuesday.

Bestial Assam rapist meets his end in a pond

 Γ he prime accused in the rape of a minor girl allegedly escaped from police custody, jumped into a pond and died on Saturday morning at Dhing in Assam's Nagaon district,

he villagers of Borbheti, the family

home of the accused, have taken a decision not to participate in his funeral prayers and not allow his burial in the village graveyard. Nagaon Superintendent of Police Swapneel Deka told reporters that the

accused, who was arrested on Friday, was taken handcuffed to the location where the crime was allegedly committed for a re-creation of the crime scene around 3.30 am.

'The accused hit out at a policeman, escaped from police custody and jumped into the pond," Deka said. The SDRF was immediately informed, a search operation was launched and his body was recovered after nearly two hours, he added.

The policeman was also injured and admitted to a hospital, the SP said. The other two accused are still absconding and search was continuing with raids conducted at several places on Friday night. The 14-year-old girl was allegedly raped by three persons who came on a motorcycle and surrounded her while she was returning home from tuition on her bicycle at Dhing on Thursday

She was left injured and unconscious



on the roadside near a pond, before being rescued by locals who informed

Meanwhile, villagers of Borbheti held a meeting on Saturday morning and took three decisions regarding the crime committed by the youth.

We have decided not to allow his burial in the village graveyard, not participate in his 'janaza' (burial prayers) and social boycott of his family," a village elder Md Shahjahan Ali Choudhury told PTI. The village youth's crime has shamed

us and we cannot allow his burial in the community graveyard," he added. Meanwhile, a march was also taken out from the village mosque to protest against the incident. Chief Minister Himanta Biswa Sarma

had said on Friday that stern action will be taken against the culprits. Sarma, who is currently touring the three districts in Barak Valley, had said on Friday night that there is a difference between Assam and Bengal in dealing with such cases.

India will miss your thunder, Shikhar Dhawan

India's opening batsman and Champions Trophy winner Shikhar Dhawan announced his retirement from professional cricket both international and domestic through a social media post on Saturday morning. In the retirement video message he stated "As I close this chapter of my cricketing journey, I carry with me countless memories and gratitude. Thank you for the love

and support! Jai Hind!' Dhawan last donned the Indian jersey in an ODI against Bangladesh in 2022 and T20I in Sri Lanka in 2021. Dhawan has not been part of the Test team since 2018, after the England From his thunderous arrival in

Test cricket in Mohali against Australia in 2013, he scored 187 under the leadership of Dhoni, later in the career Shikhar found a permanent spot in India's opening slot with Rohit Sharma for the first time, which helped the Team India in winning the Champions Trophy in 2013 in England. He was a leading run scorer in the tournament with 363 runs in the bank. From where there was no

looking back for Dhawan in 2015 World Cup, Dhawan scored 338 runs in five innings and one hundred. In the 2015 ODI World Cup, he was

India's top run-getter with 412 runs in eight matches and two hundreds. Overall, Dhawan has featured for India in 167 ODIs, scoring 6793 runs including 17 centuries and 39 halfcenturies. His average in the format stands at 44.11 in test cricket, Dhawan's career always known for his ICC tournaments performances back from under 19 World Cup to 2019 his big scores marked a significant badge

career. His centuries in ICC World Cups and Champions Trophy stood out in One career will always be remembered for his opening partnership

with Rohit Sharma which they started with the white ball cricket from the 2013 ICC Champions Trophy. Both openers have 5148 partnership runs and are the fourth-highest among all opening pairs, next only Ganguly-Tendulkar, Adam Gilchrist-Matthew Hayden and Gordon Greenidge-Desmond Haynes. It took only 140 -

Innings by Dhawan to reach 6000 ODI runs which are the fifth fastest in World ODI The left hand opening batsman also had some low points in career in the 2019 World Cup after scoring a century against Australia in the Oval. He

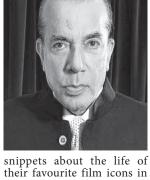
suffered a thumb injury which ruled him out from the World Cup which has been the talking point of India's loss in Semi

Nari Hira of Stardust dreams passes away

PIONEER NEWS SERVICE NEW DELHI

Nari Hira, founder and editor of once popular film magazine Stardust, died at the age of 86. He was also a renowned film producer and owner of Magna Publishing. Stardust brought style and glamour to the coverage of Hindi film industry and most stars and those wanting to reach the pinnacle were eager to be featured in the magazine.

Moreover, it was a favourite of travellers, mostly those on long-distance train journey, who would pick up a copy of rather thick Stardust in the 1970s and 80s to keep abreast with the latest in Bollywood, including juicy in



front of the camera and off

contributions to Indian journalism have left a lasting legacy. Hira was a prominent figure

industry, known for his pioneering publishing popular magazines such as Stardust, Savvy, Showtime, Society, and Health.

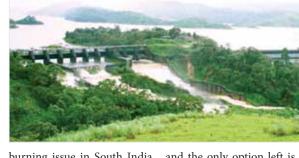
His family broke the news about Hira's passing away in a statement saying, "It is with deep sorrow that we share the news of his death, a pioneer in print media, a family man and father beyond compare, he leaves us behind heartbroken in his Novelist-columnist Shobhaa

De and prominent journalist Vir Sanghvi posted for Nari after his death. The former "Farewell, Boss... (sic)" while the latter wrote, RIP Nari Hira, the genius of the Indian media Indian publishing.

Mullaperiyar Dam time bomb ticking in Kerala KUMAR CHELLAPPAN

Atime bomb going by the name of Mullaperiyar Dam is ticking away in Kerala's Idukki district. "The 130-year-old dam is sure to burst anytime causing unimaginable devastation in five districts of the State. The deluge that the sudden bursting of the overaged dam would swallow 4.5 million people and their properties," say experts who are closely monitoring the safety of the

Mullaperiyar Dam built in 1880 across Periyar River by the then British Government in power in the Madras Presidency at a high cost to the princely State of Travancore has been a



burning issue in South India ever since it went operational in 1895. The mortar used in one," MS Menon, former director general of Central construction of this rickety dam was a mix of 'surkhi' (burnt brick ground to a Water Commission, told "The powdery substance) and Pioneer" limestone on 8,100 acres of dense forest area in the the controversy over the Western Ghats. "It outlived its

and the only option left is to build a new dam after decommissioning the existing dilapidated condition and could collapse at any time.

He said, "Safety aspects apart, crumbling estimated life decades ago, degenerated into politicking of

'Our study conducted during late 1990s was based on the Rain Atlas formulated by the Government of India. The maximum precipitation recorded during the study

of millions of people at high topple the dam in those days risk. The dam is built across Periyar River which is not an Government of Kerala does not require any green signal from Tamil Nadu to go ahead with the construction of a new dam." Professor Gosain, eminent hydrologist and former head of civil engineering department of IIT, Delhi, who undertook a study on the safety of Mullaperiyar Dam said that the reservoir is in a

itself. The situation has become worse over the last decade because of the changes in probable maximum precipitation due to major changes in the intensity of rainfall," Dr Gosain told The Pioneer on According to Dr Gosain, the dam is sure to burst any time.

'But it is not possible to forecast the exact date and time of the collapse of the dam," he said The mixture of surkhie and limestone has been washed

away over the years, pointed out Menon. Though Tamil Nadu claims to have repaired the dam, its averment has to be taken with a pinch

School Education Minister participates in Panchjanya Samvad

STAFF REPORTER ■ BHOPAL

School Education Minister Uday Pratap Singh said that the School Education Department has the responsibility of building the future of the state. Recognising its significance, a new education policy is being implemented in the state. School Education Minister Singh was addressing the "Panchjanya Sushasan Samvad Madhya Pradesh" held at the Lok Mata Ahilya Bai Holkar Tri-Centenary Jayanti Year Celebration at Kushabhau Thakre Convention Centre in Bhopal today.

School Education Minister Singh said that the state government has decided to start nursery in four and a half thousand government schools so that the foundation of children's education can be



strengthened. These schools will be digital. He said that it is the state government's endeavour that the infrastructure of the quality of education is superior, so that the public's confidence in government schools is strengthened. Discussing the new education

Minister said that it will be implemented with full commitment. He said that in order to make children aware of government schools along with Indian culture, it has been decided to celebrate Janmashtami festival in schools and colleges. He said that the teachings of Lord Krishna are providing energy and inspiration to the policy, the School Education society. The example of friend-

ship he exemplified is still remembered with great reverence. School Education Minister Singh said that strict action will be taken against those educational institutions where activities against Indian culture will be conducted.

In this programme, Minister Singh said that today it has been realised that apart from English, other languages ??are also becoming more capable of providing employment. He said that the School Education Department has prepared a programme to teach Japanese and German languages ??to students from class 9. While discussing skill development, Minister Singh said that under the leadership of Prime Minister Narendra Modi, a separate department of skill development has been created in the Centre. In accordance with his thinking, special attention is

in children in the state. After class 10, children are being counselled and informed about further studies in the right direc-

The School Education Minister said in the programme of Samvad that in schools which have more than 3 acres of land, children will be taught agriculture related activities. Through this education, children will be able to choose agriculture as pro-fession with full confidence. He said that since ancient times agriculture has been considered the best among all professions. Children will be told about modern farming and new research. In the Samvad programme, journalist Anurag Punetha asked questions regarding the school education system in Madhya Pradesh, which were answered by School Education Minister Uday Pratap Singh.



Secretary Madhya Pradesh Culture Department Urmila Shukla poses for a photograph during the inauguration of a photographic exhibition on 'Balram in Agriculture Culture' at the State Museum in Bhopal on Saturday.

State govt orders to celebrate Krishna Janmashtami causes political flutter

STAFF REPORTER ■ BHOPAL

⊣he orders of Madhya Pradesh government to schools and colleges in the State, to celebrate Krishna Janmashtami (Birth anniversary of Lord Krishna), has caused political flutter in the State. The opposition party Congress has accused the rul-ing BJP of trying to politicise education system in the State. The Congress has asserted that centres of learning should remain only for studies. While talking to media persons, Congress MLA MLA Arif Masood questioned, as why this government is engaged in ruining educational institu-

Chief Minister Mohan Yadav dismissed the Congress' objection, declaring the state had been blessed by Lord Krishna and emphasised the historical and cultural signif-

pointed to popular tourist sites in Madhya Pradesh including Narayan, Amjhera, and Janapav Dham, that are associated with Krishna, and announced plans to develop these areas as pilgrimage destinations.

"Lord Krishna highlighted the importance of education 5,000 years ago. He came to Ujjain from Mathura to receive education. What could be a more auspicious time to celebrate his teachings? The friendship of Krishna and Sudama at Narayan Dham symbolises the bond between the rich and the poor. What is wrong with promoting the place that represents Lord Krishna's brav-

The Chief Minister also pointed out other cities associated with Krishna also celebrated the day, and asked, "If we do not remember places associated with Lord Krishna on Janmashtami, then why remember Mathura? If Janmashtami is celebrated in Mathura, will Congress stop visiting?'

"This is nothing but disrespectful and nonsensical talk," he declared.

BJP MLA Rameshwar Sharma also hit out at the Congress and shot off a jab on furore over the consecration of the Ram Temple in Ayodhya, for which senior Congress leaders like Sonia Gandhi were invited but chose not to go. "It is a crime only in the eyes of the Congress. They used to be allergic to Lord Ram earlier... now allergic to Lord Krishna," he said.

Issued on Wednesday, the state government's order directs district officials to ensure temples dedicated to Krishna are cleaned and play host to "cultural programs". The Congress has objected strongly, insisting that schools and colleges, and other educational institutions, should be aloof from religious or political influence. Educational institutions are for education... and they should be allowed to function as such. There is already a holiday in schools and colleges for religious events and people celebrate these according to their beliefs," Mr Masood said.

He also pointed to the state government "raising questions about our madrasas". "On one hand you make Janmashtami celebrations compulsory... and on the other you are raising questions about our madrasas. What exactly is the government trying to achieve? I am unable to understand why this government is ruining educational institutions..." he continued, warning also of the dangers of making celebration of any festival manda-

Time-bound training programs should be scheduled: CM

STAFF REPORTER ■ BHOPAL

hief Minister Mohan Yadav said that the Center √for Research and Industrial Staff Performance (CRISP) should design and implement versatile training programs tailored to the needs of new industrial units being established in the state. He stressed that these programs should be focused on employment opportunities and should also benefit students from engineering colleges and ITIs.

Yadav expressed his vision for CRISP to become the premier organization for supplying skilled human resources to industries. He shared these thoughts while addressing the general body meeting of the CRISP organization at Šamatva Bhawan, İocated at the Chief Minister's residence

Higher Education and Technical Education Minister Inder Singh Parmar, Micro, Small and Medium Industries Minister Chaitanya Kashyap, School Education Minister Uday Pratap Singh, Minister of State (Independent Charge) for Skill Development and Employment Gautam Tetwal were also present in the meeting. Panchayat and Rural Development Minister Prahlad Patel and Scheduled Caste Welfare Minister Nagar Singh Chauhan joined the meet-

ing virtually. Yadav stated that CRISP should focus on providing training in specific, carefully selected fields. He stressed the need to design courses that cater to the youth and acknowledged CRISP's significant role in improving the efficiency of staff in Central and State Government departments. Yadav encouraged CRISP to conduct employment-oriented training programs that benefit the state. He also highlighted the growing demand for training in

areas such as pharmaceuticals and mobile repair, urging CRISP to address these requirements. The Chief Minister emphasized the need for a large-scale, timebound training program. During the meeting, Secretary of Technical Education M. Raghuraj presented details, noting that this autonomous institute was established in 1997 under the Department of Technical Education, Skill Development, and Employment, with support from the Government of India and the German Government. The institute operates in various areas including training, skill development, consultancy, training-cum-production centers, ICT/software development, and e-governance. In addition to training, the institute has provided support in establishing and operating Shramodya Adarsh ITI in Bhopal for government officers and employees. Youth have also

been trained under the PM

Vishwakarma Yojana, and training programs have been conducted for major industrial institutions across the country. Yadav was informed about the progress of works related to Sant Shiromani Ravidas Global Skills

Park, Bhopal through a presen-It was told in the presentation that more than 100 percent of civil construction work has been completed. The process of necessary appointments and training of teachers and the installation work has been completed. Training related to machines is under process. Similarly, different facilities have been developed in 10 divisional I.T.Is. Chief Minister Yadav was updated on the progress of all these works. Additional Chief Secretary in the Chief Minister's Office, Rajesh Rajoura, Principal Secretary Raghavendra Kumar Singh, and senior officials were present at the



Indian Institute of Architects hosts design appreciation night

STAFF REPORTER BHOPAL

The Indian Institute of Architects (IIA) Bhopal Center organized a grand event on Saturday at Hotel Marriott, featuring two key programs—the inauguration of the "Design Yatra" and the prestigious "Design Appreciation Night 2024."

The event saw participation from architects, design professionals, and key figures from the architecture community across the state.Akshay Selukar, Chairman of IIA Bhopal "Design Yatra" is a new initiative showcasing unique designs from various archi-

tects across the country. These designs will be displayed in architecture colleges and public spaces, allowing students and others to study and enhance their creativity. The shortlisted entries for the



IIA Awards were also exhib- Pathe was awarded the mary objective of this initiative is to promote excellence in architecture and encourage creativity and innovation in

the Design During Appreciation Night 2024, several architects were honored for their outstanding contributions. Architect Narayan Additionally, awards were given in various categories to architects including Divya Singhal, Gourav Upadhyay, Kulveer Singh, Mayooree Saxena, Monica Chouhan, Apoorv Gupta, Deepak Kumar, Saurabh Soni, Jaya Jain, Deepa Agrawal, Utkarsh Jain, Kamal Roop Singh,

by architect Jwalant Mahadevwala, who discussed the importance of the design process and innovation. He explained how parametric design can be used to construct better buildings in the This event was organized to of the IIA MP Chapter and served as an inspiring and memorable evening in the field of architecture. The purpose of this gathering was to

Deepak Jha, Navneet Pandey, Rohit Giri, Akshat Jain,

Ayushi Tamrakar, SM

Hussain, Anuja Srivastava,

Ashutosh Nema, Hemangi

Wallabh, and Anushka Jain for their exemplary designs. A special lecture on parametric design was delivered

recognize the works of architects who have made a positive impact on society through their design and innovation.

Murderous assault on youth in | 150 IIFM students Gautam Nagar, one arrested

STAFF REPORTER ■ BHOPAL

🗖 n Gautam Nagar area, a youth was attacked over an old enmity. The accused also damaged the victim's bike. After receiving information about the incident, the police registered a case and started an investi-

At present, none of the accused have been arrested. Gautam Nagar Police said that Vinod Ahirwar, who lives in Nishapura area, works at a potato-onion shop in the market. After finishing his work on Thursday, Vinod had gone to Atal Ayub Nagar for some work. There he saw Nikhil Raikwar, Noman and Munna Raikwar sitting on a platform with their two other friends.

Vinod had a old enmity with these people. As soon as they saw Vinod, the youths started abusing him. When Vinod told not to abuse, the youths attacked him with a sharp edged weapon. After the attack, the youths also vandalized Vinod's car. After this, the youths fled from the spot. Police are raiding the possible hideouts of the accused.

Meanwhile a masked miscreant stole the bike of the owner of Rose Beauty located Parlour

Shahjahanabad area. The accused had done recce for half an hour before the incident. The entire incident has been captured in the CCTV camera installed in the house.

The complainant has complained about this matter in the police station. Police has started investigation after receiving the application. Farhana Khan runs Rose Parlour Shahjahanabad.

Her house is also there, on Saturday morning at around 8 am an unknown youth kept on doing recce outside her house, he opened the gate of the house and stole the scooter parked inside and fled. The thief had wrapped a towel on his face. As soon as the victim came to know about the incident, she gave a complaint application in the police station. Police are searching for him on the basis of his appearance. Footage of CCTV cameras installed around the incident site is also being examined.

visit IGRMS

Bhopal: About 150 students from the Indian Institute of Forest Management (IIFM), Bhopal, visited the museum as part of their academic curriculum to conduct research for an assignment. The visit was led by Dr. Ujjal Kumar Sharma, Associate Professor, and Ashish David, Assistant Professor.

During the visit, IGRMS Director Prof Amitabh Pandey, introduced the students to the functioning and various dimensions of the museum in the conference hall of the Frequency Section. In his address, he elaborated on the role of communities in maintaining the museum and encouraged the students to work towards making the museum more accessible to the public through modern infor-

mation technology. The visiting group also watched an introductory film about the museum and a film titled "Man in Search of Man." Additionally, under the guidance of the museum curators, the students explored various sections of the museum, including the Inner Exhibition Galleries, Veethi Sankul, Coastal Village and Desert Village Open-Air Exhibitions, and the Tribal Open-Air Exhibition areas. This educational visit provided the students with an opportunity to understand the importance.

AIIMS Bhopal introduces siddha services in AYUSH department

STAFF REPORTER ■ BHOPAL

IIMS Bhopal announced the initiation of Siddha services in its AYUSH Department, from Tuesday, bringing one of India's oldest and most comprehensive systems of medicine to the forefront of modern healthcare. Prof. (Dr.) Ajai Singh, Executive Director of AIIMS Bhopal, commented on this development, stating, "The introduction of Siddha services at AIIMS Bhopal is a reflection of our commitment to holistic healthcare.

By integrating ancient systems of medicine like Siddha with modern medical practices, we aim to offer our patients a comprehensive treatment approach that not only addresses their immediate health concerns but also enhances their overall wellbeing. This initiative will help in preserving India's rich medical heritage while ensuring that our community has access to diverse and effective healthcare options." The Siddha system, deeply rooted in Dravidian culture, boasts a rich heritage spanning over 6,000 years and offers a holistic approach to health, encompassing preventive, promotive, curative, rehabilitative, and rejuve-

native aspects.

Renowned for its effectiveness in treating chronic ailments such as neurological disorders, skin diseases, respiratory conditions, and non-communicable diseases like diabetes and hypertension, the Siddha system also offers specialized treatments in pediatrics, gynecology, and psychiatry. These natural and timetested remedies provide a comprehensive approach to addressing a wide range of health issues. With the launch of Siddha services, AIIMS Bhopal aims to provide integrated healthcare that combines traditional wisdom with modern medical practices, offering patients a holistic treatment experience. The Siddha facility will be operational from 9 AM to 5 PM at the AYUSH Building of AIIMS Bhopal, ensuring accessibility and convenience for all patients. This initiative marks a significant step in preserving and promoting India's cultural heritage while delivering quality health-care to the community. The Siddha services will be

available starting Tuesday, 27th August 2024, at AIIMS Bhopal. Explore the benefits of this ancient medical system at AYUSH Department and experience the synergy of traditional and modern healthcare.



SM Ramanathan, Executive Director bade farewell to J Maitra, General Manager, 02 officers and 13 supervisors and one employee on their retirement. Ramanathan in his address urged all the retiring employees to make the second innings of their life meaningful and enjoy it to the maximum while staying healthy.

Chief Minister pulls officials for waterlogging on city roads

PNS ■ INDORE

hief Minister took cognizance of waterlogging Jon roads in Indore and gave necessary instructions to the officials concerned.

Chief Minister Mohan Yadav reached Indore on Saturday. As soon as he reached the airport, he asked the senior officers of the district administration about the condition of waterlogging after the heavy rain in Indore . Collector Ashish Singh informed him that after the sudden heavy rain, water drainage was obstructed at many places and traffic jam situation was created at major intersections. In this regard, immediate arrangements for drainage were made by the field staff of the Municipal Corporation. adav said that to avoid such a

situation in future, Municipal

Corporation Indore and Indore Development Authority should ensure proper and permanent arrangements. During this, Water Resources Minister Tulsiram Silawat, MP Shankar Lalwani, all the MLAs, Indore Divisional Commissioner Deepak Singh, Indore Police Commissioner Rakesh Gupta, Commissioner Municipal Corporation Shivam Verma were also present.

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PM spearheading a nationwide campaign for women

STAFF REPORTER ■ BHOPAL

Prime Minister Narendra Modi will be having dia-logue with T. logue with Lakhpati Didis from Madhya Pradesh. He will also honour them at a grand function at Jalgaon (Maharashtra) on August 25. Five Lakhpati Didis from Madhya Pradesh have reached Jalgaon to attend the program. Prime Minister Modi will give certificates of honour to them.

It is noteworthy to mention here that after the central government's target of making Lakhpati Didis in 100 days, as many as 96,240 members of women's Self Help Groups in Madhya Pradesh have become Lakhpati Didis. They have received financial assistance, market support, and technical support from the Madhya

STAFF REPORTER ■ BHOPAL

Tational Space Day was

of the state today. On this

occasion, programmes were

organised on a large scale in the

schools. On August 23, 2023,

Chandrayaan-3 Vikram Lander

was successfully landed on the

South Pole of the Moon. To

commemorate this important

achievement, Prime Minister

Narendra Modi had announced

to celebrate this day as Space

Day every year. In this context,

Space Day was celebrated today. In this regard, the School

Education Department had also

issued instructions to the

Youth should prepare for the

oppurtunities in space science

The first National Space Day

STAFF REPORTER ■ BHOPAL

¬he renovation of the his-

Mahadev temple in

Maheshwar, Khargone district,

is progressing rapidly, thanks

to the district administration,

public involvement, and the

dedication of Commissioner

With Rs 80 lakh raised through

Indore Shri Deepak Singh.

Jwaleshwar

District Education Officers.

celebrated in the schools

Pradesh State Rural Livelihoods Mission. In order to expand the reach of self-help group products to major markets, online marketing is being encouraged through digital platforms.

Approximately five lakh women's self-help groups oper-ative in Madhya Pradesh have nearly 62 lakh poor families from villages associated with them. Their socio-economic empowerment is at pace. The women self-help group mem-bers have been identified as Community Resource Persons who find out the members having potential to become Lakhpati Didis. Minister for Rural Development Minister Prahlad Patel has said that the Lakhpati Didis are valuable assets for the state. They will give all the requisite support in their economic pursuits.

Sangeeta Malviya from Sehore district and Kamini Sharma from Guna district will have dialogue with Prime Minister Modi. Lakshmi Tirke from Chhindwara district and Smt. Roshni Lodhi from Dewas district will also be there.

After the program at Jalgaon, similar events will be organized at the Cluster Level Federation (CLF) in Madhya Pradesh, where all CLF Lakhpati Didis will be awarded certificates. Women's self-help groups across the state will receive approximately Rs. 110 crores bank loans (CCL) and about Rs. 171 Community crores as Investment Fund.

Ganga Ahirwar from Mohalpur village in Guna district has achieved remarkable success at the young age of 28. About 7 years ago, she formed the Uma Self-Help Group with 44 women. Through this, she set up a canteen in the district Collectorate premises in 2019,

using the income from snacks and tea to meet household

Selected as a potential Lakhpati Didis under the Government of India's 100-day plan, Ganga didi has been operating the canteen in the Collectorate premises since 2019, having daily sales of Rs. 800 from tea and snacks. Having received training from IHM Bhopal, she expanded her business to include meals and tiffin services. Later, she started dining facility, which led to monthly savings of Rs. 15-20 thousand. Ganga Didi now consistently garge around 19, 15-20 sistently earns around Rs. 15-20 thousand monthly from her canteen, advanced agricultural work, fruit cultivation, and tailoring. All this placed her in the category of Lakhpati Didi.

Roshni Lodhi from Kajliwan village in the Bagli block of Dewas district was helping her in-laws in farming activity. Due to poor

economic condition, her family used to borrow money from nearby villages. In 2019, Roshni Lodhi formed a self-help group. Initially, she saved Rs. 20 per week and started meeting household needs through group loans. Roshni formed 50 selfhelp groups with 600 women as members from neighboring villages and encouraged them to start livelihood activities, earning some income as an active Community Resource Person.
Through the self-help group,
Roshni received training as a
Bank BC and started working as
a Bank BC by taking a loan of 50 thousand rupees from the village organization to purchase a computer and printer. She began a sewing school uniform with her in-laws and husband, also involving other village women. During the group formation, she was selected as a bank sakhi for bank-related works.



Congress State President Jitu Patwari, Leader of Opposition Umang Singhar and other leaders coming out after meeting DIG Community Policing Vineet Kapoor over razing of a house following the Chhatapur incident, at PHQ in Bhopal on Saturday.



fulfillment of their demand of more compensation, at his residence in Bhopal on Saturday.

PM spearheading a nationwide campaign for womens

Excellence School, Bhopal. In

the morning assembly of

Subhash School, senior teachers

Ekta Pathak, Seema Mathur

and Diwan Singh connected

the children with the pro-

gramme held at the Regional

Science Centre at Shyamla Hills

Through the programme, renowned retired scientist of

Mumbai's Department of Astronomy and Astrophysics,

Prof. Mayank Vahia gave important information to the children

on the subject of Indian Space

Research Programme, past, pre-

He told that research is being

conducted continuously in space

science. Youth will get good

opportunities in this field. For

this, children should prepare for

Historical heritage saved from collapse in Maheshwar

this subject from now.

sent and future.

through virtual classroom.

Bhopal has received 98 percent of rains in the season, which is 36.7 inches

STAFF REPORTER ■ BHOPAL

hopal has received 98 per-Briogramus received so per cent of the season's rain which is 36.7 inches of water. Lightning struck the temple in the Mayur complex; water filled in many areas.

Lightning struck the temple located in the Mayuri complex in Bhopal on Saturday after-

Bhopal requires less than 1 inch of water is needed to complete the quota of the season's rain. Due to heavy rain on Friday night, 2-2 sluice gates of Bhadbhada and Kaliyasot Dam remained open till noon on Saturday. After this they were closed.

Water inflow continued in Kolar Dam near Bhopal. At 3:30 pm, lightning struck the Ram temple located in the Mayuri complex in Ayodhya Nagar area. Due to this the temple got damaged. At the same time, it kept raining throughout

The rain has started again from 2 pm. Due to this, many areas of the city have become wet. The road at Dak Bungalow crossing was filled with water up to one

The Meteorological Department has issued an alert of heavy rain today. Here, after the gate of Kaliyasot Dam was opened, the settlements on the river bank have been alerted.

The gates of Kaliyasot Dam ly delivered to all the concerned groups. This has made the life were closed in the afternoon. After this, people went down to The participants were told that the Kalivasot river to catch fish. the information related to min-A large number of people kept eral discovery, weather and natroaming in the river. Crocodiles ural disasters obtained from and tigers also roam in this area. the satellites is being utilized On Saturday, two gates of

remained open. Both the gates of Kaliyasot Dam were closed in the afternoon. After this, the water in the river

ended and people went down to

Rain started after 2 pm in Bhopal. Sometimes it is raining heavily and sometimes lightly. Intermittent rain continues in Bhopal. Two gates of Bhadbhada Dam in Bhopal are open. The

gates were opened on Friday night after the big pond was

filled to the brim. After a break of 8 days, the capital is getting drenched again in the last days of August. It has been raining heavily and lightly for the last 4 days. This also increased the water level of the big pond.

On Friday evening, the water level reached 1666.80 feet. After this, the gates of Bhadbhada and Kaliyasot dams were opened at night. Water is flowing fast, which is passing through the Kaliyasot river. In such a situation, residents of low-lying areas like Damkheda, Samardha Tola have been alerted. People can be shifted if the water level rises. According to the Meteorological Department, there is a trend of 13 inches of rain in Bhopal in August. This time, more than 12 inches of water has rained so far. At the same time, more than 36 inches of rain has fallen in the season, which is about 98 percent of the season.

Monsoon's indifference was also seen in August. There was good rain in Bhopal for the first 4 days, but after that only light rain continued. Due to this, the quota could not be full till August, but now the period of heavy rains

Will enhance governance through modern resources and technology: Chief Minister

STAFF REPORTER ■ BHOPAL

hief Minister Mohan Yadav announced that the state is actively pursuing the upliftment and development of all sections of society. He highlighted that the state government is operating in mission mode to enhance youth skills, providing training and expanding employment opportunities for women in various industries. Several initiatives have also been launched to support the poor. Dr. Yadav shared these updates during a recent interaction at the Kushabhau Thackeray International Convention Centre.

Yadav emphasized that the Nadi Jodo Abhiyan will significantly improve irrigation for farmers in the state. He predicted that Madhya Pradesh will soon surpass Punjab and Haryana in agricultural production. Beyond farming, efforts are underway to boost animal husbandry and milk production. Dr. Yadav also highlighted the state's commitment to enhancing governance through modern resources and technology. He stressed the collective responsibility to adhere to the law and noted that UNICEF has praised Madhya Pradesh's initiatives in sanitary pad distribution and hygiene.

Yadav highlighted the profound connection between Lord Krishna and Madhya Pradesh. He noted that Lord Krishna came to Madhya Pradesh for education at the Sandipani Ashram in Ujjain,



bestowed the Sudarshan Chakra upon him at Janapav near Indore. Dr. Yadav described Janmashtami as a festival of good fortune and emphasized

Rakshabandhan is not only a celebration of the bond between brothers and sisters but also a cultural festival that unites everyone.

The Chief Minister said that Ujjain has immense importance from the geographical

Specialty

point of view. Ujjain holds an important place in the calculation of time. Preparations for Simhastha in Ujjain have already been started, so that the devotees do not face any inconvenience.

Yadav said that attention is being given to increasing investment in the state. Regional Investors Summit is being organized in all the divisions of the state. Investors from India and abroad are being invited to invest in the Prime Minister Narendra Modi

has significantly accelerated the country's economic growth. The state budget is expected to double within the next five years, with improved measures being implemented to enhance employment opportunities. Additionally, there is a strong push to promote employmentoriented industries

NORTH CENTRAL RAILWAY

L.No.-JHS/P/Gaz/Engagement/CMP/2024

Place of posting

Offline (Walk In Interview) for appointment of doctors on contract basis

Walk-In-Interview is being held for 08 full time post of Contract Medica practitioners (CMP) General Duty Doctors on Contract basis for a duration of one year at Jhansi Division under the following Units:

Vacancy

Divisional Rly Hospital and (UR-05/SC-02/ST-01/ OBC-00) division. Divisional Railway Hospital Walk-in-interview 11:00 Hrs N.C.Rly Jhansi 13.09.2024

Candidates must submit their applications on the prescribed Performa enclosed along with relevant documents on e-mail ID cosdrh28@ gmail.com in PDF format up to 31.08.2024 at 22:00 Hrs. Application may be downloaded from official website (www.ncr.indianrailways.gov.in **Divisional Personnel Office** 1507/24 (MG) North Central Railway, Jhansi

VIPPY SPINPRO LTD.

CIN: L01710MP1992PLC007043 Regd. Office: 414, City Center, 570, M.G. Road, Indore-452 001 (M.P.)

Works Office: 14-A, Industrial Area, A.B. Road, Dewas-455 001 (M.P.)
Phone: 91-7272-258251, 52, 405352, Fax: 91-7272-400121
Email: admin@vippyspinpro.com, Website: www.vippyspinpro.com

NOTICE

Notice is hereby given that the following Share Certificate(s) issued by the Company are informed to have been lost or misplaced and the registered holder thereof claimant has applied to the Company for issue of Duplicate Share Certificate:

No.	Share Holder	Shares	No.	Certificate No.	No.
1.	Anani Purohit	100	22694	36726	3672501-3672600
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Certificate(s) should lodge such claim with the Company's Share Transfer Agent at the Registered Office, at the address given below ANKIT CONSULTANCY PVT. LTD. 60, Electronic Complex, Pardeshipura, Indore-452010 (M.P.)

Within 15 days of publication of this notice, after which no claims will be entertained and the Company will proceed to issue Duplicate Share For Vippy Spinpro Ltd.

> Pulkit Maheshwari CS, Compliance Officer & CFO

A young woman shops in a market ahead of the Janmashtami festival in Bhopal on Saturday Madhya Pradesh to realise PM's vision of self-reliant villages: Patel

community contributions, the restoration work is becoming

a notable example of public engagement in preserving heritage. This collaborative effort is realizing the vision of safe-guarding this ancient site for future generations. Located on the riverbanks, the temple, which was at risk of collapsing due to its age, is now being

STAFF REPORTER ■ BHOPAL

meticulously restored.

Maheshwar of Malwa region is a centre of religious, historical, artistic and architectural art. There is a local saying that every pebble coming out of the Narmada river is a form of Shankar. Every temple of this city built on the banks of the holy Rewa river has been described in detail in the Puranas, scriptures and poems. There are thousands of temples on the banks of Narmada, but some of them have a special place, in which Jwaleshwar Mahadev temple has its own special place. Indore Commissioner Shri Deepak Singh took interest in preserving this historical heritage and with the co-operation of the district administration and

the people of the area, today the renovation work of this ancient heritage is almost complete. The renovation of this temple, carried out with public cooperation, has revitalized and provided long life to this

at the National Institute of

Technical Teacher Training and

Research located in Shyamla

Hills, Bhopal. 160 master train-

ers from the State Education

Centre and 10 SRGs of the

State Research Group partici-

Much important information

related to space science was

given in the programme. It was

told in the programme that

space science is now being used

in many areas in the world.

Through satellites, information

on every subject is being quick-

of a person easier.

pated in the programme.

present was renovated in the 17th century under the guidance of the Marathas, in which examples of special architecture like elaborately carved shikharas, doors and windows and intricately carved panels can be seen here. This temple offers a panoramic view of the excellent ghats and Holkar architecture. The confluence of Maheshwari River and Narmada River can also be seen from this place.

historical heritage. The temple that is visible at

414 self-help groups received loans worth Rs. 1101 crore from public, private, and regional

The Aradhana Livelihood Self-Help Group, consisting of 14 members from Khandaphari Gram Panchayat in Lanjhi Development Block, Balaghat, was formed in 2017. The group took a loan of Rs 1.5 lakh in 2020, repaid it, and in 2021 took a loan of Rs 3 lakh, which was repaid to take Rs 6 lakh loan in 2022. With increased repaying capacity and and enhanced confidence, the group took a Rs 10 lakh loan in March last year. Many members are engaged in two or three economic activities simultaneously.

shop and also runs murmura (puffed rice) making unit. Bhojakli Sonwane does farming and also involved in furniture making, earning up to Rs 1.4 lakh annually. The Ambika Self-Help Group, consisting of 12 members from Simariya village in Khairi Gram Panchayat, Seoni Development Block, was formed in 2020 with Prabha Chaudhary as its head. They initially took a loan of Rs 1.5 lakh from Union Bank of India. After repaying it, they took a second loan of Rs 3 lakh in 2021-22 and then Rs 6 lakh loan in 2023-24. All twelve members have started small economic activities. Savita Chaudhary opened a general store, earning Rs 1.20 lakh annually. Pooja Sonia runs a small dairy with a yearly income of Rs 1.22 lakh.

73,560, was established in 2018 in Beasapurakala Gram Panchayat, Development Chhindwara District. Initially, they took a Rs 1 lakh loan from

Similarly, the Shri Krishna Self-Help Group, with a capital of Rs Mohkhed Block, repaying it in two years, they took a Rs 2 lakh loan in 2020 and a Rs 6 lakh loan in 2022. The

Kanchan Bunkar and Babita Gulwaskar began a vegetableselling business, earning Rs. 1. 25 lakh and Rs 1.5 lakh annually, respectively. Group president Mamta Indourikar's clothing and tailoring business earns her Rs

Group, consisting of ten members from Chhota Bardha Gram Panchayat in Thikari Development Block, Barwani District, has taken loans four times. Formed in 2016, they first took Rs 1 lakh loan from Madhya Pradesh Rural Bank's Anjad branch in 2018. Subsequent loans were Rs 2 lakh in 2019, Rs 2.5 lakh in 2020, Rs 2.80 lakh in 2022, and Rs 10.80 lakh at the end of the year. Each member has started their own business with a total of Rs 25 lakh. The group's president, Manju Goyal, began a woolen decoration and toy business, earning ?Rs. 2.28 lakh annually. Other member Kavita Jeetendra started an animal husbandry business, earning Rs 1.32

lakh annually.

Place : Indore Date : 24.08.2024 Pioneer photo इंडियन बैंक **Indian Bank** 🛕 इलाहाबाद

Arera Colony Branch E-2/60, Arera Colony, Bhopal

APPENDIX - IV (Rule-8(1))

POSSESSION NOTICE (for immovable property) Whereas, the undersigned being the Authorised Officer of the Indian Bank under the Securitisation and Reconstruction of Financial Assets and Enforcement of Security Interest Act. 2002 and in exercise of the powers conferred under section 13

60 days from the date of receipt of the said notice. The Borrowers/Guarantors / owners of the property having failed to repay the amount, notice is hereby given to the owner of property and the public in general that the undersigned has taken Possession of the movable/immovable property described herein below in exercise of powers conferred on him/her under section 13 (4) of the said act read with rule 8 of

(12) read with rule 3 of the Security Interest (Enforcement) Rules, 2002 issued a demand notice to the below mentioned

Borrowers & Guarantors, calling upon the borrowers and also the owner of the property /Surety to repay the dues within

the said rules on the date mentioned against the borrowers. The Borrowers and Guarantors / owners of the property in particulars and the public in general is hereby cautioned not to deal with the properties and any dealings with the properties will be subject to the charge of the Indian Bank (e-Allahabad Bank) Arera Colony Branch, Bhopal for the amount mentioned against the borrowers and Interest thereon, costs etc. The

borrower's attention is invited to the provisions of sub-section 8 of Sec 13 of the Act, in respect of time available, to redeem the secured assets Description of Movable /

Name of the Borrower/ **Immovable Property** Freehold Residential Plot cum Duplex No. Borrowers: M/s Yuva Construction Minerals &

D-16 a part of revenue survey no. 99/2/ka,140,141,142,143,144,145,146, 147,148,149,150,151,152,153,153/2,154 155,156,157,158,159,160,161 and 162) and Ground+1 construction thereon situated at "Dr. Govind Narayan Fortune Soumya Heritage" Village Bheropur Tehshil Huzur Distric Bhopal(M.P) Admeasuring

20.08.2024 83,75,866/-Interest & other Charges

Possession Notice Di

Amount Outstanding

14.05.2024

Authorised Officer, (Indian Bank)

strengthening faster the rural economy with the increasing economic activities of women's self-help groups. In 2023-24, banks, including public, private, and regional rural banks provided loans worth Rs. 3584 crores to 1,63,500 self-help groups helping them to start eco-

¬he rural economy of

Madhya Pradesh

nomic activities. Since 2012-13, a total of Rs. 10,337 crores bank loans have been provided to 7.09 lakh self-help groups. Over the past five years, the banks are giving more loans as these groups are becoming financially empowered. Minister for Rural Development Minister Prahlad Singh Patel has expressed gratitude to the banks for providing credit facilities to the hardworking members of self-help groups. He urged the

banks to liberally support the

SHGs acknowledging their

repaying capacity. He empha-

sized that economic self-reliance

of families living in villages will enhance the prosperity of rural areas. Madhya Pradesh will realize Prime Minister Narendra Modi's vision of self-reliant and prosperous villages.12-fold Increase in Bank Loan DistributionIn 2019-20, bank disbursed.

loans worth Rs 303 crores were In contrast, Rs 3584 crores were disbursed in 2023-24, a 12-fold increase in bank loan distribution over the past five years. The Non-Performing Assets (NPA) of these SHGs is only 1.1%, which demonstrates that the enterprising women of Madhya Pradesh strictly observe financial discipline. In 2020-21, Rs 510 crores bank loans were provided while in 2021-22, Rs 1408 crores, and in 2022-23, Rs 2452 crores were disbursed. At national level, the annual growth rate of bank loan distribution over the past five years is 39%, whereas Madhya Pradesh has achieved a 217%

annual growth rate in loan dis-

tribution to these groups. In

2024-25, as many as 68 thousand

rural banks for their economic

Parvati Budhajale runs a grocery

Madhya Pradesh Rural Bank's Beasapurakala branch. After

group's eleven members started

their preferred activities.

1.80 lakh annually. The Shri Ganesh Self-Help

Developers (Partner- Shri Rukmani Raman Singh Thakur S/o Late Shri G.S. Thakur & Smt. Manjula

Thakur W/o Shri Rukmani Raman Singh Thakur) Address: D-16, Soumaya Fortune Heritage, Housangbad Road Bhopal- 462026 2. Shri Rukmani Raman Singh Thakur S/o Late Shri G.S. Thakur (Partner, Mortgagor & Guarantor), Address:

08, Somya Inclave Chuna Bhati Road Bhopal -462042 3. Smt. Manjula Thakur W/o Shri Rukmani Raman Singh Thakur (Partner & Guarantor), Address: 208 Somya Inclave Chuna Bhati Road Bhopal -462042 Place: Bhopal, Date: 20/08/2024

1296.25 Sq.ft Boundaries: East- Road, West- Bunglow No D-39, North- Road, South- Bunglow No D-17

BJP blasts Congress for supporting anti-national NC

PIONEER NEWS SERVICE n

The BJP on Saturday criticised Congress extending support to National Conference (NC) manifesto which promotes ideas like dividing the Nation, enforcing two constitutions and Kashmir and opposing the National Flag and said it exposed Congress anti-national thinking.

These assertions were made here during a joint conference by,BJP National General Secretary Tarun Chugh and Delhi BJP President Virendra

Chugh said Congress has always sided with those who seek to break the nation. The Congress's support for the NC's manifesto raises many ques-

This manifesto by the National

Gadkari promises

to expedite iconic

Telangana,

NEW DELHI

Andhra bridge

PIONEER NEWS SERVICE n

Union Road Transport and Highways Minister Nitin

Gadkari has assured he will

expedite the construction of a

double-decker cable-stayed

iconic bridge between Telangana and Andhra

Pradesh over the Krishna

River, the Telangana govern-

The assurance came during a

meeting with Telangana

Tourism and Excise Minister

Jupally Krishna Rao in New

Gadkari responded positively

to Rao's request to fast-track

the project and assured him

that all necessary procedures

would be completed, with tenders set to be launched by September end, an official

connecting Somashila in

Telangana and Sangameshwar in Andhra Pradesh, has been pending for two years due to various reasons. Rao, during

the meeting, had an extensive

discussion on the bridge con-

struction, which falls in the

Kollapur constituency, as well

as various national highway

development projects in the

The bridge is expected to

promote ecotourism and temple tourism in Telugu-

speaking States, provide a

safer route to commuters, and

reduce travel distance from

Telangana to Tirupati by 70-

80 kilometers, cutting down travel time by at least 90 min-

Slated to come up against the backdrop of the Srisailam

reservoir and Nallamala for-

est, the bridge will connect the

Lalitha Someshwara Temple

on the Telangana side with the

Sangameshwar Temple on the

Rao also requested Gadkari to

take steps to upgrade the

203.5 km road from Alampur

'X" Road (NH-44) to

Nalgonda (NH 565) into a

Andhra Pradesh side.

national highway.

Mahbubnagar district.

statement said.

ment said on Saturday.

Conference is an attempt to reestablish terrorism and separatism in Jammu and Kashmir. The manifesto's declaration to reinstate Articles 370 and 35A has full support from Rahul Gandhi and the Congress. Chugh questioned Congress

and Rahul Gandhi on their stance regarding Articles 370 and 35A. He asked whether Congress supports dividing Jammu and Kashmir and implementing two constitutions in the region. Congress needs to clarify its position on

He said Congress is repeating its historical mistakes by playing a dangerous game in alliance with the National Conference. He further questioned whether

Congress is backing Pakistan's agenda. An effort is being made to establish terrorism



and separatism in Jammu and Kashmir, and Congress's hand Congress should clarify if a

state party is collaborating with a party from another country and supporting this antimanifesto clearly States that separatists currently in jail, who were involved in bomb blasts and in implementing Pakistan's agenda in Jammu and Kashmir, will be released. The Abdullah family advocates for this, and the Gandhi family supports them, Chugh claimed. He said Congress is standing with those who seek to strip citizens of their rights, revoke reservations, and return to the pre-August 5, 2019, status of Kashmir. The NC manifesto is an announcement to remove the Constitution introduced by Dr B R Ambedkar, and Congress, along with the Abdullah family, is trying to uproot it. The BJP will not allow this to happen under any circumstances.

Congress must clarify whether it supports the manifesto that renaming Shankaracharya Hill to Takhte-Suleiman. Rahul Gandhi, who never visited Jammu and Kashmir in his 50 years but is now playing snow ball there, should remember that the only reason the tricolour flies at Lal Chowk, where he is enjoying ice cream, is because of Prime Minister Narendra Modi, he

said in its lust for power, Congress has repeatedly played with the unity and security of the nation. By allying with the National Conference in Jammu and Kashmir, Congress is revealing its vile face.

The party stood with stone pel-ters and continues to support

Sachdeva also questioned Rahul Gandhi, who is nurtured by foreign values and visits temples only during elections, about whether he intends to provoke another Hindu-Muslim riot by renaming



Chouhan addresses soya farmers' insurance issue

Union Agriculture and Farmers Welfare Minister Shivraj Singh Chouhan has directed officials to immediately resolve the problem of pending insurance schemes of soyabean crop. He gave this instruction while interacting with farmers in Nanded, Maharashtra on August 21, Agriculture Ministry said

farmers of Parbhani district informed the Union Minister about the problem of pending insurance claims of Rs 200-225 crores of their soyabean crop. In this regard, the Minister gave instructions to the Agriculture and Farmers Welfare Officials to

Department of Agriculture and Farmers Welfare held a meeting of the National

On Saturday, the Central Technical

PM Modi to honour 11 lakh Lakhpati Didis, inaugurate Rajasthan Museum today

PIONEER NEWS SERVICE n

Prime Minister Narendra Modi will give certificates and felicitate 11 lakh new Lakhpati Didis, who recently became Lakhpati (millionaire) during the third term of the NDA Government at an event in Jalgaon in Maharashtra on

Later at 4.30 pm, on the same day i.e. on Sunday, the Prime Minister will also attend the concluding ceremony of the Platinum Jubilee celebrations of the Rajasthan High Court, to be held at the High Court Campus, Jodhpur. The Prime Minister will also inaugurate the Rajasthan High Court

At the Lakhpati Didi Sammelan in Jalgaon, the Prime Minister will also interact with the beneficiaries from across the country and release a Revolving Fund of Rs 2,500 crore which will benefit about 48 lakh members of 4.3 lakh Self-Help Groups (SHG).

He will also disburse bank loan of Rs 5,000 crore which will benefit 25.8 lakh members of 2.35 lakh SHGs.

During his Independence Day speech last year, Modi had announced the 'Lakhpati Didi'



scheme to provide skill development training in skills like plumbing, LED bulb making and operating and repairing drones to 20 million women in villages across the country. Since the inception of the scheme, one crore women have

already been made 'Lakhpati Didis.' The government has set a target to make 3 crore 'Lakhpati Didis.' "Lakhpati Didi" refers to women who are capable of earning at least 100,000 rupees annually.

To benefit from this scheme, women must be part of a selfhelp group. Currently, there are about 83 lakh self-help groups in the country, involving approximately 9 crore women.

NHRC proposes enhancing elderly care, to focus on dignity, rights, awareness

ARCHANA JYOTI n NEW DELHI

With aging parents increasingly being seen as a 'burden' by their children amid the disintegration of the traditional family structure, a panel of experts from the Core Group of the National Human Rights Commission (NHRC) on Elderly Care has proposed a series of measures to protect and support India's rapidly growing elderly demographic. NHRC member Dnyaneshwar Manohar Mulay emphasised the importance of old age homes, stressing that they should not be viewed as mere holding facilities with a stigma attached.

'Instead, these homes should provide an environment that promotes health, quality of life, and dignity for their residents," said Mulay at a meeting held recently. He also informed the group members who are working in the sector at the grassroots to ensure complaints of abuse against elderly people can be registered at the NHRC portal.

As per the minutes of the meeting made available recently, Dr Abha Chaudhary, Chairperson, NGO Anugraha called for a comprehensive need-assessment to identify challenges faced by the elderly, particularly the most marginalised.

She also advocated for a culturally suitable action plan and the creation of SOPs for stakeholder preparedness.

Dr Abha posed the question of exactly how many welfare schemes and support programs there are for the 'most marginalised' section among the elderly, for example- those crossing 80 years of age etc. she also highlighted how India



needs a more culturally and socially suit-

Himanshu Rath, from Agewell Foundation flagged the issue of lack of district tribunals for elderly issues and stressed the importance of making elderly aware of their rights.

He also proposed integrating moral education in schools and reducing duplication in schemes.

Dr S Siva Raju, Professor at Tata Institute of Social Sciences (TISS) emphasised the role of family in elderly care and applauded the Andhra Government's Wallet Scheme.

He also advocated for "Private sector involvement and NHRC's facilitative role

Rajiv Manjhi, Joint Secretary, Union Health Ministry highlighted achievements in healthcare provisions for senior citizens and the need for spe-



He suggested increasing funding and number of beneficiaries, and improving hospital empanelment. Gargi Lakhanpal, from Vridh Care

NGO, discussed the importance of ground-level implementation, mental health programs, and awareness campaigns for elderly care.

he members also sought incorporating education about elderly care and respect into school curricula to foster understanding and empathy among young people. "Encourage youth involvement in elderly care through volunteer programs and community service initiatives," they



PIONEER NEWS SERVICE IN NEW DELHI

here on Saturday. Giving details, officials said

immediately resolve the problem.

Technical Advisory Committee (TAC) in this regard on August 22. In the meeting, the TAC rejected the objection lodged by the insurance company on crop cutting experiments and directed the insurance company to pay the pending claims. Due to this decision, pending claims of Rs 200 to 225 crores are to be paid to about 2,00,000 farmers of Parbhani district.

Committee has issued an order to the concerned insurance company to pay the due claim within one

Even minor brain injuries in youth may lead to | Bulldozer justice completely dementia, progressive neuro-disease: Study



PIONEER NEWS SERVICE n

 $E {\it ven minor brain injuries sustained in} \\ E {\it youth, such as concussions--classified}$ as traumatic brain injuries (TBIs) -- may have long-term consequences such as dementia, a progressive neuro-disease, according to a study. Published in JAMÁ Network Open, the

research found that early-life TBIs are

linked to increased risks of memory problems and dementia later in life.

The team from the University of Cambridge analysed MRI scans of 617 people aged 40 to 59. They also studied their medical histories, focusing most specifically on whether they had had brain injuries anytime during their life.

About 36.1 per cent of the participants reported having experienced at least one brain injury that was serious enough to have caused them a minor concussion Further, MRI scans showed that 1 in 6 of the participants had higher than normal instances of cerebral microbleeds and other symptoms of what is described as evidence of small vessel disease of the

People with at least one TBI were also more likely to smoke cigarettes, had more sleep problems, were more likely to have gait issues, and suffered from depression. The team noted that the more TBIs a per-

son had, the more such problems became apparent. Those who experienced a TBI in their youth also had a higher risk of memory problems than did patients with cardiovascular disease, high blood pressure, or diabetes -- increasing their likelihood of developing dementia, the researchers

Analysing MRI scans and medical histories of 617 individuals, the study revealed that those with a history of brain injuries showed more symptoms of small vessel disease and were more likely to experience related issues such as depression and gait problems. The researchers have called for more research into the long-term impacts of TBIs, particularly regarding memory retention problems and possible associations with the development of dementia.

unacceptable, must stop: Priyanka

PIONEER NEWS SERVICE n **NEW DELHI**

 $B^{\text{ulldozer justice'}}_{\text{and must stop, Congress Leader Priyanka}}$ Gandhi Vadra said on Saturday, days after the house of a man who allegedly indulged in vio-lence in Madhya Pradesh's Chhatarpur district during a protest was demolished.

In a social media post in Hindi, Priyanka Gandhi said, "If someone is accused of a crime, then only the Court can decide his crime and punishment. But punishing the family of the accused as soon as the allegation is made, taking away the roof from their heads, not following the law, disobeying the Court, and demolishing the house of the accused as soon as the allegation is made - this is not justice." This is the "height of barbarism and injustice", Priyanka Gandhi said. There should be a difference between the lawmakers, the law keepers and the law breakers, she stressed, adding that Governments cannot behave like criminals. Following the law, Constitution, democracy and humanity are the minimum conditions of governance in a civilised society, Priyanka Gandhi

"One who cannot fulfil 'rajdharma' can neither work for the welfare of the society nor the country. Bulldozer justice is completely unaccept-



The house of the man who allegedly indulged in violence during a protest against remarks by seer Ramgiri Maharaj was demolished on

Ramgiri Maharaj had allegedly made objectionable remarks against Islam at Shah Panchale village in Sinnar taluka of Maharashtra's Nashik district during a religious event some

Members of the Muslim community had organised a protest on Wednesday, but it descended into violence, leading to injuries to two policemen and damage to several vehicles. The house of Shahzad Ali under Kotwali police station limits was demolished. We had registered a case against 150 people for the vio-

lence on Wednesday. We had named 46 peo-

Button size batteries pose serious threat to toddlers, warns study

PIONEER NEWS SERVICE n NEW DELHI

 $B_{\text{small and seemingly}}^{\text{utton batteries, though}}$ benign, which are commonly found in household items such as remote controls, hearing aids, and key fobs can be a serious hazard for toddlers if ingested by them, says a study. A team of researchers warned that children who did not have the button battery removed within six hours were almost eight times more likely to die. Those younger than two years old who had swallowed a button battery with a diameter of at least 2 centimetre were the most at risk for serious damage or death, said the team from the University of Sydney after they analysed over 400 cases of button battery damage world-

They stressed that a child's age, the size of the button battery, and a delayed diagnosis combine to create a "perfect storm", which can lead to severe

Lead author Christopher, a professor at the University of Sydney in Australia, urged clinicians to be mindful of "a potential button battery ingestion when dealing with acute onset respiratory or gastrointestinal symptoms in young children". The findings are published in World Journal of In view of these unseen threats,

the researchers said that in order to protect children, the industry needs to redesign button batteries. This is because current standards only focus on child resistant packaging and product compartments. Currentl, Australia is the only country in the world that has introduced first-ever mandatory safety standards for childresistant packaging of button

Tran added that when a child swallows a button battery, it can cause a chemical reaction in the

oesophagus that creates a solution that burns and dissolves the tissue inside the child's

teries resulted in burns to the

About 26 per cent of injuries child's oesophagus, with 23 from swallowing button bat- per cent being extremely

with bleeding being the most common symptom of fatality. A growing number of everyday home gadgets, such as watches, hearing aids, remote con-

severe. Burning can cause a

hole in a major vein or artery,

Nearly 9 per cent of complica-

causing fatal blood loss.

tion cases resulted in death, trols, and toys, rely on button batteries as tiny power sources. Button batteries, however, pose a risk to inquisitive young children who may swallow them unintentionally or put them in their mouths, noses, or ears without being able to express what has happened. Button batteries contain cor-

The most common initial symptoms of a button battery swallowing in a child are choking, difficulty feeding, and coughing. However, over time these symptoms change (for example, vomiting, drooling) and may be mistaken for other health issues such as gastroenteritis or a respiratory infection. The researchers also emphasised the need to raise awareness among parents about the possible risks associated with button batteries, the necessity of storing batteries safely, and the proper disposal methods.

rosive chemicals that can cause

severe burns to the esophagus,

stomach, and intestines.

Three killed, eight hurt in US Government approves sale of knife attack in Germany us Government approves sale of anti-submarine warfare gear to Income.

large-scale search was underway Saturday in the western German city of Solingen after three people were killed and at least eight others wounded, five of them seriously, in a knife attack at a festival. "The police are currently conducting a large-scale search for the perpetrator," police said in a statement. They have assembled a large number of forces around Solingen city center, including special units. "Both victims and witnesses are currently being questioned," they said.

Police have also established an online portal where witnesses can upload information relevant to

People alerted police shortly after 9:30 pm Friday to an unknown attacker having wounded several people with a knife on a central square, the Fronhof. Police said that the perpetrator was on the run, and

Terrorism not ruled out

been ruled out in a knife attack in western Germany in which three people were killed and seven wounded.

Markus Caspers told a news conference on Saturday that authorties are still looking into what is behind the attack in the city of Solingen during a community festival on Friday evening. A 15-year-old boy was arrested early Saturday but police said he was not the perpetrator.

that they so far had only very thin information on the assailant. They said they believe the stabbings were carried out by a lone attacker and gave no information about the identities of the victims. The "Festival of Diversity," marking the city's 650th anniversary, began Friday and was supposed to run through Sunday, with several stages in central streets offering attractions such as live music, cabaret and acrobatics.

One of the festival organizers, Philipp Muller, appeared on stage on Friday and asked festivalgoers to "go calmly; please keep your eyes open, because unfortunately the perpetrator hasn't been caught."Solingen has about 1,60,000 residents and is located near the bigger cities of

Cologne and Duesseldorf. German Chancellor Olaf Scholz said on Saturday that the perpetrator of the attack must be caught quickly and punished with the full force of the law.

'The attack in Solingen is a terrible event that has shocked me greatly. An attacker has brutally

Kurzbach. We mourn the victims and stand by their families," Scholz said on X.

German President Frank-Walter Steinmeier also spoke to the mayor of Solingen on Saturday

'The heinous act in Solingen shocks me and our country. We mourn those killed and worry about those injured and I wish them strength and a speedy recovery from all my heart," Steinmeier said in a statement on Saturday. "The perpetrator needs to be brought to justice. Let's stand together — against hatred and violence."

There has been concern about increased knife violence in Germany, and Interior Minister Nancy Faeser recently proposed toughening weapons laws to allow only knives with a blade measuring up to 6 centimeters to be carried in public, rather than the length of 12 centimeters that is currently allowed.

> conditions of the contract. The sale includes AN/SSQ 53G High Altitude Anti-Submarine Warfare (HAASW) sonobuoys, AN/SSQ-62F

PIONEER NEWS SERVICE n

The US Government has approved a proposed \$52.8

million deal with India for

anti-submarine warfare

sonobuoys and related equip-

ment for the Navy. The deal

now awaits final approval from

This announcement comes

during Defence Minister

Rajnath Singh's ongoing four-

day visit to Washington, where

he held talks with his US coun-

terpart, Lloyd Austin, and

National Security Advisor

Moreover, India and US on

Thursday inked two major

agreements - Security of

Supplies Arrangement (SOSA)

Agreement regarding the

Assignment of Liaison Officers.

As regards the proposed deal,

the US will supply the systems through the Foreign Military

Sale (FMS) route. It means that

the US Government will stand

guarantee for all the terms and

Memorandum of

(NSA) Jake Sullivan.

the US Congress.

36 sonobuoys, as well as technical publications, and other logistics. "The estimated total cost is \$52.8 million," the US Defence Security Cooperation Agency (DSCA) said.

anti-submarine warfare gear to India

This proposed sale aims to bolster US-India strategic relations and enhance India's anti-submarine warfare and deterrence capabilities, particularly for its MH-60R helicopters. "This proposed sale will sup-

port the foreign policy and national security objectives of the United States by helping to strengthen the United States-India strategic relationship and improving the security of a major defense partner which continues to be an important force for political stability, peace, and economic progress in the Indo-Pacific and South Asia regions," the DSCA said. "The proposed sale will improve India's capability to meet current and future threats by enhancing its capacity to conduct anti-submarine warfare operations from its MH-60R helicopters. India will have no difficulty absorbing this equipment into its Armed forces. The proposed sale of this equipment and support balance in the region," it added. Meanwhile, Singh discussed evolving geopolitical situation, key regional security issues and defence industrial collaboration with NSA Sullivan, Defence Ministry said here on

The Defence Minister also interacted with the senior leaders of the US defence industry at a round-table organised by US India Strategic Partnership Forum in Washington DC. The round-table was attended by a large number of US defence and technology com-

Singh emphasised that India welcomes US investment and technology collaboration, and is ready with a skilled human resource base, robust pro-FDI and pro-business ecosystem, and large domestic market. India looks forward to closely working with US across the domains of defence for capability building and for an abiding technology and industrial partnership which can address emerging challenges, he added. Later, the Defence Minister briefly met a delegation from US India Business Council.

Earlier, he held a bilateral

Defense Lloyd Austin in Pentagon, Washington. They held wide-ranging discussions on bilateral defence cooperation, industrial collaboration, regional security and other international issues.

The Defence Minister highlighted the various co-development and co-production opportunities in India in the areas identified in the India-US Defence Industrial Cooperation Roadmap, which was adopted last year.

Both Ministers expressed happiness on the conclusion of the Security of Supplies Arrangement (SOSA) between India and US. The SOSA encourages the defence industrial ecosystems of both countries to work together, and enhances the supply chain

They also welcomed the signing of the Memorandum of Agreement between India and US regarding the Deployment of Liaison Officers. India shall be accordingly deploying the first Liaison Officer to the Headquarters Operations Command in

Shipwreck, manslaughter probe into Italy's superyacht sinking

Prosecutors in Italy said Saturday they have opened an investigation into shipwreck and manslaughter after a superyacht capsized during a storm off the coast of Sicily, killing seven people

Termini Imerese prosecutor Ambrogio Cartosio confirmed the investigation but said no suspect is currently identified. "We are only in the initial phase of the investigation. We can't exclude any sort of development at present," he told reporters at a

The main question investigators are focusing on is how a sailing vessel deemed "unsinkable" by its manufacturer, Italian shipyard Perini Navi, sank while a nearby sailboat remained largely

ashore the last of seven bodies from the sinking of The Bayesian, a 56-metre Britishflagged luxury yacht that went down in a storm near the Mediterranean island in southern Italy early Monday. The sailboat was carrying a crew of 10 people and 12 pas-

The body was believed to be that of Hannah Lynch, 18, the daughter of British tech magnate Mike Lynch. His body was recovered Thursday. He had been celebrating his recent acquittal on fraud charges with his family and the people who had defended him at trial in the United States. His wife, Angela Bacares, was among the 15

Civil protection officials said they believe the yacht, which featured a distinctive 75metre aluminum mast, was water, known as a waterspout, and sank quickly.

Rescuers struggled for four days to find all the bodies, making only slow headway through the interior of the wreck lying on the seabed 50 metres below the surface. The Lynch family is devas-

tated, in shock and is being comforted and supported by family and friends. Their thoughts are with everyone affected by the tragedy," a spokesperson for the family said in a statement issued Friday. The other five victims are

Christopher Morvillo, one of Lynch's U.S. lawyers, and his wife, Neda; Jonathan Bloomer, chairman of Morgan Stanley's Londonbased investment banking subsidiary, and his wife, Judy; and Recaldo Thomas, the

Rain claims 11 lives in China

PTI n BEIJING

rorrential rains have left at L least 11 people dead and 14 others missing in the city of Huludao, northeast China's Liaoning province which left a trail of destruction causing heavy damage to the roads and bridges amounting to USD 1.44 billion, official media reported on Saturday.

The latest round of heavy rainfall caused severe damage in Huludao, particularly in the city's Jianchang County and Suizhong County, state-run Xinhua news agency reported. Roads, power lines, communication networks, houses and crops were badly affected. Currently, roads and communication networks are gradually being restored in affected areas and efforts are being made to search for the missing persons. According to prelimnary figures, 188,757 people in Huludao have been affected with losses amounting to 10.3 billion yuan (about USD 1.44



Palestinians' shrinking 'humanitarian zone' faces food scarcity | Iranian hackers targeted accounts of

Voung girls screamed and elbowed southern Gaza, trying desperately to reach the front of the food line. Men doled out rice and chicken as fast as they could, platefuls of the nourishment falling to the ground in the tumult. Nearby, boys waited to fill plastic con-

tainers with water, standing for hours among tents packed so tightly they near-Hunger and desperation were palpable

Friday in the tent camp along the Deir al-Balah beachfront, after a month of successive evacuation orders that have pressed thousands of Palestinians into the area that the Israeli military calls a "humanitarian zone.' The zone has long been crowded by

Palestinians seeking refuge from bombardment, but the situation grows more dire by the day, as waves of evacuees arrive and food and water grow scarce. Over the last month, the Israeli military has issued evacuation orders for southern Gaza at an unprecedented

At least 84 per cent of Gaza now falls within the evacuation zone, according to the UN, which also estimates that 90 per cent of Gaza's 2.1 million residents have been displaced over the course of



Thirteen evacuation orders have been issued since July 22, according to an Associated Press count, significantly reducing the size of the humanitarian zone declared by Israel at the start of the war while pushing more Palestinians into it than ever before. The increased crowding of evacuees can be seen in satellite photos.

The food that reaches us from the charity is sufficient for the people in our camp," said Muhammad Al-Qayed,

who was displaced from Gaza City and now lives along the beach. "Where do the people who were recently displaced get food from? From where do we provide them?'

Another displaced Palestinian, Adham Hijazi, said: "I have started thinking that if there is no food, I will go and drink seawater to endure it. I am talking seriously. I will drink water and salt."

The military says the evacuations are necessary because Hamas has launched rockets from within the humanitarian

AP n MANILA

related to the police operations.

Officers brought equipment

that could detect people behind

cement walls. But by mid-

afternoon, they found no sign

of Apollo Quiboloy in the

compound — some 30 hectares

Arabic-language spokesperson, Avichay Adraee, has instructed Palestinians to fiee immediately, saying the militar soon operate "with force" against Hamas

Yasser Felfel, originally displaced from northern Gaza, has watched his camp swell with waves of evacuees.

There were 32 people in my tent Now there are almost 50 people, people I don't know," he said. "A week ago, there was a lot of food left over. We had breakfast, lunch and dinner. Today, because of the number of people who came here, it is barely enough for lunch."

In August alone, the evacuation orders have been issued roughly every two days and displaced nearly 250,000 people, the

'Many people here have been displaced more than 10 times. They're exhausted and broke," said Georgios Petropoulos, the head of the UN's Office for the Coordination of Humanitarian Affairs in Gaza.

A pair of satellite photos taken over the last month shows the impact of the orders. The imagery, obtained from PlanetLabs and reviewed by the AP, shows that tent camps along the coast grew more densely packed from July 19

Biden, Trump camp staffers: Meta

AP n WASHINGTON

The same Iranian hacking I group believed to have targeted both the Democratic and Republican presidential campaigns, tried to go after the WhatsApp accounts of staffers in the administrations of President Joe Biden and former President Donald Trump, Meta Platforms said Meta said it discovered the net-

work of hackers, who posed as tech support agents for companies including Microsoft and Google, after individuals who received the suspicious WhatsApp messages reported them. Meta's investigators linked the activity to the same network blamed for the hacking incident reported by Trump's campaign.

The FBI this week said a hack by Iran of the Trump campaign and an attempted breach of the Biden-Harris campaign was part of a broader Iranian effort

Philippine police look for preacher wanted for child abuse

to interfere with the US presi-

A statement Friday from Meta, the parent of Facebook and Instagram, said that the hackers had tried to target the WhatsApp account of individuals in the Middle East, the United States and the United Kingdom, as well as political and diplomatic officials including unidentified officials associated with the Trump and Biden administrations. A "small cluster" of accounts was blocked by Meta, the company

"We have not seen evidence of the targeted WhatsApp accounts being compromised, but out of an abundance of caution, we're sharing our findings publicly, in addition to sharing information with law enforcement and our industry peers," Meta said in a statement.

US intelligence officials say Iran's increasingly aggressive use of cyberattacks and disin-

indictment of Quiboloy for

allegedly having sex with

women and underage girls who

formation has several motives: to confuse and polarise voters in an effort to undermine confidence in US democracy, to erode support for Israel, and to oppose candidates that it believes will increase tension between Washington and Iran. Iran has vowed revenge against Trump, whose administration ended a nuclear deal with Iran, reimposed sanctions and ordered the killing of an Iranian Gen. Qassem

In July, Director of National Intelligence Avril Haines said Iran's government gave covert support to American protests against Israel's war against Hamas in Gaza. Groups linked to Iran posed as online activists, encouraged campus protests and provided financial support to some protest groups, Haines

Soleimani.

Messages left with the Trump and Harris campaigns were not immediately returned

Fasting and puja can coexist in Bangladesh, says adviser

The Religious Affairs Adviser **▲** of the interim government in there is no problem in observing fasting and puja at the same time in the country as he called for building a harmonious state where all faiths coexist peacefully. Bangladesh saw several incidents of violence against members of Hindu, Buddhist and Christian communities following the fall of the Sheikh Hasina-led government earlier this month. The Bangladesh National Hindu Grand Alliance said the minority community faced attacks and threats in 278 locations across 48 districts since the fall of the Hasina-led government. Several Hindu temples, homes and businity in Bangladesh were destroyed this month amidst the student-led unrest against quotas in government jobs.

Thousands of Bangladeshi Hindus have been trying to flee to neighbouring India to escape the violence.

Speaking to Muslim devotees before Friday's Jumma prayers at Hazrat Usman Jame Masjid in the Halishahar area of Chattogram district, Religious Affairs Adviser Dr AFM Khalid Hossain called for building a country of religious harmony where people of all faiths would live peacefully, the state-run BSS news agency reported.

"I want to give the nation a harmonious state. Bangladesh is a country of communal harmony.

There is no problem in observing fasting and puja at the same time in this country. Everyone will practice and publicise his or her own religion freely. It is a civic right of all," he said. In the changed situation after the

fall of the Awami League government, some miscreants attacked and vandalised the places of worship and houses of Hindus, Buddhists and Christians, Hossain said. "Propaganda has also been spread in some foreign media to tarnish the image of the country," he said, adding that those who are trying to destroy communal harmony will be tackled by taking stern actions.

Hossain sought everyone's cooperation to maintain law and order and a harmonious environment in Bangladesh.

dral, a school, a living area, a Hundreds of police officers backed by riot squads hangar and a taxiway leading to Davao International Airport. raided a vast religious com-Quiboloy and his lawyer have pound in a southern Philippine denied the criminal allegacity Saturday in search of a local tions against him and his relipreacher accused of sexual gious group, saying these were

abuse and human trafficking, fabricated by critics and former police officials said. members, who were removed A supporter of the group, called from the religious group after Kingdom of Jesus Christ, committing irregularities. reportedly died due to a heart Quiboloy's followers, many filming the police raid with attack during the massive police raid that started at dawn their cellphones, yelled at the in the group's compound in police, questioning the legality of the raid and pronouncing Davao city, livestreamed online by a locaĺ TV network owned by the group, police said, adding that the death was not

the innocence of Quiboloy, who was a close supporter and spiritual adviser of former President Rodrigo Duterte. Duterte had criticised previous attempts by large numbers of police to arrest Quiboloy as

Quiboloy claims to be the appointed son of God. In 2019, he claimed he stopped a major earthquake from hitting the southern Philippines.

Police Brig. Gen. Nicolas Torre III, who led the raid, said officers wanted to serve warrants for the arrest of Quiboloy for various criminal cases, including child abuse and human trafficking. He justified the large deployment, saying there were more than 40 buildings and structures to be searched in the religious compound, where large numbers of Quiboloy's followers heckled and opposed the raid noisily.

We won't leave here until we get him," Torre told reporters as sirens blared in the background. We have no-bail warrants for Quiboloy and four others for very grave crimes, including human trafficking, child abuse and other cases?

In 2021, United States federal prosecutors announced the

faced threats of abuse and "eternal damnation" unless they catered to the self-proclaimed "son of God." Quiboloy and two of his top administrators were among nine people named in a superseding indictment returned by a federal grand jury and unsealed in November

2021. The superseding indictment contained a raft of charges, including conspiracy, sex trafficking of children, sex trafficking by force, fraud and coercion, marriage fraud, money laundering, cash smuggling and visa

Quiboloy's group said then that he was ready to face the charges in court, but he went into hiding after a Philippine court ordered his arrest and several others for child and sexual abuse. The Philippine Senate has separately ordered Quiboloy's arrest for refusing to appear in committee hearings that was looking into criminal allegations against him. President Ferdinand Marcos Jr.

has urged Quiboloy to surrender and assured him of fair treatment by authorities. When he was mayor of Davao

city and later as president,

Duterte appeared in Quiboloy's

news program to promote his police-enforced drug crackdowns, which left thousands of mostly poor suspects dead. Duterte and his police officials have denied autĥorising extrajudicial killings of drug suspects, but he openly threatened drug dealers with death when he was in office. The International Criminal Court has been investigating the widespread killings under Duterte's campaign against illegal drugs as a possible crime against humanity.

Have sacrificed a lot in my personal life to achieve success in sports: Para badminton player Suhas

PTI n NEW DELHI

is eyes firmly set on the top-podium finish in Paris after missing gold in the last edition of the Paralympic Games, para badminton player Suhas LY is hoping to bring smiles on the faces of his family, which has sacrificed a lot as he has pursued his goal with singleminded determination for the last three years.

A 2007 batch IAS officer, Suhas won the silver (SL-4 category) at the Tokyo Paralymics. He served as the District Magistrate of Gautam Buddh Nagar during the Covid times and was also the DM of

An Ajuna awardee, Suhas is currently posted as the what you do," he added. and directorgeneral of Youth Welfare and

department under the Uttar Pradesh government. Suhas admits the journey to become the best in the

business has not been easy.

"I have sacrificed my personal life a lot. I dedicated my personal life to sports. In the last six months, besides my job, I have been devoting considerable time to my sport," Suhas told PTI in an interview ahead of the Paralympic upcoming Games in Paris, where he is a medal prospect.

"You cannot get everything in life, everyone has to prioritise things when you aspire to represent the country. You should enjoy whatever you are doing. Enjoy the process.

"The real secret is to enjoy Suhas is married to Ritu Suhas, a PCS officer Prantiya Rakshak Dal, a currently posted as ADM



Ghaziabad.

His daughter Saanvi is fiveyears-old and son Vivaan is

two-years-old. Suhas said the real backbone behind his success in sports

is the unstinted support of his family.

"Without their (family) support I wouldn't have been what I am today. They never stopped me from pursuing my dreams in badminton. They always backed me and motivated me to achieve greater heights in my sport,"

Suhas is currently ranked world No.1 in his category and aspires to win gold but says he is not taking any pressure.

he said.

Everything is going good till now, the preparation, the run-up to the Games. But I don't wan't to take pressure. I can't be complacent because every match start from 0-0, I ahead," he said.

'This time every match is a knockout as I am starting from the pre-quarterfinals. The real focus will be to apply myself in every match,

just go and perform to the best of my abilities." Even though he will be starting as one of the favourites, Suhas

pragmatic.

I will be taking it one match at a time. I never ever imagined in my life I would be playing the Paralympics and be a professional badminton player. I was always into studies after my disability, but through sports I got a mission in life," he

"I believe in taking things as they come; focus on efforts the results will automatically follow. I hope I become an inspiration for many," Suhas added.

Jannik Sinner fired two of his team members over his positive steroid tests in March

Tannik Sinner fired his fitness trainer and physiotherapist because of his two positive steroid tests in March and said Friday at his pre-U.S. Open news conference - his first public comments on the matter - that he knew he was innocent but worried what the case's outcome would be until finding out he wouldn't be suspended.

Umberto Ferrara, and his physiotherapist, Giacomo Naldi, have been at the 23year-old Italian's side during his rise over the past two years, which included his first Grand Slam title at the Australian Open in January and ascension to the No. 1 ranking in June.

"I'm not feeling that confident to continue with them," Sinner said. "Now I just need some clean air."

The International Integrity Agency (ITIA) announced this week that Sinner failed two drug tests one during a tournament in Indian Wells, California, and one eight days later - but that it was determined the banned anabolic steroid Clostebol unintentionally through a massage from Naldi.

Obviously it has been a very tough moment for me and my team," Sinner said. "It still is, because it's quite fresh."

Play begins Monday at Flushing Meadows. Sinner is the top-seeded man and is scheduled to meet first-round an American ranked 140th, on .000000001"

"Of course it's not ideal before a Grand Slam," Sinner said with a chuckle about the timing of the news. "But in my mind, I know that I haven't done anything wrong. I had to play, already, (for) months with this in my head, but just (was reminding) myself that I haven't done really anything wrong. I always respect these rules - and I always will respect these rules - of anti-doping?

He is considered one of the leaders of the next group of male tennis stars who will succeed the Big Three of Roger Federer, Rafael Nadal and Novak Djokovic. Sinner is 48-5 with a tour-leading five titles in 2024 and tuned up for the U.S. Open by winning the hard-court Cincinnati Open on

"He's an incredible player, and, you know, (governing) bodies made a decision. They went and did that; he's cleared to play. That's pretty much what I have to say about it," said Frances Tiafoe, the American who lost to Sinner in the final at Cincinnati. "All the best to him in the U.S. Open."

Sinner's defense was that Ferrara purchased an over-thecounter spray that contained Clostebol in Italy, then gave it to Naldi, who used it on a cut tinger. Sinner said Naldi then gave him a massage. The investigation found that

the steroid in his system, a point he illustrated Friday by using eight fingers to count out the number of zeroes before opponent Mackie McDonald, the "1" in the amount:

डडियन बैंक Indian Bank

ALLAHABAD

Ph: 0761-2624977. Email: zojabalpur@indianbank.co.in APPENDIX- IV-A" [RULE 8 (6)] SALE NOTICE FOR SALE OF IMMOVABLE PROPERTIES

ZONAL OFFICE, CIVIL LINES, Jabalpur- 482001

E-Auction Sale Notice for Sale of Immovable Assets under the Securitisation and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 read with proviso to Rule 3 (6) of the Security Interest (Enforcement) Rules, 2002. Notice is hereby given to the public in general and in particular to the Borrower (s) and Guarantor (s) that the below described immovable properties mortgaged/charged to the Secured Creditor, the possession of which has been taken by the Authorised Officer of Indian Bank, Secured Creditor,

will be sold on "As is where is", "As is what is", and "Whatever there is" basis, for recovery of the amounts and Interest due to Indian Bank branch thereon mentioned against account herein below, The specific details of the properties intended to be brought to sale through e-auction mode are enumerated below:					
	S. No.	Branch Name Name of the Account Name of the Borrower/ Prop./Director/ Partner / Guarantor / Mortgagor	Detailed description of the Property For E- Auction	Amount Outstanding Encumbrances On Property Type of Posession	Reserve Price EMD Amount Bid incremental amount
		ItarsI Branch 1. M/S Muskan Caters and suppliers (Proprletor - Shrl Raju Singh S/o Shri. Bhagwan Singh) 2. Shri Raju Singh S/o Sh.Bhagwan Singh (Borrower and Mortgagor) Both R/o - House No. 19, ward no. 24, Behind Raj talkies, Bajrangpura, Itarsi, District - Narmadapuram, M.P. 3. Shri Sunil Singh S/o Shri Uma Singh Bhadoriya (Guarantor and Mortgagor) Near Raj Talkies , Potar Kholi, Itarsi , District Narmadapuram, M.P.	Prop. Id IDIB10581489469	Rs. 86,41,052 /- (as on 23.11.2023) + interest and other expenses Not Known Symbolic Posession	Rs 61,00,000/- Rs 6,10,000/- Rs 10,000/-
		Raipur Hoshangabad Branch Shri Sunil Kumar Sarathe and Sarita Sarathe (Borrower/Guarantor/Mortgagor)	One residential house no 03 area 360 Sq Ft i.e. 35.45 Sq. Mt. out of plot no 137 diverted khasra no 60/1, situated at Mouza Rasuliya popularly known as "Ashutosh Nagar" ward no 25 new no 22 PC NO 17 Settlement no 270, Narmadapuram Tehsil and Dist Hoshangabad (Narmadapuram) M.P. Property Owner-Sunil Kumar Sarathe and Sarita Sarathe Boundaries:- North: Road, South: Plot of Shiv Pariwar Shankar Mandir, East: Area Of Seller, West: House of Lalchand Yadav Property ID - IDIB3252558579	(ac an 07 11 2010)	Rs 14,10,000/- Rs 1,41,000/- Rs 10,000/-

Bidders are advised to visit the website (https://www.ebkray.in) of our e auction service provider PSB Alliance Pvt. Ltd. to participate in online bid. For Technical Assistance Please call 8291220220. For Registration status and for EMD status please email to support.ebkray@psballiance.com For property details and photograph of the property and auction terms and conditions please visit: https://www.ebkray.in and for clarifications related to this portal, please contact PSB Alliance Pvt. Ltd, Contact No.

829122020. Bidders are advised to use Property ID Number mentioned above while searching for the property in the website with https://www.ebkray.in **Authorised Officer, Indian Bank**

HINDUJA HOUSING FINANCE LIMITED

1. Demand Notice issued Date

3. Amount Due as on Notice Date

3. Total Amount Due - Rs. 5,38,728.00/- (Rupees Five Lacs Thirty Eight

3. Total Amount Due - Rs. 7.73.329/- (Rupees Seven Lacs Seventy three

3. Total Amount Due - Rs. 10,34,838/- (Rupees Ten Lakh Thirty Four

Thousand Seven Hundred and Twenty Eight Only)

Thousand Three Hundred Twenty Nine Only)

Ninteen Thousand Four Hundred Ten Only)

Thousand Eight Hundred and Thirty Eight Only)

1. Issuance Date - 06-08-2024

1. Issuance Date - 06-08-2024

1. Issuance Date - 06-08-2024

2. MP/MAN/MASR/A000000007

Thousand Eight One Only)

1. Issuance Date - 18-07-2024

2. MP-IDR-RTLM-A000000651

2. MP/MAN/MASR/A000000101

2. Loan Account No.

1. Issuance Date - 01-08-2024

Name of Borrower/

Guarantor/Co-Borrower

Mr. CHAMAN RATHORE (Borrower)

Mr. PREM BHARTI (Borrower)

Mr. MOHAN BHARTI (Co-Borrower)

Mrs. GUDDI BAI BHARTI (Co-Borrower)

Mr. RAMGOPAL DAPKARA (Borrower)

Mrs.RAAMKNYA BAI (Co-Borrower)

Mr. KAMLESH (Borrower)

Mr.RAMESH CHANDR PURWAR (Co-Borrower)

Mr. AMIZITLAL SURYAVANSHI (Co-Borrower)

Mrs. RESHAM BAI SURYAVANSHI (Co-Borrower)

episode will affect his reputation, Sinner said: "We

will see now - now, moving

forward. Because this, I can't

He also called the outcome "a

"Of course I was worried," Sinner said, "because it was the

first time for me - and

hopefully the last time that I

Sarabjot says he barely got to

train with Manu before 10m

air pistol mixed event in Paris Bengaluru, (PTI) Sarabjot

Singh, who partnered with

Manu Bhaker to win India's

first ever Olympic medal in a mixed shooting event, on

Saturday said they "barely" got

to train together in the run-up

Bhaker and Sarabjot scripted

history with a bronze medal in

the 10m air pistol mixed team

shooting event at the Paris

to their event.

am in this situation, position.

really control."

Corporate Office: 167-169, 2nd floor, Near Little Mount Metro Station, Saipet, Chennai - 600015 HOUSING FINANCE Regional Office - 101-B, ist Floor, NRK Business Park, Vijaynagar, Indore(MP) - 452010 DEMAND NOTICE UNDER SECTION 13(2) OF SARFAESI ACT, 2002

DEMAND

Under Section 13(2) of the Securitisation and Reconstruction of Financial Assets And Enforcement of Security Interest Act ,2002 (the said act) read with rule 3(1) of the Security Interest (Enforcement)) Rules,2002 (the said rules). In exercise of powers conferred under section 13 (12) of the said act read with rule 3 of the said Rules, the Authorised Officer of HHFL has issued demand notice under section 13(2) of the said act, calling upon the Borrower(s)/Guarantor(s), to repay the amount mentioned in respective demand notice issued to them. In connection with above, notice is hereby given, once again, to the Borrower & Guarantor to pay within 60 days from the publication of this notice, the amounts indicated here in below. The detail of the Borrower & Guarantor, amount due and security offered towards repayment of loan amount are as under a

Mrs. PRIYANKA RATHORE (Co-Borrower)	2. MP/HBD/HOSH/A00000027	Measuring 76 Sq.Mtr.
	3. Total Amount Due - Rs. 6,67,590.00/- (Rupees Six Lakh Sixty Seven Thousand Five Hundred and Ninety Only)	Boundaries - East - House Of Mr. Sukhdev Rathore, West - House Of Mr. Om Sharma, North - Road, South - House Of Mr. Mahesh Sharma
Mr. THAMMAN SINGH CHAUHAN (Borrower) Mrs. AMRTA W/o THAMMAN SINGH CHAUHAN (Co-Borrower)	1. Issuance Date - 01-08-2024 2. MP/HBD/HOSH/A000000182 3. Total Amount Due - Rs. 15,52,742/- (Rupees Fifteen Lakh Fifty Two Thousand Seven Hundred and Forty Two Only)	Description of The Property (With Boundaries) Plot No. 49, Budhni, Nearby Salkanpur Road, P.H.No. 06, Khasra No. 23/5/2, Plot No. South Part 49, Ward No. 11, Bhagyashree Velley Colony, Tehsil Budhni, Shivmandir, Sehore, Madhya Pradesh, 466445, Plot Measuring 46.482 Sq.Mtr. Boundaries - East - 7.5 Meter Wide Colony Road, West - Plot No. 52, North - Plot Of Mrs. Sindhu Sakare, South - Plot No. 50
Mr. RAJKUMAR BARKARE (Borrower) Mrs. Susheela bai Barkare (Co-Borrower)	1. Issuance Date - 01-08-2024 2. MP/HBD/PPRA/A000000012 3. Total Amount Due - Rs. 11,00,300/- (Rupees Eleven Lakh and Three Hundred Only)	Description of The Property (With Boundaries):- Khasra No. 126/1/1 Which Is Situated Patwari No. 33, N.B.No. 107, R.N. Mandal Chandon, Mouza & Villager Khamariya, Tehsil Bankhedi, District Narmadapuram (MP), Madhya Pradesh, India - 461990, Plot Measuring 161.71 Sq.Mtr. Boundaries - East - 20 Feet Road, West - Plot Of Seller, North - Plot Of Ranjeet, South - Plot Of Seller
Mrs. DALEE BAI (Borrower) Mr. LALU SINGH (Co-Borrower)	1. Issuance Date - 01-08-2024 2. MP/IDR/LBNR/A000000019 3. Total Amount Due - Rs.9,04,263/- (Rupees Nine Lakh Four Thousand Two Hundred and Sixty Three Only)	Description of The Property (With Boundaries):- 269/1/2, Ward No. 17, Zone No.04, Rishi Nagar, Urban, Indore, Madhya Pradesh, India - 452015 Plot Measuring 55.76 Sq.Mtr. Boundaries - East - House of Shera Bhai, West - Road, North - Road, South - House of Rajendra
Mr. GAURAV SHARMA (Borrower) Mrs. NISHA SHARMA (Co-Borrower)	1. Issuance Date - 01-08-2024 2. MP/INE/IDCT/A000000603 & CO/CPC/CP0F/A000001533 3. Total Amount Due - Rs. 53,02,069/- (Rupees Fifty Three Lakh and Two Thousand and Sixty Nine Only)	Description of The Property (With Boundaries):- House No.38/10, Village Rau, Tehsil and Distt. Indore, Urban Indore, Madhya Pradesh India - 453331, Plot Measuring 500 Sq.Ft. Boundaries - East - House Of Mangilal Rawal, West - House Of Ramcilandra Sharma, North - Gali 10 Feet, South - Station Road
Mr. BASU KUNWAR (Borrower) Mr. BHAWANI SINGH SOLANKI (Co-Borrower)	I. Issuance Date - 01-08-2024 MP/KHA/KHWA/A000000086 Total Amount Due - Rs. 5,28,540/- (Rupees Five Lakh Twenty Eight Thousand Five Hundred and Forty Only)	Description of The Property (With Boundaries) N.B. No. 03, Khasra No. 225/2 & 225/3, Sheet No. 11, Plot No. 23, Khandwa City Khandwa Taraf Mankar ,Area Known As Ramniklal Mehta Colony, Tehsil Si Distt. Khandwa, Madhya Pradesh, India - 450001, Plot Measuring 750 Sq_Ft Boundaries - East - Half Portion Of Plot No23, West - Plot No-24, North - Punjab Colony, South - 30 'Wide Road of Colony
Mr. NARAYAN SINGH (Borrower) Mrs. THANU KUNWAR (Co-Borrower)	1. Issuance Date - 05-08-2024 2. MP/IDR/RTLM/A000000888	Description of The Property (With Boundaries), House No. 216, Patwari Halka No.37, Gram Dolatganj, Nearby Shri Ram Janki Mandir, Ratlam, Madhya Pradesh, 457114 Total Area - 516 Sq.Ft

Preparing for the Paralympics, Paris reminds residents and visitors that "game is not over"



With the Olympics behind it, Paris is getting ready for the next big sporting event on the calendar this summer: the Paralympics.

Organizers advantage of the post-Olympics lull in the French capital to get ready for events ranging from wheelchair rugby to para athletics during the Aug. 28-Sept. 8 games.

The Place de la Concorde, the historic square in the heart of Paris, has been bustling with construction activity since the Olympics closed on Aug. 11. The site, which hosted skateboarding, breaking and 3x3 basketball during the Olympics, will host the opening ceremony for the Paralympics next Wednesday. Organizers are promising a groundbreaking "spectacle," as thousands of athletes and tens of thousands of spectators gather for the event, which marks the first time the

opening ceremony will take

place outside a stadium.

will remain in place.

host para equestrian events, the Grand Palais will welcome wheelchair fencing, and the venue beneath the Eiffel Tower, which hosted beach volleyball during the Olympics, will now host blind football, an adaption of soccer for visually impaired

the Paralympics is clear: to keep up the enthusiasm that the Olympics brought to Paris. "We want to use the same exact recipe," said Tony Estanguet, head of the Paris 2024 organizing committee. "The Olympics were the first leg of the match, and now comes the second leg with the Paralympics. It will be equally as spectacular."

Both Paris 2024 and the Paralympic International Committee have launched a campaign titled "Game is not over," with ads throughout the French capital encouraging locals to come and watch the Paralympic events.

The Château de Versailles will

For the organizers, the goal for

ALL LEGAL HEIRS OF DECEASED Mr. NITIN Mrs. RINKI TOTLA (Co-Borrower)

Mrs. SHYAMLATA GOSWAMI (Co-Borrower) Mr. SURENDRA SINGH PANWAR (Borrower) 1. Issuance Date - 06-08-2024 House Panji No. 09, P.H.No. 66, Ward No. Kamalpura, Gram Panchayat Bilatri, Tehsil Mandsaur 458990, Mandsaur, Rural Mr. UMARAV SINGH (Co-Borrower) Mandsaur, Madhya Pradesh India - 458990 Total Area: - 1482 Sq. Ft. 2. MP/MAN/MASR/A000000260 Boundaries - East - Street, West - Street, North - Gopal Singh, South - Road Mrs. TUFAN KUNWAR (Co-Borrower) 3. Total Amount Due - Rs. 8,15,518/- (Rupees Eight Lacs Fifteen Thousand Five Hundred Eighteen Only)

House Part of Land Survey No. 462/Min-9/2, Rakba 812.50 Sq.Ft. and Land Survey No. 462/Min-7, Rakba 600 Sq.Ft., Total Rakba 1412.50 Sq.Ft., Located At, Patwari Halka No. 24, Village Melkhed, Tehsil Shamgarh, Distt. Mandsaur, Madhya Pradesh 2.MP/MAN/MASR/A000000111 & CO/CPC/CP0F/A000003107 3. Total Amount Due - Rs.27,19,410/- (Rupees Twenty Seven Lacs

Boundaries - East - Melkheda Garoth Road, West - Road, North - Land Of Jagdishchandra Malviya And Vishal Sisodiya, South House Situated At Gram Panchayat Abadi Area Property Tax Panji No.405, H.No.13, Village Gondi Shankar, Tehsil Jaora, Distt.

Boundaries - East - House Of Sushil Kumar, West - House Of Kishor Kumar, North - Road, South - House Of Sushil Kumar

Makan No. 185, Ward No. 07, Martandganj, Tehsil Jaora, Distt. Ratlam, Madhya Pradesh, India - 458990 Total Area: - 960 Sq. Ft.

Description of Secured Asset

(Immovable Property)

Description of The Property (With Boundaries) Khasra No.57, P.H. No.05, Gram Pidgaon, Tehsil & Distt. Harda, MP, 461331, Plot

Boundaries - East - House Of Raiu Choukidar, West - Road, North - House Of Ramchandra, South - House Of Nagulal 3. Total Amount Due - Rs. 5,46,081/. (Rupees Five Lacs Fourty Six Description of The Property (With Boundaries): Residential House Panji No. 317, Sadar Bazar, Gram Sarwan, Tehsil Sailana, Distric

Ratlam, Rural, Ratlam, Madhya Pradesh, India - 457550, Measuring 53.55 Sq. Mtr.

Ratlam, Madhya Pradesh, India - 454001, Total Area: - 1800 S Ft.

Boundaries - East - Vikram Singh, West - Arjun Singh, North - Road, South - Nepal Singh

Boundaries - East - Road, West - Shambhu Bharti, North - Shambhu Bharti, South - Surai Bharti

If the said Borrower/ Guarantor fail to make payment to HHFL as aforesaid, HHFL may proceed against the above secured assets u/s 13(4) of the said act and applicable Rules entirely at the risks, costs and consequence of the Borrower/ Guarantor. For, further details, please contact to Authorised Officer Mobile No. - Valbhav Shrivastava - 7987969803, Rajesh Chakotlya - 8435571111, Govind Chauhan - 8962816436, Ankita Patil - 7723055195 and Address Regional Office :101 B, 1st Floor Hinduja Housing Finance, NRK Buisness Park, Vijaynagar, Indore (M. P.) Pin Code 452010.

Authorised Officer, Hinduja Housing Finance Limited Place: Indore, Date: 25.08.2024

INDIA U17 GEAR UP FOR INDONESIA CHALLENGE IN BALI



PTI n NEW DELHI

¬he Indian men's U17 team is gearing up to face Indonesia in two friendly matches in Bali on Sunday and next Tuesday. On Friday night the Blue Colts played a practice match against local side Bali United FC U20 at the Samudra Kuta Stadium, which ended in a 2-2 draw. Sami and Mohammad Mohammad Arbash scored the goals for India. Coached by Ishfaq Ahmed,

India U17s are preparing for next month's SAFF U17 Championship, to be held in Bhutan, and the subsequent AFC U17 Asian Cup Qualifiers, which will be hosted by Thailand in October. They had been training in Srinagar for over a month and a half before their trip to Indonesia. "We tried and tested our entire squad in yesterday's practice match," said Ahmed.

"The main eleven only played in the last 25 minutes. The other players got the chance to play and I'm really happy about that.

"Bali United are one of the top teams here and they had five players from the Indonesia national U20 team, so we could compete physically with them and judge our level.

"The training facilities here are nice. Everything has been top class, which is ideal for us to prepare for the main tournaments coming up. The

climate is pleasant. The hosts have been really helpful, accommodating all requests. So far, so good here," the coach added.

It would perhaps come as a surprise but there isn't much difference in temperatures between Srinagar and Bali, which ranges between 20 to 25 degrees celsius at this time of the year.

However, being an island, Bali is more humid. The Blue Colts have also had to adjust from training in the artificial pitch at the TRC Ground in Srinagar to the natural grass pitches in Indonesia, but that isn't much of an issue, according to Ahmed.

The SAFF U17 Championship will take place on an artificial pitch at the Changlimithang Stadium, while AFC U17 Asian Cup Qualifiers will be held on natural grass at the Chonburi Stadium.

After a couple of days on the island of Bali, Ahmed and his boys are eager for the Indonesian challenge.

Highlighting how crucial it is to play such friendly matches, Ahmed said, "I think it's extremely important for our players to get exposure against some of the best teams in the region. The Indonesian agegroup teams are doing really well. This is the kind of competition we will face in the

The matches will be held at the Kapten I Wayan Dipta Stadium in Gianyar.



Pushing Boundaries: Sukant Kadam's journey to Paralympics

Aged 10, Sukant Kadam fell on a cricket field and it altered the course of his life. A severe knee injury, followed by multiple surgeries, left him severely disabled and kept him away from sports for nearly a decade.

More than two decades later, the mechanical engineer-turnedpara shuttler is poised to make his debut at the Paris Paralympics, determined to bring home a medal for India. "I didn't understand the gravity of the situation then," Kadam, who competes in the SL4 category for athletes with standing/low mobility impairments, told PTI during an inter-

"I focused on my studies and earned a mechanical engineering degree. It was during college that I got exposed to so many sports, and that's when badminton caught my attention." The sport gave him a new direc-

tion in life, and after completing his education, the 31-year-old dedicated himself fully to building a career in para-badminton. "My dream was just to have India written on my T-shirt," he

"I could never have imagined coming this far. Now, my focus is on returning with a medal from the Games.

Reflecting on his early years, Kadam shared how he quickly adapted to his new reality.

"Because I was 10, it was easy to accept and adapt in day-to-day life. I didn't understand that this was a major setback; I wasn't thinking about it that much," he Kadam's journey was not without challenges, including facing discrimination.

"It's difficult to say no to that," he admitted.

"But growing up in a small town, I didn't take it personally. Today, I might understand the emotions, but back then, I didn't let it affect me. If I had, it would have led to self-doubt and hindered my preparation for life." The turning point in Kadam's career came in 2012, when he watched Saina Nehwal win bronze at the London Olympics and Girisha Nagarajegowda claim silver in high jump (F42) at the Paralympics. These achievements opened up his mind to new possibilities. In July 2015, Radam joined the

Nikhil Kanetkar Badminton Academy as an assistant coach. The role allowed him to sustain himself financially while mastering the nuances of the sport. Kadam's dedication paid off. He has since secured four bronze medals at the World Championships (2019, 2022, 2024) and three at the Asian Para Games (2018, 2022).

As he prepares for his Paralympics debut, Kadam has placed a strong emphasis on mental training.

"A lot of athletes think about the medal and the podium, and then they mess up right at the start,"

"It's crucial to stay in the present. Mental strength is about 60-70% of the game at this level. If someone is stronger than you physically, you need to outlast them mentally. I've worked hard on

This time, Kadam has also had the luxury of time to prepare.

HINDUJA HOUSING FINANCE LIMITED

Corporate Office: 167-169, 2nd floor, Near Little Mount Metro Station, Saipet, Chennai - 600015 HOUSING FINANCE Regional Office - 101-B, ist Floor, NRK Business Park, Vijaynagar, Indore(MP) - 452010

Appendix IV: Symbolic Possession NOTICE (for Immovable property)

Whereas, the undersigned being the Authorized Officer of Hinduja Housing Finance Limited (HHFL) under the Securitisation and Reconstruction of Financial Assests and Enforcement of Security Interest Act 2002 and in exercise of power conferred under section 13(12) read with Rule 3 of the Security Interest (Enforcement) Rules 2002, Demand Notice (s) issured by Authorized Officer of the Company to the Borrower(S) / Guarantor(S) mentioned herein below to repay the amount mentioned in the notice within 60 days from the date of receipt of the said notice. The borrower having failed to repay the amount, notice here by given to the Borrower(s) / Guarantor(s) and the public in general that taken Symbolic Possession of the property described here in below in exercise of powers conferred on him under Sub-Section (4) of the Section 13 of the said Act read with Rule 8 of the Security Interest Enforcement rules, 2002. The Borrower's attention is invited to provisions of sub-section (8) of section 13 of the Act, in respect of time available, to redeem the secured assets. The Borrower in particular and the public in general are hereby cautioned not to deal with the

Guarantor / Co-Borrower	Demand Notice issued Date Loan Account No, Amount Due as on Notice Date	Description of Secured asset (Immovable Property)	Symbo Possess
/r. ABHISHEK BAHADUR Borrower)	1. Issuance Date - 08-04-2024 2.MP/IDR/UJJN/A000000332 & CO/CPC/CPCIF/A000002664	Tatwariya Ki Choi', Part of Suvey No. 155/2/1, Sanjay Nagar Near Chanakypuri, Nanakheda, Ujjain, Urban, Ujjain, Madhya Pradesh, India - 456001Total Area: - 102.26 Sq. Mtr.	22/08/20
		Boundaries - East - House Of Kamal, Sold By Dashrath, West - House Of Ramesh, North - 20ft.lane, South - Land Digar	
Mr. DINESH S/o BABULAL Borrower) Mrs. PAVAN BAI (Co-Borrower)	1. Issuance Date - 26-03-2024 2. MP/IDR/UJJN/A000001060 3. Total Amount Due - Rs. 6,19,405/- (Rupees Six Lacs Nineteen Thousand Four Hundred Five Only)	House No.372/1, Village Bichdod Khalsa, P.H.No.59, Gram Panchayat Bichdod Khalsa, Tehsil Ghatiya, Distt. Ujjain, Madhya Pradesh, India – 456010 Total Area – 720 Sq. Ft. Boundaries As Per Registered Sale Deed - East - House Of Vinod, West - House Of Girdhari, North - House Of Girdhari, South - Common Road	22/08/20
frs. DIVYANI BAIRAGI (Borrower) fr. VIKASH (Co-Borrower)	1. Issuance Date - 26-03-2024 2. MP/IDR/UJJN/A000000961 3. Total Amount Due - Rs. 7,14,140/- (Rupees Seven Lacs Fourteen Thousand One Hundred Forty Only)	A House No. 84/1 Situated At Village Chawand, P.H.No. 57, Tehsil Nagda & District Ujjain, Rural, Ujjain, Madhya Pradesh, India – 465335 Total Area – 85.47 Sq. Mtr. Boundaries - East - House Of Kalabai, West - House Of Ghanshyam, North - Common Road, South - House Of Prakash	23/08/20
Ir. GORDHAN S/o SHANKARLA Borrower) Irs. JASHODA BAI (Co-Borrower)	1. Issuance Date - 26-03-2024 2. MP/IDR/UJJN/A000000920 3. Total Amount Due - Rs. 4,55,319/- (Rupees Four Lacs Fifty	A House No. 231/1, Situated At Kharsod Khurd, P.H.No.76, Tehsil Badnagar, Rural, Ujjain, Madhya Pradesh, India – 456222 Total Area – 71.0708 Sq. Mtr. Boundaries - East - House Of Jaganath, West - Common Passage, North - House Of Poonam Chand, South - House Of Bhuvan Singh	23/08/2
fr. ISHWAR SINGH (Borrower) frs. MAN KUNWAR (Co-Borrower)	Five Thousand Three Ninteen Only) 1. Issuance Date - 26-03-2024 2. MP/IDR/UJJN/A000000989 3. Total Amount Due - Rs. 3,02,942/- (Rupees Three Lacs Two	H.No.115, Gram Suwas, Tehsil Makdone, Gram Suwas, P.H.No. 10, Tehsil Makdone, Near By Govt. School, Urban, Ujjain, Madhya Pradesh, India - 456550 Total Area :- 1334 Sq. Ft. Boundaries As Per Registered Sale Deed - East - Common Road, West - House Of Chander Singh,	23/08/2
Borrower) Mrs. NIRMALA CHOUDHARY	Thousand Nine Hundred Forty Two Only) 1. Issuance Date - 08-04-2024 2. MP/IDR/UJJN/A000000735 & CO/CPC/CPOF/A000001601 3. Total Amount Due - Rs. 11,54,692/- (Rupees Eleven Lacs	North - House Of Hukarsingh, South - Common Road, Cc Road Gram Panchayat H.No .78, Situated At Village Kothadi, P.H.No.62, Tehsil Badnagar, District Ujain, Gram Khotdi, Shree Ram Mandir, Urban, Ujjain, Madhya Pradesh, India – 456337 Total Area - 954 Sq.Ft.	22/08/2
Co-Borrower) fr. KANHAIYA KATARI (Borrower) fr. SOONA BAI (Co-Borrower)	1. Issuance Date - 08-04-2024 2. MP/UJJ/BDGR/A000000141 Total Amount Due - Rs. 7,27,899/- (Rupees Seven Lacs	Boundarles As Per Registered Sale Deed - East - House Of Rajesh Prajapat, West - Common Road, A Gram Panchayat House No 334, Situated at village Chikli, P.H.No - 70, Tehsil Badnagar, Distt. Ujjain, Madhya Pradesh, India - 456222 Total Area - 118.91 Sq. Mtr. Boundaries - East - Plot Of Bagdiram, West - Main Road, North - Common Passage, South - Ishwar	22/08/2
Mr. MANOHAR SINGH (Borrower) Mrs. PRAKASHBAI (Co-Borrower) Mrs. SEEMA KUNWAR	Twenty Seven Thousand Eight Hundred Ninety Nine Only) 1. Issuance Date - 08-04-2024 2. MP/UJJ/BDGR/A000000002 Total Amount Due - Rs. 4,86,927/- (Rupees Four Lacs Eighty Six Thousand Nine Hundred Twenty Seven Only)	S/o Balaji Agriculture Land House No 55, Survey No 284, Situated At Gram Merukhedi, P.H.No igram Panchayat Dingroda Tehsil Tonk Khurd, DIST Dewas Madhya Pradesh, India - 456770 Total Area: - 624 Sq. Ft. Boundaries - East - Road, West - House Of Narayan Singh, North - House Of Prahlad Singh, South - Plot Of Dilip Singh	23/08/2
Co-Borrower) fr. MANOHAR SINGH (Borrower) fr. MAYA BAI (Co-Borrower)	1. Issuance Date - 08-04-2024 2. MP/UJJ/BDGR/A000000127 Total Amount Due - Rs. 3,98,279/- (Rupees Three Lacs Ninety Eight Thousand Two Hundred Seventy Nine Only)	A Gram Panchayat House No.395/2, Situated At Village Ajnod, P.H.No.20, Tehsil Sanwer, Distt. Indore, Gram Ajnod, Madhya Pradesh, India - 453551 Total Area: - 675 Sq. Ft. Boundaries - East - House Of Devaji Patel, West - Common Passage, North - Plot Of Sajjansingh, South - Plot Of Mohan Patel	22/08/2
,	1. Issuance Date - 08-04-2024 2. MP/IDR/UJJN/A000000788 & CO/CPC/CPOF/A000001633 3. Total Amount Due - Rs. 9,35,925/- (Rupees Nine Lacs Thirty Five Thousand Nine Hundred Twenty Five Only)	Gram Panchayat House No. 03 Situated At Village Umariya P.H. No. 53 Tehsil And Dist. Agar-Malwa, Gram Umariya Devda, Madhya Pradesh, India - 465441 Total Area: - 2209 Sq. Ft. Boundarles - East - Land Of Madan Ji, West - Common Road, North - Common Road, South - House Of Govind And Gopal	23/08/2
Mr. MUKESH BHERULAL (Borrower) Mrs. NIRMALA DEVI (Co-Borrower)	1. Issuance Date - 26-03-2024 2. MP/IDR/UJJN/A000000879 3. Total Amount Due - Rs. 5,88,878/- (Rupees Five Lacs Eighty Eight Thousand Eight Hundred Seventy Eight Only)	Gram Panchayat H.No.14, Situated At Village Bisakhedi, P.H.No.72, Tehsil Ghattiya District- Ujjain, Madhya Pradesh, India - 456550 Total Area –1056 Sq. Ft. Boundarles As Per Registered Sale Deed - East - Common Road, West - House Of Kamaldas, North - House Of Rameshwar, South - House Of Laxman	22/08/2
Mr. NAVIN LAL (Borrower) Mrs. VIDHYA SHARMA Co-Borrower)	1. Issuance Date - 08-04-2024 2. MP/IDR/UJJN/A000000700 & CO/CPC/CP0F/A000002585 Total Amount Due - Rs. 7,59,276/- (Rupees Seven Lacs Fifty Nine Thousand Two Hundred Seventy Six Only)	Gram Panchayat Bhawan Kramank 20, Gram Kantharkhedi, P.H.No. 62, Tehsil Badnagar, District Ujjain, Madhya Pradesh, India - 456337 Total Area - 1680 Sq. Ft. Total Area : - 1680 Sq. Ft. Boundaries - East - Common Road, West - Stable Of Balaram, North - Common Passage, South - Plot Rameshchandra	22/08/2
Mr. NANURAM JATAV (Borrower) Mrs. CHETNA BAI JATAV Co-Borrower)	1. Issuance Date - 08-04-2024 2. MP/IDR/UJJN/A000000393 & CO/CPC/CP0F/A000002363 Total Amount Due - Rs. 6,95,542/- (Rupees Six Lacs Ninety Five Thousand Five Hundred Forty Two Only)	A Land On Part of Land Survey, Survey No.969 Min-1/Min1/Min-1, Situated At Ward No.05, Inside Station Road, Main Road, Village Maksi, Tehsil And District Shajapur, Madhya Pradesh, India - 465106 Total Area - 600 Sq. Ft. Boundaries - East - Land Of Radheshyam, West - 15 Ft. Wide Passage, North - Land Of	23/08/2
Mr. PRATAP SINGH (Borrower) Mrs. FUNDA BAI (Co-Borrower)	Issuance Date - 08-04-2024 MP/UJJ/BDGR/A000000067 Total Amount Due - Rs. 7,84,845/- (Rupees Seven Lacs Eighty Four Thousand Eight Hundred Forty Five Only)	House No.115, Gram Lasudiya Chuwad, Tehsil Khachrod, District Ujjain, Madhya Pradesh, India - 456221 Total Area: - 1204 Sq. Ft. Boundarles - East - Common Road, West - Land Of Manohar, North - Plot Of Roopsingh, South - Common Road	23/08/2
Mr. RAGHUVIR THAKUR (Borrower) Mrs. SUNITA SINGH (Co-Borrower) Mr. MEHARBAAN SINGH (Co-Borrower)	1. Issuance Date - 08-04-2024 2. MP/IDR/UJJN/A000000268 & MP/IDR/UJJN/A000000667 Total Amount Due - Rs. 6,29,549/- (Rupees Six Lacs Twenty Nine Thousand Five Hundred Forty Nine Only)	Land Survey Min 965/1, Gram Girwar, Tehsil Shajapur, Madhya Pradesh, India - 456001 Total Area: - 478 Sq.ft. Boundarles - East - Plot Of Jagdish, West - House Of Babulal Kushwah, North - Road, South - House	21/08/2
Mr. RAJENDRA SINGH (Borrower) Mrs. GOPAL KUNWAR (Co-Borrower)	I. Issuance Date - 23-03-2024 MP/IDR/UJJN/A000000750 Total Amount Due - Rs. 8,16,607/- (Rupees Eight Lacs Sixteen Thousand Six Hundred Seven Only)	Gram Panchayat H.No.144/1, P.H.No. 8, Situated At Vill - Keshriya Teh - Khachrod Ujjain, Gram Kesariya, Urban, Ujjain, Madhya Pradesh, India - 456010 Total Area - 1080 SFt. Boundaries - East - Common Road, West - House Of Veer Bahadur, North - House Of Veer Bahadur, South - Common Road	23/08/2
	1. Issuance Date - 08-04-2024 2. MP/IDR/UJJN/A000000950 & CO/CPC/CP0F/A000001762 3. Total Amount Due - Rs. 8,64,528/- (Rupees Eight Lacs Sixty Four Thousand Five Hundred Twenty Eight Only)	A House No. 39/1, Situated At Village Dhuakhedi, P.H.No. 25, Tehsil Makdone, Distt. Ujjain, Madhya Pradesh, India - 456668 Total Area - 1739 Sq. Ft. Boundarles As Per Registered Sale Deed - East - House Of Mokam Singh, West - Common Road, North - House Of Gokul Singh, South - Road And Open Land	23/08/2
Mr. RAJU SHARMA (Borrower) Mr. RAMESH SHARMA Co-Borrower)	1. Issuance Date - 08-04-2024 2. MP/IDR/UJJN/A000000740 & CO/CPC/CPOF/A000001639 Total Amount Due - Rs. 9,22,674/- (Rupees Nine Lacs Twenty Two Thousand Six Hundred Seventy Four Only)	Gram Panchayat House No.88, Situated At Village Kantharkhedi, P.H.No.62, Tehsil Badnagar, Distt. Ujjain, Madhya Pradesh, India - 456010 Total Area - 1739 Sq. Ft. Boundaries - East - Common Road, West - Open Land, North - House Of Rajaram, South - House Of	22/08/2
MR. RAMESH CHANDRA (Borrower) MRS. SONU MALI (Co-Borrower)	I. Issuance Date - 20-11-2023 MP/IDR/UJJN/A000000586 Total Amount Due - Rs. 19,41,897 /- (Rupees Nineteen Lacs Forty One Thousand Eight Hundred Ninety Seven Only)	A Gram Panchayat Panji No. 106 Situated At Village Bheemakheda P.H. NO. 34/74 Tehsil Mahidpur Dist. Ujjain. Total Area :-45.38 Sq. Mtr Four Boundaries - East : House of Mr. Ambaramji, West : Government lane, North : Otla of Mataji, South : Government Road	23/08/2
,	1. Issuance Date - 31-03-2024 2. MP/IDR/UJJN/A000000973 & MP/IDR/UJJN/A000001616 3. Total Amount Due - Rs. 7,55,715/- (Rupees Seven Lacs Fifty Five Thousand Seven Hundred Fifteen Only)	Ahouse no. 125/2, Situated at ward no. 02, village paalibadod, phno.14, tehsil-Badnawar, district - rural dhar, Madhya Pradesh, India 454660, total area-75.46sqmtr. Boundaries As Per Registered Sale Deed - East- Common Road, West- House Of Arjun Singh, North-House Of Surve Singh, South-Common Road	23/08/2
Mr. SEKHAR BABULAL (Borrower) Mrs. JASHODA BAI (Co-Borrower)	1. Issuance Date - 08-04-2024 2. MP/IDR/UJJN/A000000780 & CO/CPC/CPOF/A000002362 3. Total Amount Due - Rs. 7,18,060/- (Rupees Seven Lacs Eighteen Thousand Sixty Only)	Located at House No.463, Village Kathbaroda, PH.No.56, Tehsil Tarana/Makdon, District Ujjain, Madhya Pradesh, India - 456010. Total area - 720 sq. ft. Boundaries - East - Mishrilal's house, West - Common Road, North - Common Road, South - Shivnarayan's house	21/08/2
Mr.SHIVRAJSINGH (Borrower) Mrs.SEEMA KUNWAR (Co- Borrower)	1. Issuance Date - 08-04-2024 2. MP/IDR/UJJN/A000000828 & CO/CPC/CPOF/A000002593 Total Amount Due - Rs. 7,26,425/- (Rupees Seven Lacs Twenty Six Thousand Four Hundred Twenty Five Only)	Gram Panchayat House No. 103 Situated At Village Mundlidotru, P.H.No. 105, Tehsil Mahidpur, Dist. Ujjain, Madhya Pradesh, India - 456010 Total Area - 198.43 Sq. Mtr. Boundaries - East - House Of Ram Singh, West - Road, North - Road, South - plot No. Bheru	22/08/2
Mr. SUMER SINGH (Borrower) Mrs. FUL KUNWAR (Co-Borrower)	Issuance Date - 08-04-2024 MP/IDR/UJJN/A000000703 & CO/CPC/CP0F/A000002661 Total Amount Due - Rs. 9,51,339/- (Rupees Nine Lacs Fifty One Thousand three Hundred Thirty Nine Only)	House No.103, Patwari Halka No.46, Gram Ranaheda, Tehsil Ghatiya District Ujjain (MP), Gram Ranaheda, Rural, Ujjain, Madhya Pradesh, India - 456006 Total Area - 2324 Sq. Ft. Boundaries - East - House Of Ramsingh, West - Common Road, North - Vacant Land, South - Own	22/08/2
Mr. SUGAN LAL (Borrower) Mrs. SARITA BAI (Co-Borrower)	1. Issuance Date - 08-04-2024 2. MP/UJJ/BDGR/A000000145 3. Total Amount Due - Rs. 4,97,742/- (Rupees Four Lacs Ninety Seven Thousand Seven Hundred Forty Two Only)	House No.70, Situated At Village Lasudiya Chuwad, Gram Panchayat Lasudiya Chuwad, P.H.No.62, Tehsil Nagda as District Ujjain, Govt School, Rural, Ujjain, Madhya Pradesh, India - 456222 Total Area :-40.61 Sq. Mtr. Boundaries - East - Main Road, West - Guddulal, North - Common Road, South - Main Road & Own Land	22/08/2
Mr. SUNIL GOUD (Borrower) Mrs. LILABAI (Co-Borrower)	1. Issuance Date - 08-04-2024 2. MP/IDR/UJJN/A00000860 & MP/IDR/UJJN/A000001410 Total Amount Due - Rs. 9,13,221/- (Rupees Nine Lacs Thirteen Thousand Two Hundred Twenty one Only)	Gram Panchayat House No 12 Situated At Ward No 07, Village Shankargadh, Gram Panchayat Siddhipur Nipaniya, P.H.No 20, Tehsil Tarana, Distt. Ujjain, Rural, Ujjain, Madhya Pradesh, India - 456665 Total Area: 89.92 Sq. Mtr. Boundarles - East - House Of Satish, West - House Of Rahul, North - House Of Bhagirath, South - Road	21/08/2
Mr. VIRENDRA SINGH RAV (Borrower) Mrs. PREM KUNWAR RAV (Co-Borrower) Mr. SHYAM SINGH (Co-Borrower) Mr. NARAYAN SINGHN RAV	I. Issuance Date - 08-04-2024 MP/ MAN /MASR/A000000019 Total Amount Due - Rs. 9,74,710/- (Rupees Nine Lacs Seventy Four Thousand Seven Hundred Ten Only)	Gram - Sedramata, Tehsil- Sitamau, Ward No.4, Registered At Bhawan Panji Kramank- 60, Mandsaur (MP), 458389 Total Area - 96.18 Sq. Mtr. Boundaries - East - Plot Of Bapulal, West - Road, North - Plot Of Fundalalji, South - Plot Of Gopal Bherulal	23/08/2
(Co-Borrower)			

STATUTORY NOTICE TO BORROWERS/GUARANTORS

Land Of Manohar And Yuvraj

Borrower(s)/Guarantor's are hereby put to caution that the property may be sold at any time herein after by way of public aution/tenders and as such this may also be treated as a notice under Rule 6, 8 & 9 of Security (interest) Enforcement Rules, 2002. Authorised Officer Mobile No.-Vaibhav Shrivastav - 7987969803, Rajesh Chakotiya - 84355 71111, Sitaram Prajapat - 95845 67867, Govind - 8962816436

Place : Ujjain, Date : 25/08/2024

2. MP/IDR/UJJN/A00000465 & CO/CPC/CPOF/A000002532

3. Total Amount Due - Rs. 9.30.215/- (Rupees Nine Lacs

Thirty Thousand Two Hundred Fifteen Only)

Mrs. SOBHAG KUNWAR

(Co-Borrower)

Property Situated In Plot No 225, Survey No.324, Gram Lasudiya Chuwad, Tehsil Nagda, District Ujjain, Madhya Pradesh, Ujjain, Rural, Ujjain, Madhya Pradesh, India - 456225 Total Area - 1815 Sq. Ft.

Boundarles - East - Common Road, West - Land Of Manohar, North - House Of Roopsingh, South - Open

vivacity 08

Spa Therapies To Rejuvenate You In Monsoon Season!

SHARMILA CHAND

ooking to pamper yourself with a soothing treatment in this rainy season? We bring rejuvenating spa therapies that harmonize the body, mind, and spirit. Embark on a cooling journey to inner peace and vitality. Do not let the humid weather get to you. Indulge yourself into stimulating refreshed and energized.

KU NYE TREATMENT

The Ritz-Carlton, Bangalore heric Dorairaj Director of Spa, The Ritz-Carlton, Bangalore says, "At The Ritz-Carlton Spa, Bangalore, our experiences are thoughtfully designed to harmonize the mind and body, offering an ideal sanctuary. Our signature Ku Nye treatment is perfect for the rainy season. Rooted in traditional Tibetan techniques, it incorporates cupping, acupressure, and a soothing scalp massage to alleviate tension and

facilitate energy flow. Enhanced with warm herbal bundles and rose quartz crystals, this treatment offers a truly holistic experience."

HOT STONE THERAPY Kinwani House, Narendranagar

avinder Besoya, COO, Aalia Collections says, "Hot stone therapy is a specialized form of massage that uses smooth, heated stones to therapies that will help you feeling enhance the therapeutic benefits of traditional massage techniques. This therapy is particularly beneficial during the monsoon as it gives relief from Muscle Aches and Joint Pains. The damp and humid weather of the monsoon can often exacerbate muscle aches and joint pains. The heat from the stones helps to relax and loosen tight muscles, providing relief from discomfort and stiffness. It also aids in Blood Circulation. The warmth from the hot stones dilates blood vessels, which enhances blood flow throughout the body. This improved circulation can help in reducing inflammation and promoting





healing, which is especially useful during the monsoon when the body might feel more sluggish. Stress Reduction is another benefit of therapy. The monsoon season can sometimes bring about a feeling of lethargy and low energy. Hot stone massage promotes deep relaxation and helps in reducing stress and anxiety. The soothing heat combined with the massage techniques can uplift your mood and improve overall well-being.

Finally, it enhances Immunity. Regular hot stone massages can boost the immune system by improving lymphatic drainage and circulation. This is particularly important during the monsoon season when the risk of infections and illnesses is higher."

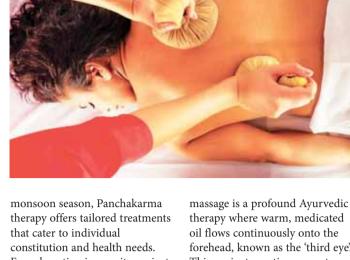
KARKIDAKA CHIKITSA

Fazlani Natures Nest r. Shubhada Thorat, Senior Wellness Consultant (Naturopathy)

known as karkidaka chikitsa in Avurveda is a time-honored tradition in Kerala which holds numerous health and wellness benefits. It is an ancient practice specifically created to experience the healing power of nature during the monsoon, as during this time the body is more receptive to receive the therapies due to the cold and moist environment. The treatments are aimed to detoxify the body and mind, boosts the immune mechanism and restore to balance the doshas (vata, pitta and kapha) to promote the overall health and well being as during the monsoon it is believed that the rainfall increases the chances of various water borne diseases through drinking water, drainage water leading to typhoid, viral fever etc. and often aggravates certain health conditions like arthritis, asthma, rhinitis etc. The goal of karkidaka chikitsa is to mobilize the toxins and help in eliminating them by Snehan and Swedanam treatments. The therapy helps to boost immunity. When the body's ojas (immunity) levels went down, it can lead to invasion of many disease-causing pathogens. The karkidaka kanji helps in strengthening the immune system of the body."

PANCHAKARMA

THERAPY Niraamaya Retreats Surya Samudra, Kovalam, Trivandrum r Bejoy Mathew, Spa Head says, "Panchakarma, acornerstone of Ayurvedic therapy, offers numerous health benefits by cleansing and rejuvenating the body. The key benefits of Panchakarma treatment are Detoxification, Improved Digestion, Stress Reduction, Rejuvenation, Pain Relief, Weight Management, Hormonal Balance and Enhanced Sleep Quality. During the



From boosting immunity against illnesses to enhancing skin health with improved texture and clarity, each session is overseen by qualified Ayurvedic practitioners."

INDIAN ABHYANGA & SHIRODHARA

Sheraton Grand Bengaluru Whitefield Hotel & Convention Center

na Roy, Director of Operations, says, "Welcome to our spa oasis, where the monsoon season brings a unique opportunity for rejuvenation and renewal. As the raindrops softly patter outside, our sanctuary awaits to cocoon you in tranquility and healing. Experience the ancient wisdom of Ayurvedic treatments tailored to harmonize mind, body and spirit during this season of natural balance. Let the gentle rhythm of our therapies melt away stress and tension, leaving you refreshed and revitalized. A full-body warm oil massage serves as a potent recharge and rejuvenator for both mind and body. Abhyanga, the Ayurvedic massage technique, is particularly recommended during the monsoon season to support a healthy and healing system for overall well-being. Shirodhara

therapy where warm, medicated oil flows continuously onto the forehead, known as the 'third eye'. This ancient practice promotes deep relaxation, calming the nervous system and relieving stress and anxiety. It also enhances sleep quality by harmonizing natural sleep patterns, making it a valuable treatment for overall well-being and mental clarity in Ayurvedic tradition."

TAN LEPA RITUAL

The Leela Palace New Delhi nupam Dasgupta, Area Vice President (North India) and General Manager at The Leela Palace New Delhi says, "Embark on a voyage of rejuvenation this monsoon with the Tan Lepa Ritual at The Leela Palace New Delhi, igniting your body's natural vitality. From the tranquil Algae gel to the revitalizing Marma point massage, each phase invites you to rediscover balance and vitality. Feel your senses awaken, tensions melt away, and your essence uplifted as you indulge in this Ayurvedic-inspired odyssey of detoxification and renewal."

— She is an author and independent Journalist, who writes on Food, Travel, Art, Holistic Wellness and Lifestyle chand.sharmila@gmail.com

reflecting Mehta's

commitment to making

art accessible to a wide

audience and fostering a

greater appreciation for

contemporary artistic

expressions.

presented in

spirit through a

discovery.

Join the Ultimate Shopping Extravaganza at Monkey Bar!

et ready for a shopping event like no other at Monkey Bar, New Delhi! The Wishing Chair is hosting "The Big Blowout Sale," featuring 14 women-led lifestyle brands offering everything at a remarkable 50% off. This one-day extravaganza presents an incredible opportunity to shop a diverse range of products, including stylish jewelry, chic fashion, trendy accessories, and unique home decor all under one roof.

Monkey Bar, with its vibrant and welcoming atmosphere, provides the perfect setting for this exciting sale. Located in the iconic pyramid glass building in Vasant Kunj, it's the ideal venue to host this special event. Whether you're looking to refresh your wardrobe, find unique gifts, or discover distinctive items for your home, this sale has something for everyone.

In addition to fantastic discounts, attendees can enjoy special cocktails that perfectly complement the lively mood of the event. Gather your friends and family for a funfilled Sunday of shopping. With a highenergy ambiance and an array of enticing offers, this event promises to be a memorable experience.

The Big Blowout Sale is free to attend, making it accessible to all. It's not just about the great deals but also about supporting women-led businesses and celebrating local entrepreneurs. Each participating brand has been carefully selected to ensure a highquality and diverse shopping experience. Don't miss this unique opportunity to experience the best of women-led lifestyle brands at unbeatable prices. For updates and more information, follow Monkey Bar on Instagram: @monkeybarind Come for the deals, stay for the fun, and enjoy a fantastic day of shopping at Monkey Bar!



EVENT DETAILS:

Date: Sunday, August 25 Time: 12:00 PM - 7:00 PM Venue: Monkey Bar, Vasant Kunj, New Delhi **Entry:** Free

Discover the Spirit of Art: ATMAN

rt aficionados and cultural enthusiasts are warmly invited to experience "ATMAN," an extraordinary art exhibition showcasing the work of rising artist Niyamat Mehta. This highly anticipated event, collaboration with Artix India and Arushi Arts, promises an immersive exploration of the human collection of evocative sculptures that delve deeply into themes of introspection and self-Niyamat Mehta, at just 25 years old, has rapidly emerged as a distinctive voice in the art world. Her innovative approach and profound artistic vision have garnered considerable attention, making "ATMAN" a must-see event. The exhibition features a series of sculptures that are not only visually striking but also rich with emotional and philosophical depth. Each piece is a reflection on the essence of self and the journey inward, inviting viewers to engage with art that challenges and inspires. The venue for

this transformative exhibition is The Claridges, New Delhi, an elegant setting that complements the contemplative nature of Mehta's work. The sophisticated atmosphere of The Claridges provides the perfect backdrop for the sculptures, enhancing the overall allowing ample time for attendees to experience of the exhibition. Visitors will engage with the artworks at their own have the opportunity to explore the pace. The event is free to attend,

NIYAMAT MEHTA X ARTIX Will be exhibited @ Artix India with Arushi Arts **ATMAN** 30TH AUG to 01ST SEPT'24 Venue The Claridges Time 11:00 AM to 06:30 PM o @niyamat_mehta

www.niyamatmehta.com

artworks in a serene and thoughtfully curated environment, making the encounter with Mehta's art both profound and enriching. "ATMAN" will be open to the public from August 30th to September 1st, 2024. The exhibition will be accessible daily from 11:00 AM to 6:30 PM,

This exhibition is an excellent opportunity for art lovers, collectors, and those new to the art scene to experience the impact of Mehta's work. Whether you are looking to deepen your understanding of contemporary art or simply wish to enjoy a thoughtful and engaging art experience, "ATMAN" offers something for everyone. Mark your calendars and take advantage of this unique chance to witness the creative brilliance of Niyamat Mehta. For additional updates and insights into the artist's work, follow Niyamat Mehta on Instagram at @niyamat_mehta. Don't miss this chance to be part of an unforgettable artistic journey that promises to leave a lasting impression. Experience the art of introspection and selfdiscovery with Niyamat

Mehta's "ATMAN" and be part of an exhibition that explores the profound depths of the human spirit.

EVENT DETAILS:

Dates: 30th August - 1st September 2024 Time: 11:00 AM - 6:30 PM Venue: The Claridges, New Delhi Entry: Free

the pioneer

"If things happen for the good, I say that Lord Krishna wished it so, and if anything goes against me, even then I say Lord Krishna wanted it to happen that way"





n the stillness of the midnight hour, when the world is wrapped in darkness, a divine light descends upon the earth, heralding the birth of Lord Krishna. Janmashtami, a festival that transcends time, celebrates this miraculous moment when the cosmos rejoiced, and the universe conspired to bring forth a savior destined to restore dharma and vanquish evil. As the bells ring out and devotees gather in reverence, the story of Krishna's birth is retold-an epic tale of love, courage, and the triumph of righteousness. It is a night when the heavens dance in celebration, and hearts are filled with the timeless wisdom of the one who forever changed the course of humanity. Krishna Janmashtami, also known as Krishnashtami, Janmashtami, or Gokulashtami, is a major Hindu festival celebrated with devotion across India and by Hindu communities worldwide. This occasion marks the birth of Lord Krishna, the eighth avatar of Vishnu, whose life and teachings inspire millions. Observed on the eighth day (Ashtami) of the dark fortnight (Krishna Paksha) in Shravana Masa (amanta tradition) or Bhadrapada Masa (purnimanta tradition), Janmashtami typically falls in late August. The festival is not just a religious event but a celebration of the values Krishna embodied.

Krishna's birth is a tale of divine drama in Hindu mythology. Born to Queen Devaki and King Vasudeva in Mathura, his arrival was marked by peril. Devaki's brother, the tyrant King Kamsa, imprisoned the couple after hearing a prophecy that foretold his death at the hands of their eighth child. Kamsa had already killed six of their children. To protect Krishna, Vasudeva secretly transported the newborn across the Yamuna River to Gokul, where he was raised by Nanda Maharaj and Yashoda. Krishna's escape and triumph over Kamsa symbolize the victory of good over evil, a central theme of Janmashtami. The festival reminds devotees of the eternal struggle between righteousness and wickedness, urging them to uphold virtue. Krishna's life represents divine intervention that restored justice, reinforcing the timeless value of standing against injustice. The metaphor of Janmashtami is rich in symbolic meaning, depicting the eternal battle between good and evil and the soul's journey toward spiritual awakening. Kamsa symbolizes the destructive ego, while Devaki represents human consciousness carrying divine potential. Vasudeva symbolizes human will aligned with divine purpose. Krishna, the incarnated soul, nurtured in a righteous environment, eventually overcomes the ego (Kamsa) to establish peace and harmony, reflecting the soul's journey to transcend ego and realize its divine nature

Sadhvi Tapeshwari Bharti Ji of Divya Jyoti Jagrati Sansthan eloquently describes the metaphors surrounding Krishna's birth, noting that Kansa represents the ego, with its demon-like qualities such as arrogance, pride, and ignorance. According to her, Devaki symbolizes the part of the human self that harbors consciousness, while Vasudeva represents the will attuned to divine command. Krishna, as the incarnated soul, must separate from the

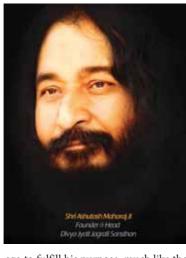


Where to celebrate?

DJJS Shri Krishna Janmashtami 2024 at Dwarka, New Delhi Divya Jyoti Jagrati Sansthan (DJJS) celebrates Shri Krishna Janmashtami Mahotsav 2024 under the theme "Darshan Itihaas Ka, Parivartan Aaj Ka" (Recalling the Values of the Past & Transforming the Present) on August 25th and 26th, 2024. The festival will be held at DDA Ground, Sector 10, Dwarka, New Delhi, starting from 7 PM each evening.

This year's celebration features several unique and innovative elements designed to enhance the festival experience. A major highlight will be the Environment Conservation initiative, showcased through a remarkable Govardhan Mountain 3D Model. Echoing Lord Krishna's dedication to environmental preservation in the

Govardhan Leela, this massive, cutting-edge model will incorporate digital and lighting elements. The model will also feature Sankalp/pledge placards representing various commitments to environmental conservation The event will unfold with captivating performances, including 15 dance ballets and theatrical presentations depicting significant episodes from the life of Jagatguru Shri Krishna. Key performances will include dramatic interpretations of the 'Slaying of Tyrant Ruler Kansa', 'Virat Roop Darshan of Shri Krishna', 'Slaying of Kaliya Snake', 'Paundraka-The Fake Krishna', 'Devotion of Social Reformer Meera Bai', and 'Joyful Birth Celebration of Lord Krishna'



ego to fulfill his purpose, much like the soul must detach from worldly desires to attain spiritual enlightenment. Divya Guru Shri Ashutosh Maharaj Ji, founder of Divya Jyoti Jagrati Sansthan, further elaborates on this symbolism. He suggests that the soul, nurtured in a holy and righteous environment (symbolized by Yashoda and Nandlal), must evolve to ultimately overcome the ego, leading to inner peace and harmony.

Sri Gaur Prabhuji, Vice President of ISKCON Temple Dwarka, Delhi, emphasized that Janmashtami is a profound reminder of Lord Krishna's teachings for humanity's upliftment. Celebrating the 5251st anniversary of His appearance highlights the enduring relevance of the Bhagavad Gita, guiding

lives toward devotion, humility, and love. In today's world, marked by pandemics and conflict, Krishna's divine wisdom is essential. This festival is a key moment to reconnect with dharma and strengthen the bond with the Supreme Personality. In today's chaotic world, Krishna's teachings provide insights for managing stress, leading an ethical life, and fostering personal growth. The Bhagavad Gita's emphasis on equanimity and detachment offers tools for navigating modern pressures. Krishna's principles of selfless duty and moral values guide ethical decision making and achieving a balanced life. His focus on self-realization encourages introspection, helping us understand our true selves amid distractions This philosophy extends to Janmashtami foods, chosen to reflect Krishna's principles of balance, purity, and nourishment. The simple, nutrientrich ingredients like fruits, nuts, seeds, and grains not only sustain the body but also maintain mental clarity and spiritual focus. Just as Krishna's teachings guide us toward a balanced life, these foods nourish both body and soul, reinforcing the connection between what we consume and how we

Dr. Sangeeta Tiwari, Clinical Nutritionist at Artemis Lite, NFC, New Delhi, explained that Janmashtami foods are designed not only to sustain energy during fasting but also to offer numerous health benefits. Ingredients like fruits, nuts, seeds, dairy, and gluten-

RECIPES

Black rice and coconut kheer

By Aditi Dixit, Chief, CYK Hospitalities

INGREDIENTS

FOR BLACK RICE KHEER

- Black Rice (washed & soaked) 50 gms Coconut Milk - 500ml
- Full fat Milk 1 ltr Jaggery - 135 gms
- Coconut (fresh, grated) 80 gms Cashew nuts (fried) - 30 gms
- Raisins (fried) 30 gms
- Walnuts (fried) 20 gms Chironji (fried) - 10 gms
- Cardamom Powder 5 gms Cinnamon Powder - 3 gms

Ghee - 45 gms

- FOR FOXNUT ROSE PRALINE Granulated Sugar - 200 gms
- Foxnut (roasted) 15 gms Rose petals - 8 gms

METHOD

OR FRIED NUTS

- In a pan, add ghee and let it warm.
- Once the ghee is moderately hot add raisins and fry them. Once done take the raisins off, drain the excess ghee in the pan

and let it cool down.

Put cashew nuts, walnuts and chironji in the ghee and lightly stir them till golden brown. Once done take them off the pan and drain the excess and let it

- FOR ROSE FOXNUT PRALINE In a heavy bottom pan take granulated sugar and let it melt nicely and slowly.
- Bring the sugar to a beautiful bronze shade, and pour it on a silicon mat or a well oiled granite top or thali. Once poured, put roasted fox nuts and
- Do not stir the sugar while it is melting.
- Add the grated coconut flesh to the milk, stir it for 2-3 minutes. Once done, add black rice to the milk

dried rose petals on it and keep it aside

Once done, break it randomly and store

Soak washed black rice for at least 30

for another 30 minutes. Blitz it very

coarsely for 2-3 seconds and keep it

Take all the milk in heavy bottomed

kadai and cook the milk till first boil.

minutes. Once done, dry them in the air

in a well ventilated room.

in an airtight container.

- and cook it for at least 40-45 till the rice is cooked and milk is reduced to half, take it off the cooktop to rest for a minimum of 3-4 hours. In a different pan take jaggery and 50
- ml water and cook it and make a syrup.
- Once the syrup is cooled down add the
- syrup to cold kheer for the sweetness Adjust the sweetness according to the
- taste and add cardamom powder.
- Add fried nuts to kheer and leave some for garnish.
- Pour the kheer in a beautiful bowl, garnish it with fried nuts, coconut flakes and rose fox nut praline.

Kaju Badam Astrian laddo, Safawi khajoor and Manna Anjeer By Richard Charlie, Chef, Namaste Dwaar Resort

INGREDIENTS

- Almond-50gm
- Cashew 50gm Pista- 30gm
- Melon seed- 25gm
- Raisin 25gm

- Pure ghee- 25 ml Dates- 20 gm
- Fig 20 gm Apricot - 20 gm Jagary - 15gm

- On a medium flame add the desi ghee and roast the almonds and cashew until slightly aromatic, add pista and
- roast again for 2 to 3 min. Roast melon seed and raisin in a small
- amount of ghee until it cracked
- Add dates and fig to the mixture and
- roughly blend it partially Add jagary into it according to taste and
- mix all the ingredients togather, Keep it in a cool and dry place for 45
- min and then again mix well by adding the chop nuts and dry fruits Make small round balls according to
- your size and your delicious and healthy laddoo are ready to serve

HEALTH TIPS- dry fruit ladoo are full of vitamin E, magnesium and full of Zinc, and other essential nutrients Which helps in giving energy to the body organs If a person feel low in energy, a good note of dry fruit and dates ladoo will make you feel rejuvenated of energy.

Sahi tukda

Amandeep Singh Executive Sous Chef, The Westin Mumbai Garden City

NGREDIENTS

- 6 slices of bread 1 cup milk
 - 1 cup sugar
 - 1/4 cup ghee (clarified butter) 1/4 cup cashews, chopped 1/4 cup almonds, chopped
 - 1/4 cup raisins
- 1/2 teaspoon cardamom powder A pinch of saffron strands (optional)
- Silver vark (edible silver foil), for garnish (optional)

 Trim the edges of the bread slices and cut them into smaller pieces or quarters.

provide slow-releasing carbohydrates to

 Heat ghee in a pan over medium heat. Fry the bread pieces until they turn golden brown and crisp. Remove them from the pan and set them aside on a paper towel to drain excess

In the same pan, add cashews, almonds, and raisins. Sauté them until they are golden. Remove and set aside.

In another pan, bring the milk to a boil. Reduce the heat and add sugar, cardamom powder, and saffron strands (if using). Mix well and let it simmer for a few minutes until the sugar dissolves and the milk thickens slightly.

Add the fried bread pieces to the milk mixture. Gently mix to ensure the bread is

coated with the milk. Allow the bread to soak in the milk for about 10-15 minutes

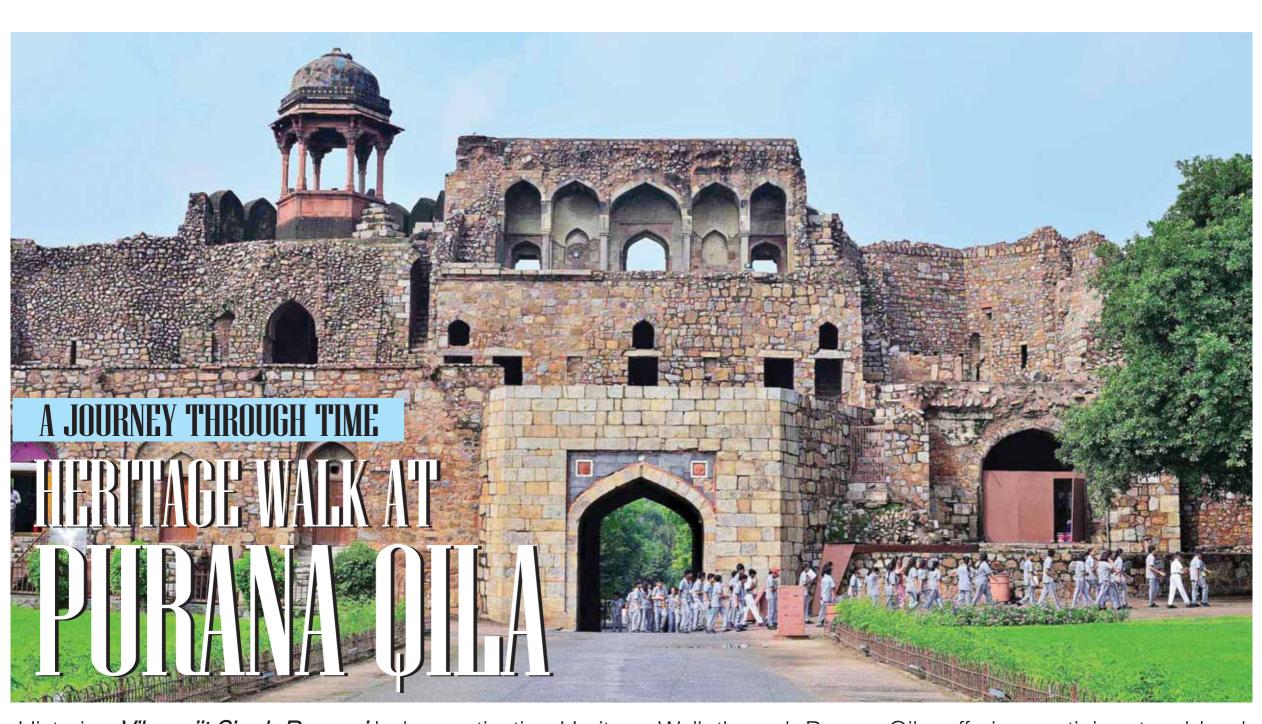
letting it absorb the flavors Serve the Double Ka Meetha warm,

garnished with fried nuts and silver vark

free grains such as buckwheat and maintain energy levels. Together, these amaranth provide essential nutrients that support overall well-being. Fruits and hydration during the fast, are rich in vitamins and antioxidants, promoting overall health. aiding hydration and digestion. Nuts Janmashtami is more than just a and seeds offer healthy fats and proteins for sustained energy and brain health. Dairy ensures gut health and muscle support, while grains like buckwheat

foods ensure balanced energy, digestion, celebration of Lord Krishna's birth; it is a profound reflection on the eternal struggle between good and evil, the importance of righteousness, and the path to spiritual awakening. As devotees

come together to celebrate this festival, they are reminded of the timeless wisdom that Krishna imparted, wisdom that continues to guide humanity toward a life of purpose, peace, and harmony. In a world that often feels disconnected from spiritual values, Janmashtami serves as a beacon, illuminating the path of righteousness and divine love.



Historian *Vikramjit Singh Rooprai* led a captivating Heritage Walk through Purana Qila, offering participants a blend of history and architectural insights. This immersive experience highlighted the fort's significance, revealing hidden stories and the interconnectedness of its historical and ecological aspects, writes **SAKSHI PRIYA**

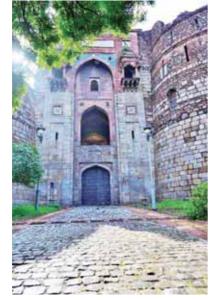
s part of his second series of the Delhi Heritage series, historian and author Vikramjit Singh Rooprai led an insightful walk through Purana Qila, one of Delhi's most famous and second-most visited forts. Inspired by his upcoming book, Delhi Heritage: Top 10 Forts, this exclusive Heritage Walk offered a select group of history enthusiasts rare insights and thoughtful details about the fort that are not widely known. Against the backdrop of the ancient walls of Purana Qila, Rooprai embarked on a journey to unravel the secrets of this historic fort, blending myth, history and architecture as he explored one of Delhi's most significant yet often overlooked monuments. Purana Qila or the "Old Fort," is one of

Delhi's oldest forts, with a history that stretches back centuries. It is often overshadowed by more famous landmarks like the Red Fort and Qutub Minar, yet it holds a crucial place in the narrative of Delhi's evolution. The fort's origins are shrouded in mystery, with legends linking it to the ancient city of Indraprastha, the legendary capital of the Pandavas from the Mahabharata. Rooprai, with his deep knowledge and passion for Delhi's history, made it clear that much of this association is based on later folklore rather than historical evidence. The fort as we see it today is primarily the work of two great rulers, Emperor Humayun and Sher Shah Suri, whose contributions to its construction have left a lasting legacy.

The exploration began at the grand entrance of the fort, the Bada Darwaza, where the sheer scale and architectural prowess of the structure immediately impressed upon visitors the importance of this site in Delhi's history. Rooprai explained how this massive gate, with its towering height and intricate carvings, served as a formidable barrier, protecting the fort's inhabitants from invaders. The Bada Darwaza, like much of the fort, reflects a blend of Islamic and Hindu architectural styles, a syncretism that has always been a hallmark of Delhi's culture. This gate is not just an entrance but a symbol of the fort's strategic importance in the defense of the city.

As the group moved deeper into the fort, Rooprai guided them towards the imposing Talaqi Darwaza, a gate that remained sealed for centuries until it was rediscovered in the early 20th century. The name "Talaqi," meaning "separation," intrigued many. Rooprai mentioned that if we look closely at the interior detailing at the top of Talaqi Darwaza, we can still see some remnants of its original colors, a subtle yet vivid reminder of the fort's rich past. He narrated how this gate, with its intricate carvings and lofty chhatris (domed pavilions), had been sealed shortly after its construction, its purpose shrouded in mystery. Some historians speculate that it might have been closed due to superstitions or security concerns, while others believe it was simply never completed. As Rooprai spoke, it was easy to imagine the fort as it once was, a bustling hub of activity, a place where history was made.

One of the most captivating aspects of the walk was Rooprai's discussion about the







PURANA QILA OR THE "OLD FORT," IS ONE OF DELHI'S OLDEST FORTS, WITH A HISTORY THAT STRETCHES **BACK CENTURIES. IT** IS OFTEN OVERSHADOWED BY MORE FAMOUS LANDMARKS LIKE THE RED FORT AND QUTUB MINAR, YET IT HOLDS A CRUCIAL PLACE IN THE NARRATIVE OF **DELHI'S EVOLUTION**



inscriptions near Talaqi Darwaza, discovered by the British during their restoration efforts. These inscriptions implore the preservation of "the house of Humayun," adding a layer of intrigue to the fort's history and sparking curiosity about their true meaning. During the walk, Vikramjit emphasised the challenges of accessing historical resources, sharing anecdotes about the British efforts to clean and preserve the gates. These efforts uncovered inscriptions pleading to "save this house of Humayun," a phrase that sparked debate among historians. Some interpreted it as a reference to Emperor Humayun, while others saw it as a metaphorical plea to protect the sanctity of the site.

Qila is not just limited to its gates. The fort's walls, towering over the surrounding landscape, are a witness to the engineering prowess of the time. Built using large stone blocks, the walls are interspersed with bastions and watchtowers, which would have provided a vantage point for the fort's defenders. Rooprai pointed out the changes that had occurred over the centuries, especially the eastern wall, which once overlooked the Yamuna River. The river, which has since shifted its course, played a crucial role in the fort's defense, providing a natural barrier against invaders. Today, the fort's strategic location remains evident, offering stunning views of the city and a reminder of its importance in Delhi's history.

Ecological insights were also an integral part of Rooprai's narrative. He highlighted the green layer on the lake within the fort, which plays a crucial role in supporting various forms of life, including fish and birds. This lake, once a part of the Yamuna River's floodplain, has



now become an isolated water body. Rooprai discussed how the lake's ecosystem is a delicate balance, with the green algae on the surface providing oxygen for aquatic life while also serving as a breeding ground for insects that are crucial for the survival of birds and other animals. Any disruption to this delicate ecosystem could have a significant impact, underscoring the interconnectedness of human history and

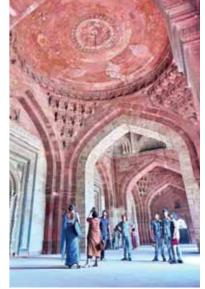
impact, underscoring the interconnectedness of human history and the natural environment.

The tour culminated at Humayun Darwaza, another significant gate of the

The tour culminated at Humayun Darwaza, another significant gate of the fort. Rooprai highlighted how much of the fort's construction, including these gates, may have been initiated by Humayun himself, despite the popular attribution to Sher Shah Suri. The Humayun Darwaza, with its grand archways and intricate tile work, stands as a symbol of the Mughal emperor's ambition to create a lasting legacy. The fort's story, Rooprai noted, is one of resilience, evidence to a city that has been

built, destroyed and rebuilt countless times. Through this walk, Rooprai not only guided the visitors through the physical space of Purana Qila but also through the complex narrative of Delhi's history. He emphasised that while Purana Qila is often overshadowed by more famous structures like the Red Fort, it remains an essential part of Delhi's heritage, a silent witness to the city's evolution.

The active involvement of a 14-year-old boy during the walk was particularly noteworthy. Deeply engrossed in the exploration, the boy actively engaged with Vikramjit, asking thoughtful questions that enriched the experience for everyone present. His curiosity and enthusiasm reflected the walk's success in sparking interest across different age groups, showing the importance of making history accessible and exciting for all generations. The boy's questions ranged from the significance of the inscriptions to the architectural details of



the fort and Rooprai patiently answered each one, providing insights that captivated both the young participant and the older attendees.

As the tour came to an end, Rooprai left the group with a deeper appreciation for this ancient site. Purana Qila was no longer just an old fort but a living part of Delhi's rich and varied history, a place where myths and facts converge, creating a story that is both beautiful and complex. Through his insights, Rooprai had brought Purana Qila to life, making the past palpable and the stories within its walls a part of the present. The fort's layers of history, from its ancient origins to its role in the Mughal Empire, were laid bare, offering a glimpse into the lives of those who walked its grounds centuries

Vikramjit Singh Rooprai's approach to history is not only informative but also deeply engaging. His ability to work together factual history with the legends surrounding Purana Qila makes the past resonate with present-day audiences. He reminds us that history is not just about dates and events but about the stories of people, places and cultures that have shaped our world. This walk was more than just a tour - it was a journey through time, offering a rare insight into the layers of history that have shaped Delhi. It's clear that such events are crucial in building a deeper appreciation for the rich heritage that surrounds us. Rooprai's work is a tribute to the importance of preserving and sharing our history, ensuring that future generations can continue to learn from and be inspired by

the past. The Heritage Walk at Purana Qila was an enlightening experience that left the participants with a profound respect for the history and architecture of one of Delhi's oldest forts. Through Rooprai's expert guidance, the group gained not only knowledge but also a sense of connection to the city's past. The walk was a reminder that history is all around us, waiting to be discovered and that by exploring it, we can gain a better understanding of the world we live in today.

Photos: Pankaj Kumar



NNY'S NEW MENII MEMORABLE CULINARY FA

Nestled in the vibrant heart of Delhi's Khan Market, Sly Granny has finally unveiled its much awaited new menu which boasts of blending classics with contemporary flair

BY SHARMILA CHAND

n a sultry afternoon, I walk in at Sly Granny in Khan Market to see how the mischievous adorable Granny is wooing her diners with the new menu. The buzz here perks up my mood, almost all tables occupied with diners busy chatting and eating, servers attending hurriedly with spectacular food, the colorful décor with pictures from Granny's travels amp up the spirits and build my appetite all the more. I love the cheery vibes, lively music, quirky flair, and finally get a table to settle down. Sly Granny is damn interesting, what a vibrant personality, I think to

'Ýes, she is," says the Co-Founder, Rahul Khanna. "Sly Granny is the embodiment of a wickedly sassy, witty, and sly character-she's a mashup of everything quirky and cool. We've designed the restaurant to be as layered and unpredictable as Granny herself, blending her love for art, music, travel, entertainment, and pop culture into every nook and cranny. Whether it's the quirky décor, the eccentric vibe, or the adventurous menu, every aspect of Sly Granny is a nod to her multifaceted personality. She's constantly evolving, just like our space, making sure that every visit feels like a new, exciting chapter in her ever-entertaining story.

INDIGENOUS & CONTEMPORARY FOOD SYMPHONY

The new menu features seasonal Indian mindfully prepared for all cuisines here. For example, Indian amla (Gooseberry) is picked and used in salads. Lotus stem

and sweet potato is popular as chips.



the pioneer

CHEF ANUBHAV MOZA

Hemp seed from the state of Uttarakhand is processed to make a dip which is used in mezze platter. Similarly jackfruit is braised with bbq sauce and used

in making tacos. It is evident that the focus is to keep the menu fresh, seasonal with a flair of contemporary techniques and yet highlight importance of Indian produce. Anubhav Moza

Brand Assistant Chef "Our new menu at explains,

classic flavors with unexpected twists. Granny's food is all about the joy of discovery, where each dish tells a story of her adventures and her everevolving taste. It's a celebration of the bold and fun, in the world of gourmet. Our aim to give healthy and seasonal fresh produce from the farms in India and serve in European flavors. For example, amongst other indigenous produce, we also use phalsa, another Indian berry for making compote and serving with our chocolate desserts.'

The meal begins with 'Shish Tawook Broccoli' - a fusion of chargrilled broccoli and tender Shish Tawook. The addition of sautéed chickpeas and a kalemashed potato makes it a delightful combination. Next up is the 'Greek Vegetable Medley' with Candied Pumpkin adding the fun element. Spiced pumpkin steak is an interesting variation served with seasonal vegetables

and creamy tahini, a great way to showcase myriad flavours and textures. Not to be missed is the intriguing Roots & Halloumi, a symphony of slowroasted carrots, beetroot, sweet potato, and savoury halloumi complemented by labneh, chilli garlic oil, and candied walnuts - a true

delight for discerning palates. For Seafood aficionados, the Sly Granny is a vibrant tapestry of Herb-Crusted Salmon, served with Granny's eclectic passions-each dish is crème fraîche, pan-tossed vegetables, music, quirky art obsessions, and her embodies coastal elegance at its best. unapologetic affection for good drinks and pop culture. We've infused her Chicken and Caramelized Onion Pizzaplayful spirit into every bite, blending a perfect harmony of paprika-infused

chicken, caramelised onions, jalapeños, and savoury goat cheese atop a crispy crust, promising a burst of flavours. For me Granny's Mezze, spectacular in its presentation and taste, furned out to be the best. With spiced pita, lavaash, cheese cracker, yam kebab, falafel, spinach and cheese borek, and the showstopper 'Hemp seed dip', marinated olives, pickled greens, I couldn't have been happier. 'Pesto Al Genovese' comes next. A lovely rendition of pasta along with broccoli, asparagus in basil pesto, tossed with burrata crumble. I especially loved the texture of the pesto-creamy,

like velvety. 'Sly Tiramisu' looks outstanding to conclude gastronomic journey as it's a decadent ensemble mascarpone-soaked sponge, coffee ice cocoa

cream, crunch, caramel popcorn, and Baileys ganache, an exquisite finale to an exceptional meal. Torte' - absolutely heavenly

crunch and phalsa compote that refreshes my palate.

NEW SEASONAL COCKTAIL MENU

Whether you're a seasoned cocktail connoisseur or simply seeking a refreshing beverage, there is a drink for everyone to enjoy. Sly Granny has revisited

historical favourites and given them a modern twist. Take, for instance, the "Castel Del Monte," which captures the essence of the Italian sunshine in a delightful blend of gin, roasted pineapple, Campari, and sweet vermouth. For a spicy kick, "Wildcat of Bombay" offers a fiery concoction of tequila, yellow pimento, lemon, cilantro, and a hint of jalapeno that will get the evening going. These

reinventions honour bar classics while adding unique Sly Granny flair. The new cocktail menu inspired from flavours

the world, around ensuring that every sip takes you on an exotic adventure. From the cinematic streets of India to the serene landscapes of Italy, the

drinks are crafted to transport you to different corners of the globe with just one sip. Not forgetting the classics, The "Posh CHECK OUT elevates the Sly Granny G&T"

cucumber, rosemary, mint, and a with strawberry ice cream, hazel nut touch of citrus. Whisky lovers rejoice Sharmila Chand is an author and with "The Betty Ford Tribute," a sophisticated mix of whisky, orange,

kaffir lime, jaggery, and lemon. For a touch of nostalgia, indulge in "Granny's Dirty Martini," a perfectly balanced dirty martini with your choice of vodka

There's a wide selection of non-alcoholic refreshing mocktails as well. The "Almodovar" is a vibrant blend of watermelon juice, peppermint, and a touch of saline, while "Jungle Love!" takes the heat up with guava juice, basil, Granny's hot sauce, and a hint of jalapeno yet is a perfect cooler on a hot

TO CONCLUDE

Sly Granny not only wows it's discerning diners with all day dining but also offers Breakfast on weekends, serving some classic and of course, some of her quirky breakfast dishes from 8:30 am to

11:30 am. Go and explore Granny's new menu, renowned for its culinary wizardry and vibrant atmosphere. Chef Anubhay Moza's dedication to culinary excellence is evident throughout the menu, making Sly Granny Khan Market a must-visit destination for food enthusiasts seeking refined flavours and unforgettable dining

4 Khan Market New Delhi

journalist who writes on Travel, Food, Culture and Lifestyle

THE PINNACLE OF GOURMET EXCELLENCE

The Purple Plate, under the visionary leadership of Ishaan Kapoor, has redefined the luxury catering landscape. With a meticulous approach that combines traditional flavours with contemporary techniques, the company delivers unparalleled experiences, making each event a memorable celebration of taste and elegance, says SAKSHI PRIYA

In the world of luxury wedding catering, where every detail is meticulously planned and meticulously planned and executed, *The Purple Plate* has emerged as a distinguished leader. Since its inception in January 2017 by Ishaan Kapoor, this innovative company has set new standards in opulent dining experiences. Combining traditional flavours with contemporary techniques, The Purple Plate has catered over 2,000 global events, earning a reputation for excellence and creativity.

What truly sets The Purple Plate apart is its relentless pursuit of perfection in every aspect of its service. The company follows a rigorous 21-step process to ensure each dish meets the highest standards of quality and presentation. This meticulous approach is complemented by a unique policy of catering one event per day. This exclusivity allows *The* Purple Plate to offer unparalleled personalised service, ensuring that every detail of the event receives the utmost attention and care.

A hallmark of The Purple Plate's service is its innovative use of interactive live stations and passaround dishes. These features are designed to create an engaging and memorable dining experience. Interactive live stations allow guests to interact with chefs, watch the culinary process and customise their meals. This not only adds an educational and entertaining element but also deepens the connection between guests and the food. Pass-around dishes, on the









other hand, enhance social interaction by circulating among guests, encouraging mingling and conversation in a relaxed and informal setting.

The Purple Plate's philosophy blends traditional and modern culinary techniques, starting with a deep respect for classic recipes and enhancing them methods and contemporary innovative presentation. This approach ensures each menu respects culinary heritage while offering fresh and engaging experiences. As the company looks to the future, it aims to incorporate intelligence artificial menu

personalised recommendations, introduce more plant-based and locally sourced ingredients, and explore immersive dining through augmented and virtual reality. These forwardthinking innovations will elevate the dining experience and solidify

WHAT TRULY SETS THE **PURPLE PLATE APART IS** ITS RELENTLESS PURSUIT OF PERFECTION IN EVERY ASPECT OF ITS SERVICE. THE COMPANY **FOLLOWS A RIGOROUS** 21-STEP PROCESS TO **ENSURE EACH DISH** MEETS THE HIGHEST STANDARDS OF QUALITY AND PRESENTATION THIS METICULOUS APPROACH IS **COMPLEMENTED BY A** UNIQUE POLICY OF CATERING ONE EVENT PER DAY



The Purple Plate's leadership in luxury catering. The Purple Plate's dedication to

culinary artistry to a deep commitment to sustainability. The company integrates eco-friendly practices by carefully planning to

wastage, biodegradable materials sourcing local ingredients, thus supporting communities and minimising its carbon footprint. As it prepares to enter the Middle Eastern and Asian markets, The Purple Plate will adapt its offerings to regional tastes while upholding its high standards. Through comprehensive training, the team will be well-prepared to navigate cultural nuances, ensuring that exceptional catering experiences are delivered across diverse global settings.

Ishaan Kapoor's background in hospitality management and culinary arts has played a crucial role in *The Purple Plate's* success. His extensive training and practical experience have provided him with a profound understanding of both the operational and creative aspects of luxury catering. Kapoor's commitment to quality and

innovation is reflected in every event. As he puts it, "We're not just serving food; we're crafting an experience that combines artistry and excellence in every bite." Beyond its culinary achievements,

The Purple Plate remains deeply committed to making a positive impact on society. By supporting NGOs like Shanti Sahyog, the company demonstrates its dedication to giving back and using its success to contribute to meaningful causes. commitment social responsibility not only reflects *The Purple Plate's* values but also sets a precedent for the hospitality industry, showcasing the importance of community engagement and ethical business practices. In every dish and every event, The Purple Plate strives to deliver not just an exceptional dining experience, but also a lasting positive impact.







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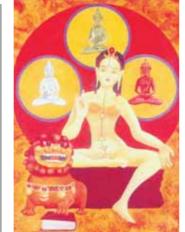




ARIES March 21-April 19

This week, you might find yourself at a critical juncture, faced with the need to distance yourself from certain aspects of your life that no longer contribute positively to your growth. It's a time for deep emotional introspection and the bravery to step away from situations that fail to fulfill you. Your natural tenacity and zest for life will play pivotal roles as you manage this period of transition. Current influences suggest a time ripe for reflection, urging you to contemplate your core values and long-term aspirations. Although the process of letting go can be challenging, it's essential for your personal development. Approach this phase with determination, and you'll discover that the new directions you're taking are more aligned with your true desires, promising greater contentment and

Lucky number 6 | Lucky colour Fawn Lucky day Wednesday



LEO July 23-Aug 22

You may be encountering a phase where responsibilities seem overwhelming and the potential for burnout is high. This period is characterized by a heavy load of duties that could lead to stress if not managed carefully. It's crucial to recognize the importance of delegating tasks and taking moments for self-care to prevent exhaustion. Utilize your inherent leadership skills and determination to navigate through these challenging times. By prioritizing and balancing your responsibilities effectively, you can lighten your load and pave the way for a more manageable and fulfilling path forward. Embrace flexibility in your approach and remain open to adjusting your strategies as situations evolve. This adaptability will be key in overcoming obstacles and maintaining your

Lucky number 19 | Lucky colour Mint Lucky day Thursday



SAGITTARIUS Nov 22-Dec 21

This week promises a period of plentiful creativity and nurturing vibes. It symbolizes growth and the enjoyment of life's simple pleasures. Current cosmic energies are particularly supportive of your personal and creative endeavors. This makes it a perfect time to explore your artistic inclinations or to deepen relationships. Your inherent enthusiasm and optimism will significantly boost your creative output and help in manifesting your desires. By tapping into your creative core and welcoming the richness around you, you will discover that this week holds many rewarding and satisfying experiences, enhancing both your personal growth and joy. Embrace this opportunity to flourish and allow yourself the space to explore new ideas and

Lucky number 7 | Lucky colour Lavender Lucky day Friday



TAURUS April 20-May 20

This week may be challenging as concerns and stress could dominate your thoughts. These feelings often lead to restlessness and significant mental strain. It's essential to tackle these issues directly instead of allowing them to grow. Focus on tangible solutions and don't hesitate to seek support when necessary. Your resilient nature will be crucial in managing these difficult emotions. Keep in mind that you possess the strength to surpass these hurdles with patience and determination. To navigate this period more smoothly, prioritize taking care of yourself and aim to adopt a more optimistic and productive outlook. Remember, challenges are temporary, and addressing them head-on will pave the way for clearer skies ahead. Embrace your inner strength as you move through the week, reinforcing your resolve with each step forward.

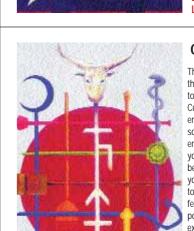
Lucky number 17 | Lucky colour Mauve Lucky day Monday



VIRGO Aug 23-Sep 22

This week underscores the significance of achieving balance and harmony in your routine. It's an ideal time for blending various facets of your existence to establish a stable equilibrium. The celestial alignments at play encourage a pursuit of moderation, urging you to avoid extremes in all areas. Use your sharp analytical skills to pinpoint where imbalances might exist and thoughtfully adjust. Cultivating patience is key now, as is approaching each interaction with calmness and thoughtful diplomacy. Integrating the different elements of your life thoughtfully will help you maintain a balanced outlook, ultimately fostering a greater sense of well-being and harmony. This approach will not only improve your personal satisfaction but also enhance your interactions with others, leading to a more peaceful and productive environment.

Lucky number 22 | Lucky colour Mustard Lucky day Sunday



CAPRICORN Dec 22-Jan 19

This week brings an emphasis on emotional exploration and the pursuit of romantic interests. You need to get connected to your innerself and Listen to your heart's deepest desires. Current celestial energies support embracing your emotional facets and seeking experiences that enrich your soul. This period is opportune for engaging in creative endeavors or deepening personal relationships. Trust in your instincts and let your passions and empathetic nature be your guides. Although you are typically recognized for your pragmatic approach, this is a time to allow emotions to take precedence. Do not shy away from letting your feelings lead the way, and be open to exploring new possibilities. This approach could unlock doors to fulfilling experiences that resonate deeply with your aspirations and

Lucky number 23 | Lucky colour Olive Lucky day Monday



GEMINI May 21-June 20

This week heralds a period of joy, clarity, and success for you. Expect a surge of energy and enthusiasm that makes challenges feel more manageable and opportunities more accessible. Embrace this bright period by pursuing projects and relationships that bring you happiness. Your natural charm and wit will be particularly effective in connecting with others and achieving your objectives. Enjoy the spotlight and let your optimism inspire those around you. This is an excellent time to shine and show your best self, making the most of the vibrant energy surrounding you. It's a time to move forward confidently, allowing your unique talents to lead the way to new achievements and positive

ucky number 9 | Lucky colour Amber



LIBRA Sep 23-Oct 22

This week may bring emotional challenges or heartache, signaling a period where you might face difficulties in your personal connections. Such times often indicate separation, disappointment, or conflict. The current cosmic energies highlight a need for healing and addressing any emotional wounds. While this phase may be tough, it is crucial to process these emotions and lean on the support of loved ones. Your innate sense of balance and fairness will be your guide through these trials. Embrace this opportunity to reflect and grow from these experiences. Concentrate on self-care and constructive communication to help you navigate these difficulties, allowing you to emerge stronger and more resilient. This approach will pave the way for recovery and renewed strength, fostering personal development and emotional clarity

Lucky number 8 | Lucky colour Peach Lucky day Wednesday



AQUARIUS Jan 20-Feb 18

This week encourages you to harness your intellectual strength and clarity of mind. Embrace your ability to think independently and make decisions with a clear, objective perspective. Current celestial influences are emphasizing the importance of effective communication and the confident assertion of your viewpoints. Your natural aptitude for critical thinking and analysis will be especially valuable during this period. Now is an opportune time to resolve any lingering issues or to approach complex challenges with a rational and structured strategy. Have confidence in your judgment and assertiveness as you move through the week. Trusting in your analytical skills will lead you to discover practical and valuable solutions. By maintaining a focus on clear and reasoned thinking, you'll navigate through any situation with success.

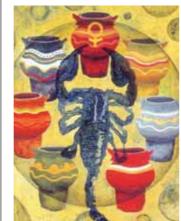
Lucky number 21 | Lucky colour Indigo Lucky day Sunday



CANCER June 21-July 22

This week centers on enhancing stability, security, and prosperity in your life. You are currently in a strong position to achieve your practical goals, with supportive cosmic energies that encourage the solidification of your financial foundation. Embrace your natural nurturing tendencies to foster a supportive environment both for yourself and those around you. Your adept management of resources will be particularly noticeable, making it an opportune time for wise investments or strategic long-term planning. Rely on your instincts and practical abilities to confidently overcome any obstacles, ensuring a fruitful week ahead. Emphasize creating and maintaining a secure base to maximize your success during this period. This proactive approach will empower you to harness opportunities and cultivate growth, paving the way for sustained achievement and satisfaction.

Lucky number 11 | Lucky colour Saffron Lucky day Tuesday



SCORPIO Oct 23-Nov 21

This week signals a period of managing multiple responsibilities effectively and striving for balance. The need for adaptability and resourcefulness comes into play as you navigate through various commitments. It's essential to prioritize and remain flexible during this time. You might find yourself balancing professional duties, personal engagements, and financial considerations. Your natural knack for dealing with complex scenarios will prove beneficial, but take care not to stretch yourself too thin. Keeping a steady pace and being open to adjusting your strategies as necessary will help you stay on track. By maintaining organization and focus, you'll be able to handle your obligations successfully and achieve a sense of

Lucky number 10 | Lucky colour Teal Lucky day Saturday



PISCES Feb 19-March 20

This week is set to focus on themes of generosity and the equilibrium between giving and receiving. You might find yourself engaged in charitable efforts or looking to balance your financial resources. The celestial energies currently at play emphasize the importance of nurturing others while ensuring your own needs are also addressed. Tap into your innate compassion to guide these interactions, aiming for outcomes that are beneficial for all involved. By embracing a spirit of generosity and striving for balance in your exchanges, you will enhance your relationships and establish a supportive atmosphere both for yourself and for those around you. This approach will not only contribute to your personal growth but also build a network of shared

Lucky number 16 | Lucky colour Brown ucky day Thursday

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CV Srikantha

From the disciplined learning of youth to the ultimate renunciation of worldly attachments, thefour stages enunciated in the scriptures offer a blueprint for balancing our worldly duties with our spiritual aspirations

Chaturashrama - Our space is our Ashrama - The way of life through the 4 ashramas

am planning to go and stay in an ashram for a few days' said a friend. 'But' ... 'you already are staying in one', I responded. I was not surprised by the bewildered questioning look on her face. An ashram usually brings visions of a secluded hermitage monastic space, serenity, hills, rivers, trees, forests, and maybe huts or spaced out structures with meditation yoga rooms etc. Our ancient texts and scriptures affirm that every stage of our life is an asharama ('srama' or efforts towards spiritual

learning, growth). The concept of Chaturashrama,- The structure of the 4 stages or phases of life from youth to old age, fascinatingly captures the mental, physical, psychological, intellectual, emotional, and spiritual journey. A guide to Dharma through different responsibilities, duties, personal growth, social contribution, goals and spiritual pursuits and fulfilment at each phase.

Brahmacharya Ashrama (Student hood): A phase, typically from childhood to youth, an individual focuses on education, gathering knowledge (including scriptures), acquiring skills, celibacy and preparing for adulthood

responsibilities. A period of disciplined Shravana (Listening), *Manana* (Reflection) and Nididhyasana (Deep Contemplation and Assimilation) under the guidance of a Guru. The application however differs. The Pandavas and the Kauravas all had their Brahmacharya under the same Guru Dronacharya - yet their paths ledinversely Avlpkçf.kikru içPN ifjiPNr&

fR;Lrqfpjelpk; åu fj"; fr u RojMå"A disciple, who respectfully bows down to the teacher and sincerely inquires, and learns does not suffer from spiritual decay nor does he show haste. This highlights the qualities during the

Brahmacharya - dedication, humility, respect, and devotion to learning and the Grihastha Ashrama (The Householder):

This phase transitions the individual into matrimony, raising and taking care of children and family, create wealth, pursues a career or profession. It is characterized by fulfilling worldly duties, managing relationship responsibilities, and participating and adding value actively to the individual's social and economic ecosystem. In the Ramayana, Lord Rama and Mata Sita exemplify the

ideal Grihastha life. After their marriage, Rama fulfils his duties as a prince and later as a king, while Sita supports him as a devoted wife and queen. They navigate through challenges and responsibilities, demonstrating righteousness (Dharma) and upholding societal norms. dharmārtha-kāma-mokṣākhyaṁ ya icchec chreya ātmanaḥ ekain hyeva hares tatra kāraṇam pāda-sevanam As Sri Krishna says in Shrimad Bhagavatam 'Any person who desires the fruits of the four principles righteousness, wealth, desire, and liberation should engage himself in these duties with integrity as a devotional service to the Lord to attain fulfilment"

Vanaprastha Ashrama (The Hermit-**Forest Dweller):** A big transition - first step to detachment. To calibrate the self into gradual retirement and withdrawal from worldly duties can be a very challenging one. Particularly coming after a phase of building wealth, relationships, family and societal bonds in the earlier Grihastha ashrama. Here, individuals are expected to gradually relinquish materialistic pursuits and responsibilities and slowly start focussing more on

spiritual pursuits, self-reflection, and handing down their learnings, and wisdom to the next generations, preparing for the baton exchange. After the war and completing their duties as rulers and householders, Dhritarashtra and then the Pandavas retire to the forest to engage in meditation, and contemplation on the deeper aspects of

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(Mahabharata, Anushasana Parva) In the Mahabharata, the Anushasana Parva "The Vanaprastha, who practices the vows of righteousness, seeks perfection and happiness, not attainable on earth.

Sannyasa Ashrama (The Renunciation): Complete renunciation and detachment from all materialistic attachments Individuals now dedicate themselves entirely to spiritual pursuits, seeking Moksha (liberation) living a modest, ascetic life, disengaging from all kinds of material activities and desire. They are engrossed in elevating themselves into the higher realms. In the Bhagavad Gita, Lord Krishna explains the principles of Sannyasa. He explains that true renunciation is not just physical

renunciation but also mental detachment. die: luladezital; ii al W; ii ado; isfon I odeΩyR; krackgtp; krafop(k kt/A

kāmyānām kārmaņām nyāsām sannyāsām kavayo viduh sarva-karma-phala-tyāgam prāhus tyāgam vichakshanāh

He says - Giving up of actions motivated by desire is what the learned understand as sanyās. Relinquishing the fruits of all actions is what the wise declare to be

The Ashramas provide a blueprint for harmonizing worldly duties, with spiritual aspirations and goals, encompassingthe spectrum of life. The references to the four Ashramas come through the principles of Purishartha Karmas. It provides a meaningful map that helps making our journey profoundly purposeful.

 The writer is a versatile professional with 3 decades in corporate experience & l eadership roles, exceling in several areas as a ICF Certified Mentor Life Coach, Corpor ate Coach, Spiritual Intelligence Coach & CXO Coach. Spiritual counselor, Astro & V astu consultant (25+ years of grounding in Vedanta philosophy) and a Motivational sp eaker. He is a Dale Carnegie's T3 graduate